

GO RUTA GO BUISA MO  
MEPHATONG YA GO SALE GALE:

# Setswana



**basic education**

Department:  
Basic Education  
REPUBLIC OF SOUTH AFRICA





# Go ruta go buisa mo Mephatong ya go sa le gale: Setswana

Re rata go leboga batho botlhe e leng bakwadi, baranodi, bakaedi, baokamedi, barulaganyi le batshwantshi ba ba tsereng karolo mo go tswediseng Kaedi e, ya go ruta go buisa mo Mephatong ya go sa le gale. Re leboge gape mookamedi wa rona **Mme Chintsha Maharaj**, mo go re emeng nokeng le go re etelela pele gore Kaedi e, e nne teng. Re akgole thata bakwadi le barulaganyi e leng **Ruth Kelibone Legae** le **Manape Pauline Diratsagae**. Ditebogo di isiwe gape go baranodi e leng: **Mavis Dikeledi Dijoe**, **Abea Mogope Nkashe**, **Kedimetse Charmaine Mokgwabone**, **Nthonaki Theresa Ratikoane**, **Joy Thabiso Otswelang**, **Puleng Sarah Moiloanyane** le **Hlembe Welhemina Mashigo**. Re sa lebale go leboga balaodi le barulaganyi ba rona e leng **DBE**, bao ba dirileng gore Kaedi e, e lebege. Re solofela gore barutabana ba tlaa rata le go dirisa Kaedi e go ba kaela go ruta puiso ka Setswana mo Mophatong e e potlana.

*Re a leboga*

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# KAROLO YA 1:

## 1.1 Matseno le lemorago.

Mo karolong e, o tla fitlhela lemorago la go ruta go buisa le mabaka a a botlhokwa a go ruta puiso mo mephatong e e kwa tlase.

## 1.2 Lemorago le bokao jwa go buisa.

Puiso ke ntlha e e botlhokwa e e neelang bokao mo puong. Sengwe le sengwe se re se buisang, re se buisetsa go tshaloganya. Phitlhelelo e e totilweng ya puiso mo sekolong se se potlana, ke go alosa barutwana ba ba kgonang go ipuisetsa ka bobone. Se se raya gore ba ka ipuisetsa ka bobone ka tsepamo, thelelo, go ijesa monate le go tshaloganya se ba se buisang. Dintlha tse tsa go buisa, di tshwanetse go nna motheo mo mephatong e e kwa tlase. Ke maikarabelo a mephato e e kwa tlase go netefatsa gore, barutwana ba tlaa kgona go buisa ka puo ya bone ya gae le ka nako e ba fetelang kwa mephatong ya magareng.

Kaedi e, e dirilwe go totilwe barutabana ba mephato e e kwa tlase. Go thusa barutabana ba mephato e e kwa tlase go nna le seabe mo go ageng motheo o o tsepameng wa go buisa ka Setswana mo mephatong ya R - 3. Tlhagiso ya kaedi e, e dirilwe ka bopaki jo bo matshwanedi mo puong ya Setswana le mo maemong a go tsena sekolo a a tlhagelelang mo dikolong tsa kontinente ya Aforika. Fa barutwana ba simolola go buisa le go kwala, go bonolo fa ba simolola ka loleme lwa bone. Fa barutwana ba godisa dikgono tsa go buisa ka puo ya bone, go bonolo gore ba kgone go neelana ka kitso le dikgono mo go buiseng le mo go kwaleng ka puo tlaleletso ya ntlha. Fela, dipatlisiso mo Aforika - Borwa di supa gore go buisa mo dipuong tsa SeAforika go bokoa tota. Mo nakong ya bojaanong, diporesente di feta 78 tsa barutwana ba rona ba mophato wa bone (4), ga ba kgone go buisa Puo ya Gae ka go tshaloganya. Se se tshwanetse go fetoga. Maikaelelo a kaedi e, ke go neela barutabana dikaelo tse di bonagalang sentle, tse di supang mokgwa o o amogelesegang wa go ruta Setswana sentle. Ba tshwanetse go ela tlhoko ka go ruta ba dirisa dikarolo tshotlhe tse tharo tsa go buisa.

Kaedi e, e tlhalosa gore mekgwa e ya go buisa e na le dikarolo tse di botlhokwa di le tharo e leng; go ribolola, go tshaloganya le tsibogo ya puiso. Tsotlhe di tsaya karolo e e botlhokwa mo puisong, mme di dira jalo ka ditsela tse di farologaneng.

## 1.3 Metheo e e ikaegileng ka go ruta go buisa.

Go metheo e le meraro e e re supetsang mekgwa ya go godisa puiso mo kaedi e.

### 1.3.1 Motheo 1: Go na le kgolagano e e tsepameng magareng ga puo le kitso ya puisokwalo

Bokgoni jwa puo ya molomo le kitso ya puisokwalo di golagane thata mme kgolagano e, e dira ka ditsela tse pedi:

- 1) Bokgoni jwa puo ya molomo mo morutwaneng, bo na le tlhotlheletso e kgolo mo go ithuteng go buisa. Bokgoni jwa barutwana bo a farologana mo puong ya gae, ga se botlhe ba ba simololang sekolo ka bokgoni jo bo tshwanang jwa Puo ya Gae. Morutwana yo o nang le bokgoni jwa Puo ya Gae, go bonolo mo go ene go ithuta go buisa.
- 2) Dibuka tsa puiso di na le tlhotlheletso e kgolo mo barutwaneng ba ba nang le bokgoni jwa puo. Ka dibuka tsa go buisa, barutwana ba ithuta mafoko a mantsi, ba bo ba nna le kitso e e

tseletseng mo dithutong le go ithuta go dirisa popego ya dipolelo tse di raraaneng le go godisa kitso kakaretso ya bone ka ga lefatshe. Se se diragala le mo go buiseng mo dipuong tse dingwe.

### ***Go reng se, se le botlhokwa go barutabana ba thuto ya motheo?***

Barutabana ba tshwanetse go itse gore le fa barutwana batla sekolong ba itse Puo ya Gae, ga ba na bokgoni jo bo tshwanang jwa puo. Barutwana bangwe ba bua ditengwana tse di farologaneng tsa Puo ya Gae go tswa mo thutong e e dirisitsweng kwa sekolong le mo dibukeng tsa Puo ya Gae. Mo metsesetoropong go dirisiwa diteme tse di farologaneng tse eseng tsa puo e e buiwang kwa gae le e e rutiwang kwa sekolong.

Go botlhokwa go barutabana ba Puo ya Gae go tswela go aga bokgoni jwa Puo ya Gae ya barutwana segolosegolo tlotlofoko ya bone. Fa barutwana ba itse mafoko a mantsi, go nna bonolo mo go bona go godisa bokgoni jwa go ribolola ditlhaka (temogo ya modumo, puiso ya mafoko le puiso ka thelelo) le go buisa ka go tlaologanya. Tlotlofoko e ntsi mo barutwaneng e dira gore barutwana ba tlaologanye kgang e ba e buisang botoka.

### **1.3.2 Motheo 2: Puo e a agiwa mme puiso e a rutwa**

Puiso ga se karolo ya kgodiso ya rona jaaka puo ya molomo e ntse. Jaaka fa barutwana ba ithuta puo ya molomo bonolo ka tlholego, puiso yone ba tshwanetse go e rutwa. Fa barutwana ba rutilwe sentle ba kgona go buisa ka thelelo go ikaegile mo ditšhonong tsa letsatsi letsatsi tse ba di neetsweng le phitlhelelo e bonolo ya dibuka tsa puiso.

### ***Goreng se, se le botlhokwa go barutabana ba thuto ya motheo?***

Barutabana bangwe ba dumela gore fa barutwana ba bua Puo ya Gae ba itse go buisa ka Puo ya Gae bonolo. Ga go bonolo go ithuta go buisa jaaka go ithuta go bua. Barutabana ba tshwanetse go ruta barutwana go buisa le go ba neela ditšhono tse dintsi tsa go ikatisa gore ba kgone go fitlhelela bokgoni jwa go buisa.

Mo Aforika-Borwa peditharong ya thuto ya motheo go barutwana ba le 40 kgotsa go feta mo diphaposing. Mo diphaposing tse di ntseng jalo mokgwa wa tekanyo mo go buiseng o tsenyeletsa thulaganyo ya medumopuo go ya ka taelo ya CAPS. Go botoka go ruta morutwana go buisa a santse a le mo dingwageng tse di kwa tlase.

### **1.3.3 Motheo 3: Bogolo jwa bokao bo botlhokwa**

Mofuta wa go tshwaela mo borutapuonng (se barutwana ba se utlwang le go se bona) le tshwaelo ya tlhago e barutwana ba e neelwang kwa gae le mo phaposing e tshwaetsa puo le kgodiso ya kitso ya puisokwalo. Ka tlwaelo barutwana botlhe ba bona tshimologo ya Puo ya Gae go tswa kwa gae. Bomankge ba bontsha dipalopalo le boleng ba puo e ba e neelwang kwa gae, setšhabeng le kwa sekolong e tlhotlheletsa bokgoni jwa puo le go buisa.

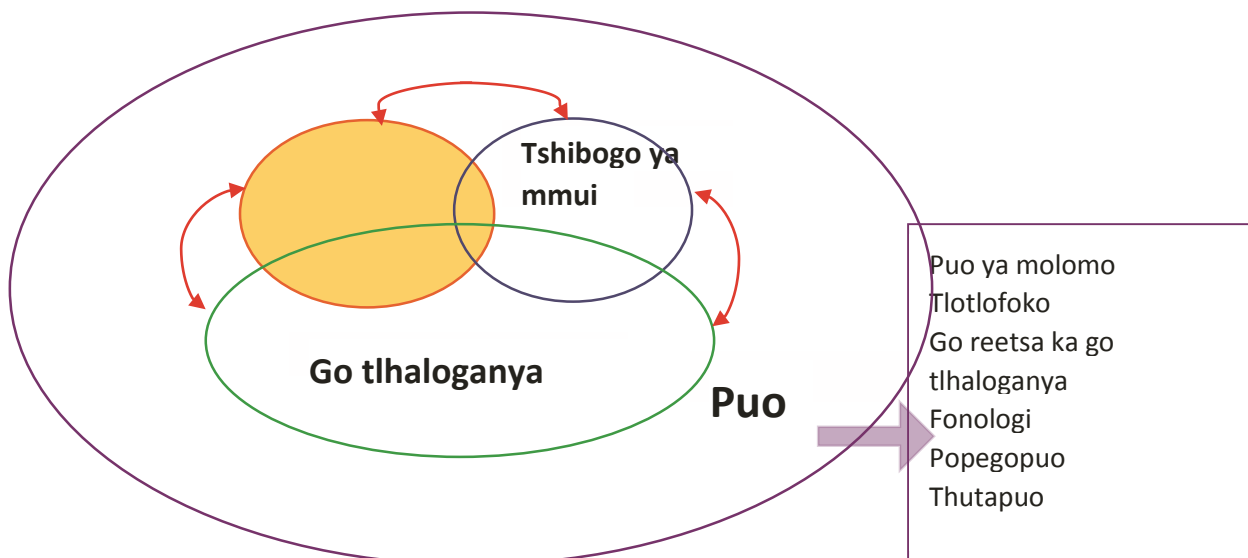
Bana ba ba tswang kwa magaeng a a se nang dibuka di le dintsi le ba batsadi ba bona ba sa bueng le bona thata kgotsa ba ba tswang kwa magaeng a go buiwang dipuo tse di farologaneng, go tlhokagala nako e ntsi go tloga tsimologong ya loeto la go buisa ka Puo ya Gae go na le barutwana ba ba tlang sekolong ba siametse go ithuta ka bokgoni jwa puo le tlotlofoko mo go Puo ya Gae.

**Go reng se, se le botlhokwa go barutabana ba thuto ya motheo?**

Bontsi jwa dikolo mo mafatsheng a a tlabologileng ba ruta bana ba ba tswang kwa magaeng a a tlhokang. Dikolo ga di kgone go fetola maemo a ikononomoago le maemo a letlamorago la morutwana kwa gae, fela ba ka kgona go fetola se se diragalang kwa dikolong le mo diphaposing. Go ka nna botlhokwa gore dikolo tse di rutang barutwana ba ba tswang mo metseng ya selegae e e tlhokang, ba rutiwe puo e e humileng go sa lebelelwa letlamorago la magae a bona.

Go botlhokwa gore dikolo di ikagele dilaaborari. Barutabana ba thuto ya motheo ba tshwanetse go nna le sekhutlwana sa puiso mo phaposiborutelong mo barutwana ba tlaa kgonang go fitlhela dibuka tse di farologaneng tsa Puo ya Gae le thanodi ya barutwana. Letlole la go reka dibuka le ka dirisiwa ngwaga le ngwaga go kokoanya dibuka mo dikolong le mo diphaposing.

**1.4 Dikarolo tsa go buisa**



**Sebopego 1:** Dikarolo tsa puiso di ikaegile mo puong.

**1.4.1 Go kgona puo ke motheo wa go buisa**

Mo dipuisong tsotlhe tse re di buisang, re tlhoka seemo sa go buisa ka mokgwa o o maleba. Go kgona puo ka mokgwa o o maleba, go phefofatsa go ithuta go buisa le go kwala loleme leo. Se, se akaretsa Puo ya Gae le Puo Tlaleletso ya Ntlha.

Go buisa go itshegeditse mo puong. Go buisa ka mokgwa o o maleba go akaretsa kitso ya mafoko (tlotlofoko) le go tlwaelega ga fonoloji, popegopuo le go bopa polelo (thutapuo). E itshetlegile ka

kutlo-tlhaloganyo le go kgona go bua. Barutwana bao ba nang le bokgoni jwa puo ba kgona go buisa le go kwala bonolo (fa ba na le barutabana ba ba nang le bokgoni jwa go ba ruta sentle).

Barutwana ba ba retelelwang ke go buisa le go kwala (le fa ba na le barutabana ba ba kgonang), bokgoni jwa bone mo Puong ya Gae bo ntse bo tlhabela. Barutabana ba tshwanetse go naya barutwana ba mofuta o, tshegetso le ditšhono di le dintsi go ikatisa mo puisong ya tshimologo le bokgoni jwa go kwala.

#### 1.4.2 Go ribolola ditlhaka

Go ribolola ke tsela ya go fetolela ditlhaka mo puong e e kwalwang gore e nne le bokao. E bopa motheo wa puiso o o tlhaloganyegang. Ntle le go ribolola ditlhaka, puiso ga e kitla e tlhaloganyega. Go raa gore puiso e tshwanetse go tlhaloganyega. Go ribolola ditlhaka ga go netefatse gore barutwana ba kgona go buisa ka go tlhaloganyana. Le fa barutwana ba kgona go ribolola ditlhaka, ba sa ntse ba kgona go dirisa dikgono tsa go akanya le puo go ba thusa go tlhaloganyana se ba se buisang. Barutwana ba ba kgonang go buisa, ba rarabolola ka bonako le matsetseleko go ya ka dingwaga le seemo sa bona. Mo karolong e, re ya go ela tlhoko dikarolwana tse di tshegetsang go ribolola.

#### 1.4.3 Go tlhaloganyana

Go tlhaloganyana, ke maitlhomomagolo a go buisa. Se se buisiwang re tshwanetse go se tlhaloganyana. Go na le ditsela le dikgono tse di farologaneng, tse di thusang go tlhaloganyana, jaaka; bokgoni jwa Puo, tlotlofoko le dikgono tsa go akanya. Re tshwanetse go tlhaloganyana le go itse thulaganyo le tiriso ya dialefabete, se ke go ribolola ditlhaka. Go itse gore fa tlhaka e kwalwa e emelwa ke modumo ofe. Tiriso ya kitso e, e tlaa go kgontsha go kwala ka bonako le ka nepo.

Go ruta go ribolola ditlhaka mo dingwageng tsa ntlha tsa sekolo, go ba neela motheo (tshimologo) wa go kwala mafoko. Fa re ka fosa go ribolola ditlhaka, go tllile go nna thata gore ba bontshe bokgoni jwa go buisa ka nosi. Go ribolola ditlhaka ka nosi ga se go buisa, ke karolo ya go buisa le tsela ya go buisa.

#### 1.4.4 Tsibogo ya mmuisi

Karolo ya tsibogo ya mmuisi e tsamaisana le maikutlo, mokgwa le thotloetso. Se re se buisang, re se tsibogela ka tsela e e rileng, re sa lemoge. Se, se ka nna ka tsela (mokgwa) e e siameng, o o sa siamang kgotsa o o itlelang fela. Fa barutwana ba ithuta go buisa ka bonako, ba itumelela go buisa mme ba nna motlotlo ka dikgono tsa bona tsa puiso. Se, se ka dira gore ba batle go buisa le go feta. Fa ba buisa le go feta, ba tokafatsa dikgono tsa go ribolola ditlhaka, go tlhaloganyana mme tlotlofoko ya barutwana e a oketsega. Go tsiboga go, go maleba mo go buiseng go dira gore barutwana ba batle go buisa go feta. Ba itumelela go buisa mme ba ikutlwe ba le motlotlo. Dikarolo tsotlhe tsa puiso, di tlaa tlhalosiwa ka botlalo fa tlase.

### 1.5 Go ribolola ditlhaka ntle le go nagana /akanya

#### 1.5.1 Boitiriso

Ntlha e e botlhokwa ya bokgoni jwa go ribolola ga ditlhaka e tshwanetse go dirwa ka nepagalo le ka bonako. Go fitlhelela nepagalo le go ribolola ditlhaka ka bonako go re naya tiriso e e tsepameng (bokgoni jwa tsamaiso ya go kwala puo ntle le go tsepamisa maikutlo). **Ela tlhoko:** Fa re diragatsa dilo mo ditlhaloganyong tsa rona re sa tsepamisa megopolo mo go se re se dirang, dilo di tla diragala fela. Go ribolola ditlhaka ntle le go nagana go diragala morago ga ditšhono tse di ntsi tsa go ikatisa. Go ribolola ditlhaka ntle le go nagana go fitlhelelwa ke barutwana ba ba nang le kitso ya medumo e e emelwang ke ditlhaka (kitso ya medumo ya ditlhaka) le go ribolola ditlhaka mo lefokong ka tatelano go neela bokao.

Fa barutwana ba simolola go ithuta ditlhaka le medumo ya tsona le go di kopanya go bopa lefoko, tiro e diragala ka bonya le barutwana ba tshwara ka bonya. Fa barutwana ba neelwa ditšhono di le dintsi tsa go ikatisa go buisetsa kwa godimo, go nna bonolo gore ba tokafale mo go buiseng. Tlhaloganyo ya morutwana e a bulega mme a kgone go tsepamisa megopolo thata mo bokaong jwa kgang e e buisiwang. Barutwana ba tshwanetse go ikatisa ka nako tsotlhe go godisa tiriso ya go ribolola ditlhaka.

### 1.5.2 Lebelo

Lebelo le a tlhokagala mo go ribololeng ditlhaka. Go nna thata gore barutwana ba buise ka go tlhaloganyo fa go ribololwa ga ditlhaka go sa dirwa ntle le go nagana. Tlhatlhobo nngwe le nngwe e e dirisang tekanyo ya nako jaaka EGRA (Early Grade Reading Assessment) e dira tlhatlhobo bonolo. Go na le ditekanyetso tse di farologaneng mo mephatong e farologaneng. Go botlhokwa go ela tlhoko gore go ditekanyetso tse di farologaneng mo dipuong tse di farologaneng go ya ka dipopego tsa puo nngwe le nngwe. Sekao: Kwa bofelong jwa Mophato wa 1, barutwana ba ba buisang Sekgoa jaaka Puo ya Gae, ba tshwanetse go buisa mafoko a le 53 a a nepagetseng ka motsoso. Fa morutwana a buisa mafoko a le 40 ka motsotso kwa bofelong jwa Mophato 1 ka Sekgoa, se se raya gore morutwana ga a ise a itse go buisa ka bonako.

Ka jalo go raya gore morutwana yo o fitlhelelang go buisa mafoko a le 20 ka motsotso, o fitlheletse tekanyetso e e beilweng ya go buisa Setswana. Fa morutwana a buisa mafoko a le 10 a Setswana ka motsotso o le mongwe, go raya gore morutwana o tlhoka tshegetso ya go buisa ka thelelo. Ditlhatlhobo tsa EGRA le ditekanyetso tse di tla tlhaloswa ka botlalo mo bukeng e. Go botlhokwa go gatelela gore le fa go ribolola le go tlhaloganyo ditlhaka go le botlhokwa, ga go a lekana. Se se raya gore le fa o kgona go ribolola mafoko mo pampiring, ga go reye gore o tlhaloganyo se o se buisang. Go buisa ka go tlhaloganyo ke se puiso eleng sona. Re ka kgona go thusa barutwana go nna babuisi ba ba tlhwatlhwa ka go godisa tlotlofoko le go ba ruta ditselana tsa go tlhaloganyo kgang botoka.

## 1.6 Tshimologo e siameng

Go botlhokwa gore barutwana ba nne le tshimologo e siameng fa ba ithuta go buisa le go kwala. Dikgwetlho tsa kitso ya puisokwalo mo tshimologong di kgona go oketsega ka bonako go nna dikgwetlho tse di kgolo mo barutwaneng. Go bonolo go siamisa dikgwetlho tse di nnye go na le tse dikgolo. Barutwana ba kgona go wela mo dikgwetlhong tse dikgolo tse di tebileng ebile di le sephara ba bo ba palelwa go tswa mo go tsona. Go botlhokwa go morutabana wa thuto ya motheo go lemoga dikgwetlho tse di tlhagelelang mo morutwaneng go sa le gale mo puisokwalong gore morutabana a tsiboge go neela morutwana yo o palelwang, thuso ka potlako.

### 1.6.1 Mekgwa ya go ruta puiso ka Setswana

Go ribolola ditlhaka go maleba mo puong ya Setswana. Se ke ka ntlha ya gore Setswana se na le Otokerafi e e bonagalang. Se se raya gore tlhaka nosi kgotsa go pataganngwa ga ditlhaka go emetswe ke modumo o le mongwe. Sekao; tlhakanosi 't' e emetse gape modumo 't' jaaka mo go 'tala'. Ditlhaka di le pedi 'tl' di dira modumo o le mongwe jaaka mo go 'tlala'.

Go ruta go ribolola ditlhaka mo Setswaneng, go bonolo go na le go ruta ka sekgoa gonne sekgoa se na le go sa tlhomamang le go fapoga mo go kwaleng puo. Sekgoa se na le otokerafi e e sa bonagalang, ka

ntlha ya gore medumo mengwe e ka emelwa ke ditlhaka tse di farologaneng. Mo nakong e e fetileng go ruta puiso ka dipuo tsa SeAforika go ne gantsi go rutiwa ka go dirisa mekgwa ya sekogoa, mme se ga se a ka sa re tswela mosola. Go ribolola ditlhaka ka pou ya SeAforika go bonolo tota, gape barutwana ba le bantsi ba tshwanetse go kgona go ribolola ditlhaka sentle kwa bofelong jwa Mophato wa 1.

### 1.6.2 Dipopego tse di kgethegileng le Otokerafi ya Setswana

Setswana ke puo e e kgaoganeng go ya ka Otokerafi. Bontsi jwa mafoko a puo ya Setswana bo na le setlhogo le kutu jaaka mo go lefoko setlhare: **se** - tlhogo, **-tlhare** ke kutu, **se + tlhare** = setlhare. Mafoko mangwe a gokeletswe megatlana jaaka mothonyana: **mo** - tlhogo + **tho**- kutu + **nyana**-mogatlana, sekolong; **se** - tlhogo + **-kolo** - kutu + **-ng** - mogatlana. Megatlana e dirisiwa go bontsha nyenyefatso ya maina kgotsa mafelo. Ditlhopho tsa maina di dirisiwa go bontsha bontsi jwa **maina, mo-ba, mo-me, le-ma, se-di, n-di, lo-di, bo-ma le go**. Maina a na le ditlhogo mo bongweng le mo bontsing. **Sekao: motho – batho**.

Puo ya Setswana e nale **ditumanosi** di le supa (7) e leng **a, e, ê, i, o, ô, u**. Ditumanosi **ê** le **ô** di bothokwa go supa segalo le bokao jo bo farologaneng sekao: **noka** (river) **nôka** (waist). Go bothokwa gore ditumanosi tse pedi tse, di dirisiwe mo dikwalong go bontsha pharologano ya segalo le bokao. Go dika - tumanosi di lepedi (2) e leng **'w'** le **y**. Sekatumanosi **w** se dirisiwa le ditummogo tsotlhe tse di poufaditsweng go supa poufalo ya kwa morago, sekao- **kwa, nwa, swa**. Sekatumanosi **'y'** se nna teng mo masuping a batho a maemo a ntlha, a bobedi le a boraro, sekao- **yo, yono, yoo, yole**. Go na leditumammogo di le masome-a-mabedi (20) **b, c, d, f, g, h, j, k, l, m, n, p, q, r, s, t, v, w, x, z**. Puo ya Setswana e na le mafoko a a dirisiwang kgapetsakgapetsa jaaka **ke, ka, ba, sa, la, na** jalo, jalo. Puo ya Setswana e na le ditumammogo tse di sa tlwaelegang: **c, nc, x, nx, z, v**. Ditumammogo tse **v, c, x, q** le **z** mo alefabeteng ya Setswana, di emela medumo e e rileng e e sa tlwaelegang, e pele e neng e sa amogelwa mme e tlhagelela thata mo maetsing le mo malatlhelweng. Gape medumopuo e, gammogo le yotlhe e mengwe e e teng go dirisediwa go kwala maina a seeng le mafoko a a ka nnang a tlhokega mo bokaong jwa Setswana jaaka:

**Nce-nce-nce** (modumo wa tshupanako kgotsa tleloko)

**Mocumi** (leina kgotsa sefane sa motho)

**Nxae** (maitshwarelo)

**Nxanxae** (tlhagiso ya maikutlo a kutlwelobotlhoko) qô – qô – qô – (go bitsa dikgogo) **mnqwa** – (tatso ya botlha kgotsa botshe)

**vum vum vuum** (modumo wa sejanaga (koloji) fa o gata mafura) Mongwe

ya medumo e e seng ya gale e **z zwii!** (Modumo wa

lebelo la letlapa le le konopiwang) zipi, zolo, lezulu, zinki

**Zwing!** (Modumo wa monang)

**Zwii** (Modumo wa seme kana sebepi fa se kgadikannngwa)

Matlhaodi a tlhagelela fa morago ga maina jaaka: **Mosese o mohibidu**. Letlhaodi le bopiwa ka tlhogo ya leina le tlhaalwang le kutu ya letlhaodi: **Mo** ke tlhogo ya leina, **o** ke thuanyitlhaodi.

Go mabaka a le mararo a atlenegisang gore ke eng motheo wa puiso mo Setswaneng o tshwanetseng go godisiwa mo thutong ya motheo:

- *Mokgwa o barutwana ba Mophato wa 3 ba buisang ka ona o bonelapele mokgwa o ba tla buisang ko ona mo dikolong tse di kgolwane.*

- *Babuisi ba Mophato wa 3 ba ba tlhwatlhwa, ba na le tšhono ya go nna babuisi ba maemo a kwa godimo kwa dikolong tse di kgolwane.*
- *Babuisi ba ba bokoa ba Mophato wa 3 ba tlaa nnela bokoa ruri fa go se ope yo o ba thusang.*

Barutwana ba ba palelwang mo Mophatong wa motheo ga ba kitla ba kgona ka bobone mo Mophatong wa bogareng. Tshalelo-morago e tla bonala thata mo Mophatong wa bogareng ka gonne teng go tsepamisiwa thata mo dithutong tse dingwe. Mo Mephatong e, ba dirisa puiso jaaka sediriswa sa go ithuta. Dikgwetlho tsa puiso mo barutwaneng ditshwanetse go tsibogelwa le go siamisiwa mo Mephatong ya motheo. Ga go na morutwana yo a tshwanetseng go ya kwa motheong o mogolwane a lebagane le dikgwetlho tse di tibileng ka gonne ditaello tsa puiso kwa motheong o o kwa tlase di ne di sa lekana. Barutwana ba ba palelwang ke go buisa, bontsi ba bone ba tlogela sekolo bonolo mo gare kwa metheong o me golwane.

Go botlhokwa go netefatsa gore bokgoni jo bo siameng ba go buisa bo godisiwa mo Puong ya Gae go tloga mo dingwageng tse di kwa tlase. Barutabana ba tshwanetse go nna le kitso e e tletseng ya dikarolo tsotlhe tsa puiso go netefatsa gore di gola ka tsela e e maleba mo barutwaneng.

## 1.7 Thulaganyo ya medumopuo mo Setswaneng

### 1.7.1 Thulaganyo ya ditumanosi

	Kwa pele	Bogare	Kwa morago
Kwa Pele	l		u
Bogare	e		o
Kwa tlase	ê	a	ô

Ditumanosi i tse di pataganeng					
	aa	ae		ao	au
	ee	ea	ei	eo	ua
	ii		ie		
	oo	oa	oe	oi	ou

## 1.7.2 Thulaganyo ya ditumammogo

Ditumammogo	Ditumapedi	Ditumatharo	Ditumanne	Ditumatlhano	Go pataganya medumopuo
b					
n	ny nw ng nk nt	ngw			ntšhw ntlw ntsw ntšw nngw nkgw ntlh
l	lw				
m					Mph nth
t	th tl tw ts tš	Tlw. tlh thw tsh tsw tšh	tlhw tshw tšhw		
s	š sw šw				
p	ph				
k	kh kg kw	kgw khw			
g	gw				
r	rw				
f					
d					
h					
J	jw				
y le w dikatuman osi					
Ditummog o tse di sa tlwaelegang					
v, c, x, q le z					

Ditumammogo tse di pataganeng					
nn					
mm					
ll					
rr					

## 1.8 Tshitshinyo ya lenaane la go ruta medumopuo

### 1.8.1 Mophato R

BEKE	KGWEDITHARO 1	KGWEDITHARO 2	KGWEDITHARO 3	KGWEDITHARO 4
1	a	l	p	b
2	a	m	b	n
3	b	n	g	s
4	b	o	f	th
5	d	p	e	tl
6	e	r	u	ts
7	f	s	t	ph
8	o	t	y	k
9	h	u	w	s
10	i	l	r	l
11	j			
12	j			

## 1.8.2 Mophato 1

MOPHATO 1 - SETSWANA			
KGWEDITHARO 1			
BEKE	MEDUMOPUO	MAFOKO A MEDUMOPUO	POLELO YA PILETSO
Beke 1	Go ba t <b>l</b> waetsa tsamaiso	Go ba t <b>l</b> waetsa tsamaiso	Go ba t <b>l</b> waetsa tsamaiso
Beke 2	Go ba t <b>l</b> oetsa tsamaiso	Go ba t <b>l</b> waetsa tsamaiso	Go ba t <b>l</b> waetsa tsamaiso
Beke 3	a	aga aba ama ala ara anega apola aka ata apara mela	-
Beke 4	k	kopa kota kala kima kokota kika kuka koba kubu kausu kena koloba	-
Beke 5	i	ila isa ina imela ikisa itirela ipusa ikoba imela ikatisa	-
Beke 6	n	nona nepa noga noka nama nonofa nanoga nanabela nakana nokana	-
Beke 7	e	ema eka epa elela etela emelela elama epela emela	-
Beke 8	o	oka ora ota oma oba opela olosa omosa okaoka opa	-
Beke 9	r	raga ruta rema repa ruruga roma rorisa roka roroma rarolola	-
Beke 10	u	uta ura utolola umaka usa upa ubauba utlwa utlwana utlwela	-
Beke 11	t	tau tema tedu taboga telele tetema tautona toro terena tutela	-

**KGWEDITHARO 2**

<b>BEKE</b>	<b>MEDUMOPUO</b>	<b>MAFOKO A MEDUMOPUO</b>	<b>POLELO YA PILETSO</b>
Beke 1	b	bana baba bona bela buka buisa binabina bobola bogobe bosele	N/A
Beke 2	m	mosi mela morogo molala masimo mosifa momona moseme momela marama	N/A
Beke 3	f	fofa folosa foka fofa fisa feela felelela fefera fufulelwa fapana	N/A
Beke 4	d	duma diga disa dira duduetsa didimala dumela dila dijalo dipone	N/A
Beke 5	l	loleme laola lebelela loga lora laela leba lala loma lema	N/A
Beke 6	w	wena weeno waabo wela mowa bowa mawelana sewagodimo lekgowa sewelo	N/A
Beke 7	y	yona yaabo yoyo yokate yoo boyona baya kaya naya bolaya seyalemowa	N/A
Beke 8	g	gama gauta gopola gola goroga goga gaufi golagana gagaba gasagana	N/A
Beke 9	p h	poo pina pula pedi pego huma hupa hulara hupela humanega	N/A
Beke 10	j	jala ja joko jeme jeke jalajala jaaka jesa jela jeresi	N/A

**KGWEDITHARO 3**

BEKE	MEDUMOPUO	MAFOKO	MOPELETO
Beke 1	kh	khumo khudu khai khibidu khubama sekhafo sekhurumelo khukhuna khupamarama sekhete	N/A
Beke 2	mm nn	mmala mme mmele mmapa mmu nna nne nnete nnota nonne	N/A
Beke 3	tl š	tlala tlama tlotla tloga tlola šapa šhiti šemi šaba sešabo mašwi	N/A
Beke 4	th	thiba thuba thuma thari thuthusa thalamela thula thusa thoba thuthufala	N/A
Beke 5	ng tšh	ngala ngapa ngaka ngoka ngaparela tšhisi tšhoko tšhokolete tšhemele tšhate	N/A
Beke 6	nt mp	nta ntiga ntaola ntora ntobela mpopo mpelega mpona mpega mpoloka	N/A
Beke 7	tlh kgw	tlhoka tlhatsa tlhokomela tlhoafala tlhotlhoma kgwara kgwela kgwedi kgwebo kgwathisa	N/A
Beke 8	ph	phala phutha phimola phela phekola	N/A
	kw	kwala kwena kwakwanta kwadi kwididi	
Beke 9	tsh ntsh	tshola tshasa tshuma tshologa tshaga ntsho ntshabela ntshidisa ntsholela ntsha	N/A
Beke 10			

**KGWEDITHARO 4**

<b>BEKE</b>	<b>MEDUMOPUO</b>	<b>MAFOKO A MEDUMOPUO</b>	<b>DIPOLELO YA PILETSO</b>
Beke 1	kh	khainyana khibitswana khujwana khibana sekhejwana khekhenyana sekhurumelo khumonyana sekhipanyana kholoronyana	Mme o rekile khainyana e khibitswana kwa toropong.
Beke 2	ph	pheswana pholonyana phologolo phalanyana lephutshana phaposinyana phegelwana mophatwana sephirinyana pholosonyana	Malome wa gagwe o mo abetse pholonyana maabane.
Beke 3	th	thibana thupana thabana thorwana thapelwana mothwana lenathwana thothobolonyana borothwana bothatanyana	Basimane le basetsana ba kgaogana borothwana jo bosweu.
Beke 4	Tlh jw	tlhoya tlhola tlhaka tlhotlhanyana motlhoki majwe Jwala Jwaneng jwa dijwalo	Motlholagadi wa ga malome o fudugetse kwa Jwaneng.
Beke 5	kw ntlh	kwalanyana sekwalonyana mokwalonyana lekwalonyana pekwananyana ntlhoboga ntlhaola ntlhodiya sentlhaga ntlhapisa	Ntlhoki o kwadile ka mokwalonyana o o kgalhisang.
Beke 6	gw	gwanta gwamisa gweba gwetlha gweretlha segwagwana legwafa legwaragwara mogwaafatshe bogwera	Morekisi wa lebenkele la dijo ke legwaragwara tota
Beke 7	lw	lwa lwantsha lwela lwala bolwetse dilwana sekolwana lwalwa bojalwa tshelwa	Morekisi wa lebenkele o lwela dilwana tsa gagwe.
Beke 8	tshw	tshwana tshwara tshwenyana letshwao tshweu setshwakga tshwenya motshwari setshwantshonyana khutshwane	Dikobo tsa bona tse ditshweu di a tshwana.
Beke 9			
Beke 10			

### 1.8.3 Mophato 2

MOPHATO 2 - SETSWANA			
KGWEDITHARO 1			
BEKE	MEDUMOPUO	MAFOKO A MEDUMOPUO	POLELO YA PILETSO
Beke 1	Go ba tlwaetsa tsamaiso	Go ba tlwaetsa tsamaiso	Go ba tlwaetsa tsamaiso
Beke 2	Go ba tlwaetsa tsamaiso	Go ba tlwaetsa tsamaiso	Go ba tlwaetsa tsamaiso
Beke 3	kg tl	kgala sekgala kgameo dikgang mokgoro tlala tlatsa tlotla motlotlo tlogela	Pule o diretse bagolo makqakqa.
Beke 4	aa oo	maano maaka mmaagwe maabane setlaagana mooki bookelo lookotsane moonoo lookwane	Mmaagwe ke mooki kwa bookelong.
Beke 5	nn ee	nna nnela nnalete nnisa nnosa seeleele seemo lefeelo apeela beela	Banna ba apeela kwa ntle.
Beke 6	ny	nyala nyadisa nyeba nyenya nyefola nyenyefala lenyalo monyadi bonya senya	Lesira la monyadiwa le lentle.
Beke 7	ng	ngala manga sengalo dingana ngaparela ngongorega ngapa toropong sekolong tshamekang	Lesea le ingaparela ka mme.
Beke 8	ph	phimolang phaka phiri phala pheko phophothang sephiri lephoi diphuka phefo	Pheko o bolelela banna sephiri.
Beke 9	tlh	tlhatlhama tlhaletsa tlhakanya botlha tlhabanong tlhabologo tlhale motlotlho tlhatlhoba botlhaswa setlhotlha	Botlhale o fentse kwa tlhabanong.
Beke 10	tsh	tshameka tshasa tshadi ditshoka tshaga tshegetsa motshitshi tshola tshesane tshika	Tshego o itshasa ka mafura.
Beke 11	ngw	ngwaga ngwana ngwanake ngwedi ngwaya ngweega morongwa mongwe sengwe lengwe	Morongwa ke mongwe wa diopedi.

**KGWEDITHARO 2**

BEKE	MEDUMOPUO	MAFOKO A MEDUMOPUO	POLELOYA PILETSO
Beke 1	ts	tsamaya ganetsa letse letsa tsoma metsotso letsapa pitse metse motsadi	Bana ba tsamaya ka dinao go ya sekolong.
Beke 2	mm	mme mmatsale mmopo mmelegi mmolelela mmele mmaarona mmabana boammaruri mmolai	Mme mmatsale o gorogile gompieno.
Beke 3	th	thula thaba thuthusa thiba thuto thapo bothitho bothata sethunya mothapi	Thabang o ithuta go kwala.
Beke 4	oa au	boa goa tlhoa koafala moafala kausu tau gauta maungo semaumau	Maungo a a monate a moafetse mo tafoleng.
Beke 5	ph	phela pholo diphala mophato maphelo phanya phefo pholo phiri phulo	Maphefo o rata go bina.
Beke 6	tsh	tshasa tshameka tshwantsha tshela tshoga tsholela tshiamo tshilo lefatshe itshoka	Tshiamo o tsholela bana dijo.
Beke 7	ntl	ntllo ntle ntlola ntlotsa ntlontlolola montle bontle sentle ntlotlela ntlaleya	Bontle o dirile sentle tota.
Beke 8	kgw	kgwedi kgwara kgwela kgwathisa mokgwasa sekgwa makgwakgwa mokgwaro lekgwelwa mokgwa	Rre o kgwathisa Makgwakgwa gonne a tsholotse metsi.
Beke 9	tlw	tlwaela tlwaelo batlwa otlwa sotlwa utlwa betlwa setlwaedi letlwa batlwa	Bomme ba tlwaetse go dira.
Beke 10	tshw	tshwaya tshwenya tshwantsha tshwara letshwao batshwari tshwantshanya tshwerwe tshwene phatshwa	Batshwari ba ditlhapi ba itumetse.

**KGWEDITHARO 3**

BEKE	MEDUMOPUO	MAFOKO A MEDUMOPUO	POLELO YA PILETSO
Beke 1	mm	mmaba mmadi mmaagwe bomme bammala mmame mmatli mmele mmelegi mmopa	Mmadi wa madi o tlile.
Beke 2	ng	ngaka lenong manganga lengope ngatana nong ngakeng ngapana ngaparela setlhareng	Lenong le le manganga le ngaperetsa mo setlhareng.
Beke 3	tsw	tswala tswine tswaisa tswaka tswalela motswedi tswetswee letswai letswele butswa	Letswai le naya dijo tswine.
Beke 4	kg	kgala kgolo kgabisa kgabola kgopa mokgosi kgakala mokgoro kgalefo makgakga	Mme o itse go kgabisa.
Beke 5	kh	khai khemo khiba khibidu khubama khukhwane borukhu mokhukhu khutlo khukhuna	Ke apara khiba ya me.
Beke 6	ny	nyala nyatsa nyelela nyema nyenya nonyane lenyora nyenyefala dinyana banyadi	Banyadi ba tla goroga maitisiboa.
Beke 7	tlh	tlhabana tlhaba tlhaga tlhabologa tlhale tlhaela tlhomola motlhatlha motlhotlho ditlhabi	Tlhapi e nna mo metsing.
Beke 8	nn	nna nnake nne nneile nnete senna bonno bonnake monnawe monna	Re dirisa nnalete go roka.
Beke 9	rw	morwarre barwa rwala rwalelela rwele borwa serwalo rwesa modirwa morwadi	Ke rwala ditlhako tsa me.
Beke 10			

TERM 4			
BEKE	MEDUMOPUO	MAFOKO A MEDUMOPUO	POLELO YA PILETSO
Beke 1	ngw	ngwedi ngwana ngwetsi ngweega ngwaya sengwenyana lengwanyana dingwenyana gongwe bongwe	Ngwana yo o lwalang o ile kwa ngakeng.
Beke 2	tsw	tswelala tswaisa tswakanya tswalela tswinenyana setswalonyana letswalo botswa letswai latswa	Bana ba tswalela setswalonyana sa kota ka ketane.
Beke 3	ts	tsietsinyana tsoga tsietsa tsitsibana tsiboganyana letsatsi setsokotsane matsetseleko letsapanyana tsokotsa	Tsietsi o dira tiro ya gagwe ka matsetseleko.
Beke 4	tl	tlola tlalelonyana tlalanyana letlalwana motlotlo matlalo tlotlela tlotsa letlapana setlogolo	Ba lelapa ba na le tlalelonyana ya madi.
Beke 5	au mph	Ausinyana kausunyana gaufinyana gautanyana taunyana mphemola mphe mphalanyana mphamolela mphekolanyana	Morutabana o a mphuralela fa a nthuta mokwalo.
Beke 6	kh	khainyana khemikhale khijwana khibitswana khubamanyana khukhwanenyana borukhwana mokhukhwana khutlonyana khekenyana	Mosetsana wa sekolo o apere khijwana e khibitswana.
Beke 7	ph	phaka phefonyana phekola phaphatha phophotha sephirinyana lephoinyana phepheng mophato lephephe	Phemelo o dira mophato wa boraro kwa sekolong.
Beke 8	ntlh ou	ntlhana ntlhapisa ntlhokomela ntlhaola ntlhorisa pounama roula foufala foula rounyana	Mme o ntlhapisa dipounama tse di tswang madi.
Beke 9			
Beke 10			

### 1.8.4 Mophato 3

MOPHATO 3 - SETSWANA			
KGWEDITHARO 1			
BEKE	MEDUMOPUO	MAFOKO A MEDUMOPUO	POLELO YA PILETSO
Beke 1	Go ba tlwaetsa tsamaiso	Go ba tlwaetsa tsamaiso	Go ba tlwaetsa tsamaiso
Beke 2	Go ba tlwaetsa tsamaiso	Go ba tlwaetsa tsamaiso	Go ba tlwaetsa tsamaiso
Beke 3	tl ntl	tlatlana tlaa motlapa setla boatla ntlo bontle ntlolela seyantlo sentle	Bontle o bolailwe ke tlaa gonne ke motlapa.
Beke 4	ts aa	tsoma tsitla tsoga motsana letsatsing mmaagwe maaka mogwaafatshe rraagwe maano	Mmaagwe o anega diaparo mo letsatsing kwa ntle.
Beke 5	ng ee	ngala ngongorega manga manganga ngaka beela seedi feela moleele seelele	Mosimane yo moleele o ngadile dijo tsa gagwe.
Beke 6	ny mm	nyadisa lenyalo senya bonya nyenyefatsa mmutla mmetša bomme boammaruri mmileng	Lenyalo la ga mme le fetile ka Sontaga.
Beke 7	ph	phepheula phophotha sephiri mophato diphofa phimola phamola phaphatha diphatsa pharama	Mosimane wa mophato wa bobedi o mphile dibuka.
Beke 8	mph	mphe mphonyana mpholosa mphepa lemphorwana mphodisa mphimola Mpho mphekola mphara	Nkoko o mphuthela diaparo tsa go ya sekolong.
Beke 9	kg	kgakgatha lekgotla kgola lekgoba makgarebe dikgadima dikgakgamatso mokgoro makgakga kgaola	Banna ba lekgotla ba gelela bojalwa mo nkgong.
Beke 10	nkg	nkgo monkgo nkgopola nkgoga nkgagolela	Banna ba lekgotla ba gelela bojalwa mo nkgong.
Beke 11	gw ai	mankge nkgolola nkgaisa nkelela nkgotlha gweba bogwe segwagwa gwanta segwete phaila maina gaila kaila Kaine	Kaine o jetse digwete tse di monate tota.

KGWEDITHARO 2			
BEKE	MEDUMOPUO	MAFOKO A MEDUMOPUO	POLELO YA PILETSO
Beke 1	ny ao	nyala nyadisa nyelela nyonyoba nyeuma maoto maotwana laola maodi molaodi	Monyadi le monyadiwa ba tlhaola ditlhasi tsa lenyalo.
Beke 2	lw	lwesa lwa lwela selwa lwetse feeelwa tshelwa tlolelwa rekelwa lwala	Bana ba ba senang tsebe ba lwesa bagolo.
Beke 3	tšh š	tšhotlho tšhokolete tšhepisi tšhipisi tšhisi ša šapa šela maši moša	Bana ba šaba ka tšhotlho e e monate.
Beke 4	tlh	tlhatlhobo tlhokomela tlhatlhelela tlhotlhomisa tlhotlha setlha lefatlha fitlha tshetlha matlho	Mooki o tlhokomela balwetse ba ba lwalang thata.
Beke 5	tlw	tlwaela tlwaolola setlwa betlwa setlwaedi letlwa moretlwa diretlwa otlwa petlwa	Rre o betsa basimane ka thupa ya moretlwa.
Beke 6	ngw ua	ngwaga ngwedi ngweega ngwala sengwe bua kua kuane rua leruarua	Ditsuane di sule mo ngwageng o o fetileng.
Beke 7	oe	goeletsa moeng boeletsa poeletso dipoelo moeka poelo moedi moeletsi moeti	Moeng o ntsamaisitse kwa moeding o o kotsi.
Beke 8	nts ou	ntsala ntsokotsa ntsietsa ntsamaisa ntsoma pounama tlou rou fofala moulo	Ke ne ka palama tlou e tona gantsi.
Beke 9	ntl	ntlontlontlola bontle sentle kwantle ntlotlela ntlaleya montle lentle dintle	Mosetsana yo montle o ne a apere sentle.
Beke 10	tshw	tshwene tshwarisa tshwaela tshweetso tshwarelo	Dipodi tsa ga malome di na le letshwao.
		letshwao matshwafo phitshwa tshwantsha phatshwa	

KGWEDITHARO 3			
BEKE	MEDUMOPUO	MAFOKO A MEDUMOPUO	POLELO YA PILETSO
Beke 1	ee	lee beela neela feela sebeela reetsa seela kgweetsa kgweeletsa mokgweetsi	Mosetsana o feela lebala ka Lamatlhatso mo mesong.
Beke 2	aa	maaka maano yaabo maatla maabane setlaagana baakanya anaanela mmaagwe ntsalaagwe	Rre o logile maano a go reka dijo.
Beke 3	nt	nta ntaela ntatela ntoma ntima ntena ntebelela nteleka ntetla ntatlha	Morutabana o ne a ntetla go kwala ditlhatlhobo.
Beke 4	tsh	tshaba tshasa tshwarisa tshwenyega tshimane metshameko tshoko botshelo motshegare tshwara	Botshelo o tshwenyegile ka bolwetse ba ga rraagwe.
Beke 5	tlh	tlhapi tlhapa motlhaba tlhotlhora setlhare letlhokwa setlhogo tlhatsa tlhoafalela matlho	Bana ba tlhotlhora motlhaba mo diaparong tsa bona.
Beke 6	mp	mpa mpitsa mpiletsa mpatla mpatelela mpelega mpona mpolaya mpoloka mpega	Maabane mogokgo o ne a mpiletsa kwa kantorong.
Beke 7	kg	kgati mokgasa rakgadi dikgang kgadile kgakgamatso segokgo nkgorogela dikgaba	Mosimane o robile mokgoko wa ketlele ya mme.
Beke 8	kgw	kgwaya mokgwa kgwesa sekgwa mokgwaro kgwagetsa kgwakgwaila kgwara kgwatha kgwatlha	Ngwana wa khutsana o ne a tshela makgwakgwa.
Beke 9	tsw	tswala tswaka setswalelo setswalo Motswedi letswela letswai motswako tswela Botswana	Malome o ile go bogela motshameko wa matswele.
Beke 10			

**KGWEDITHARO 4**

BEKE	MEDUMOPUO	MAFOKO A MEDUMOPUO	POLELO YA PILETSO
Beke 1	tl	tlou tlaleya tlotsa tlamela tlogela tlatlanya setlogolo letlole lewatle boatla	Tlou ke setlogolo sa me
Beke 2	tlh mm	tlhaola tlhoboga tlhatlhama tlhatlhoba tlhoga mmopo mmila mmofa mmimo mmelegi	Ngaka e tlhatlhoba mosimane gape
Beke 3	kg kh	kgabo kgakala kgora kgesa kgama sekhete khumo khiba khaete khemikhale	Baithuti ba kgakala le legae
Beke 4	ph	phaka phefo phoko Phukwi sephaphathi diphororo lephodisa sephiri phafa phamola	Gompieno lephodisa le bofile legodu.
Beke 5	ts tsw	tsokotsa tsala tsela tsoma tsitsibanya tswaisa setswalo tswaka tswala tswine	Mosetsana o tshameka ka seletswa.
Beke 6	ng gw	lengau ngata manga leungo ngala gweba gwanta gwamisa mogwebi segwagwa	Serageng o segwa ke mala.
Beke 7	th	thuthuga thothobolo thaisa thelela thibana tharabololo motho borotho natha sethu	Ditsuane di thuthuga mo maeng.
Beke 8	tsh	tshaba tshegisa tshologa motshitshi tsholela metshameko tshosetsa tsholola setshego tshoko	Morutabana o keketegile ka setshego.
Beke 9			
Beke 10			

# KAROLO 2: GO RUTA GO BUISA MO MEPHATONG YA GO SA LE GALE

## 2.1 Temogo ya medumopuo – Mophato R

### Kgweditharo ya 1

Bontsi jwa ditirwana tsa medumopuo di dirwa ka nako ya mosako wa mo mosong.

- Farologanya kutlo ya medumo magareng ga medumopuo e e farologaneng: **Sekao:** fa o simolola leina la gago.
- Supa modumo o o sa tsamaelaneng le tatelano: **Sekao:** Ke tlhaka efe e sa tsamaelaneng le tse dingwe fa? **b, b, k, b, d, d, d, f.**
- Supa gore a medumopuo e mebedi e e neetsweng e a tshwana kgotsa e a farologana **Sekao:** /p/p(tshwana)p/d/ (farologana).
- Lemoga gore dipolelo tse di buiwang ka molomo di agilwe ka mafoko a ikemetseng. Opa diatla mo lefokong lengwe le lengwe mo polelong.: **Sekao:** Rre o a ja.

### Nyalanya mafoko le medumo

■ simolola go lemoga gore mafoko a agilwe ka medumo.

**Sekao:**(Neela modumo o simololang leina la gago jaaka **L** mo go Lerato. **L** e simolola leina)

### Kgweditharo ya 2

- Farologanya kutlo ya medumo magareng ga medumopuo e e farologaneng **Sekao:** Fa o simolola leina la gago.
- Reetsa modumo o o simololang mo mafokong a a farologaneng.  
**Sekao:** **bu**a, **bu**la, **be**la, **pe**lo kgotsa tlhaola gore a medumo e mebedi e e neetsweng e a tshwana kgotsa e a farologana.
- Kgaoganya mafoko ka dinoko.  
**Sekao:** **pa-na-na** kgotsa go tlhaola dinoko mo leineng la morutwana mo phaposeng **Thabo, Thabo**, le na le dinoko di le pedi. Opa diatla gabedi go bontsha nokopedi.

- Lemoga morumo wa mafoko mo diraemeng le dipina tse di tlwaelegileng **Sekao:** Motse wa **šwa,**

Motse wa **šwa**

■ Lemoga modumo o o simololang mafoko a a buiwang segolo mo leineng la gago: **Sekao, Lerato**

### Nyalanya medumo ya mafoko le ditlhaka

- Tlhaloganya gore mafoko a na le medumo e fetang o le mongwe: **Sekao:** **kae, k-a-e, bana, b-a-n-a.**
- Go lemoga medumo mo tshimologong ya mafoko a mangwe jaaka **Sekao:** Maina a ditsala di ka nna tlhano.

### Kgweditharo ya 3

Kgaoganya dipolelo tse di buiwang ka molomo ka mafoko a ikemetseng o dirisa mafoko a nokongwe, **Sekao:** O a ja.

- Kgaoganya mafoko ka dinoko. Opa diatla kgotsa o letse moropa mo nokong nngwe le nngwe mo mafokong le mo maineng  
**Sekao:** mo-si-ma-ne, mo-ru-ta-ba-na
- Supa mafoko a rumisiwang mo diraemeng kgotsa dipineng tse di tlwaelegileng thata

**Sekao:** Motse wa ša,  
Motse wa ša jj.

- Lemoga le go neela ditlhaka tse dingwe tsa alefabete, bogolo tsa leina la gago: **Sekao:** Leina la me ke Dineo. Le na le ditlhaka D, i, n, e, o.

#### **Nyalanya medumo ya mafoko le ditlhaka**

- Lemoga kutlo le pono ya ditumammogo le ditumanosi tse di simololang mafoko a tlwaelegileng  
**Sekao:** Mo leineng la ga **Mpho**, morutwana o dumisa tlhaka '**M**' mme a e supe.
- Tlhaloganya gore mafoko a na le medumo e e fetang o le mongwe **Sekao:** nko e na le medumo e le meraro e leng **n-k-o**.
- Lemoga medumo mo tshimologong ya mafoko mangwe **Sekao:** maina a ditsala jaaka **Pule** kgotsa a diphologolo jaaka **tau**.

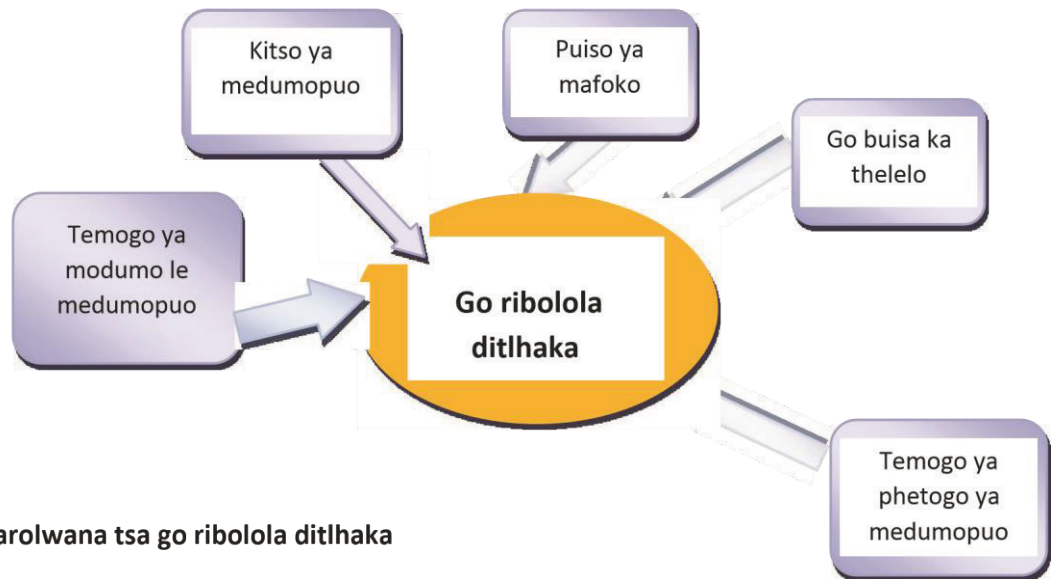
#### **Kgweditharo ya 4**

- Kgaoganya dipolelo tsa molomo ka mafoko  
**Sekao:** opa diatla mo lefokong lengwe le lengwe mo polelong o dirisa mafoko a noko e le nngwe - 'Ke nako ya dijo'
- Kgaoganya mafoko ka dinoko.  
**Sekao: mosetsana - mo-se-tsa-na**
- Supa mafoko a a rumisanang mo diraemeng le dipineng tse di tlwaelegileng ka tatelano ya morumo wa mafoko  
**Sekao: Re banyana ba ba nyenyane re ithuta mo sekolong.**  
**Re banyana ba ba nyenyane re ithuta mo sekolong.**
- Lemoga le go utlwa le go bona kamano ya ditumammogo le ditumanosi bogolo segolo tse di simololang mo mafokong a tlwaelegileng: **Sekao:** Leina **Kamogelo - Ka-mo-ge-lo**
- Lemoga le go naya ditlhaka dingwe tsa alefabete maina a jaaka. **Sekao: ditlhaka tse di mo maineng a bona**
- Amanyana medumo le dialefabete le mafoko mme o tlhaloganye gore mafoko a bopilwe ka medumo e e fetang bongwe **Sekao: B-a-r-u-t-w-a-n-a**  
■ Lemoga medumo mo tshimologong ya mafoko **Sekao,**  
**dibuka modumo 'd'o simololang lefoko dibuka**  
■ Simolola go lemoga gore mafoko a dirilwe ka medumo. **Sekao: ditlhaka tse di simololang maina a bone.**

Karolo e ya 2 e arogantswe ka dikarolwana tse di latelang: go ribolola ditlhaka, go tlhaloganya le tsibogo ya mmuisi.

## 2.2 Go ribolola ditlhaka

Go ribolola ditlhaka go dira motheo wa go buisa




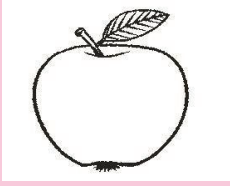



### Sebopego 2: Dikarolwana tsa go ribolola ditlhaka


Dikarolwana tsa go ribolola ditlhaka di tshalositswe ka botlalo mo tafoleng e e fa tlase.


Dikarolwana tsa go ribolola ditlhaka di bontshitswe mo karolong ya bobedi e e fa tlase. Karolwana nngwe le nngwe e tshalositswe mme le dikaedi tsa gore di ka rutwa jang dineetswe. Go tla dikgwetlo tse di diragalang mo go ithuteng kitso ya puisokwalo ya go sa le gale gore di seke tsa etegela, dikaedi di neetswe gore barutabana ba kgone go ela tlhoko dikgwetlo le go di baakanya pele di etegela.

## 2.2.1 Temogo ya phetogomedumo

Kgweditsharo	Temogo ya phetogomedumo
Ke eng?	<p>Ke lereo la kakaretso le le kayang <b>temoso ya thulaganyo ya medumo mo puong</b>. Se se akaretse mefuta e e farologaneng ya temogo.</p> <p style="text-align: center;">Bokgoni jwa go farologanya mafoko mo metseletseleng ya puo.</p> <p><b>Dikao:</b></p> <ul style="list-style-type: none"> <li>- <b>Letsatsi lotlhe</b> – mafoko a le mabedi e seng lefoko le le ngwe, <b>phutholola maoto</b> – mafoko a le mabedi e seng lefoko le lengwe</li> </ul> <p style="text-align: center;">Bokgoni jwa go tlhaola dinoko mo mafokong.</p> <p><b>Dikao:</b></p> <ul style="list-style-type: none"> <li>- <b>bana</b> e na le dinoko di le 2; ba + na</li> </ul>
Go reng?	<ul style="list-style-type: none"> <li>- <b>moreki</b> e na le dinoko di le 3; mo + re + ki</li> <li>- <b>mosimane</b> e na le dinoko le 4; mo + si + ma + ne</li> <li>- <b>botlhabatsatsi</b> e na le dinoko di le 5; bo + tlha + ba + tsa + tsi</li> </ul> <p>■ Bokgoni jwa go lemoga dipharologanyo magareng ga medumo mo puong le mo lefokong le tiriso ya one.</p> <p><b>Dikao:</b></p> <ul style="list-style-type: none"> <li>- /o/ le /u/ ke medumo e e farologaneng mo go <b>podi</b> le <b>pula</b>. - /e/ le /i/ mo go pitse le mosi</li> </ul> <p>Go godisa temogo ya phetogomedumo ya barutwana go thusa go amanya bokgoni jwa puo (puo ya molomo) ka kutlo le ka pono (puo e e kwadiwang)</p> <p>Barutwana ba ba se nang bokgoni jwa temogo ya phetogomedumo, go le gantsi ba palelwa ke go ithuta go buisa le go kwala.</p> <p>Puo ya Setswana e ikaegile thata mo dinokong. Ke ka moo barutwana ba kgonang go lemoga dinoko bonolo mo mafokong. Jaanong re simolola ka kgaoganyo ya mafoko.</p>



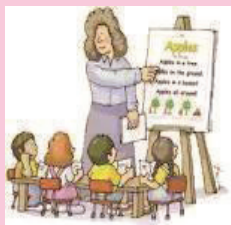
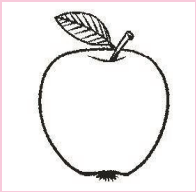
<p><b>O e ruta leng?</b></p>	<p>Se se ka godisiwa mo Mophatong wa R le mo Mophatong wa 1. Se ka diriwa nako nngwe le nngwe go tshwana le ka nako ya ditirwana tsa:</p> <p>Go reetsa le go bua      medumopuo      Puisokaelo ka dithopha      Puisokopanelo</p>     <p>Gape di ka diriwa fa go rutiwa lefoko le le ntšhwa le fa go rutiwa diraeme.</p> <p><b>Sekao:</b></p> <p style="text-align: center;">Ketelele</p>  <p><i>Nna ke ketelele, Se ke mogole, Se ke molomo. Ntshela ka moo, Ntshela ka moo.</i></p>
<p><b>O e ruta jang?</b></p>	<p>■ Go dira ka dinoko le medumo mo maineng a barutwana <b>Dikao:</b></p> <ul style="list-style-type: none"> <li>- Lefoko <i>Pule</i> le na le dinoko di le 2; <i>Pu + le</i></li> <li>- Lefoko <i>Lerato</i> le na le dinoko di le 3; <i>Le + ra + to</i></li> <li>- Lefoko <i>mosetsana</i> le na le dinoko le 4; <i>mo + se + tsa + na</i></li> <li>- Lefoko <i>botlhabatsatsi</i> le na le dinoko di le 5; <i>bo + tlha + ba + tsa + tsi</i></li> </ul>

	<p>■ Go dira ka dinoko mo mafokong ka go tlaola le go tlosa noko mo lefokong mme go sale kutu.</p> <p><b>Dikao:</b> -</p> <ul style="list-style-type: none"> <li><i>fo mo go fologa go sala loga.</i></li> <li>- <i>le mo go lefatshe go sala fatshe.</i></li> <li>- <i>ta mo go taboga go sala boga</i></li> </ul> <p>■ Go dira ka medumo mo mafokong ka go tlaola, go kgaoganya le pataganya medumo go bopa mafoko.</p> <p><b>Dikao:</b></p>  <ul style="list-style-type: none"> <li>- Opa diatla go kgaoganya lefoko</li> <li>- <i>mosadi = mo+sa+di</i></li> <li>- <i>nnete= n+ne+te</i></li> </ul>
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	<p>- Barutwana ba tshwara diledu tsa bone ka fa tlase mme ba bue lefoko. Fa ba bua lefoko, ba laele gore ba bale gore molomo o bulega ga kae. Se se tla ba kgontsha go bala dinoko tsa mafoko mo- (1) sa- (2) di -(3).</p> <p>■ Tshameka ka medumo <b>Sekao:</b> - <i>barutwana, bala, sala, lona.</i></p> <p>■ Tlhaola mafoko a a tlhageletseng ka nako ya go reetsa le go bua kgotsa puiso kopanelo. <b>Sekao:</b> - <i>ntlo, kwala, tlhapa, balelapa, sekolo jj.</i></p>																									
<b>Didiriswa</b>	<b>Radio,</b> CD, DVD, porojeketara, thelebišene, selefounu, sepikara.																									
<b>Tlhatlhobo</b>	<p>Tlhatlhoba bokgoni jwa barutwana go:</p> <ul style="list-style-type: none"> <li>• tlhaola palo ya dinoko mo lefokong</li> <li>• tlhaola dinoko mo lefokong</li> <li>• tswakanya dinoko go bopa mafoko</li> <li>• kgaoganya mafoko ka dinoko</li> </ul>																									
<b>O ka lemoga jang dikgwetlho mo karolong e.</b>	<ul style="list-style-type: none"> <li>• Fa barutwana ba sa kgone go tsibogela ditaello tse di neetsweng jaaka go opa diatla go tlhaola, kgaoganya le go pataganya dinoko go bopa mafoko.</li> <li>• Fa barutwana ba sa kgone go tlhaola medumo mo lefokong ka go bala dinoko jaaka ba laetswe.</li> </ul>																									
<b>Tsereganyo</b>	<ol style="list-style-type: none"> <li>1. Barutwana ba lebaganya mafoko le ditshwantsho tse di maleba sekao: tafole mosetsana.</li> <li>2. Barutwana ba lemoga mafoko mo malepeng (puzzle). Mafoko:</li> </ol> <p>mae apole seolo</p> <table border="1" data-bbox="408 1350 694 1536"> <tr><td>a</td><td>e</td><td>p</td><td>t</td><td>o</td></tr> <tr><td>m</td><td>p</td><td>i</td><td>l</td><td>k</td></tr> <tr><td>a</td><td>a</td><td>o</td><td>r</td><td>m</td></tr> <tr><td>e</td><td>e</td><td>u</td><td>l</td><td>k</td></tr> <tr><td>s</td><td>g</td><td>b</td><td>w</td><td>e</td></tr> </table>	a	e	p	t	o	m	p	i	l	k	a	a	o	r	m	e	e	u	l	k	s	g	b	w	e
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	<p>Ga o a tshwanela go kwala mafoko kgotsa ditlhaka o dirisa dikarata tsa mafoko fa o dira temogo ya medumo. Go a kgonega gore o ka letla barutwana go tswala matlho fa o dira ditirwana di le dintsi tsa temogo ya modumopuo. Barutwana ba reetsa fela mme ba latele ditaello.</p> <div data-bbox="376 1771 512 1883" style="text-align: center;">  </div> <p>Go reetsa</p>																									

## 2.2.2 Temogo ya medumopuo

<b>Kgweditsharo</b>	<b>Temogo ya medumopuo</b>
<b>Ke eng?</b>	Ke go lemoga gore puo e na le tatelano ya medumo le go kgona go lemoga medumo e e ikemetseng ka nosi mo mafokong.
<b>Go reng?</b>	<p>Go botlhokwa gore barutwana ba kgone go lemoga medumo ya ditlhaka tse di ikemetseng ka nosi mo dinokong le mo mafokong.</p> <p><b>Dikao:</b></p> <ul style="list-style-type: none"> <li>- <math>b + u + l + a = bula</math></li> <li>- <math>n + o + k + a = noka</math></li> <li>- <math>m + o + s + e + t + s + a + n + a = mosetsana</math></li> </ul> <p>Se, se mo botennyane jwa go ribolola ditlhaka mo puong ya dialefabete. Barutwana ba tshwanetse go kgona go lemoga medumo ya ditlhaka dingwe go kgona go lomaganya modumo le tlhaka jaaka karolo ya puiso.</p>

<b>O e ruta leng?</b>	<p>Gantsi modumo o rutiwa mo Mophatong wa R le mo Mophatong wa 1. Se, se ka rutiwa ka nako nngwe le nngwe, jaaka ka nako ya ditirwana tsa:</p> <div style="display: flex; justify-content: space-around; align-items: flex-end;"> <div style="text-align: center;">  <p>Puiso kaelo ka ditlhophha</p> </div> <div style="text-align: center;">  <p>Go reetsa le go bua</p> </div> <div style="text-align: center;">  <p>Puisokopanelo</p> </div> <div style="text-align: center;">  <p>medumopuo</p> </div> </div> <p>E diriwa gape le fa o ruta barutwana lefoko le lentšhwa.</p>
<b>O e ruta jang?</b>	<p>Re ruta mo ditirwaneng tse di tshwanang le tsa temogo ya medumo, fela morutabana o dira go tswa mo ditirwaneng tse di bonolo go ya go tse di thata ka seemo sa temogo ya medumo.</p> <p>Temogo ya medumo mo tshimologong ya lefoko.</p> <p><b>Dikao:</b></p> <ul style="list-style-type: none"> <li>- Laela barutwana go go reetsa fa o bua lefoko <i>barutwana, kwala, ngwana</i> le <i>lefofa</i></li> <li>- Botsa gore ke modumo ofe o o utlwalang mo tshimologong ya lefoko:</li> </ul>

	<ul style="list-style-type: none"> <li>- <i>barutwana /b/</i></li> <li>- <i>kwala/kw/</i></li> <li>- <i>ngwana/ngw/</i></li> <li>- lefofa /l/</li> <li>- Kwa bofelong buisa le barutwana mafoko otlhe <i>barutwana, kwala, ngwana</i> le <i>lefofa</i>.</li> </ul> <p>Go lemoga pharologanyo ya modumo mo tshimologong ya lefoko.</p> <p><b>Dikao:</b></p> <ul style="list-style-type: none"> <li>- Laela barutwana go reetsa modumo o o tlhagelelang mo tshimologong ya lefoko.</li> <li>- Ba laele gore fa ba utlwa modumo wa nnete, ba emise kgonojwe (monwana o mogolo wa seatla).</li> <li>- Fa modumo e se wa nnete, ba supe kgonojwe kwa tlase.</li> <li>- Bua mafoko <i>barutwana, fula, bona, dula</i>, go tota modumo wa <b>b</b> mo tshimologong</li> <li>- Tswelala go dira jalo ka mafoko a a farologaneng go ya ka Mophato o totile modumo o o rileng.</li> </ul> <ul style="list-style-type: none"> <li>• Ditirwana tse di totileng medumo ya ditlhaka</li> </ul> <p><b>Dikao:</b></p> <ul style="list-style-type: none"> <li>- Barutwana ba dumisa tlhaka nngwe le nngwe mo lefokong <b>b/a/n/a</b></li> <li>- Kopanya ditlhaka go bopa lefoko <b>bana</b></li> </ul> <ul style="list-style-type: none"> <li>• Temogo ya medumo mo bofelong jwa lefoko</li> </ul> <p><b>Dikao:</b></p> <ul style="list-style-type: none"> <li>- <i>barutwana /a /</i></li> <li>- <i>kwala/a/</i></li> <li>- <i>ngwana/a/</i></li> <li>- <i>lefofa /a/</i></li> </ul> <ul style="list-style-type: none"> <li>• Fa o bua lefoko 'mpho' ka bonya ekele modumo o atolositswe.</li> <li>• Go pataganya medumopuo</li> </ul> <p><b>Dikao:</b></p> <ul style="list-style-type: none"> <li>- Mpho = <i>m +pho</i></li> <li>- ntlo = <i>n + tlo</i></li> </ul> <ul style="list-style-type: none"> <li>• Go tlosa modumo mo lefokong.</li> </ul> <p><b>Dikao:</b></p> <ul style="list-style-type: none"> <li>- Lefoko fologa tlosa <b>/fo/</b> go sala <i>/loga/</i></li> <li>- Lefoko lefatshe tlosa <b>/le/</b> go sala <i>/fatshe/</i></li> </ul> <ul style="list-style-type: none"> <li>• Go dirisa modumo o mongwe mo boemong jwa o mongwe.</li> </ul> <p><b>Dikao:</b></p> <ul style="list-style-type: none"> <li>- <i>ema – oma</i></li> <li>- <i>Pula – bula</i></li> </ul>
<b>Didiriswa</b>	radio, CD, DVD, porojeketara, thelebišene, selefounu, sepikara.

<b>Tlhatlhobo</b>	<p>Tlhatlhoba bokgoni jwa barutwana go:</p> <ul style="list-style-type: none"> <li>• Tlhaola palo ya dinoko mo lefokong.</li> <li>• Farologanya nepo ya medumo ya ntlha e e farologaneng ya mafoko ka kutlo sekao, bula.</li> <li>• O pataganye mafoko a a kgaogantsweng ka dinoko <math>ba + na = bana</math>.</li> <li>• Simolola go pataganya ditlhaka go bopa mafoko jaaka: <math>b + a + n + a = bana</math>.</li> </ul>
<b>O ka lemoga jang dikgwetlho mo karolong e?</b>	<ul style="list-style-type: none"> <li>• Fa morutwana a sa kgone go lemoga medumo e e ikemetseng mo lefokong.</li> <li>• Fa morutwana a sa kgone go dirisa medumo e e ikemetseng go bopa lefoko.</li> <li>• Fa morutwana a sa kgone go neela modumo wa tlhaka e e maleba mme a fapantse ditlhaka, sekao; bula – dula.</li> <li>• Fa morutwana a sa kgone go lemoga modumo mo tshimologong le kwa bofelong jwa lefoko.</li> </ul>
<b>Tsereganyo</b>	<ol style="list-style-type: none"> <li>1. Simolola ka mafoko a ditlhaka tse 3, sekao: <math>ema + e + ma</math>, <math>ala = a + la</math>, <math>ila = l + la</math>.</li> <li>2. Kgaoganya barutwana ka ditlpha tse dinnye o lebeletse bokgoni jwa bone.</li> </ol>
<b>Gakologelwa</b>	<p>Ga o patelediwe go kwala mafoko, ditlhaka, kgotsa go dirisa dikarata tsa mafoko fa o dira temogo ya medumo. E bile o ka letlelela barutwana go tswala matlho a bona fa ba dira ditirwana di le dintsi tsa temogo ya medumo. Fa o dirisa dikarata tsa mafoko tsa barutwana ba tshwanetse go leba mo go tsone, jaanong o simolola medumopuo e seng temogo ya medumo.</p>

## 2.2.3 Kitso ya medumopuo

<b>Kgweditsharo</b>	<b>Kitso ya medumopuo</b>
<b>Ke eng?</b>	Medumopuo e kaya go duma ga mafoko le ditlhaka tsa laefabete tse di dirisiwang go di emela.
<b>Go reng?</b>	<p>Mo dipuong tsa SeAforika le Se – Aforikanse, botsalano jwa ditlhaka le medumo ya tsona bo a bonagala kgotsa bo tlhamaletse. Go bonolo go ithuta botsalano jwa tlhaka le modumo mo dipuong ka Otokerafi e e bonagalang jaaka dipuo tsa SeAforika ka ntlha ya gore tlhaka e e tlhagelelang ka mokgwa o le mongwe e emela modumo o o tshwanang.</p> <p>Kitso ya tlhaka le modumo e fitlhelelwa ka medumopuo. Medumopuo e raya go ruta go go tlhaloganyegang le go tsamaya ka thulaganyo e e lolameng ya go ruta botsalano jwa modumo le tlhaka mo ditaelong tsa puiso ya tshimologo.</p> <p>Ka ntlha ya gore thulaganyo ya go kwala dialefabete e emela medumo ka ditlhaka, go botlhokwa gore barutwana ba, ba ithute gore botsalano jwa modumo le tlhaka ke eng. Kitso ya medumopuo e thusa barutwana gore puo e e kwalwang e fetolelwa jang mo puong e e buiwang.</p> <p>Go ya ka ditsela tse dinoko tsa rona tsa dipuo tsa SeAforika di ikemetseng, go botlhokwa go dirisa ditsela tsa dinoko mo ditaelong tsa dipuo tsa SeAforika jaaka tsela ya go fitlhelela bokgoni jwa go rarabolola ka thelelo.</p> <p>Go ya ka semelo sa tiriso ya dinoko tsa Puo ya Setswana, go botlhokwa go dirisa popego ya dinoko go thusa morutwana go kgona go ribolola medumo le mafoko ka thelelo. Le fa Setswana se dirisa thulaganyo ya go kwala ya dialefabete, go botlhokwa gore barutwana ba tlhaloganye botsalano jwa tlhaka le modumo mo</p>
	nokong, le gore medumo e mebedi e pataganngwa jang go bopa dinoko. Dinoko di le pedi di pataganngwa jang go bopa mafoko sekao: $bu + ka = buka$

<b>O e ruta leng?</b>	<p>Gantsi se se diragala mo Mophatong wa 1 le mo Mophatong wa 2.</p> <p>Mo mophatong wa R, barutwana gantsi ba rutiwa ditlhaka tse di tlhagelelang mo maineng a bona e bile barutwana ba ka tlwaela ditumanosi le ditumammogo tsa ditlhakanosi tse di ipoeletsang kgapetsakgapetsa jaaka <b>a, l, e, n</b>. Mophato wa 1 ke Mophato o e leng gore bontsi jwa botsalano jwa tlhaka le modumo bo tshwanetse go rutiwa, go akaretsa le ditumanosi. Medumo ya ditlhakanosi, ditumammogo le ditumammogo tse di pataganeng tse di tlhagelelang kgapetsakgapetsa jaaka; <b>b, t, ts, tl, ph, th, kh, kg, kw, lw</b> jj. Ditumammogo di le tharo tse di pataganeng di tlaa rutiwa mo tshimologong ya Mophato wa 2, mme ka nako eo, barutwana ba tshwanetse ba bo ba setse ba na le maitsetsepelo a mantle a melawana ya dialefabete mme e bile ba kgona go tsamaisa le go siamela go dumisa medumo e e raraaneng.</p> <p>Ka ntlha ya thulaganyo ya mokwalo o o sa tshwaraganang le medumo ya ditumammogo e e raraaneng, go thata go buisa mafoko a Setswana ka thelelo fa barutwana ba sa itse medumo ya ditlhaka tsa bone le go pataganya medumo e mebedi. Se se raa gore motheo o o tsepameng wa medumopuo, o tshwanetse go agiwa mo Mophatong wa 1.</p>
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<p><b>O e ruta jang?</b></p>	<p>Go ya ka semelo sa tiriso ya dinoko tsa Puo ya Setswana, go botlhokwa go dirisa popego ya dinoko go thusa morutwana go kgona go ribolola medumo le mafoko ka thelelo. Le fa Setswana se dirisa thulaganyo ya go kwala ya dialefabete, go botlhokwa gore barutwana ba tlhaloganye botsalano jwa tlhaka le modumo mo nokong, le gore medumo e mebedi e patagantswe jang go bopa dinoko le go bopa mafoko.</p> <p>Ruta ditumanosi le ditumammogo</p> <p><b>Dikao:</b></p> <ul style="list-style-type: none"> <li>- Ruta ditumanosi <i>a, e, i, o le u</i></li> <li>- Ruta ditumammogo di le 10 tse di dirisiwang gantsi</li> </ul> <p><b>Dikao:</b></p> <ul style="list-style-type: none"> <li>- <i>l k m b n s t p g r</i></li> <li>- Dumisa ditumammogo <i>go bopa mafoko</i></li> </ul> <p><b>Dikao:</b></p> <ul style="list-style-type: none"> <li>- <b>tl</b> - mo go tlala</li> <li>- <b>ts</b> - mo go tsamaya</li> </ul> <p>Ikatise go lemoga dinoko</p> <p><b>Dikao:</b></p> <ul style="list-style-type: none"> <li>- <i>bu a = bu + a</i></li> <li>- <i>molemi + mo + le + mi</i></li> </ul> <p>Go pataganya dinoko go bopa mafoko</p> <p><b>Dikao:</b></p> <p><i>ga + pa = gapa, sa + la = sala, mo + la + la + tla + di = molalatladi</i></p>
<p><b>Didiriswa</b></p>	<p>dikarata tsa medumopuo, dikarata tsa mafoko, dikarata tsa dinoko, dikarata tsa ditshwantsho, dipousetara.</p>
<p><b>Tlhatlhobo</b></p>	<ul style="list-style-type: none"> <li>• Dirisa ditumammogo tse di pataganeng go bopa mafoko.</li> <li>• Dirisa dinoko go bopa mafoko</li> </ul>
<p><b>O ka lemoga jang dikgwetlho mo karolong e.</b></p>	<ul style="list-style-type: none"> <li>• Fa morutwana a sa kgone go dirisa dinoko go bopa mafoko</li> <li>• Fa morutwana a sa kgone go lemoga dinoko mo mafokong</li> <li>• Fa morutwana a sa kgone go dumisa ditumammogo go bopa mafoko</li> </ul>
<p><b>Tsereganyo</b></p>	<ol style="list-style-type: none"> <li>1. Naya barutwana ditumanosi le ditumammogo, ba ipopele mafoko a a bonolo.</li> </ol> <p><b>Sekao:</b> a, o, l, m s, k, l, b: bolo, kala, boka sila, mola, mala</p> <ol style="list-style-type: none"> <li>2. Tlhakatlhakanya mafoko a a bonolo, barutwana ba a rulaganye sentle.</li> </ol> <p><b>Sekao:</b> akno = noka, pae = epa, atu = tau/uta</p>
<p><b>Gakologelwa</b></p>	<p>Medumopuo ga ya tshwanela go lapisa. Medumopuo e ka itumedisa, e bile barutwana ba itumelela kgwetlho ya go lomaganya le go kgaoganya medumo le dinoko mo mafokong. Kitso ya medumo e na le thotloetso e bile e thusa barutwana go ribolola mafoko a mantšhwa.</p>

## 2.2.4 Puiso ya mafoko

<b>Kgweditsharo</b>	<b>Puiso ya mafoko</b>
<b>Ke eng?</b>	Ke bokgoni jwa go lemoga lefoko le le ikemetseng ka nosi mo go a a leng teng.
<b>Go reng?</b>	<p>Fa barutwana ba itse medumo ya ditlhaka le gore ba e lomaganya jang (ba e kopanya), ba ka kgona go bopa mafoko.</p> <p>Mafoko ke motheo wa mmuisano. Re dirisa tatelano ya mafoko mo dipolelong go neela dikakanyo tsa rona. Gore sethangwa se nne le bokao, go botlhokwa gore barutwana ba buise mafoko ka tsepamo le lebelo ka tatelano go kgona go dira bokao fa ba buisa.</p> <p>Tiriso le temogo ya medumopuo, kitso ya tlhaka le medumo le bokgoni jwa go lomaganya ditlhaka go tswa mo dikgonong tsa go buisa mafoko. Mo tlaletsong, barutwana ba boloka mo kgakologelong ya bona tatelano ya ditlhaka tse ba di gakologelwang tsa mafoko. Mme se se ba thusa go kgona go lemoga mafoko ka bonako fa ba buisa.</p> <p>Mo Setswaneng, ka temogo e e kitlaneng ya phetogo ya medumopuo, tatelano e ya ditlhaka e tshwanetse go tsamaelana le dipopi tse di tlwaelegileng, jaaka ditlhogo tsa maina jaaka (mo-ba; le-ma; se-di; lo-di)</p>
<b>O e ruta leng?</b>	E rutiwa mo Mophatong wa 2 le mo Mophatong wa 3
<b>O e ruta jang?</b>	Go ya ka semelo sa tiriso ya dinoko tsa puo ya Setswana, go botlhokwa go dirisa popego ya dinoko go thusa morutwana go kgona go ribolola medumo le mafoko ka

thelelo. Fela, ela tlhoko gore bokgoni jwa go lemoga dinoko mo Setswaneng go ikaegile mo bokgoning jwa: -  
go lemoga ditlhaka tse di ikemetseng ka nosi mo nokong

- go itse gore di emetse modumo ofe
- go kgona go di lomaganya
- Dirisa dikarata tsa mafoko a a dirisiwang kgapetsakgapetsa a Setswana go godisa dikgono tsa go buisa mafoko.

**Dikao: dikarata tsa mafoko:**

mosimane

metsi

tlhogo

- Netefatsa gore barutwana ba kgona go lemoga ditlhaka tsa medumo le dinoko mo mafokong.
- Netefatsa gore barutwana ba itse bokao jwa mafoko a ba a buisang go tswa mo dikarateng tsa mafoko.

**Dikao: Medumo ya ditlhaka:**

- mosimane = m + o + s + i + m + a + n + e
- metsi = m + e + t + s + i
- tlhogo = t + l + h + o + g + o

**Dikao: Medumo ya dinoko:**

- Mosimane = mo + si + ma + ne.
- Metsi = me + tsi
- Tlhogo = tlho + go.

Fa o sena go tlhagisa mafoko a a leng mo dikarateng tsa mafoko, tlhakatlhakanya tatelano ya mafoko gore barutwana ka ithuta mafoko ka tlhogo ka ntlha ya gore a tlhagelela ka tatelano e e tshwanang.

**Dikao: Go tlhakatlhakanya mafoko**

- mosimane = monesima
- metsi = tsime
- tlhogo = gotlho
- Ditirwana tsa go buisa mafoko di ka diriwa ka puisokopanelong le mo puiso kaelong ka ditlhophha. Fa o ntse o dira puiso go ikatisa go buisa mafoko le go buisetsana ka bobedi.
- O ruta jang popego ya puo mo puisong ya lefoko:  
Go na le ditsela di le dintsi tsa go ruta go ribolola popego ya puo.  
Se, se tsalana le mekgwa e e tlwaelegileng ya go ruta barutwana go buisa lefoko le fa bas a le tlhaloganye

Mekgwa ya go ruta popego ya puo e akaretsa;

- Go lemoga kutu ya lefoko mo maineng le mo matlhalosing, bogolo setona mo mafokong a maleele.

**Dikao:** Matlhalosi

- Kgakala = bokgakala
- gaufi = -bogaufi
- godimo = -bogodimo

**Dikao:** Maina

- *tho* e nna motho, setho, botho, motho
- *sadi* e nna mosadi, basadi, sesadi, bosadi
- *tswana* e nna Motswana, Batswana, Setswana, Botswana

Go ruta ditlhogo le megatlana

- Ditlhogo: *-mo-ba; se-di; n-di; lo-di; bo-ma*
- Megatlana: *-ng, -ana, -nyana, -isa, -ane,*

Kutu ya lefoko gantsi e diriwa ke lediri le leina. Karolo e e tshotse bokao jo bo tseneletseng. Go buisa se o se bonang mo kutung ya lefoko, ba tlhoka fela go leba dikarolwana tse di dirang bokao. Se se godisa lebelo la go buisa.

Se se botlhokwa se o tshwanetseng go se gakologelwa ke gore jaaka mo medumopuong, go ikatisa go botlhokwa. Sekao, o ka tlhagisa dipopi tse di farologaneng go ruta pakapheti. O ka dirisa mkgwa o o tshwanang le o o dirisitseng mo go ruteng medumopuo ka go tlhagisa ditlhogo le megatlana tse di bonagalang. Re dirisa megatlana go bontsha nyenyefatso, bonamagadi kgotsa botshegadi.

**Dikao:** Pakapheti

- ruta - ratile
- bulega – bulegile

**Dikao:** Nyenyefatso



buka





bukana



katse




katsana

	 <p>mosimane</p>	 <p>mosimanyana</p>	
<p><b>Didiriswa</b></p>	<p><b>Dikao:</b>  Morutabana jaanong a ka buisetsa barutwana kgang e e nang le popi e e leng mo paka pheting <b>-ile</b>, le go laela barutwana go emisa matsogo nako nngwe le nngwe fa ba utlwa modumo - <b>ile</b>. Jaanong o ka letla barutwana go lemoga gore mogatlana – <b>ile</b> mo setlhangweng se ba se buisitseng ka go thalela mogatlana nako nngwe le nngwe fa ba o bona mo setlhangweng. Fa o dira se, barutwana ba tlaa sedimosetswa temogo ya megatlana mo setlhangweng se se buisiwang.  Morutabana a ka dira tlhatlhobo e e sa tlhomamang go bona gore barutwana ba kgona go lemoga mogatlana le go thaloganya bokao jwa setlhangwa.</p>		
<p><b>Tlhatlhobo</b></p>	<p>Dikarata tsa mafoko jaaka buka, mosimane, katse  Dikarata tsa ditshwantsho le ditlhangwa</p> <ul style="list-style-type: none"> <li>• Neela barutwana dipapetlana tsa mafoko le mafoko a lebota go a buisa.</li> <li>• Neela barutwana mafoko a a raraneng gore ba a rarabolole.</li> </ul> <p><b>NB.</b> Ela tlhoko mokgwa o morutwana a o dirisang go leka go buisa mafoko.</p>		
<p><b>O lemoga jang dikgwetlho mo karolwaneng e?</b>  <b>Tsereganyo</b></p>	<ul style="list-style-type: none"> <li>• Fa morutwana a leka go dumisa lefoko pele a le buisa mme e le le ipoeletsang kgapetsakgapetsa.</li> <li>• Fa morutwana a palelwa ke go dumisa modumo wa ntlha mo lefokong.</li> </ul> <ol style="list-style-type: none"> <li>1. Morutabana a neele barutwana ditshono tsa go buisa mafoko a a dirisiwang kgapetsakgapetsa mo phaposing.</li> <li>2. Dirisa ditshwantsho go thusa barutwana go lemoga modumo wa ntlha.</li> </ol>		
<p><b>Gakologelwa</b></p>	<p>Se lebale go baya dipapetlana tsa mafoko mo leboteng gore barutwana ba ipuisetse ka go ikgakolola go ya ka bokgoni jwa bone.</p>		

## 2.2.5 Go buisa ka thelelo

Kgweditsharo	Go buisa ka thelelo
<p><b>Ke eng?</b></p> <p><b>Go reng?</b></p>	<p>Puiso ka thelelo e raya bokgoni jwa go buisa setlhangwa ka bonako le ka tsepamo, gape ka segalo le maikutlo a a maleba. Puiso e e tshwana le puo e e buiwang.</p> <p>Fa barutwana ba ka lemoga mafoko a a tlhagelelang kgapetsakgapetsa le go dirisa kitso ya bone ya botsalano jwa go buisa mafoko a, lebelo la bone la go buisa mafoko a mantšhwa le a oketsega. Ka jalo puiso ka thelelo e tlaa godisiwa.</p> <p>Go buisa ka bonya lefoko ka lefoko go tsaya nako e ntsi mme e diya le go gakologelwa. Se se raya gore ga go na nako e ntsi ya go ela tlhoko bokao. Babuisi ba ba buisang ka bonya ba dira diphoso di le dintsi. Ka go nna ba ikatisa, babuisi ba banye ba nna le tsepamo e e maleba. Ba simolola go ribolola ditlhaka, medumo le mafoko ka bonako. Lebelo la puiso ya bona le a oketsega. Fa go ribolola ditlhaka ga</p>

	<p>bone go itiragalela fela, kgakologelo ya bona e a lokologa e bile ba kgona go ela tlhoko go tlhaloganya.</p> <p>Thelelo e tsewa jaaka kgolaganyo magareng ga go ribolola ditlhaka le go tlhaloganya. Ke ntlha e e botlhokwa ya go nna mmuisi yo o tlhwatlhwa. Fa barutwana ba sa fitlhelele, ba tlaa fitlhela go le thata go tlhaloganya se ba se buisang mme go buisetsa go ithuta e nna tiro e e thata.</p> <p>Tiro e e botlhokwa ya barutabana ba thuto e potlana ke go godisa puiso ka thelelo ya babuisi kwa bofelong jwa Mophato wa 3. Fa barutwana ba sa buisi ka thelelo ka nako e ba yang kwa thutong ya magareng, foo ba tlaa nna le kgwetlho ya go fitlhelela se ba tshwanetseng ke go se fitlhelela. Go buisa ka thelelo go na le dikarolwana di le tharo e leng: <b>tsepamo, lebelo le go buisa ka segalo le maikutlo.</b></p> <p>Go botlhokwa thata gore barutwana ba ribolole ditlhaka le go gakologelwa mafoko ka nepo le ka bonako. Go sa tsepama go ka fetola bokao jwa se se buisiwang, sekao; fa morutwana a buisa '<i>Ke a le rata</i>' go na le '<i>Ke a e rata</i>' o tlaa fitlhelela bokao jo bo fosagetseng jwa se a se buisang.</p> <p>Lebelo le raa go buisa ka lebelo le le siameng, e seng ka bonya kgotsa lefoko ka lefoko. Setswana ke puo e e sa tshwaraganang mme e na le mafoko a a makhutshwane. Ka jalo tllwaelo ya go buisa ka thelelo e tlaa nna ka bonako.</p> <p>Porosodi - E raya go buisa ka maikutlo le mokgwa o o maleba jaaka go emisa nakwana fa go nang le phegelwana kgotsa go emisa fa go nang le khutlo. Se se ka re lemosa fa morutwana a tlhaloganya kgotsa a sa tlhaloganye se a se buisang. Se, se botlhokwa mo dipuong tsa SeAforika go ya ka segalo sa puo. Sekao, '<i>tshela</i>' e na le bokao jo bo farologaneng go ya ka segalo '<i>go tshela botshelo</i>' '<i>go tshela metsi</i>' '<i>go tshela noka</i>'.</p>
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<p><b>O e ruta leng?</b></p>	<p>Se se ka rutiwa ka nako ya Puisokaelo ka ditlhopho le ka nako ya poeletso ya puiso mo ditlhopheng tse dinnye.</p> <p>Ka ntlha ya gore barutwana ba le bantsi ba sa ntse ba ithuta go ribolola ditlhaka mo Mophatong wa 1. Go buisa ka thelelo go ka simololwa sentle mo mephatong wa 2 le 3.</p> <p>Go botlhokwa thata go dira tiro e e tlhamaletseng mo Mophatong wa 3. Go baakanya barutwana go kgabaganyetsa ka fa Mephatong e e magareng, mo ba tlaa simololang go ithuta go tswa mo dibukeng tsa bone tsa go ithuta.</p> <p>Fa o santse o na le barutwana ba ba kgaratlhang mo Mephatong 2 le 3, ba ba buisang ka bonya, boela kwa dithutong tsa tshimologo tse di kwa tlase. Dira le bone medumopuo metsotso e le 15 letsatsi le letsatsi go netefatsa gore ba godisa:</p> <ol style="list-style-type: none"> <li>1. Kitso e e siameng ya tlhaka le modumo.</li> <li>2. Ba ka kopanya medumo e mebedi le go kgaoganya lefoko go ya ka dinoko.</li> <li>3. Kopanya dinoko go dira lefoko.</li> </ol> <p>Go buisa ka thelelo ga go kitla go gola kwa ntle le dikgono tsa motheo.</p>
<p><b>O e ruta jang?</b></p>	<p>Bontsha barutwana ba gago go buisa ka thelelo letsatsi le letsatsi.</p> <p><b>Dikao:</b> Go buisetsa kwa godimo</p>
	<ul style="list-style-type: none"> <li>- Buisetsa barutwana kgang ka thelelo. Ela tlhoko matshwao a puiso, o dirisa segalo se se maleba. Ka go dira jalo morutabana a ka tsoolosa lerato la go buisa le go kgatlhegela dikgang.</li> <li>- Bontsha barutwana mokgwa o o siameng wa go tshwara buka.</li> <li>• Fa ba sa bontshiwa tsela e e siameng ya go buisa, ga ba kitla ba nna babuisi ba tlhwatlhwa. Se, se ba thusa go ithuta go dirisa mantswa a bone go dira bokao jwa setlhangwa se se kwadilweng. Se, se ka ba thusa go dirisa mantswa a bone go thaloganya se ba se buisang. O ka dira se ka nako ya Puisokopanelo, Puiso kwa godimo le Puisokaeloka ditlhopho.</li> <li>• Thusa barutwana go lemoga dikarolwana tsa phetogo medumo mo mafokong jaaka, ditlhogo le megatlana. Ditlhogo ke (mo-ba-se-di-n-di-lodi-) (megatlana) (-ng, -ile, -isa, -ela, -nyana, -ana). Se, se ba thusa go ribolola mafoko a a dirisiwang kgapetsakgapetsa mme se tla tokafatsa go buisa ka thelelo ga bone.</li> <li>• Ka dinako tsotlhe neela dipolelo tse di siameng ka tsela e e siameng ya go ba tshegetsatsa. Fa ba buisa go sena bokao kgotsa ba kgaoganya dinoko, ba botse dipotso tse di latelang: <ul style="list-style-type: none"> <li>- A o utlwala sentle?</li> <li>- A se se supa bokao?</li> <li>- Buisa temana gape mme o dire gore o utlwale sentle.</li> </ul> </li> </ul>
<p><b>Didiriswa</b></p>	<p>dibuka tsa puiso, dibuka tsa tiro tsa DBE</p>

<p><b>O lemoga jang dikgwetlho mo karolwaneng e?</b></p> <p><b>Tsereganyo</b></p>	<ul style="list-style-type: none"> <li>Fa morutwana a buisa lefoko ka lefoko mme a le kgaoganya ka dinoko.</li> <li>Fa morutwana a buisa ka bonya jo bo feteletseng.</li> </ul> <ol style="list-style-type: none"> <li>Barutwana ba reetse go tswa mo radio kgotsa DVD ba ntse ba sala sebui morago.</li> <li>Barutwana ba buise ka sebedi (morutabana a beye morutwana yo o buisang ka segalo se se elelang le morutwana yo o sa kgoneng)</li> </ol>
<p><b>Gakologelwa:</b></p>	<p>Barutabana bangwe ka phoso, ba akanya gore puiso molomo ka thelelo e dira gore barutwana ba buise ka bonako. Le fa maitlhommo a puiso, e le go kgontsha barutwana go buisa ka thelelo le ka go tthaloganya, se ga se kae gore go buisa ka lobelo ke se se tlhokegang. Morutabana o tshwanetse go ela tlhoko tsepamo, segalo se se siameng le go neela ditšhono di le dintsi tsa go ikatisa. Lebelo lo okediwa ka go ikatisa.</p>


### 2.3 Go tthaloganya

Go ya ka pegelo ya boditšhabatšhaba ya PIRLS 2016, e bontsha gore barutwana ba mophatho wa 4, ga ba kgone go buisa ka go tthaloganya. Go tthaloganya ke nngwe ya dikarolo tse di ikgatolosiwang mo diphaposing. Barutabana go le gantsi ba tlhatlhoba go tthaloganya fela go sa rutwa. Sekao: Barutwana ba bodiwa dipotso gotswa mo setlhangweng. Go botlhokwa gore barutabana ba kgato ya motheo ba ele tlhoko go agelela kitso ya barutwana go tthaloganya.



**Sebopego 3: Dikarolo tsa go tthaloganya puiso**

### 2.3.1 Kitso ya tlotlofoko

Kgweditsharo	Kitso ya tlotlofoko
<p><b>Ke eng?</b></p> <p><b>Go reng?</b></p>	<p>E raya kitso ya mafoko mo puong, mme e akaretsa mopeleto, kapodiso, maina le madiri. Kitso ya tlotlofoko e lekanyediwa ka palo ya mafoko jaaka mafoko a le 40 ka motsotso mo Mophatong wa 1.</p> <p>Tlotlofoko ke pilara ya puo ya molomo le e e kwalwang. Fa barutwana ba itse mafoko a le mantsi go tokafatsa kutlo, puiso le go kwala. Barutwana ba dira botoka mo dirutweng ka kakaretso.</p>
<p><b>O e ruta leng?</b></p>	<p>Kago ya tlotlofoko e simolola kwa Mophatong wa R go fitlha mo Mophatong wa motheo. Morutabana o tla godisa kitso ya tlotlofoko ya barutwana letsatsi le letsasi mo ngwageng.</p> <p>Ka go dirisa dipapetlana tsa mafoko le ditshwantsho.</p> <ul style="list-style-type: none"> <li>• Ka go dirisa dilwana tsa nnete.</li> <li>• Ka go ruta makaelagonwe.</li> <li>• Ka go diragatsa.</li> </ul>
<p><b>O e ruta jang?</b></p>	<p>Mafoko a fitlhelwa ka ditsela di le pedi</p> <p><b>Dikao:</b> Ka go:</p> <ul style="list-style-type: none"> <li>- tshameka le ditsala mme ba bua ba kgona go oketsa tlotlofoko ya bone</li> <li>- buisa dibuka dikgang</li> </ul> <div style="text-align: center;">  </div> <ul style="list-style-type: none"> <li>- reetsa Morutabana/motsadi a buisa</li> </ul>



- tlotla
- dirisa dipolelo ba neela mabaka
- neewa tshegetso ya go ithuta tlotlofoko ba gololosegile.
- bontsha, kapodisa le go tlhalosa lefoko.
- dirisa lefoko mo polelong
- baya mafoko mo leboteng
- kwala mafoko a mašwa mo dibukeng tsa bone tsa mafoko.

### KGOLU YA TLOTLOFOKO

#### TSHIMOLOGO YA GO ITHUTA KA GO TSHWANTSHANYA

E diragala fa o reeditse /buisa.  
Bontsi jwa mafoko a ithutiwa ka  
mokgwa o(1000-2500 mafoko  
ka ngwaga)

Puo ya Morutabana e e  
humileng ka tlotlofoko le puiso  
ya dikwalo.

#### THUTO E E TLHAMALETSENG

E botlhokwa mo sekolong se se  
potlana

bonnye jwa mafoko bo ithutiwa ka  
mokgwa o (± 600-900 ka ngwaga), ka  
tsenelelo

Dibuka tsa mafoko tsa barutwana.  
Thanodi.

#### Go dira ditšhono tsa go ithuta mafoko go tshwantshanya.

- Go dira phaposi e e humileng ka ditshwantsho le tlotlofoko.
- Buisetsa barutwana dikgang tse dintsi ka nako ya puisokopanelo le puisetsogodimo.
- Rotloetsa barutwana go buisa ka bobona kgotsa ka sebedi.

#### Go dira ditšhono tsa go ithuta o dirisa thuto e e tlhamaletseng.

- Ka metlha boeletsa mafoko a le matlhano pele o buisa kgang e ntšhwa.
- Dirisa mafoko a mašwa gangwe le gape mo bekeng.
- Barutwana ba newe teko ya mafoko a a rutilweng labotlhano mongwe le mongwe.
- Barutwana ba kwale mafoko mo dibukeng tsa mafoko.
- Boeletsa puiso ya dikgang gore ba tle ithute mafoko a mašwa
- Barutwana ba bontshiwe go fetola madiri go nna maina.
- Rotloetsa barutwana go buisa ka nosi kwa gae.

**Didiriswa** dibuka tsa mefuta e e farologaneng, dibuka tsa mafoko tsa barutwana, dikarata tsa mafoko, dikarata tsa medumopuo, diphousetara le thanodi.

**Tlathobo** Neela barutwana mafoko go bopa dipolelo.


Barutwana ba neela tlhaloso ya mafoko.

<b>O ka lemoga jang dikgwetlho mo karolong e?</b>	Fa barutwana ba buisa ba sa tthaloganyane. Fa ba sa tthaloganyane go dirisa lefoko ka nepo.
<b>Tsereganyo</b>	<ol style="list-style-type: none"> <li>1. Morutabana o bua mafoko le mme barutwana ba neele bokao jwa ona.</li> <li>2. Morutabana o biletsa barutwana lefoko, mme ba thale setshwantsho sa lefoko leo.</li> </ol>
<b>Gakologelwa</b>	Rotloetsa barutwana go dirisa mafoko a a farologaneng fa ba bua le fa ba kwala go na le a a tlwaelegileng sk koloi – sejanaga.


### 2.3.2 Kitso kakaretso

<b>Kgweditharo</b>	<b>Kitso kakaretso</b>
<b>Ke eng?</b>	E raya kitso e morutwana a tlang a na le yona fa a tla sekolong. Kitso e e dirisiwa go agelela kitso e e tlhomameng ya dirutwa tse di farologaneng. Fa morutwana a buisa kgapetsakgapetsa, kitso ya gagwe e a gola. O kgona go ithuta ka tsa lefatshe le batho ka kakaretso.
<b>Go reng?</b>	Mo nakong ya jaanong tshedimosetso e a kwalwa. Batho ba ba kgonang go buisa le go kwala ba kgona go fitlhelela kitso eo bonolo mme ba bone ditiro. Go bokete go ithuta ka dikakanyo le megopol o mešwa fa o sena tlotlofoko e e maleba.
<b>O e ruta leng?</b>	E rutwa go simolola mo Mophatong wa R go fitlha go mo Mophatong wa 3.
<b>O e ruta jang?</b>	<ul style="list-style-type: none"> <li>• Ka goneela barutwana setlhogo se se jesang monate.</li> <li>• Barutwana ba buisa go le gontsi ka tsa lefatshe le batho.</li> <li>• Go dirisa thitokgang go oketsa tlotlofoko.</li> <li>• Go botsa dipotso tse dibulegileng.</li> </ul>
<b>Didiriswa</b>	dibuka tse di farologaneng le tafole ya thitokgang.
<b>Tlathhobo</b>	Go batlisisa tse ba di ratang go oketsa dikgono tsa puiso le dipalo.
<b>O ka lemoga jang dikgwetlho mo karolong e?</b>	Barutwana ga kgone go neelana ka maitemogelo a bona.
<b>Tsereganyo</b>	<ol style="list-style-type: none"> <li>1. Tlotlela barutwana kgang e e itumedisang.</li> <li>2. Barutwana ba tlotle ka seo ba se bonang mo phousetareng.</li> </ol>
<b>Gakologelwa</b>	Go ithuta go ngoke kgatlhego ya barutwana go natifisa phaposiborutelo. Dira phaposiborutelo go nna lefelo le le itumedisang la go ithuta.


### 2.3.3 Go tsosolosa kitso ya lemorago

<b>Kgweditsharo</b>	<b>Go tsosolosa kitso ya lemorago</b>
<b>Ke eng?</b>	Kitso ya lemorago ke se barutwana ba setseng ba se itse ka ga setlhogo. Morutabana a ka se dira fa a ruta Dipalo, Puo ya Gae kgotsa Dikgono tsa Botshelo.
<b>Go reng?</b>	Barutwana ba ithuta botoka fa ba ithuta go tswa mo go se ba setseng ba se itse. Go thusa barutwana go tsaya karolo mo tshimologong ya serutwa.
<b>O e ruta leng?</b> <b>O e ruta jang?</b>	<p>Go simolola mo Mophatong wa R</p> <p>E rutwa pele o buisa le ka nako ya fa o buisa. Morutabana a golaganye kgang le se barutwana ba setseng ba se itse.</p> <p><b>Sekao:</b></p> <ul style="list-style-type: none"> <li>- Baesekele e na le maotwana a le kae?</li> </ul>  <ul style="list-style-type: none"> <li>- Morutabana a ka akanyetsa kwa godimo jaaka, Ke eng se ke se itseng ka ga setlhogo? (A dire jalo ka go gatelela monwana mo phatlheng) Mmm, e re ke akanye...</li> <li>- Buisa setlhogo mme o botse dipotso mabapi le sona.</li> <li>- Buisa lefoko kgotsa mafoko go tswa mo setlhangweng mme o kope barutwana go neela makaelagongwe a mafoko ao.</li> <li>- Dirisa setshwantsho sengwe le sengwe mme o botse barutwana ka se ba se itseng ka setshwantsho.</li> </ul>
<b>Didiriswa</b>	diphousetara, dibuka le ditshwantsho
<b>Tlhatlhobo</b>	Botsa barutwana dipotso mabapi le setlhogo, bo ka fa ntle jwa buka le ditshwantsho.
<b>O ka lemoga jang dikgwetlho mo karolong e?</b>	Barutwana bangwe ba ka palelwa ke go araba dipotso.
<b>Tsereganyo</b>	Barutwana ba ka newa tirogae go batlisisa ka setlhogo.
<b>Gakologelwa</b>	Kitso ya lemorago e thusa barutwana go tlhaloganya bonolo.

### 2.3.4 Go bonelapele.

<b>Kgweditsharo</b>	<b>Go bonelapele.</b>
<b>Ke eng?</b>	Go bonelapele se se tla diragalang mo setlhangweng.
<b>Go reng?</b>	Ponelopele e thusa barutwana go tsepamisa megopolo mo go se batla se buisang. Barutwana ba kgatelegela go bona fa ponelopele ya bona e le nnete kgotsa e se nnete.
<b>O e ruta leng?</b>	Go simolola ka Mophato wa R - 3.
<b>O e ruta jang?</b>	<ul style="list-style-type: none"> <li>- Rotloetsa ponelopele fa o itsise barutwana kgang, pele o e buisa le ka nako ya fao e buisa.</li> <li>- Pele o buisa kgang, ka nako ya fao o e buisa le fao o fetsa go e buisa. Kwa bofelong botsa barutwana gore ke ponelopele efe ya bone e e leng ya nnete.</li> <li>- Pele o buisa kgang le barutwana, tlotlang ka setlhogo le ditshwantsho.</li> </ul> <p><b>Sekao:</b></p> <ul style="list-style-type: none"> <li>- Fa e le kgang e e akaretsang dinonyane, o ka botsa barutwana dipotso mabapi le setshwantsho jaaka,</li> <li>- Nonyane e kotame fa kae?</li> <li>- O akanya gore nonyane e akanya eng?</li> </ul> <p>Tswelela ka go buisa kgang mme o lekole gore ponelopele e ne e siame kgotsa e sa siama.</p>
	
<b>Didiriswa</b>	dibuka le ditshwantsho
<b>Tlhatlhobo</b>	<p>Morutabana a ka botsa barutwana dipotso jaaka:</p> <ul style="list-style-type: none"> <li>- O akanya gore kgang e tla nna ka ga eng?</li> <li>- Go tla diragala eng morago ga se?</li> <li>- Go tla diragala eng kwa bofelong?</li> </ul> <p>Dikarabo tsa bone di bontshe gore ba dirisa kitso ya lemorago kgotsa ditshwantsho tsa setlhangwa kgotsa kgang go neela mabaka.</p>
<b>O ka lemoga jang dikgwetlho mo karolong e?</b>	Barutwana b aka palelwa ke neelana ka ponelopele e e maleba
<b>Tsereganyo</b>	<ol style="list-style-type: none"> <li>1. Morutabana a botse barutwana dipotso tse di bulegileng ka ditshwantsho jwa buka.</li> <li>2. Morutabana ka dirisa ditshwantsho go thusa barutwana go akanya.</li> </ol>
<b>Gakologelwa</b>	Go ruta ka ponelopele ga go reye gore go na le karabo e e nepagetseng le e e sa nepagalang. Ke go dirisa lesedinyana ka ditshwantsho go bonela pele ka se se tla diragalang.


### 2.3.5 Go golaganya dikakanyo

Kgweditharo	Go golaganya dikakanyo
Ke eng?	Ke go dirisa tshedimosetso go tswa mo setlhangweng kgotsa mo kgannyeng go dira tshwetso ka se se sa tlhageleleng sentle. Ke golaganya dikakanyo di le pedi kgotsa go feta.
Go reng?	Go thusa barutwana go tlhaloganya setlhangwa botoka. E thusa barutwana go araba dipotso tsa maemo a a kwa godimo. Go golaganya dikakanyo e ka nna tsela e e matlafetseng go thusa babuisi go tlhaloganya le go nna le bokao jo bo tseneletseng.
O e ruta leng?	Go simolola ka Mophato wa R - 3. E ka rutiwa nako nngwe le nngwe pele o buisa, ka nako ya go buisa le fa morago ga go buisa. Morutabana a ka rotloetsa barutwana go golaganya dikakanyo ka nako ya fa ba buisa ka nosi kgotsa ka sebedi.
O e ruta jang?	<p>■ Tlhalosetsa barutwana gore go golaganya dikakanyo ke eng.</p> <p>Sekao:</p> <ul style="list-style-type: none"> <li>- Ulu e ka dirisetswa go dira eng?</li> </ul> <p>Barutwana ba se tse ba itse ulu ka jalo ba bua gore e dirisediwa eng.</p> 
Didiriswa	Ditshwantsho kgotsa pousetara ya dilwana tse barutwana ba setseng ba di itse.
Tlhatlhobo	Botsa barutwana dipotso ka se se ka ba bontshang kgolaganyo ya dikakanyo. Sekao: - Tiro ya morutabana ke go dira eng?
O ka lemoga jang dikgwetlho mo karolong e?	Barutwana ba palelwa ke go golaganya se ba se buisang le ditiragalo tsa letsatsi le letsatsi.
Tsereganyo	Go botsa dipotso tse di ka go kgontsang go golaganya tshedimosetso ya setlhangwa le se ba se itseng.
Gakologelwa	Go golaganya go thusa barutwana ba ba bokoa, magareng le ba ba kgonang go godisa maitemogelo a bona fa ba buisa.


### 2.3.6 Go bopa tshwantshokgopolo

<b>Kgweditsho</b>	<b>Go bopa tshwantshokgopolo.</b>
<b>Ke eng?</b>  <b>Go reng?</b>	Ke go bopa setshwantsho mo kakanyong ka se o buisang ka ga sone.  <ul style="list-style-type: none"> <li>- Go tsosolosa ditemusi tsa barutwana.</li> <li>- Go thusa barutwana go golaganya ditshwantsho le se ba se buisang.</li> <li>- Go nna le kutlwisiso e e botoka.</li> <li>- Go ba thusa go gopola se ba se buisitseng.</li> <li>- Go thusa go dira kgang gonna ya nnete.</li> </ul>
<b>O e ruta leng?</b>	Go simolola ka Mophato wa R - 3. E ka rutiwa nako nngwe le nngwe pele o buisa, ka nako ya go buisa le fa morago ga go buisa. Morutabana a ka rotloetsa barutwana go golaganya dikakanyo ka nako ya fa ba buisa ka nosi kgotsa ka sebedi.
<b>O e ruta jang?</b>	Ka go botsa barutwana dipotso tse di ka dirang gore ba nne le tshwantshokgopolo. <b>Sekao:</b> <ul style="list-style-type: none"> <li>- Fa pula e na ka dikgadima, go diragala eng?</li> </ul> Tlhopa tiragalo nngwe e e bonolo e bile e itumedisa go tswa mo kgannyeng. Dirisa lentswe le dikarolo tsa mmele go dira tshwantshokgopolo e nne bonolo le go itumedisa.
<b>Didiriswa</b>	diphousetara le ditshwantsho
<b>Tlhatlhobo</b>	Botsa dipotso tse di nang le tshusumetso ya go akanya. <b>Sekao:</b> <ul style="list-style-type: none"> <li>- Fa o thala setshwantsho sa letsatsi, o ka dirisa mmala ofe go se khalara?</li> </ul>
<b>O ka lemoga jang dikgwetlho mo karolong e?</b>	Fa barutwana ba palelwa ke go ikakanyetsa.
<b>Tsereganyo</b>	1. Barutwana ba bopa popego ya baanelwa mo kgannyeng e e totileng Sekao: <ul style="list-style-type: none"> <li>- Dimo e ne e le phologolo e e ntseng jang?</li> </ul>
<b>Gakologelwa</b>	Go go na mokgwa o o nepagetseng kgotsa o o sa nepagalang go bopa tshwantshokgopolo. Maikaleleo ke go tsosolotsa dikakanyo tsa barutwana le gore ba tsee karolo mo kgannyeng.

### 2.3.7 Go tlaola dintlha tsa kgang.

<b>Kgweditlharo</b>	<b>Go tlaola dintlha tsa kgang.</b>
<b>Ke eng?</b>	Ke dikarolo tsa kgang ke tse dilatelang: <ul style="list-style-type: none"> <li>- lefelokgang.</li> <li>- baanelwa.</li> <li>- poloto.</li> <li>- thitokgang.</li> <li>- dintlhakgolo.</li> </ul>
<b>Go reng?</b>	Go thusa barutwana go tlaola tshedimosetso e e maleba go tlhaloganya kgang. Go neela barutwana ditaello tse di maleba, go tlaa ba thusa go gopola ditiragalo tsa kgang, tatelano ya tsone bonolo le go sobokanya kgang kwa bofelong. Go tokafatsa go tlhaloganya ga barutwana fa ba buisa.
<b>O e ruta leng?</b>	Go simolola ka Mophato wa R -3.
<b>O e ruta jang</b>	Dirisa seatla mme monwana mongwe le mongwe o bontshe ntlha ya kgang. <div style="text-align: center;">  </div> <p><b>Sekao:</b>  <b>Pule kwa sekolong.</b>  Pule o ne a relela a ba a wela fa fatshe. O tletse seretse gotlhe, e bile o metsi. O tlaa tshwanelwa ke go ya gae a ye go apara diaparo tse dingwe. Rapula o tsamaya le ena.</p> <ol style="list-style-type: none"> <li>1. Lefelokgang – Kwa sekolong</li> <li>2. Baanelwa - Pule le Rapula.</li> <li>3. Bothata – Diaparo di kolobile.</li> <li>4. Tharabololo – go apara diaparo tse di omileng.</li> <li>5. Thitokgang – Maemo a bosa.</li> </ol>
<b>Didiriswa</b>	Phousetara ya mebalabala e e nang le seatla se se bontshang dintlha tsa kgang, Dipapetlana tsa dintlha tsa kgang.
<b>Tlhatlhobo</b>	Go botsa barutwana dipotso tse di maleba ka dikarolo tsa kgang.
<b>O ka lemoga jang dikgwetlho mo karolong e?</b>	Barutwana ba nna le bothata ba go ipopela tshwantshokgopolo ka se ba se neilweng.
<b>Tsereganyo</b>	1. Anegele barutwana ka dikgang tse di leng maleba le matshelo a bone.
<b>Gakologelwa</b>	Mokgwa o o dirisiwa fela mo kanelong e seng mo dikwalong.

### 2.3.8 Go lekola le go baakanya mekgwa ya go tthaloganya.

<b>Kgweditharo</b>	<b>Go lekola le go baakanya mekgwa ya go tthaloganya.</b>
<b>Ke eng?</b>	Ke go ela tlhoko se se diragalang ka nako ya puiso le gore go a tthaloganyega. Dipatlisiso di re lemosa gore babuisi ba ba kgonang go buisa ba kgona go lemoga fa ba sa tthaloganye. Ba ba bokoa ga ba kgone go lemoga fa ba sa tthaloganye mme ba tswelele ka go buisa.
<b>Go reng?</b>	Puiso ke ka go tthaloganya se o se buisang. Go ba thusa gape go araba dipotso mabapi le kgang. Barutwana ba itumelela go buisa fa ba tthaloganya.
<b>O e ruta leng?</b>	Go simolola ka Mophato wa R - 3. Fa barutwana ba kgona go dirisa mekgwa e mengwe ya go buisa.
	<ul style="list-style-type: none"> <li>- Pele ba buisa - Nako ya go buisa - Morago ga go buisa.</li> <li>- Di dirisiwa ka nako ya Puisokopanelo, Puisokaelo ka ditlhophha, Puiso ka sebedi kgotsa ka nosi.</li> </ul> <p>Morutabana o tshwanetse go lekola fa barutwana tthaloganya fa ba ntse ba buisa. Morutabana a rotloetse barutwana go dirisa mekgwa wa go itekola fa ba dira puiso ka nosi kgotsa puiso ka bobedi.</p>
<b>O e ruta jang?</b>	Go dirisa dipapetlana tse di ba rotloetsang go ema fa ba buisa go itekola fa ba tthaloganya se ba buisang le go akanya ka se ba buisitseng ka sona. Morutabana o tshwanetse go lekola fa barutwana tthaloganya fa ba ntse ba buisa. Morutabana a rotloetse barutwana go dirisa mekgwa wa go itekola fa ba dira puiso ka nosi kgotsa puiso ka sebedi.
	<p><b>Ema</b></p>  <p>Morutwana o dira tse di latelang go lekola fa a tthaloganya le go baakanya se a sa se tthaloganyeng:</p> <ul style="list-style-type: none"> <li>- O buisa gape fa a sa tthaloganyang.</li> <li>- O tlhola dintlha tse di marara.</li> <li>- O buisa go ya kwa bofelong jwa temana gore a nne le bokao jo bofeletseng.</li> <li>- O botsa morutabana go tthalosa mafoko a a sa a itseng le go batla bokao mo thanoding.</li> </ul>
<b>Didiriswa</b>	Dipapetlana tse di bontshang go itekola fa ba buisa.
<b>Tlhatlhobo</b>	Go botsa barutwana dipotso tse di farologaneng ka ga dikarolo tsa kgang.
<b>O ka lemoga jang dikgwetlho mo karolong e?</b>	Fa barutwana ba sa kgone go araba dipotso.
<b>Tsereganyo</b>	<ol style="list-style-type: none"> <li>1. Barutwana ba rutiwe ka ditlhophha tse di nnye.</li> <li>2. Temana e nne bonolo e bile e nne khutshwane.</li> </ol>
<b>Gakologelwa</b>	Dira phaposi e nne lefelo le le babalesegileng gore barutwana ba kgone go araba dipotso ka phuthologo.

### 2.3.9 Mekgwa ya go tlhaloganya

Kgweditsharo	Mekgwa ya go tlhaloganya
Ke eng?	Ke thulaganyo e re e dirisang fa re buisa go tlhaloganya setlhangwa botoka.
Go reng?	Barutwana ba ithuta go buisa setlhangwa ka kelotlhoko mme ba tlhaloganye botoka. Barutwana ba ijesa monate ka setlhangwa mme seo se dira gore ba batle go buisa go feta foo. Mekgwa e merataro ya go buisa: <ul style="list-style-type: none"> <li>- go tsosolosa kitso ya lemorago.</li> <li>- go bonelapele.</li> <li>- go golaganya.</li> <li>- go bopa tshwantshokgopolo.</li> <li>- go tlaola dintlhakgolo tsa kang.</li> <li>- go lekola le go baakanya mekgwa ya go tlhaloganya.</li> </ul>
O e ruta leng?	Mo Mophatong wa R - 3. Di ka dirisiwa pele o buisa, ka nako ya puiso kgotsa morago ga puiso.
O e ruta jang?	Morutabana o dirisa mekgwa e mene e e latelang <ul style="list-style-type: none"> <li>- Morutabana a ka dirisa ditshwantsho go leka go tlhaloganya.</li> <li>- Tlotlela barutwana lemorago la kang.</li> <li>- Tsosolosa kitso ya lemorago ka go botsa dipotso,</li> </ul> <b>Sekao:</b> <ul style="list-style-type: none"> <li>- akanya gore ke eng se se tla diragalang?</li> <li>- Go tla diragala eng kwa bofelong?</li> </ul> Mokgwa o wa go ruta ke sedirisiwa se se thusang thata mo phaposing letsatsi le letsatsi.
Didirisiwa	diphousetara tsa mebala, dipapetlana tsa ponelopele.  <b>Sekao:</b> <div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: fit-content;">Kwa bofelong go tliile go diragala eng?</div> <div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: fit-content;">Moanelwamogolo a ka dira eng?</div>
Tlhatlhobo	Barutwana ba araba dipotso ka nako ya Puisokaelo ka ditlhopho.
O ka lemoga jang dikgwetlho mo karolong e?	Fa morutwana a neetswe tshono ya go tlhopho papetlana a ba a sa kgone go tlhaloganya ponelopele.
Gakologelwa	Mekgwa ya go tlhaloganya e dirisiwe ka nako ya puiso. Barutwana ba thuse barutwana ba ba palelwang ke go tlhaloganya puiso.

#### MEKGWA YA GO BUISA KA GO TLHALOGANYA

<p><b>1. Go tsosolosa kitso ya pele</b></p>	<p>Go golaganya setlhogo le setlhangwa le se o se itseng <i>Ke itse eng ka ga setlhangwa se?</i></p>
<p><b>2. Go dira diponelopele</b></p>	<p>Go dira phopholetso ka se setlhangwa e leng ka ga sone le gore go tlaa diragala eng o dirisa kitso ya gago le metlhala mo setlhangweng. <i>Kgang e ya go nna ka ga eng? Ke akanya gore go tlaa diragala eng?</i></p>
<p><b>3. Dira dikgolagano</b></p>	<p>O dirisa metlhala go bona kgolaganyo magareng ga se se buiwang le setlhangwa le se se tshitsintsweng. <i>Ke eng se mokwadi a sa se tlhagiseng? Ke dikgolaganyo di fe tse nka di dirang?</i></p>
<p><b>4. Go ipopela setshwantsho mo tlhaloganyong</b></p>	<p>Go ipopela setshwantsho mo tlhaloganyong ka sengwe se se mo setlhangweng o dirisa ditemusi. <i>Fa ke tswala matlho, ke setshwantsho se fe se se tlang mo mogopolong fa ke buisa se?</i></p>
<p><b>5. Go lemoga dintlhakgolo mo kgannyeng</b></p>	<p>Lemoga dintlhakgolo mo setlhangweng mabapi le maitshetlego, baanelwa, marara le tharabololo. Dikarolokgolo tsa kgang e ka nna lefelokgang, baanelwa, bothata jo bogolo go rarabolola bothata (ditiragalo tse di thusang go rarabolola bothata) le mogopolo go fetisa molaetsa. <i>Nka dirisa menwana e metlhanano go lemoga dintlha di le tlhano jaaka di diragala mo kgannyeng</i></p>
<p><b>6. Go dirisa mekgwa e e farologneng go thusa go tlhaloganyana</b></p>	<p>Fa o buisa mme o sa tlhaloganyane, dirisa mekgwa e e latelang go go thusa go tlhaloganyana:</p> <ul style="list-style-type: none"> <li>• boeletsa go buisa karolo e o sa e tlhaloganyeng;</li> <li>• karolo e e go nayang bothata, e ka nna (lefoko, mafoko, polelo, temana)</li> <li>• buisa go fitlha kwa bofelong mme o bone gore ga o kitla o tlhaloganyana</li> <li>• dirisa thanodi go bona tshaloso ya mafoko kgotsa botsa morutabana</li> </ul>

## 2.4 Tsibogo ya mmuisi

### 2.4.1 Kgatlhego

Kgweditharo	Kgatlhego
Ke eng?	Ke go kgatlhegela sengwe kgotsa mongwe. Barutwana ba tshwanetse go kgatlhegela puiso le botlhokwa jwa yone, le go e bona jaaka sengwe se se ba itumedisang.
Go reng?	Fa kgatlhego ya barutwana e gola le lerato la puiso le tla oketsega. Fa barutwana ba tlwaela go buisa batla nna babuisi ba ba botoka, tlotlofoko le kitsokakaretso di a gola.
O e ruta leng?	Go rotloetsa barutwanana go kgatlegela dibuka le go buisa go simolola kwa dingwageng tse di kwa tlase. Barutabana ba Mophato wa R ba tshwanetse go tsosolotsa kgatlego e go sa le gale ka go agelela le go natlafatsa motheo wa puiso
O e ruta jang?	<ul style="list-style-type: none"> <li>Gopotsa barutwana ka ga dipoelo tse dintle tsa puiso. Ka puiso fela ba ka itse mafatshe. Puiso e bula lefatshe la kitso le dipoelo tse di ntsi.</li> <li>Rotloetsa barutwana go simolola ditlhotswana tsa dibuka mme o ba tshegetse mo ditlhopheng tse.</li> <li>Bua le barutwana ka ga dibuka tsa Puo ya Gae, bakwadi, babegadikgang le baboki ba puo ya Setswana. Fa o fitlhela ditshwantsho tsa bakwadi ba dibuka tsa Setswana le borra-dikgang tsa Setswana ba laletse kwa phaposing gore ba abelane dikgang le barutwana.</li> <li>Botsa barutwana ka se ba ratang go buisa ka sone, tlotla ka ga dikgatlhegelo tsa bone mme o bone gore o ka ba naya dibuka dife go tsweletsa kgatlhegelo e.</li> <li>Nna le kolomo mo letlapeng kwalelo le setlhogo: Go reng ke rata puiso. Mo mosong mongwe le mongwe pele o ka simolola ka kitso ya puisokwalo, botsa morutwana a le mongwe kgotsa ba le babedi gore go reng ba rata puiso le gore puiso ke eng, se ba se ratang ka puiso le go kwala dikarabo tsa bone mo letlapakwalelong. Dira se mo malatsing a le 10. Barutwana batla simolola go buisana le go kgatlhegela setlhogo.</li> </ul>
Didiriswa	Phaposi e kgabileng / humile ka ditshwantsho tsa tlotlofoko le kitso ya Setswana e tsenyeletsang dibuka tsa puiso, dibuka tse dikgolo, dibuka tsa ditshwantsho le makasine. Sengwe le sengwe sa mokwalo o godisitsweng se ka ngokela barutwana jaaka ditshamekisi le malepa.
O ka lemoga jang dikgwetlho mo karolong e?	Ela tlhoko barutwana ba ba palelwang ke go buisa. Kgatlhego ya bona e kwa tlase gonne ba nna le dikgwetlho mo puisong. Leka go oketsa bokgoni jwa bone jwa go buisa. Ela tlhoko barutwana ba ba itseng go buisa mme ba sa rate go buisa. Batla se se tla ba ngokang le go bona dibuka tse ba ka di kgatlhegelang.
Tsereganyo	Morutabana a tlohpe dibuka tse di nang le kgogedi go barutwana. Barutwana ba fiwe tšhono ya go buisa buka e ba e kgatlhegelang.
Gakologelwa	Go botlhokwa go tsosolosa megopolo ya barutwana ka puiso ba sa le banyye.

## 2.4.2 Maitsholo le thotloetso

Kgweditharo	Maitsholo le thotloetso
<p><b>Ke eng?</b></p> <p><b>Go reng?</b></p>	<p>Thotloetso ke keletso ya go rata go dira sengwe le maikemisetso a go se dira. Barutwana ba tshwanetse go rotloediwa gangwe le gape go buisa le go bona puiso jaaka sengwe se se namatshang e bile se itumedisa.</p> <p>Fa barutwana ba bona puiso le dibuka e le sengwe se se namatshang, ba tlaa batla go tswelala ka go buisa, fa ba ntse ba tswelala ka go buisa ba tlaa tokafala mme ba ithuta thata ka puiso.</p>
<p><b>O e ruta leng?</b></p>	<p>Go aga maitsholo a a namatshang mo puisong le mo dibukeng go botlhokwa thata mo motheong o o kwa tlase e bile go rotloetsa barutwana go buisa. Se, se ka simololwa mo Mophatong wa 1 go tswelala mo sekolong se se potlana. Dipatlisiso di supa gore fa re ba simolola go sa le gale, re ba dira babuisi ba ba nang le maatlametlo e bile ba buisetsa go ijesa monate. Ka jalo e tlaa nna babuisi ba leruri.</p>
<p><b>O e ruta jang?</b></p>	<p>Tlhama dikopano tse di itumedisang tsa puiso ka nako ya Puisokopanelo, Puisokaelo ka ditlhopho le Go buisetsa kwa godimo. Ba dire sengwe se phaposiborutelo e tlaa e bonelang kwa pele e bile ba e itumelela.</p> <p>E ka rutwa ka mokgwa go abelana dibuka tsa dikgang le tsa tshedimosetso le go nna le dipuisano tse di kgalhisang ka ga batho le ditragalo mo dikgannyeng le go ithuta dilo tse dintšhwa ka dibuka tse tsa tshedimosetso.</p> <p>Batlisisa gore laeborari ya bosetšhaba e kwa kae mme o rotloetsa barutwana le batsadi ba bone go nna maloko a yone. Se, se tlaa ba neela bokao jwa go nna maloko a morafe o o buisang go tswela kwa ntle ga phaposiborutelo.</p> <p>Go botlhokwa go rotloetsa barutwana ba ba buisang thata go tswelala ka go buisa. Netefatsa gore ba na le dibuka tse di mo seemong se segolwane sa bokgoni jwa puiso ya bone. Fa ba buisa fela dibuka tse di bonolo bokgoni jwa puiso ya bone bo ka ya kwa tlase kgotsa ba nyelela.</p>
<p><b>Didiriswa</b></p>	<p>Dibuka tsa go buisa tsa phaposi, dibuka tsa laeborari, dibuka tsa mekwalo e e seng ya nnete le mekwalo ya nnete.</p>
<p><b>O ka lemoga jang dikgwetlho mo karolong e?</b></p>	<p>Fa barutwana ba sa bontshe kgalhego mo dibukeng kgotsa ba se na thotloetso ya go buisa.</p>
<p><b>Gakologelwa</b></p>	<p>Go bonolo go rotloetsa bana ba ba nnye go buisa go na le bana ba ba golwane. Fa barutabana ba godisa tlwaelo ya go buisa mo mephatong e e potlana, e tla dira gore ba tswelale go buisa fa ba le kwa dikolong tse dikgolwane.</p>

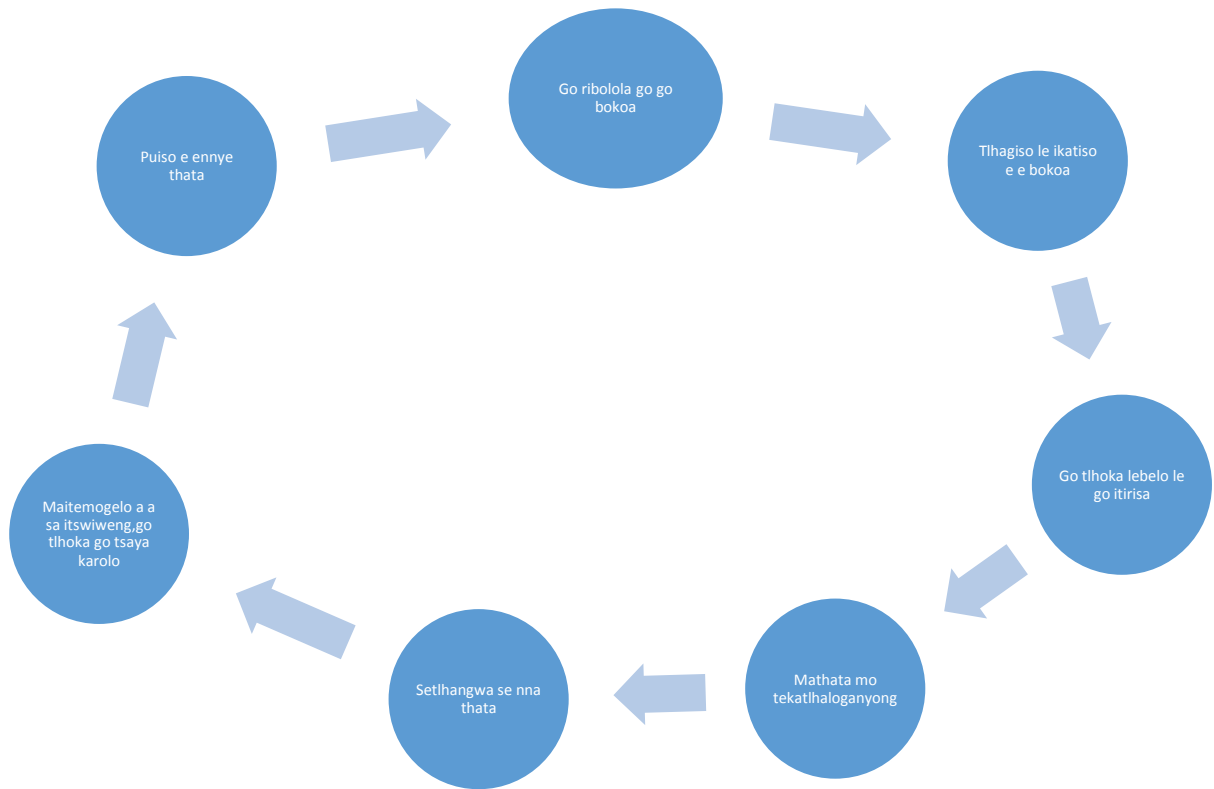
### 2.4.3 Dikgantshwane

Kgweditharo	Dikgantshwane
<p><b>Ke eng?</b></p> <p><b>Go reng?</b></p>	<p>Barutwana ba tshwanetse go nna gaufi le dikgantshwane tse di nang le bokgoni jo bo maleba jwa go buisa. Bagokgo le barutabana ba tshwanetse go dira setlwaedi sa go buisa kwa dikolong tsa bone, gore barutwana ba kgone go bona letsatsi le letsatsi gore: dibuka di a tlotliwa, go nna mmuisi yo o tlhwatlhwa ke selo se sentle le gore go ithuta ka ga lefatshe ke selo se siameng. Se, se botlhokwa thata mo barutwaneng ba ba tswang kwa magaeng a a nang le dibuka di le mmalwa kgotsa kitso e nnye ya puisokwalo.</p> <p>Barutwana ba tsaya malebela mo go ba bangwe. Go bolelela barutwana gore puiso e botlhokwa ga go a lekana, ba tshwanetse go bona bagolo ba ba buisang le go tlotla dibuka mo tikologong ya bone.</p>
<p><b>O e dira leng?</b></p>	<p>Barutabana ba tshwanetse gonna dikgantshwane tsa go buisa mo mephatong yotlhe e ba e rutang mo thutong ya motheo.</p>
<p><b>O e dira jang?</b></p>	<p>Itlame go nna mmuisi ka go ikgolaganya le laeaborari ya mo tikologong ya gago. Go nna le karata ya laeaborari ke go supa boleng jwa dibuka le go buisa. Fa o buisa buka ya kgang e e kgalisang, e tlise mo phaposeng go e buisa le barutwana ba bangwe. Ba letle go bona gore dibuka di tsaya karolo e e botlhokwa mo botshelong jwa gago.</p> <p>Nna le kitso ka ga dibuka le bakwadi mo Puong ya Gae. Nna le kitso ka ga dibuka tsa barutwana mo Puong ya Gae, gape o buisane le barutwana ka tsone.</p> <p>Dira gore dinako tsa gago tsa puiso e nne tse di itumedisang mo go nngwe le nngwe ya tse di latelang:</p> <ul style="list-style-type: none"> <li>- Puisokopanelo</li> <li>- Puisokaelo ka ditlhopho</li> <li>- Go buisetsa kwa godimo</li> </ul> <p>Maatlametlo a gago a go buisa a tshwanetse go nna sekao mo barutwaneng.</p> <p>Dikolo ditshwanetse gonna mafelo a a tlotlomatsang mokgwa wa go buisa. Buisana le badira mmogo ba thuto ya motheo, baemedi ba dirutwa, le mogokgo wa gago gore le ka dira jang setlwaedi sa go buisa mo sekolong sa lona. Leka go akanyetsa sekolo ka ga thitokgang e ntšhwa ya puiso mo kgweditharong nngwe le nngwe.</p> <p>Sekao: Fa e le nako ya motshameko wa lefatshe wa kgwele ya dinao, rotloetsa barutwana go buisa ka ga kgwele ya dinao mo kgweditharong eo le go batlisisa thata ka ga yone ka fa ba ka kgonang ka teng jaaka, E simolola leng? Melao e fetotswe jang? Ke batshameki ba fe ba ba tlotliwang ke lefatshe?</p>
<p><b>Didiriswa</b></p>	<p>Thanodi le diphousetara</p>
<p><b>O ka lemoga jang dikgwetlho mo karolong e?</b></p>	<p>Se ke karolo e le nngwe ya Puiso e e supang makoa mo morutabaneng le sekolo e seng barutwana.</p> <p>Itekole bonnete ka ga maitsholo a gago le thotloetso mo dibukeng le go buisa. O itse go le go kae ka ga dibuka, makwalo dikgang, dimakasine le bakwadi ba Setswana? O ka nna jang sekgantshwane se se botoka sa go buisa ka Puo ya Gae?</p>
<p><b>Gakologelwa</b></p>	<p>Barutabana ba ba buisang ba tshwanetse go nna le kitso ya puiso, ba itse dibuka tsa Puo ya Gae gape ba tshwanetse go nna babuisi ka bobone.</p>

## 2.4.4 Go itshepa

<b>Kgweditharo</b>	<b>Go itshepa</b>
<b>Ke eng?</b>	Go itshepa go raya tumelo ya morutwana mo bokgoning jwa gagwe jwa go dira sengwe. Gape e akaretsa le maikutlo a go itshepa.
<b>Go reng?</b>	Maikutlo a go itshepa ga barutwana a ka ama thotloetso ya bone. Fa barutwana ba tsaya gore puiso e thata e bile ga e tlabose, ba ka akanya gore ga e na mosola mme ba ka ineela gore ba seke ba e itse. Morutabana a tseye matsapa a gore barutwana ban ne le phisegelo ya go itshepa. Barutwana ba ba sa kgoneng go buisa ba neelwa tšhono ya go tlhagisa bokgoni jo borileng mo dilong tse ba di ratang.
<b>O e ruta leng?</b>	Mophato R – 3.
<b>O e ruta jang?</b>	<ul style="list-style-type: none"> <li>Gakolola barutwana gore puiso e a tokafala ka go tsaya matsapa le go ikatisa. Se, se ba naya maikutlo a go laola go ithuta ga bone.</li> <li>Go botlhokwa go lemoga barutwana ba ba palelwang ke go buisa le go ba thusa go nna botoka mo puisong. Thusa barutwana go tlhaloganya gore ka tshegetso le kaelo ya gago, matsapa a bone le boineelo jwa go ikatisa go buisa e tlaa ba thusa go nna babuisi ba ba nang le bokgoni.</li> <li>Fa barutwana ba nna botoka mo puisong, go itshepa ga bone go a tokafala e bile go a gola. Kwa bofelong se, se tlaa ba rotloetsa go tswelela go buisa. Fa ba ntse ba tswelela go buisa tlotlofoko ya bone le kitso ya puo e tlaa gola.</li> </ul>
<b>Didiriswa</b>	diphousetara, dikarata tsa mafoko, ditshwantsho le dikwalo tse di maleba
<b>O ka lemoga jang dikgwetlho mo karolong e?</b>	Go tlhoka go itshepa le fa barutwana ba ikgatholosa dibuka le go buisa.
<b>Gokologelwa</b>	Netefatsa go tshegetsa le go rotloetsa morutwana mongwe le ka nako ya go buisa. Neela babuisi ba ba bokoa dibuka tse di bonolo go oketsa go itshepa mo puisong.

Bontsi jwa barutwana ba itemogela kgwetlho mo puisong e bile ga ba bone go le mosola go buisa. Barutwana ba ba ntseng jalo ga ba e itumelele go buisa mme se se ka ama botshelo jotlhe jwa bone. Fa ba sa rate go buisa, ba ka se buise ka bobone. Ba tlaa buisa fela fa ba tshwanetse. Barutwana ba ba sa buising thata, ga e nne babuisi ba ba botoka mme ba latlhegelwa ke ditshwanelo tsotlhe tsa puiso. Sebopego se se fa tlase se bontsha tsela e e tlaa amang morutwana ka teng fa a sa bontshe kgatlhego mo go buiseng.



## 2.5 Mekgwa ya go buisa e rutiwa jang?

Kgaolo e, e tlatlhamolola le go tseganya mokgwa mongwe le mongwe wa go ruta puiso jaaka o atlenegisitswe mo go CAPS. Mo kgaologn e, o tla fitlhela go tlhaloganya ga:

### 2.5.1 Mekgwa ya go buisa

#### 2.5.1.1 Puisogodimo

Kgweditharo	Puisogodimo
Ke eng?	Ke karolo e e botlhokwa mo puisong. Ke tirwana ya phaposi yotlhe. Morutabana o buisetsa barutwana kgang kgotsa sethangwa kwa godimo. E godisa dikgono tsotlhe tsa puo le go di neela bokao. Puisogodimo ya kgang kgotsa sethangwa e tshwanetse go nna kwa godimo ga maemo a go buisa a barutwana.
Go reng?	Go godisa lerato, boitumelo le tlotlofoko ya barutwana.
O e ruta leng?	Mophato wa R - 3

<b>O e ruta jang?</b>	<p><b>Pele ga puiso: Tlhagiso ya puiso</b></p> <ul style="list-style-type: none"> <li>• Tlhagisa tlotlofoko ya botlhokwa: bontsha lefoko lengwe le lengwe o dirisa dikarata tsa mafoko.</li> <li>• Fa kgang e le mo bukeng, tlhalosa setlhogo le bokafantle jwa buka le go botsa dipotso tse di tsamaisanang le setlhogo le bokafantle jwa buka go bonelapele gore kgang ke ka ga eng?</li> </ul> <p><b>Ka nako ya puiso: Buisetsa kgang kwa godimo</b></p> <ul style="list-style-type: none"> <li>• Buisa kgang ka maikutlo a a maleba le ka segalo go ya ka baanelwa ba farologaneng.</li> <li>• Emisa kgang go se nene mme o botse barutwana dipotso go lekola fa ba go reeditse.</li> <li>• Tlhalosa ditshwantsho fa o ntse o buisa kgang.</li> <li>• Botsa barutwana dipotso ka kgang gore ba tseye karolo.</li> </ul> <p><b>Morago ga puiso</b> <b>Rotloetsa barutwana go:</b></p> <ul style="list-style-type: none"> <li>• bua ka kgang, baanelwa le ditiragalo.</li> <li>• abelana ka maikutlo a bona ka kgang.</li> <li>• dirisa tlotlofoko go tswa mo kgannyeng.</li> </ul> <p>Morutabana a ka dirisa kgang go ruta go reetsa ka go tlhaloganya, diragatsa, tlotlofoko le tiro ya dipolelo le mokwalokopanelo wa phaposi yotlhe.</p>
<b>Didiriswa</b>	Bukatiro ya Puo ya Gae (DBE), buka ya dikgang le maboko, lokwadikgang kgotsa dimakasine.
<b>Tlathobo</b>	Botsa barutwana dipotso se di buegileng le tse tswalegileng ka setlhangwa kgotsa kgang. Barutwana ba ka diragatsa kgang.
<b>O ka lemoga jang dikgwetlho</b>	Fa barutwana ba sa tsibogele kgang mme ba neelana ka dikarabo tse di seng maleba.
<b>mo karolong e?</b>	
<b>Tsereganyo</b>	<ul style="list-style-type: none"> <li>• Morutabana a dirise mefuta e e farologaneng ya dibuka tsa puiso (tsa mebalabala le dikgang tse barutwana ba dikgatlhegang).</li> <li>• Morutabana a didimale go neela barutwana tšhono ya go feleletsa puiso/motlhala (bogolosegolo bao ba sa bontsheng kgatlhego).</li> </ul>
<b>Gakologelwa</b>	Buisa kgang gape ka nako ya puisokaelo ka ditlhopa

### 2.5.1.2 Puisokopanelo

<b>Kgweditsharo</b>	<b>Puisokopanelo</b>
<b>Ke eng?</b>  <b>Go reng?</b>	<p>Puisokopanelo ke mokgwa wa puiso wa barutwana botlhe mo phaposeng. Barutwana ba buisa Buka e kgolo, Buka ya tiro ya DBE, setlhangwa sa mokwalo o o godisitsweng, kgotsa kgang nngwe le nngwe le morutabana. Morutabana o buisa kgang ka matsetseleko a go buisa jaaka go buisa ka thelelo, maikutlo le segalo se se farologaneng.</p> <p>Puisokopanelo e akaretsa barutwana botlhe ba ba nang le bokgoni jo bo farologaneng mo puisong e eletswe pele ke morutabana. E thusa barutwana go ithuta go mekgwa ya go buisa kgang e e gatisitsweng (go tshwara buka, dintlha tse di farologaneng, tsamaiso ya ditshwantsho le go tlhokomela matshwao a puiso) le go itshepa go buisa ka bobone. Kgang ya puisokopanelo e dirisiwa go tswelletsa dikarolwana tsotlhe tsa puo (reetsa le go bua, medumo, tlhaloganyana, tiriso ya puo le go kwala). E neela morutabana tšhono ya go lomaganya dikarolwana tse tharo tse di botlhokwa tsa go buisa se letlhomiso le le kang go se tlhalosa e leng go ribolola ditlhaka, go tlhaloganyana le go tsiboga ga mmuisi.</p>
<b>O e ruta leng?</b>	Mo Mophatong wa 1 - 3
<b>O e ruta jang?</b>	<p><b>Pele ga puiso: Tlhagiso ya puiso</b></p> <ul style="list-style-type: none"> <li>• Morutabana le barutwana ba tlotla ka setlhogo le bokafantle jwa buka.</li> <li>• Tlhagisa tlotlofoko ya botlhokwa: bontsha lefoko lengwe le lengwe o dirisa dikarata tsa mafoko.</li> <li>• Botsa barutwana dipotso go bonelapele se se tla diragalang mo kgannyeng.</li> <li>• Tlotla ka ditshwantsho mo bukeng o ntse o botsa bautwana dipotso.</li> </ul> <p><b>Ka nako ya puiso: Buisetsa kgang kwa godimo</b></p> <ul style="list-style-type: none"> <li>• Buisa kgang ka maikutlo le ka segalo go ya ka baanelwa ba farologaneng.</li> <li>• Dirisa sesupi go supa mafoko fa o ntse o buisa gore barutwana ba latele fa o buisang teng.</li> <li>• Emisa kgang go se nene mme o botse dipotso.</li> <li>• Tlhalosa ditshwantsho fa o ntse o buisa kgang.</li> <li>• Buisa kgang gape mme o laletse barutwana go buisa le wena.</li> </ul>
	<p><b>Morago ga puiso</b></p> <ul style="list-style-type: none"> <li>• Barutwana ba araba dipotso tsa molomo mabapi le kgang.</li> <li>• Barutwana ba tlotla ka kgang.</li> </ul>
<b>Didiriswa</b>	Dibuka tsa (DBE) Dikgang tsa mokwalo o o godisitsweng tsa dikgang, maboko, dipina, mokwalo wa barutwana, diphasalatso le le dipapetlana, dikgang tsa nnete le tse eseng tsa nnete.

<b>Tlhatlhobo</b>	<b>Barutwana ba dira ditirwana tsa:</b> Go thala setshwantsho sa moanelwa mongwe yo a mo ratang. Barutwana ba diragatsa kang. Barutwana ba ka kwala kang ka go e tswelletsa.
<b>O ka lemoga jang dikgwetlho mo karolong e?</b>	Barutwana ga ba rate go buisa kang gape le morutabana. Ba neelana ka dikarabo tse di seng maleba le kang.
<b>Tsereganyo</b>	Morutabana a tlhaole barutwana ba ba bokoa, a buise le bone mme a ba akgolele maiteko a go araba/feleletsa motlhala. Barutwana ba fiwe tšhono ya go buisa ba le bangwe mme ba akgolelwe maiteko a ba a dirileng.
<b>Gokologelwa</b>	Boeletsa go buisa kang ka nako ya puisokaelo ka ditlhopa.

### 2.5.1.3 Puisokaelo ka ditlhopa

<b>Kgweditlharo</b>	<b>Puisokaelo ka ditlhopa</b>
<b>Ke eng?</b>	E ke tsela ya go ruta ya ditlhopa tsa bokgoni jwa puiso. Barutwana botlhe ba buisa kang e e tshwanang ka thuso ya morutabana.
<b>Go reng?</b>	<b>Go reng?</b> Puisokaelo ka ditlhopa e neela barutwana tšhono ya go ikatisa go buisa kang ka bobone ka thuso ya morutabana. E neela morutabana tšhono ya go ela tlhoko mokgwa o barutwana ba buisang ka one le go tlhatlhoba maemo a bokgoni jwa bone ka bonosi mo setlhopheng. Ke tsela ya morutwana go fitlhelela go buisa ka nosi.
<b>O e ruta leng</b>	Mo Mophatong wa 1 – 3. E tshwanetse go dirwa letsatsi le letsatsi bonnye ditlhopa tse pedi ka letsatsi mo Puo ya Gae le setlhopa se le sengwe ka letsatsi mo Puo Tlaleletso ya Ntsha mo Mophatong wa 2 le 3.
<b>O ruta jang?</b>	<ul style="list-style-type: none"> <li>Barutwana botlhe mo phaposing ba kgaogangwa ka ditlhopa, setlhopa e nne barutwana ba le 6 - 8. Morutabana o tshwanetse go ela tlhoko fa barutwana ba buisa le go ba tlhatlhoba go ya ka EGRA gore a dire ditlhopa tsa bokgoni.</li> </ul> <b>Pele ga puiso:</b> <ul style="list-style-type: none"> <li>Morutabana o tshalosa setlhogo, bokafantle jwa buka le tatelano ya ditshwantsho mo maamong a ditlhopa.</li> <li>Morutabana o tlhopho kang e maleba go ya ka bokgoni jwa setlhopa.</li> <li>Morutwana o tshwanetse go neelwa bukana/ papetlana ya kang.</li> </ul>

	<p><b>Puiso ya ntlha:</b></p> <ul style="list-style-type: none"> <li>Buisetsa kwa godimo le ka setu ka maemo a gago mo setlhopheng sa puisokaelo ka ditlhophha le morutabana. Ke gore setlhophha sotlhe se buisa kgang e e tshwanang e e ikaegileng ka maemo a go ruta puiso mo setlhopheng.</li> <li>Dirisa ditshwantsho mo setlhangweng gore o se tlhaloganye.</li> <li>Dirisa mafoko a a nnang a le teng mo phaposiborutelong, medumopuo, tshekatsheko ya tiriso le popego fa o buisa.</li> <li>Bontsha fa o tlhaloganya matshwaopuiso fa o buisetsa kwa godimo (dikhutlo, diphegelwana, matshwao potso le matshwao tsibogo).</li> <li>Tswelela go aga tlotlofoko go tswa mo dikgannyeng kgotsa ditlhangwa tse di buisiwang.</li> <li>Tswelela ka go ithuta mafoko a a tlhagelelang kgapetsakgapetsa.</li> <li>Barutwana ba buisa ka bobedi le ka nosi. Morutwana mongwe le mongwe o neelwa tšhono ya go buisetsa kgaolo kwa godimo, fa e le telele mongwe le mongwe o tshwanetse go buisetsa kwa godimo letlhare le le lengwe go ya go a mabedi.</li> <li>Morutabana o botsa dipotso mo morutwana a buisitseng go bona fa ba tlhaloganya.</li> </ul>
<b>Didiriswa</b>	Dibuka tsa ditirwana tsa DBE, metseletsele ya dibuka, diatikele go tswa go makwalo dikgang, dimakasing, dikarata tsa go buisa
<b>Tlhatlhobo</b>	Lekola fa barutwana ba kgona go buisetsa kwa godimo le ka setu go tswa mo bukeng ya bone mo setlhopheng. Lekola fa barutwana ba tlhalogany se ba buisitseng ka sone
<b>Tsereganyo</b>	1. Dirisa setlhangwa sa maemo a bokgoni jwa barutwana 2. Akgola barutwana mo maitekong a bone.
<b>Gakologelwa</b>	Morutabana o tshwanela go tsaya barutwana ba ba sa kgoneng go buisa ka bongwe ka bongwe.

#### 2.5.1.4 Puiso ka bobedi le ka nosi

<b>Kgweditsho</b>	<b>Puiso ka bobedi le ka nosi</b>
<b>Ke eng?</b>	Puiso ka nosi ke fa morutwana a kgona go itlhopela dibuka ka boena go tswa mo phaposing kgotsa laeboraring le go buisa ka boena kwa sekolong le kwa gae. Puiso ka bobedi ke fa barutwana ba buisa buka kgotsa kgang ya kgatiso le barutwana ka bone ka nako ya puiso mo phaposing.
<b>Go reng?</b>	Puiso ka bobedi le ka nosi e neela barutwana ikatiso le thotloetso ya lerato mo puisong. Go neela morutwana tšhono ya morutwana ka ena a buisa.
<b>E diragala leng?</b>	Ka nako ya Puisokaelo ka ditlhophha le ka nako ya ditiro tsa barutwana botlhe mo phaposing, puiso ya botlhe mo sekolong (Drop all and Read ) kwa laeboraring le kwa gae.

<b>O dira jang puiso ka bobedi le ka nosi?</b>	Neela barutwana tšhono ya go buisa ka nosi kgotsa ka sebedi ka nako ya Puisokaelo ka ditlhophla le nako ya go emisa tsotlhe go buisiwa mo sekolong (Drop All and Read).
<b>Didiriswa</b>	Buka ya tiro ya DBE, dibuka tsa puiso go ya ka bokgoni, dibuka tsa dikgang, dikarata tsa puiso, dimakasine le dibuka tsa metlae.
<b>Tlhatlhobo</b>	Reetsa barutwana fa ba buisa ka bobosi le ka sebedi o dirisa letlhare la tlhatlhobo.
<b>O ka lemoga jang dikgwetlho mo karolong e?</b>	Fa morutwana a ikgatholosa go buisa le fa a sa tseye karolo mo puisong.
<b>Tsereganyo</b>	<ol style="list-style-type: none"> <li>1. Buisetsa barutwana ka metlha go re ba nne le kgatlhego ya go buisa.</li> <li>2. Barutwana ba nne le phitlhelelo ya dibuka e e bonolo mo phaposiborutelong.</li> <li>3. Neela barutwana tšhono ya go buisa dibuks tse di mo maemong a bone.</li> </ol>
<b>Gakologelwa</b>	Morutabana o tshwanela go tsaya barutwana ba ba sa kgoneng go buisa ka bongwe ka bongwe.

## 2.6 Dikgato tsa kgodiso ya puiso

### 2.6.1 Babuisi ba pele/ba ba mo tshimologong

Batho ba ba nyoretsweng go ithuta go buisa ba simolola go tshwara motheo wa mareo a dibuka le dikgatiso. Ba bona taolo ya bokgoni jwa go lemoga le go bua dialefabete tsa mekwalo e mennye le e megolo. Ba na le dikgono tsa temogo ya medumo jaaka dinoko le meribo.

Ba simolola go ithuta kamano magareng ga medumo/matshwao a a simololang ka ditumammogo le ditumanosi tse di khutshwane mme ba kgone go buisa (ditumammogo, tumanositumammogo–tumanosi) le palo ya mafoko a a dirisiwang kgapetsakgapetsa.

<b>Temana mo seemong se, e tshwanetse go nna le tse di latelang:-</b>	<b>Ke mofuta ofe wa temana o o tshwanetseng mmuisi wa puiso ya tshimologo?</b>	<b>E tla dirisiwa leng mo go buiseng?</b>
Ditshwantsho tse di thusang go tshaloganya	<ul style="list-style-type: none"> <li>• Dikarata tsa setshwantsho</li> <li>• Diphousetara tsa puisano</li> <li>• Dibukana tsa dikgang tse di nang le ditshwantsho fela</li> <li>• Dibukana tsa dikgang tse di</li> </ul>	<b>Mophato R</b> <ul style="list-style-type: none"> <li>• Dibukakgolo: Puisokopanelo le phaposi yotlhe</li> <li>• Diphousetara tsa puisano le dikarata tsa ditshwantsho: Go Reetsa le go Bua</li> <li>• Dibukana tse dinnye tsa ditshwantsho: Go</li> </ul>
Temana e e laolegang ka kelotlhoko		
Dipaterone tsa dipoeletso		
Poeletso ya tlotlofoko e e laotsweng		
Puo e e tlwaelegileng		

Mekwalo e e godisitsweng le tsela/mokgwa wa go kwala	nang le ditshwantsho	
Sekgala se se siameng magareng ga mafoko/mokwalo	tse di ntsi le mafoko a le mmalwa a a gatisitsweng.	ipuisetsa ka nako ya gagwe
Mareo a a tlwaeleging	<ul style="list-style-type: none"> <li>Dibukakgolo tsa ditshwantsho tse dintsi ntle le temana e e gatisitsweng.</li> <li>Dibukakgolo tsa ditshwantsho tse dintsi le ditemana tse di gatisitsweng (tse dipolelo tse dikhutshwane le meribo le maboko)</li> <li>Buka tiro ya DBE</li> </ul>	<ul style="list-style-type: none"> <li>Dibukatiro tsa DBE: Go reetsa Le Go bua le tiro ya puiso le tirwana ya Go kwala le Mokwalo.</li> </ul>
<ul style="list-style-type: none"> <li>Tekatekanyetso ya temana mo tsebeng</li> </ul>		
<p><b>Gakologelwa:</b> Morutabana wa Mophato R o tshwanetse go nna le setlhopa sa dibuka le Ngatana ya dikgang (dikgang, maboko, diraeme) go dirisediwa go buisetsa kwa godimo.</p>		

## 2.6.2 Babuisi ba tshimologo

Mo nakong e babuisi ba bontsha kgolo mo go tshaloganyeng dialefabete, itemogelo medumo le medumopuo mo tshimologong ya lefoko. Ba na le taolo e e bonalang ya mafoko a palo e e kwa godimo a a dirisiwang kgapetsakgapetsa.

Babuisi ba tshimologo ba gola sentle mo go tshwareng mokgwa wa go tshaloganya le bokgoni jwa lemoga mafoko. Babuisi ba itemogela mekgwa e e farologaneng ya ditemana, segolosegolo dikwalo tsa ditiragalo tsa nnete le tse eseng tsa nnete gape ba lemoga fa go buisa go direlwa maitlhomo a a farologaneng.

Temana mo seemong se e tshwanetse go nna le tse di latelang:-	Ke mofuta ofe wa temana o o tshwanetseng mmuisi wa puiso ya tshimologo?	E tla dirisiwa leng mo go buiseng?
<ul style="list-style-type: none"> <li>Koketsego ya mela e e gatisitsweng mo tsebeng.</li> <li>Tlotlofoko e e akeretsa mafoko a a kgaogantsweng le</li> </ul>	Diphousetara tsa puisano tse di nang le mafoko (dipapetlana tsa mafoko le dikarat tsa dipolelo)	<p><b>Mophato 1</b></p> <ul style="list-style-type: none"> <li>Dibukakgolo: Puisokopanelo le phaposi yotlhe</li> <li>Diphousetara tsa puisano le dikarata</li> </ul>

<p>a a dirisiwang kgapetsakgapetsa</p> <ul style="list-style-type: none"> <li>• Dipolelo tse di oketsegileng ka bothata jwa seemo.</li> <li>• Phokotsego ya maitshetlego mo poeletsong ya dipaterone le ditshwantsho</li> <li>• Ditlhogo tse di tlwaelegileng mme di humile ka tlotlofoko.</li> </ul>	<ul style="list-style-type: none"> <li>• Dikarata tsa ditshwantsho tse di nang le mafoko.</li> <li>• Dibuka tse di farologaneng ka seemo tsa dikgang tsa nnete le tse eseng tsa nnete.</li> <li>• Dibuka tse dikgolo tse di nang le dikgang tse 3-4.</li> <li>• Dibukana tsa tiro tsa DBE</li> </ul>	<p>tse ditshwantsho: Go reetsa le go bua</p> <ul style="list-style-type: none"> <li>• Dibukana tsa seemo se se farologaneng: Go buisa ka ditlhopa.</li> <li>• Dibuka tsa dinaane: Puiso ka sebedi le Puiso ka nosi.</li> <li>• Dibukatiro tsa DBE: Go reetsa le Go bua le tiro ya puiso le tiro ya Go kwala le Mokwalo</li> </ul>
<p><b>Gakologelwa</b> – Mo phaposeng ya Mophato 1 go tshwanetse go nna le setlhopa sa Dibukakgolo tse 4, dibuka tsa seemo se se farologaneng (bonnye dibuka tsa maemo a le 3 di le 3-4 go ya ka seemo le ditlhogo di le 10 mo setlhogong sengwe le sengwe). Dibuka tsa dikgang tse di farologaneng tse di lekanetseng mophato (bonnye di le 40 mo phaphosing le Ngatana ya dikgang ya morutabana go e dirisetsa go buisetsa kwa godimo).</p>		

### 2.6.3 Babuisi ba ba simololang go buisa ka thelelo

Mo nakong e go buisa go a itiragalela, ka matlhagatlhaga a ineetseng mo go tlhaloganyeng go na le mo go lemogeng mafoko. Babuisi ba itemogela go tlhaloganyana temana.

Mefuta e e farologaneng ya ditemana e a tlhagisiwa gore babuisi ba itemogele mekgwa e e farologaneng ya ditemana le ditlhagiso. Go le gantsi go ikemela go itshegeditse ka mofuta wa temana o o buisiwang.

Temana mo seemong se e tshwanetse go nna le tse di latelang:-	Ke mofuta ofe wa temana o o tshwanetseng mmuisi wa puiso ya tshimologo?	E tla dirisiwa leng mo go buiseng?
<ul style="list-style-type: none"> <li>• Ditsebe tse di oketsegileng</li> <li>• Dipolelo tse di telele</li> <li>• Mokwalo wa mafoko a a oketsegileng mo tsebeng</li> <li>• Tlotlofoko e e oketsegileng</li> <li>• Dipolelo tse di nang le dipaterone tse di</li> </ul>	<ul style="list-style-type: none"> <li>• Diphousetara tsa puisano tse di nang le mafoko (dipapetlana tsa mafoko le dikarata tsa dipolelo)</li> <li>• Dibuka tse di farologaneng ka seemo sa dikgang tsa nnete le tse eseng tsa nnete.</li> </ul>	<p><b>Mophato 2</b></p> <ul style="list-style-type: none"> <li>• Dibukakgolo: Puisokopanelo le phaposi yotlhe le Go kwala</li> <li>• Diphousetara tsa puisano: Go reetsa le go bua</li> <li>• Dibukana tsa seemo se se farologaneng: Go buisa ka ditlhopa.</li> <li>• Dibuka tsa dinaane:</li> </ul>

<p>bontshang pharologanyo</p> <ul style="list-style-type: none"> <li>• Itshetlego e e fokotsegileng mo ditshwantshong</li> <li>• Puo e e itlhalosang le e e amogelesegileng.</li> <li>• Ditlhagiso tse di farologaneng</li> </ul>	<ul style="list-style-type: none"> <li>• Dibuka tsa dikgang tsa nnete le tse eseng tsa nnete</li> <li>• Dibukakgolo tse di nang le dikgang tse 3-4.</li> <li>• Dibukana tsa tiro tsa DBE</li> </ul>	<p>le Puiso ka nosi. Dibukatiro tsa DBE: Go reetsa le Go bua le tiro ya puiso le tiro ya Go kwala le Mokwalo</p>
<p><b>Gakologelwa:</b> Phaposi ya mophato wa 2 e na le bonnye dibuka di le 4 tse dikgolo. Dibuka tsa puiso ya seemo se se farologaneng( bonnye jwa dibuka di le 4 seemo sa bonnye jwa ditlhogo di le 3-4 le dibuka di le lesome tsa setlhogo), dibuka tsa dikgang (bonnye dibuka di le 40 mo phaposing)</p>		

### 2.6.4 Babuisi ka thelelo

Babuisi ba atlegile mo go buiseng go simolola ka “go ithuta go buisa” go ya go “go buisetsa go ithuta”. Go buisa ga barutwana go a itiragalela ebile go diragala ka ditshupetso le go kgaotsa go go maleba. Matlhagatlhaga a bone a ineetse mo go tlhaloganyeng le go nna le taelo e ntle ya go dirisa mekgwa e e farologaneng ya go tlhaloganya.

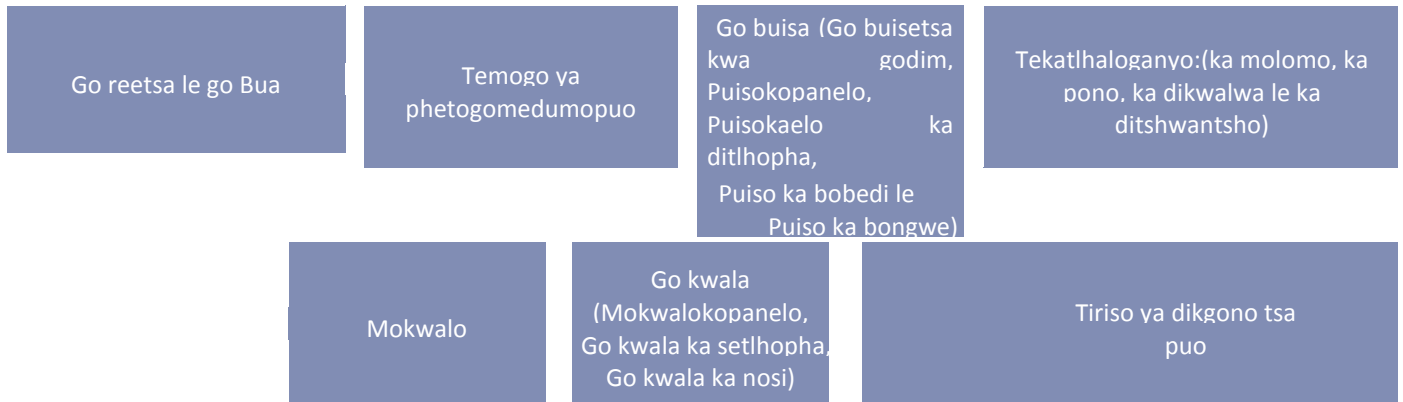
Babuisi ba buisa ditemana tse dintsi tse di farologaneng ka bobone. Ba tlaa tswelletsa le go tokafatsa kitso ya bone ya go buisa fa ba ntse ba kopana le dikgwetlho tsa puiso tsa mefuta e e farologaneng ya dikwalo. Go ya ka bontsi jwa tokafatso ba kgona go tokafatsa bokgoni jwa bone jwa go buisa dikwalo tse di farologaneng

Temana mo seemong se, e tshwanetse go nna le tse di latelang:-	Ke mofuta ofe wa temana o o tshwanetseng babuisi ba ba buisang ka thelelo?	E tla dirisiwa leng mo go buiseng?
<ul style="list-style-type: none"> <li>• Ditemana di le dintsi</li> <li>• Ditlhangwa tse di farologaneng</li> <li>• Bontsi jwa ditlhogo tse di farologaneng le go fokotsa tiriso ya tse di tlwaelegileng</li> <li>• Tlotlofoko e e maraara</li> <li>• Dipolelo tse di raraaneng go le gonnye</li> <li>• Mekgwa e e farologaneng ya go kwala</li> <li>• Tlhaloso e e tseneletseng</li> </ul>	<ul style="list-style-type: none"> <li>• Diphousetara tsa puisano tse di nang le mafoko (dipapetlana tsa mafoko le dikarata tsa dipolelo)</li> <li>• Dibuka tse di farologaneng ka seemo tsa dikgang tsa nnete le tse eseng tsa nnete.</li> <li>• Dibuka tsa dikgang tsa nnete le tse eseng tsa nnete</li> <li>• Dibuka tse dikgolo tse di nang le dikgang tse 3-4.</li> <li>• Dibuka tsa tiro tsa DBE</li> </ul>	<p><b>Mophato 3</b> Dibukakgolo: Puisokopanelo le phaposi yotlhe le Go kwala</p> <ul style="list-style-type: none"> <li>• Diphousetara tsa puisano: Go Reetsa le go Bua</li> <li>• Dibukana tsa seemo se se farologaneng: Go buisa ka ditlhopa.</li> <li>• Dibuka tsa dinaane: le Puiso ka nosi.</li> <li>• Dibukana tsa tiro tsa DBE: Go reetsa le Go bua le tiro ya puiso le tiro ya Go kwala le Mokwalo</li> </ul>
<p><b>Gakologelwa:</b> Phaposi ya mophato wa bobedi e tshwanetse go nna le bonnye dibuka di le 4 tse dikgolo. Dibuka tsa puiso ya seemo se se farologaneng (bonnye jwa dibuka di le 5, di nne le bonnye ditlhogo di le 5-6 le dibuka di le lesome tsa ditlhogo tse di farologaneng), dibuka tsa dikgang, bonnye dibuka di le 40 mo phaposing) le ngataba ya dikgang go buisetsa kwa godimo.</p>		

# KAROLO 3: LENANELO LA DITAELO TSA GO BUISA LA PHAPOSIBORUTELO

## 3.1 LENANELO LA DITAELO TSA GO BUISA LA PHAPOSIBORUTELO.

Pegelo ya Kharikhulamo le Tlhatlhobo e tlhagisa Tiragalo le Tlhagiso ya Tekatekanyo ya Puo e e lomaganyang go ruta moko wa dikarolwana tsa puo jaaka di tlhagisitswe fatlase



### 3.1.1 Go reetsa le go bua

Kgweditharo	Go reetsa le Go bua
Ke eng?	<b>Ke eng?</b> Go reetsa le go bua go diragala ka nako e le nngwe. Se se raya gore o tshwanetse go utlwelela gore o kgone go bua. Go bua ke go tsaya dikgang kgotsa go tlhalosa maikutlo le dikakanyo ka go dirisa puo e e buiwang.
Go reng?	<b>Go reng?</b> Go reetsa le go bua ke moko wa go ithuta puo le go e godisa. Go reetsa le go bua ke dikarolwana tse di botlhokwa mo ditirwaneng tsa go buisa le go kwala mmogo le dithuto tse dingwe mo khaikhulamong.
O e ruta leng?	Mo Mophatong R – 3. O e ruta mo ditirwaneng tsa letsatsi lotlhe. Ditirwana tse di totilweng tsa go reetsa mo thutong ya puo di tshwanetse go diragala bonnye ga bedi (2) ka beke. Se se tshwanetse go rutiwa mo tshimologong ya letsatsi, mo mosong go totilwe maemoa bosa, ikwadiso, letlha, matsalo a barutwana, dikgang tsa barutwana jalo jalo.
O e ruta jang?	<ul style="list-style-type: none"> <li>- Buisetsa barutwana dikgang tsa nnete le tse e seng tsa nnete mme ba reetse.</li> <li>- Barutwana ba boeletse kgang e ba e utlwileng ka go e tlotla.</li> <li>- Neela barutwana ditaello tse dibonolo le tse di marara.</li> <li>- Barutwana ba dire diraeme le maboko.</li> <li>- Barutwana ba ka opela mme ba diragatsa.</li> <li>- Botsa barutwana dipotso tse di tswalegileng le tse di bulegileng.</li> </ul> <p>Go reetsa le go bua go ka rutiwa ka go gokaganngwa le Dikgono tsa Botshelo (Tshimologo ya kitso le Tiragatso ya serala)</p>
Didiriswa	Diphousetara tsa motlotlo, dibuka tsa DBE, dibuka tsa dikgang, dibuka tsa puiso, maboko, dipina, didiriswa tsa nnete, diphapete, bommamatlhwana
Tlhatlhobo	Tlhatlhoba bokgoni jwa go reetsa le go bua ka go lemoga ditiro tsa molomo le tiragatso

### 3.1.2 Mokwalo

<b>Kgweditharo</b>	<b>Mokwalo</b>
<b>Ke eng?</b> <b>Go reng?</b>	Ke matsetseleko a bokgoni jwa go kwala. Maikaelelomagolo a mokwalo ke go bopa ditlhaka,  Go kgontsh barutwana go bopa ditlhaka ka nepo.
<b>O e ruta leng?</b>	Mo Mophatong R – 3.
<b>O o ruta jang?</b>	Mo mophatong wa R ditirwana tsa mokwalo, di totile tshimologo ya go kwala go tlhabolola mesifa e mennye le e megolo, neeletsano ya leitlho le seatla le tshupetso.  - Neela barutwana ditirwana tsa go khalara le go dira dipaterone.  - Barutwana ba newe tšhono ya go ikatisa go kwala ditlhaka mo lefaufaung, mo mekwatleng ya ditsala le mo ditafoleng tsa bone jalo jalo.  Se se tla ba kgontsha go fitlhelela go tlhagisa mokwalo o o phepa, o o nepagetseng e le o o tshwaraganeng kgotsa o sa tshwaragana.
<b>Didiriswa</b>	dikherayone tsa mafura, dibuka tse di se nang methalo le tse di nang le methalo, dipensele jalo jalo.
<b>Tlhatlhobo</b>	Tlhatlhoba go bopa ditlhaka, go tlhamalatsa mafoko mo polelong, go kwalolola mafoko le dipolelo ka nepagalo.
O ka lemoga jang dikgwetlho mo karolong e?	Fa morutwana a sa kgone go bopa ditlhaka sentle, go dira sekgala magareng ga mafoko le go kwala ka tlhamalalo mo meleng.
Tsereganyo	<ol style="list-style-type: none"> <li>1. Morutabana a thuse bao ba tlhokang thuso ka bongwe ka bongwe.</li> <li>2. Neela barutwana dipampi tse di nang le maronthorontho a ditlhaka mme a a tshwaraganye.</li> <li>3. Dirisa dikarolo tsa mmele go bopa ditlhaka go thusa ba ba retolosang ditlhaka.</li> </ol>

### 3.1.3 Go kwala

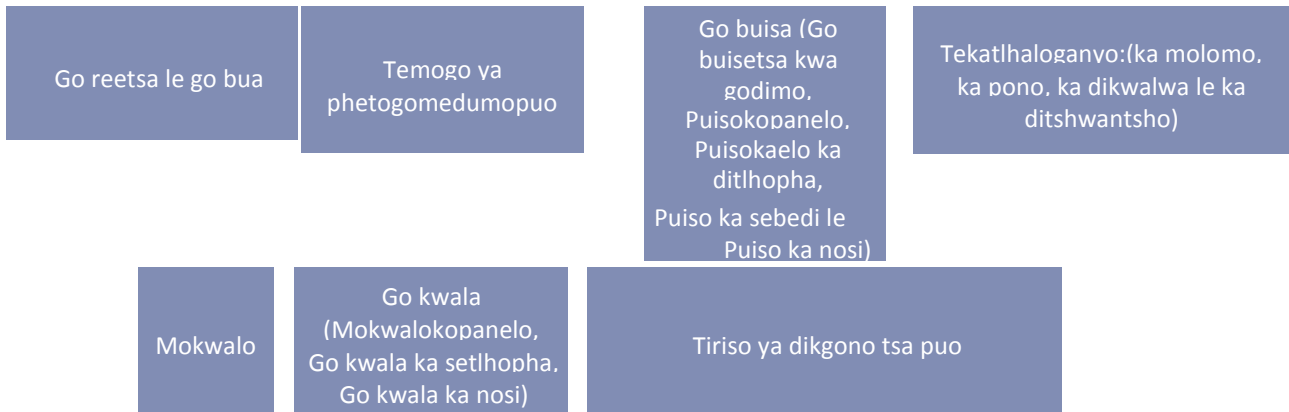
<b>Kgweditlharo</b>	Go kwala
<b>Ke eng?</b>  <b>Go reng?</b>	Go kwala ke tsela ya puisano e e emetseng puo le maikutlo ka tiriso ya matshwao le dithalo. Go kwala ke tiragatso nngwe e mo go yone mokwadi a fetisang molaetsa ka mokgwa o a ka kgonang go buisana le batho ba bangwe. Barutwana ba ba itumelela go ithuta ka go 'buisa mokwalo' le go kwala. Go kwala go kaya puisano kwalo e e dirwang ke baithuti.  Go fetisa molaetsa le dikakanyo.
<b>O go ruta leng?</b>	Mo Mophatong R – 3. Ka nako ya mokwalokopanelo dithuto tse dingwe.
<b>O e ruta jang?</b>	Mokwalokopanelo ke tirwana e e dirwang morago ga Puisokopanelo. <ul style="list-style-type: none"> <li>- Morutabana o bontsha le go lemosa barutwana gore ditlhaka di lomaganngwa jang mmogo go bopa mafoko</li> <li>- Go kgaoganya mafoko mo dipolelong le go dirisa matshwao a puiso.</li> <li>- Go kwala ka nosi go diragatswa le tshimologo ya go kwala fa barutwana ba dirisa dithalo le ditumanosi go kwala ditemana tsa bona mo mophatong wa ntlha.</li> <li>• Kwa bokhutlong jwa mophato wa ntlha barutwana ba kgone go kwala dipolelo tse di bonolo.</li> <li>• Kwa bokhutlong jwa mophato wa bobedi ba kgone go kwala bonnye dipolelo di le tlhano.</li> <li>• Kwa bokhutlong jwa mophato wa boraro bonnye ditemana di le 2 tsa dipolelo di le 8 – 10 ka setlhogo.</li> </ul>
<b>Tlhatlhobo</b>	Tlhatlhobo ya go kwala e akaretse: <ul style="list-style-type: none"> <li>- go feleletsa letlhomeso la go kwalela,</li> <li>- go kwala dipolelo di le 3 - 5 ka setshwantsho,</li> <li>- go kwala temana ka setlhogo sa maitemogelo a gagwe.</li> <li>- go kwala molaetsa, lenaneo kgotsa lekwalo.</li> </ul>
<b>Didiriswa</b>	diphousetara tsa mefuta e e farologaneng, karata e kgolo ya motlotlo, dibuka tse di kgolo tsa dikgang, bukatiro ya DBE, dikarata tsa tlotlofoko letlhomeso la go kwalela, lebota la mafoko, thanodi le
<b>O ka lemoga jang dikgwetlho mo karolong e?</b>	Go retelelwa ke go kwalolola go tswa mo tlapakwalelo. Go retelelwa ke go kwala mafoko ka boena. Ga a dirise matshwao a puiso, diphoso tsa thutapuo. Go dira diphoso tsa thutapuo.
<b>Gakologelwa</b>	Murutabana o bontsha barutwana go kwala mafoko le dipolelo ka nako ya mokwalo le puiso kopanelo ya phaposi yotlhe. Murutabana o tshegetsa barutwana mo ditlhopheng tse dinnye ka nako ya kwalo kopanelo ka ditlhopho.
<b>Tsereganyo</b>	Murutabana a tlaole barutwana ba ba bokoa a ba: <ol style="list-style-type: none"> <li>1. rotloetse go feleletsa dipolelo</li> <li>2. go dirisa letlhomeso la mokwalo</li> <li>3. ba dirise ditshwantsho go kwala mafoko</li> </ol>

### 3.1.4 Tiriso ya puo

<b>Kgweditsharo</b>	<b>Tiriso ya dikgono tsa Puo</b>
<b>Ke eng?</b>	Ke melao ya go dirisa mafoko sentle, popapolelo, mokgwa, tlhopho ya mafoko le ka moo lefoko kgotsa polelo e dirisitsweng sentle ka teng.
<b>Go reng?</b>	Go ruta go dirisa puo le melao ya thutapuo sentle.
<b>O e ruta leng?</b>	Tiriso ya Puo e lomagantswe le Go reetsa le Go bua, Puiso le ditirwana tsa go Go kwala.
<b>O e ruta jang?</b>	Dikgono tsa tiriso ya puo di rutiwa ka nako ya ditirwana tsa Go reetsa le Go bua, Go buisa le Go kwala. Ka dinako dingwe morutabana a ka bona go le botlhokwa go ruta melao ya go dirisa mafoko mo ditirwaneng tse dikhutshwane.
<b>Didirisiwa</b>	Dibuka tsa tiro tsa DBE, dibuka tse kgolo, dibuka tsa puiso, dipapetlana tsa mafoko kgotsa matshwao a puo.
<b>Tlhatlhobo</b>	Tiriso ya Puo e tlhatlhabiwa mo ditirwaneng tsa Go bua, Go buisa le Go kwala.
<b>O ka lemoga jang dikgwetlho mo karolong e?</b>	Go retelelwa go dirisa matshwao a puiso mo puong e e kwadilweng.
<b>Tsereganyo</b>	1. Neela barutwana ditšhono tsa go bua le go kwala go tlhatlhoba dikgwetlho tsa bone.
<b>Gakologelwa</b>	Ela tlhoko tiriso e e siameng ya puo ka nako ya dithuto.

### 3.2 TLHAGISO YA TEKATEKANYO YA KITSO YA PUIISO –KWALO KE ENG?

Pegelo ya Kharikhulamo le Tlhatlhobo e tlhagisa tiragalo le tlhagiso ya tekatekanyo ya Puo e e lomaganyang go ruta moko wa dikarolwana tsa puo jaaka di tlhagisitswe fatlase:



### 3.3 TSAMAISO YA PHAPOSI

#### 3.3.1 Kabo ya nako ya dipuo (Puo ya Gae le Puo Tlaleletso ya Ntlha) e fitlhelwa mo Pholising ya Kharikhulamo ya Bosetšhaba le Tlhatlhobo:

Dikolo tse di dirisang Puo ya Gae jaaka loleme la thuto, di tla dirisa bonnye diura di le 7 le bogolo jwa diura di le 3 di abetswe Puo Tlaleletso ya Ntlha mo Mophatong 1 le 2. Mo Mophatong 3 bonnye jwa diura di le 7 di abetswe Puo ya Gae le bogolo jwa diura di le 4 di abetswe Puo Tlaleletso ya Ntlha.

**3.3.2 Lenaanetiro:** Nako ya go buisa go ya ka tekanyetso ya boima jwa Pholisi Ya Kharikhulamo Ya Bosetshaba le Tlhatlhobo e tshwanentse go nna le Lenaanetiro le le lebaneng le dirutwa tse di akaretsang (Puisokopanelo, Puiso ka ditlhopho, Medumopuo) le Go Kwala (Go kwala go go kopanetsweng (mokwalokopanelo) le Go Kwala ka nosi, Thutapuo, Tlotlofoko le ditirwana tsa Mopeleto) di tshwanetse go rutiwa go tloga Mosupologo go fitlha Labotlhano. Lenaanetiro le tshwanetse go akaretsa dithuto tsa Go Reetsa le Go Bua le Mokwalo.

**3.3.3 Nako e e rulaganyeditsweng Go Buisa le Go kwala:** Ka nako e e abetsweng go ruta Go Buisa le Go Kwala e e tla letlelelang morutabana go ruta Puisokopanelo e e latelwang ke Puiso ka Ditlhopho. Morutabana o tla tsaya ditlhopho di le pedi ka letsatsi. Ka nako ya go ruta Go Buisa ka ditlhopho (setlhotswana se buisa le morutabana) barutwana ba bangwe ba tshwanetse go tswelapele ka ditirwana tse totilweng tsa letsatsi tsa phaposi jaaka Medumopuo, Mopeleto, Thutapuo le Go kwala, Tekatlhaloganyo e e kwadiwang, Puiso ka bobedi le Puiso ka nosi.

#### 3.3.4. Go rulaganya le go ipaakanya ga morutabana

- **Faele ya thulaganyo ya thuto** ya beke yotlhe (Mosupologo go ya go Labotlhano)
- **Didiriswa tsa dithusathuto** tsa beke (Dibuka tse dikgolo, Dibukana tse di tlhophilweng ka seemo, Dibuka tsa tiro tsa DBE, Ditemana tsa go buisetsa godimo, Dipoustara tsa go buisana, dipapetlana tsa puiso, dikarata tsa medumopuo, papetla tsa go bontsha ditirwana tsa letsatsi le letsatsi, didiriswa tsa nnete, phaphete, maseke, ditirwana tsa go kwala jj).

### 3.3.5 Ditirwana tsa ka gale

#### Ditirwana tse di akaretsa:

- Khalendara, Tsa maemo a bosa, Malatsi a botsalo. Dikgang
- Go buisetsa kwa godimo
- Dikgang(Dinaane)
- Medumopuo
- Puisano e e amanang le setlhogo sa dkgono tsa botshelo
- Tlotlofoko e ntšhwa (setlhogo, dibukana)
- Foreimi ya go kwala
- Go buisa le go kwala go go rulagantsweng

### 3.3.6 Go tlhokomela didiriswa tsa go buisa

Baakanya lefelo le le kgethegileng la go boloka didiriswa tsa puiso mo phaposing borutelong.

- Baya dibuka tse dikgolo, Dibukana tse di tlhophilweng ka seemo, Dibuka tsa tiriso tsa, Ditemana tsa go buisetsa godimo, Diphousetara tsa go buisana, (re di apesa sentle ka polasitiki) di beuwe sentle mo tafoleng /shelofong.
- dipapetlana tsa Puiso, dikarata tsa Medumopuo, didiriswa tsa nnete, phaphete, mmamatlhwana (di bewe mo mabokosong)
- Dibuka tsa tiro tsa DBE, ditirwana tsa go kwala (letlhare la tiro) di bewe mo godimo ga ditafoleng /dishelofong tse barutwana ba kgonang go di fitlhelela.

### 3.3.7 Boalo jwa phaposi ba Mophato 1-3

- Baya diphousetara tsa ditlhogo tse di maleba le dipapetlana tsa Medumopuo mo leboteng.
- Phasalatsa ditirwana tsa bana mo leboteng.
- Tlhaola lefelo mo leboteng go phasalatsa mafoko a a dirisitsweng mo bekeng eo.
- Tlhama lefelo/sekhutlhwana sa go buisana

#### **THULAGANYO YA PHAPOSİ MOPHATONG WA R THULAGANYO YA DI KHUTLHWANA MO PHAPOSİNG YA MOPHATO WA R**

- Phaposi e tshwanetse go nna le dikhutlhwana tse 4-6 tsa go rutela go ya ka bogolo jwa yona. Diphousetara di nne le mokwalo o humileng le o bonalang ebile e dirisiwe kwa mephatong e e kwa tlase.

- Tiro ya barutwana e tshwanetse ya tlhatlhabiwa le go tshwaiwa ke morutabana, e tiisiwe ke motsadi, mme lwa bofelo e bontshwe mo phaposing mo sebakeng sa beke.

Morutabana a se dirise ditafole tse dikgolo/tonna gore go nne le sebaka se ntsi mo phaposing, bana ba kgone go tsamaya ba phuthologile.

#### **DIKHUTLHWANA TSA THUTO TSE DI ATLANEGISITSWENG SEKHUTLHWANA SE**

##### **SE DIDIMETSENG**

Sekhutlhwana se, se nne le dithusathuto tse di latelang:

##### **Sekhutlhwana sa ntlha.**

Mosako wa mo mosong, moo Morutabana a dirang ditirwana le barutwana go ba gagamaletsa go reetsa ba tsepamisitse maikutlo. Diphousetara tse di tshitsintsweng go ka bontshiwa ka tsela e latelang:

- Mmetshe o mo mogolo o go ka nnang bonnye barutwana ba le 30 go ya go ba le 33. Lenaneo la letsatsi la mophato wa R, le laolwa ke morutwana/mothusi o neetsweng maikarabelo go tsamaisa sesupi sa mmala go supa ditiro tse di farolganeng mo lenaaneng.
- Thulaganyo ya ditirwana tsa letsatsi le letsatsi.
- Karata ya Maemo a bosa (go lemoga le go tlwaela diphetogo mo tikologong).
- Karata ya Matsalo (go ba rotloetsa le go itumedisa barutwana go ba bontsha gore ba botlhokwa).
- Ditlhaka tsa dialefabete gore ba tlhaloganye medumo ya mafoko.
- Maina a dikgwedi le malatsi a beke
- Buka ya ikwadiso e tshwanetse go tshwaiwa ka nako ya mosako wa mo mosong.
- Sekale le tšhate ya maemo a bosa
- Tafole e bontshang dithusathuto tse di tsamaisanang le thitokgang ya beke.
- Dilo tse dingwe di tshwaiwe ka mokwalo go thusa barutwana go lemoga mokwalo o gatisitsweng.

### **Sekhuthlwana sa bobedi**

Tiriso ya malepa e tlhopilwe go ya ka maemo a a bonolo go ya ko go a a marara, a tsenyeletsa setshwantsho sa mmele, go tlaola le go nyalanya, tatelano, ribolola, pharologanyo ka pono, kgakologelo ka kutlo le motshameko ka medumopuo jj

### **Sekhuthlwana sa boraro**

Sekhuthlwana sa go buisa se nna le dibuka kgolo, mafoko, tshate ya ditlhaka, dibuka tse di farologaneng tse dinnye. Barutwana ba rotloediwe go tshwara buka le go e bula ka tsela e e maleba. Mmetshe o monnye kgotsa mesamo ke tsona tse di siameng go oketsa se se ikaeletswe.

### **SEKHUTLHWANA SE SE MODUMO:**

#### **Sekhuthlwana sa bone**

Sekhuthlwana sa kago/diboloko se nale mefuta ya dibokoso le ditšhupu, bogolo jo bo farologaneng le diboloko tsa mmala jj.

#### **Sekhuthlwana sa botlhano**

Sekhuthlwana sa boikakanyetsi, sekai, se tshwanetse se nne le diaparano tsa basimane le basetsana, ditshamikisi, dilwana tsa phaposi ya boapelo, kokelo, kamore ya go robala jj. Dilwana tse di bogale ga di a letlelelwa.

#### **Sekhuthlwana sa borataro**

Santa le/kgotsa sekhuthlwana sa metsi se beilwe kwa ntle ga phaposi.

#### **Boithophelo**

Sekhuthlwana sa mmimo se na le didiriswa tsa mmimo tsa maitirelo tse di gagamatsang kutlo ya morutwana ka go itumelela boiphitlhelelo jwa bona. E dira gore bokgoni jwa boboko bo nne le kamano le lefatshe le le kwa ntle ka go fitlhelela le go tlhaloganya tshedimosetso ka ditsebe go fa bokao mo botshelong.

## DITIRWANA TSA BOTAKI

Sekhuthlwana se, se tshwanetse go bewa mo bogareng jwa phaposi.

**Ditirwana tsa tekanyo ya 2 le 3, di tshwanetse e akannngwe ka dinako tsotlhe jaaka e kailwe mo CAPS.**

- Go sega le go kgomaretsa - Letsogo le ngwana a kwalang ka lone le tlhokomelwe.
- Go thala le go thalela - Tiriso e e siameng ya dikherayone go thala, go tshasa mebala le go thala.
- Go bopa ka letsopa – ditlhaka, dipalo jj.
- Pente – dirisa maboratšhe a a farologaneng go ya ka bogolo jwa one le bogolo jwa barutwana.

## BOPAKI BA TIRO YA BARUTWANA E DIRILWENG.

Tiro ya barutwana e tshwanetse go tshwaiwa le go bontshiwa mo phaposing.

## BOKHUTLO

Bophepa mo phaposing ya mophato wa R bo bothlokwa thata, go netefatsa gotlhelele tswelelopele ya morutwana mongwe le mongwe. Dilo tsotlhe mo phaposing di tshwanetse tsa nna le sesupo go rotloetsa go buisa ntle le temogo. Ditshupo di tshwanetse di dirwe ka puo eo morutwana a rutwang ka yone mo phaposing.

### 3.4 Lenaanetiro

#### 3.4.1 Lenaanetiro la Mophato R

MOSUPOLOGO	LABOBEDI	LABORARO	LABONE	LABOTLHANO
<b>MOPHATO WA R THULAGANYO YA BEKE: DIURA DI LE 10</b>				
<b>Mosako wa mo mosong</b> ditumediso, matsalo, buka ya kwadiso, dikgang, karata ya maemo a bosa. 15	<b>Mosako wa mo mosong</b> ditumediso, matsalo, buka ya kwadiso, dikgang, karata ya maemo a bosa. 15	<b>Mosako wa mo mosong</b> ditumediso, matsalo, buka ya kwadiso, dikgang, karata ya maemo a bosa. 15	<b>Mosako wa mo mosong</b> ditumediso, matsalo, buka ya kwadiso, dikgang, karata ya maemo a bosa. 15	<b>Mosako wa mo mosong</b> ditumediso, matsalo, buka ya kwadiso, dikgang, karata ya maemo a bosa. 15
Ditirwana tsa botaki 50	Ditirwana tsa botaki 50	Ditirwana tsa botaki 50	Ditirwana tsa botaki 50	Ditirwana tsa botaki 50
Medumopuo 15	Medumopuo 15	Medumopuo 15	Medumopuo 15	Medumopuo 15
Puisokopanelo 15	Puisokopanelo 15	Puisokopanelo 15		
Kgang ya letsatsi le letsatsi. 30	Kgang ya letsatsi le letsatsi. 30	Kgang ya letsatsi le letsatsi. 30	Kgang ya letsatsi le letsatsi. 30	Kgang ya letsatsi le letsatsi. 30
GOTLHE MO BEKENG: DIURA TSE 10				

### 3.4.2 Lenaanetiro la Mophato 1

MOPHATO 1 DITIRWANA TSA GALE TSA BEKE: DIURA				
MOSUPOLOGO	LABOBEDI	LABORARO	LABONE	LABOTLHANO
Go bua mo mosong	Go bua mo mosong	Go bua mo mosong	Go bua mo mosong	Go bua mo mosong
Medumopuo 15	Medumopuo 15	Medumopuo 15	Medumopuo 15	Medumopuo 15
Puisokaelo ka Ditlhopho 30	Puisokaelo ka Ditlhopho 30	Puisokaelo ka Ditlhopho 30	Puisokaelo ka Ditlhopho 30	Puisokaelo ka Ditlhopho 30
Mokwalo 30	Go kwala 30	Mokwalo 15	Go kwala 15	Go kwala 15
Puisokopanelo 15	Puisokopanelo 15	Puisokopanelo 15	Go reetsa le 30 Go bua 15	Go reetsa le Go bua 15
<b>Nako yotlhe 90</b>	<b>Nako yotlhe 90</b>	<b>Nako yotlhe 75</b>	<b>Nako yotlhe 90</b>	<b>Nako yotlhe 75</b>

### 3.4.3 Lenaanetiro la Mophato 2

MOPHATO 2 DITIRWANA TSA GALE TSA BEKE: DIURA				
MOSUPOLOGO	LABOBEDI	LABORARO	LABONE	LABOTLHANO
Go bua mo mosong	Go bua mo mosong	Go bua mo mosong	Go bua mo mosong	Go bua mo mosong
Medumopuo ( <b>Go lemoga medumo</b> ) 15	Medumopuo ( <b>Go lemoga medumo</b> ) 15	Medumopuo ( <b>Go lemoga medumo</b> ) 15	Medumopuo ( <b>Go lemoga medumo</b> ) 15	Medumopuo ( <b>Go lemoga medumo</b> ) 15
Puisokaelo ka ditlhopho 30	Puisokaelo ka ditlhopho 30	Puisokaelo ka ditlhopho 30	Puisokaelo ka ditlhopho 30	Puisokaelo ka ditlhopho 30
Mokwalo 30	Go kwala 30	Mokwalo 15	Go kwala 15	Go kwala 15
Puisokopanelo 15	Puisokopanelo 15	Puisokopanelo 15	Go reetsa le go bua 15	Go reetsa le go bua 15
<b>Nako yotlhe 90</b>	<b>Nako yotlhe 90</b>	<b>Nako yotlhe 75</b>	<b>Nako yotlhe 90</b>	<b>Nako yotlhe 75</b>

**MOPHATO 3****DITIRWANA TSA GALE TSA BEKE: DIURA**

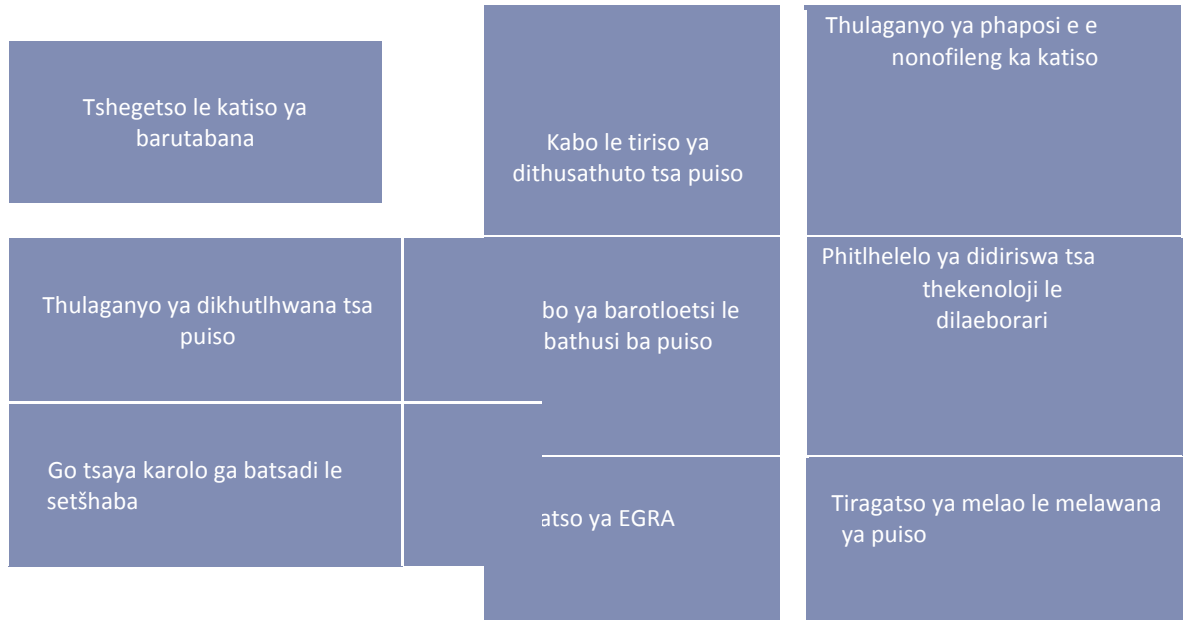
MOSUPOLOGO	LABOBEDI	LABORARO	LABONE	LABOTLHANO
Go bua mo mosong Go bua kgang	Go bua mo mosong Go buisetsa kwa godimo	Go bua mo mosong Go buisetsa kwa godimo	Go bua mo mosong Go buisa kgang	Go Bua mo mosong Go buisetsa kwa godimo
Go reetsa le go Bua 15	Go reetsa le go Bua 15	Medumopuo (Go lemoga medumo) 20	Medumopuo (Go lemoga medumo) 20	Medumopuo (Go lemoga medumo) 20
Go reetsa le go 15 bua	Puisokopanelo 15	Puisokopanelo 15	Puisokopanelo 15	Puisokopanelo 15
Puisokaelo ka ditlhopha 30	Puisokaelo ka ditlhopha 30	Puisokaelo ka ditlhopha 30	Puisokaelo ka ditlhopha 30	Puisokaeloka ditlhopha 30
Mokwalo 30	Go kwala 30	Mokwalo 15	Go kwala 15	Go kwala 15
<b>Nako yotlhe 90</b>	<b>Nako yotlhe 90</b>	<b>Nako yotlhe 80</b>	<b>Nako yotlhe 80</b>	<b>Nako yotlhe 80</b>

## KAROLO 4: RE TSHEGETSA JANG LE GO GODISA MOKGWA WA GO BUISA

Karolo e, e neela lemorago la go re re tlhama jang selekano sa tlwaelo ya go buisa mo sekolong.

### 4.1 Mabaka a a kgontshang le tikologo e e tsayang karolo mo lenaanepuisong le le atlegileng

Letlhomeso le le lemosa mabaka a a kgontshang, a a tla thusang mo thutong ya puiso mo kगतong ya motheo. Tafole e e latelang e bontsha lemorago la bokgoni.



Lebaka le le kgontshang	Ke eng?	Go reng le le botlhokwa
Tshegetso le ikatiso ya barutabana	Tshegetso le katiso ya barutabana e raya katiso e barutabana ba tshwanetseng go e fitlhelela mo thutong ya puiso mo kगतong ya motheo.	Katiso ya barutabana e e tseneletseng le tshegetso go tswa mo batsaakarolong botlhe go tla netefatsa thuto ya puiso e e maleba mo mephatong ya tshimologo.
Kabo le tiriso ya dithusathuto tsa puiso	Dithusathuto tsa puiso mo mephatong R-3 di tsenyeletsa tse di latelang, dibukakgolo, dibukana tsa puiso tsa seemo se se farologaneng, dibuka tsa	Tiriso ya didiriswa tsa puiso e tla kgontsha morutabana go ruta puiso a dirisa mekgwa e e farologaneng ya puiso jaaka e tlhaotswe mo CAPS.

	dikgang, lenaane la medumo. dipousetara tsa puo le Buka ya tiro ya DBE.	
Thulaganyo ya Phaposi e e nonofileng ka kitso	Ke phaposi e e na leng tlotlofoko, dipousetara tsa medumo, dikwalo tsa barutwana le thitokgang	Go bontsha barutwana ditlhangwa tse di kwadilweng (mafoko, ditlhogo, dipolelo) tse di tla ba letlang go ipuisetsa ka bobone
Thulaganyo ya dikhutlwana tsa puiso	Ke sekhutlwana se se kgethegileng mo phaposiborutelong mo morutabana a phasalatsang dibuka tsa dikgang, dipapetlana tsa ditshwantsho, dikarata tsa puiso le dibukana tsa metlae	Ke sekhutlwana se se phutologileng se o se neelang barutwana go ikgethela dibuka tse ba ratang go di buisa ka phutologo, ka bobone le ka bobedi
Kabo ya barotloetsi le bathusi ba puiso	Ke batho ba ba katisitsweng go neela barutabana tshegetso mabapi le thuto ya puiso	Barutabana ba tlhoka tshegetso mo phaposing go neelana ka kitso e o ba e amogetseng ka nako ya katiso. Seabe sa barotloetsi ba puiso ke go thusa barutabana go neelana ka thuto ya puiso e e maleba.
Phitlhelelo ya thekenoloji le dilaaborari	Di akaretsa diboroto tse dintle le dibuka matlapana, dilaaborari di akaretsa, diteroli tsa puiso, laaborari ya sekolo le laaborari ya setshaba.	Ntshetsontle ya thekenoloji e tlhagisa barutwana mo di dirisweng tsa ngwagakgolo wa 21. Phitlhelelo ya dilaaborari e rotloetsa moonoo wa puiso.
Go tsaya karolo ga batsadi le setšhaba	Batsadi le setšhaba ke batsaakarolo ba botlhokwa mo sekolong	Batsadi le setšhaba ba tshwanetse go tsaya karolo mo go rotloetseng puiso ka mekgwa e e tshwanang le go tsenela meletlo ya puiso.
Tiragatso ya EGRA	Ke teko ya puiso e e thusang go tlhatlhoba bokgoni jwa barutwana jwa puiso malebana le kgolagano ya tumatlhaka, puiso ya mafoko, puiso ya temana le tekatlhaloganyo,	E dirisediwa go tokafatsa maemo a puiso ka thelelo se e leng ponelopele ya tekatlhalogayo mo mephatong ya tshimologo
Tiragatso ya melao le melawana ya puiso	Ke tekanyetso ya puiso ya morutabana (mo thutong ya puiso) le morutwana (dikgato tsa puiso ka thelelo.)	E netafatsa gore melao le melawana ya puiso e salwa morago.

## 4.2 Seemo sa phaposiborutelo

- Phaposi borutelo e e supang diphousetara tsa dithitokgang, diphousetara tsa medumo Puo, mafoko a mo leboteng, disupo tsa dilwana, maina a barutwana, mekwalo, karata ya matsalo, karata ya maemo a bosa.
- Dikhutlwana tsa Puiso tse di nang le dibuka tsa go buisa, dikuranta, dimakesini, dikarata tsa Puiso, dibuka tse di tlhamilweng ke barutwana, le ditlhangwa tse di tlhamilweng ka nako ya mokwalokopanelo, le gore barutwana ba kgone go nna le tsela ya go bona tshedimose tso go tswa mo sekhutlwaneng se.
- Thulaganyo ya manno e tshwanetse go nna go ya ka kaelo ya pholisi mo Mephatong e e kwa tlase. Barutwana ba nne go ya ka bokgoni jwa bona, ba nne ka mokgwa o o tlaa ba letlang go kgona go dirisana mmogo. Mo thulaganyong e , go nne le sekhutlwana sa go ruta mo morutabana le barutwana ba kgonang go dira tse di latelang; mo ba kgonang go anela kgang ya letsatsi, go buisetsa kwa godimo, go dira Puisokopanelo le Puiso kaelo ka ditlhopho.
- Letlapakwalelo le tshwanetse go nna mo barutwana ba kgonang go le fitlhelela gore ba kgone go bona diphousetara tsa motlotlo fa morutabana a tlotla le bone le go kgona go buisa tlotlofoko e ntšhwa le go e kwala mo letlapakwalelo.

**Kgakololo:** barutabana ba rotloediwa go kgaoganya letlapakwalelo ka dikarolo di le tharo. Karolo ya ntsha e nne ya mela e e thadilweng ka tlhamalalo, mela e e thadilweng go kgabaganya le mo go sa thadiwang sepe. Se se thusa morutabana go kgona go supetsa barutwana go kwala ka nepo. Letlapakwalelo le tshwanetse go nna mo seemong se barutwana ba le fitlhelelang, go kgona go le dirisa fa go tlhokega.

## 4.3 Go tsaya karolo ga morutabana mo go godiseng mokgwa wa go buisa

Ba tseye karolo e e masisi ya go bona gore puiso ke tirwana ya letsatsi le letsatsi. Ba lemosiwe gore puiso ga e diragale fela mo teng ga phaposi. E diragala gotlhe mo mafelong a barutwana ba kopanang le mokwalo mo go one, se se bidiwa puiso e e itlelang fela. Barutwana ba kgone go buisa matshwao mo tikologong ya sekolo, mo tseleng, maina a mafelo le matshwao a tsela.

## 4.4 Go tsaya karolo ga mogokgo le lekgotla taolo la sekolo mo go godiseng mokgwa wa go buisa

- Dikolo di tshwanetse go tsenya mo tirisong mokgwa o o beilweng wa Puiso e e totilweng ya sekolo sotlhe e leng; (DAR) e e rayang gore “tlogela gotlhe o buise”.
- Buisanag ka ga botlhokwa jwa go buisa mo dikopanong tsa sekolo jaaka; dikopano tsa batsadi, le dikopano tsa batsaakarolo ba bangwe mo sekolong.
- Ka gale keteka meletlo ya dibuka le Puiso, e seng fela gangwe mo ngwageng ka beke ya dibuka, fela keteka kgotsa o diragatse kgweditharo nngwe le nngwe go godisa puiso. Ditirwana tse di ka ketekwang ke (Readathon) meletlo ya puiso le dikgaisano tsa mopeleto.
- Laletsa morafe fa go ketekiwa meletlo ya puiso, gore ba nne le seabe mo tiragatsong le mo go ruteng boleng jwa Puo le botlhokwa jwa puiso.
- Rotloetsa barutwana go tsaya karolo mo dikgaisanong tsa puiso ka go ba akgola ka mekgwa e e farologaneng.
- Phasalatsa mo radiong, mo kuranteng ya selegae le mo thelebišeneng ka ga maiteko a sekolo a go buisa, meletlo ya Puiso le kgolo ya laeborari.
- Pega mo maboteng ditshwantsho tsa barutwana ba ba buisang, barutabana le dikgantshwane tse dingwe tse di buisang.

- Rotloetsa barutabana go tsaya karolo mo dipuisong tsa kwa lefelong la go kopanela la mo sekolong, gape ba neele mogokgo go begela sekolo dibuka tse di yang go buisiwa mo bekeng eo.

#### 4.5 Go tsaya karolo ga batsadi le makgotla a motse mo go godiseng mokgwa wa go buisa

- Batsadi ba reetse le go rotloetsa bana go ba buisetsa.
- Ba buise dikuranta le metswedi e mengwe ya puiso le bana ba bone.
- Ba nne teng kwa meletlong ya puiso kwa dikolong.
- Ba abe dibuka le metswedi mengwe ya puiso kwa dikolong.
- Ba ithaope go thusa ka ditirwana tsa puiso mo diphaposi borutelong.
- Ba ithaope go laola laeborari ya sekolo.

##### PAPETLANA A: LENAANEFOKO

Morutabana o rotloediswa go dirisa lenaanefoko le le latelang jaaka thotloetso le sekai go bopa mafoko. Medumo e e ka dirisediwa mopeleto/piletso beke le beke.

##### MOPHATO 1 & 2

##### KGWEDITHARO 1

Noko nngwe	Noko-pedi	Noko-tharo	Noko-nne	Noko-tlhano
le	a-ti	ko-pa-no		mo-ru-ta-ba-na
na	a-mo	a-di-ma		
ka	thu-sa	di-na-o		
ke	bo-lo	se-tu-lo		
le	ba-ngwe	le-ba-la		
se	ba-na	mo-se-se		
	e-me	ga-u-fi		
	se-ngwe			
	tha-ta			

##### KGWEDITHARO 2

Noko nngwe	Noko-pedi	Noko-tharo	Noko-nne	Noko-tlhano
re	bo-na	bu-i-sa		
tlhe	ro-na	e-mi-sa	di-po-pe-go	
lo	bo-ne	fe-di-le	di-ko-lo-ga	
	fo-la	po-pe-go	se-go-lo-la	
	di-ra	a-pe-re	du-me-di-sa	
	o-le	di-ko-lo	di-na-le-di	

	tla-a	se-ki-pa	ba-a-ka-nya	
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	we-na	se-ke-re		
		n-xa-e		

	ne-wa	bo-la-e!		
yo	yo-le	bo-na-ko		
ya	e-ng	e-mi-se		
ga	se-pe	di-ri-le		
se	pu-le			
go	vu-si			
tse	du-le			
	to-ta			
	zo-zo			
	si-a			
	e-ma			
	Ti-ro			

**KGWEDITHARO 3**

<b>Noko nngwe</b>	<b>Noko-pedi</b>	<b>Nok-tharo</b>	<b>Noko-nne</b>	<b>Noko-tlhano</b>
ntlo	tha-ta	tsha-be-la	tlho-ko-me-la	di-ko-lo-tswa-na
nna	phi-ri	le-go-lo	di-n-tlo-ng	<b>di-ru-i-wa-ra-twa(6)</b>
rre	tshwe-re	bo-n-tsha	mo-se-tsa-na	<b>di-thu-thu-n-tswane(6)</b>
	ka-tse	di-a-tla	ra-me-tla-e	<b>di-tsha-me-ki-si</b>
	tse-ne	di-n-tsi	te-n-te-ng	<b>di-tho-ba-nya-ne</b>
	la-tswa	pha-ze-le	la-ma-tlha-tso	<b>ma-ru-le-lo-ng</b>

	tshwe-re	tshe-me-ne	di-a-tle-ng	<b>Ba-hu-ma-ne-gi</b>
	tshwe-ne	bu-tswela	tsho-lo-ge-la	<b>bo-pe-lo-no-mi</b>
	to-po	le-tsa-tsi	di-m-po-po	<b>di-pe-i-na-a-po-le</b>
	mo-ngwe	re-e-tsa	di-bo-lo-ko	
	i-joo!	mo-na-te	di-ko-lo-i	
	pi-tsa	mo-du-mo	ba-si-ma-ne	
	nya-ya	Le-ri-le	i-tshi-re-le-tso	
	kgo-na	di-pho-pho	tshwa-ne-tse	
	i-ja	mo-o-ki	kga-tlha-no-ng	
	pi-na	le-ga-pu	m-pu-le-le	
	jo-no	le-se-a	mo-ne-e-lo	
	le-be	la-pi-le	di-pi-e-re	
	se-ba	ro-ba-la	di-a-po-le	
	e-ne	le-ga-e	le-bo-ge-la	
	tso-ne		le-po-di-si	
	lo-ne		se-be-la-na	
	na-ya		o-pe-le-la	
	e-ng		bi-na-bi-na	
	tso-tlhe		a-fo-ri-ka	
	bo-rwa		i-tu-me-tse	

<b>KGWEDITHARO 4</b>				
<b>Noko nngwe</b>	<b>Noko-pedi</b>	<b>Nok-tharo</b>	<b>Noko-nne</b>	<b>Noko-tlhano</b>
<b>tša</b>	tshwe-re	tlo-wa-na	le-wa-tle-ng	phe-phe-u-le-la
<b>nwa</b>	Tla-a	no-ke-ng	ma-fi-ke-ng	ma-tla-ka-di-be
	phe-fo	n-tlo-ng	pho-lo-go-lo	si-a-na-si-a-na
	phe-pa	ma-a-tla	tša-ma-e-la	kgo-ko-lo-ge-la
	tlo-u	tsho-si-tse	i-phi-tlhe-la	mo-ra-go-nya-na
	tlha-ga	iphi-tlha	me-tha-la-di	di-jo-tshe-ga-re
	sha-ka	le-nga-u	i-tu-me-tsetša	ga-u-te-ng
	tswe-la	se-kgwe-ng	le-e-to-ng	i-tu-me-le-tse

	kgo-lo	di-gwa-gwa	fe-di-tse	
	n-nye	pha-ru-ma	se-te-pi-si	
	ba-tla	i-phi-tlha	di-e-ge-la	
	na-a	le-fa-tshe		
	kgo-ne	kga-ka-la		
	tso-tlhe	tshwa-ne-la		
	me-ngwe	ga-a-bo		
	thu-ma	n-nya-ya		
	u-tlwa	no-nya-ne		
	mm-i-tsa	se-tlha-re		
	mm-aa -go	se-kgwe-ng		
	pi-tse	se-n-tle		
	n-tse	mo-ga-tla		
	ga-gwe	le-e-to		
	kwe-na	bo-ra-she		
	tlho-la	be-ke-ng		
	kgo-tsa	ka-le-tse		
	tsa-ya	tsa-ma-ya		
	tha-ta	o-ti-le		
	ka-tse	le-o-bu		
	thu-sa	mo-lo-i		
	ba-tla			
	tsa-la			
	me-tse			
	ba-tla			
	tha-ta			

<b>Nokonngwe</b>	<b>Noko-pedi</b>	<b>Noko-tharo</b>	<b>Noko-nne</b>	<b>Noko-tlhano</b>
	rwe-le	kgwe-e-tsa	mo-kgwee-tsi	n-te-be-le-la
	see-la	re-e-tsa	le-tle-le-lwa	kho-m-pu-ta-ra
	fee-la	kgwe-e-le-tsa	phe-pha-fa-tsa	di-kga-n-nye-ng
	nee-la	ma-a-no	se-tlaa-ga-na	di-kge-tsa-ne-ng
	le-e	maa-ba-ne	a-naa-ne-lwa	n-ti-di-ma-tsa
	be-e-la	mo-rwaa-gwe	a-ka-nya-ng	ma-tha-i-tha-i
	maa-ka	le-tle-le-	n-tsa-laa-gwe	mo-ga-la-ma-kapaa!
	yaa-bo	i-thu-ta	ke-ra-fi-ti	me-tsa-me-ko
	maa-tla	me-tso-tso	n-ta-e-la	Tlha-tlha-mo-lo-la
	gaa-bo	baa-ka-nya	n-ta-te-la	i-tlha-ga-ne-le-le
	rraa-bo	le-naa-ne	n-te-be-le-la	mo-se-tsa-nya-na
	mmaagwe	pho-re-me	n-to-be-la	no-mo-ro-po-la-teng
	n-ta	le-go-du	ma-i-tsho-lo	n-kgo-ro-ge-la
	se-šwa	khe-mi-si	to-ro-po-ng	
	tsha-ba	ti-me-tse	te-n-te-ng	
	m-pa	n-to-ma	la-tlhe-gi-le	
	tsee-la	n-ti-ma	ra-me-tla-e	
	kgwa-ya	n-ta-te	le-tlha-ku	
	mo-kgwa	mo-go-kgo	m-pi-le-tsa	
	kgwi-sa	tsho-lo-ga	m-pa-tle-la	
	se-kgwa	i-tshe-la	m-pe-le-ga	
	kgwa-ra	tshe-sa-ne	m-po-la-ya	
	kgwa-tha	mo-pha-to	m-po-lo-ka	
	kgwa-tlha	po-n-tsho	kga-kga-ma-tso	
	tswa-la	di-tlho-ng	kga-ba-ga-nya	
	tswa-ka	m-pi-tsa	kgwa-kgwa-i-la	
	lwe-tse	m-pa-tla	se-tswa-le-lo	
		i-tse-ng		

**MOPHATO 3**

**Kgweditharo 1 & 2**

		m-po-na		
		m-pe-ga		
		kga-di-le		
		se-go-kgo		
		di-kga-ba		
		mo-kgwa-ro		
		kgwa-ge-tsa		
		se-tswa-lo		
		mo-tswa-di		
		le-tswa-le		
		le-tswa-i		
		mo-tswa-ko		
		tswa-le-la		
		bo-tswa-na		

**Kgweditharo 3 & 4**

<b>Nokonngwe</b>	<b>Noko-pedi</b>	<b>Noko-tharo</b>	<b>Noko-nne</b>	<b>Noko-tlhano</b>
	tswi-le	nga-ke-ng	fo-ro-go-tlha	the-m-pe-re-i-tšha
	thu-tlwa	pa-le-lwa	re-te-le-lwa	m-po-le-le-tse
	tshwe-tso	khi-bi-du	tshwa-e-tsa	tlho-a-fa-le-tse
	m-pha	n-te-tla	hu-tsa-fe-tse	mo-tshwa-ra-di-the-ri-sa-no
	tsweetswee	po-tla-ko	i-phi-tlhi-le	ma-tlha-ga-tlha-ga
	le-tlha	tshoswa-ne	i-tshi-di-la	i-kgo-bo=ke-le-tsa
	di-ntle	bo-tse-nwa	le-fe-lo-ng	i-ke-mi-se-di-tse
	ngwe-di	tswi-ri-nya	le-tho-m-bo	a-pe-i-lwe-ng
	tshwe-tso	i-tshwe-nya	si-re-le-tsa	i-tshi-a-mi-se-tsa
	phe-tla	se-tlhe-ng	kgo-bo-ka-nya	bo-ntsa-la-a-ro-na
		tswa-le-tse	di-tsho-swa-ne	i-tu-me-le-tse-ng
		na-ko-ng	tlo-la-tlo-la	di-bo-ko-so-ng

		phu-the-la	tsi-e-nya-na	fa-ro-lo-ga-ne-ng
		thu-sa-na	di-jo-nya-na	di-jo-tshe-ga-re
		po-pe-go	se-le-mo-ng	ga-a-bo-bo-na
		n-na-ke	bo-tshe-lo-ng	ga-ko-lo-ge-lwe
		tlha-bi-wa	la-te-la-ng	ga-kga-ma-tsa-ng
		di-tshe-tlho	po-pe-go-ng	tlha-le-fi-le-ng
		mo-nye-nyo	le-fa-tshe-ng	pha-m-fo-le--te
			shi-ngwa-neng	bo-mma-aa-tso-na
			pha-tsi-ma-ng	tlha-le-fi-le-ng
			she-lo-fo-ng	se-tshwa-n-tsho-ng
			še-lo-fo-ng	kga-i-tsa-di-e
				tlwa-e-le-ga-ng
				mma-ma-n-tha-ne
				ma-sa-i-tsi-we-ng
				e-n=sa-tlo-pe-di-a
				ra-ra-bo-le-tswe-ng
				la-tlhe-ge-tswe-ng

## PAPETLANA B: LENANEO LA MAREO

LENAANEFOKO bona tshedimosetso/tsela ya go fitlhelela

Accurately	tsapamo
Acquire	bona
Agglutinating	go kopana
Anthology	kgoboko
Approach	tlhagiso
Aspect	ntlha
Auditory memory	kgakologelo ka kutlo
Automaticity	Go itlela fela
Bibliography	metswedi
Consistency	tlhomamo
Context	bokao
Corner	sekhutlwana
Creative arts	ditiro tsa botaki
Decoding	go ribolola medumo le mafoko
Embedded exceptions	ageletsweng/ikaegileng
Focus	fapoga
Framework	ela tlhoko
Genry	letlhomeso
Identfy	ditlhagiso tse di farologaneng
Implement	lemoga
Labels	tsenya mo tirong
Language proficiency	seshupo
Layout	o kgona puo le motheo wa go buisa
Linguistic	thulaganyo ya dikarolo go ya ka lenaneo
Manage	thutapuo
Manual	laola
Modelling	Kaedi
Morning ring	go tshwantsetsa
Morpheme	mosako wa mo mosong
Morphology	popi
Narrative	tiriso ya popego puo
Norm	kanelo
Orthography	selekanyo ka tlwaelo
Overview	mokwalo
Practitioner	lemorago
Produce	Morutabana
Puzzle	alosa
Reading culture	malepa
Reading manual	tlwaelo ya go buisa
Relevant	kaediya puiso
Screen	maleba
Role Model	sesiro
	sekgantshwane

Session	nako e dirisetwang sengwe
Socio-economy	ekonomi boago
Syntax	popapolelo
Systems	ditsela
Target	ntlha
Theme	thitokgang
Tone	segalo
Underlying	theo
Visual discrimination	Pharologano ka pono
Bekely routine	bekeng
Challenge	kgwetlho
Confine	tswalela/tlhatlhela
Criticism	temoso
Encourage	rotloetsa
Analysis	tshekatsheko
Comprehension	Go tlhaloganya
Membership	botokololo
Term	Kgweditharo
Stimulate	phaphamisa
Senses	ditemoso
Phonics	medumopuo
Value	mosola
Phonemic Awareness	temogo ya modumo
Word Recognition	Temogo ya mafoko
Commitments	ditlamego
Vocabulary	tlotlofoko
Master	itshupa
Caring	tlhokomela
self efficacy	bokgoni
Fluency	thelelo

## METSWEDI

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Published by the Department of Basic Education

222 Struben Street

Private Bag X895, Pretoria, 0001

Telephone: 012 357 3000 Fax: 012 323 0601

ISBN: 000-0-0000-0000-0

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