

Ukubuyekwenzwa
Kuhlalisiwe
ngokweziTatimende
somThetho-kambiso
weKharikhyulamu
nokuHloa

IGreyidi



AmaKghono wepilo
ngesiNdebele
Incwadi 2
Ithemu 3 & 4



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LIFE SKILLS IN ISINDEBELE
GRADE 1 – BOOK 2
TERMS 3 & 4

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Ksz. Siviwe Gwarube
nguNqgonqgotjhe
weFundo-Sisekelo



Dorh. Reginah
Mhaule nguSekela
kaNqgonqgotjhe
weFundo-Sisekelo

Iincwadi lezi zenzelwe abantwana beSewula Afrika ngaphasi koburholi bakaNqgonqgotjhe wezeFundo-Sisekelo Ksz. Siviwe Gwarube kanye neSekela lakhe Dorh. Reginah Mhaule.

Iincwadi zokuSebenzela zakwaRainbow ziyingcenywe yeendlela ezinengi zomNyango wezeFundo-Sisekelo wokungenelela onqophe ukuthuthukisa ukusebenza ngcono kwabafundi beSewula Afrika emagreyidini wokuthoma asithandathu. Njengamanye wamaHlelo womBuso aphuma phambili, iphrojekthi le isekelwe ngeemali ezibuya esiKhwameni seeMali seLizweloke. Lokhu kusize umNyango ukukhupha iincwadi zokusebenzela lezi ngawo woke amalimi asemthethweni ngaphandle kweendleko. Siyathemba kobana nizokufumana iincwadi zokusebenzela lezi zilisizo khulu ekufundiseni kwenu kwangamalanga nokuqinisekisa kobana abafundi benu bayayiqeda ikharikhyulamu.

Sitjheje khudlwana ukuhlahla abotitjhere komunye nomunye umsebenzi ngokusebenzisa iinthombe ezitjengisako bona ngikuphi umfundi amele akwenze.

Siyathemba kobana abantwana bazokuthabela ukusebenzisa iincwadi lezi njengombana bakhula bebefunda nje begodu wena titjhere uzokwabelana nabo ithabo lokufunda.

Sinifisela ipumelelo ekusebenziseni iincwadi lezi.



IGreyidi

1



AmaKghono
wepilo
ngesiNdebele
Incwadi 2



Incwadi le ngeyaka:-





Iindawo emphakathini wekhethu



Asifunde

Cabanga ngabo boke abantu obabonako nokhuluma nabo ngamalanga. Abantu labo bamalunga womphakathi. Kungaba babantu abaseentradeni nanyana abahlala eduze kwalapho uhlala khona. Kungaba babantu abasesondweni, esikolweni, amapholisa endaweni yangekhenu, abodorhodere nabanye abantu abanengi emphakathini.



Asikhulume

Cocisana nomngani wakho ngesithombe esisemakhasini amabili alandelako. Nawuqala isithombe, ngiziphi iindawo ozikhumbulako? Eendaweni lezi, kukuphi lapha abantu bahlanganyela khona.





Asenzeni lokhu

Ilanga:

Ngiziphi iindawo esithombeni esingenzasi owakhe wazivakatjhela? Gadangisa umqoqo wazo ngamakhrayoni.



Asikhulume

Cocela umngani wakho kobana wakhe wazivakatjhela enye yeendawo lezi ukhamba nomunye nanyana Ukhamba uwedwa. Kubayini wazivakatjhela? Ucabanga kobana iindawo ozivakatjheleko kulula kobana zivakatjhelwe nababantu abakhubazekileko?

Ututjhere:
Thikila:
Ilanga:



Ukunakekela iinsetjenziswa emiphakathini



Asikhulume

Iindawo ezinengi emiphakathini yangekhethu zineensetjenziswa ezihlukahlukeneko ezingasetjenziswa nanyana ngubani. Amatlinigi, iinkolo, amatatawu wokudlalala neembhedlela, ziinsetjenziswa soke esizisebenzisako.

Kufanele sitlhogomele iindawo emiphakathini yangekhethu.

Kumele sizihloniphe zoke iinsetjenziswa ezisemiphakathini wekhethu. Begodu kufanele sigcine ibhoduluko lekhethu lihlwengekile ukuze woke umuntu akwazi ukuzithabisa.



Asikhulume

Cocisana nomngani wakho ngesithombe esingehla:

- Ucabanga kobana abantu bayathanda ukuhlala lapha?
- Kungani ucabange kunjalo?
- Imiphakathi nebhoduluko kungenziwa kunjani ngcono?



Ilanga:



Asenzeni lokhu

Zenzele umgwalo omuhle wakho usebenzisa ezinye zeenthuthi zomphakathi, njengebhesi, isitimela nanyana iteksi. Begodu tjengisa nabantu beminyaka eyehlukeneko kuneyakho – abanye bahlezi kuhle, abanye bagugubalele ngaphambili nanyana abanye balele ngomhlana abanye badala abanye bancani.

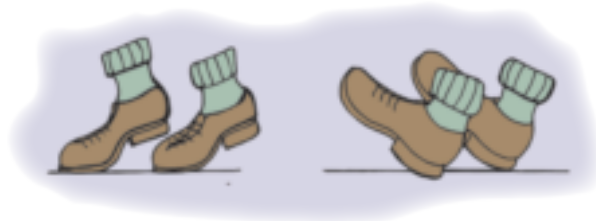


Asikhambakhambe



Ukuzithabulula

- Zithabululeni ngokuthi nikhambe ngamazwani niye phambili.
- Kwanjesi khambani ngeenthende niye emuva.
- Khambani ngeenthende niye phambili.
- Khambani ngamazwani niye emuva.



Yakhani amaledere

Hlukanani ngeenqhema zangababili. Sebenzisa umzimba wakho ukwakha amaledere. Ungajama usame ngeboda nanyana ulale phasi. Abantu abasebenzela umasipala bazakuzisulela bona iboda lelo! Akhe uqale nange wena nomngani wakho ningakghona ukwakha iledere abanye abafundi abangakakghoni ukulakha.



Utijhere:
Tlikitla
Ilanga:





35

Ithemu-3 – Iimveke-2

Okulungileko nofana okungakalungi



Asikhulume

Qala iinthombe ezilandelako.

Ziinsetjenziswa ziphi lezi? Cocela umngani wakho indlela efaneleko yokusebenzisa isisetjenziswa ngasinye.





Ilanga:



Asenzeni lokhu

Yakhani imodlhela yomakhiwo usebenzise izinto ezisetjenziswe kabutjha. Ungakha itlinigi, ibulungelo leencwadi nanyana ngimuphi umakhiwo okhona emphakathini wangekhenu. Ungasebenza nabanye nibe ziinqhema ezihlukeneko. Kghabisani umakhiwo wenu ukuze kubonakale kobana mhlobo muphi womakhiwo.



Asikhambakhambe

- Bekani amatayere ajame emudeni.
- Khasani ngaphakathi kwamatayere.
- Lalisani amatayere phasi.
- Dzimelela ngeenyawo zombili phezulu kwetayere.
- Jama ngeenyawo zombili phezulu kwetayere.
- Sebenzisani amatayere nenze umsikinyeko nanyana ngiwuphi womdlalo.

Tlhogomela ungazilimazi.





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Ithemu-3 – Imveke-2

Abantu emphakathini wekhethu



Asitlola

Qala iinthombe ezilandelako. Ebhoksini elingesandleni sokudla, khetha igama/amagama okungiwu wesithombe ngasinye. Tlola igama nofana amagama lawo ngaphasi kwesithombe.



Umntu othela iimbaseli

Umthengisi
wamathuthumbo

Inese/Umongikazi



Umtjhayeli weteksi

Isikhulu sezendlela

Udorhodera



Umntu othengisa
iinthelo endleleni

Umcimimlilo

Ipholisa



Asikhulume

Qala iinthombe bese ucocisana nomngani wakho ngazo.

Ingabe uyababona abantu laba eemphakathini wangekhenu?

Ngibaphi abanye abantu obabonako emphakathini wangekhenu?

Abantu bomphakathi wangekhenu bayasizana? Basizana njani?





Ilanga:



Asitlola

Gwala umuda osuka ekuthomeni komutjho ngesandleni sangesinceleni uyomadana negama elinembako ngesandleni sesinceleni.



Umuntu ocima umlilo

Ilunga lesisebenzi sezamapholisa weSewula Afrika

Udorhodere

Umuntu othengisa iinthelo endleleni

Umuntu othela iimbaseli

libamba iingebengu.

Uthengisa iinthelo.

Uthelela abantu iimbaseli.

Ucima umlilo.

Uyaselapha.



Asitlola

Qala iinthombe ezilandelako. Emagameni angenzasi, khetha igama okungilo lesithombe ngasinye. Tlola ihlatshululo leyo ngaphasi kwesinye nesinye. Madanisa iimpendulo zakho nalezo zomngani wakho.

Ilori yesicimamlilo

Isitetjhi seembaseli

Isibhedlela

Isitetjhi samapholisa



Asikhambakhambe

Betha izandla lokha nawuzwa itjhuni ethileko.

Amanowuthi wakatitjhere:

Lalela umvumo odlalwa ngutitjhere wakho nanyana igido utitjhere wakho alibethako esigubheni nanyana esililisweni somvumo.

- Lalelisa kuhle lokha nakutjhuguluka itjhuni.
- Yenza lokhu ngeendlela ezihlukeneko zomvumo, ukusukela emvumeni wetlasiki ukuya emvumeni we-pop.
- Betha izandla ngokurhabako nanyana kabuthaka ukuze ukhambisane netjhuni.



Utithere:
Tikitla:
Ilanga:





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Ithemu-3 – Imveke-3

Ifuyo-sithandwa



Asifunde

Inengi lethu sinazo iinlwana esizifuyileko esizibiza ngeemfuyo-sithandwa. Ifuyo-sithandwa mngani wakho. Iyakutlhogomela begodu ihlala iseduze nawe – mhlawumbe uhlala nayo ngendlini eyodwa nangejaradeni eyodwa.



Asikhulume

Qala isithombe. Cocisana nomngani wakho ngaso. Ndulungela iinlwana esizibiza ngefuyo-sithandwa ozibonako ngekhayoni. Ubale iinlwana ezingaki esizibiza ngefuyosithandwa? Tjela utitjhere wakho.

- Unayo ifuyo-sithandwa? Nangabe unayo, tjela abangani bakho ngayo.
- Nangabe awunayo, tjela umngani wakho kobana ngiyiphi ifuyo-sithandwa ofisa ukuba nayo nanyana kubayini wena ungafuni ukuba nefuyo-sithandwa.



Asitlola

Noke ngetlasi yenzani irherho layo yoke ifuyo-sithandwa engekho esithombeni. Kopa lokhu utitjhere wakho azokutlola etjhokbhodini.





Ilanga:



Asenzeni lokhu

Gwala nanyana ngiyiphi ifuyo-sithandwa oyithandako – ungacabanga nanyana ngiyiphi ifuyosithandwa ongafisa ukuba nayo.

Sebenzisa umdaka ukuzibumbela ifuyosithandwa.



Asikhambakhambe

Zijayeze ukuphosela ibholo phezulu bewuyigbambe.

- Ngezandla ezimbili phosela ibholo eyitenisi phezulu emoyeni. Ibambe ngazo izandla ezimbili lezo.
- Phosela ibholo phezulu emoyeni ngesandla esinamandla khulu bese uyibambe ngaso sona isandla lesa.
- Phosela ibholo eyitenisi phezulu emoyeni ngesandla esinganamandla khulu bese uyibamba ngesandla esinganamandla khulu
- Phosela itenesi ngezandla zombili phasi bese uyayigenda ngezandla zombili.
- Iphosele phasi ngesandla esisodwa bese uyayigenda ngesandla esisodwa.
- Iphosele godu ngesinye isandla esisodwa bese uyayigenda ngesandla esisodwa.
- Jamani nenze izungu bese niphoselana ibholo ngezandla ezimbili beniyigede ngezandla ezimbili.
- Dlulisela ibholo kiloyo oseduze nawe usebenzise isandla esisodwa
- Sebenzisa esinye isandla udlulisele ibholo komunye oseduze nawe usebenzise esinye isandla.

Uthi bewazi?

Pheze zoke izinja ziyakuthanda ukudlala ngebholo. Kodwana-ke : kufanele bonyana ube msinya ngombana izinja ziyathanda ukuhluthula ibholo msinya bese zigijime zibaleke nayo.



Utithere
Thikila:
Ilanga:.





Singazithogomela bunjani iinlwana ezifuywako



Asikhulume

Kuqakathekile kobana sizithogomele iinlwana esizifuyileko nesizithandako.

Cocisana nomngani wakho ngalokho ifuyo-sithandwa ekuthlogako. Cabanga sele uyifuyo-sithandwa umngani wakho ayitlale ekhasini le-II. Cabanga ngalokho ozokuthloga. Ungacabanga ngezinto ezifana nokudla nokuthi uzokulala kuphi. Kwanjesi tjela umngani wakho. Begodu mtjela kobana yini ekumele ayenze lokha nawugulako.



Asitlale

Faka itshwayo (✓) eduze kwalokho okuthlogwa yifuyo-sithandwa.

Ukudla

☐

Amanzi

☐

Isibha sokutlubha amazinyo

☐

Indawo efuthumeleko, eyomileko yokulala

☐

Kumele sisiwe kudorhoda weenlwana lokha nasigulako

☐

Ukunikelwa iholideyi

☐

Asenzeni lokhu

Gwala iindawo zokuhlala nokudla iinlwana ezilandelako ezikuthlogako. Begodu tlola nokobana umntwana wesilwana ngasinye ubizwa ini.

Isilwana	Indawo yokuhlala	Ukudla	Ibizo lomntwana





Asenzeni lokhu

Funda umutjho munye utjho kobana ungazizwa bunjani begodu ungathini bese wenza ini.

- Uzidobhele ifuyo-sithandwa etja.
- Ukatsu wakho unyamalele.
- Inja idla isidlalisi sakho osithandako.
- Umngani wakho urhugainja yakho.
- Ubonainja ivalelwe ngekoloyini iqalaqala ngaphandle.



Asikhambakhambe

Lalela igido elihlukahlukeneko utitjhere azokudlalela lona. Yenza kwangathi usilwana esikhamba ngegido lomvumo.

Akuthi umvumo nawudlala ngokurhabako, nirholobhe njengeempera.

Lokha umvumo nawuphezulu, khamba njengendlovu.



Lokha umvumo nawupholileko, phapha njengeviyaviyani.

Lokha umvumo nawudlalela phasi, khamba njengekghuru.



Asikhulume

Funda okutlolwe ngeenthombe ezimbili ezingenzasi. Cocela umngani wakho ngalokho okuthabisako ngokatsu.



Intenetjha silwana esiququda amazinyo. Amazinyo wesilwana esiququda amazinyo akhula njalo.



Umnayaka munye womuntu ulingana neminyaka yenja elikhomba. Lokhainja nayineminyaka emithathu ubudala, umuntu yena usuke aneminyaka ema-21.



Ukuzithabisa

"Ukatsu nekhondlo". Utitjhere wakho uzokubuza kobana ngubani ukatsu begodu ngubani ikhondlo. Abafundi abadlhegane ngokuba ngukatsu nokuba likhondlo isikhatjhana.



Utitjhere:
Thikila:
Ilanga:..



Asifunde

Imikghwa neembopho



Yetjhe Jabu!
Uvuke njani?

Akwande titjhere! Ngivukile
nina nivuke njani?

Amagama la atjengisa imikghwa emihle. Indlela esiphatha ngayo abantu itjengisa ukuziphatha kuhle. Imikghwa yethu itjengisa indlela esihlonipha ngayo abanye.

Siyakuthabela ukukhuluma nomuntu onemikghwa emihle. Kuhle kangangani ukuba nomngani nomuntu onemikghwa emihle kungalokho.

Sinesibopho sokuphatha abanye abantu kuhle. Kungakho-ke omunye nomunye wethu kufuze abe nemikghwa.





Ilanga:



Asikhulume

Qala iinthombe. Funda amagama angemabhoksini. Cocisana nomngani wakho ngeenthombe. Cocani ngokuziphatha okuhle nokumbi okwenziwa bantwana.



Yabelana

Ukhohlwe imbedlezwana wakho? Ithi ngikuphe imbedlezwana eyodwa yami.

Ngiyathokoza
ukungilalela kuhle
kangaka.

Yetjhe Kosikazi!

Tjengisa umusa.

Lindela idlhego
lakho.



Ngilibalela mma,
bengifuna ukuqala
ngaphakathi
kwevasi yakho
yamathuthumbo
ngase
ngiyayithinta
yaphuka!

Akhe ujame Maisy,
ngithole isikhwama
sakho seencwadi
sitjhiywe ngaphandle.
Ngiyathemba
kobana akekho owebe
amakhrayoni wakho.



Lalela abanye abantu.

Thembeka



Ukulotjhis abantu obaziko nongabaziko.



Ukuhlonipha abanye abantu.

Hlonipha izinto zabanye.





limbopho



Asitlola

Qala iinthombe bese ufunda imitjho ngaphakathi kwamabhoksi.
Gwala umuda uye esibophweni esikhambisana nesithombe.



Ngiyasiza ukubulunga ikhaya
lethu lihlale libuthekile.

Ngimngani omuhle osiza abanye
abantu.



Ngiyawatjengisa amalunga
womndeni wakwethu kobana
ngiyawathanda.

Ngidlala kuhle ngeendlalisi
zomngani wami.



Ngiyazitlhogomela mina nezinto
zami.



Ngisiza ubaba ukulungisa
itafula.





Asidlaleni

Lingisani ukuba nemikghwa neembopho ngalapha nihlala khona:

- lotjhisani abantu enibaziko nalabo eningabaziko
- nofana dlheganani ngokukhuluma
- nofana lalelisa omunye
- nofana yabelana nomunye
- nofana tjengisa umusa komunye
- nofana yethembeka ngokuthileko
- nofana hlonipha ipahla yabanye abantu
- nofana yiba nehlonipho kabanye.

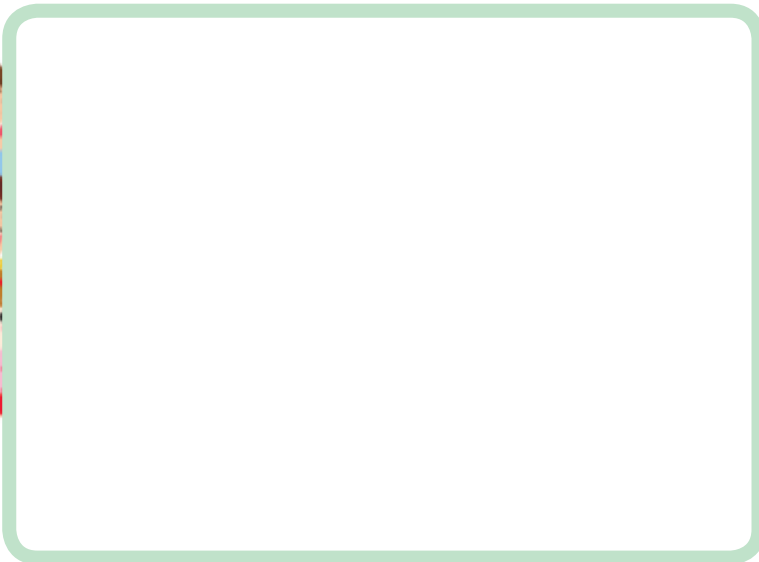
Ngeenqhema, lingisani imikghwa emihle neembopho:

- emndenini wakwenu
- emsebenzini wakho wesikolo
- emsebenzini wakho wekhaya
- owenza ngamalanga
- ekudleni okufunyana ngamalanga
- ezambathweni ozembathako
- iindlalisi
- abangani



Asenzeni lokhu

Gwala isithombe sakho esitjengisa ukuba nomusa kabanye.



Asikhambakhambe

Lalela lokha utitjhere nakakutjela kobana weqe, ugijime nanyana ukhase ngamadolo. Utitjhere uzokubetha ifengwana ngaphambili kobana anikele umyalelo. Khamba ngokurhabako nanyana kabuthaka lokha utitjhere wakho nakakutjela kobana wenze kunjalo.



Asidlaleni

Dlala umdlalo wokweqayeqa ngenyawo elinganamandla khulu.

Mimikghwa miphi emihle eqakathekileko nawudlala umdlalo wehop-scotch.





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Ithemu-3 – Imveke-5

Kungani sitlhoga iintjalo

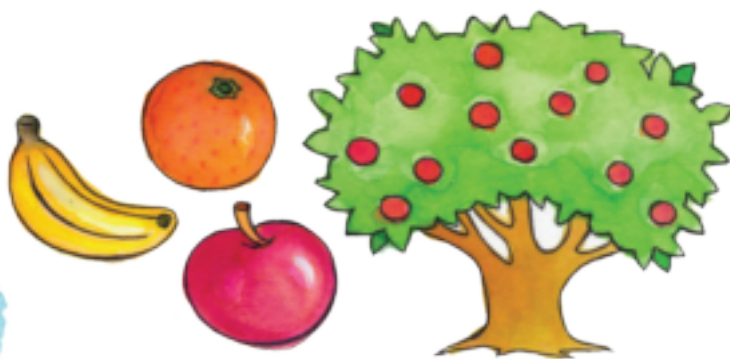


Asikhulume



Asifunde

Qala mahlangothi woke. Ngikuphi okubonako okubuya eentjalweni? Cocisana nomngani wakho ngazo benibone kobana ningacabanga ngezinto ezingaki. Tjelani utitjhere wenu kobana nicabange ngaziphi iintjalo?



Ezinye iintjalo senza ngazo ijuzi ezinye siyazidla.

Ezinye iintjalo nemithi zisipha umthunzi.

Ezinye iintjalo nemithi ziba makhaya weenyamazana.



Ezinye iintjalo zenza amathuthumbo esikghabisa ngawo emakhaya.



Ilanga:



Sitlhoga utjani ekundleni
yezemidlalo.

Sisebenzisa ikoteni
ukwenza izambatho.



Sisebenzisa umhlanga ukwenza abomantji
begodu siwubeka naphezulu emfulelweni
yemakhaya.

Sisebenzisa iintjalo nemithi
ukubaza ifenitjhara.



Asikhulume

Wena nomngani wakho, khethani iindlela ezintathu
eziqakatheke khulu zokusebenzisa iintjalo.

Kungabe singabulala iintjalo lokha nasizisebenzisa khulu?
Cocani ngombuzo njengetlasi.



Ututjhere:
Tikitla:
Ilanga:



42

Imhemu-3 – Imveke-5

Kungabe iintjalo zinjani?



Asitole

Iintjalo zenziwe ngamalunga ahlukeneko. Sebenzisa amagama angebhoksini ukulebula iintjalo ezilandelako. Madanisa iimpendulo zakho nezomngani wakho.

imirabhu

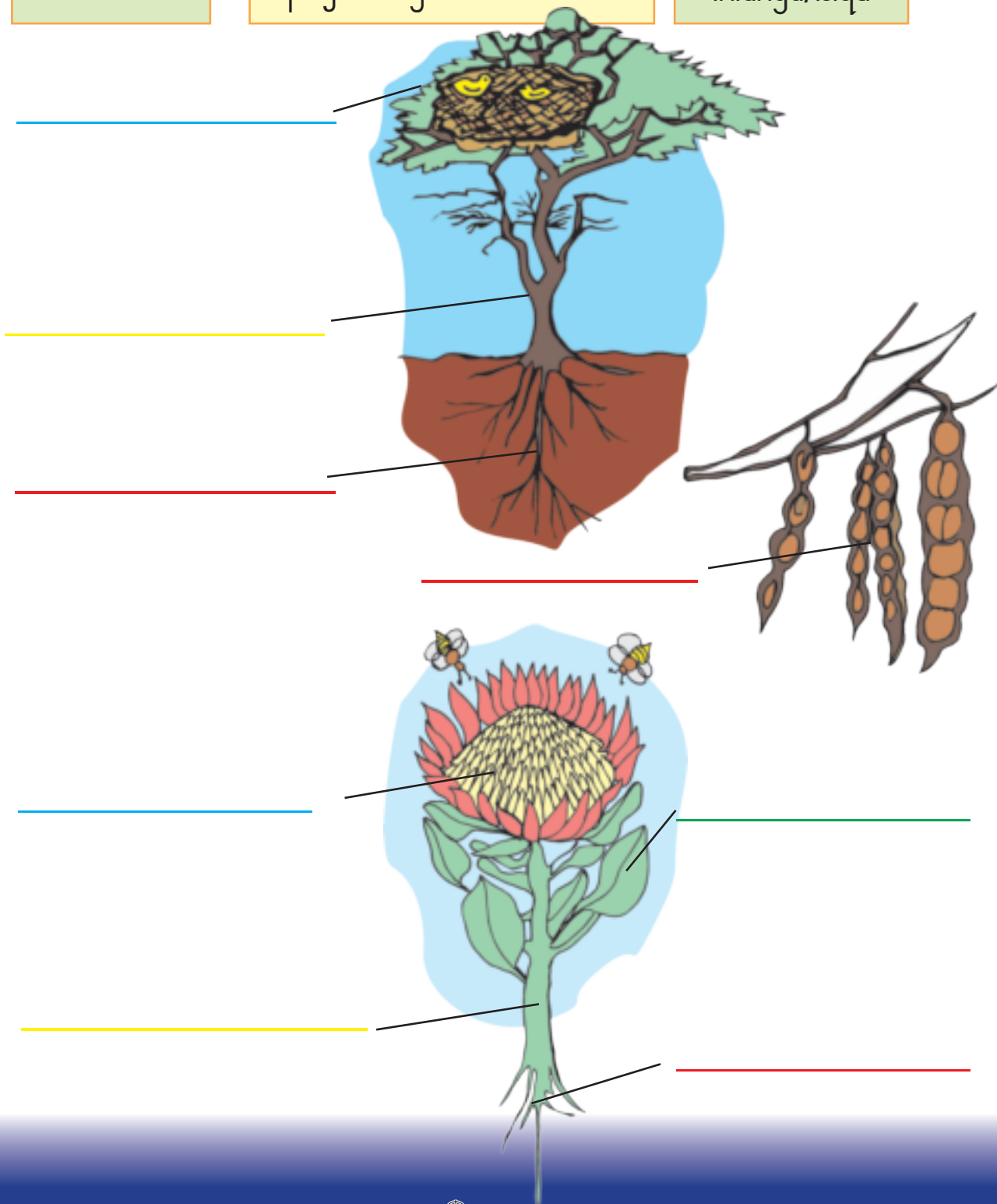
isiqu

ikari

ithuthumbo

ipotjwana yamathuthumbo

ihlanga/isiqu





Ilanga:



Asikhambakhambe

Hlukanisa itlasi kabili abanye abafundi babe ziinunwana zesivandeni abanye babe basebenzi besivandeni.

- Abasebenzi besivandeni abalinge ukukhanela nofana ukubamba iinunwana zesivandeni.
- Dlheganani ngemva kwemizuzu emibili ngokuba basebenzi neenunwana zesivandeni.
- Buyelelani kambalwa.



Asidlaleni

Dlalani umabhaqelana.

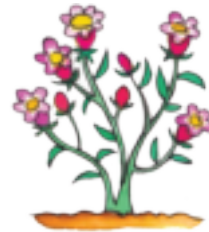


Iinunwana zesivandeni zizifihla kiyo yoke indawo ngaphasi nofana ngemuva kweentjalo bese abasebenzi besivandeni balinga ukuzivimba ngaphambili kobana zidle zoke iintjalo.



Asikhulume

Imihlobohlobo yeentjalo ibonakala ihlukahlukene kodwana iyafana. Qala iinthombe. Coca nomngani wakho ngeentjalo. Khuyini okufanako begodu khuyini okungafaniko?



Asenzeni lokhu

Gwala nanyana upende inunwana nanyana ingogwana efuna ukudla iimbontjisi zakho.

Akukafaneli kobana kube yinunwana yamambala. Cabanga nje kwaphela. Gwala nanyana upende ngemida ebonakala kuhle nesakhiwo esihle.



Ututjhere:
Thikila:
Ilanga:





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Ithemu-3 – Imveke-6

Imbewu nalapho ibuya khona



Asifunde

Ezinye iintjalo zinembewu efihlwe mathuthumbo nanyana sithelo. Begodu singatjala imbewu ukuze ikhiqize iintjalo ezitja. Imbewu ikhithika ukusuka eentjalweni ukuyokuba sitjalo esitjha.

Enye imbewu irhatjhwa mummoya nanyana babantu, iinunwana neenlwana. Enye imbewu idliwa ziinyoni bese enye eqinileko engasilekiko lokha nayizithumako. Imbewu irhatjheka ngaleyo indlela iwele nanyana kukuphi bese iyamila khona lapho.



Asikhulume

Imbewu le eseenthombeni ezingenzasi irhatjheka kunjani? Imbewu eyodwa ifanele ukuba njani ukuze irhatjheke ngendlela le? Cocisana nomngani wakho.



Nangabe ufuna ukutjala isitjalo ekungesakho ngembewu, ungasebenzisa imbewu yeentjalo esesivandeni. Ungayithenga nesitolo imbewu nawuthandako.





Ilanga:



Asikhulume

Funda ikondlo le nemisikinyeko.

Ipilo ngemuva kwesitjalo

Le yimbewu encancazana:
Asiyitjale masinya ngaphasi kwehlabathi!
Iyakhula ibe nesiqu nethuthumbo
Inephunga elimnandi kilo.
Inyosi etinyelako naso ethuthumbeni
Masinya ithuthumbo elihle liyafa.
Kodwana ungatshwenyeka bewulile.
Qala, akukho nokukodwa kumvelo elilako.

Qalisisa, qala kwenzeka ikarisomraro:
Ithuthumbo lifile kodwana lirhatjheke
iindawo zoke.
Esiqwini salo begodu nangaphasi kwamakari
azotho.
Imbewu ephilako ilindile phasi!



Asikhambakhambe

Phola bese wenza kwangathi usitjalo
esincani khulu esikhula elangeni elityhisako.
Kokuthoma isitjalo nanyana ithuthumbo
liphila belikhula linqophe phezulu. Ngemuva
kwalapho isitjalo nanyana ithuthumbo
lithoma ukutjhwaba.
Kungabe kunomuthi oseduze.

Bona-ke kobana singadlala ngawo kunjani.
jinkani ngerobho ebotjhelelwe kiwo yaqina.
Kokuthoma jinka ubambelele ngezandla
zombili, bese ujinka ngesandla sakho
esinamandla ugcine ngokujinka ngesandla
sakho esinganawo amandla.



Amanowuthi wakatitjhere:
Sebenzisa irobho, isetjhi
kanye neribhoni.



Ututjhere:
Tikitla:
Ilanga:



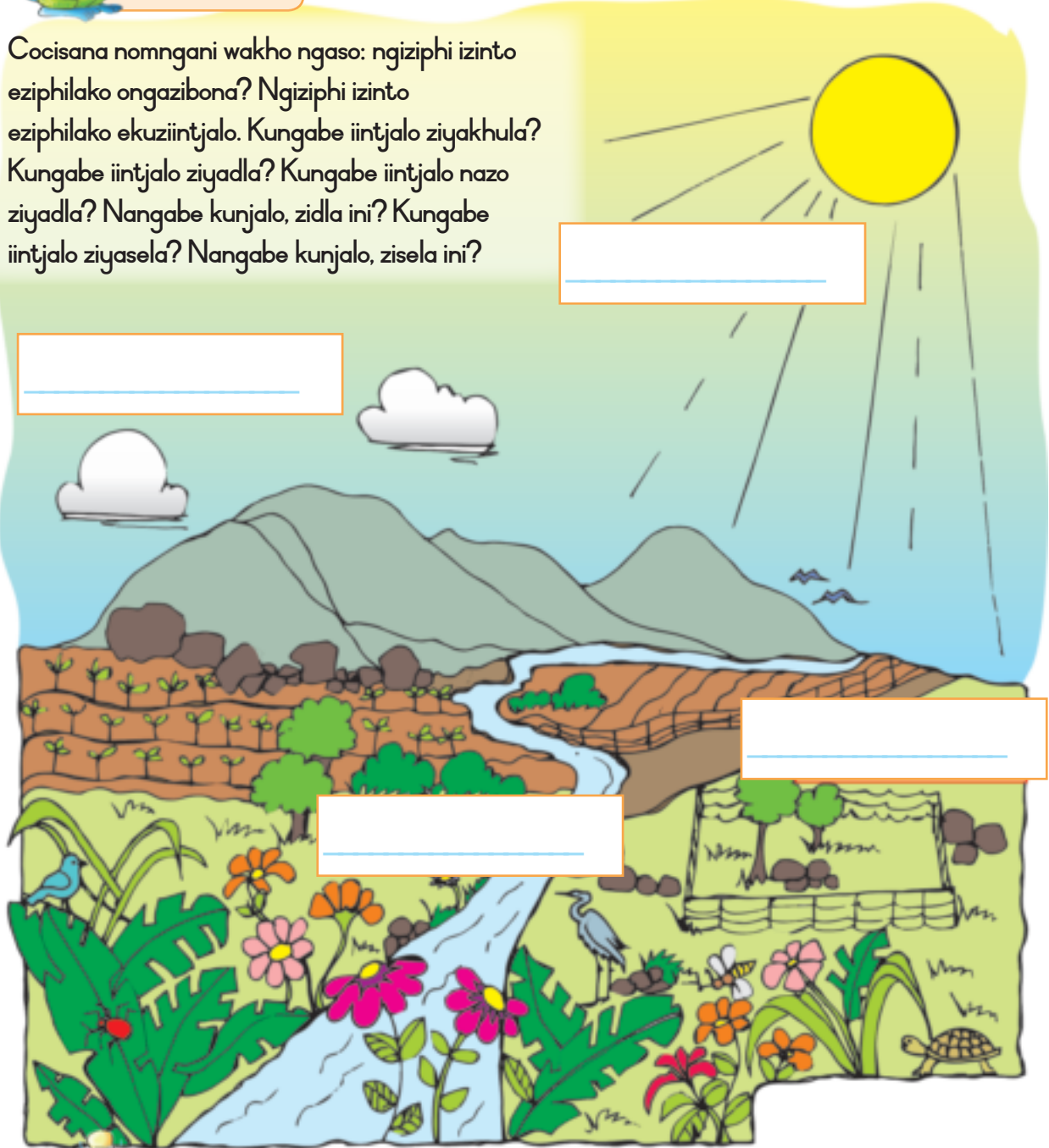
Okutlhogwa ziintjalo ukuze zikhule



Asikhulume

Qala isithombe. Kungabe koke ekukiso kuyaphila?

Cocisana nomngani wakho ngaso: ngiziphi izinto eziphilako ongazibona? Ngiziphi izinto eziphilako ekuziintjalo. Kungabe iintjalo ziyakhula? Kungabe iintjalo ziyadla? Kungabe iintjalo nazo ziyadla? Nangabe kunjalo, zidla ini? Kungabe iintjalo ziyasela? Nangabe kunjalo, zisela ini?



Asitlale

Kwanjesi tlola elinye neline igama esithombeni esingehla ukutjengisa kobana ngikuphi okutlhogwa ziintjalo ukuze zikhule.

umkhanyo welanga

amanzi

amanyutriyensi

umoya



Ilanga:



Asenzeni lokhu

Kulula ukutjalo isitjalo ekungesakho.

Utlhoga:

Landela amagadango alandelako:

Igadango loku-1:

Gubuzesa iimbontjisi ezi-3 hlangana ivolo yekoteni emalarha amabili. Zifake naphakathi kwesimumathi nofana ngebhawulini elinganalitho



amanzi



iimbhontjisi



ibhawula



ivolo yekoteni

Igadango lesi-3:

Beka isimumathi nanyana ibhawuli leyo phezulu kwefesidere nanyana endaweni lapho kunomkhanyo welanga khona.



Igadango lesi-2:

Thela amanzi phezulu kwevolo yekoteni bese uqinisekisa kobana ithambile.



Igadango lesi-4:

Ngemva kwamalangana, qala ubone kobana isitjalo sakho sikhula njani. Sithelele kanye ngeveke.

Ilanga-1



Ilanga-2



Ilanga-3



Ilanga-4



Igadango lesi-5:

Nasele isitjalo sakho sesinemirabhu, ungasitjale-ke ehlabathini ethambileko.



Igadango le-6:

Thelelela isitjalo sakho njalo. Ngemva kweemveke ezimbalwa, uzokwazi ukukha iimbhontjisi ozitjalele wena ngokwakho.



Utlhoga:
Tikila:
Ilanga:





45

Ithemu-3 – Imveke-7

Ukudla esikudlako



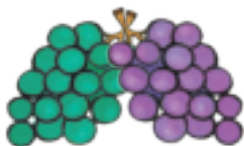
Asifunde

Ukudla okunepilo kusenza kobana sikhambe njengeembaseli nazenza ikoloyi kobana ikhambe. Sitlhoga ukudla okunepilo ukuze sikwazi ukwenza izinto ngendlela okungiyi ngamalanaga. Ukudla okunepilo kusipha amandla begodu kwenza kobana sikhule.



Asenzeni lokhu

Qala iinthombe lezi. Tlola ibizo lokudla ngakunye ngaphasi kwesithombe ngasinye.



Asitlale

Uthanda ukudla okunjani? Ngikuphi ukudla ongakuthandi khulu? Tlola ukudla lokho ngaphasi kwesihloko esingenzi. Khettha esithombeni esingehla iimpendulo zakho.

Ukudla engikuthandako	Ukudla engingakuthandiko





Asifunde

Ukudla singakuhlukanisa ngemikhakha eli-7. Ukudla okungenzasi kufanele ukudle ngamalanga.

Ungakudla ukudla okungehla kodwana ingasi ngamalanga.



Asikhulume

Cocisanani ngetlasini.

Kungani kufanele sikudle kancani ukudla okubekwe phezulu esithombeni esingehla begodu sidle okunengi okubekwe esithombeni esingenzasi?





Asifunde

Ukudla okuhlukene kubuya kuphi?

Ukudla okunengi kubuya emaplasini. Umkhiqizo osisekelo ukhiqizwa emaplasini bese uyasetjenziswa ukwenza eminye eminengi.



Uburotho namasiriyela
kubuya ekoroyini.



Ekukhwini sithola amaqanda.



Iinthelo zikhula emithini
neentjalweni.



Ekomeni sithola ibisi nenyama.
Senza iyogathi netjhizi ngebisi.



Sisebenzisa isiphila
ukwenza ipuphu.



Ilanga:



Ilju libuya eenyosini.



Umoba senza ngawo itjhukela.



Efarigini sifunyana inyama
nebheyikhoni.



Sitjala besivune imirorho eemvandeni
zethu.



Asenzeni lokhu

Vumani ingoma elandelako
notitjhere wenu.



Amahabhula, amagwava, amabhanana
Iimbontjisi ama-erikisi namazambana
Koke kwenza kobana imizimba yethu
ikhule beyiqine.

Kungenza ngikwazi ukuqalana nomsebenzi
Ngidla kwaphela ukudla okunepilo!
Kungenza ngiphile bengibe namandla.





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Ithemu-3 – Imveke-8

Ukudla okunepilo nokudla okunganapilo



Asifunde

Kanengi ukudla esikuthandako akusikho ukudla okunepilo. Ngesinye isikhathi sithanda ukudla okungakawulungeli umzimba wethu. Begodu ngesinye isikhathi asikuthandi khulu ukudla okuthileko okuwulungele khulu umzimba wethu. Kuvamile-ke kobana into esiyidla ngobunengi khulu itholakale ingakalungi. Ngelokho-ke ukudla ukudla okunengi khulu okumnandi akukalungi. Kungenzeka akunapilo ukudla ukudla okunengi khulu kwananyana yini. Yidla bewusuthe. Ungadli khulu ngesizathu sokuthi uthanda ukudla.



Asenzeni lokhu

Sika iinthombe zokudla okunepilo nezokudla okunganapilo kibomagazini bese uzinamathisele emabhlegeni okungiwo. Nawungakwaziko ukuthola isithombe, kugwale ukudla lokho.



Ukudla okunepilo



Ukudla okunganapilo





2019/08/09 13:41:02

Ukugcina ukudla

Qala iinthombe bese uphendula imibuzo.



Asifunde



IKHALEDA
UKhukhulamungu 2015

Mv	Lsb	Lst	Lsn	Lsh	Mgq	Snd
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
		22	23	24	25	26
						27



Asikhulume

Ngikuphi okuyelelako ngamadadamu nofana ngamalanga?
Singakghona ukukudla ukudla lokho?
Ucabanga kobana kwenzeke ini ngokudla lokhu?



Asifunde

Ukudla okutjha akuhlali kukutjha njalo. Okhunye ukudla okufana nemirrorho neentelo kuyathoma kutjhwabe bese kugcine ngokuthi kubole. Inyama, ihlambi nokhunye ukudla okutholakala ederini kuyakghora begodu angekhe sisakghona ukukudla. Singenza ini ukugcina ukudla isikhathi eside khulu? Indawo ephephileko yokugcina ukudla ukukufaka ngesiqandisini. Kodwana okhunye ukudla kungonakala nangekuhlala kuqandisiwe isikhathi eside. Kuneendlela ezimbili zokugcina ukudla kukutjha.





Ilanga:



Asikhulume

Qala iinthombe ezilandelako.
Cocisana nomngani wakho
ngazo. Ngiziphi iindlela ukudla
ekugcinwa ngakho isikhathi
eside?

Ungacabanga ngezinye iindlela
ezingenza ukudla kobana
kungaboli? Cocisana nomngani
wakho ngazo.

Tjela itlasi iimbonelo zalokho.



Asitlale

Qala iinthombe ezingenzasi bese ufunda amagama angemabhoksini.
Ngemuva kwalapho, tlola elinye lamagama alandelako ngaphasi kwesinye nesinye
isithombe esikhambisana negama.

Okutjha

okungemabhlegeni

Okomisiweko

Okubekwa ngesiqandisini/
fritjhini



Ututjhere:
Tikitla:
Ilanga:

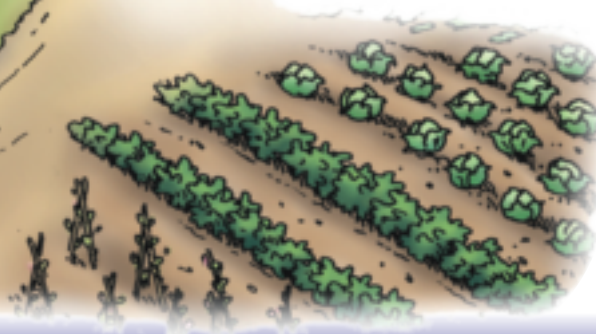
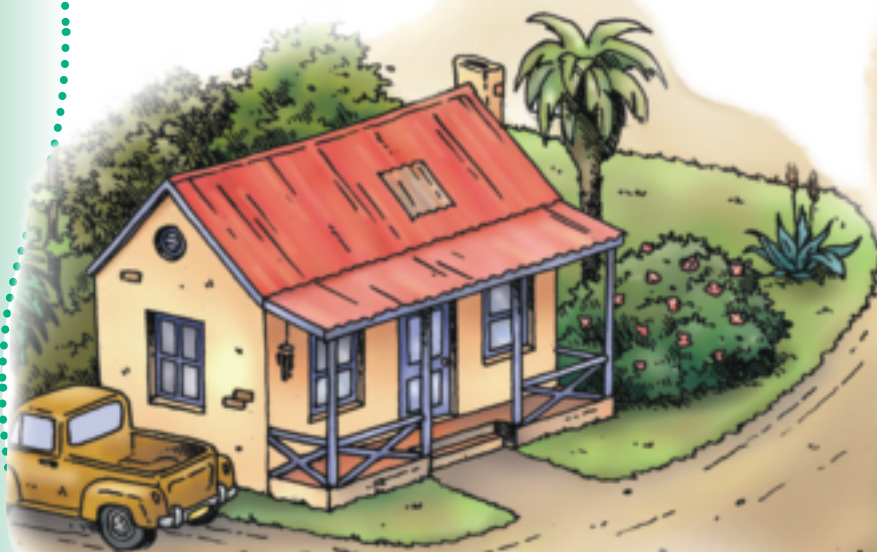


Imihlobo yamakhaya (1)



Asikhulume

Ikhaya lakho kulapha uhlala khona. Abantu abahlala eSewula Afrika banemihlobo eyahlukeneko yezindlu abahlala kizo. Ungawathola kuphi amakhaya alandelako?





Ilanga:



Asikhulume

Qala iinthombe ezingenzasi. Cocisana nomngani wakho ngezinto ezifanako ezindlini zoke. Bese niyabuya nicocisana ngezinto ezingafaniko. Ngiziphi izinto ezinengi khulu ezifanako begodu ngiziphi izinto ezinengi khulu ezihlukileko.



Amafledzi



Izindlu ezinomqaqado munye nanyana emibili



Amakharavana kanye namatende



Amatjhede



Izindlu zemakhaya



Asenzeni lokhu



Izindlu ezaziwa ngamaCape-Dutch

Sebenzani ngeenqhema. Thola ibhoksi lenyathelo nanyana elinye nelinye ibhoksi. Lipende ukuze liqaleke njengomuzi. Sebenzisa ibumba ubumbe isithombe sakho sibe ngaphandle kwendlu.



Imihlobo yezindlu (2)



Asenzeni lokhu

Cabanga ngezindlu ezihlukeneko wakhe wazibona endaweni ohlala kiyo nanyana lapha wakhe wavakatjhela khona. Gwala iinthombe ezimbili zezindlu ezihlukeneko owakhe wazibona.



Asikhulume

Amanowuthi wakatitjhere:
Utijtjhere wakho uzokulalela
imibono yenu.

Nasingaphakathi kwendlu eyakhiwe kuhle, asitjhi khulu nanyana asigodoli khulu. Asinethwa begodu asiphetjhlwa mummoya.

Abantu abanengi abakavikeleki ngendlela esikhuluma ngayo. Coca nomngani wakho nikhulume ngendlela abantu abazivikela ngayo nabanganawo amakhaya.



Asikhambakhambeni

- Yelula isandla sakho ngendlela ongakghona ngayo uthinte indawo efulelweko yendlu yekhenu.
- Guqa phasi ngamadolo utjale iintjalo esivandeni.
- Lula izandla zakho khulu uvule amafesidere wendlu yakho. Bese ubuye uwavale.
- Kothama bese uhlawule esivandeni sakho.
- Thanyela phasi ngomthanyelo.
- Hlanza amafesidere ngetjhila.

Amanowuthi wakatitjhere:

Lalela igido utitjhere azokudlalela lona esigubheni asibethako. Khamba ngegido lelo. Lokha utitjhere nakatjhugulula igido, nawe tjhugulula ibelo lokukhamba lokusikinyeka kwakho. Lalelisisa.



Utitjhere:
Tlikitla:
Ilanga:





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Ithemu-4 – Imveke-2

Izinto zokwakha izindlu

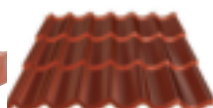


Asikhulume

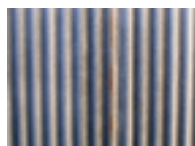
Sisebenzisa izinto ezihlukeneko ukwakha izindlu. Qala iinthombe ezingenzasi.



iintina



amathayili



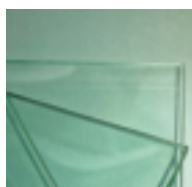
amasenke



isamende



umhlanga



irhalasi



amapala /iingodo



ikhuni/amaplanka



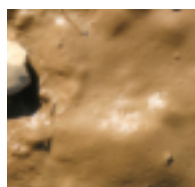
amatje



amatende



iplastiki

idaka/
ihlabathi

iinsimbi



iinkhumba



isanda



Cocisana nomngani wakho ngezinto ezihlukahlukene zokwakha izindlu.

Ngiziphi ezibuya efemini?

Ezinye izinto zibuya kuphi?

Tjela abantwana abanye kobana wena izindlu ozibonako nawuza esikolweni zakhiwe ngani.

Amanowuthi wakatitjhere:
Utityhere angatolola
irherho lezinto
ebhodini.



Asenzeni lokhu

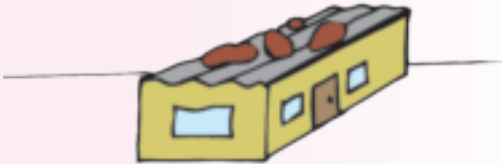
Emhlobeni ngamunye wendlu, thala umuda uye kilokho akhiwe ngakho.

Ilanga:

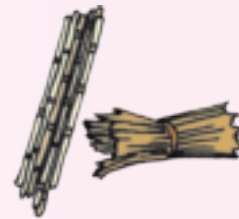
Amanowuthi wakatitjhere:
Utijtjhere uzokuthatha iincwadi zenu zokusebenzela ayoziqala.



Imihlobo yezindlu



Izinto zokwakha



Utijtjhere:
Tlikitla:
Ilanga:



Izindlu ezizokujamelana nobujamo bezulu obahlukahlukeneko



Asifunde

Izindlu zivikela abantu ebujameni obahlukahlukeneko bezulu. Zingasivikela emisebeni yelanga etjhisa khulu. Zingasivikela godu nemakhazeni, izulu nalinako nalokha kunomoya.



Bewazi kobana abantu abahlala eendaweni ezimakhaza kufanele bakhe izindlu zabo ngendlela ekhethekileko njengalezi ezingenzasi? Izindlu lezi kufanele zibabulunge bafuthumele lokha nakukhithika igabhogo.

Lo mumbhe wendawo ebizwa ngokuthi yi-Greenland. Yindawo emakhaza khulu.

Le yi-gloo



Abantu abahlala eplanedini ebizwa nge-Artic enerhwaba elinengi, bakha izindlu zabo ngerhwaba.

Igabhogo liqotha amakhaza. Izindlwana lezi zibizwa ngokuthi yi-gloo.



Ilanga:



Asenzeni lokhu

Ngeenqhema, lingisani kobana ningakha bunjani indlu.
Zikhetheleni kobana nizokwakha indlu enjani.

Nizokusebenzisa izinto zokwakha ezinjani?

izindlu ezingakakhiwa
ngeplani

Yabelanani imisebenzi. Kuzokuzwakala
maphi amatjhada?

umnyango/
umbadi

Sebenzisani amanye wamagama
alandelako.

izindlu zemakhaya

izindlu ezilakanyeneko
nofana kabili.

izindlu zamaCape-Dutch

iintina

umthangala

ipende

amafledzi

amafulelo

itjhimela

ifesidiri

isamende



Asifunde

Yitjho ikondlo elandelako
njengengcenge yakho yokulingisa:

Yakha, yakha indlu yakho etja!
Yiza neentina, meda iboda
Bethelala isipikiri leso, qinisa isikrufu leso

Zivikele elangeni

Yakha, yakha indlu yakho etja!
Yiza nesanda neminyango
namathayili.

Yiza namanzi, hlanganisa nesamende –
Zivikele ezulwini.



Utijhere:
Tlikila:
Ilanga:





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Imveke-3
Ithemu-4

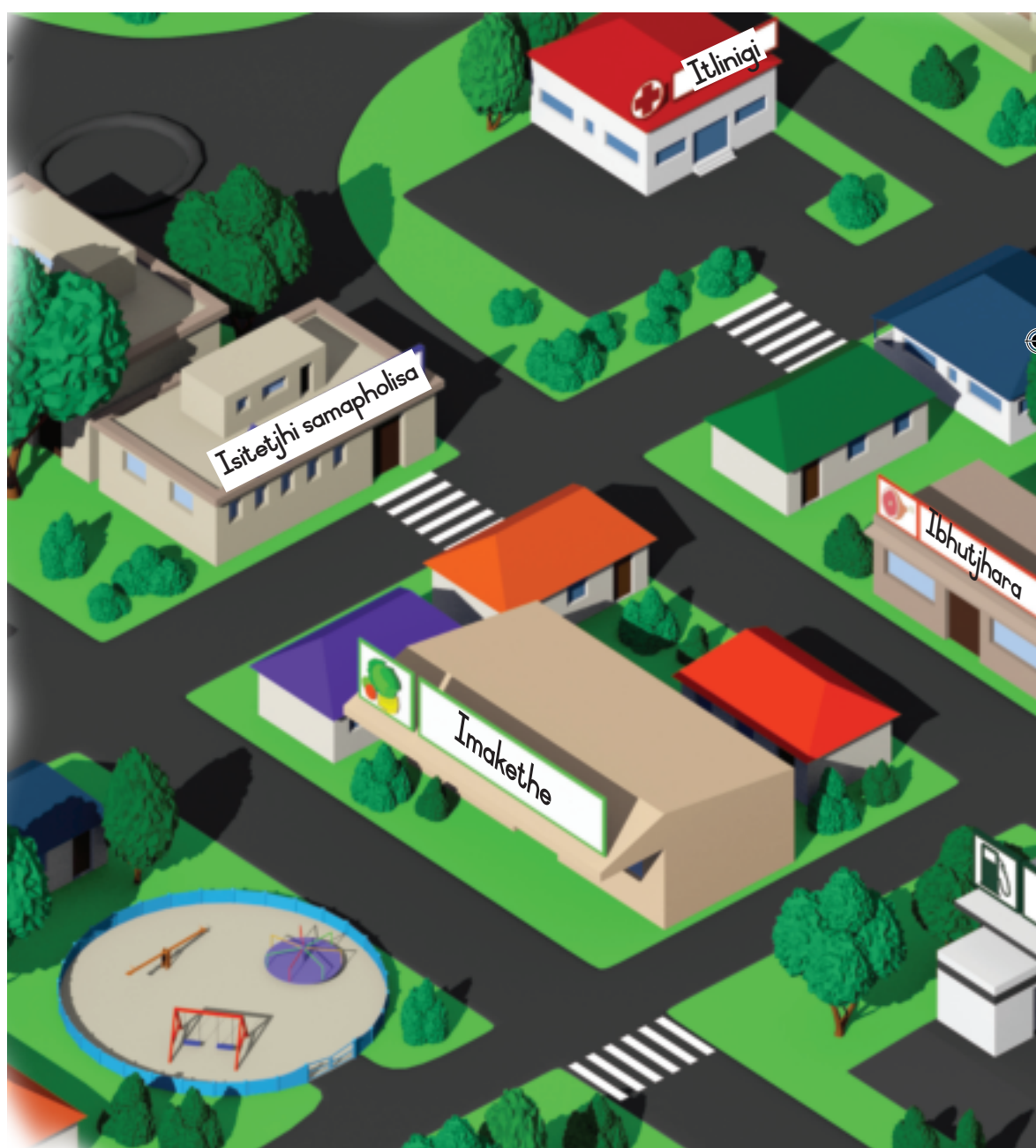
Ukuthola iindawo nezinto (1)



Asifunde

Kunemebhe eyahlukahlukeneko. Ukukhetha umebhe wakho okungyiwo, kufanele sazi umebhe lowo uyowusebenzisela ukwenza ini. Umebhe weendlela ukusiza ukuthola iindlela/iintrada neendawo edorobheni nanyana edorobhokazini.

Abalimi bathanda iindawo ezinomebhe otjengisa amadamu, imilambo neentaba.





Ilanga:



Asenzeni lokhu

Wena nomngani wakho, cocani ngemibuzo elandelako. Gwala isiyingi undulungele iindawo esithombeni emakhasini amabili la.

Ungazithola kuphi iincwadi ongazifunda?

Ungawubika kuphi umlandu wokwetjiwa kokuthileko?

Ungaya kuphi lokha nawugulako?

Ukudla ungakuthenga kuphi?

Ungaya kuphi nawufuna ukujamela ibhesi?

Indlela yona ungayeqa kuphi lapha kuphephileko?

Amanowuthi wakatitjhere:
Utijtjhere wakho uzoyifunda
ngayinye ngayinye, ngemva
kwalapho ningafunyana
iimpendulo.



Utijtjhere:
Tlikitla
Ilanga:



Ukuthola iindawo nezinto (2)



Asikhulume

Qala indlela emebheni wendlela uJason awulandelako ukusuka kwabo nakaya esikolweni.

Hlathululela umngani wakho kobana uJason indlela ayilandelako nakasuka ekhaya aya esikolweni. Naka amanye amagama ongawasebenzisa.

ngehla

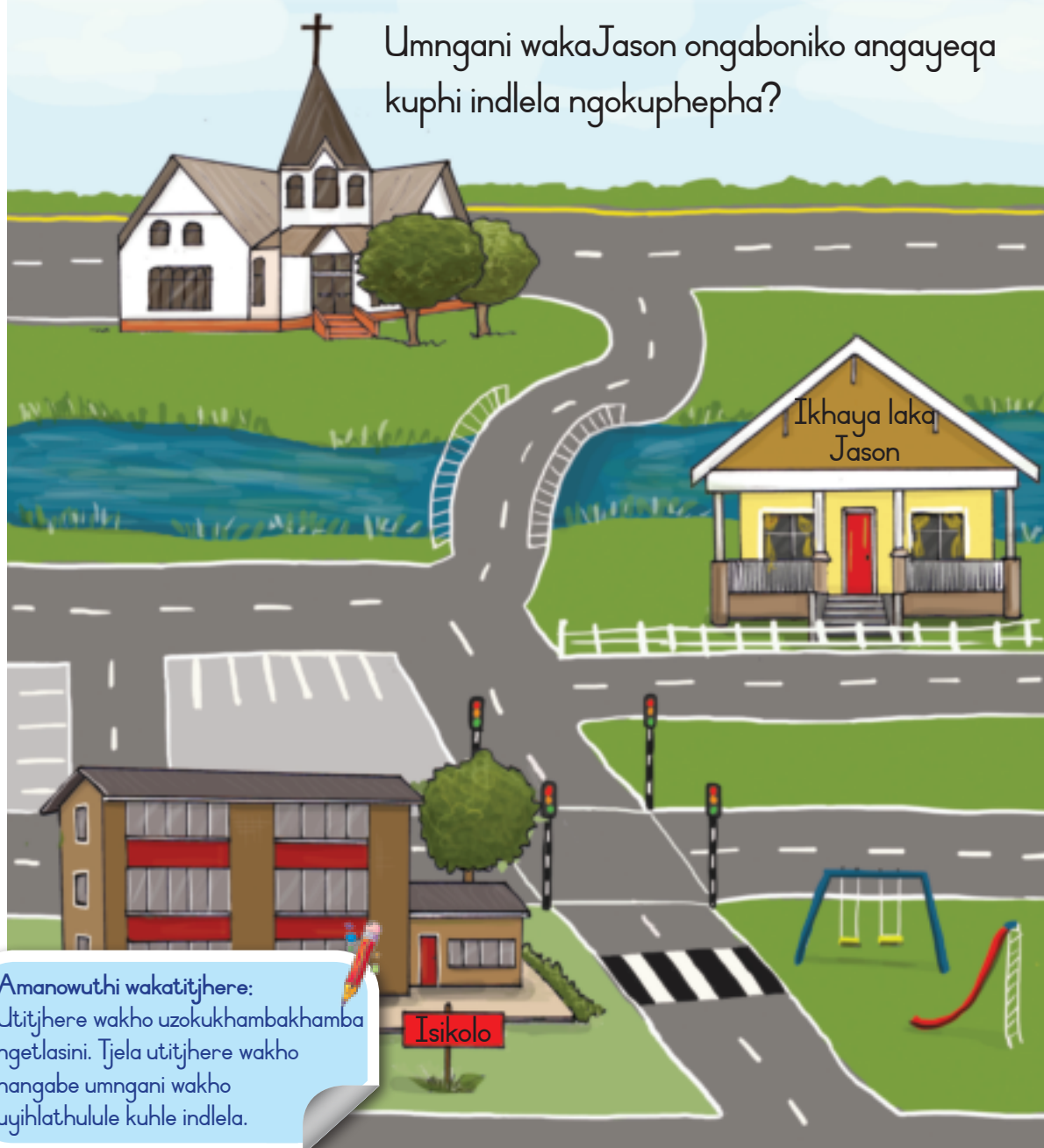
udlula

eqadi

ngaphezulu

ngaphasi

Umngani wakaJason ongaboniko angayeqa kuphi indlela ngokuphepha?



Amanowuthi wakatitjhere:
Utijtjhere wakho uzokuhambakhamba ngetlasini. Tjela utijtjhere wakho nangabe umngani wakho uyihlathulule kule indlela.



Ilanga:



Asikhambakhambe

- Yizani nerobho ede niyibeke phasi.
- Niyokukhamba "endleleni" le.
- Khambani niye phambili, emuva ngemaqadi ngokulinganisa nerobho.
- Khambani niye phambili nilinganise nerobho nithwele izandla zenu ehloko.
- Khambani nibuyele emuva nilinganise nerobho nibeke izandla zenu ngemuva.
- Khambani nitjhinge ngemaqadi nilinganise nerobho, nibeke izandla zenu emadinini.



Asifunde

Uyenze ngepumelelo engangani imisikinyeko engehla? Nangabe ungayenza kuhle yoke imisikinyeko, penda ebusweni obumomothekako.

Nangabe awukaphumeleli ukuyenza yoke imisikinyeko, penda ebusweni obudanileko. Nangabe ukghonile ukwenza eminye yemisikinyeko, penda ebusweni obuphakathi.

Ngingakhamba ngitjhinge phambili nemuva ngilinganise nerobho.			
Ngingakhamba ngiye ngemaqadi ngilinganise nerobho.			
Ngingakhamba ngitjhinge phambili ngilinganise nerobho ngibeke izandla zami phezu kwehloko.			
Ngingakhamba ngitjhinge phambili ngilinganise nerobho ngibeke izandla zami ngemuva.			
Ngingakhamba ngitjhinge ngemaqadi ngilinganise nerobho ngibeke izandla zami phezu kwedini.			



Ukufumana indlela



Asitlola

Imebhe enesithombe iyasisiza kobana iindawo zikude kangangani ukusuka kenye uye kenye. Qala umebhe olandelako.



Asitlola

Phendula imibuzo elandelako. Ungabawa umngani wakho kobana akusize.

Gwala isiyingi nanyana indulungu lapha ubona kutlolwe **km**.

Uneeyingi ezingaki?

UDavi ukhamba ukusuka esikolweni ukuya ebulungelweni leencwadi.

UDavi ubona ini eduze kwebulungelo leencwadi?

Ubone liphi itshwayo endleleni?

Ukhambe ibanga elide kangangani?

Nakajame emnyango wangaphambili webulungelo leencwadi, uDavi ubona muphi umakhiwo?

UDavi ulambile. Ufuna ukubuyela kwabo. Penda indlela efitjhani khulu esuka ebulungelweni leencwadi eya kwabo.

Phendula ngo-Iye nofana ngo-Awa:

Ingabe ikundla yebholo erarhwako iseduze khulu nakwabo?

Amanowuthi wakatitjhene:
Vama ukuqinisekisa kobana uqinisekile ukutjela utitjhene wakho lokha nawungaboni litho kuhle.

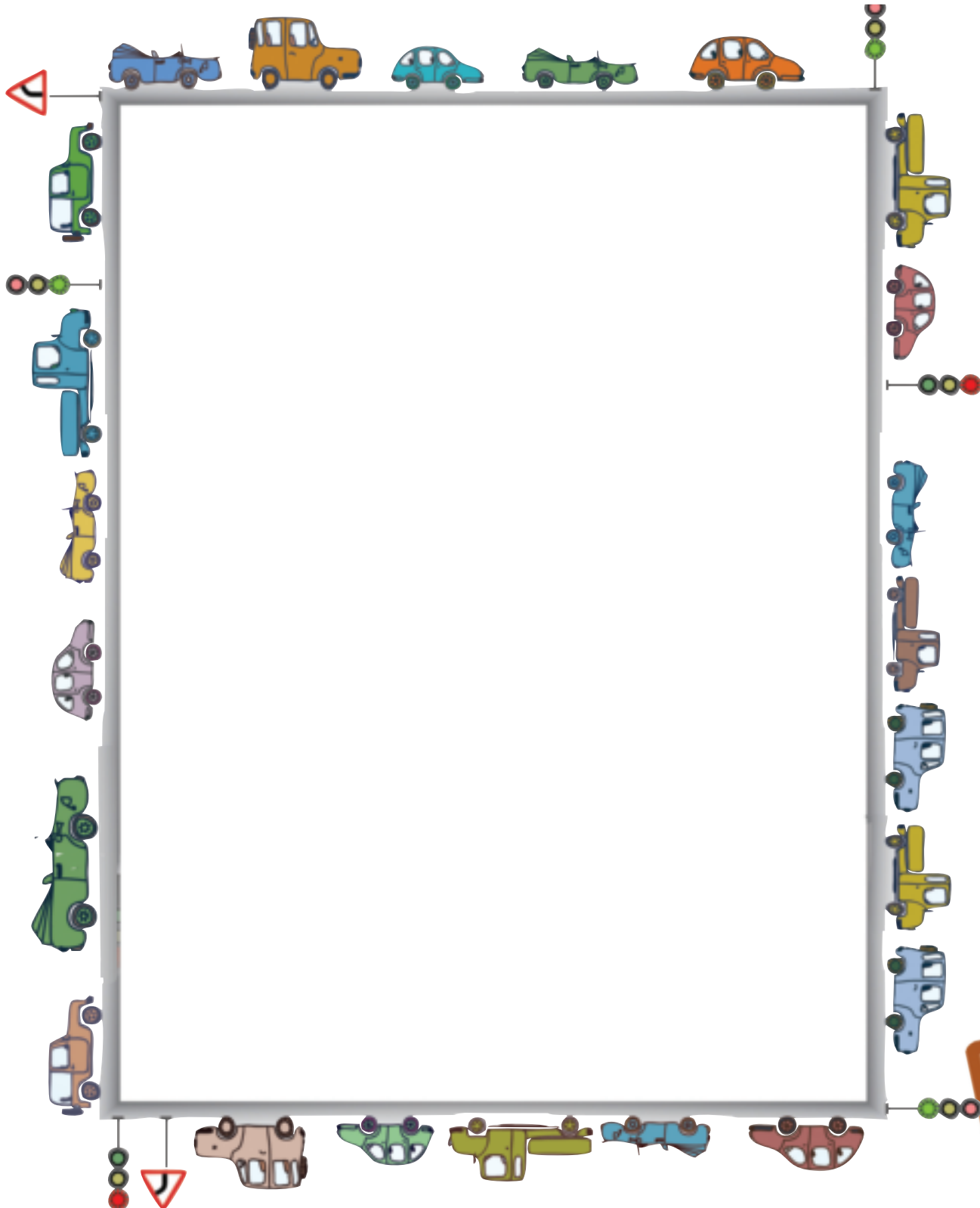


Ilanga:



Asenzeni lokhu

Gwala umebhe wakho wendlela oyilandelako hlangana neendawo ezimbili. Ungakhetha nanyana ngiziphi iindawo ezimbili. Nasele uqedile, ungatjengisa abangani bakho umebhe wakho. Nikela umngani wakho umebhe ukuze ahlathulule indlela ozoyikhamba. Yewutjheje nangabe uhlathulula ngendlela okungiyiyo. Tjela utitjhere wakho lokha umngani wakho nakahlathulule ngendlela okungiyiyo.





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Ithemu-4 – Imveke-4

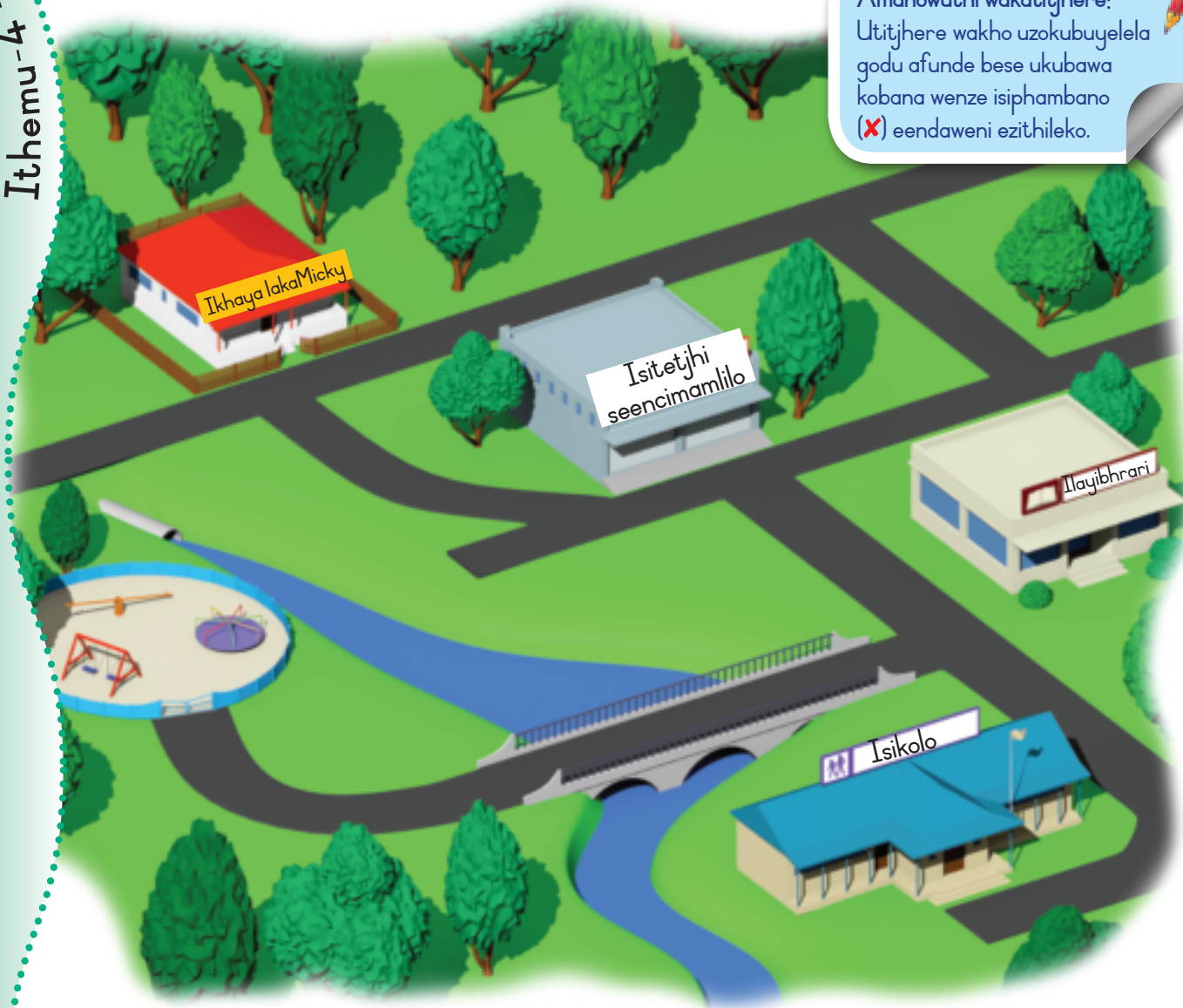
Ukuthola izehlakalo endatjaneni



Asenzeni lokhu

Utityhere wakho uzokufunda indatjana ekhuluma ngoMicky.
Lalelisisa kuhle. Landela indledlana yakhe emebheni encwadini yakho.

Amanowuthi wakatityhere:
Utityhere wakho uzokubuyelela
godu afunde bese ukubawa
kobana wenze isiphambano
(X) eendaweni ezithileko.



NgoMgqibelo uMicky udlala ephageni nabangani bakhe (X).
Namhlanje ekuseni, unina umbuzile, "Ugogo wakho uyagula, ngiyakubawa,
akhe uyomnikela ukudla lokhu?" UMicky uthatha isikhwama esikhulu
esinokudla. Uthe lokha nakaphuma ehegeni wahlangana nendoda.





Ilanga:

Indoda yatjho ngephimbo elirhorozelako yathi, "Arha, ngiyakubona uthwele ukudla. Uphathele ugogo wakho angithi?" Lokho kwamethusa khulu uMicky. Wakhambisa khulu ehla ngendlela sele anqophe lapha kunesicimamlilo khona. Lapho ujikela ngesandleni sokudla (X).

Kodwana uthe nakaqala emuva, wabona indoda leya imlandela.

UMicky ukhetha ukuyokuthola isizo ebanganini bakhe ephageni. Uthe nakafika ebulungelweni leencwadi, ngesandleni sakhe sesidleni . (X).

Ngesandleni sakhe sesincele wabona isikolo wabe wasidlula (X).

lindlela zithule du. UMicky kwanjesi weqa indlela masinyana/ngokurhabako (X).

Ekugcineni wabona iphaga. Wakhamba ngaphezu kwebhlorho (X) ukuyokuhlangana nabangani bakhe ehegeni! (X)



Asikhambakhambeni

Kwanjesi siyokudlala umdlalo wokugijima umgijimo werileyi.

- Kwanjesi bekani iinhlobo zenu zenze isinying. Dlalani "umvumo weenhlobo" – nifanele nifumane indlela efithjani eya esihlalweni.



Amanzi siwasebenzisa kunjani: emakhaya nesikolweni



Asitlola

Amanzi siwasebenzisa pheze ngamalanga. Qala iindlela ezahlukeneko esizisebenzisela amanzi. Ngenzasi kesinye nesinye isithombe, tlola kobana amanzi asetjenziselwa ukwenza ini. Sebenzisa iinhlokwana lezi.

Ukwenza umlilo.

Ukuhlamba imizimba yethu.

Ukusiza iintjalo zimile.

Ukuhlanza izembatho nezitja.

Ukupheka ukudla.





Asikhulume

ngendlela eyongako.

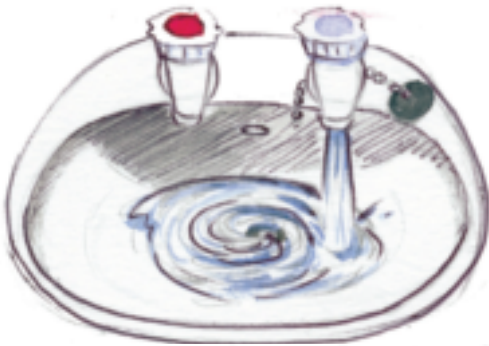
Khuluma ngeendlela ezinye
zokusebenzisa amanzi

Amanzi ayakarisa! Singahlathulula
izinto ezinengi ezenziwa ngamanzi.
Cocisanani ngezinye iindlela lapha amanzi
angasetjenziswa ngazo khona. Amanzi yinto
eqakatheke khulu. Khulumani ngokuthi
siwona kunjani amanzi. Kungenzeka ini lokha
nasingenawo amanzi? Yabelana ngemibono
nabanye abafundi.



Asikhambakhambeni

Lingisa okulandelako.



Amanzi aphuma
epompeni athontela
ngesitjeni sokuhlambela.



Ilifu lezulu lakheka,
laba likhulu kuthi
ekugcineni izulu
line bese ilifu
liyanyamalala.



Umlambo ogeleza kancani
ematjeni nomlambo ogeleza
phezulu kwesanda.



Asidlaleni

- Dlalani "Umgqomu namathosi wamanzi".





Asitole

lindlela amanzi onakala ngayo

Qalani iinthombe ezilandelako. Tlola itshwayo (✓) eduze kwesithombe lapha amanzi ongeka khona bese utlola isiphambano (✗) lapha amanzi oniwa khona





Ilanga:



Asikhulume

Qala iinthombe lapha utlole khona isiphambano. Cocisanani ngazo ngetlasini niveze kobana esithombeni ngasinye benza ini. Coca ngokuthi bangasebenzisa bunjani amanzi ngokuwonga.



Asitole

Qala iinthombe. Funda imitjho engenzasi. Faka itshwayo (✓) kesinye nesinye isenzo esingasisiza ukonga amanzi, bese ubeka isiphambano (✗) kesinye nesinye esingongi amanzi.



	✓ nanyana ✗
Ngivulela amanzi epompeni lokha nangitlubha amazinyo wami.	
Sisebenzisa isibha esingayoniko imvelo. Angiwathululi amanzi ebengihlamba ngawo kodwana ngithelelela ngawo esivandeni.	
Njalo ebusuku ngihlamba umzimba ngamanzi azele swi ibhada.	
Nangibona ipompi ivuza, ngiyayivalisisa.	
Sihlanza izitja epompini ngaphandle lapha amanzi agijima khona.	



Amanzi aphephileko wokusela nangakaphephi



Asitlole

Qala iinthombe lezi. Beka ithiki (✓) esithombeni esitjengisa ukuphepha.
Beka itshwayo isiphambano (✗) esithombeni esitjengisa ukungaphephi.





Ilanga:



Asitlola

Tlola igama "kuphephile" nofana "akukaphephi" uqedelele umutjho ngamunye. Ipendulo yokuthoma inikelwe.

Ukusela amanzi asilaphazekileko **akukaphephi**.

Ukududa emanzini aneensila _____.

Ukusela amanzi agcinwa ngemabhodlelweni _____.

Ukusela amanzi avela emlanjeni osilaphazekileko ku _____.

Ukusela amanzi ahlwengileko abuya epompeni _____.



Asidlaleni



Dlala nabanye ababili.

- Wahlani izandla zenu kanye kanye lokha ithosi lamanzi lehla:
 - kabuthaka epompeni yamanzi.
 - masinya epompeni yamanzi.
 - masinya khulu epompeni yamanzi
 - noke hlalani ngesikhathi esifanako.
- Dlalani omunye umdlalo wokuwuhla izandla eniwaziko.



Asikhambakhambeni

- Yeqa njengesirhwarhwa nasiphuma ngemanzini angcolileko.
- Yeqa njengesirhwarhwa naseqela emanzini ahlwengileko.
- Rholobha njengepera eyomileko egijimela ukuyokusela amanzi.
- Gijima ngendlela ongakghona ngayo ubalekele izulu elina ngamandla khulu.
- Yeqa ukusuka keline ilitje uye keline lokha naweqa umlambo. Siza nabanye abangakghoniko ukukhamba.
- Jikajika njengamanzi aphuma ngebhadeni (uwedwa begodu unomngani).
- Utitjhere uzokutjho ngetshwayo nakufanele wenze omunye umsikinyeko. Lalelisisa bewutjhejisise amatshwayo wakhe.



Utitjhere:
Tlikitla:
Ilanga:



Ukubeka amanzi ahlwengileko



Asifunde

Amanzi asilaphazekileko ayasigulisa.

Sifanele sisele amanzi ahlwengileko.

Sifanele sidlale besidude emanzini ahlwengileko.

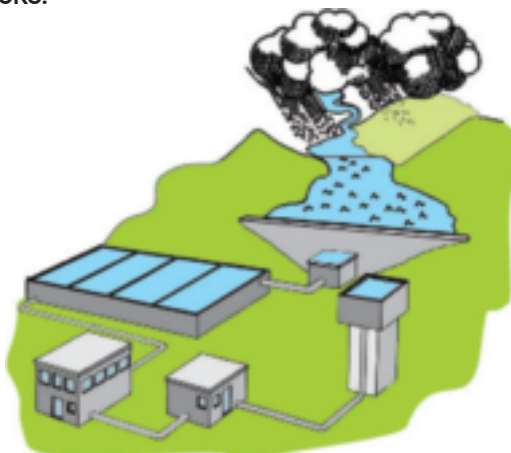


Asikhulume

Qala iinthombe. Coca nomngani wakho kobana amanzi aphephileko abuya kuphi. Cocela itlasi kobana wena ucabanga ini. Nasihlwengisa amanzi siwenza bonyana ahlwengeke ukuze sikwazi ukusela amanzi aphephileko.



Singawasela amanzi wezulu abekelelweko nangabe phezulu emasenkani kuhlwengekile nalokha amatanka neenfaji esibekelele ngazo zihlwengekile.



Umasipala uyawahlanza amanzi bekawabeke endaweni ephephileko ukuze siwasele.



Amanzi singawabilisa ukuze ahlanzeke



Singawasefa amanzi ukuze ahlwengeke.



Ilanga:



Asenzeni lokhu

Bawa utitjhere wakho akutjengise kobana amanzi ahlengiswa bunjani.

Uzokutlhoga lokhu:

Ibhodlela leplastiki le-2 l

Isanda ehlwengileko

Amatjana ahlwengileko

Umukhwa obukhali

Iwulu ehlwengileko

Irhalasi lamanzi



Asikhambakhambeni

- Sebenzisa umgodlana onamatjana newulawubhu. Beka iwulawubhu phasi. Abafundi abajame umjeje ongaba mamitha ama-5 ukusuka ewulawubhini. Begodu ungasebenzisa iwulawubhu yenetbholo.
- Omunye nomunye umfundi uzokufunyana ithuba lokuphosela umgodlana wamatjana ngewulawubhini



Ukutjhuguluka ukusuka emini kuye ebusuku



Asifunde

Ubusuku nemini zizinto ezimbili ezingafaniko.

Ubusuku buhlukile kunemini, sizwa amatjhada angafaniko begodu senza nezinto ezingafaniko.

Emini sibona ilanga elikhanyako. Ilanga lenza kobana kutjhise begodu liyasikhanyisela. Inengi labantu lisebenza emini. Thina bantwana siya esikolweni emini.



Asitlale

Qala iinthombe bese ucocisana nomngani wakho ngazo. Kungabe lezi ziinthombe zemini nebusuku? Zihlukana bunjani? Tlola "Emini" nanyana "Ebusuku" eduze kesinye nesinye isithombe.





Asifunde

Ntambama ilanga liyatjhinga.
Kuba nzima begodu sikwazi
ukubona inyanga/inyezi
neenkwekwezi. Ebusuku kufanele
sikhanyise ukuze sibone kobana
senza ini.



Ilanga:



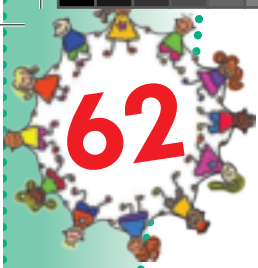
Ebusuku kumakhaza
kancani kunemini. Inengi
lethu liyalala ebusuku
kodwana abanye abantu
bayasebenza. Kunezinye
iinlwana eziphumako
ebusuku ngomnyama
ziyokuzuma.



Asikhambakhambeni

- Sebenzisa amapala nanyana amakhawuni nebholo ekulu erarhwako.
- Beka amapala nanyana amakhawuni.
- Sebenzisa ibholo ekulu efana nebholo erarhwako.
- Rarhela ibholo hlangana namapala nanyana hlangana namakhawuni abekiweko.
- Kokuthoma rarha ngenyawo lakho langesidleni bese urarha ngenyawo langesinceleni.
- Nifake amagondelo amangaki?





Ubusuku bubonakala njengani?



Asifunde

Emini, singabona umkayi ohlaza kwesibhakabhaka namafu. Khulukhulu sibona ilanga.



Ebusuku sibona inyanga neenkwekwezi ezinengi. Kunamaplanethi abonakala njengeenkwekwezi. Kesinye isikhathi inyezi ibakhona nemini.



Angekhe sikwazi ukuyibona ngombana ilanga likhanya khulu. Langa ukubona inyezi emini.



Asenzeni lokhu

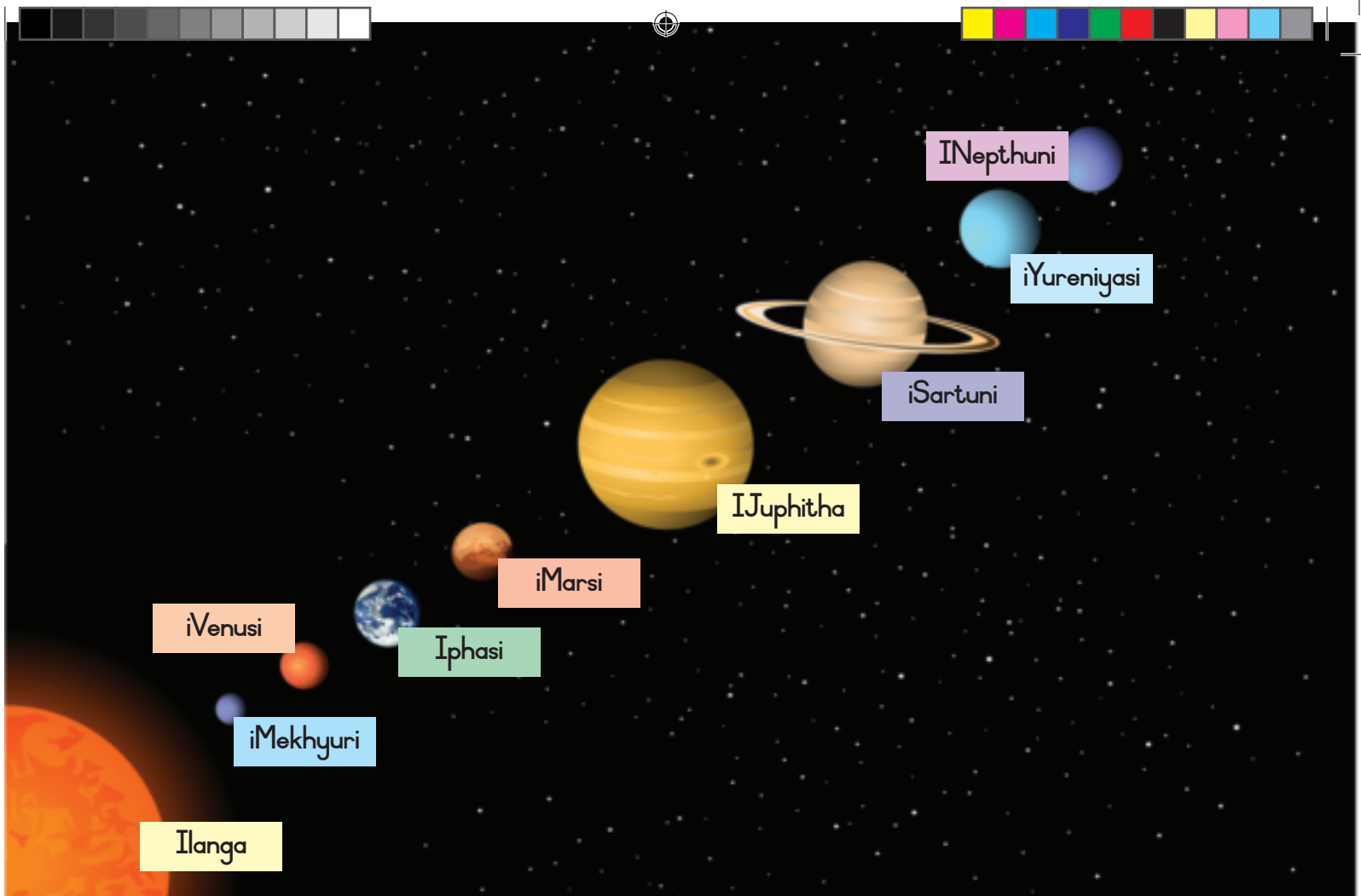
Inyanga ayihlali ifana njalo ngamalanga ebusuku. Bukela inyezi ngamalanga amahlanu alandelanako. Ngemabhoksini angenzasi la, gwala ubujamo benyanga obuhlukeneko.

Ubusuku bokuthoma

Ubusuku besithathu

Ubusuku besihlanu





Leli lilanga namaplanedi erhelweni elimayelana nelanga-Zibomakhelwane bethu bemkayini. (Ilanga namanye amaplanethi azikagwalwa ukuya ngesikeyili.)



Asikhulume

Lesi sithombe se-Saturn. Yahlukile kunamanye amaplanethi ngombana inendulunga eziyizombelezako.

Uyalibona ithosi elimhlophe esithombeni? Ucabanga bonyana khuyini?

Qala isithombe esikhulu ngehla. I-Saturn ingabe yikulu nanyana yincani kunephasi? Ngiiyphi iplanethi ekulu kune-Saturn?





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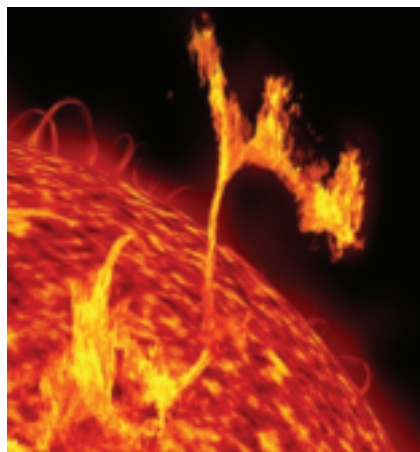
Ithemu-4 - Imveke-8

Ilanga nenyanga



Asikhulume

Qalani iinthombe ezilandelako.



Cocisana nomngani wakho. Zisitjela ini iinthombe lezi? Ungaveza nanyana ngiyiphi ipendulo efikako engqondweni yakho.

Amanowuthi wakatitjhere
Utijtjhere wenu uzokulalela imibono
yenu yoke abuye anitjele kobana
iinthombe zimayelana nani.



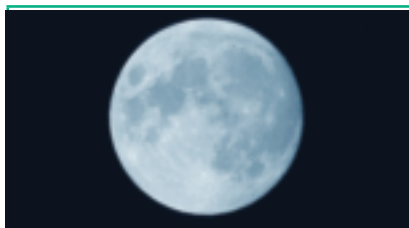
Asifunde

Ilanga liyikwekwezi. Lifana nebholo ekulu yomlilo ethumela umkhanyo mahlangothi woke. Ilanga likhulu ngokubuyelelwe ngeenkulungwana ukudlula iphasi. Inyezi yibholo ekulu emamatje nethuli engathumeli ukutjhiswa. Inyezi ayinakho ukukhanya okungekwayo. Ifana nesiboniboni esibuyisela ukukhanya kwelanga kithi. Inyanga yincani kunephasi.

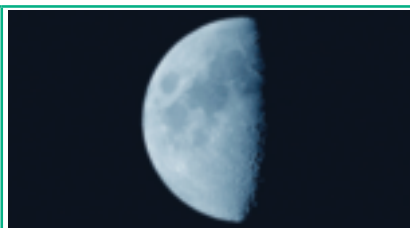


Asikhulume

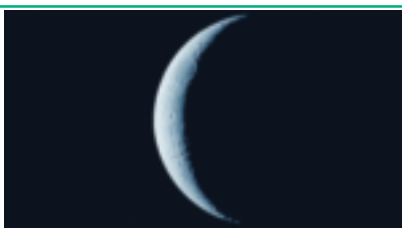
Cocisana nomngani wakho ngokuthi inyanga itjhugutjhuguluka bunjani ebusukwini bamalanga amahlanu. Begodu ubuyelele uqale iinthombe. kungabe inyanga yakho beyibonakala njengalokhu okulandelayo?



Inyanga ezeleko



Inyanga elicephe



Inyanga eyihlendlala





Asifunde

linkwekwezi

Ilanga:



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Ilanga yikwekwezi eseduze nathi. Ezinye iinkwekwezi zikude khulu nathi. Nange kungenzeka ukhambele kizo iinkwekwezi lezi, kungakuthatha iminyaka eminengi khulu ukufika kizo.



Asikhulume

Benye, benye kwekwezana,
Ngiyamangala kobana uyini.
Phezulu ngaphezu kwephasi,
Njengedayimani emkayini.
Benye, benye kwekwezana,
Ngiyamangala kobana uyini!



Asifunde

Ingoma le yatlolwa eminyakeni eminengi eyadlulako. Ngesikhathi leso abantu bebanganalo ilwazi elaneleko ngeenkwekwezi. Namhlanje sinelwazi elinengi.

Abosolwazi ngeenkwekwezi baya emkayini ngamarokhethi akhethekileko ukuyokufunisisa ngelwazi leenkwekwezi. Bathi nabavakatjhele emkayini, bambathe amasudu akhethekileko wemkayini. Kungebanga lalabo abanesibindi nabahlakaniphileko abazibeka emkayini, sesifunde okunengi ngeenkwekwezi.



Asikhulume



Kungabe yinto ehle na kobana sesifunde okuthileko ngeenkwekwezi? Coca ngalokhu nabangani bakho.



Utijhene:

Tlikitla:

Ilanga:

63





Ukhethekile.

Woke umzimba wakho ukhethekile.

Umzimba wakho ungewakho wedwa!



**Ungavumeli
noyedwa umuntu
akuthinte ezithweni
ezisemsithelweni**

**Kufanele ubike nangabe kukhona umuntu okuthinta
ezithweni zakho ezifhlakeleko.**

**Kufanele ubike nangabe kukhona umuntu
okwenzisa izinto ongafuniko ukuzenza.**

Linomboro ongazidosela ukufunyana isizo:

**Ukubika izehlakalo ezithinta
abantwana: 0800 05 55 55**

**Inomboro yamapholisa yokuqeda
ubulelesi: 086 00 10111**

Inomboro yamapholisa erhabekileko: 10111

Inomboro ephephisa ipilo yabantwana: 0861 322 322

**Inomboro yeYunidi eqalene nokuVikelwa Kwabantwana:
012 393 2359/2362/2363**



Make a placemat

Cut out the pictures you like and paste them on to the opposite page to make yourself a two-sided placemat. Cover or laminate the placemat with plastic and use it when you eat.





