

THE GRADE R RESOURCE KIT 2015 INCLUDES LIFE SKILLS ACTIVITIES THAT:

- **Improve learners' social and personal development**

These activities focus on the intellectual, physical, emotional and social development of the learners. They aim to improve their self-confidence, encourage them to apply their critical and creative thinking skills, and teach them to organise and manage themselves and their activities responsibly.

- **Develop their knowledge of society, relationships and culture**

These activities provide learners with opportunities to develop the knowledge, skills and values needed to develop and maintain healthy relationships. They also help learners to understand and value culture and history, and to participate in the life of their communities.

- **Deepen their understanding of the relationship between people and the environment**

These activities focus on investigations that explore the relationships between people and the environment. They involve developing a very basic understanding of the world as a set of related systems. They provide an opportunity for learners to use science and technology effectively and critically while showing responsibility for the environment and the health of others. They also introduce learners to concepts such as needs and wants, the world of work and basic entrepreneurial skills.

- **Enable them to start making informed choices about their health and safety**

These activities help learners develop knowledge and skills relating to basic personal and community health. They provide opportunities for them learn about their rights and responsibilities, and to understand that health and safety is a right.

- **Improve their physical development and movement skills**

These activities develop learners' fine and gross motor skills.

