



SESOTHO  
GRADE R – BOOK 3  
TERM 3  
ISBN 978-1-4315-0717-7  
THIS BOOK MAY NOT BE SOLD.  
15th Edition



Aa Bb Cc Dd Ee Ff  
Gg Hh Ii Jj Kk Ll Mm  
Nn Oo Pp Qq Rr Ss Tt  
Uu Vv Ww Xx Yy Zz  
1 2 3 4 5 6 7 8 9 10



Kereiti ya

R



E tshabolotswe e  
bile e tsamaelana le  
CAPS

Lebitso:



basic education  
Department:  
Basic Education  
REPUBLIC OF SOUTH AFRICA

SESOTHO

Buka

3

Kotara 3





Mdi Angie Motshekga,  
Tona ya Thuto ya Motheo



Ngaka Reginah Mhaule,  
Motlatsi wa Letona la  
Thuto ya Motheo

Dipukutšhomo tša Rainbow tša ngwaga wa mathomo wa Mphato wa R ke maano a Kgoro ya Thuto ya Motheo a go kaonafatša mošomo wa sekolo wa bana ba Afrika-Borwa. Dinyakišišo di bontšha gore ngwaga wo mongwe le wo mongwe wo bana ba ikhwetšago ba dira ditiro tše di ba fago mafolofolo pele ga Mphato wa 1, ba dira bokaone dithutong tša bona mengwaga ye e latelago - dithutong tša bona tša praemari le tša sekontari. Ke ka lebaka leo go lebelelwago kudu dithuto tša Mphato wa R.

Lenaneothuto la Kgato ya Mathomo le nyaka gore barutwana ba Mphato wa R ba fiwe sebaka sa go tšwetša pele bokgoni bja pele ba ka bala le pele ba ka ngwala gammogo le bokgoni bja tša mmetse, ba tla swanela go hwetša motheo wo o tiilego wa tša thuto gore ba kgone go kwešiša bokaone ge ba ithuta tša Mphato wa 1 le go ya pele.

Ka lebaka leo dipukutšhomo tša Mphato wa R di lebišitšwe go ruta bana le go tšweletša pele mabokgoni a, le dikgopolo tše bohlokwa tša mathomo tše ba di nyakago go aga motheo wa go tla wa go ithuta. Di fa bana sebaka sa go tšwela pele le go ithuta mabokgoni ao a tla ba lokišetšago thuto ya semmušo.

Pele bana ba ithuta go bala ba swanela go ithuta go swara pene le puku le go phetlolla matlakala a yona le go kwešiša gore dipuku di šoma bjang. Ba swanela go kwešiša tswalano magare ga mantšu le diswantšho tše di lego ka pukung le go lemoga gore mantšu mo letlakaleng a agiwa ke medumo gomme a na le tlhalošo. Ka wona mokgwa woo pele bana ba ithuta go ngwala ba swanela ke go tšwetša pele nyalano ya tšhišinyego ya dikwi go ithuta go agega ga dibopego gomme ba tšwela pele ka go hlama maletere. A ke ona mabokgoni a nnete ao dipukutšhomo tše di lebišitšego go a tšwetša pele.

Re a tseba gore bana ka moka ga ba ithute ka lebelo la go swana. Dipukutšhomo tša Mphato wa R di kgontšha barutiši go lebelela lebelo leo ngwana yo mongwe le yo mongwe a ithutago ka lona ge go kgonagala; go boela morago, gape ge go kgonagala ba ya pele ka mo pukung go ya ka bokgoni bja ngwana yo mongwe le yo mongwe. Gape mešongwana ye e tla thuša barutiši go lemoga mathata ao bana ba ka bago le ona ge ba ithuta gore a tle a hlokomelwe pele ngwana a thoma ka dithuto tša semmušo.

Dipukutšhomo tše di kopantšha go ruta tsebotlhaka le go ruta mmetse le mabokgoni a bophelo e le karolo ya merero ye 20 ka go šomiša go bapala le go šomiša mekgwa ya go dira gore barutwana ba bannyane ba be le kgahlego le šedi ya go ithuta. Re hutša gore barutwana ba gago ba tla ipshina ka go šomiša mešongwana ye e lego ka go dipukutšhomo tše, ge ba dutše ba gola ba bile ba ithuta, le gore wena bjalo ka morutiši wa bona o tla thaba le bona.

## Ho bapala mmoho



## Papadi e nang le bohlaswa e monate!



basic education

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REPUBLIC OF SOUTH AFRICA



SCAN HERE  
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the OMO Messy  
Play Zone.





*Kereiti  
ya*

R

**TSE KOPANENG**

- Puo ya Lapeng
- Dipalo
- Bokgoni ho tsa bophelo



ya Mosebetsi

|   |                                      |    |
|---|--------------------------------------|----|
| 1 | Dipalangwang .....                   | 2  |
| 2 | Mosebetsi eo batho ba e etsang ..... | 10 |
| 3 | Metsi .....                          | 20 |
| 4 | Polasing .....                       | 30 |
| 5 | Tikoloho e hlwekileng .....          | 42 |

SESOTHO

*Buka ya*

3

*Kotara ya 3*

I

# Dipalangwang

Qoqa ka setshwantsho.





Titjhere: Tekena

Letsatsi



Qoqa ka setshwantsho.

Kotara ya 3 – Beke ya 1–5







Qoqa ka pale mme o take se tla etsahala.



A large empty rectangular box with a dotted blue border and an orange outline, intended for a drawing or story.

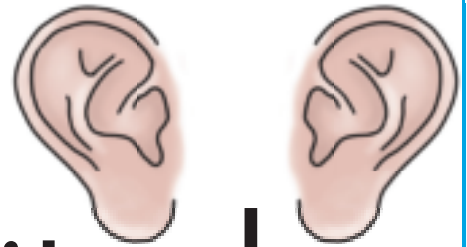


Ke modumo ofe o utlwahalang qalong ya lentswe.

d



dipalesa



ditsebe



dieta



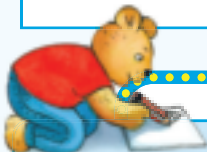
dinawa



dierekisi



diborele



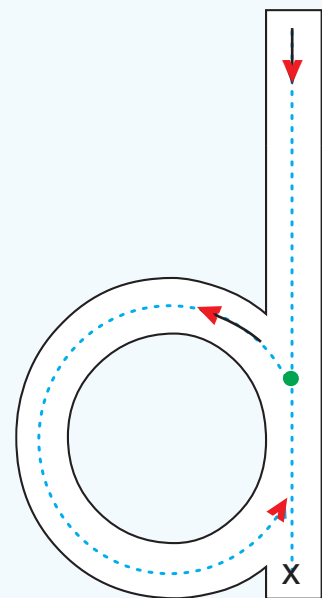
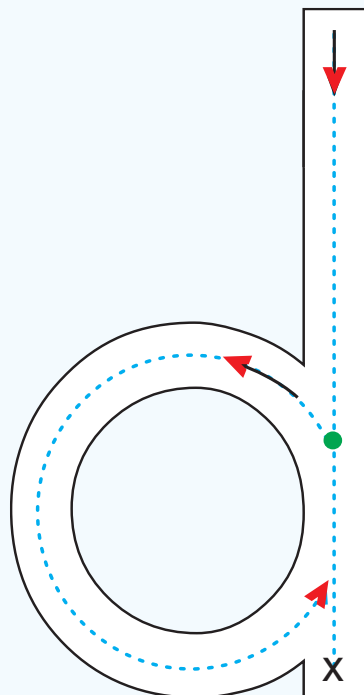
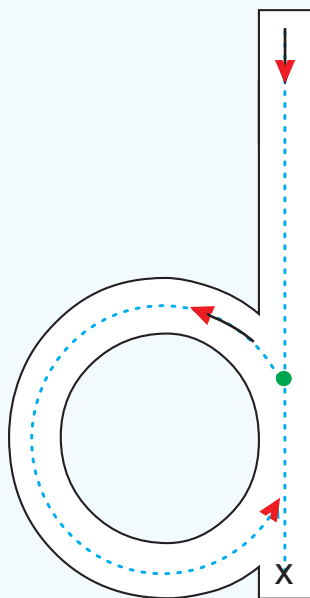
Lebitso la ka ke:





Qapodisa modumo ebe o a o hatellisa.

d



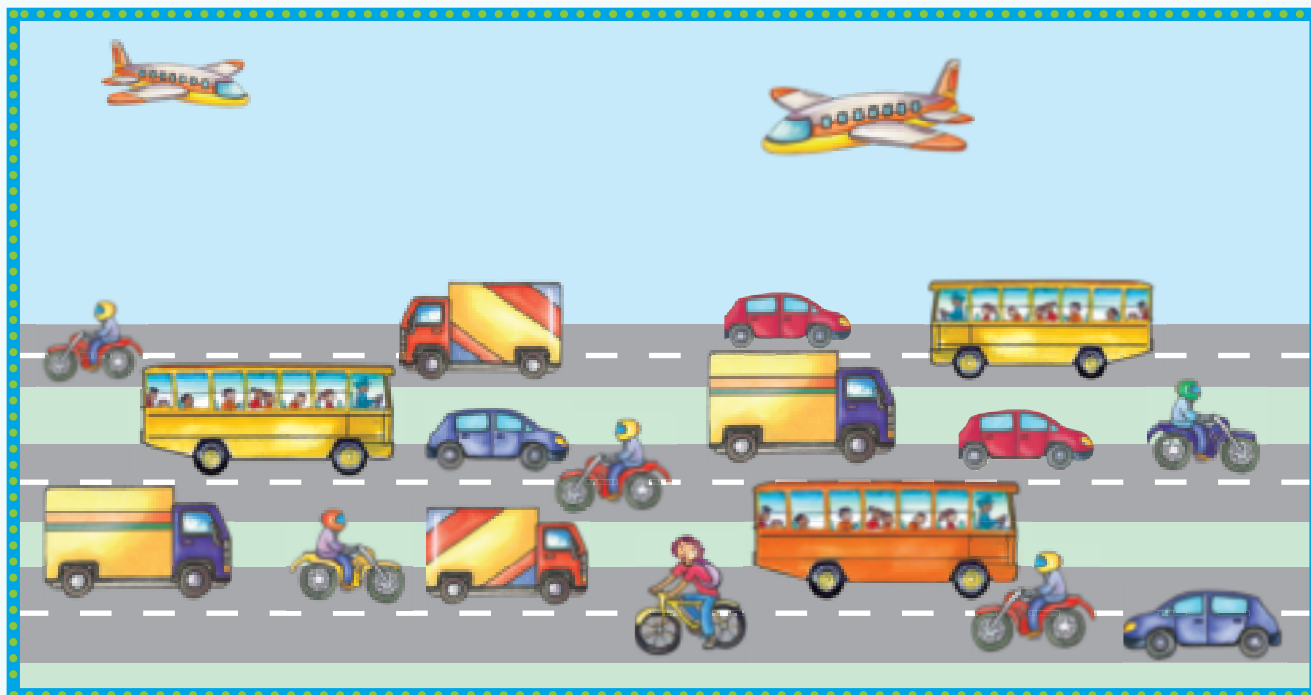


1.5



Bala mme o bontshe mefuta ya dipalangwang.

Kotara ya 3 – Beke ya 1–5



|   |                                                                                     |                                                                                     |                                                                                     |                                                                                      |                                                                                       |                                                                                       |
|---|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
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1.6



Taka lehlakore le leng la sekepe.



Lebitso la ka ke:

Titjhere: Tekena

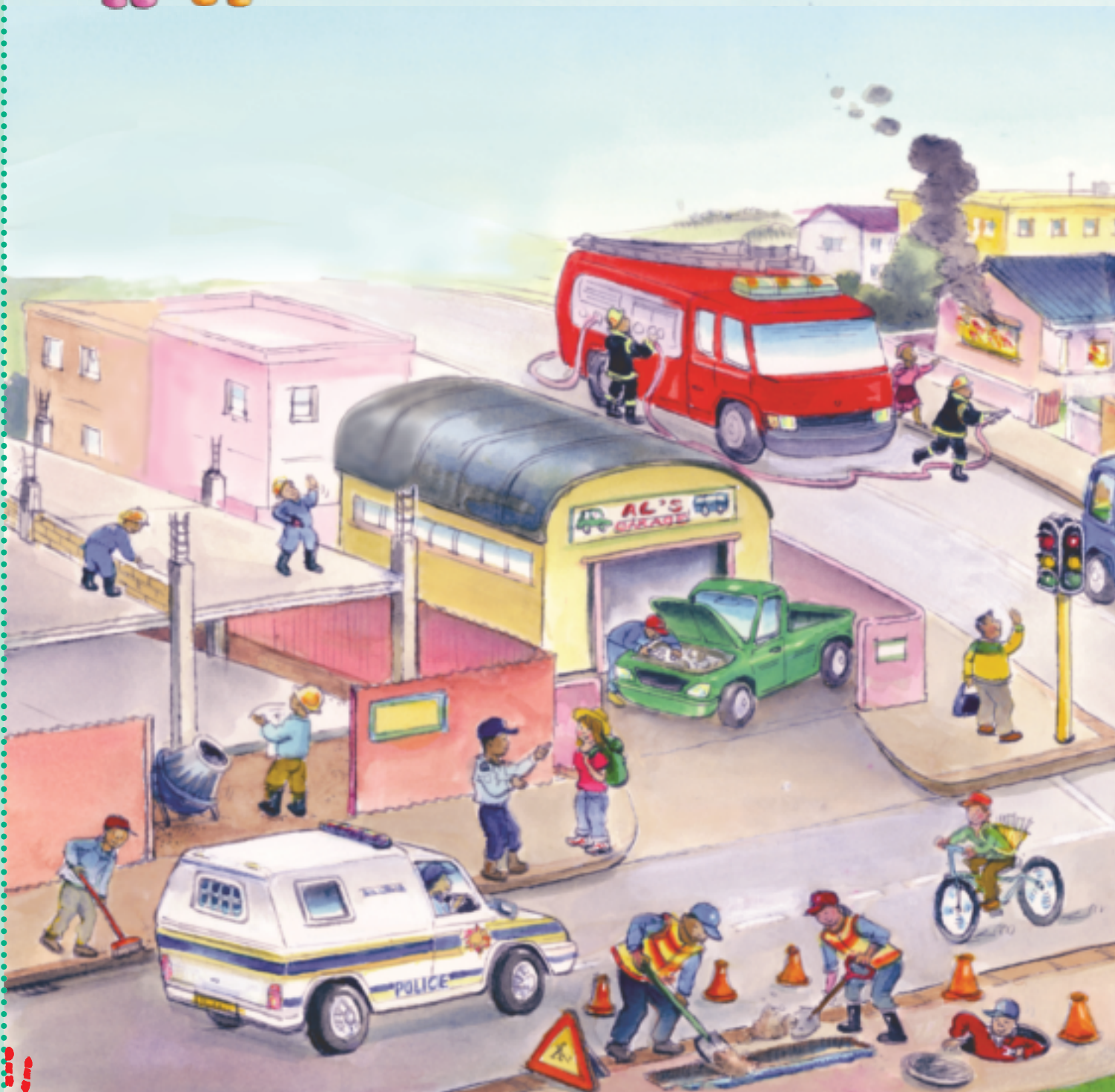
Letsatsi



# Mesebetsi eo batho ba e etsang



Qoqa ka setshwantsho.



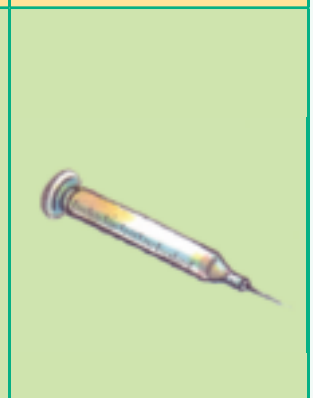
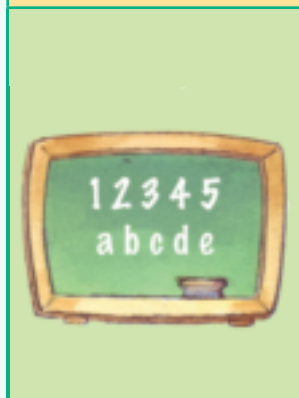
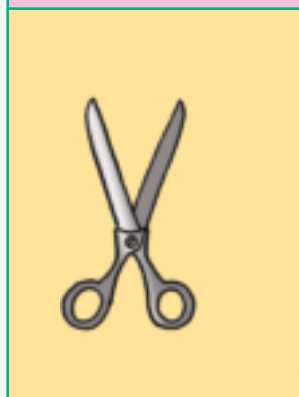
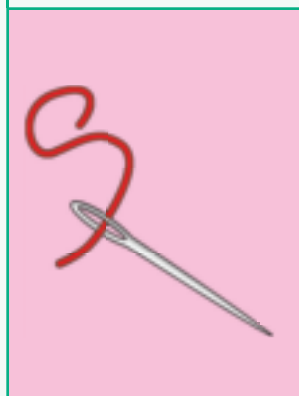
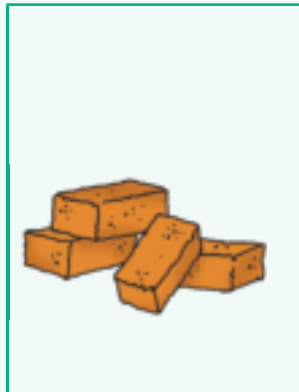






Etsa sedikwadikwe setshwantshong se tsamaelanang le seo motho a se etsang.

Kotara ya 3 – Beke ya 1-5





## Bophelo bo botle

Dijo

## Dipalawang



Letsatsi





Ke modumo ofe o utlwahalang qalong ya lentswe.

# n



nku



ntlo



naledi



nale



ntja



nama



Lebitso la ka ke

2.4

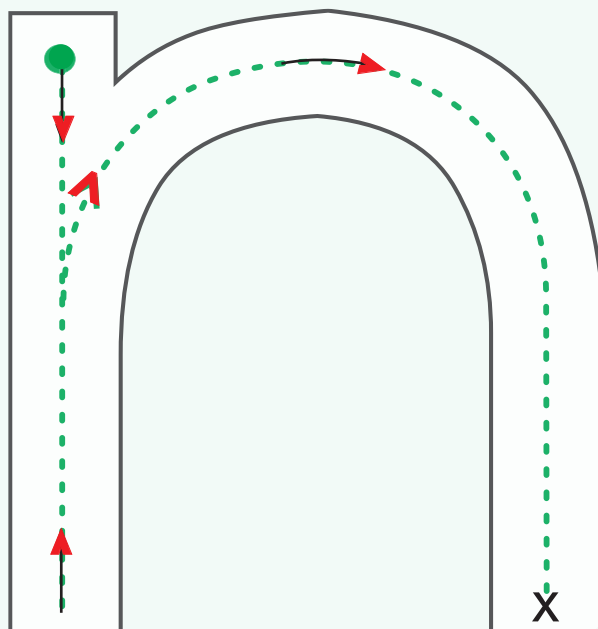
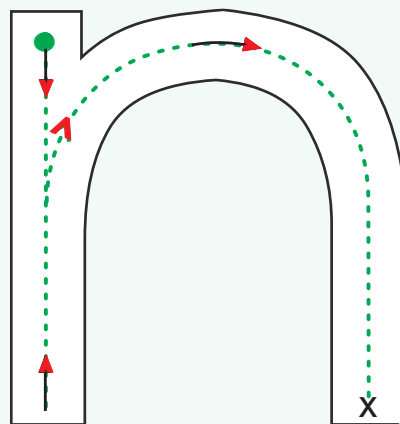
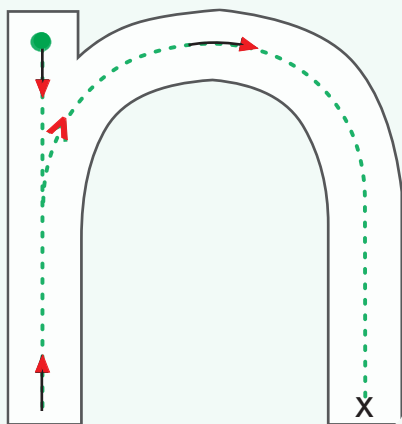


Qapodisa modumo ebe o a o hatellisa.

n



ntja

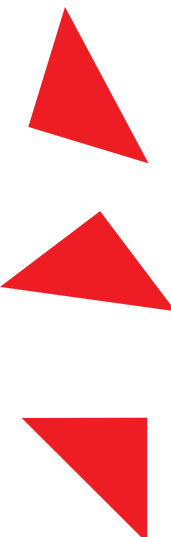
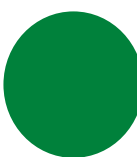


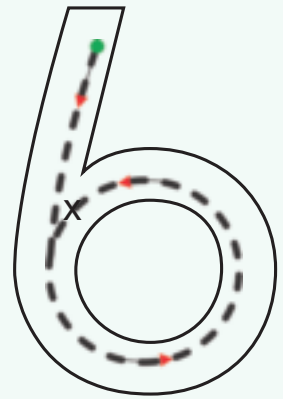
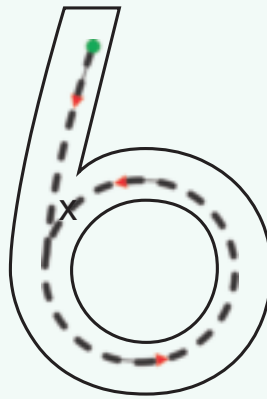
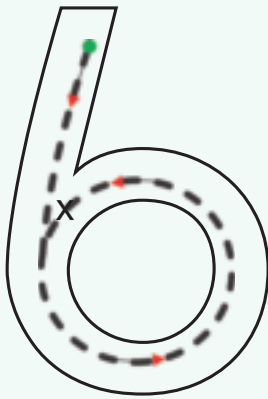
2.5



Bala, o take, o be o hatiselise nomoro tshelela.

Kotara ya 3 – Beke ya 1–5

|                                                                                    |                                                                                    |
|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
|   |  |
|  |                                                                                    |





2.6



Lebitso la ka ke:



Opa ho latela dinoko.



ngaka




nga ka



rapolasi






ra po la si



sef of ane






se fo fa ne



seahi



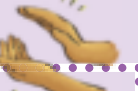


se a hi



mosuwetsana







mo su we tsa na



Qapodisa modumo, o hatellise ebe o etsa sedikadikwe setswantshong se qalang ka modumo o fapaneng le e meng.

a



apole

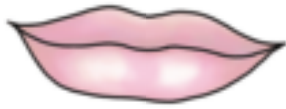


koloi



ahlama

m



molomo



seeta



mose

b



jase



buka



bolo

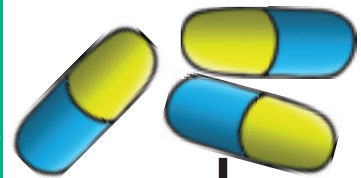
i



naledi



galase



pidisi

u



hempe



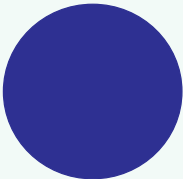
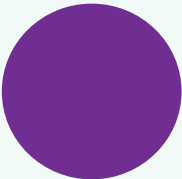
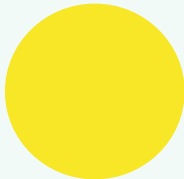
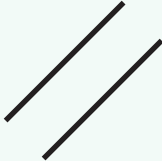
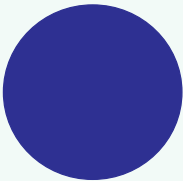
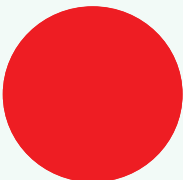
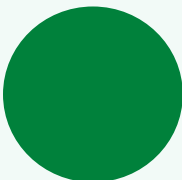
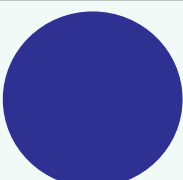
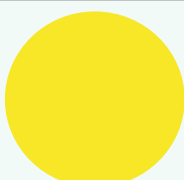
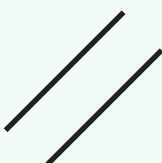
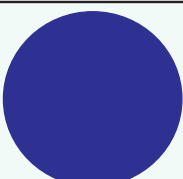
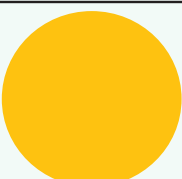
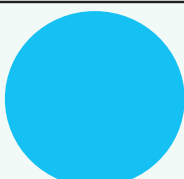
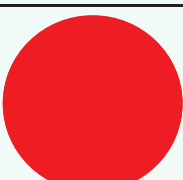
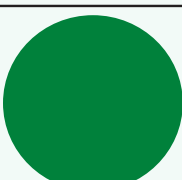
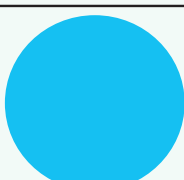
ulu



tuku

Hodisa paterone.



|                                                                                     |                                                                                     |                                                                                      |                                                                                       |
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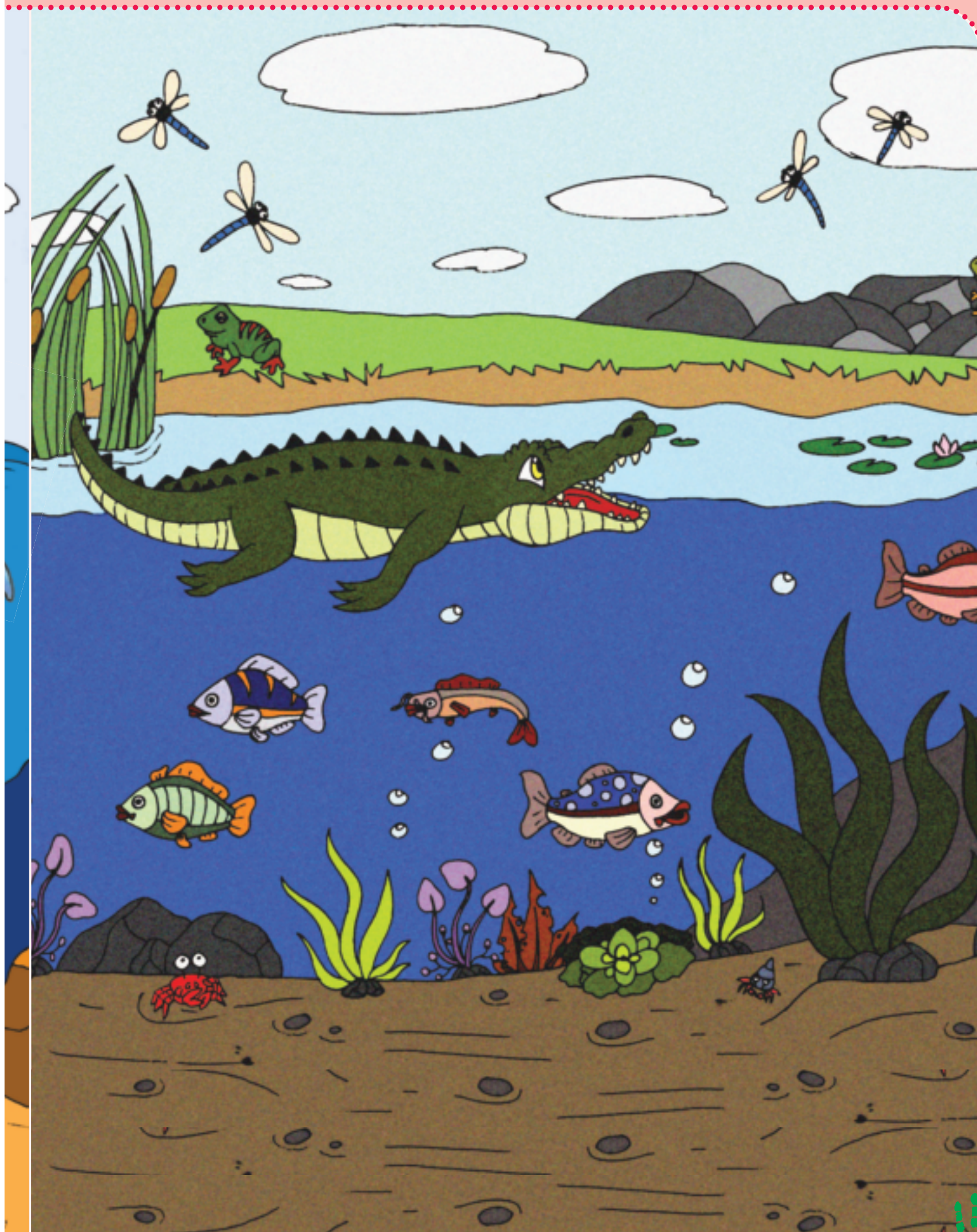
3

# Metsi

Qoqa ka setshwantsho.



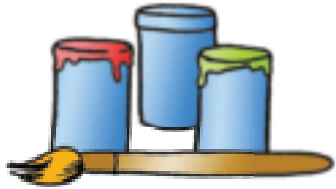






Ke modumo ofe o utlwahalang qalong ya lentswe.

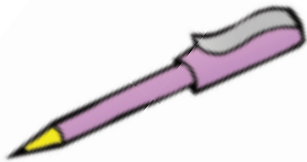
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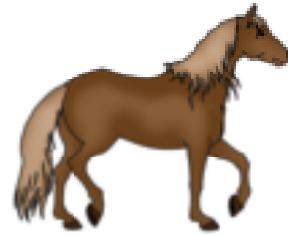
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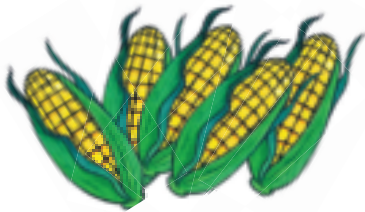
panana



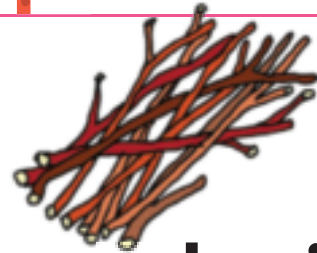
pene



pere



poone



patsi



Lebitso la ka ke:

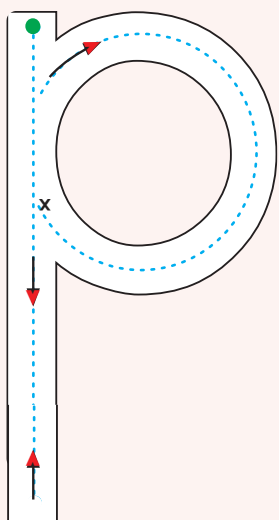
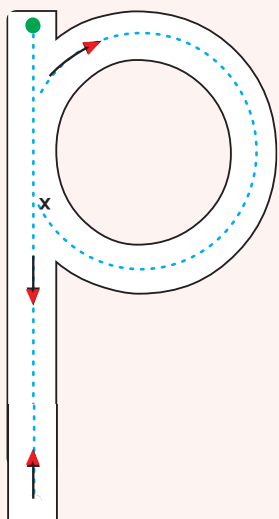


Qapodisa, o hatellise o be o etse sedikadikwe modumong o qapodisitsweng.

p



podì



a

p

o

p



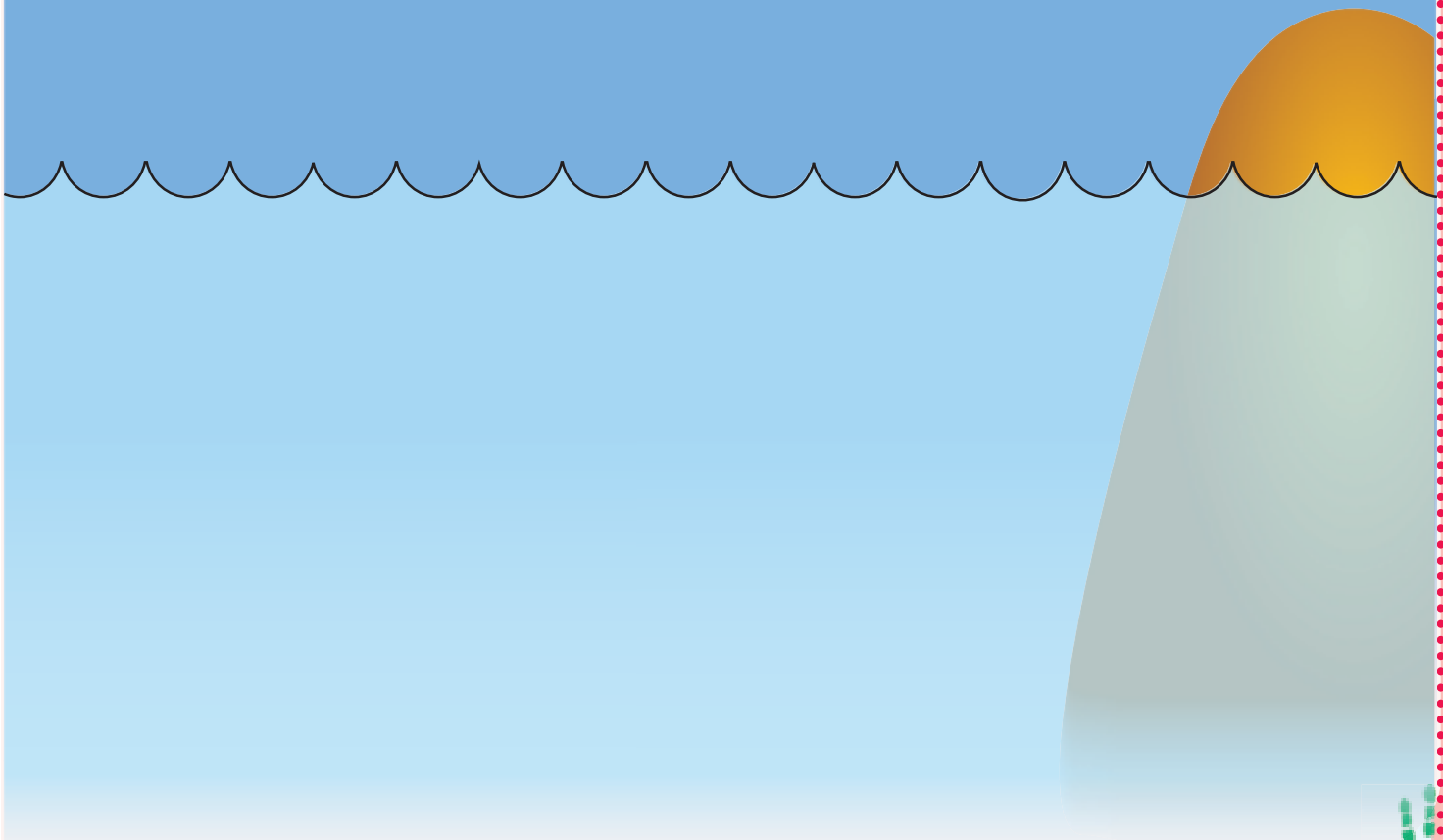
Hatellisa o tlotse leruarua ka mmala o bolou le tlhapinaledi ka mmala o mokgubedu.







Qoqa ka setshwantsho. Kgomaretsa ditshwantsho tsa dihababi tsa metsing.





Latella nomoro ho thusa sesesi ho fumana letlotlo.

Kotara ya 3 – Beke ya 1-5





Bala o etse letshwao ho lenane le tlase.

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Qapodisa modumo o utlwahalang qalong ya lentswe.

|                                                                                                     |                                                                                                       |
|-----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| <br><b>letsoho</b> | <br><b>leoto</b>   |
| <br><b>eleme</b>  | <br><b>leihlo</b> |
| <br><b>emati</b> | <br><b>eino</b>  |

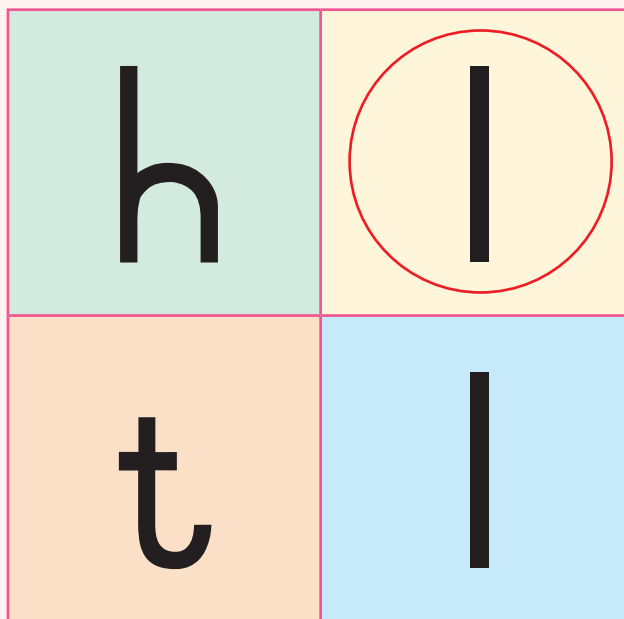


Lebitso la ka ke

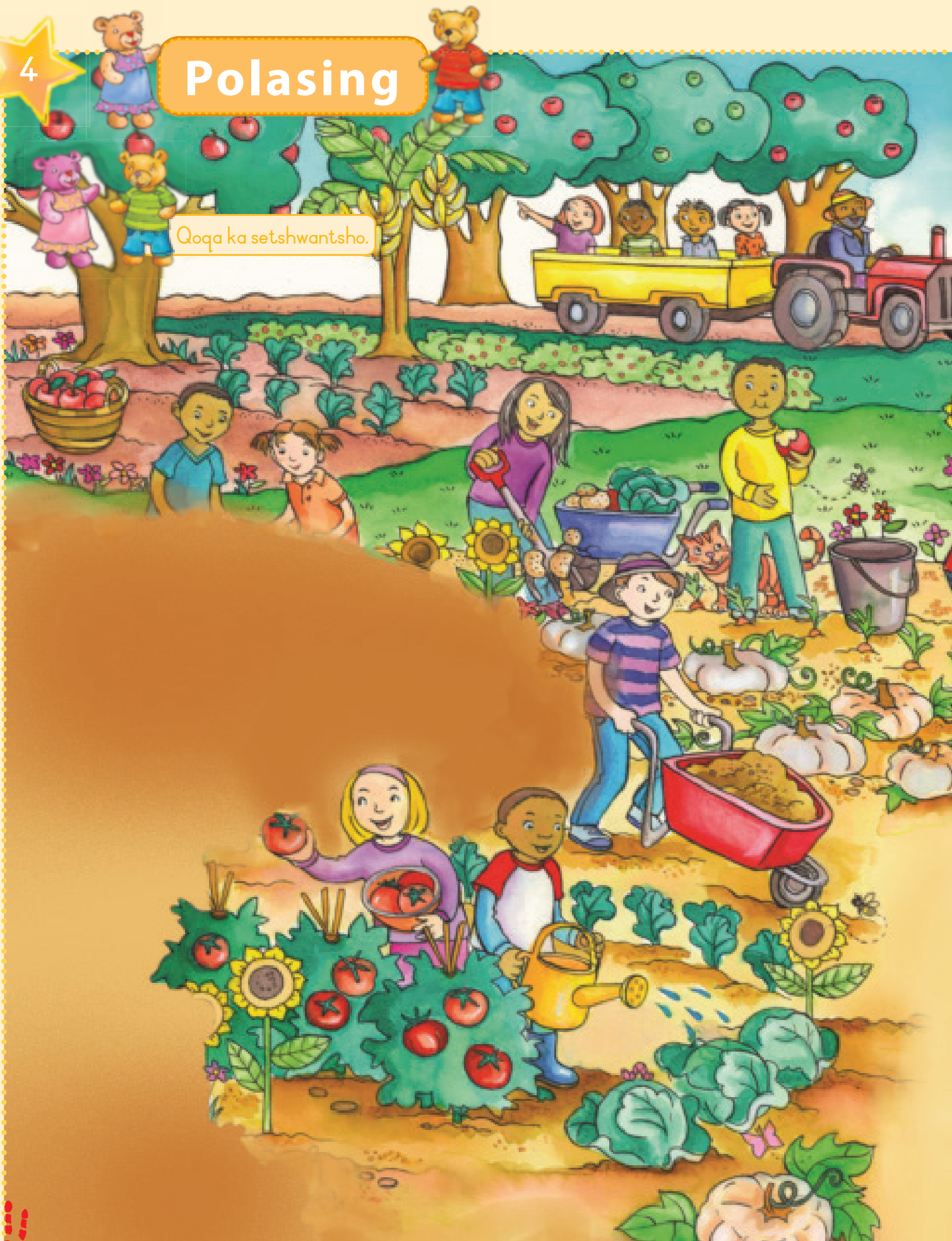




Qapodisa, o hatellise o be o etse sedikadikwe modumong o qapodisitsweng.



Qoqa ka setshwantsho.





Qetella paterone.





Arola ditholwana le meroho.

### ditholwana



apole



lamunu



morara



panana



peniapole



pere



phopho



perekisi

### meroho



dinawa



khabetjhe



dierekisi



sepenishe



tapole



sehwete



poone



mokopu



4.2



Kgomaretsa dikgomaretsi tsa ditholwana le meroho ka moo di tshwanetseng.

| ditholwana | meroho |
|------------|--------|
|            |        |

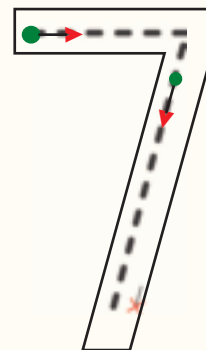
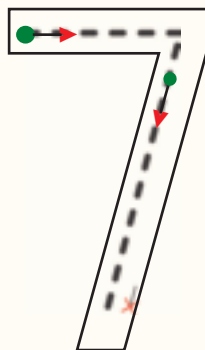
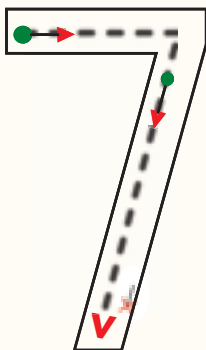
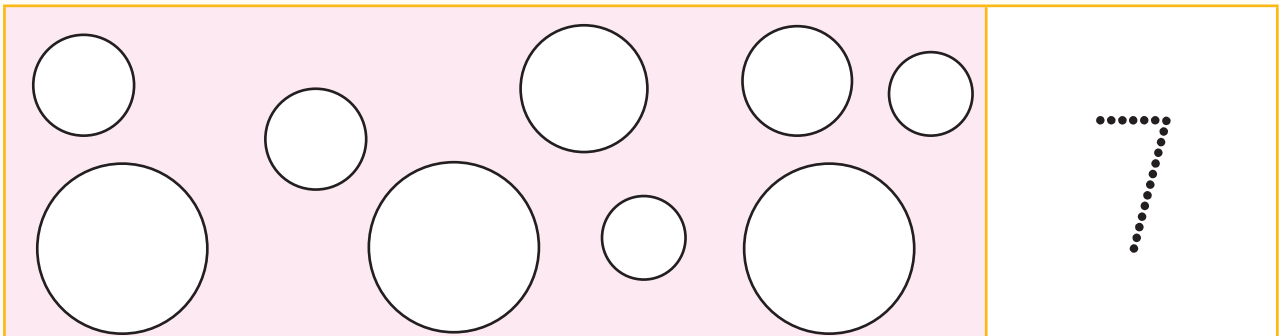
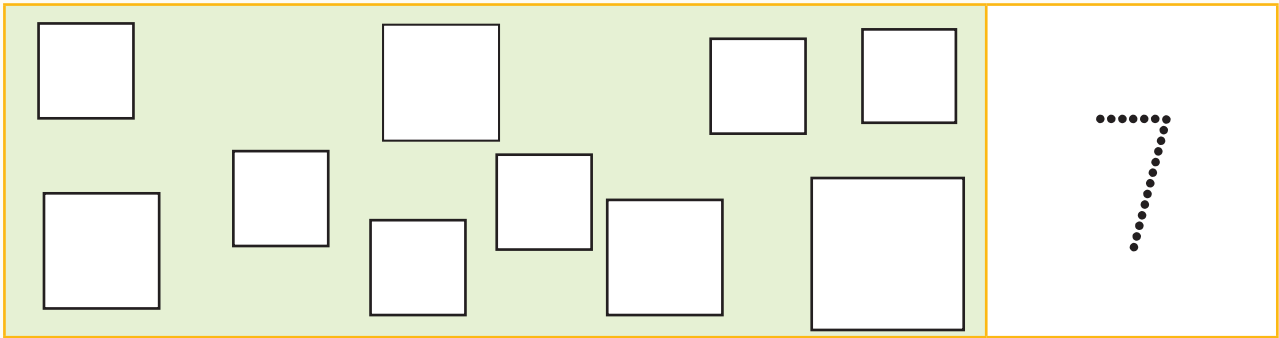
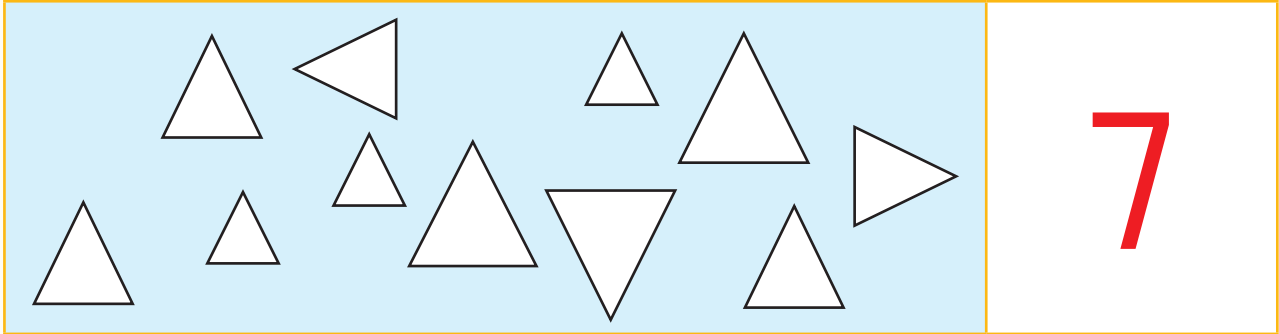


4.3



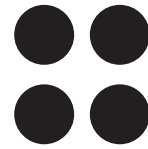
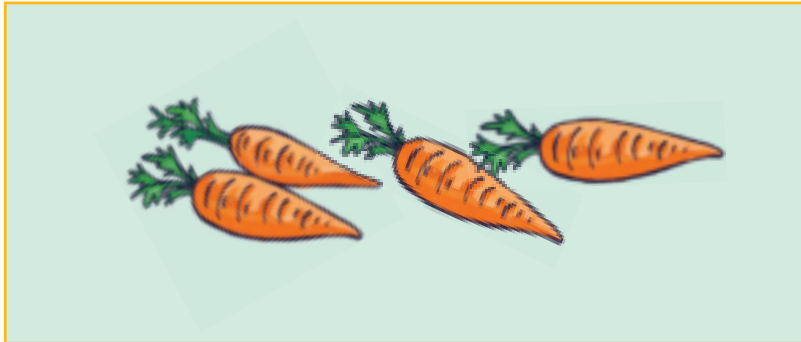
Tlotsa dibopeho tse supileng moleng ka mong o be o hatisetse nomoro supa.

Kotara ya 3- Beke ya 6-10

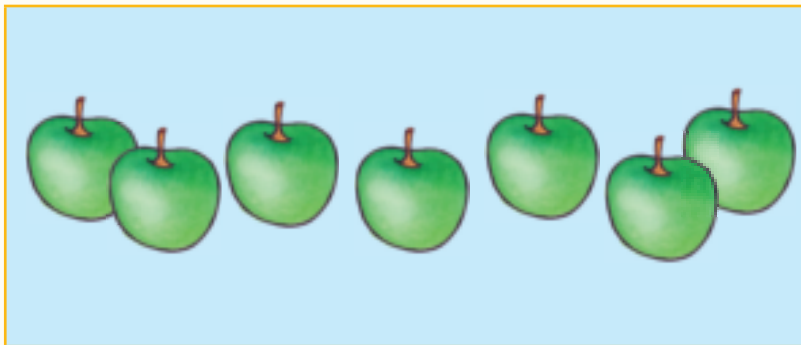




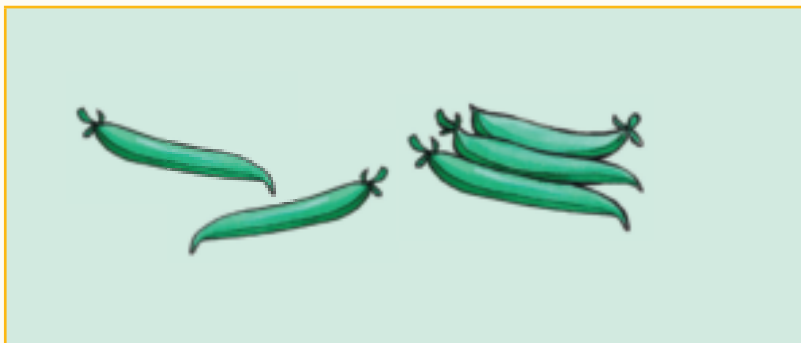
Taka matheba a lekanang le palo ya ditshwantsho mme o hatiselletse nomoro e bapileng.



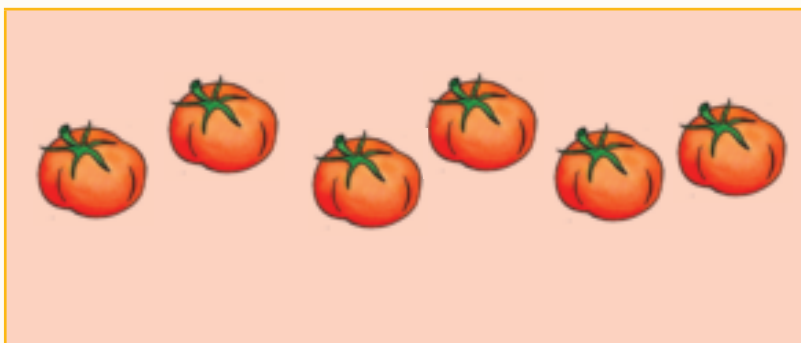
4



7



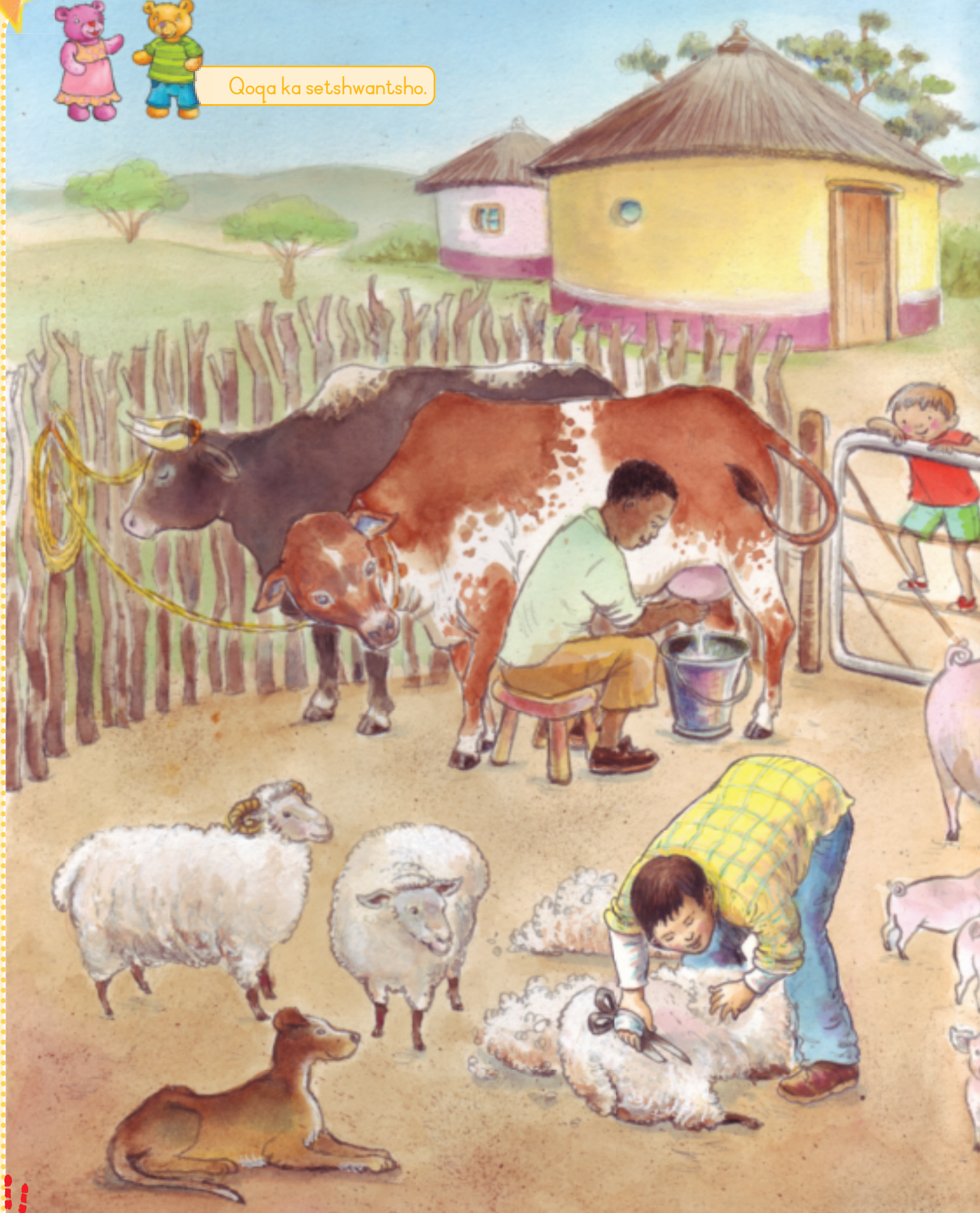
5



6



Qoqa ka setshwantsho.

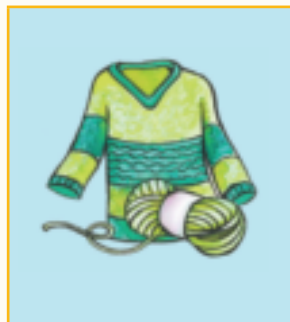
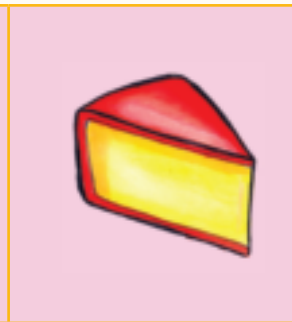
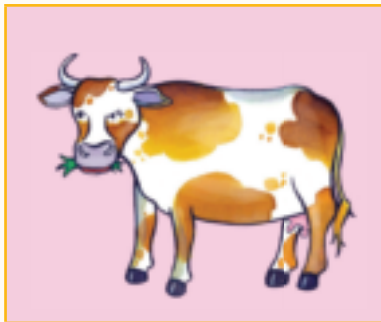
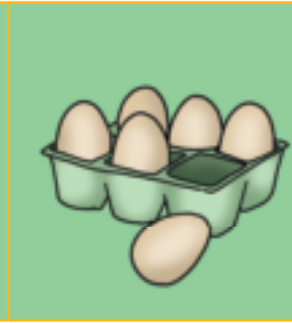
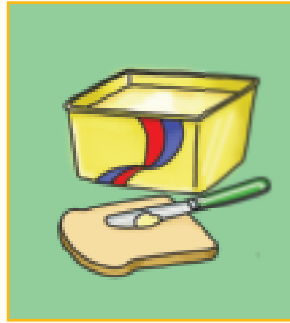








Etsa sedikadikwe ho seo re se fumanang ho tse ka lebokosong le qalang.



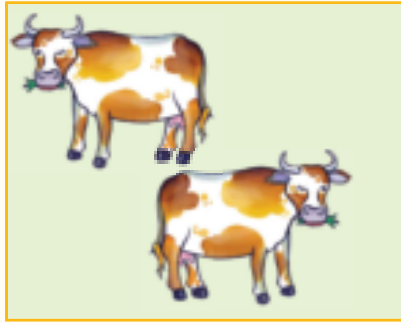
4.7



Bolela hore di kae kaofela.



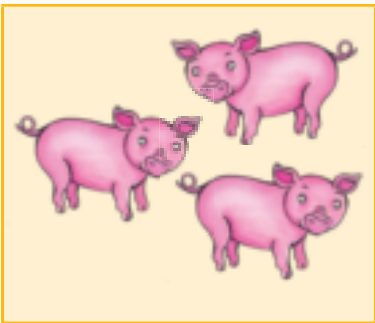
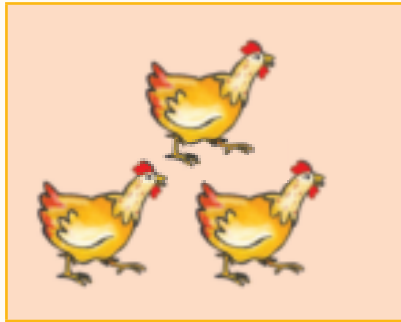
le



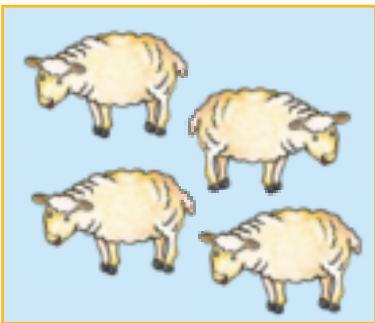
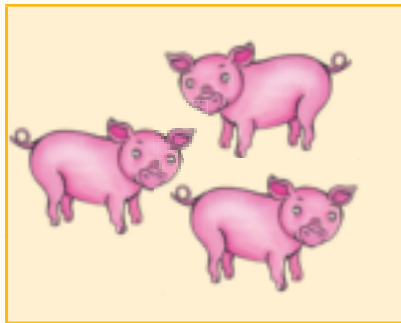
3



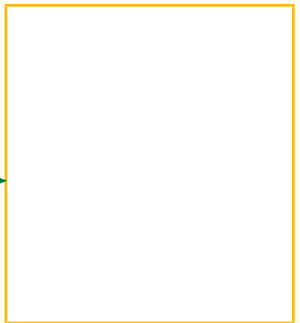
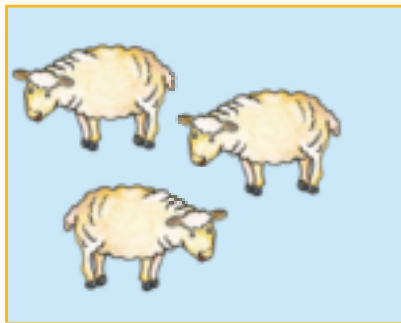
le



le



le



Lebitso la ka ke:

Titjhere: Tekena

Letsatsi





Qapodisa modumo o hatelletsweng ka bokgubedu.

f



folaga



sefofane



feiye



lefielo



sefate



fatuku



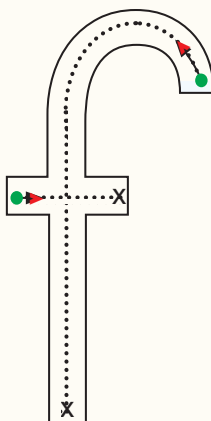
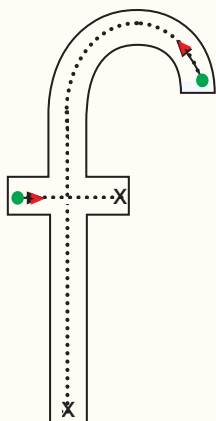
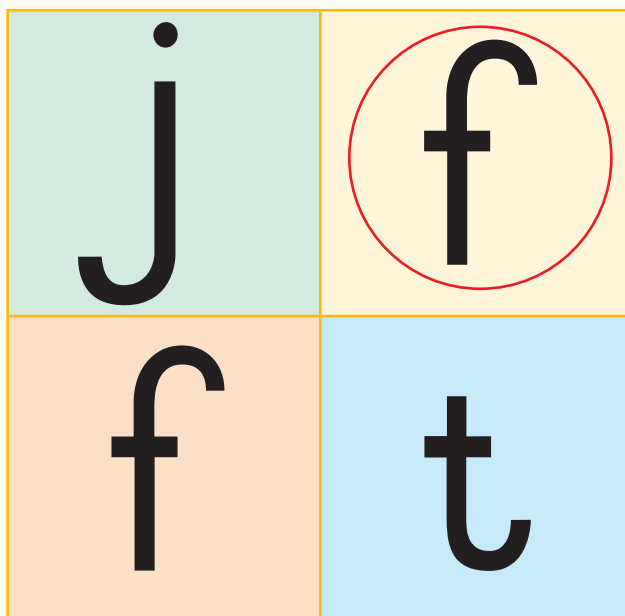
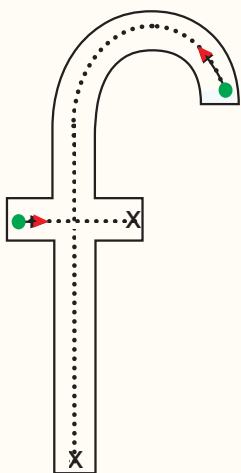


Qapodisa, o hatellise o be o etse sedikadikwe modumong o qapodisitsweng.

f



fereko



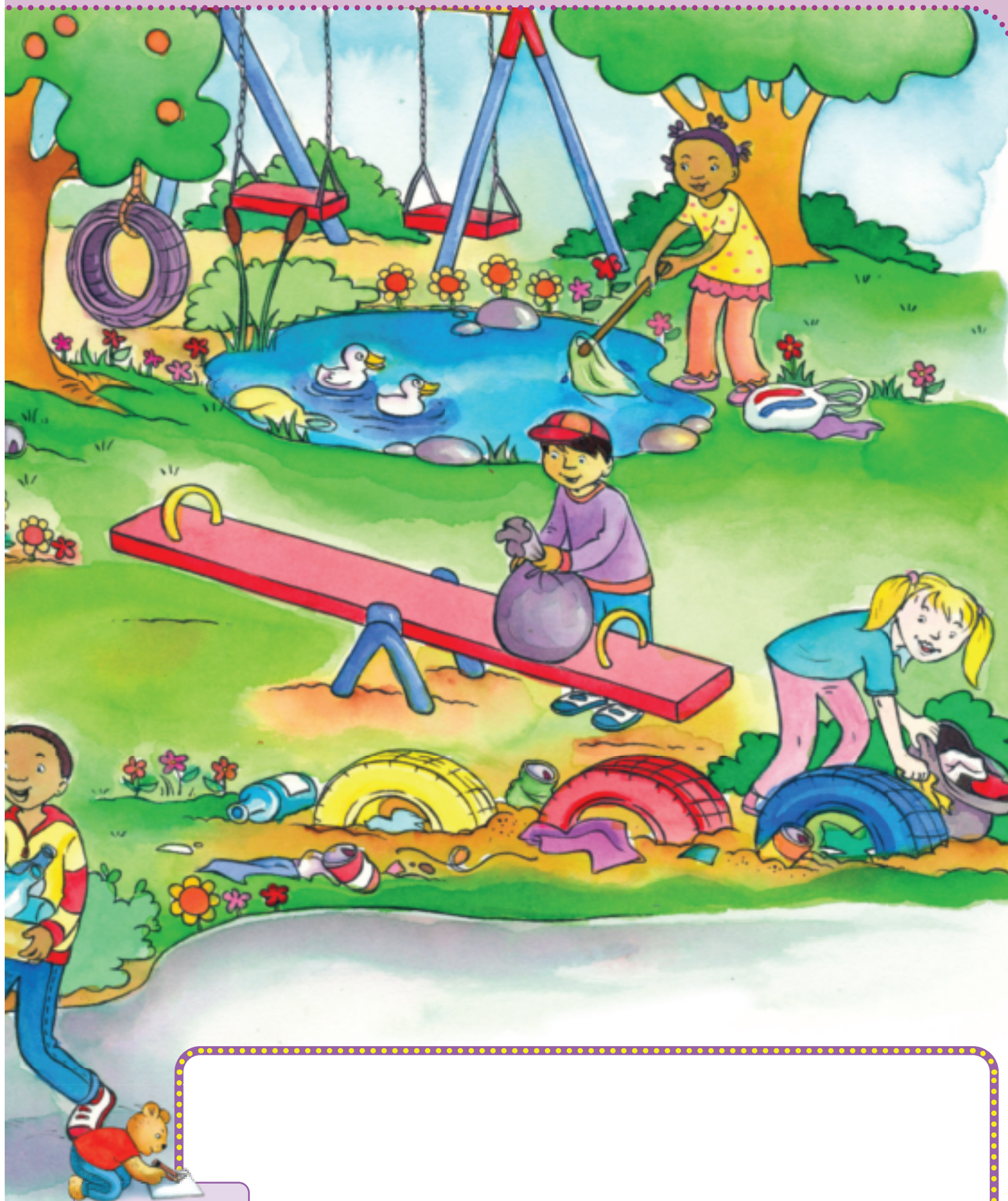
# Tikoloho e hlwekileng

Qoqa ka se tshwantsho.

Kotara ya 3 – Beke ya 6–10



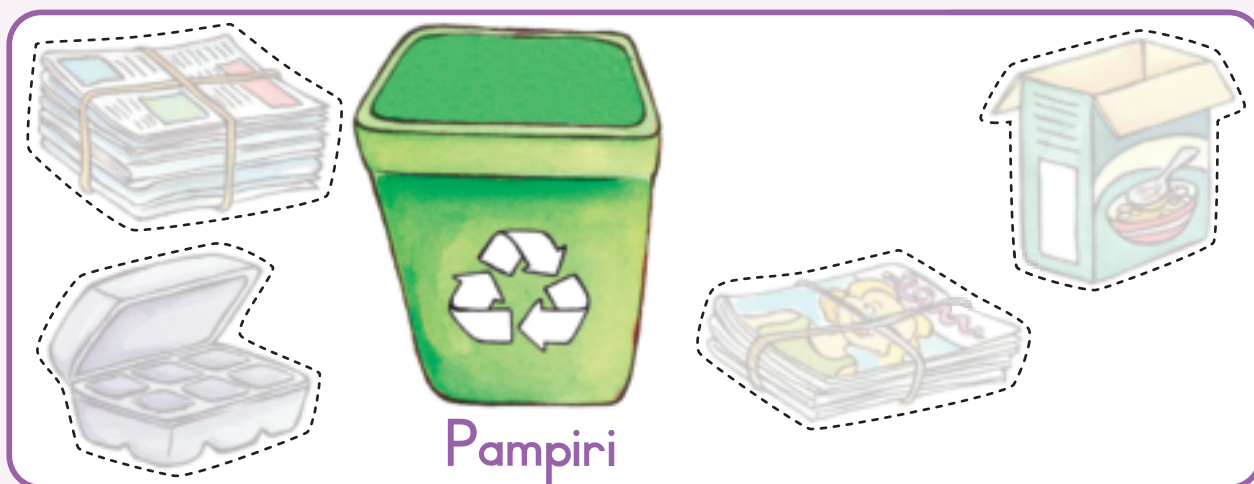




Lebitso la ka ke:



Kgomaretsa dikgomaretsi ka ho nepahala.

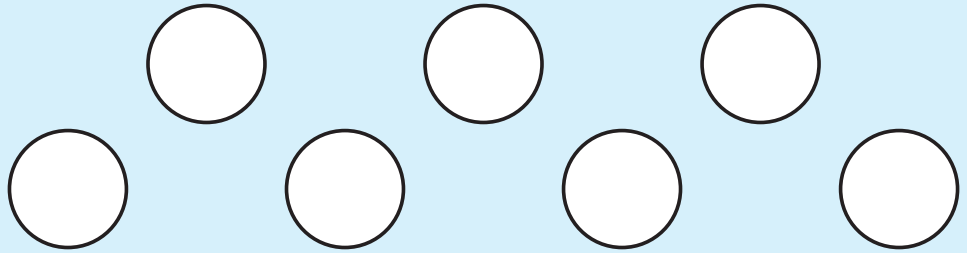




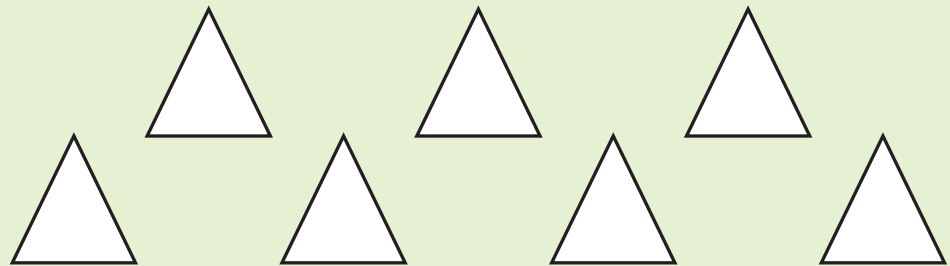


Hatellisa nomoro mme o take ditshwantsho  
ho ya ka palo e nepahetseng.

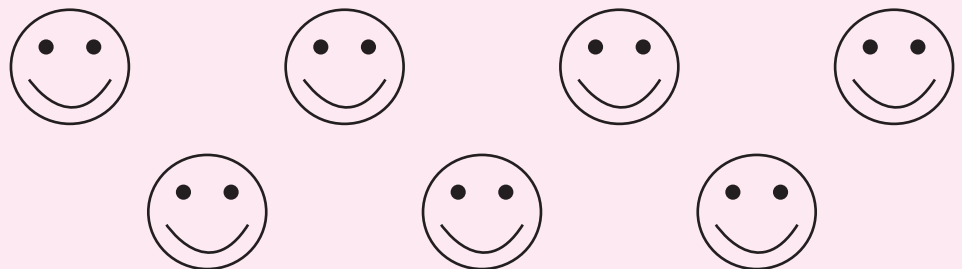
6



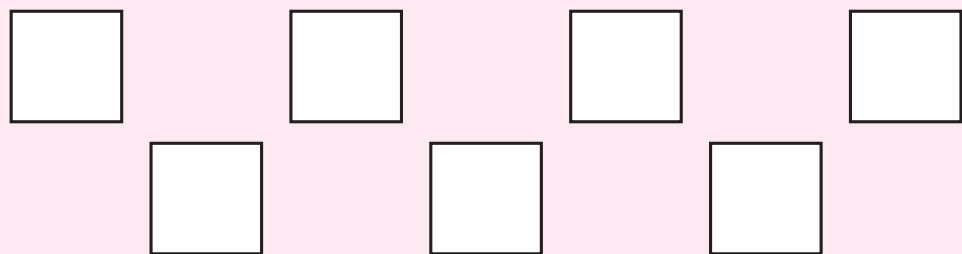
4



7



5



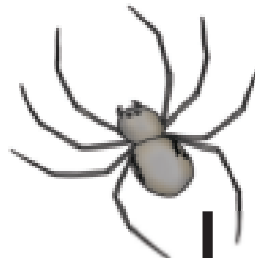


Ke modumo ofe o utlwahalang qalong ya lentswe.

# S



se<sup>s</sup>epa



se<sup>s</sup>ekgo



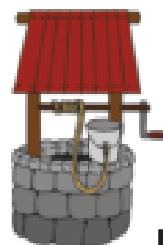
se<sup>s</sup>eeta



se<sup>s</sup>efate



se<sup>s</sup>ekolo



se<sup>s</sup>ediba



Lebitso la ka ke:

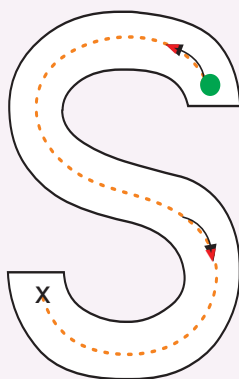
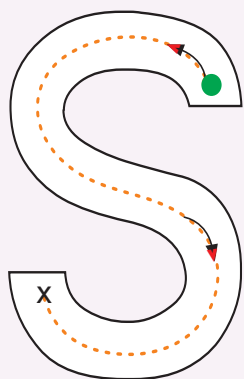
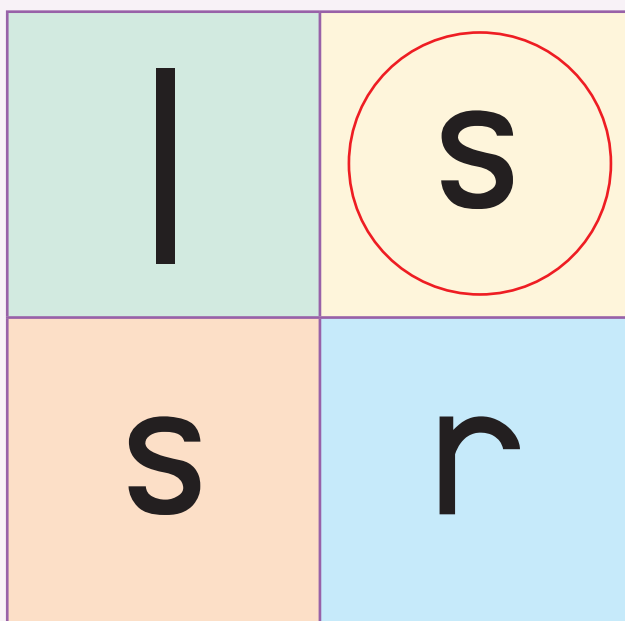
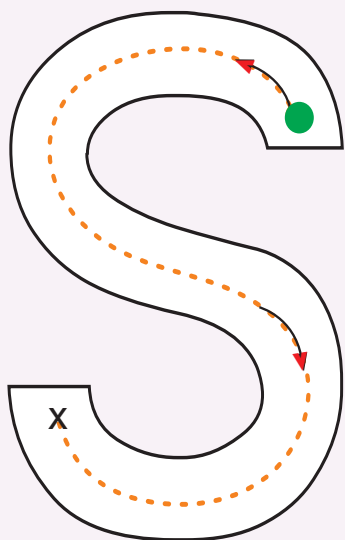


Qapodisa, o hatellise o be o etse sedikadikwe modumong o qapodisitsweng.

# S



**s**erubele





Bolela hore di kae kaof ela.

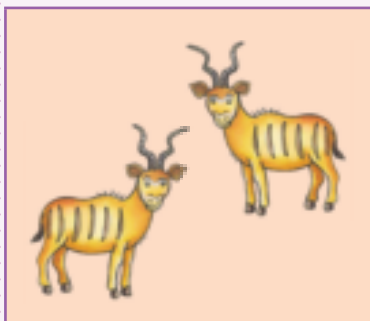
Kotara ya 3 – Beke ya 6–10



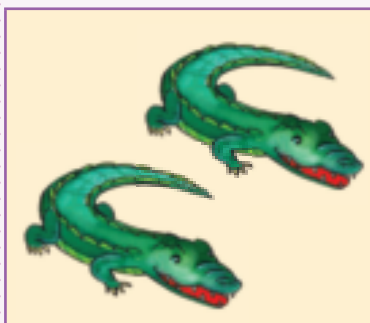
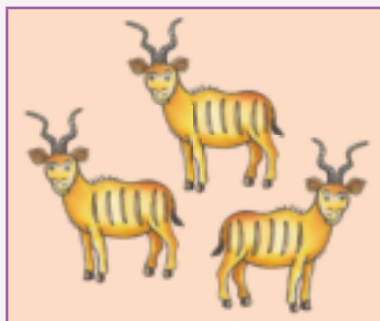
le



2



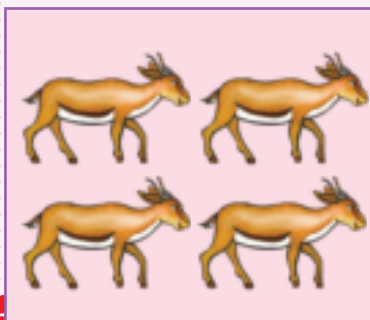
le



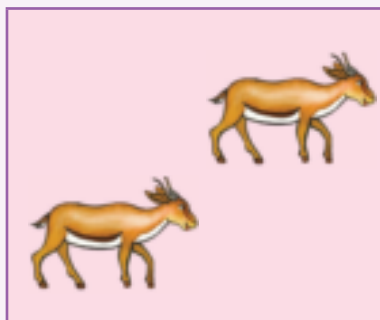
le



le



le

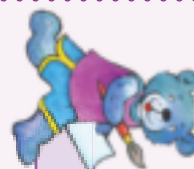




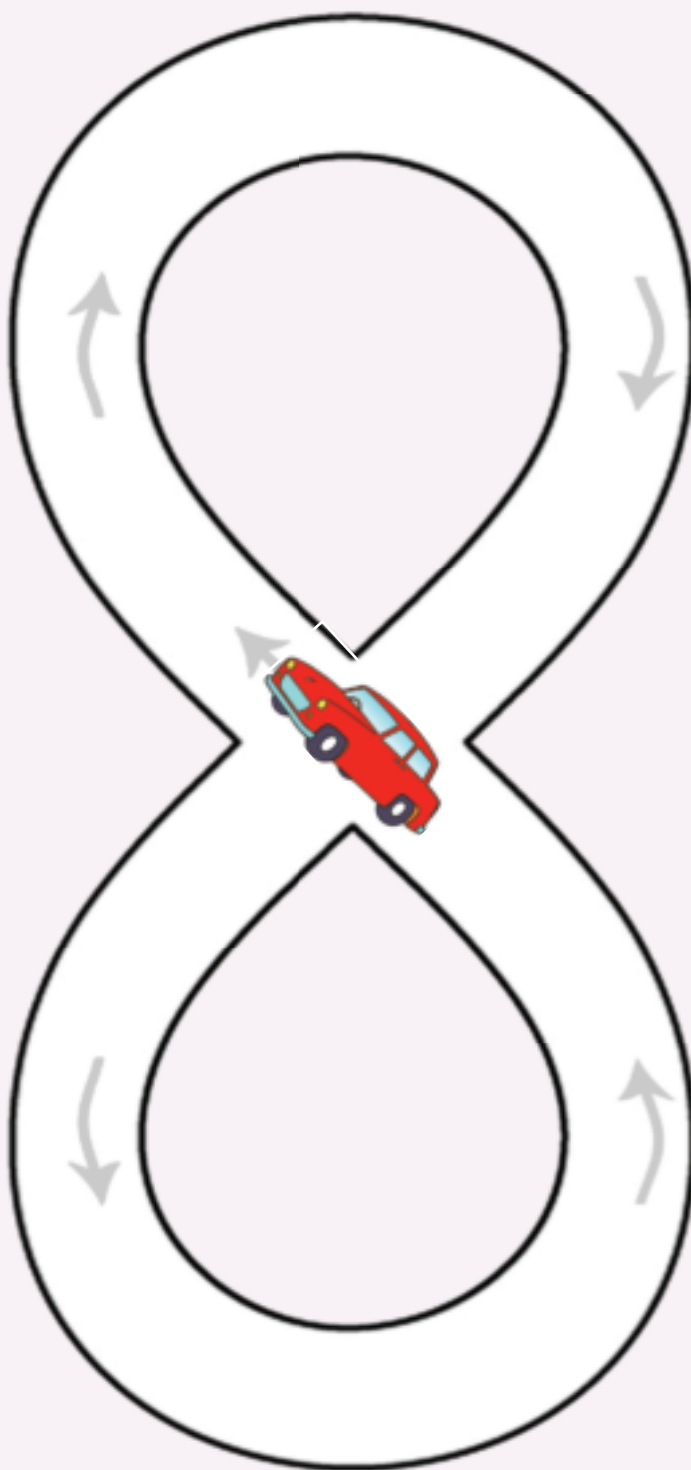


Qaqang le be le tlotse ka mebala.





Hatellisa nomoro ya robedi.





Seha mme o bapise.



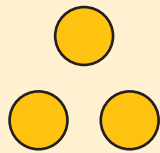
1



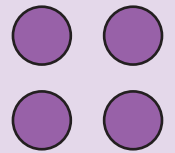
2



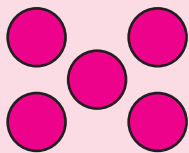
3



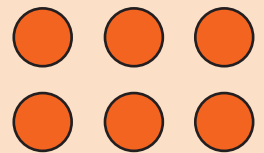
4



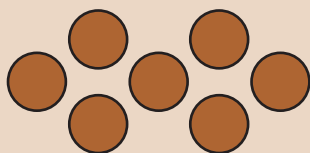
5



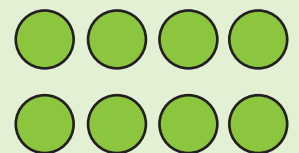
6



7



8





a



apole

n



nku

p



pitsa

m



mosi

o



topo

d



dula

t



tae

s



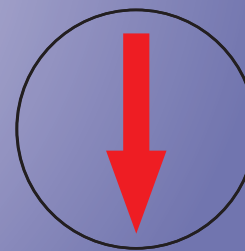
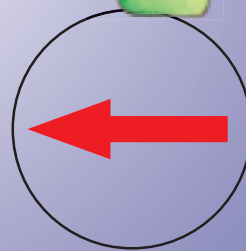
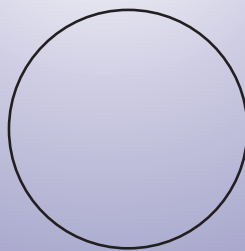
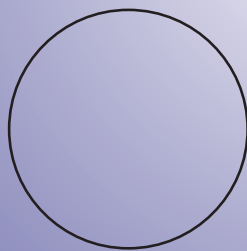
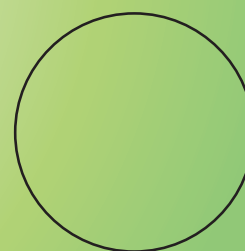
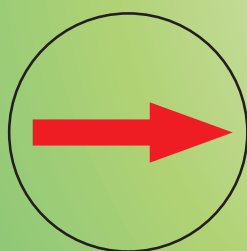
seeta



5.9



Taka manaka ho bontsha tsela.



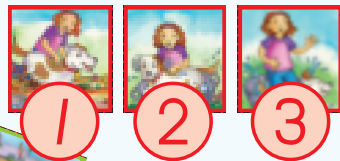


# Disehwa



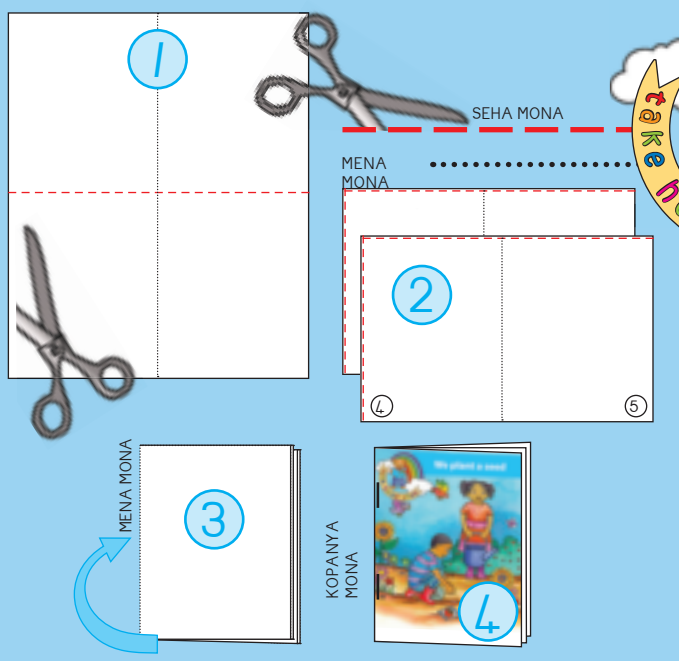
## Papadi ya boikgopotso:

Kopakopanya dikarete ebe o di paka di shebile fatshe. Ebe o fetola tse pedi ka nako ho bona hore di ya nyalana, ha di nyalane di behe ka thoko. Ha di sa nyalane di kgutlisetse dipakeng. Sheba o bone moo o di kentseng teng. Motho wa pele wa ho fumana tsohle tse nyalaneng ke mohlodi. O ka bapala le "snap" ka dikarete tsena.



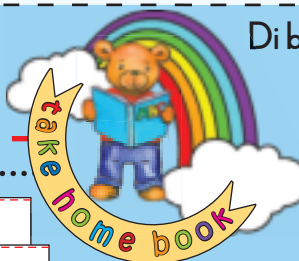
## Dikarete tsa tatellano:

Seha dikarete tsena, di behe ka ho latellana ebe o bolela pale hore ho etsahalang tatellanong ka nngwe.



## Di buka tsa ho bala:

Latela ditaelo ho iketsetsa buka e sehwanng. Nka buka eo o e entseng ho ya hae ho lo e balla metswalle le methaka.





Ha re etseng.

Seha leqephe moo ho nang le mola wa matheba mme o manamise leqephe khafareng e ka morao ho etsa phokhotho. Boloka tseo o di sehileng ka mona hore di se ke tsa lahleha.

DINTHO TSE SEHWANG

DIMANAMISWA

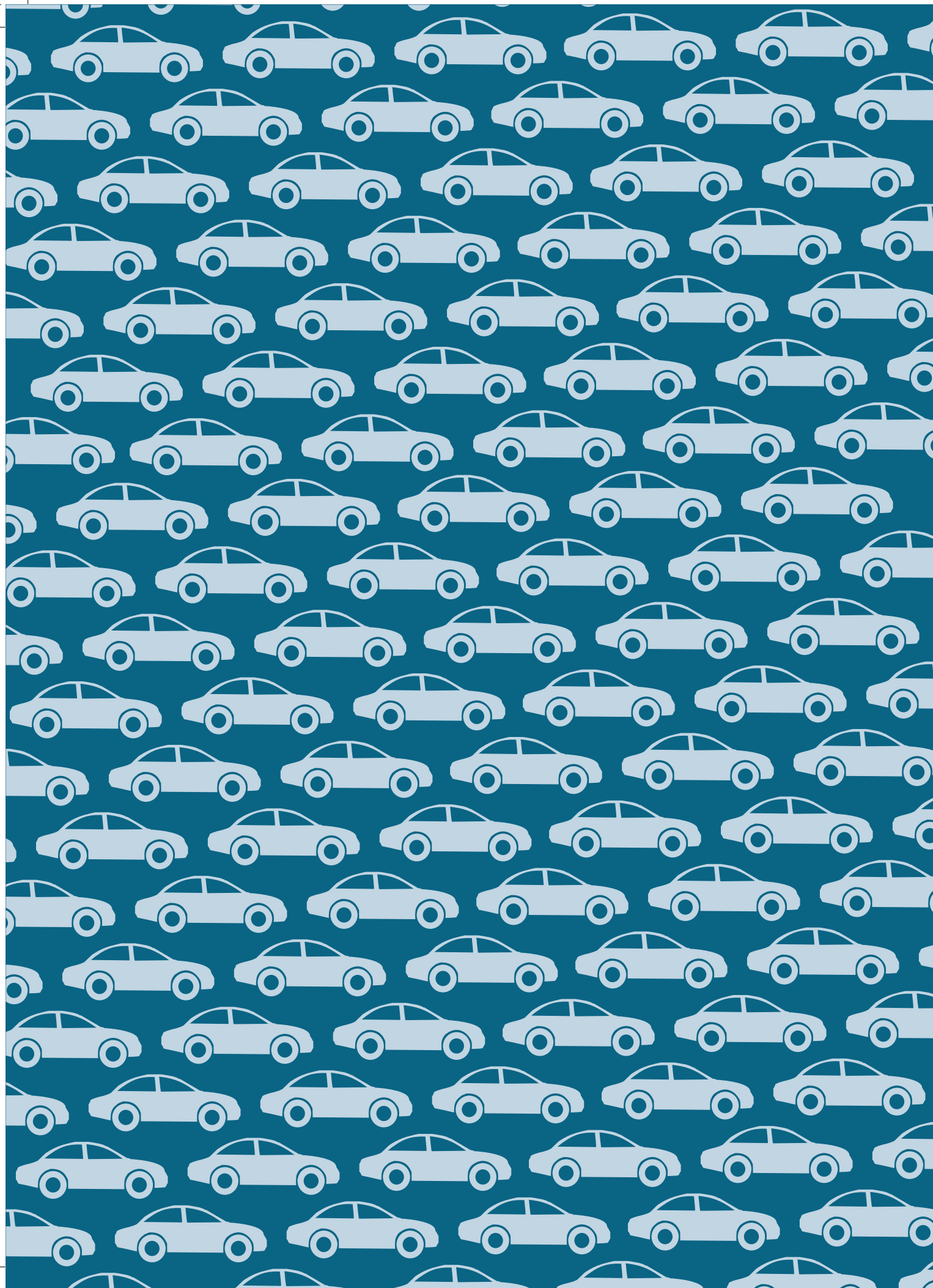
DIMANAMISWA

DIMANAMISWA

DIMANAMISWA











Diphoofolo di batla ho  
ja dijalo.

4



Neng ditamati di kgolo  
ebile di kgubedu.

5



Re na le meroho e mengata ho  
rekisa mmarakeng.

8



Re jala peo

Letsatsi le leng le le leng  
Nomsa le Sam ba sebetse  
serapeng sa meroho.

1





Ke tla ja tamati bakeng sa dijo  
tsa motshehare.

6



Nomsa o nosetsa dijalo.

3

Haufi re tla ba le ditamati  
bakeng sa ho ja.



2



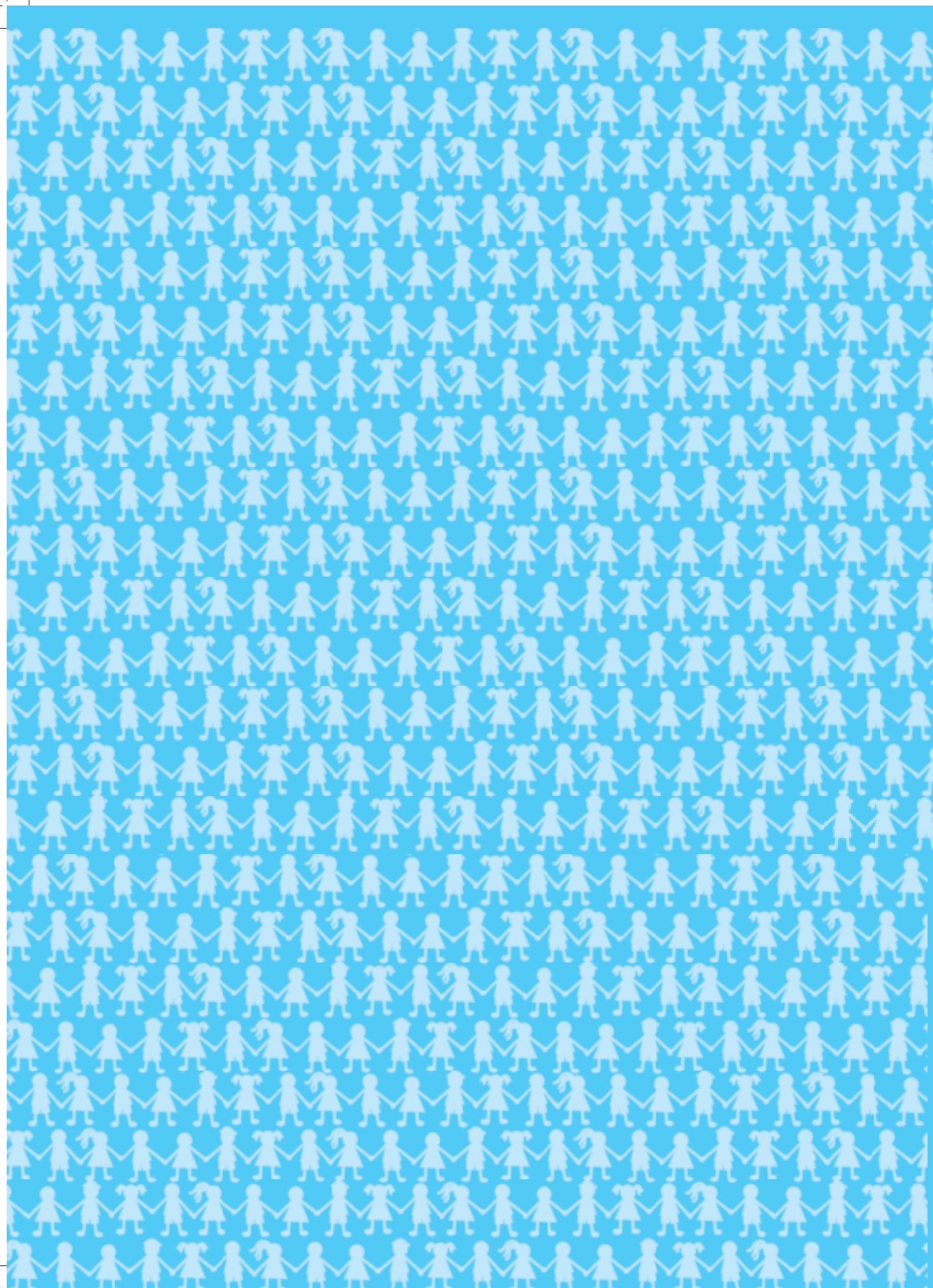
Bohle ba tlile ho boha serapa.

7











Sara o tlamehile hoba dikobong.

4 O ikutlwa a tjhesa.



Sara o na le lefu la Tjhikine Phokose. O na le matheba a mangata.

5



Sara o phetse hantle hape. A ka kgutlela sekolong. Jwale

8 a ka bapala le metswalle.



Ho ya bona ngaka



1





Sara o ya ngakeng. Ngaka e re  
Sara a dule hae.

6



Sara o na le motjheso. O kula  
haholo ho ka ya sekolong.

3



Sara o ikutlwa a kula ho ka ja  
dijo tsa hae tsa hoseng.

2



Sara o nwa moriana wa hae.

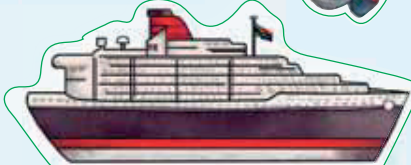
7



# STICKERS



3



12



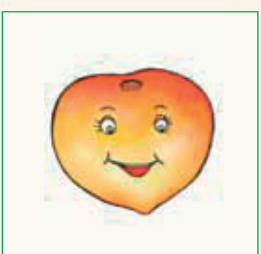
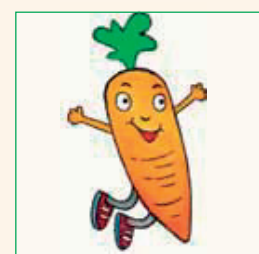
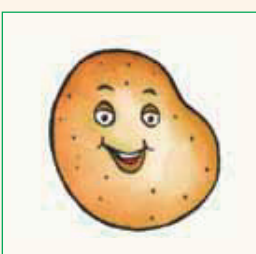
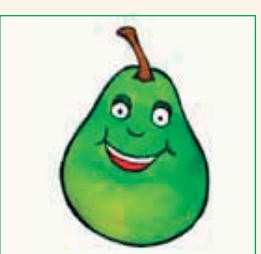
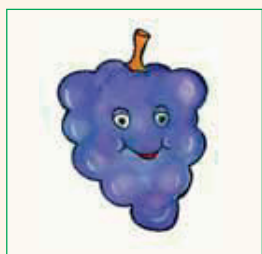
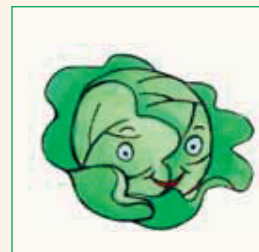
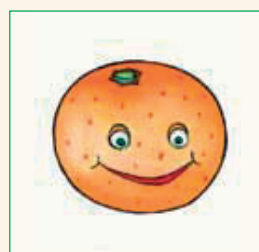
13



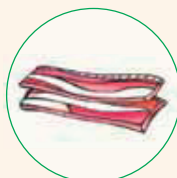
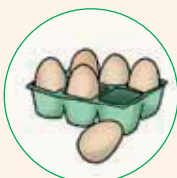
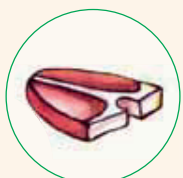
31



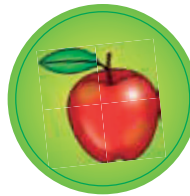
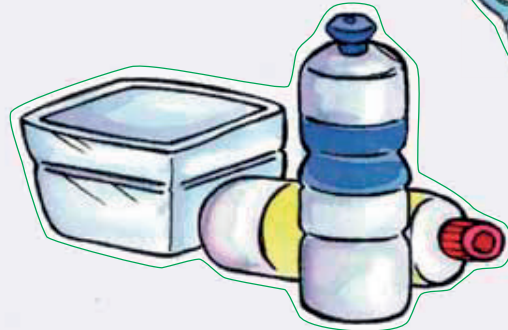
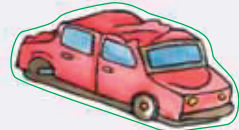
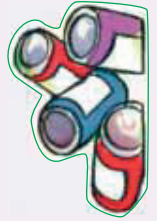
33



13

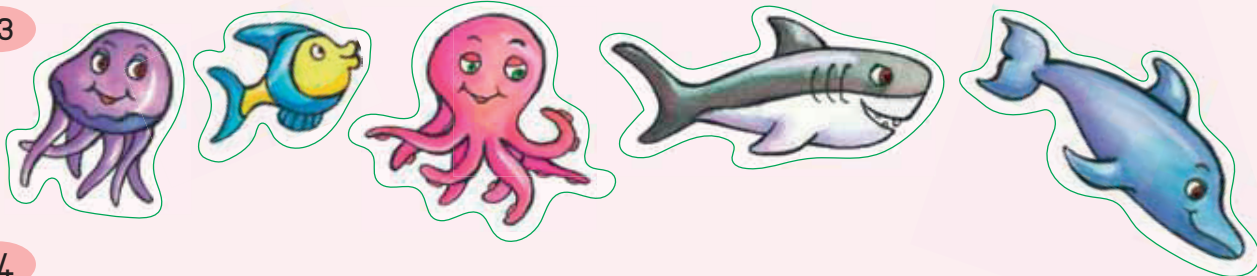




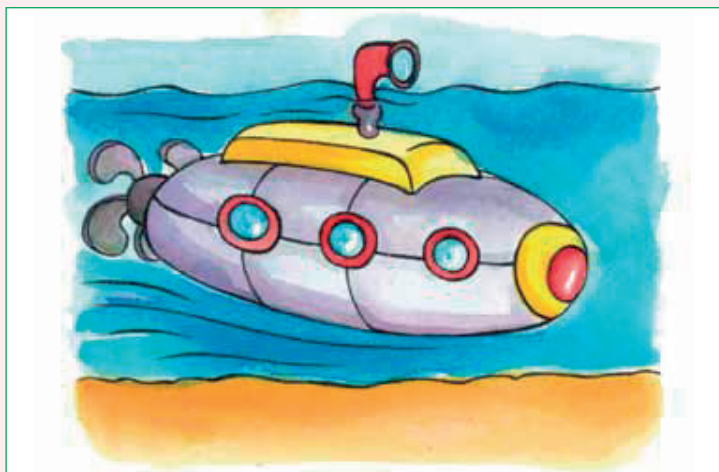
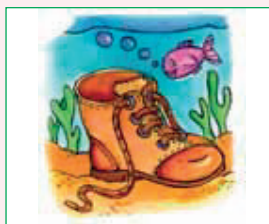
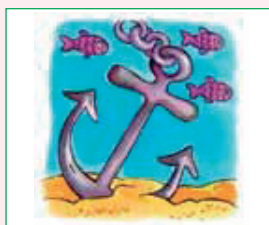
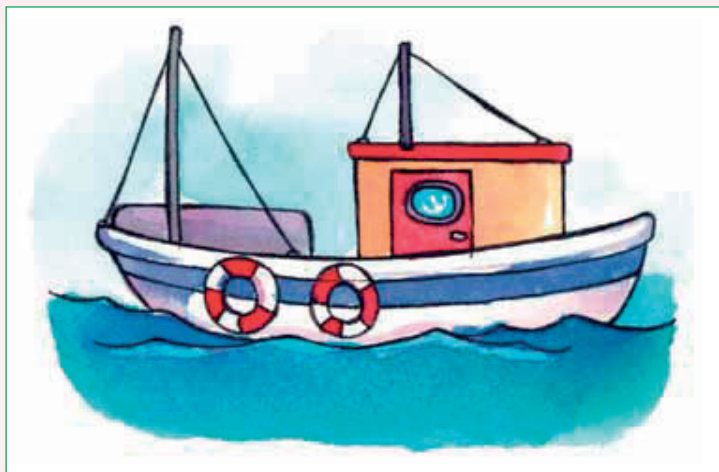




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