

Integrating Life Skills into your daily planning

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There are three Learning Programmes that guide the Foundation Phase teacher's planning: Literacy, Numeracy and Life Skills. We have already investigated Literacy and Numeracy in the Grade R context and we now look at Life Skills.

The importance of Literacy and Numeracy cannot be questioned, but it is the Life Skills Learning Programme that lends context to the learning experience.

The Grade R Life Skills Learning Programme is aimed at enabling learners to:

- Develop to their full potential physically, socially, cognitively and emotionally;
- Participate in their environment – i.e. at home, at school and in their communities;
- Understand and apply scientific and technological concepts;
- Understand their rights as citizens;
- Prepare themselves for the world of work; and
- Think creatively.

A good Life Skills Learning Programme must help learners understand and integrate the things they learn at school into their daily lives.

Just as the Mathematics Learning Area is the core of the Numeracy Learning Programme and the Languages Learning Area is the core of the Literacy Learning Programme, the Life Orientation Learning Area is the core of the Life Skills Learning Programme.

