

E tihabolotswe e
bile e tsamaelana
le PPKT

Mophato



Dikgono tsa Botshelo
ka SETSWANA

Buka 1
Kgweditharo 1 & 2



ISBN 978-1-4315-0237-0



LIFE SKILLS IN SETSWANA
GRADE 1 – BOOK 1
TERMS 1 & 2

ISBN 978-1-4315-0237-0

THIS BOOK MAY NOT BE SOLD.

15th Edition

Workbooks available in this series:

- Grade R
(in all official Languages);
- Literacy/Home Language Grades 1 to 6
(in all 11 official Languages);
- Mathematics Grades 1 to 3
(in all 11 official Languages);
- Mathematics Grades 4 to 9
(in Afrikaans and English);
- Life Skills Grades 1 to 3
(in all 11 official Languages); and
- Grades 1 to 6 English First Additional
Language.

Leina:

Phaposi:



basic education
Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

Diteng

Kgweditharo 1

Tsebe

- 1 Ka ga me2
- 2 Mebala le go ikatisa.....4
- 3 Rotlhe re kgethegile.....6
- 4 Rotlhe re a farologana8
- 5 A re direng 10
- 6 Ke ikgantsha ka sekolo sa me..... 12
- 7 Mafelo a a farologaneng..... 14
- 8 Phaposiborutelo ya me 16
- 9 Ka moo re yang sekolong ka teng..... 18
- 10 Ke itshola ke le phepa20
- 11 Mekgwa mengwe e e siameng.....22
- 12 Ke phepa24
- 13 Mekgwa e e itekanetseng.....26
- 14 Bophepa.....28
- 15 Maemo a bosa a ke a ratang.....30
- 16 Maemo a bosa32

Kgweditharo 2

Tsebe

- 17 Lelapa la gaetsho34
- 18 Lelapa la gaetsho36
- 19 Re aww tlhokomelana37
- 20 Go bontsha gore o a kgathala38
- 21 Pabalesego ka mo gare le ka kwa ntle ga legae (1)40
- 22 Pabalesego ka mo gare le ka kwa ntle ga legae (2)42
- 23 Pabalesego fa ke le nosi kwa gae44
- 24 Se sengwe se o ka se gakologelwang46
- 25 Mmele wa me48
- 26 Ditemosi50
- 27 Go tsamaisa mmele wa me.....52
- 28 Go akanya ka ga pabalesego.....54
- 29 Go nna o babalesegile56
- 30 Go tshola mmele wa me o itekanetse58
- 31 Go tshola mmele wa me o itekanetse60
- 32 A re itlhatlhobeng62



Mme Angie Motshekga,
Tona ya Lefapha la
Thutotheo



Ng. Reginah Mhaule,
Motlatsatona wa Lefapha
la Thutotheo

Dibukatiro tse di kwaletswe bana ba Aforikaborwa ka fa tlase ga boeteledipele jwa Tona ya Lefapha la Thutotheo. Mme Angie Motshekga le Motlatsatona wa Lefapha la Thutotheo, Ng. Reginah Mhaule.

Dibukatiro tsa Rainbow ke phitlhelelo nngwe ya Lefapha la Thutotheo e e lebisitsweng mo go tokafatseng bokgoni jwa barutwana ba Aforikaborwa ba mephato e merataro ya ntlha jaaka e le maikaelelomagolo a Lenaneotiro la Puso. Porojeke e, e etleeditswe ke Lefapha la matlotlo la Bosetshaba. Ketleetso e, e kgontshitse Lefapha go kwala le go rebola dibukatiro tse mo dipuong tsotlhe tsa semmuso kwa ntle go tuelo epe.

Re solofela gore dibukatiro tse di tlaa tswela barutabana mosola mo go ruteng ga bona ga letsatsi le letsatsi, le mo go netefatseng gore barutwana ba digela kharikhulamo ya bona. Re netefaditse gore re kaela morutabana sentle mo tirong nngwe le nngwe ka go tsenyeletsa mesupatsela go bontsha gore ke eng se morutwana a tshwanetseng go se dira.

Re solofela gore bana ba tlaa itumelela go dira mo bukeng e fa ba ntse ba gola e bile ba ithuta, le gore wena jaaka morutabana, o tlaa abelana le bona boitumelo jwa bona o tlaa e itumelela mmogo le bona.

Re go eleletsa katlego e kgolo mo tirisong ya dibukatiro tse, wena le barutwana ba gago.

Published by the Department of Basic Education
222 Struben Street
Pretoria
South Africa

© Department of Basic Education
Fifteenth edition 2025

ISBN 978-1-4315-0237-0

This book may not be sold.

The Department of Basic Education has made every effort to trace copyright holders but if any have been inadvertently overlooked the Department will be pleased to make the necessary arrangements at the first opportunity.



Mophato

1



Dikgono tsa Botshelo
ka **Setswana**
Buka I



Buka e ke ya ga:



Ka ga me



A re kwalleng

Kgomaretsa senepe sa gago
kgotsa thala setshwantsho sa
gago fa.



Leina la me ke



_____.

Sefane sa me ke

_____.

Ke na le dingwaga di le

_____.

Go na le batho ba le

_____ mo lelapeng la
gaetsho.

Mogala wa rona ke:

_____.

Aterese ya rona ke:



Ke itse gore letsatsi la me
la botsalo le leng.

ee

ga ke netefatse

nnyaya



A re kwaleng



Joe o itse go tshameka kgwele ya dinao.



Thala sengwe se o se kgonang thata.



Bolelela ditsala tsa gago gore ke eng se o se kgonang thata. Morago o tshase mmala mo naleding e e mo lebokosong le le nepagetseng go bontsha gore o ka dira eng.

A re bueng



Ke kgona go buisa.



Ke kgona go ikapesa.



Ke kgona go kwala.



Ke kgona go bina.



Ke kgona go dira tee.



Ke kgona go tlhapa meno a me.

Morutabana:
Saena fa:
Letlha:

Mebala le go ikatsa



A re kwaleng

A o itse mebala e? Bolelela tsala ya gago maina a mebala e. Jaanong khalara setshwantsho sengwe le sengwe ka mmala o o siameng.



Panana e e serolwana



Apole e e khibidu



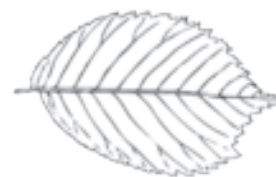
Jeresi e e botala jwa legodimo



Mokgele wa mebalabala



Namune e e mmala wa namune



Letlhare le le tala



A re ikatiseng

Pele o ka dira tirwana kwa ntle, ikotlolole jaaka katse. Seno se tla kgontsha mmele wa gago go tshikinyega. Gape, o ikotlolole morago ga tirwana go repisa le go ikhutsisa mmele wa gago. Seno se tla go thusa gore o se nne le mesifa e e botlhoko. Jaanong dira se bana ba, ba se dirang.

Opela "motlhang ke phaphama ke tla lela jaaka katara, motlhang ke phaphama ke tla lela jaaka piano" fa o ntse o:

- itire e kete o tshameka piano kgotsa moropa.
- itire e kete o tshameka katara.



Letlha:



Boithabiso

Dirisang paterone e e latelang
go opa diatla.



A re direng

A o ka dira dilo tse? Bontsha ditsala tsa gago.

Ke kgona go tabogela kwa matlhakoreng otlhe ke sa thule ope.			
Ke kgona go tlola kgati.			
Ke kgona go kgokolosetsa bolo e kgolo kwa tsaleng ya me.			



Rotlhe re kgethegile



A re bueng

Lebelele setshwantsho mme o tlotlele
tsala ya gago ka ga pharologano fa gare
ga bana ba.



Bogolo le bonnye

Bangwe ba bagolo, mme bangwe ba rona ba bannye.

Bangwe ba rona re bakhutswane fa bangwe ba rona
re le baleele.

Bangwe ba rona ba kgona go tlola, mme bangwe
ba kgona go opela.

Rotlhe re kgona go dira sengwe ka manontlhotlho.

Ke eng se o kgonang go se dira ka manontlhotlho?



A re bueng

Tlotlela ditsala tsa gago gore o ne wa ikutlwa
jang ka letsatsi la gago la ntlha kwa sekolong.

itumetse	lela	itumetse thata	tenegile	ikgogona



A re thaleng

Thala setshwantsho go bontsha ka moo o **ka ikutlwang ka teng**
fa motho a go naya setshamekisi se sentshwa. Kwala maikutlo mo
phatlheng e e fa tlase.



A re bueng

Tlotlela tsala ya gago gore go diragala eng mo setshwantshong sengwe le sengwe. Bua gore o ka ikutlwa jang fa dilo tse di ka go diragalela. Tshwaya sefatlhego se se nepagetseng.



Mosetsana yo mogolo
o tsaya dilo tsa gago.



itumetse



itumetse thata



lela

Wena le tsala ya gago
le tshameka mmogo.



tenegile



itumetse



tshogile



O bula mpho.



tshogile



itumetse thata



ikgogona

Ausi kgotsa abuti
wa gago o senya
setshamekisi sa gago.



ikgogona



thabile



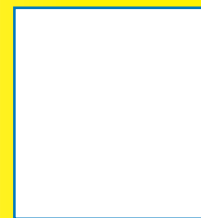
tenegile



A re direng

Gatisa monwana wa gago mo lebokosong la ntlha, mme o botse moithuti-ka-wena go gatisa monwana wa gagwe mo lebokosong la bobedi.

A o ntse o itse gore ga go ope mo lefatsheng yo o nang le setshwantsho sa menwana se se tshwanang le sa gago?
O kgethegile thata, gonne o na le dikgatiso tsa menwana tse di tshwanang di le nosi.
Le mawelana tota, ditshwantsho tsa menwana ya bona ga di tshwane.



A o kgona go bona gore ditshwantsho tsa menwana ga di tshwane?



Morutabana:
Saena fa:
Letlha:



Rotlhe re a farologana



A re bueng

Lebelela bana ba.

Ba tshwana ka eng?

Ba farologana ka eng?



A re direng

Lebelela setshwantsho mme morago o akanye gore a ditlhagiso tse ke **nnete** kgotsa **ga se nnete**. **Khalara dipolelo tsa nnete ka botala jwa tlhaga.** **Khalara dipolelo tse e seng nnete ka bohibidu.**



Botlhe ba na le matsogo a le 2
le maoto a le 2.



Botlhe ke basetsana.

Botlhe ba rwele ditlhako.



Botlhe ba apere marokgwe a
makhutshwane.

Botlhe ke bana.



Botlhe ba na le meriri e meleele.



A re thaleng

Thala setshwantsho sa gago mo phatlheng ya ntlha. Morago o thale setshwantsho sa tsala ya gago ya botlhokwa. Morago ga go dira jalo, lebelela setshwantsho mme o bue gore o farologana jang le tsala ya gago.

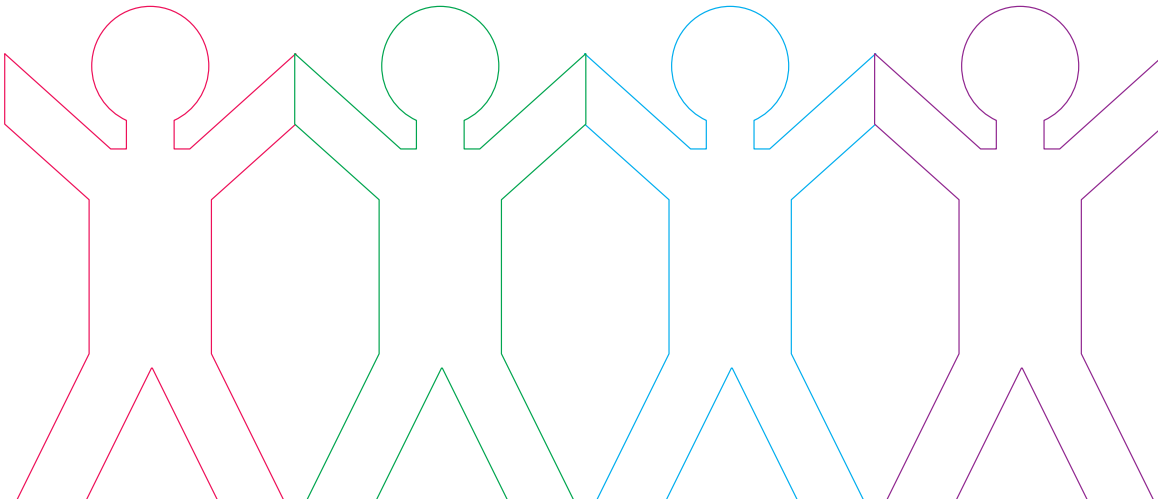


Nna	Tsala ya me



A re direng

Lebelela setshwantsho mme o bue ka moo wena le tsala ya gago le tshwanang ka teng le ka moo le farologanang ka teng. Khalara keetane e ya botsalano go bontsha gore mongwe le mongwe o a farologana. Fa o sena go dira se o ka nna wa sega o bo o kgabisa keetane ya botsalano mo karolong ya mesego ya buka e.



Morutabana:
Saena fa:
Letlha:





A re thaleng

Thala sefatlhego sa gago.

Bontsha matlho a gago, ditsebe, nko, molomo le moriri.

Bolelela ditsala tsa gago gore o rata eng.



A re ikatiseng

Baya dikgoreletsi kwa ntle
ga phaposiborutelo ya
gago le le tshwanang le le,
o thusiwa ke morutabana
wa gago.

Tlola go tswa mo
tafoleng e nngwe go ya
kwa go e nngwe.

Gagaba ka fa tlase
ga ditafole.



Murutabana:
Saena fa:
Letlha:

Ke ikgantsha ka sekolo sa me



A re kwaleng

Thala setshwantsho sa gago o apere diaparo tsa sekolo. Morago o tlatse ka mafoko a a tlogetsweng.



Ke tsena sekolo sa

_____.

Leina la morutabana wa me ke

_____.

Mogokgo wa sekolo ke

_____.

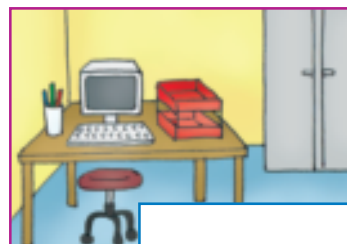


A re kwaleng

Lebelela ditshwantsho.

Morago o sege lefoko le le nepagetseng la setshwantsho sengwe le sengwe mme o le kgomaretse mo phatlheng e e fa tlase ga setshwantsho seo.











lepatlelo la metshameko

phaposiborutelo

ofisi

mokwaledi

ntlwanaboithusetso



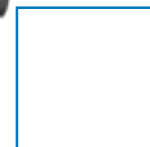
A re kwalleng

Batho ba ba farologaneng kwa sekolong ke bomang? Lebelela ditshwantsho mme o bue gore ke bomang le gore ba dira eng. Morago o sege lefoko le le nepagetseng go tswa kwa tlase mo tsebeng o be o le kgomaretsa fa thoko ga setshwantsho se se nepagetseng. Tlhalosetsa tsala ya gago gore o ya jang kwa ofising ya mogokgo, kwa ntlwaneng ya boithusetso le kwa lepatlelong la metshameko.



Boitumediso

Lebokoso la diphensele la ga John le wele. Bala gore o na le dikherayone tse kae, mme o kwale palo mo lebokosong. Morago kwa thoko mo lenathwaneng la pampiri, thala setshwantsho o dirisa mebala e e bonagalang go bontsha ka moo wena le tsala ya gago le tshamekang mmogo ka teng. Direla setshwantsho foreimi.



bana

mophepafatsi

morutabana

mogokgo

Morutabana:
Saena fa:
Letlha:



7

Mafelo a a farologaneng

Kgweditharo I – Beke 4 – Papetlanatiro



A re diragatseng

Bontsha ditsala tsa gago gore o kgona go:

Iphitlha ka fa tlase ga sengwe.



Iphitlha ka fa morago ga lebatl.



Ke iphitlha ka fa tlase ga tafole.



Ema fa thoko ga sengwe.

Ema fa godimo ga setilo.



A re ikatiseng

Dirisa bolo kgotsa kgetsana ya dinawa. E latlhela kwa godimo mme o e kape. Tshegetsana kgetsana ya dinawa mo tlhogong ya gago mme o tsamayetsamaye ka iketlo.

Jaanong tshegetsana kgetsana ya dinawa mo tlhogong o ntse o tsamaya mo godimo ga thobane ya go tshegetsana kgotsa mo godimo ga mola fa fatshe.

Ke kgona go latlhela.				
Ke kgona go kapa.				
Ke kgona go tshegetsana kgetsana ya dinawa mo tlhogong ya me.				





A re ikatiseng

Kiba maoto a gago ka mekgwa e.

Mol = Molema



Moj = Moja

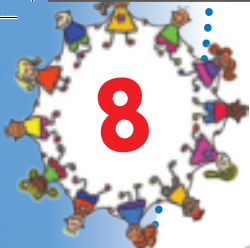


Mol Moj Mol Moj Mol

Moj Mol Moj Moj Mol Moj Mol Moj

Mol Mol Moj Mol Mol Moj Mol Moj

Morutabana:
Saena fa:
Letlha:



8

Kgweditharo 1 – Beke 5 – Papetlanatiro

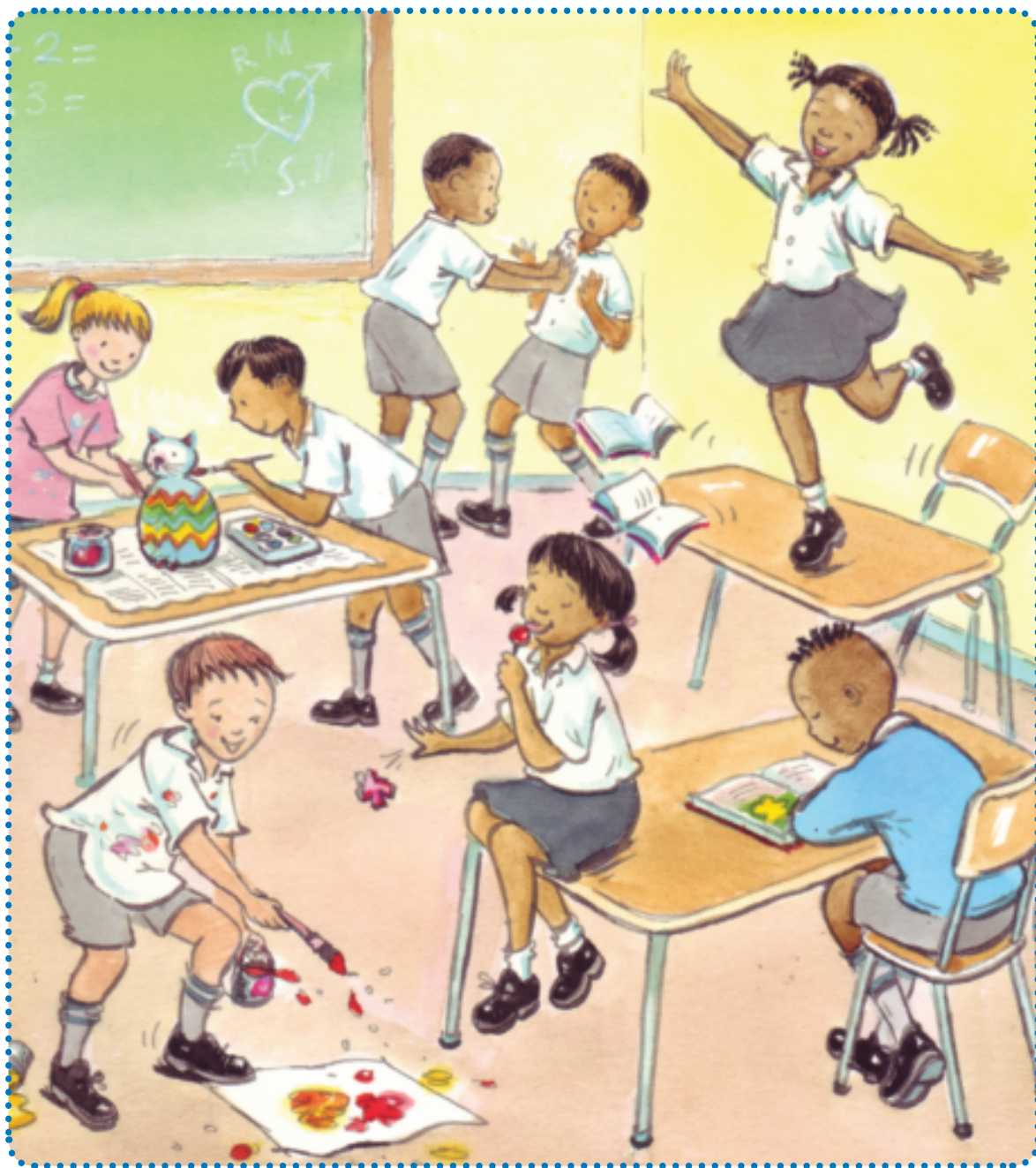
Phaposiborutelo ya me



A re bueng

Lebelela setshwantsho se ka kelotlhoko. O bona eng?

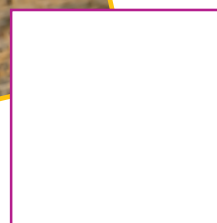
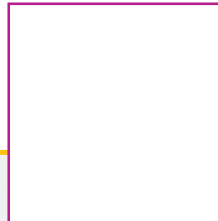
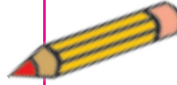
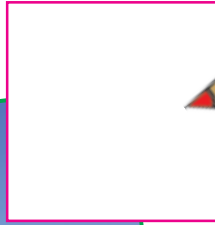
Mo phaposiborutelong e, go diragala dilo tse di siameng le tse di sa siamang. O kgona go bona maitsholo afe a a siameng? O kgona go bona maitsholo afe a a sa siamang?





A re bueng

Bolelela tsala ya gago gore go diragala eng ka setshwantshong sengwe le sengwe. Tshwaya ✓ fa thoko ga maitsholo otlhe a a siameng mme o tshwaye ✗ fa thoko ga maitsholo otlhe a a sa siamang ,a a ka diragalang kwa sekolong.



Re ya jang kwa sekolong?



A re bueng

O ya jang kwa sekolong? A o babalesegile? A o itse mekgwa e e sa babalesegang? Bua le tsala ya gago gore bana ba ya jang sekolong. Tshwaya ✓ mo mekgweng e e babalesegileng ya go ya kwa sekolong. Tshwaya ✗ mo go e e sa babalesegang.



O ya kwa sekolong jang mo mosong? _____



A re direng

Jaanong botsa ditsala di le 5 ka moo ba yang kwa sekolong ka teng letsatsi le letsatsi. Tshwaya dintlha tsa bona mo tšhateng e.

Maina a ditsala



	1	2	3	4	5
ka maoto 					
ka bese 					
ka koloi/vene 					
				Ee	Nnyaya



A re ikatiseng

Ke kgona go taboga ke nyokanyokela.

Fa ke taboga, ke kgona go tabogela kwa ntlheng nngwe le nngwe e morutabana a ntaelang kwa go yone.



A re kwaleng

Thala setshwantsho go bontsha gore o ya jang kwa sekolong.



A re ikatiseng

Reetsa mmino o morutabana a tlaa go tshamekelang ona.

Bina go tsamaelana le morethetho wa mmino.

Koba mangole a gago mme o phutholole maoto a gago.

Kuka o bo o dige magetla a gago.

Dikolosa mangwejana a matsogo a gago go ya kwa molemeng le go ya kwa mojang.



A re ikatiseng

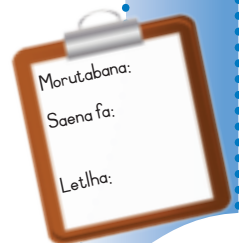
Wena le tsala ya gago le tshwanetse go latlhela le go kapa bolo.
Dirisa letsogo la gago le le bokoa go latlhela bolo.

A ke ne ka kgona go latlhela bolo ka letsogo la me la moja?



A re ikatiseng

Tshwara tsala ya gago, o mo dire e kete ke keribana.



Ke itshola ke le phepa



A re bueng

Go botlhokwa go ithuta mekgwa e e siameng go tloga bonnyaneng jwa gago. Dilo dingwe tse o tshwanetseng go di dira go itshola o le phepa e bile o itekanetse, ke tse di latelang. Bua ka ga setshwantsho sengwe le sengwe.



Tlhapa meno a me.

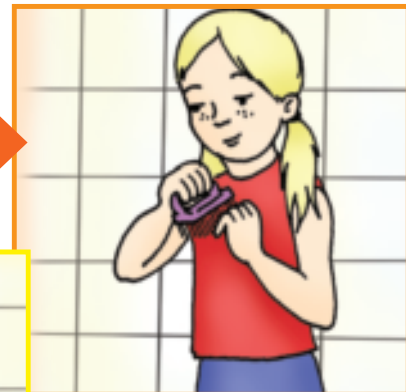


Tlhapa diatla tsa me morago ga go dirisa ntlwanaboithusetso.

Ke tshwanetse go



Tlhapa ka metlha.



Tshola dinala tsa me di le phepa.



Dirisa ntlwanaboithusetso.



Tlhatswa maungo ka gale pele o ke a ja.



Dirisa thišu fa ke ethimola kgotsa ke mina.



A re thaleng

Ke dife tsa dilo, tse o di tlhokang go itshola o le phepa?
Khalara dinaledi go bontsha gore ke dilwana dife tse o di dirisang
go itshola o le phepa. Bolelela tsala ya gago gore o dirisa jang
dilwana tsa go itshola o le phepa.



Tshwaya ✓ go bontsha gore o kgona go dira dilo tse di latelang:	ee	nnyaya
Ke kgona go ema ka leeto le le lengwe.		
Ke kgona go tsetsepela ka diatla, ke tsamaela kwa pele.		
Ke kgona go gagaba.		



Morutabana:
Saena fa:
Letlha:



Mekgwa mengwe e e siameng



A re buiseng

Mekgwa e e siameng ya go dirisa ntlwanaboithusetso.

Gakologelwa



Fa o ka kgotlhela ntlwanaboithusetso, o gakologelwe go e phepafatsa.



Gakologelwa go tsamaisa maswe fa o sena go dirisa ntlwanaboithusetso.



Ka dinako tsotlhe tswala lebatl la ntlwana boithusetso fa o e dirisa.



O seke wa dirisa pampiri e ntsi ya ntlwanaboithusetso.



Gakologelwa go tlhapa diatla morago ga go dirisa ntlwanaboithusetso ka dinako tsotlhe.



A re kwalleng

Sekeletsa mafoko a a nepagetseng a a re bolelelang gore re tshwanetse go dirisa dilo tse di latelang ga kae.

Go tlhapa moriri.



letsatsi lengwe le
lengwe

mo mosong le bosigo

gabedi ka beke

gangwe ka beke

Go tlhapa meno.



letsatsi lengwe le
lengwe

mo mosong le bosigo

gabedi ka beke

gangwe ka beke

Go tlhapa mmele.



letsatsi lengwe le
lengwe

mo mosong le bosigo

gabedi ka beke

gangwe ka beke

Go tlhapa sefatlhego.



letsatsi lengwe le
lengwe

mo mosong le bosigo

gabedi ka beke

gangwe ka beke

Morutabana:
Saena fa:
Letlha:

Ke phepa



A re ikatiseng

Tshameka "Phaladi a re" le morutabana wa gago.

Ipatlele sebaka sa go tsamayatsamaya o sa kgope ope.

Phaladi a re, "tshwara tlhogo ya gago".



A re diragatseng

Supetsa tsala ya gago ka moo o...

tlhapang diatla tsa gago
ka teng.



kamang moriri wa gago
ka teng.



phimolang diatla tsa
gago ka teng.



tlhapang meno a gago
ka teng.



tlhapang sefatlhego
sa gago ka teng.





A re ikatiseng

Diragatsang leboko le.

Ke kgona go opa diatla

le go kiba ka maoto

Ke kgona go tshikinya tlhogo

le go dikolosa matsogo

Ke kgona go ema ka ditsetsekwane

le go opela.



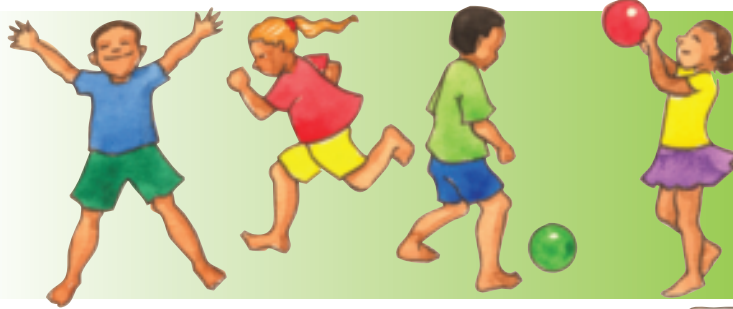
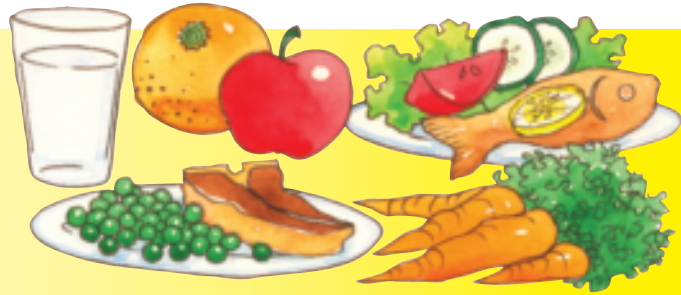
Mekgwa e e itekanetseng



A re buiseng

Re tlhoka eng go nna re itekanetse!

Dijo tse di
itekanetseng

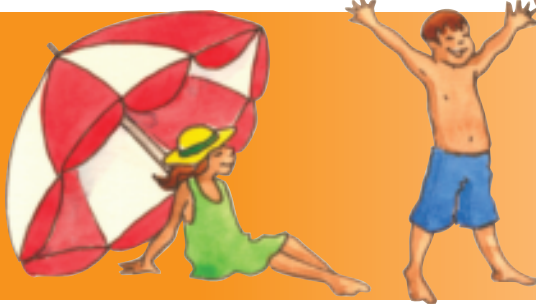


Ikatiso e e
lekaneng

Go itshola
re le phepa



Go fitlhelela
mowa o o phepa



Boroko jo bo lekaneng
mme e seng go bogela
thelevišene thata!





A re kwaleng

Tshwaya ✓ mo mekgweng e e itekanetseng mme o tshwaye ✗
mo e e sa itekanelang.



Morutabana:
Saena fa:
Letlha:





14

Bophepa

Kgweditsharo I – Beke 7 – Papetlanatiro



A re diragatseng

Bontsha ka moo o dirisang dilwana tse.



sesepe sa meno



boraše jwa meno

sesepe



setlolo sa matsogo

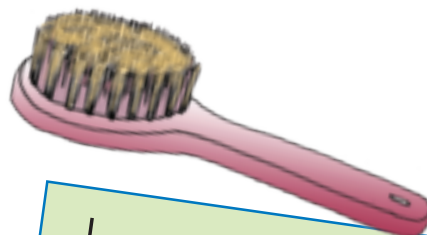


šampu

kamo



boraše jwa moriri



boraše jwa dinala



tlelipara ya dinala





A re ikatiseng

Tshwaraganang go dira mosako o mogolo.

Latlhelela mongwe le mongwe bolo mo mosakong.

Jaanong tlisang bolo e nngwe mme le e fetise.

Jaanong tlisang bolo e nngwe mme le leke go fetisa dibolo di le 3.



A re bueng

Ke eng se se phoso mo phaposing e?

O tshwanetse go dira eng go phepafatsa phaposi?

Bana ba dira eng? Ba tshwanetse go dira eng?



Morutabana:
Saena fa:
Letlha:



Maemo a bosa a ke a ratang



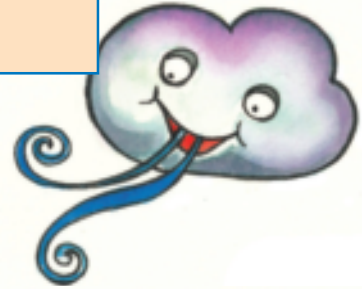
A re bueng

Lebelele mefuta e e farologaneng ya maemo a bosa mme o bolelele tsala ya gago gore o rata maemo a a ntseng jang a bosa.



go letsatsi

go phefo



pula e a na



go maru e bile go tsididi

Mo dikarolong tse dingwe tsa lefatshe la rona, go nna tsididi thata gore segagane se bo se we. Nako nngwe maemo a bosa a tlala diphefo.

Diphefo tse di maatla, di bidiwa matlakadibe.



A re direng

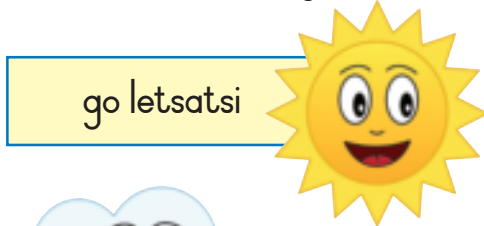
Dirisa pampiri e kgolo le dikherayone tsa mafura go thala setshwantsho sa gago o le mo puleng kgotsa mo segaganeng.

Tswakanya pente ya dijo e e botala jwa legodimo le metsi, mme o pente mo pampiring yotlhe, gasaganya pente e tshweu mo setshwantshong.

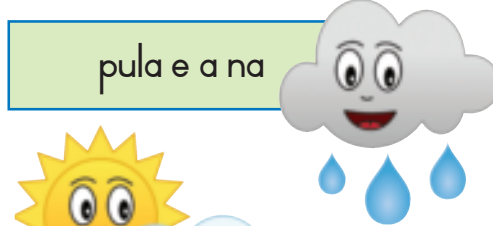


A re buiseng

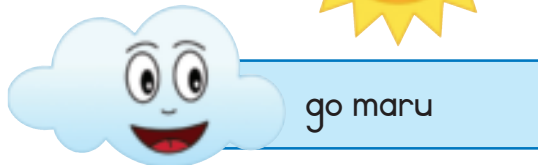
Re dirisa karata ya maemo a bosa go bontsha gore bosa bo eme jang. Re dirisa matshwao go bontsha mefuta e e farologaneng ya bosa. Matshwao a mangwe ke a.



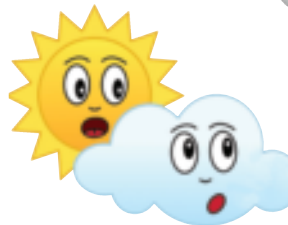
go letsatsi



pula e a na



go maru



go maru fale le fale



go wa segagane



go phefo



A re bueng

Bolelela tsala ya gago gore o apara mefuta efe ya diaparo mo maemong a a farologaneng a bosa mo bekeng.



A re kwaleng

Thala matshwao a maemo a bosa go feleletsa karata ya bosa ya beke.

Mosupologo	Labobedi	Laboraro	Labone	Labotlhamo



A re thaleng

Maemo a bosa a ne a ntse jang, mo bekeng. Tlatsa ka mafoko a a tlogetwena.

Gompiano go _____.

Maabane go ne go le _____.

Ke solofela gore ka moso go tlaa nna _____.



Maemo a bosa



A re diragatseng Diragatsa ka mmele



Phuthololelang matsogo a lona mo godimo ga ditlhogo tsa lona mme le dire jaaka e kete ke maru a magolo.



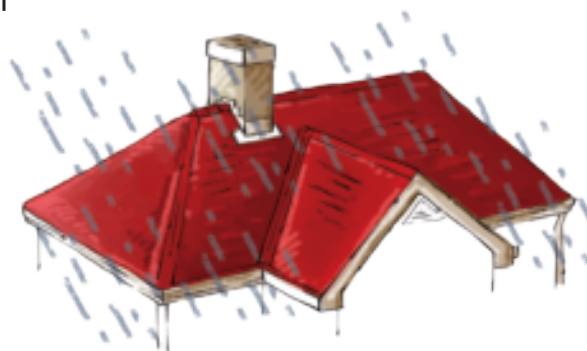
O na le mokgele go itshireletsa kgatllhanong le letsatsi.



Tshikinyega jaaka setlhare se fokiwa ke phefo.



Tshwara mokgele wa gago ka maatla gore o se ka wa phepheulwa ke phefo e e maatla.



Goo rotharotha jaaka marothodi a pula a wela mo marulelong.

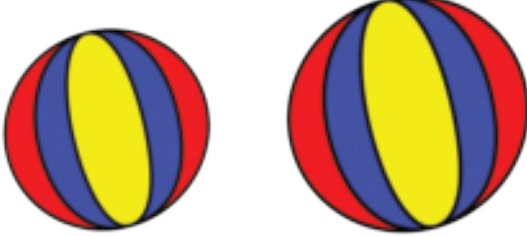




A re ikatiseng

Tshwaranang ka matsogo go dira mosako o mogolo.

Latlhelelanang dibolo le bo le di kape.



Akanya ka ga mekgwa e e farologaneng ya go tsamaya mo godimo ga kota e e tshegeditsweng kgotsa mo godimo ga mogala. Bona gore a o ka akanya ka mokgwa o o ka tsamayang ka one go farologana le barutwana ba bangwe.



Boitumediso

Tshamekang sekotšhe sa go tlolatlola. Thala diboloko dingwe le dihalofo tsa ditshekeletsa fa fatshe.



A re ikatiseng

- Bontsha tsala ya gago ka moo o tlolang kgati ka teng.
- Morutabana wa gago o tlaa go supetsa ka moo o ka tshamekang metshameko ya setso ka teng.



Lelapa la gaetsho



A re bueng

A o ne o itse gore malapa otlhe ga a tshwane?

Malapa mangwe a magolo mme a mangwe a mannye. Mangwe a na le bomme le borre mme a mangwe ga a na ope. Malapa mangwe a na le bonkoko le bontatemogolo, bomalome, bommangwane, borakgadi le bontsala.

Lebelela ditshwantsho tse mme o bolelele tsala ya gago ka moo malapa a a farologanang ka teng. Dirisa mafoko go tswa mo mabokosong a a fa tlase.

mme

rre

ausi

ntatemogolo

abuti

lesea

nkoko

lelapa





A re kwaleng

O nna le mang kwa gae?



O nna le mang kwa gae?

Mo gae go na le batho ba le _____.

Ke mang yo monnye mo lelapeng la gaeno? _____.

Ke mang yo mogolo mo lelapeng la gaeno? _____.



A re bueng

Rotlhe re na le ditiro tse re di dirang mo magaeng a rona. Lebelela ditshwantsho tse, mme fa thoko ga sengwe le sengwe kwala leina la motho yo o dirang tiro e kwa gaeno.



Kwala polelo e le nngwe ka tiro e o e dirileng maabane kwa gae.





18

Kgweditsharo 2 – Beke 1 – Papetlanatiro

Lelapa la gaetscho



Boitumediso

Thala setshwantsho sa selo se wena le balelapa la gaeno le se dirang mmogo. Bua gore batho bao ke bomang. Dirisa mafoko a , go go thusa.

mme

rre

ausi

ntatemogolo

abuti

lesea

nkoko

lelapa



Lelapa la gaetscho





Re a tlhokomelana

19



A re buiseng

Balelapa ba tshwanetse go ratana le go tlhokomelana. Re supa go ratana ka go tlamparelana le ka go thusana le go tlotlana. Re tshwanetse go...

- thusana.
- ikokobeletsana (bogolosegolo mo bagolong).
- dira ditiro tsa rona ka nako.
- re nne le maikarabelo.



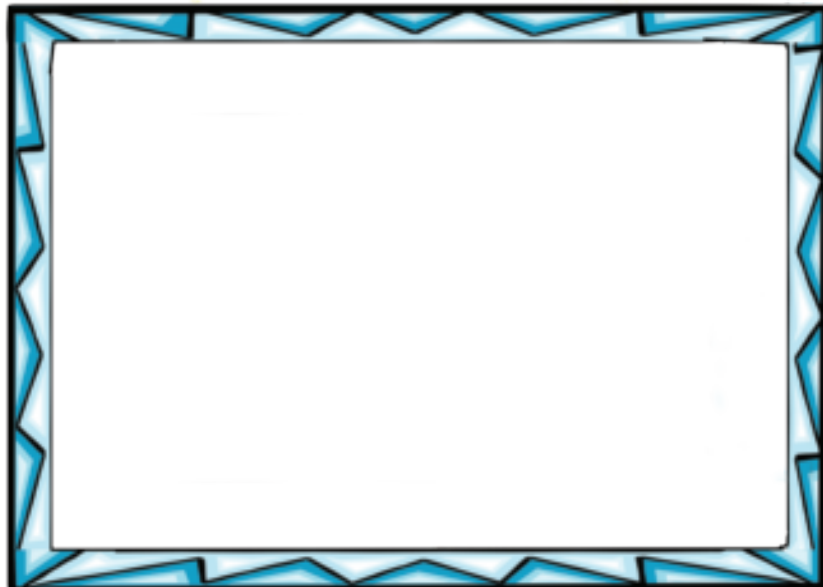
A re bueng

Lebelele ditshwantsho tse mme o bue gore bana ba, ba bontsha jang ka fao ba tlhokomelang malapa a bone ka teng. Morago o diragatse go bontsha gore go diragala eng mo setshwantshong sengwe le sengwe.



A re direng

Thala setshwantsho sa gore o dira eng go bontsha lelapa la gaeno gore o a le tlhokomela. Tlotlela tsala ya gago gore o thadile eng.



Morutabana:
Saena fa:
Letlha:



Go bontsha gore o a kgathala



A re bueng

Bua ka moo batho ba lelapa ba thusanang ka teng. Rulaganya ditshwantsho ka go latelana go tloga ka l go fitlha 4.



A re buiseng

Ditiro tsa rona tsa maitseboa

Mme o apaya dijo.

Rre o tlhatswa dipitsa.

Nna le abuti re thusa mme le rre.

Re thusa thata.

Re baya mašwi le senkgwe.

Mme morago re ipaakanyetsa go ya go robala.

Re tlotlele dinaane tsa nako ya go robala,
tsweetswee!





A re kwaleng

Direla mongwe yo o go kgathalelang karata. Thala setshwantsho mme o kwale leina la motho yoo.



A re direng

A o kgona go dira tse di latelang?

	Latlhelela bolo kwa molekaneng wa gago ka go e beletsa fa fatshe.	ee	nnyaya
	Latlhela bolo kwa molekaneng wa gago.	ee	nnyaya
	Ka go e raga ka lengole.	ee	nnyaya
	Beletsa bolo kwa khounung.	ee	nnyaya
	Teribola bolo fa gare ga dikhounu.	ee	nnyaya
	Ragela bolo kwa khounung go e diga.	ee	nnyaya



Morutabana:
Saena fa:
Letlha:



Pabalesego ka fa gare le ka kwa ntle ga legae (1)



A re bueng

Re tshwanetse go aga re ikutlwa re babalesegile fa re le kwa gae.

Mme go na le dikotsi tse dintsi mo magaeng le go dikologa magae a rona. Lebelela ditshwantsho, mme o bue ka ga dikotsi dingwe le tsala ya gago.

Mo phaposi boapeelong

- Dira gore matshwaro a dipitsa a lebe kwa morago mo setofong.
- O se ka wa tlogela dithipa tse di bogale gongwe le gongwe.
- Lotlelela parafene le melemo mo lefelong le le babalesegileng.
- O se ka wa tlogela ditshamekisi gongwe le gongwe.



Mo phaposibotlhapelong

- O se ka wa dirisa dilo tsa motlakase gaufi le metsi.
- O se ka wa di tlogela gaufi le metsi.
- Baya dikere le dilo tse di bogale mo rakeng.
- O se ka wa amogana boratshe jwa meno le motho yo mongwe.

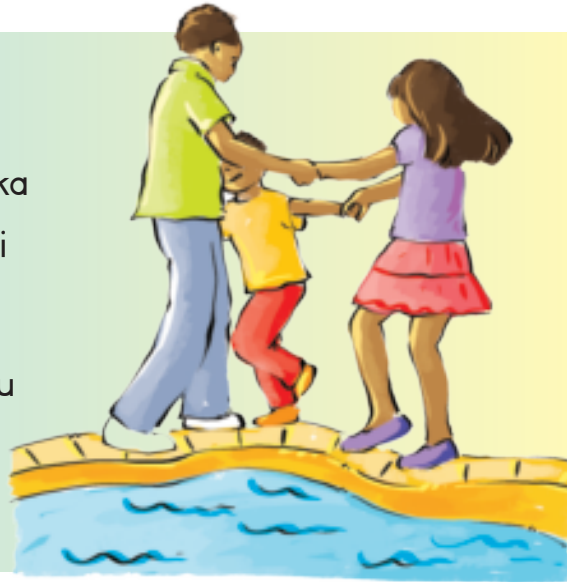


Dipula tsa matlakadibe, magadima le motlakase

- O se ka wa ema ka fa tlase ga setlhare fa go na pula ya matlakadibe.
- O se ka wa tsenya sepe mo phatlhaneng ya motlakase e e mo leboteng. Kopa mongwe yo mogolo go go thusa.

Kwa ntle ga legae

- Sela dilo tse di ka go gobatsang, jaaka digalase tse di thubegileng, mme o di tsenye mo kgamelong ya matlakala.
- O se ka wa tshamekela gaufi le phulu fa go se na motho yo mogolo gaufi.



Ka mo gare ga legae

- O se ka wa tlogela ditshamekisi le dilo tse dingwe gongwe le gongwe.
- O se ka wa tshameka ka parafene kgotsa diphepafatsi tse di botlhole.
- Fa o bona gore mogala o o yang kwa aeneng kgotsa ketleleng o senyegile kopa Mmaago kana Rraago go o baakanya.



Pabalesego ka mo gare le ka kwa ntle ga legae (2)



A re bueng

Go nna o babalesegile

Lebelela ditshwantsho mme o bue gore ke ditshwantsho dife tse di bontshang maemo a a babalesegileng le tse di sa bontsheng maemo a a babalesegileng. Tshwaya ✓ mo go tse di bontshang maemo a a babalesegileng mme o thale mo go tse di bontshang maemo a a sa babalesegang. Bua gore ke eng o akanya gore di babalesegile kgotsa ga di a babalesega.





A re bueng

A go na le dilo tse di sa babalesegang kwa gaeno? O ka dira eng ka seno? Botlhole (tšhefu), melemo le diedi dingwe tse di phepafatsang di kotsi thata. Ga o a tshwanela go nwa sepe se o sa netefatsang gore ke eng.



Matshwao a, a supa gore go na le sengwe se se botlhole mo lebotlolong, lebokosong kgotsa mo thining.

A o setse o kile wa bona matshwao a?



A re ikatiseng

Morutabana wa gago o tlaa go tshamekela mmino.

- Tsamaya go ya ka morethetho wa mmino.
- Tlhophang moeteledipele. Moeteledipele o tshwanetse go tsamaelana le morethetho wa mmino. Mongwe le mongwe a dire jaaka moeteledipele, a tsamaelana le ene.
- Ema ka leoto le lengwe.
- Jaanong ema ka leoto le lengwe
- Ke leoto lefe le le maatla go gaisa?
- Baya mogala o moleele fa fatshe kgotsa o thale mola.
- Tsamaya go bapa le mogala kgotsa mola, mme o ema o tshegeditse mmele.
- Jaanong fetola sebopego sa mogala kgotsa mola mme o tsamaye go bapa le ona o ntse o itshegeditse.



Pabalesego fa ke le esi kwa gae



A re bueng

O ithutile ka ga dilo tse di kgonang go go gobatsa kwa gae le go dikologa legae la gaeno. O ka itshola o babalesegile jang fa o le kwa gae o le esi?

Fa o le kwa gae o le esi, o ka dira dilo tse di latelang go nna o babalesegile.



O se ka wa bulela batho ba o sa ba itseng.



Lotlela mabati otlhe a a tswelang kwa ntle.





- Netefatsa gore o itse dinomore tsa mogala tsa batsadi ba gago le tsa baagisani ba lona.
- Dira lenaneo la dinomore tsa botlhokwa, fa sengwe se ka senyega kana sa nna phoso.



A re kwaleng

Itirele lenaneo la dinomore tsa botlhokwa.

 Sepodisi: _____	 Koloi ya balwetse: _____
 Setimamolelo: _____	Mogala wa letheka wa ga mme _____ Mogala wa letheka wa ga rre _____

Ke mang gape yo o ka mo leletsang fa o tlhoka thuso?





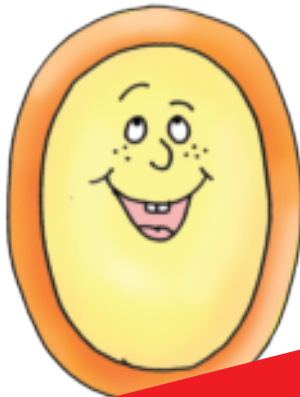
A re bueng

Se sengwe se o ka se gakologelwang

Mokgwa o o bonolo wa go gakologelwa dinomere tsa mogala tsa sepodisi ke o. Lebelela setshwantsho mme o bolelele tsala ya gago ka moo ditshwantsho di go thusang go gakologelwa dinomere ka teng. 10111 ke nomere ya sepodisi. E bue makgetlo a le mmalwa go fitlha e nna mo tlhogong ya gago.



1



0



111



A re ikatiseng

Bontsha ka moo o ne o ka tsamaya ka teng fa o ne o le ngwana yo o mo go sengwe le sengwe sa ditshwantsho tse.



O ne o ka tsamaya jang fa o ne o lelekesiwa ke motho yo o sa mo itseng?



O ne o ka tsamaya jang fa o ne o thusa mmaago go duba kuku?



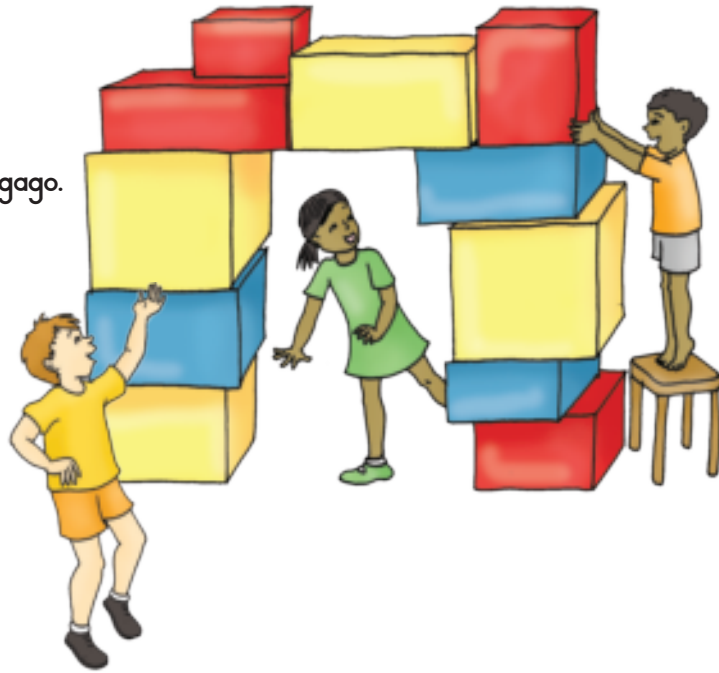
O ne o ka tsamaya jang fa o ne o eme fa godimo ga galase e e thubegileng?



A re direng

Bona gore a o ka kgona go aga ntlo ya gago.

- Batla dikhateboto tsa bogologolo mme o age mabota le marulelo.
- O ka nna wa kgomaretsa mabokoso mmogo. Fa ntlo e fedile, o ka nna wa e penta.
- Fa o sa kgona go bona khateboto, dirisa sengwe fela, mme o se ka wa dirisa galase kgotsa thini kgotsa sengwe fela se se ka go gobatsang.



A re ikatiseng

Latlhela kgetsana ya dinawa kgotsa bolo mo moweng mme o e kape ka letsogo la gago le le bokoa.



Thusa morutabana wa gago go ntshetsa ditilo, ditafole le dibokoso kwa ntle ga phaposi.

Palama mo godimo ga ditulo, ditafole le mabokoso, gogoba ka fa tlase ga tsona morago o tlolele fa fatshe go tswa mo go tsona.

Leka go itshegetska ka leoto le le lengwe mo setulong.





25

Kgweditsharo 2 – Beke 5 – Papetlanatiro



A re kwaleng

Kwala mafoko mo diphatlheng tse di nepagetseng.

leoto

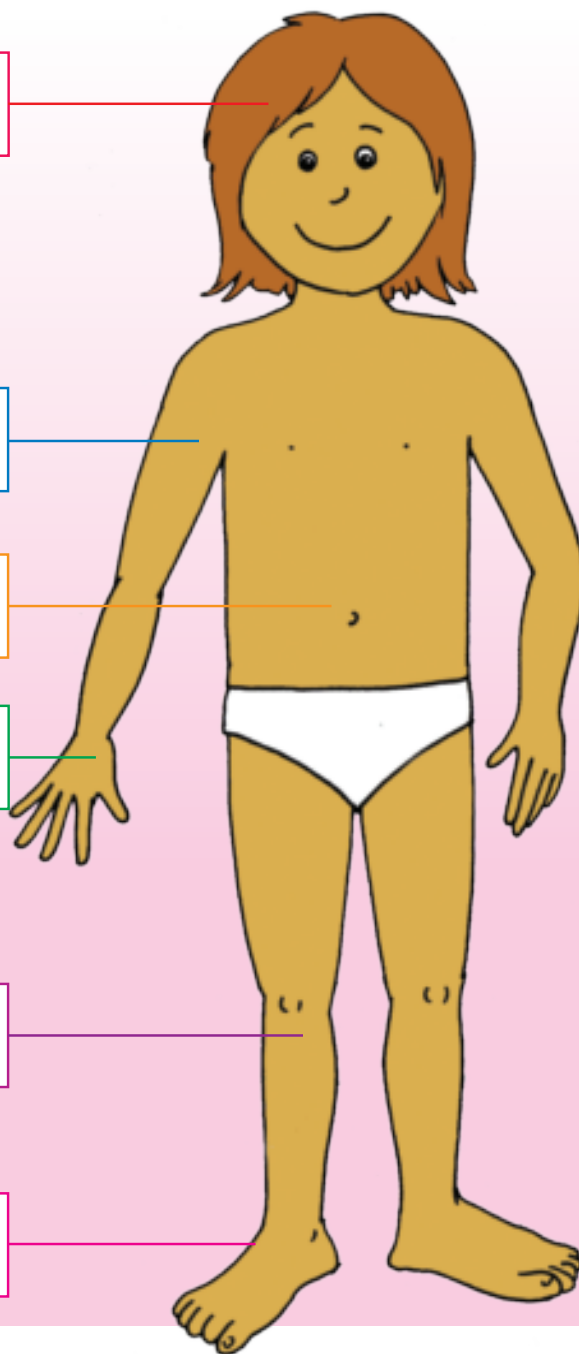
seatla

tlhogo

dimpa

leoto

letsogo





A re kwaleng

Feleletsa setshwantsho se sa sefatlhogo.

Thala moriri. Leka go kopisa sefatlhogo sa gago. Fa o na le matlho a a borokwa, thala matlho a a borokwa. Fa o na le moriri o montsho, thala moriri o montsho.

Thala dintshi tsa gago, nko ya gago le molomo wa gago.

Sefatlhego sa gago ke karolo ya botlhokwa ya mmele wa gago.

Mongwe le mongwe o na le matlho a 2.



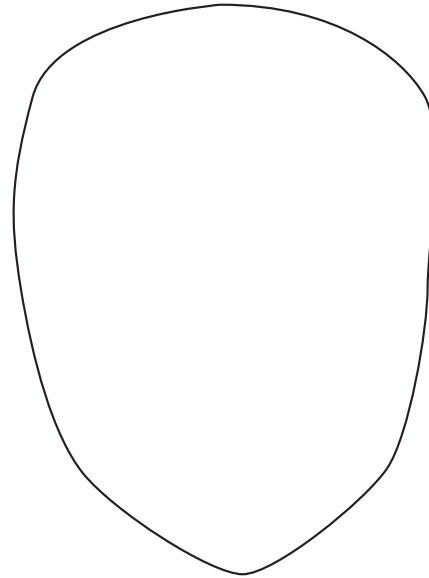
Mongwe le mongwe o na le ditsebe tse 2.



Mongwe le mongwe o na le nko e le 1.



Mongwe le mongwe o na le molomo.



A re opeleng

Opela pina e. Tshwara karolo ya mmele fa o ntse o opela leina la yona.

Tlhogo, magetla

Tlhogo, magetla, mangole le menwana, mangole le menwana

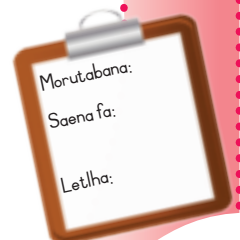
Tlhogo, magetla, mangole le menwana

Tlhogo, magetla, mangole le menwana, mangole le menwana, mangole le menwana



A re ikatiseng

Tshameka 'Phaladi a re ...'



Morutabana:
Saena fa:
Letlha:

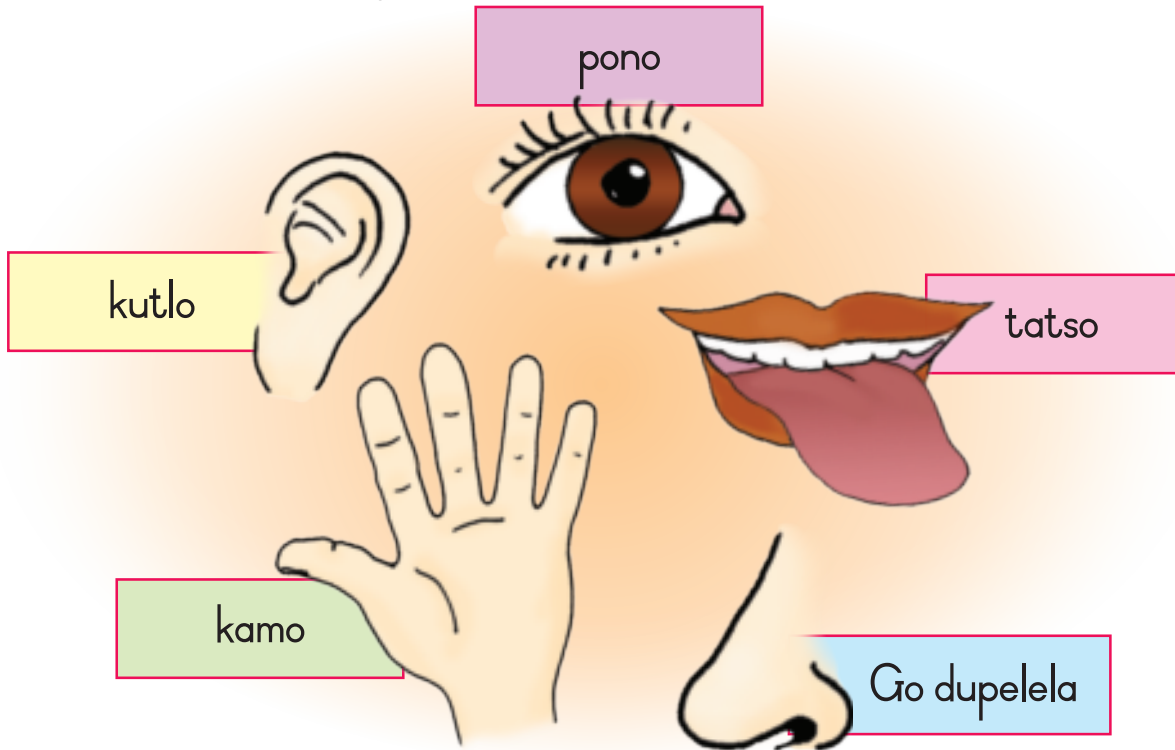


Ditemosi



A re bueng

Lebelela ditemosi tse di farologaneng mme o bue gore di dirisetwa eng.



A re buiseng

Re dirisa ditemosi tsa rona letsatsi le letsatsi.
 Re nkgelela le go utlwelela tatso ya dijo.
 Re kgona go utlwa ka moo lefofa le leng boleta teng.
 Re bona ka moo legodimo le leng letala ka teng selemo.
 Re ka kgona go reetsa mmimo.
 Ditemusi-kutlo tsa rona gape di a re sireletsa.
 Re kgona go nkgelela gore a go na le molelo.
 Re kgona go utlwa fa letsatsi le le mogote thata.
 Re kgona go bona fa go sa babalesega go kgabaganya tsela.
 Re kgona go utlwa modumo wa alamo.





A re bueng

Go tlhokomela matlho le ditsebe tsa rona.

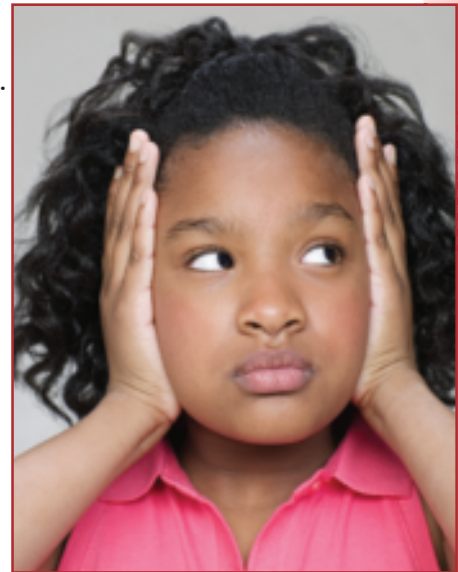
Re tshwanetse go tlhokomela ditemosi tsa rona.

Mekgwa e mebedi ya go tlhokomela matlho le ditsebe ke e:



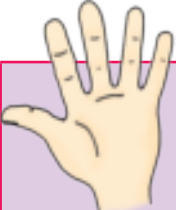
Tlhokomela ditsebe tsa gago
ka go se reetse mmimo o o
kwa godimo thata.

Tlhokomela matlho a gago
ka go rwala hutshhe kgotsa
diporele tsa letsatsi. O se
ka wa lebelela letsatsi.



A re kwalleng

Lebelela tafole e e fa tlase, mme mo moleng mongwe le mongwe o tshwaye ✓ temosi kana ditemosi tse o ka di dirisang . O ka nna wa tshwaya go feta bongwe.

	 monkgo	 tatso	 pono	 kutlo	 kamo
					
					
					
					
					

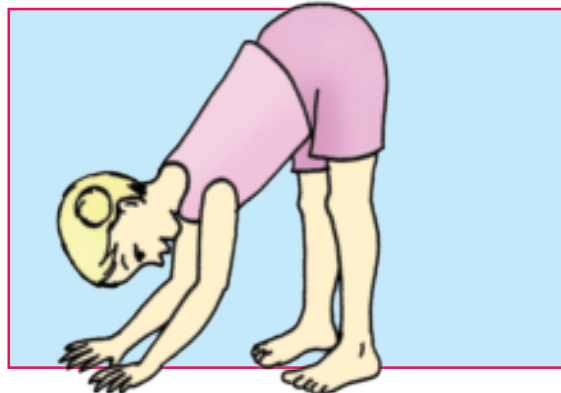




A re bueng

Lebelele ditshwantsho. Mo go sengwe le sengwe, bua dikarolo tsa mmele mme o bue gore di go thusa go dira eng.

Re dirisa mebele ya rona go itshikinya.



A re kwaleng

Araba dipotso tse le tsala ya gago. Morago o kwale dikarabo mo bukeng ya gago, ka fa tlase ga dipotso.

Ke dikarolo dife tsa mmele tse o di dirisang go tsamaya?



Ke dikarolo dife tsa mmele wa gago tse o di dirisang go sela sengwe?



A re ikatiseng

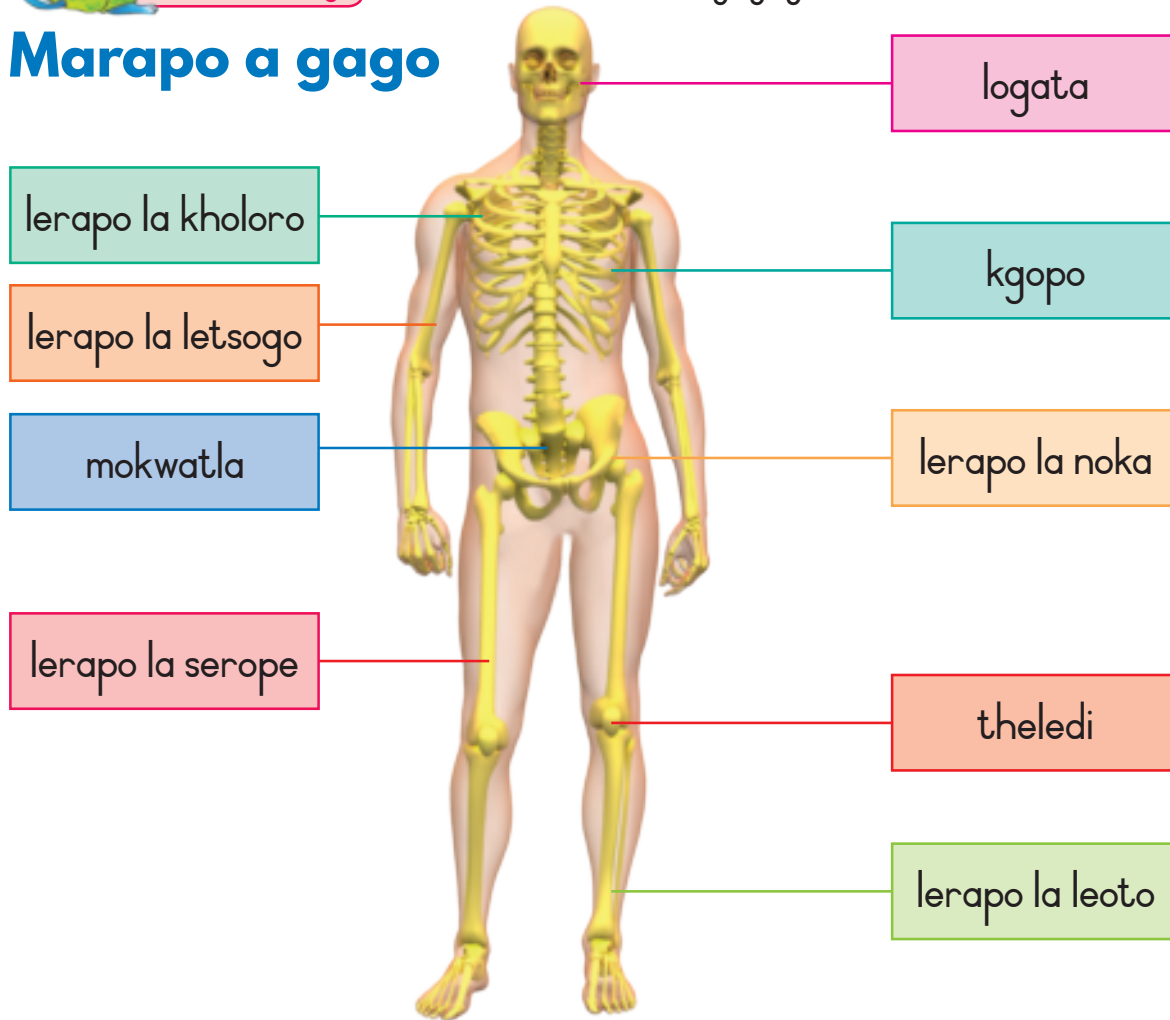
Morutabana wa gago o tlaa go bontsha ka moo le ka tshamekang motshameko 'katse le peba' ka teng.



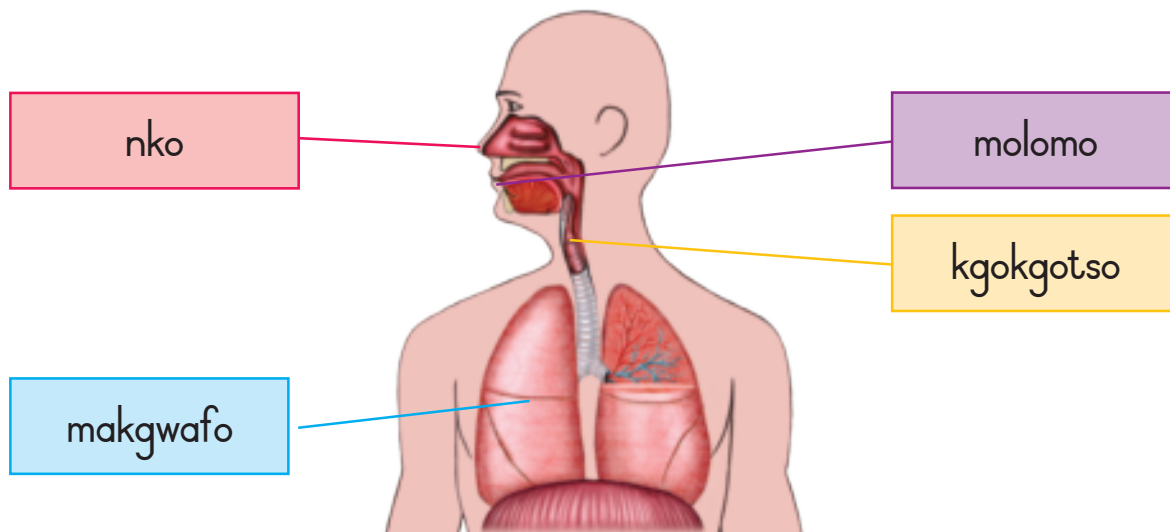
A re buiseng

Go na gape le dikarolo tsa mmele wa gago tse o sa kgoneng go di bona. Tsotlhe di dira mmogo go go tshola o tshela.

Marapo a gago



Dikarolo tsa mmele wa gago tse di go thusang go hema





A re bueng

Go akanya ka ga pabalesego

Lebelela ditshwantsho tse di fa tlase, mme o bue le tsala ya gago ka ga se o se boneng. Mo setshwantshong sengwe le sengwe, bua gore o ka nna o babalesegile jang.



O bona tsala ya gago ka kwa ga mmila.



O eme o le esi kwa boemelabeseng.



Motho yo o sa mo itseng o go kopa go tsamaya le ena felo gongwe.



O timetse o le kwa tikwatikweng ya mabenkele.

Re na le maikutlo a a siameng fa mongwe
a re tlamparela ka mokgwa o o re
itumedisang. Go monate go tlamparelwa
ka mokgwa o o botsalano le ka mokgwa o
o tlhokomelwang ka ona ke motho yo o
mo ratang.



Tlaa kwano mosetsanyana.
Ke tlaa go naya dimonamone
mme o se ka wa bolelela ope.

Ga re na maikutlo a a siameng
fa mongwe a re tlamparela ka
mokgwa o o re tshosang kgotsa
o o tenang.

Fa o ikutlwa o tenegile kgotsa
o sa babalesega ga o nne le
maikutlo a a siameng.

Mmele wa gago o kgethegile thata. O ka kgona go
re "Ee" fa go siame gore motho a go ame kana a go
tshware, gape o ka kgona go re "Nnyaya" fa go sa siama.



Morutabana:
Saena fa:
Letlha:

Go nna o babalesegile



A re kwaleng

Lebelela ditshwantsho tse di fa tlase mme o kwale "Ee" mo maikutlong a a siamang le "Nnyana" mo maikutlong a a sa siamang mo dibolokong.



Ke a go rata.



Tlogela go goa!
O mogolo.



O montle.



O se ka wa
tshwenyega,
ke mpa ke go
tsikinyetsa
fela.



A re diragetseng

Ithute go re "Nnyaya".

Diragatsang motshameko o mo go ona motho yo o sa mo itseng a batlang go pega ngwana mo koloing ya gagwe kgotsa a batlang go mo ama, mme ngwana a gane a re "Nnyaya".



A re bueng

Bana bangwe ba tshela mo magaeng a ba sa tlhokomelweng mo go ona. Lebelela ditshwantsho. Bua gore o ka ikutlwa jang fa o ne o le ngwana yo o mo ditshwantshong. Bua gore o ne o ka dira eng.



A re ikatiseng

Tshameka motshameko wa "go ema".

Tsamaela gongwe le gongwe kwa o batlang, mme fa morutabana wa gago a letsa phala, o "Eme" fa o leng teng.

Ga o a tshwanela go tsamaya go fitlha morutabana a re o ka nna wa tsamaya.

A o kgona go itshegetsatsa sentle?

Tsamaya mo koteng ya go itshegetsatsa kgotsa mo mogaleng o moleele o o beilweng fa fatshe.



Morutabana:
Saena fa:
Letlha:



Go tshola mmele wa me o itekanetse



A re buiseng



Go na le mekgwa e mentsi e re ka lwalang ka yona. Bontsi jwa nako, re lwala ka ntlha ya megare le dibaketeria. Di dinnye thata mo re sa kgoneng go di bona. Di tsena mo mebeleng ya rona mme di re lwatse.



A re bueng

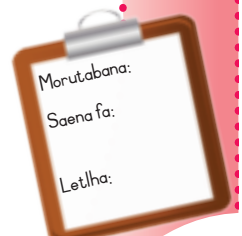
Bana ba ba mo ditshwantshong ba dira eng go itshola ba itekanetse? Go ne go ka diragala eng fa ba ne ba ka se ka ba dira dilo tse?





A re bueng

Jaanong bua ka ga ditshwantsho tse. Dira ✓ go bontsha ka moo o ka nnang o itekanetse ka teng. Tsenya ✗ mo ditshwantshong tse di ka dirang gore o lwale.



Morutabana:
Saena fa:
Letlha:



Go tshola mmele wa me o itekanetse



A re bueng

A o itse gore go na le mekgwa e e farologaneng ya go phepafatsa metsi?

A o ne o itse gore metsi a mangwe a phepa fa a mangwe a le leswe? O ka netefatsa jang gore metsi a phepa e bile a siametse go nowa?

O kgona go bedisa metsi a a leswe mo keteleleng go bolaya megare.



O kgona go sefa metsi a leswe. Morutabana wa gago o tlaa go supetse.

Dirisa leswana la tee le le lengwe la bolitšhi mo kgamelong ya metsi a noka a dilitara di le 20. Khurumela kgamelo gore dintsi di se ka tsa wela mo metsing. Tlogela metsi sebaka sa diura di le 28 pele o a a nwa.

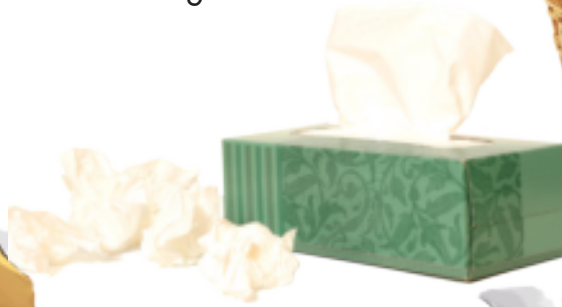




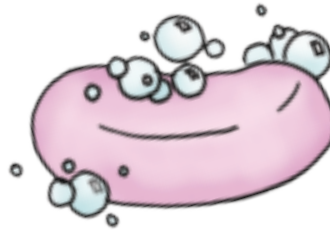
A re bueng

Lebelelela ditshwantsho tse mme
o bue ka ga se bana ba se dirang
go nna ba itekanetse.

Latlhela dithišu tse di dirisitsweng
mo ntlwanaboithusetsong kgotsa
mo serotong sa matlakala.



Tlhapa diatla tsa
gago pele o ja.



Tlhapa diatla tsa gago morago
ga go dirisa ntlwanaboithusetso.

Fa o kgotlhetse ntlwanaboithusetso,
phimola maswe a gago mme o tlhape
diatla.



Thiba molomo wa gago fa o
gotlholo kana o ethimola.



Morutabana:
Saena fa:
Letlha:



A re itlhatlhobeng



A re bueng

Tlotla ka ga se o se ithutileng mo dikgweditharong tse pedi tse di fetileng.

Ke kgona go bua ka ga lelapa la gaetsho.		
Ke kgona go tsamaya mo moleng o mosesane.		
Ke itse nomore ya mogala ya sepodisi.		
Ke itse go dumela le go gana.		
Ke kgona go kapa bolo.		
Ke kgona go nna ke babalesegile kwa gae.		
Ke kgona go itlhokomela fa ke le esi kwa gae.		
Ke thusa lelapa la gaetsho.		
Ke itse tsela ya me ya go ya kwa sekolong.		
Ke itse go itshola ke itekanetse.		
Ke itse gore ke tshwanetse go dira eng ka dilo tsotlhe tse di mo kgetsaneng ya me ya sekolo.		
Ke itse ka ga mefuta e e farologaneng ya malapa.		
Ke ithutile go le gontsi ka ga Dikgono tsa Botshelo.		





Thanodi ya me

A
a

Handwriting practice lines for uppercase A and lowercase a.

G
g

Handwriting practice lines for uppercase G and lowercase g.

B
b

Handwriting practice lines for uppercase B and lowercase b.

H
h

Handwriting practice lines for uppercase H and lowercase h.

C
c

Handwriting practice lines for uppercase C and lowercase c.

I
i

Handwriting practice lines for uppercase I and lowercase i.

D
d

Handwriting practice lines for uppercase D and lowercase d.

J
j

Handwriting practice lines for uppercase J and lowercase j.

E
e

Handwriting practice lines for uppercase E and lowercase e.

K
k

Handwriting practice lines for uppercase K and lowercase k.

F
f

Handwriting practice lines for uppercase F and lowercase f.

L
l

Handwriting practice lines for uppercase L and lowercase l.



Thanodi ya me

M
m

Handwriting practice lines for the letter M.

S
s

Handwriting practice lines for the letter S.

N
n

Handwriting practice lines for the letter N.

T
t

Handwriting practice lines for the letter T.

O
o

Handwriting practice lines for the letter O.

U
u

Handwriting practice lines for the letter U.

P
p

Handwriting practice lines for the letter P.

V
v

Handwriting practice lines for the letter V.

Q
q

Handwriting practice lines for the letter Q.

W
w

Handwriting practice lines for the letter W.

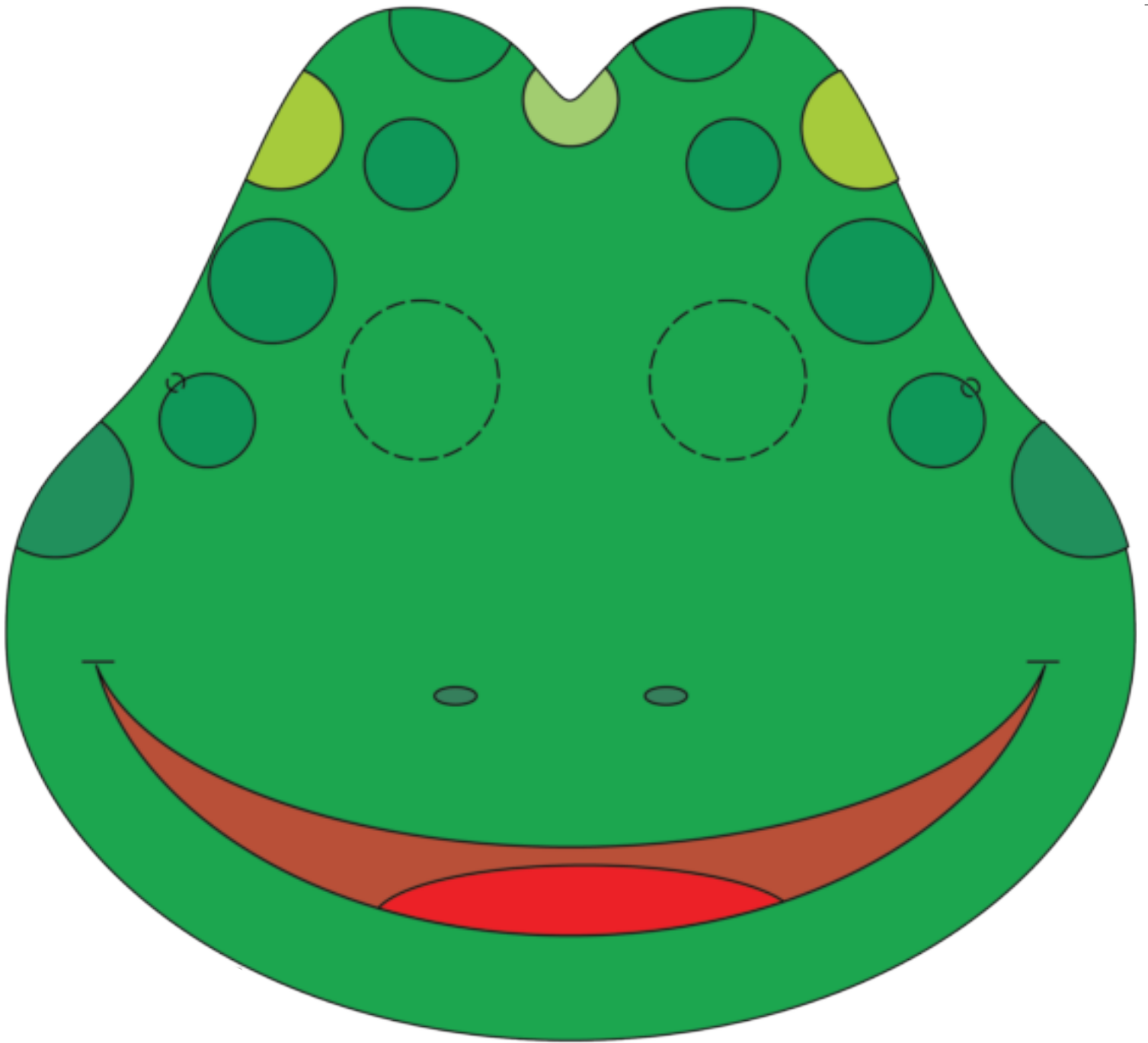
R
r

Handwriting practice lines for the letter R.

X-Z
x-z

Handwriting practice lines for the letters X, Y, and Z.





Masks

Cut out on
the outside
black line.
Tie a string
into the holes
to make a
face mask.

