

Kubuyeketiwe
futsi kwahlelenjiswa
ngekwe-CAPS

Libanga



Emakhono Ekuphila
SISWATI
Incwadzi 1
Emathemu 1 & 2



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LIFE SKILLS IN SISWATI
GRADE 1 – BOOK 1
TERMS 1 & 2

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15th Edition

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Lokucuketfwe

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Nkhskt. Angie
Motshekga, iNdvuna
yeMfundvo Sisekelo



Dkt Reginah Mhaule,
liphini leNdvuna yeMfundvo
Sisekelo

Letincwadzi tekusebentela tikhicitelwe bantfwana baseNingizimu Afrika ngekuholwa yiNdvuna yeTemfundvo Sisekelo. Nkhskt Angie Motshekga akanye neLiphini lakhe Dkt Reginah Mhaule.

LeTincwadzi Tekusebentela takaRainbow tiyincenye yemitamo yaleLitiko leTemfundvo Sisekelo yekutfutfukisa bafundzi baseNingizimu Afrika emabangeni ekucala lasitfupha ekufundza. Njengalomunye wemigomo lehamba embili eLuhlelweni lweKusebenta lwaHulumende, lomsebenti ukhokhelwe ngesihle Silulu seTimali saVelonkhe. Ngenca yalokusekelwa ngetimali, leLitiko leTemfundvo liphumelele kwakha letincwadzi ngato tonkhe letilwimi letisemtsetfweni kulelive.

Siyetsemba kutsi bothishela batatitfolo tilusito kakhulu letincwadzi tekusebentela basafundzisa malanga onkhe kute bafundzi bakhone kucedza luhlelo lwabo lwekufundza. Setame, ngekuophelela lokukhulu, kusita thishela kuleyo naleyo ncenye yemsebenti, ngekusebentisa timphawu letitifombe kukhombisa umfundzi loko lokumele akwente.

Siyetsemba bantfwana nabo batakujabulela kusebentisa letincwadzi basachubeka nekukhula nekufundza; nekutsi bothishela batawutfokota kanye nabo.

Sifisela bothishela nebafundzi imphumelelo basachubeka nekusebentisa letincwadzi tekusebentela.





Libanga

1



Emakhono Ekuphila
SISWATI
Incwadzi I



Lencwadzi ya:





Itthemu I – Liviki I – Lishadi lekusebentela



Asente loku

Nameka sitfombe sakho noma
utidvwebe lapha.

Sikhuluma ngami



Ligama lami ngu

_____.

Sibongo ngiwaka

_____.

Ngineminyaka le _____
budzala.

Emalunga emndeni wakitsi

_____.

Lucingo lwasekhaya lutsi:

_____.

Likheli lakitsi litsi:



Ngiyalwati kutsi lunini lusuku
lwami lwekutsalwa.

yebo

angati kahle

cha





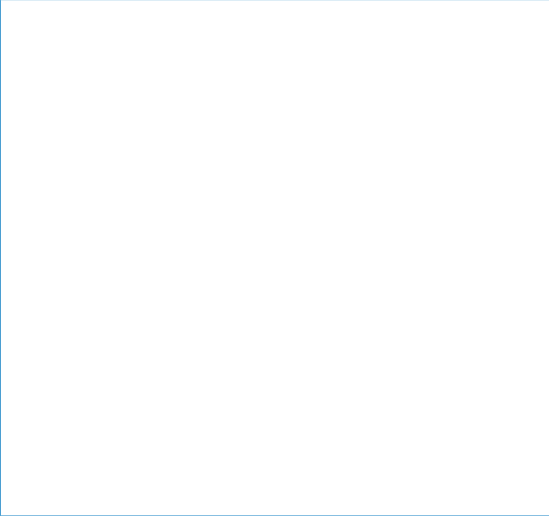
Asidvwebe



Jabu usihlabani ebholeni.



Dvweba loko losihlabani kuko.



Cocela bangani bakho ngaloko losihlabani kuko.

Chubeka, ufake umbala enkhanyetini lesebhokisini lelingilo kukhombisa kutsi ukhona kwenta ini.



Asikhulume



Ngiyakhona kufundza.



Ngiyakhona kutigcokisa.



Ngiyakhona kubhala ligama lami.



Ngiyakhona kudansa.



Ngiyakhona kwenta litya.



Ngiyakhona kucubha ematinyo ami.



Thishela:
Sayina:
Lusuku:

Imibala nekudansa



Asente loku

Uyayati lemibala? Tjela umngani wakho emagama alemibala.

Nyalo-ke faka umbala lofanele esitfombeni ngasinye.



Bhanana lomtfubi



Lihhabhula lelibovu



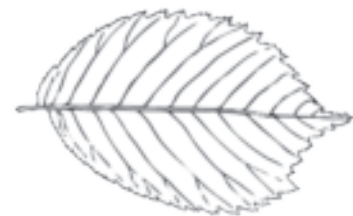
Leluhlata sasibhakabhaka



Sambulelo semibalabala



Liwolintji leliliphuti



Licembe leliluhlata



Asinyakate

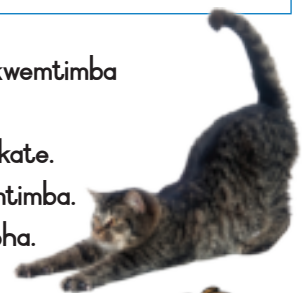
Ngembi kwekutsi wente noma ngukuphi kushukuma kwentimba ngaphandle, cala utelule njengelikati.

Loku kutawenta kube lula kutsi umtimba wakho unyakate.

Phindza utenwebe emva kwekushukuma kuphotisa umtimba.

Loku kutakusita kutsi ungahlaselwa buhlungu bemisipha.

Nyalo-ke yenta loku lokwentiwa ngulabantfwana.



Hlabela ingoma "Inhloko nemahlombe" usenta loku:

- yenta ngatsi udlala sigubhu.
- yenta ngatsi ushaya lugatali.



Lusuku:



Asitijabulise

Shaya tandla takho ngalendlela.



Shaya Shaya Shaya Shaya

Shaya Shaya Shaya

Shaya Shaya Shaya Shaya

Shaya Shaya Shaya



Asente loku

Ungakwenta loku? Khombisa bangani bakho.

Ngiyakhona kugijima ngiye etindzaweni letehlukene ngingashayisani namuntfu.			
Ngiyakhona kuzuba ngishaye incatfu.			
Ngiyakhona kugicitela ibhola lenkhulu kumngani wami.			



Sikhetsekile



Asikhulume

Buka lesitfombe bese ucocela umngani
wakho ngemehluko lokhona emkhatsini
walabantfwana.



Lokukhulu nalokuncane

Labanye betfu bakhulu, labanye bancane.

Labanye betfu badze, labanye bafisha.

Labanye betfu bangazuba, labanye
bangahlabela.

Sonkhe kukhona lesingakwenta kahle.

Wena yini lokhona kuyenta kahle?



Asikhulume

Cocela bangani bakho kutsi wativa njani ngelilanga lakho lekucala esikolweni.

ujabulile	udvumele	utsakasile	utfukutsele	unemahloni



Asidvwebe

Dvweba sitfombe kukhombisa kutsi **ungativa njani** uma kukhona lokupha
lithoyisi lelisha? Bhala ligama lemuvo **esikhaleni lesingentasi**.



Asikhulume

Cocela umngani wakho kutsi kwentekani kulesitfombe. Shano kutsi ungatva njani uma loku bekungenteka kuwe? Faka luphawu (✓) ebusweni lobufanele.



Sikhwahla semfana
lomkhulu sikwemuka
tintfo takho, ungatva.



ujabula



utsakasa



udvumala

Uma wena nemngani
wakho nidlala
ndzawonye, ungatva:



utfukutsele



ujabulile



wesaba



Uma uvula sipho,
ungatva:



wetfukile



utsakasile



unemahloni

Umnakenu kumbe dzadzewenu
wephula lithoyisi lakho
lolitsandza kakhulu, ungatva:



unemahloni



ujabulile



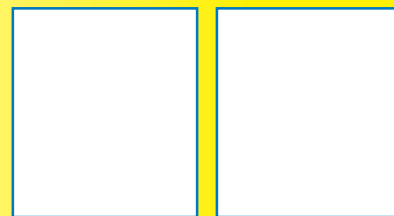
utfukutsele



Asente loku

Takhele sakakho sitfombe semigca yeminwe ebhokisini lekucala, bese ucela lenifundza naye eklasini kutsi akhe seminwe yakhe ebhokisini lelilandzelako.

Bewati nje kutsi kute namunye umuntfu emhlabeni lonemidvwa-minwe lefanana neyakho? Ukhethile, munye vo umuntfu **longuwe** lapha emhlabeni. Ngisho nemaphahla, ete imidvwa-minwe lefananako.



Uyabona nje kutsi
imidvwa-minwe ayifanani?



Thishela:

Sayina:

Lusuku:





Asikhulume

Ase ubuke labantfwana.
Bafana ngani?
Behluke ngani?



Asente loku

Buka lesitfombe bese uyasho kutsi ngabe lemisho lena **iliciniso** yini
noma **ngemanga**.
Faka umbala loluhlata emishweni leliciniso.
Faka umbala lobovu emishweni
lengasilo liciniso.



Bonkhe banemikhono lemi-2
kanye nemilente lemi-2.



Bonkhe bangemantfombatana.

Bonkhe bagcoke ticatfulo.



Bonkhe bagcoke emabhuluko.

Bonkhe babantfwana.



Bonkhe banetinwele letindze.



Asidvwebe

Dvweba sitfombe sakho esikhaleni sekucala. Chubeka udvwebe sitfombe semngani wakho lomkhulu. Nase ukwentile loku, bukisisa lemidvwebo bese uyasho kutsi wena wehluke ngani kumngani wakho.

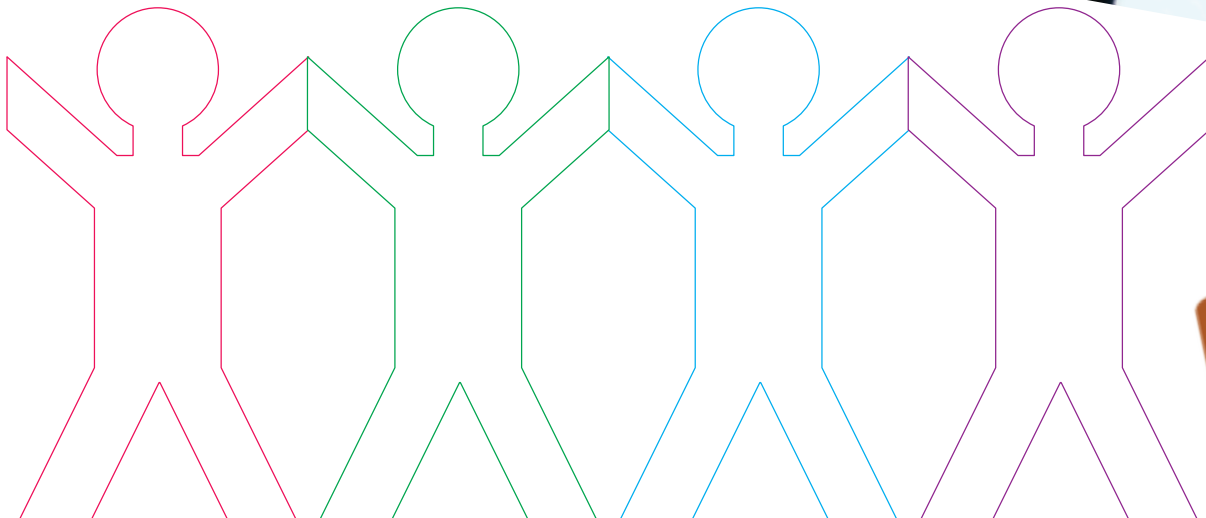


Mine	Umngani wami



Asente loku

Faka umbala kulabangani lababambene kukhombisa kutsi wonkhe umuntu wehlukile. Nase ukwentile loku sewungasika kahle futsi uhlobise labangani lababambene esikhaleni salokusikiwe ngemuva kwalencwadzi.



Ngiyahlabela

Ungakahlabeli, tishukumise kanjena:

Dvonsa umoya kakhulu ubese uyawukhipha kancane-kancane. Yenta shengatsi ucima emakhandlela elikhekhe lekutalwa. Yenta shengatsi uva emakhata, bese utsi "Brrrrrrrrrrrrrr".

Asente loku

Tingobiyane letisihlanu letincane

Tingobiyane letisihlanu letincane,
tizubazuba embhedzeni.

Yinge yawa, gunklu inhlokwana.

Make watsintsa dokotela, dokotela watsi,
"Akuphele kutsi nya, kuzubazuba embhedzeni!"

Tingobiyane letine letincane, tizubazuba embhedzeni.

Yinge yawa, gunklu inhlokwana.

Make watsintsa dokotela, dokotela watsi,
"Akuphele kutsi nya, kuzubazuba embhedzeni!"

Tingobiyane letintsatfu letincane,
tizubazuba embhedzeni.

Yinge yawa, gunklu inhlokwana.

Make watsintsa dokotela, dokotela watsi,
"Akuphele kutsi nya, kuzubazuba embhedzeni!"

Tingobiyane letimbili letincane, tizubazuba embhedzeni.

Yinge yawa, gunklu inhlokwana.

Make watsintsa dokotela, dokotela watsi,
"Akuphele kutsi nya, kuzubazuba embhedzeni!"
Ingobiyane yinge lencane izubazuba embhedzeni.

Yavele yawa, gunklu inhlokwana.

Make watsintsa dokotela, dokotela watsi,
"Akuphele kutsi nya,
kuzubazuba embhedzeni!"

Lusuku:



Asidvwebe

Dvweba buso bakho.

Khombisa emehlo, tindlebe, imphumulo, umlomo netinwele takho.

Cocela bangani bakho kutsi wena ubukeka njani.



Asinyakate

Yentani titsiyo
Ngaphandle kweliklasi
tibe njengaleti. Thishela
wenu utanisita.

Zuba kusuka esitulweni
sinye uye kulesilandzelako.

Khasa ngaphasi
kwematafula.



Thishela:
Sayina:
Lusuku:

6

Ngiyatigcabha ngesikolo sami

Ithemu 1 – Liviki 4 – Lishadi lekusebentela



Asente loku

Dvweba sitfombe sakho ugcoke tembatfo tesikolo. Chubeka ugcwalise timphendvulo letishiyiwe.



Sikolo sami

_____.

Ligama lathishela wami ngu

_____.

Umphatsisikolo ngu

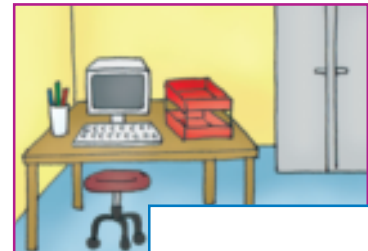
_____.



Asibhale

Bukisisa letitfombe.
Chubeka usike emagama
lafanele sitfombe ngasinye
bese uwanamatsisela
edvute naleso sitfombe.











libala lekudlala

Liklasi

lihhovisi

mabhalane

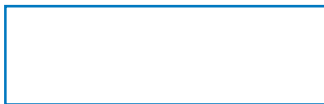
umthoyi





Asibhale

Bobani labantfu labehlukene esikolweni? Bukisisa lesitfombe bese ucoca ngekutsi babobani nekutsi bentani. Chubeka usike ligama lelifanele entasi emaphetselweni alelikhasi bese ulinamatsisela eceleni kwesitfombe lesifanele. Chazela umngani wakho kutsi angafika njani ehhovisi lathishelanhloko, emthoyi nasenkundleni yekudlala.



Asitjabulise

Libhokisi lemapheniseli aJohani liwile. Bala kutsi mangaki emakhirayoni lanawo, bese ubhala inombolo ebhokisini. Bese-ke, ephepheni lelisha, udvwebe sitfombe ngemibala legcamile, kukhombisa kutsi wena nemngani wakho nidlala njani ninobabili. Dvweba iflemu yesitfombe utungelete umdvwebo wakho.



bantfwana

lokolobhako

thishela

umphatsisikolo

Thishela:
Sayina:
Lusuku:

Tindzawo letehlukene



Asente loku

Khombisa umngani wakho kutsi wena ungakhona ku ...

bhaca ngaphasi
kwanobe yini.



Bhaca emva kwanobe yini.



Ngibhace ngaphasi
kwelitafula.



Mani edvute kwanobe yini.



Mani etulu kwanobe yini.



Asinyakate

Sebentisa ibhola nobe sikhwama-bhontjisi lesikhulu sekudlala. Kuphose etulu ukugendze. Nyalo-ke tfwala kahle lesikhwama-bhontjisi enhloko yakho uambahambe kancane. Nyalo-ke tfwala lesikhwama-bhontjisi enhloko yakho usahamba etulu kweliplanka lekusima nobe wemugca nje.

Ngiyakhona kuphosa.				
Ngiyakhona kugendza.				
Ngiyakhona kutfwala sikhwama-bhontjisi enhloko yami.				



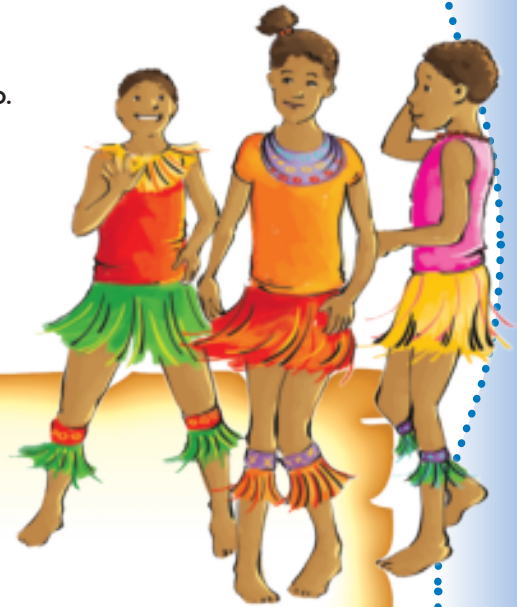
Asinyakate

Gidzisa tinyawo takho ulandzele loluhlelo.

Snc = Sancele



Skdl = Sekudla



Snc

Skdl

Snc

Skdl

Snc



Skdl

Snc

Skdl

Skdl

Snc

Skdl

Snc

Skdl



SncSnc

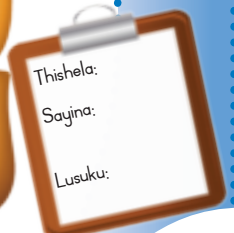
Skdl

Snc Snc

Skdl

Snc

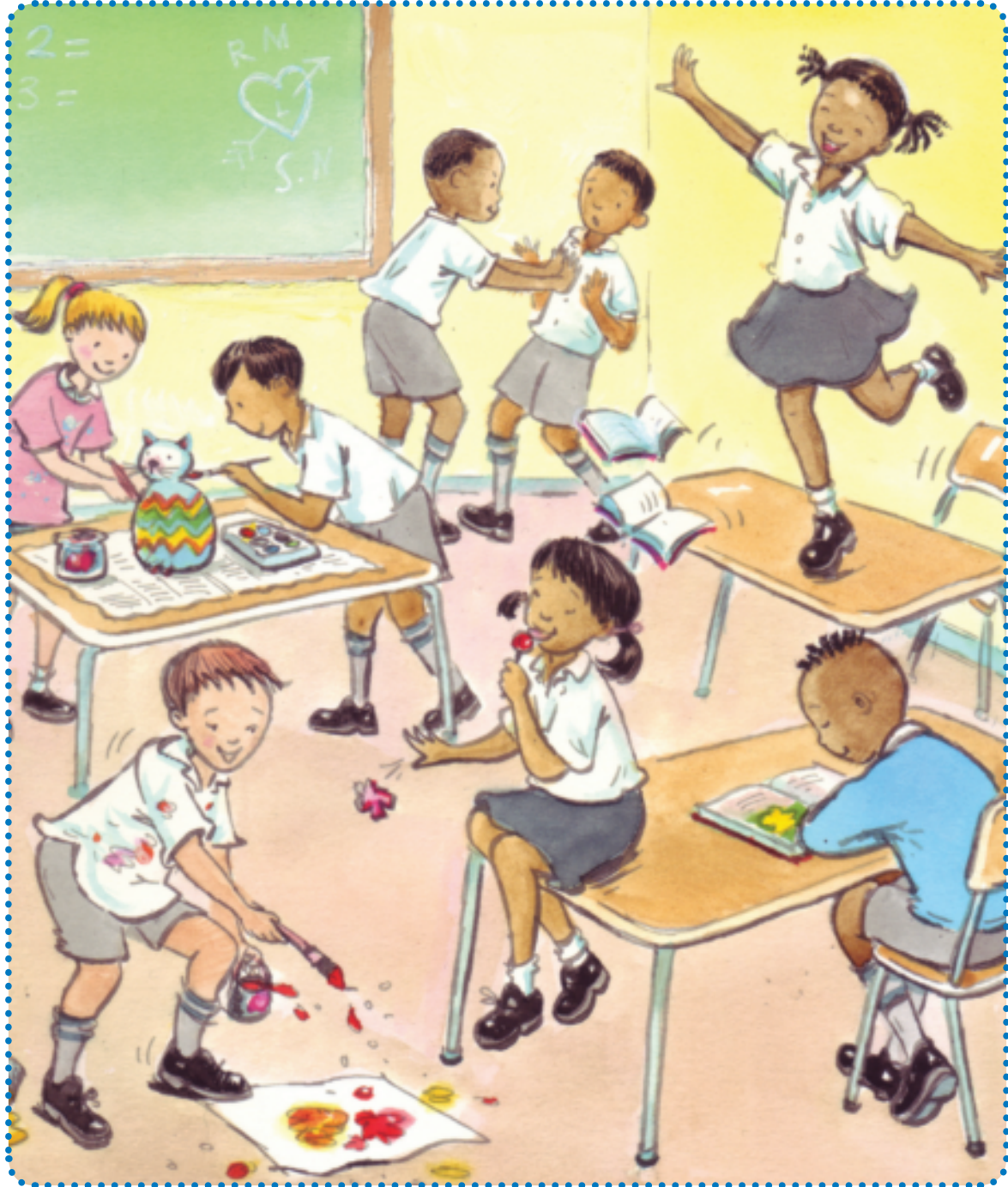
Skdl



Liklasi lami

Bukisisa lesitfombe bese ukhuluma ngalokubonako.

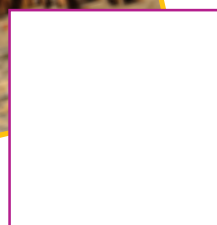
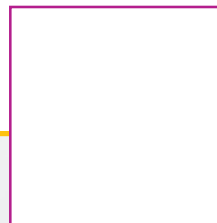
Kuleliklasi, tintfo letimbi naletinhle tiyenteka. Ubona yiphi indlela lenhle yekutiphatsa? Ubona yiphi indlela lembi yekutiphatsa?





Asikhulume

Faka ✓ eceleni kwekutiphatsa kahle bese ufaka siphambano ✗ eceleni kwato tonkhe tindlela tekutiphatsa kabi letingenteka esikolweni.





Asente loku

Dvweba sitfombe kukhombisa kutsi uta njani esikolweni.



Asinyakate

Lalela lengoma thishela wenu latanidlalela yona.

Shukumisa umtimba wakho ulandzele sigci sengoma.

Goba emadvolo akho uchubeke welule imilente yakho.

Gungubalisa emahlombe ehle enyuke.

Shwila emacakala akho aye ngesencele abuye aye ngesekudla.



Asinyakate

Wena nemngani wakho kufute niphoselane nibuye nigendze ibhola. Sebentisa umkhono wakho lobutsakatsaka kuphosa ibhola ibuyele emuva.

Ngikhonile yini kuphosa ibhola ngesandla sami lesibutsakatsaka?



Asinyakate

Lingisa kuhamba njengelibhala nemlingani wakho lomunye eklasini.



Ngitigcina ngihlobile

Asikhulume

Kumcoka kufundza imikhuba lemhle kusukela ebuncaneni.
Nati letinye tintfo lokufute utente kuhlala uhlobile futsi uphilile.
Khuluma ngesitfombe ngasinye.



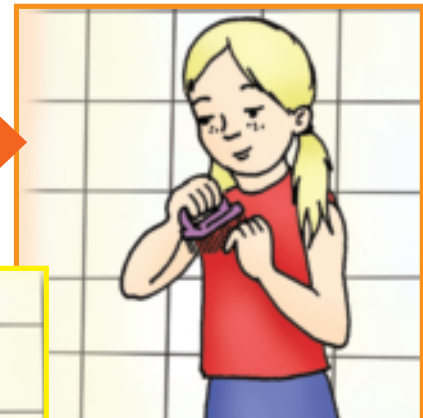
cubhe ematinyo ami.



geze tandla tami emva
kwekusebentisa umthoyi.



geze kanyentana.



gcine tingalo tami tihlobile.



sebentise umthoyi.



geze sitselo ngingakasidli.



sebentise ithishu nangitsimula
nobe ngifinye.

Kufute ngi



Asibhale

Ngutiphi kuletintfo letingentasi lotidzingako kutigcina uhlobile?
Faka umbala kuletinkhanyeti kukhombisa kutsi ngutiphi tintfo
lotisebentisaako kuhlala uhlobile. Phindza usho kutsi uyisebentisa njani
intfo ngayinye kutigcina uhlobile.



Faka luphawu ✓ nawukhona kwenta loku lokulandzelako:	yebo	cha
Ngiyakhona kucanca liladi esakhiweni sekudlala.		
Ngiyakhona kunkonkoshela ngeminwe ngiye embili.		
Ngiyakhona kukhasa ngiphumele ngale kwesakhiwo sekudlala.		





Asifundze

Leminye imikhuba
lemihle yekusebentisa
kahle umthoyi.

Khumbula



Nawungcolisile emthoyi,
khumbula kuwugeza uhlobe.



Khumbula kufulasha umthoyi.

Lusuku:



Njalo nje vala sivalo semthoyi
nawusebentisa umthoyi.



Musa kusebentisa liphepha
lemthoyi lelingenti kakhulu.



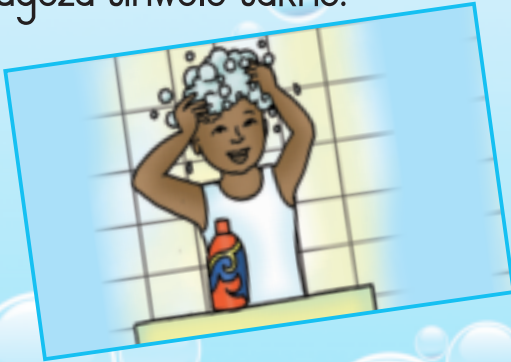
Njalo-nje geza tandla takho
emva kwekusebentisa umthoyi.



Asibhale

Biyela emagama langiwo lasitjela kutsi sidzinga kutenta kangaki
letintfo letilandzelako.

Kugeza tinwele takho.



onkhe emalanga

ekuseni nakusihlwa

kabili ngeliviki

kanye ngeliviki

Kucubha ematinyo akho.



onkhe emalanga

ekuseni nakusihlwa

kabili ngeliviki

kanye ngeliviki

Kugeza umtimba wakho.



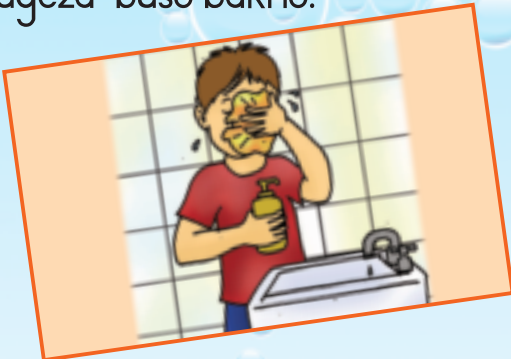
onkhe emalanga

ekuseni nakusihlwa

kabili ngeliviki

kanye ngeliviki

Kugeza buso bakho.



onkhe emalanga

ekuseni nakusihlwa

kabili ngeliviki

kanye ngeliviki



Umtimba wami

Dlalani "Simoni utsi" nathishela wenu.

Tfola indzawo yakakho wetame kuhamba ungashayisi labanye.

Simoni utsi "tsintsa inhloko yakho."

Asinyakate

ABC

Ase sikhombise

Khombisa umngani wakho
kutsi ukwenta njani loku:

Kugeza tandla takho.



Kukama tinwele takho.



Kwesula tandla takho.



Kucubha ematingo akho.



Kugeza buso bakho.





Asinyakate

Khombisa lesilandzelo ngemnyakato.

Ngiyakhona kushaya tandla tami

ngigidze ngetinyawo tami

**Ngiyakhona kuvuma
ngenhloko yami**

ngijikitise imikhono yami

**Ngiyakhona kushwilana
ngetintwane tami**

ngitsintse imphumulo yami.

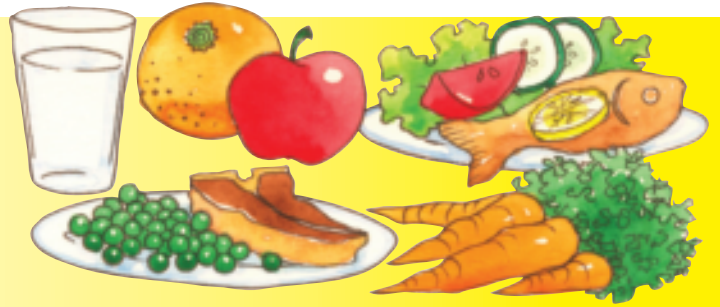




Asifundze

Sidingani kuhlala siphile!

**Luhlelo-kudla
lolunemphilo**



**Kushukuma
kwemtimba
lokwenene**

**Kutigcina
sihlobile**



**Kuba ngaphandle
emoyeni lohlobile**



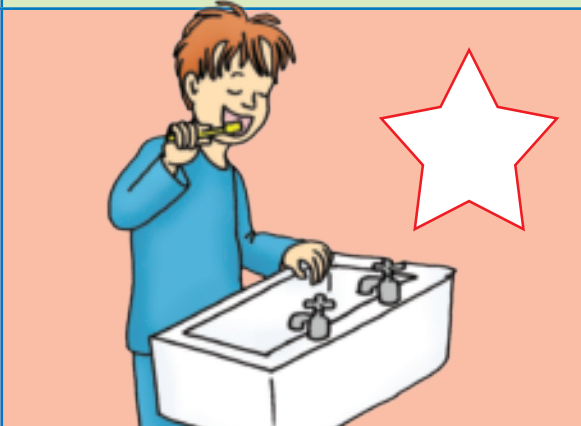
**Kulala ngalokwanele
singabukeli mabonakudze
ngalokwecile!**





Asibhale

Faka luphawu ✓ emikhubeni lenemphilo ubhale ✗ emikhubeni lete imphilo.



Thishela:
Sayina:
Lusuku:



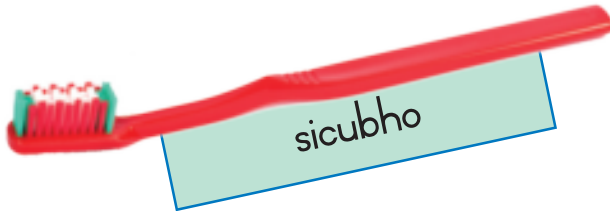


Asente loku

Khombisa kutsi utisebentisa
njani letintfo.



inhlama yekucubha



sicubho

insipho



emafutsa etandla



ishampu



likamo



libhulashi



libhulashi letingalo



kwekujuba tingalo



Asinyakate

Bambanani ngetandla kwakha indilinga lenkhulu.

Nyalo-ke phoselanani ibhola lomunye kulomunye kulendilinga.
Chubekani nengete lenye ibhola nayo niphoselane ngayo futsi.
Chubekani nengete lenye futsi ibhola netame kuphoselana lawo
mabhola lamatsatfu (3).



Asikhulume

Yini letse hlikilili kulendlu?

Yini lokufute uyente kute indlu ihlobe?

Bentani labantfwana? Yini lokufute bayente?



Thishela:
Sayina:
Lusuku:





Asikhulume

Ase ubuke letinhlobo letehlukene tesimo selitulu bese ucocela umngani wakho kutsi utsandza luphi luhlobo kakhulu kuto tonkhe.



libalele

liyahhusha



liyana



lisibekele futsi liyabandza

Kuletinge tincenye telive letfu, kulesinye sikhatsi kuyabandza kangangoba kukhitsika lichwa lambayiyane. Kulokunye simo selitulu siba netimvula.

Umoya lonemandla, kutsiwa sishingishane.



Asente loku

Tidwebe sitfombe sakho usemvuleni noma echweni.

Tidwebe sitfombe sakho ephepheni lelikhulukati, usebentisa emakilayoni lamakhulu.

Didiyela umphendvuli-mbala loluhlata sasibhakabhaka emantini upende likhasi lonkhe.

Fafata pendi lomhlophe esitfombeni sonkhe.

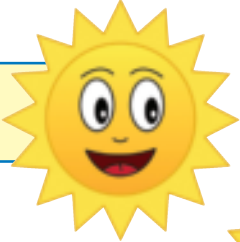


Asifundze

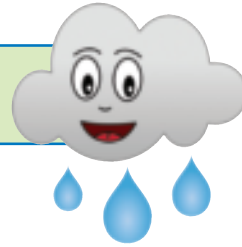
Sisebentisa lishadi lesimo selitulu kukhombisa kutsi simo selitulu sinjani. Sisebentisa timphawu kukhomba tinhlobo letehlukene tesimo selitulu. Nati letinye taletimphawu.



libalele



liyana



lisibekele



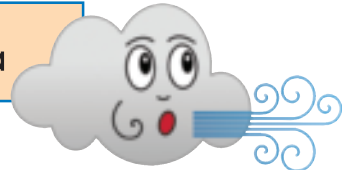
gcwa-gcwa emafu



lichwa



liyahhusha



Asikhulume

Cocela umngani wakho kutsi ugcoka tembatfo tini esimeni selitulu ngasinye.



Asente loku

Dvweba timphawu tesimo selitulu kucedzela lishadi lakho lesimo selitulu saleliviki.

Umsombuluko

Lesibili

Lesitsatfu

Lesine

Lesihlanu



Asibhale

Besinjani simo selitulu kuleliviki?
Gcwalisa emagama lashiye.

Lamuhla li _____.

Itolo beli _____.

Ngiyetsemba kusasa litakube li _____.



Thishela:
Sayina:
Lusuku:



Simo selitulu



Asente loku

Lingisa ngeminyakato timo letehlukene telitulu.



Yendlala imikhono yakho igobekela ngetulu kwenhloko yakho wente ngatsi ilifu lelikhulukati.



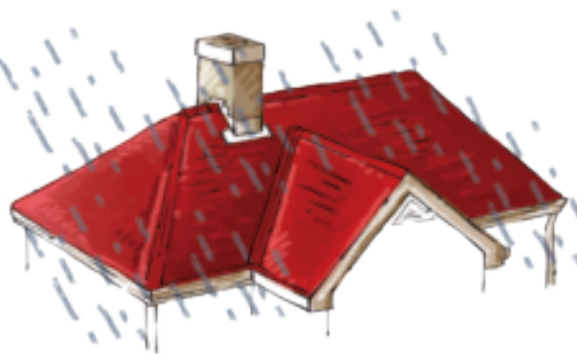
Unesambulelo sekukuvikela elangeni.



Nyakatisa imikhono njengemoya lohhushako.



Bamba sambulelo sakho sicine kusivikela singapheshulwa ngumoya lomkhulu.



Tsani chapha-chapha njengematfonsi emvula anela etu kweluphahla lwendlu.





Asinyakate

Bambanani ngetandla kwakha indilinga lenkhulu.

Phoselanani nibuye nigendze ibhola.

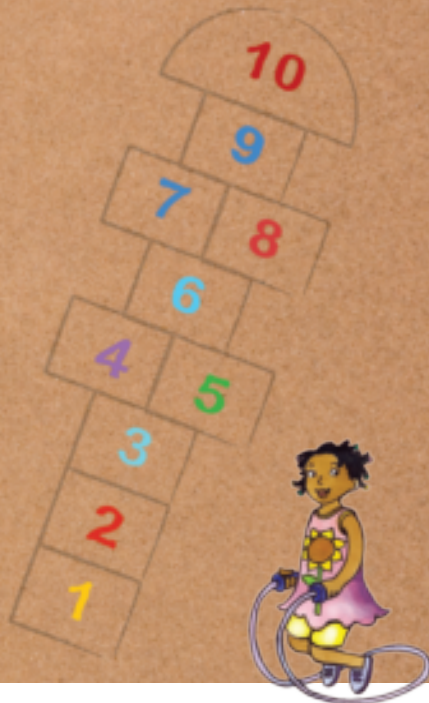


Cabangani ngetindlela letehlukene
tekuhamba etulu kweliplanka lekusima
nobe ngetulu kwemugca wentsambo.
Bona kutsi wena ungacabanga yini
ngendlela yekuhamba leyehlukile
kubalingani bakho eklasini.



Asitijabulise

Dlalani mkoko. Dvwebani
phasi letinye tibaya
netindilinga.



Asinyakate

- Khombisa umngani wakho kutsi wena uzuba njani nangabe udlala incatfu.
- Thishela wakho utakukhombisa indlela yekudlala leminyane imidlalo yendzabuko.



Asikhulume

Bewati nje kutsi imindeni ayifani yonkhe?

Leminye imindeni mikhulu kantsi leminye mincane. Leminye inabomake nabobabe kantsi leminye ite. Leminye imindeni ihlala nagogo namkhulu, bomalume, bomamncane nabomzala.

Ase ubuke letitfombe bese ucocela umngani wakho kutsi lemindeni yehluka njani munye kuleminye. Sebentisa lamagama lakusilulumagama.

make

babe

dzadze

mkhulu

umnaketfu

nana

gogo

umndeni



Lusuku:



Asibhale

Ngubani lenihlala naye ekhaya kini?

Ngubani lenihlala naye ekhaya kini?

_____.

Ekhaya kini kunebantfu la _____ (linani)

Ngubani lomncane kini nonkhe ekhaya kini? _____.

Ngubani lomdzala kini nonkhe ekhaya kini? _____.



Asikhulume

Sonkhe sinemisebenti lesiyenta emakhaya etfu. Bukisisa letitfombe bese usho ligama lemuntfu lowenta lemisebenti ekhaya kini.



Bhala umusho munye ngemsebenti lowente itolo.

_____.





18

Ithemu 2 – Liviki I – Lishadi lekusebentela



Asitijabulise

Dvweba sitfombe sanobe yini wena nemndeni wakho lenikwenta ndzawonye. Shano kutsi ngubani lowo muntfu. Sebentisa lamagama kukusita.

make

babe

dzadze

mkhulu

umnaketfu

nana

gogo

umndeni



Umndeni wami





Siyanakekelana

19



Asifundze

Emalunga emndeni kufute atsandzane futsi anakekelane. Sikhombisa kutsi siyatsandzana ngekubambana tandla nekusitana sibuye sihloniphane. Sidzinga...

- kusitana.
- kuphatsana ngenhlonipho (kakhulu kubantfu labadzala).
- kwenta imisebenti yetfu ngesikhatsi.
- kwetsembeka kulesikwentako.



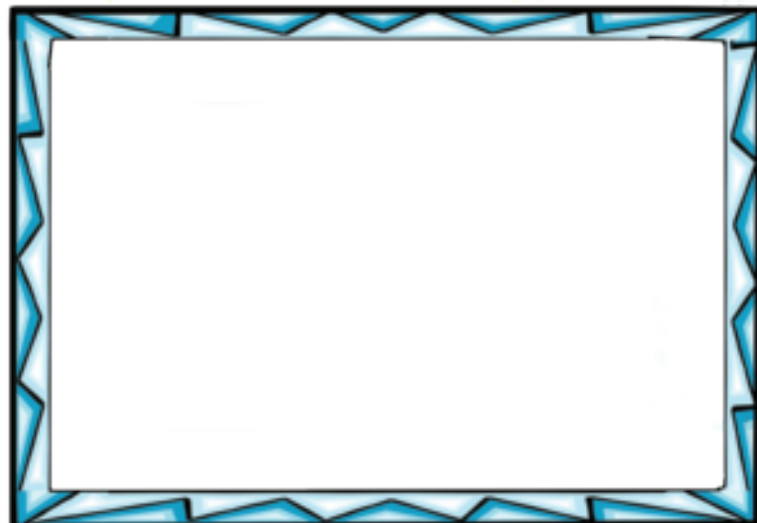
Asikhulume

Ase ubuke letitfombe bese uyasho kutsi labantfwana bayikhombisa njani imindeni yabo kutsi bayayikhatsalela. Nyalo-ke yenta silinganiso mdlalo kukhombisa kutsi kwentekani esitfombeni ngasinye.



Asente loku

Dvweba sitfombe saloko lokwentako kukhombisa umndeni wakho kutsi uyawukhatsalela. Cocela umngani wakho ngaloko lokudvwebile.



Thishela:
Sayina:
Lusuku:

37





Asikhulume

Kukhombisa kutsi siyanakekelana

Khuluma ngekutsi uwabona asitana njani lamalunga emindeni. Hlela letitfombe ngekulandzelana kwetigameko kusuka esitfombeni seku-1 kuye ku-4.



Asifundze

Imisebenti yetfu yakusihlwa.

Make upheka kudla.

Babe uwasha emabhodo.

Mine nemnaketfu sisita make nababe.

Sisita kakhulu.

Sibeka kahle lubisi nesinkhwa.

Bese silungela kuyowulala.

Ase usitekele inganekwane yakusihlwa tsine!



Lusuku:



Asente loku

Yenta likhadi wentele umuntfu lokunakekelako. Dvweba sitfombe ubhale ligama lalomuntfu.

Blank box for drawing or writing.



Asente loku

Ungakwenta loku lokulandzelako?

	ungayendlulisa ibhola ngekuyishaya phasi iye kumlingani wakho.	yebo	cha
	ungayendlulisa ibhola ngekuyiphosa ngesandla iye kumlingani wakho.	yebo	cha
	ngékuyishaya ibhola ngemadvolo akho.	yebo	cha
	ungayishaya ibhola iye kukhoni.	yebo	cha
	ungaveyisa ngebhola emkhatsini walabamakako.	yebo	cha
	ungayikahlela ibhola iye nobe kuphi ubuye uyishaye.	yebo	cha





Asikhulume

Kuphepha ekhaya nemaphetselo (1)

Njalo-nje kufute sitivele siphephile uma sisekhaya. Kodvwa tinyenti tingoti ngekhati nasemaphetselweni emakhaya etfu. Ase ubuke lesitfombe, bese ukhuluma ngaletinye tetingoti nemngani wakho.

Ekhishini

- Gucula tibambo temabhodo nemapani tibheke emuva nesitofu.
- Ungashiya imikhwa lekhaliphile noma kuphi nje.
- Khiyela bopharafini nemitsi endzaweni lephephile.
- Ungashiya emathoyisi atse citisi saka.



Endlini yekugezela

- Ungasebentisi tintfo letidzinga gezi dvute nemanti.
- Musa kutishiya dvute nemanti.
- Beka tikelo naletinye tintfo leticijile naletikhaliphile khashane le ekhabetheni.
- Ungabolekisi sicubho sakho kulomunye umuntfu.



Kudvuma, kumanyata nagezi.

- Ungacali ume ngaphansi kwesihlahla nalidvuma.
- Ungase nje uke ufake lutfo embotjeni yagezi eludvongeni. Cela lomunye lomdzala kuwe akusite.

Ngaphandle kwelikhaya

- Cobonga ugcogce tintfo letingakulimata, njengengilazi leyephukile. Kufake emgconyeni wetibi.
- Musa kudlala dvute nesitiba, ngaphandle nangabe unemuntfu lomdzala.



Ngekhati ekhaya

- Musa kushiya emathoyisi naletinye tintfo kutse citisi saka.
- Musa kudlala ngapharafini nobe tintfo tekugezisa letinashevu.
- Uma ubona kutsi intsambo yagezi ye-ayini nobe yeligedlela seyivitsikile, cela make nobe babe wakho ayilungise.



Kuphepha ekhaya nemaphetselo (2)



Asikhulume

Kuhlala uphephile

Ase ubuke lesitfombe bese uyasho kutsi ngutiphi titfombe letikhombisa timo letiphephile natiphi letingakukhombi loko. Faka luphawu (✓) kuleto letikhombisa simo lesiphephile ufake siphambano (✗) kuleto letikhombisa simo lesingakaphephi. Shano kutsi kungani ucabanga kutsi letimo tiphephile nobe atikaphephi.





Asikhulume

Kukhona tintfo letingakaphephi ekhaya kini? Yini longayenta ngaloku? Boshevu, imitsi netintfo tekugeza lokutsite tiyingoti lembi. Ungacali nje unatse nobe yini uma ungati kutsi kuyini.



Loluphawu lusho kutsi nobe yini lengekhatshi kulelibhokisi kumbe sikotela ingushevu.

Uke watibona letimphawu ngaphambilini?



Asente loku

Thishela wenu utanidlalela ingoma letsite.

- Nyakatani ngesigci sengoma.
- Khetsani umholi. Umholi kufute anyakate ngesigci sengoma. Wonkhe-wonkhe kufute ente njengemholi anyakate ngendlela lefana neyakhe.
- Mani ngeumlente munye.
- Nyalo-ke mani ngalona lomunye umlente.
- Ngumuphi umlente lonemandla?
- Beka intsambo lendze phasi nobe udvwebe umugca. Hamba eceleni kwentsambo nobe emgceni.
- Nyalo-ke gucula sakhiwo sekuma kwentsambo nobe umugca bese uhamba eceleni nayo uhlale usimile.



Kuphepha nangingedvwa ekhaya



Asikhulume

Sewufundzile ngetintfo
letingakulimata ekhaya
nemaphetselweni.
Ungatigcina njani uphephile
nawusele wedvwa ekhaya?

Nawusele wedvwa
ekhaya, ungenta loku
kuhlala uphephile.



Musa kuvulela
tihambi sivalo.



Khiya tonkhe tivalo
letiphumela ngephandle.





- Cinisekisa kutsi uyatati tinombolo telucingo lwebatali bakho nebantfu labahlala dvute nawe, bomakhelwane.
- Yenta luhla lwetinombolo letimcoka, nakwenteka kuba khona lokuphutfumako.



Asibhale

Yenta lwakakho luhla lwetinombolo letimcoka.

Emaphoyisa:



I-ambulensi:



Sicimamlilo:



Makhal'ekhikhini wamake:

Makhal'ekhikhini wababe:

Ngubani lomunye longamshayela lucingo nawudzinga lusito?

Thishela:
Sayina:
Lusuku:

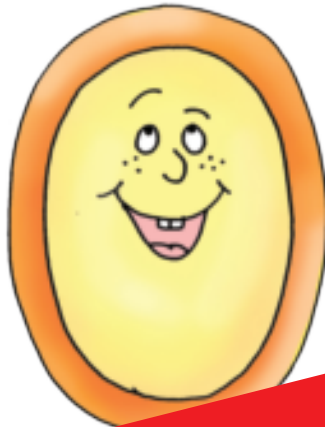


Asikhulume

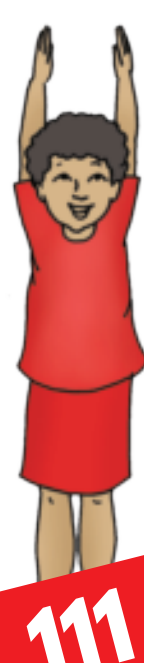
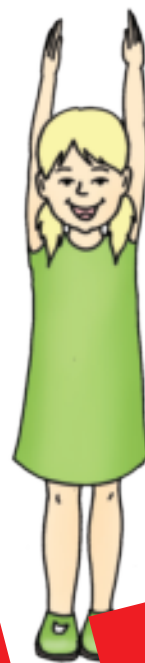
Nayi indlela lemalula yekukhumbula inombolo yelucingo yemaphoyisa. Buka letitfombe bese ucocela umngani wakho kutsi letitfombe tikusita njani kukhumbula tinombolo. Inombolo 10111 yemaphoyisa. Yisho emahlandla lambadlwana ute uyati ngenhloko.



1



0



111



Asinyakate

Khombisa kutsi bewungahamba njani kube bewungulomntfwana losesitfombeni ngasinye.



Ungahamba njani
nawugijinyiswa ngumntfu
longamati?



Ungahamba njani nawusita
make wakho kubhaka
likhekhe?



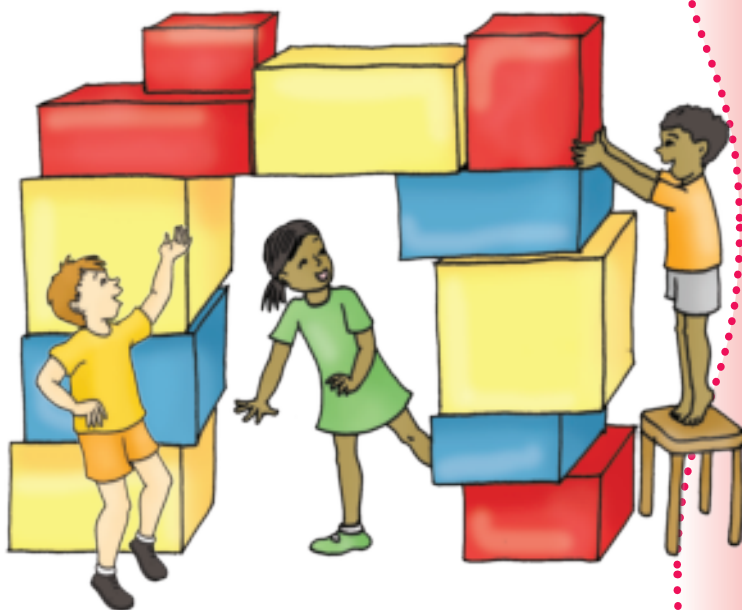
Ungahamba njani
uma ungema etulu
kwemabhodlela laphukile?



Asente loku

Ase ubone kutsi ungayakha yini yakho indlu.

- Tfola emabhokisi lamadzala wakhe tindvonga neluphahla.
- Unganamatsisela emabhokisi ndzawonye ngesinamatselisi. Nase iphelile indlu, ungabese uyayipenda.
- Nawungalitfoli libhokisi, sebentisa nobe yini lenye, kodvwa musa kusebentisa ingilazi nemabhodlela kumbe loko lokungakulimata.



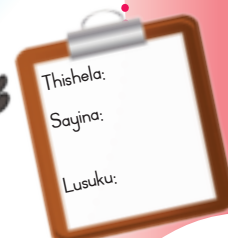
Asinyakate

Phosa sikhwanyana nobe ibhola emoyeni bese uyayigendza ngesandla sakho lesibutsakatsaka.

Sita thishela wakho kukhiphela ngephandle kweliklasi titulo, ematafula nemabhokisi.

Canca etulu kwetitulo, ematafula nemabhokisi, khasa ngaphansi kwematafula uzube wehle kuwo.

Yetama kuma ngelunyawo lunye esitulweni.





25

Ithemu 2 – Liviki 5 – Lishadi lekusebentela



Asibhale

Bhala emagama etikhaleni letifanele.

Umtimba wami

umlente

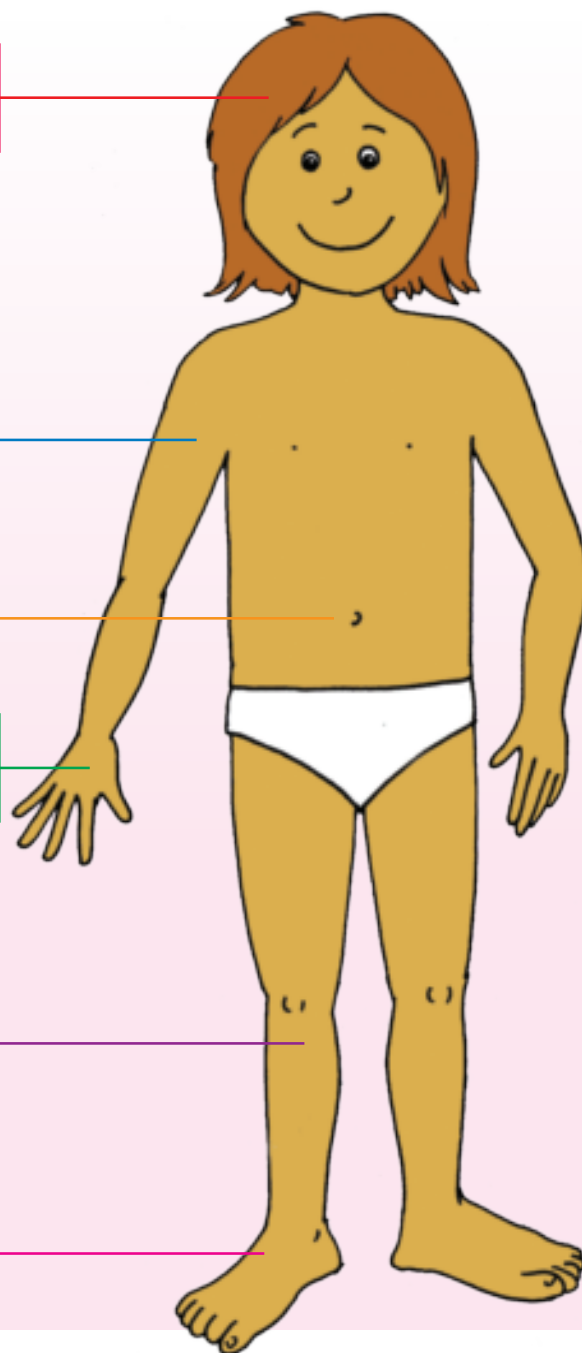
sandla

inhloko

sisu

lunyawo

umkhono





Asidvwebe

Cedzela lomdvwebo webuso.

Dvweba tinwele. Yetama kukopa buso bakho. Uma unemehlo labubendze, dvweba emehlo labubendze. Uma unetinwele letintima, dvweba tinwele letintima.

Dvweba emashiya akho, likhala nemlomo wakho.

Buso bakho buyincenye lemcoka yemtimba wakho.

Ngamunye sinama-2 emehlo.



Ngamunye sinati-2 tindlebe.



Ngamunye sinali-1 likhala.



Ngamunye sinamu-1 umlomo.



Ase sihlabele

Hlabela lengoma. Tsintsa incenye yemtimba wakho usahlabele ligama laleyo ncenye.

Inhloko nemahlombe

Inhloko nemahlombe, sifuba nelukhalo,
emadvolo netintwane, emadvolo netintwane

Inhloko nemahlombe, emadvolo netintwane

Inhloko nemahlombe, emadvolo netintwane, emadvolo
netintwane, emadvolo netintwane



Asinyakate

Simon utsi ...





Asikhulume

Ase ubuke letinhlobo letehlukene temivo bese uyasho kutsi yini lesiyisebentisela kona.

kubona

kuva

kunambitsa

kutsintsa

kuhogela



Asifundze

Sisebentisa imivo yetfu onkhe emalanga. Sihogela sinambitse kudla kwetfu. Singeva kutsi lusiba lufotjotela kanganani. Siyabona kutsi sibhakhabhaka siba luhlata kwani ehlobo. Siyayiva ingoma.

Imivo yetfu isigcina siphephile. Singahogela nakunemlilo. Singasiva sitofu kutsi sishisa kakhulu. Singabona nakungakaphephi kuwela umgwaco. Singawuva umsindvo wesecwayiso.





Asente loku

Kunakekela emehlo netindlebe tetfu.

Sidzinga kunakekela imivo yetfu.

Nati tindlela letimbili tekunakekela emehlo akho netindlebe takho.

Nakekela tindlebe takho ngekungalaleli umsindvo losetulu kakhulu.

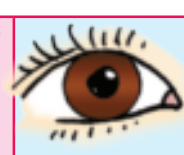


Nakekela emehlo akho ngekugcoka likepisi nobe tibuko telilanga. Musa kubuka ngco lilanga.



Asibhale

Ase ubuke lelithebula lelingentasi, bese emgceni ngamunye ufaka luphawu ✓ kulowo muvo kumbe imivo longayisebentisa. Ungakhomba imivo ibe minyenti.

	 kuhogela	 kunambitsa	 kubona	 kuva	 kutsintsa
					
					
					
					
					

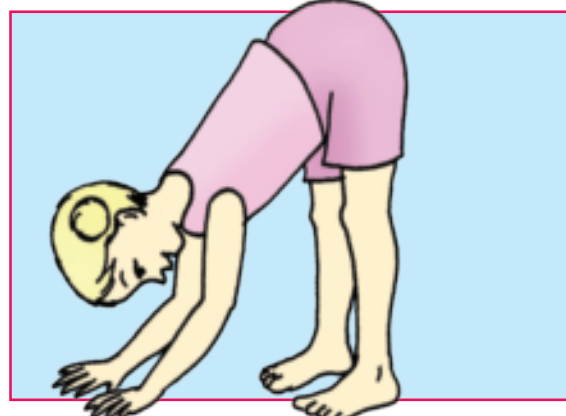
Thishela:
Sayina:
Lusuku:



Asikhulume

Ase ubuke letitfombe. Esitfombeni ngasinye, shano titfo temtimba bese uyasho kutsi yini letikusita kutsi uyente.

Sisebentisa imitimba yetfu kunyakata.



Asibhale

Phendvula lemibuto nemlingani wakho. Chubeka ubhale timphendvulo encwadzini yakho, ngaphasi kwemibuto.

Ngutiphi titfo temtimba wakho lotisebentisa kuhamba?



Ngutiphi tincenye temtimba wakho lotisebentisako nawucukula intfo?



Asinyakate

Thishela wakho utakukhombisa kudlalwa kwemdlalo lotsi "likati neligundwane".

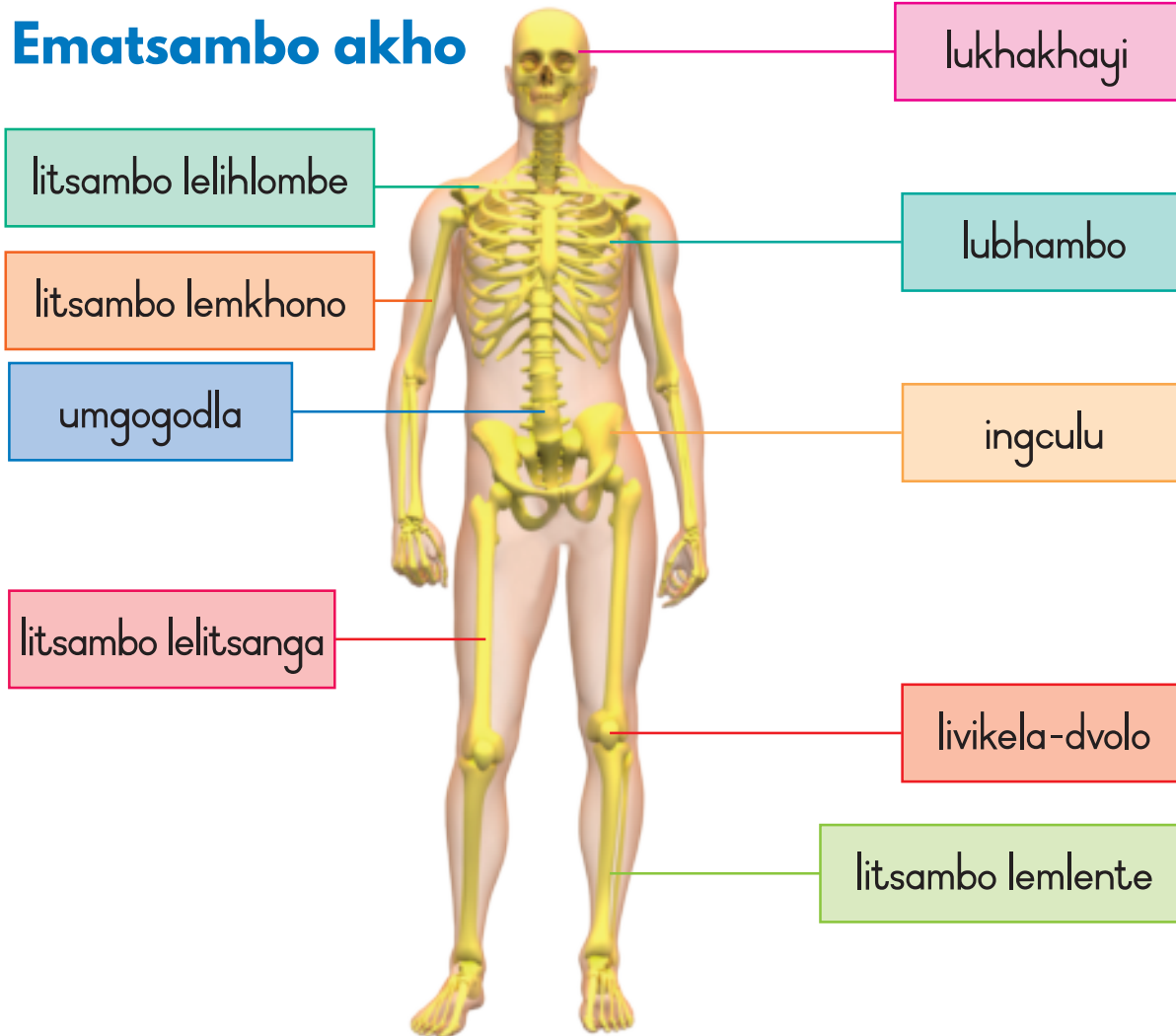




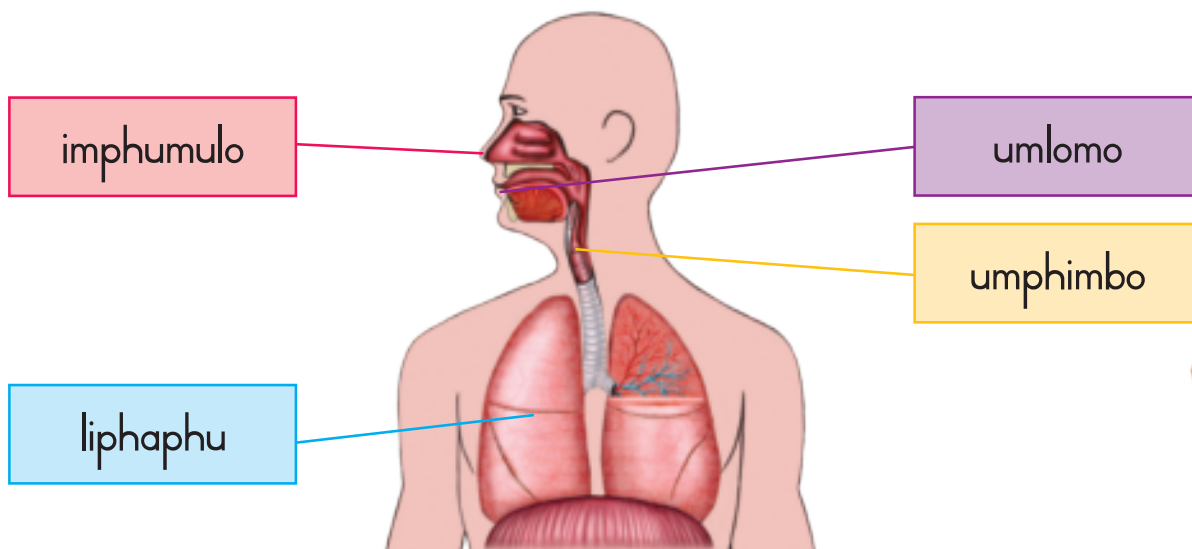
Asifundze

Kubuye kube khona titfo temtimba wakho longatiboni.
Tisebenta kanye kanye kukugcina uphila.

Ematsambo akho



Titfo temtimba wakho letikusita kutsi uphefumule





Asikhulume

Ase ubuke letitfombe ngentasi, bese ucocisana nemlingani wakho ngaloko lenikubonako. Esitfombeni ngasinye, shano kutsi ungahlala njani uphephile.



Ubona umngani wakho ngesheya kwemgwaco.



Ume wedwa esiteshini sebhasi.



Sihambi sikucela kutsi uhambe naso niye endzaweni letsite.



Ulahlekile etitolo.

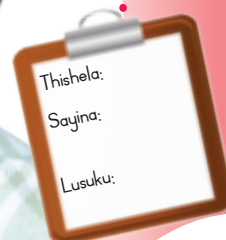
Sinemivo levelako uma kukhona
losigonako futsi siva kulungile loko.
Kuvakala kulungile kugonwa
ngumuntfu lomtsandzako ngendlela
lenebungani nalenekunakekela .



Wota lapha sisana. Ngitakupha
emaswidi kodvwa ungatjeli muntfu.

Siba nemivo lengaveli nakukhona
lositsintsa ngendlela lesenta sive
sesaba nobe sicansuka. Uma siva
sicansuka kumbe singakaphephi
siba nemivo lengaveli.

Umtimba wakho ukhetsekile futsi wakho wedvwa.
Uvumelekile kutsi "yebo" uma kulungile kutsi umuntfu
akutsintse, ubuye utsi "cha" uma kungakalungi.



Kuhlala siphephile

Asibhale

Ase ubuke letitfombe ngentasi bese ubhala Yebo emiveni levelako na Cha kuleyo lengaveli kuletibaya.

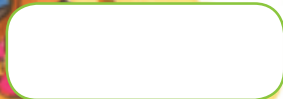
Ngiyakutsandza.

Yekela kumemeta! Umdzala kakhulu kwenta loko.



Awusemuhle!

Ungesabi, ngiyakukilakita nje.





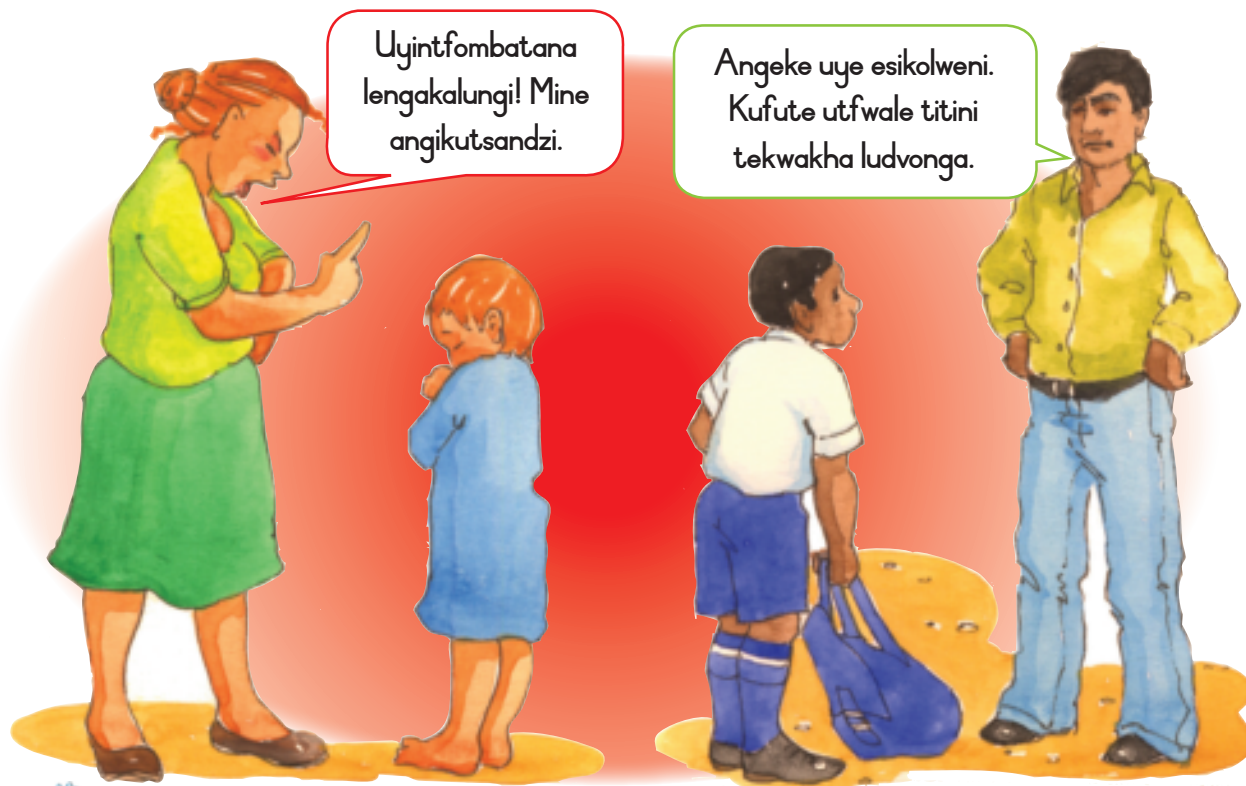
Asente loku Tifundzise kutsi "cha".

Yentani silinganiso semdlalo lapho khona sihambi sifuna kutsatsa umntfwana ngemoto yaso kumbe sifuna kutsintsa umntfwana. Umntfwana utsi "cha".



Asikhulume

Labanye bantfwana bahlala emakhaya lapho bangakanakekelwa khona. Ase ubuke letitfombe. Khuluma ngekutsi bewungativa njani kube bewungulomntfwana lokuletitfombe. Shano kutsi yini lobewungayenta.



Uyintfombatana
lengakalungi! Mine
angikutsandzi.

Angeke uye esikolweni.
Kufute utfwale titini
tekwakha ludvonga.



Asinyakate Dlalani umdlalo lotsi "mani-nsi".

Nyakata ngendlela loyitsandzako, uma thishela ashaya indvweba, mani-nsi kuleso simo. Kufute unganyakati nakancane ate thishela akutjele kutsi sewunganyakata. Ungakhona nje kusimama? Hamba etulu kweliplanka lekusima nobe eceleni kwentsambo lendze lebekwe phasi.



Thishela:
Sayina:
Lusuku:

Kugcina umtimba wami uphilile



Asifundze



Tinyenti tindlela lesingatfola ngato kugula. Esikhatsini lesinyenti, siguliswa ngemagciwane netilokatana. Emagciwane mancane kakhulu singeke siwabone. Angangena emitimbeni yetfu asibangele kugula.



Asikhulume

Yini labantwana labasetitfombeni labayentako kutigcina baphephile?
Yini lengenteka uma bangele batenta letintfo?





Asikhulume

Nyalo cocani ngaletitfombe. Faka ✓ kulokukhomba kutsi ningahlala njani niphilile. Bhala ✗ etukwe titfombe letingakugulisa.



Kugcina umtimba wami uphilile

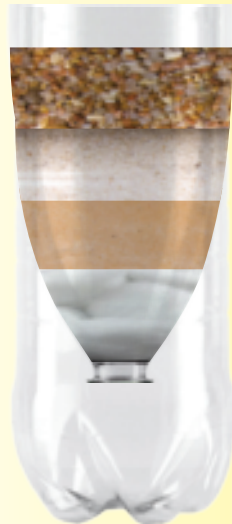


Asikhulume

Yini labayentako labantfwana labasetitfombeni kutigcina baphephile? Yini lengenteka uma bangete batenta letintfo?

Bewati nje kutsi lamanye emanti
ahlobile kantsi lamanye angcolile?
Ungacinisekisa kanjani kutsi emanti
ahlobile futsi alungele kunatfwa?

Ungawabilisa emanti langcolile
ngeligedlela kubulala emagciwane.



Ungacenga emanti langcolile.
Thishela wakho utakukhombisa kutsi
kanjani.

Ungatsela ithispuni yi-l yemhlobisi
(njenge Jikhi) ebhakedeni lemanti emfula
lelingema-20 emalitha. Mbonya libhakede
kuvimbela kungena kwetimphungane.
Yekela emanti ahlale ema-awa langema-28
embi kwekuwanatsa.





Asikhulume

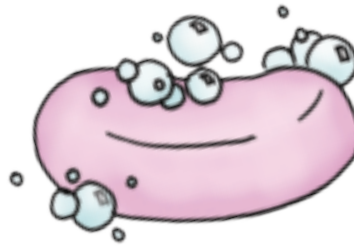
Ase ubuke leti titfombe bese
ukhuluma ngekutsi yini labantfwana
labayentako kuhlala baphilile.



Lahla emathishu
lasebentile emthoyi nobe
emgconyeni wetibi.



Geza tandla takho
emva kwekusebentisa
umthoyi.



Geza tandla takho
embi kwekudla.



Nawungcolisile emthoyi, susa
kungcola kwakho bese ugeza
tandla takho.



Vala umlomo wakho
nawukhwehlela nobe utsimula.



Thishela:
Sayina:
Lusuku:



Ase utihlole bo



Asikhulume

Cocani ngaloko lenikufundzile
kulamathemu lamabili lengcile.



	✓	✗
Ngiyakhona kukhuluma ngemndeni wami.		
Ngiyakhona kuhamba emgceni lomncane.		
Ngiyayati inombolo yelucingo lwemaphoyisa.		
Ngiyati ngemivo levelako nalengaveli.		
Ngiyakhona kugendza ibhola.		
Ngiyakhona kuhlala ngiphephile ekhaya.		
Ngiyakhona kutinakekela uma ngingedvwa ekhaya.		
Ngisita umndeni wami.		
Ngiyakwati kutihambela ngedvwa esikolweni sami.		
Ngiyakwati kutigcina ngiphilile.		
Ngiyati kufute ngenteni ngato tonkhe tintfo letisesikhwameni sami.		
Ngati ngetinhlobo letehlukene temindeni.		
Ngifundze lokunyenti ngeMakhono Ekuphila.		





Sichazamagama sami

A a			G g
B b			H h
C c			I i
D d			J j
E e			K k
F f			L l





Sichazamagama sami

M
m

Handwriting practice lines for the letter M/m.

S
s

Handwriting practice lines for the letter S/s.

N
n

Handwriting practice lines for the letter N/n.

T
t

Handwriting practice lines for the letter T/t.

O
o

Handwriting practice lines for the letter O/o.

U
u

Handwriting practice lines for the letter U/u.

P
p

Handwriting practice lines for the letter P/p.

V
v

Handwriting practice lines for the letter V/v.

Q
q

Handwriting practice lines for the letter Q/q.

W
w

Handwriting practice lines for the letter W/w.

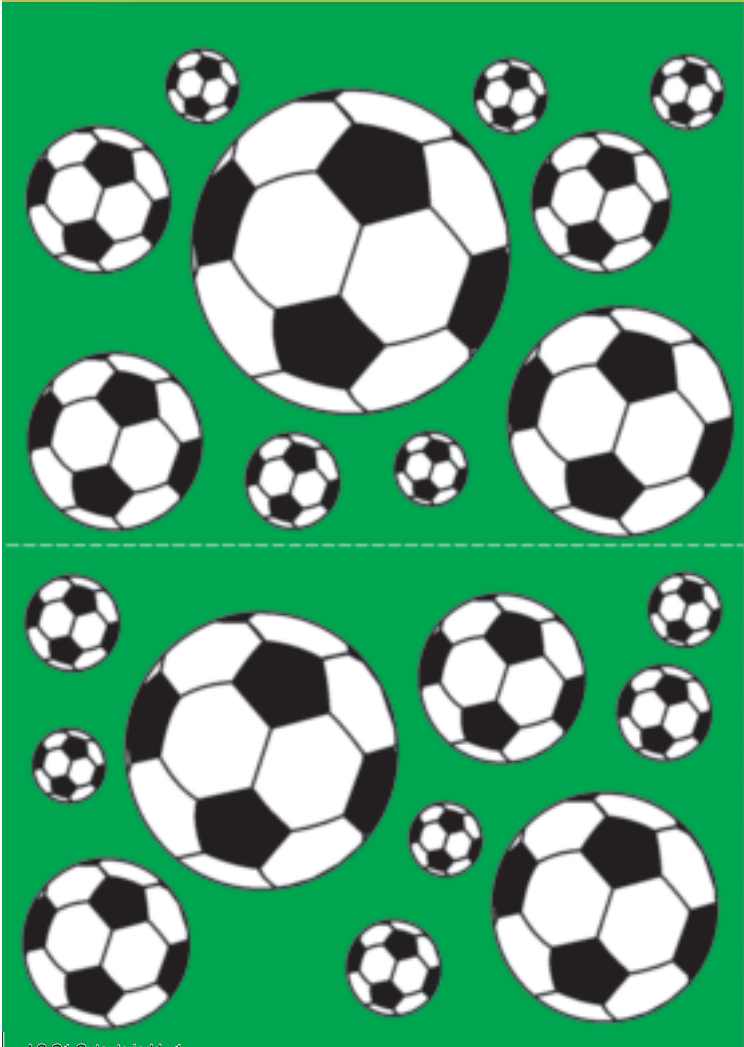
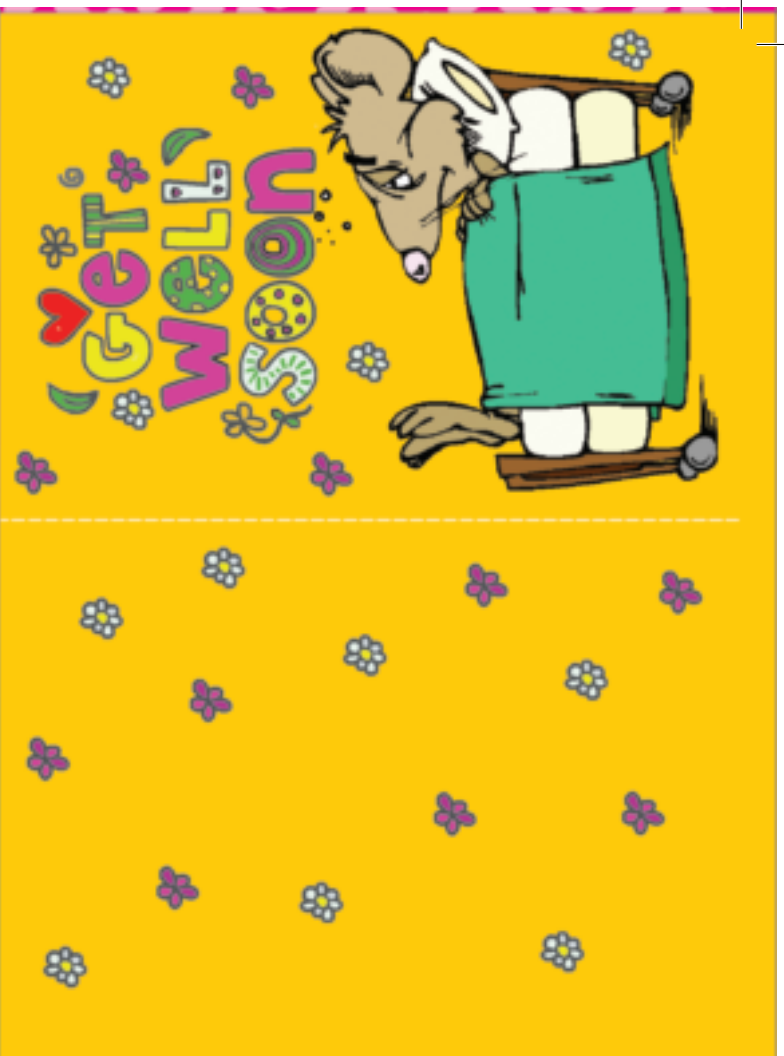
R
r

Handwriting practice lines for the letter R/r.

X-Z
x-z

Handwriting practice lines for the letters X, Y, and Z.







Masks

Cut out on
the outside
black line.
Tie a string
into the holes
to make a
face mask.

