

Kubuyeketiwe
futsi kwahlelenjiswa
ngekwe-CAPS

Libanga



Emakhono Ekuphila **SISWATI**

Incwadzi 2
Emathemu 3 & 4



Ligama:



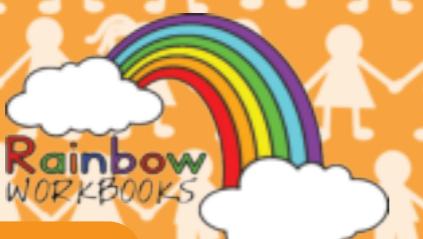
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**LIFE SKILLS IN SISWATI
GRADE 1 – BOOK 2
TERMS 3 & 4**
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Lokucuketfwe



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Nkst. Siviwe Gwarube,
iNdvuna yeMfundvo
Sisekelo



Dkt Reginah Mhaule,
Liphini leNdvuna
yeMfundvo Sisekelo

Letincwadzi tekusebentela tikhicitelwe bantfwana baseNingizimu Afrika ngekuholwa yiNdvuna yeTemfundvo Sisekelo, Nkst. Siviwe Gwarube akanye neLiphini lakhe, Dkt Reginah Mhaule.

LeTincwadzi Tekusebentela takaRainbow tiyincenyemitamo yaleLitiko leTemfundvo yeSisekelo yekutfutfukisa bafundzi baseNingizimu Afrika emabangenekucala lasitfupha ekufundza. Njengalomunye wemigomo lehamba embili eLuhlelweni IweKusebenta IwaHulumende, lomsebenti ukhokhelwe ngesihle Silulu seTimali saVelonkhe. Ngenca yalokusekelwa ngetimali, leLitiko leTemfundvo liphumelele kwakha letincwadzi ngato tonkhe letilwimi letisemtsetfweni kulelive.

Siyetsema kutsi bothishela batatitfola tilusito kakhulu letincwadzi tekusebentela basafundzisa malanga onkhe kute bafundzi bakhone kucedza luhlelo Iwabo Iwekulufundza. Setame, ngekucopelela lokukhulu, kusita thishela kuleyo naleyoncenyemsebenti, ngekusebentisa timphawu letitifombe kukhombisa umfundzi loko lokumele akwente.

Siyetsema bantfwana nabo batakujabulela kusebentisa letincwadzi basachubeka nekukhula nekufundza; nekutsi bothishela batawutfokota kanye nabo.

Sifisela bothishela nebafundzi imphumelelo basachubeka nekusebentisa letincwadzi tekusebentela.



Libanga

1

Emakhono Ekuphila
SISWATI
Incwadzi 2

Lencwadzi ya:

Tindzawo emmangweni wami



Asifundze

Ase ucabange ngabo
bonkhe labantfu
lobabonako nalokhuluma
nabo emalanga onkhe –
laba bantfu
bangummango wakho.

Bangaba bantfu
labasesitaladini sakho
noma labahlala dvute
nalapho uhlala khona.

Bangaba bantfu
labasesontfweni noma
esikolweni sakho,
emaphoyisa emmango,
bodokotela kanye
nalabanye nje.



Asikhulume

Coca nemngani wakho ngaletitfombe kulamakhasi lamibili.

Ngutiphi tindzawo lotibona kulesitfombe?

Bantfu babutsana kutiphi taletindzawo?





Lusuku:



Asente loku

Ngutiphi, kuletindzawo esitfombeni lesingentasi, loke wativakashela? Landzelela utsatsise titfunti-mugca tato ngemakhilayoni.



Asikhulume

Cocela umngani wakho kutsi ngabe letindzawo wativakashela uhamba nemuntfu noma wedvwana. Kwaya ngani kutsi uvakashele letindzawo?

Ucabanga kutsi letindzawo lowativakashela kulula kutsi tivakashelwe bantfu labakhubatekile?



Thihela:

Sajina:

Lusuku:

3



34

Ithemu 3 – Liviki I

Kunakekela tinsita emmangweni wami



Asikhulume

Tindzawo emimangweni yakitsi tinetinsita letehlukene letingasetjentiswa nguwonkhe wonkhe. Imitfolamphilo, tikolo, tinkhundla tekudlala netibhedlela. Tonkhe leti tinsita lesingatisebentisa.

Sidzinga kunakekela tonkhe letinsita emmangweni wakitsi.

Futsi sidzinga kugcina simondalo sakitsi sihlobile, khona wonkhe umuntfu atosisebentisa.



Asikhulume

Coca nemngani wakho ngalesitfombe.

- Ucabanga kutsi bayatsandza yini bantfu kuhlala lapha?
- Kungani ucabanga kanjalo?
- Ungentiwa njani ummango nesimondalo sakini kuba ncono?



Lusuku:



Asente loku

Dvweba sitfombe sakho
lesimbalabala lesiveta wena
usebentisa tintfo tekutfutsa
umphakatsi njengesitimela, ibhasi
nobe itekisi. Veta kuhlukahlu kana
kwebantfu benta tintfo letehlukene
kulomdvwebo-labanye bahleti phasi,
labanye bagobekile, labanye bemile
nobe balele phasi, labanye babuke
emuva, labanye bakhulu,
labanye bancane.

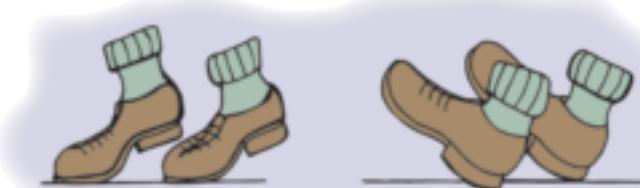


Asinyakate



Tifutfumete

- Tifutfumete ngekuhamba uye embili mantontolwane.
- Nyalo hamba nyova ngetitsendze.
- Yani embili ngetitsendze.
- Hamba nyova mantontolwane.



Bumba tinhlavu

Yakhani emacembu alaba-2. Sebentisani
imitimba yenu kwakha tinhlavu. Ningema neyame
lubondza noma nilale phansi.

Ase ubone kutsi wena nemngani wakho ningete
nalwakha luhlavu labanye labangakhoni kulwakha.





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Kulungile noma cha

Ithemu 3 – Liviki 2



Asikhulume

Buka letitfombe.





Lusuku:



Asente loku

Yakha umfanekiso wesakhiwo lesincane usebentisa tintfo letivuselelwa kabusha. Ungakha umfolamphilo, umtaponwadzi noma-ke ngusiphi rje sakhiwo emmangweni wakho. Ningabuye nisebente ndzawonye ngemacembu. Hlobisani sakhiwo senu kukhombisa kahle kutsi nakhe sakhiwo sini.



Asinyakate

- Hlela lamathaya eme mpo alandzelane.
- Khasa uphumele ngale kwalamathaya.
- Beka emathaya uwalalise.
- Mani ngetinyawo totimbili etulu kwelithaya.
- Nyalo-ke sima ngelunyawo lunye etulu kwelithaya.
- Sebentisa lamathaya nakunobe ngumuphi lomunye umdlalo wekunyakata.

Caphela unga tilimati.



Thishela:
Sayina:
Lusuku:



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Bantfu emmangweni wami



Asibhale

Ithemu 3 – Liviki 2

Buka letitfombe. Emabhokisini langesekudla, khetsa ligama lelilungela sitfombe ngasinye. Libhale ngephansi kwesitfombe.



Umetsi wephethiloli

Umtsengisi timbali

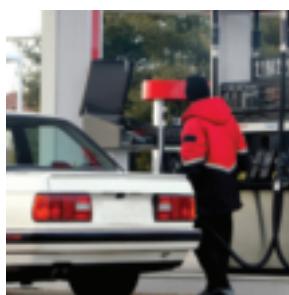
Nesi



Umshayeli mathekisi

Liphoyisa lemgwaco

Dokotela



Umtsengisi titselo

Socimamlilo

Liphoyisa



Asikhulume

Buka letitfombe loticambile bese ucoca nemngani wakho ngato.

Uyababona labantfu emmangweni wakho?

Bobani lobabona emmangweni wakho?

Ngabe bantfu emmangweni wakini bayasitana yini? Yini labayentako?



Lusuku:



Asibhale

Dvweba umugca kusuka ekucaleni kwemusho ngamunye ngesancele
kuya emagameni lahambisanako ngesekudla.



Socimamlilo

Lilunga leMkhandlu weMaphoyisa
eNingizimu Afrika

Dokotela

Umtsengisi titselo

Umetsi wephethiloli

libamba tigebengu.

utsengisa titselo.

wetsa phethiloli etimotweni.

ucisha umlilo.

usenta siphile.



Asibhale

Buka letitfombe emagameni langentasi, Ligama lelingilo lesitfombe
ngasinye libhale ngaphansi kwesitfombe ngasinye. Catsanisa
timphendvulo takho netemngani wakho.

Iloli yesicimamlilo

Endzaweni yekwetsa
phethiloli

Sibhedlela

Emaphoyiseni



Asinyakate

Shaya tandla ngesigci losivako.

- Lalelisisa uma sigci sigucuka.
- Yenta loku ngetinhlobo letehlukene tetingoma, kusuka kutakudzala kuya kutesimanje.
- Shaya tandla ngesivinini nobe ungasheshisi kuhambisana nstigci.

Emanotsi athishela:

Lalela umculo thishela wakho lawudlalako kumbe tigci thishela wakho latidlalako ngesigubhu kumbe lolunye lugubhu lwengoma.



q

Tilwane letifuywa ekhaya



Asifundze

Linyenti letfu linetilwane tasekhaya. Silwane sakho sasekhaya ngumngani wakho. Uyasinakekela futsi sihlala dvute nawe – mhlawumbe ekhatsi endlini yinje nawe kumbe esakhiweni lesikhetskile ebaleni lakini.



Asikhulume

Buka lesitfombe. Coca nemngani wakho ngalesitfombe. Sebentisa ikhilayoni kubiyela tonkhe tilwane tasekhaya lotibonako. Tingaki tilwane tasekhaya longatibala? Tjela thishela wakho.

- Unaso wena silwane sasekhaya? Uma unaso, cocela umngani wakho ngaso.
- Uma ute, cocela umngani wakho kutsi luhlobo luni lвесilwane longatsandza kuba naso kumbe-ke usho kutsi kungani ute silwane sasekhaya.



Asibhale

Niliklasi yentani luhlu lwato tonkhe tinhlobo tetilwane tekufuywa leningatiboni esitfombeni. Kopela lapha loko thishela wakho lakubhalako ebhodini.



Lusuku:



Asente loku

Dvweba umtfwana
lomncane Ngusiphi
silwane sasekhaya
lositsandzako?



Sebentisa lubumba
kwakha lesilwane
sasekhaya.



Asinyakate

Tifundzise kuphosa nekugendza ibhola.

- Ngetandla totimbili phosa ibhola yethenisi etulu emoyeni. Yigendze ngetandla totimbili.
- Nyalo yiphose etulu emoyeni ngesandla sinye bese uyayigendza futsi ngaleso sandla.
- Nyalo-ke phosa ibhola yethenisi ngesandla sakho lesibutsakatsaka etulu emoyeni uygendze futsi ngesandla sakho lesibutsakatsaka.
- Shaya ibhola yethenisi phasi ngetandla totimbili ubuye uyibambe futsi ngetandla totimbili.
- Yishaye ngesandla sinye ubuye uyibambe futsi ngaleso sandla.
- Yishaye ngalesa lesinye sandla ubuye uyibambe futsi ngaleso sandla.
- Mani endilingeni. Phosa ibhola yethenisi
- Mani endilingeni wendlulisele ibhola kulomuntfu loseceleni kwakho usebentisa tandla totimbili.
- Yendluliselala ibhola kulomuntfu loseceleni kwakho usebentisa sandla sinye.
- Sebentisa sandla sakho lesinye wendlulise ibhola iye kulomuntfu loseceleni kwakho kulela lelinye licala.

Bewati-nje?

Cishe tonkhe tinja titsandza kudlala ngebhola.
Kodvwa kufute uphutfume ngoba tinja tiyatsandza kubamba ibhola tigijime nayo tibaleke.



Thishela:
Sajina:
Lusuku:

Tinakekelwa njani tilwane tasekhaya



Asikhulume

Kumcoka kunakekela tilwane tetfu tasekhaya.

Ithemu 3 – Liviki 3

Coca nemngani wakho ngalokudzingwa tilwane tasekhaya. Ticabange ungulesilwane sasekhaya umngani wakho lasidvwebe ekhasini 11. Cabanga ngalongakudzinga. Ungacabanga ngalokufana nekudla nendzawo yekulala. Nyalo-ke cocela umngani wakho. Phindza ukhulume ngaloko langakwenta nakwenteke ugula.



Asibhale

Faka luhawu (✓) edvute kwentfo ngayinye ledzingwa silwane sasekhaya.

Kudla

Emanti

Inhlama yekucubha

Indzawo lefutfumele, leyomile yekulala

Dokotela wesilwane
nasigula

Liholide



Asente loku

Dvweba tindzawo tekuhlala letingadzingwa nguletilwane. Chubeka ubhale ligama lesibita ngalo bantfwabato.

Silwane	Indzawo yekuhlala	Ligama lemntfwanaso
		<hr/>
		<hr/>
		<hr/>



Lusuku:



Asente loku

Fundza umusho ngamunye ucabange ngekutsi ungaativa njani nekutsi ungaatsini futsi wenteni. Khombisa loko longakuva naloko longakusho. Thishela wakho utakutjela kutsi wente kuphi.

- Utitsatsele silwane sasekhaya lesisha.
- Likati lakho linyamalele.
- Inja yakho seyidle intsandvokati yelithoyizi lakho.
- Umngani wakho ucala injá.
- Ubona injá ikhiyelwe emotweni levaliwe.



Asinyakate

Lalela letigci letehlukene thishela wakho latatidlala. Lingisa silwane lesihamba ngesigci salengoma.



Uma ingoma ipholile,
ntjentjemuka
njengeluvivane.



Uma ingoma imemeta,
hamba njengendlovu.



Asikhulume

Fundza lokubhalwe ngentasi ngaletitfombe letimbili. Cocela umngani wakho ngelikati.



Logwaja nguSagundvwane.
Ematinyo abosagundvwane
akayekeli kuhula.

Umnyaka munye wemuntfu
ulingana neminyaka lesi-7 yenja.
Uma injá ineminyaka lemi-3,
kufana nekutsi ineminyaka
lengema-21 emuntfu.

Thishela:
Sayina:
Lusuku:



Asitijabulise

Dlalani umdlalo "Likati neLigundvwane". Thishela wakho utanitjela kutsi ngubani likati ngubani ligundvwane. Niketanani ematfuba.



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Ithemu 3 – Liviki 4

Kutiphatsa netibopho



Lamagama akhomba imbeko lenhle. Imbeko yetfu yindlela lesiphatsa ngayo labanye bantfu. Imbeko yetfu ikhomba kutsi sibahlonipha kanganani labanye bantfu.

Siyakutsakasela kukhuluma nalomunye umuntfu lonembeko lenhle. Kumnandzi futsi kuba ngumngani wemuntfu lonembeko lenhle.

Sinemtfwalo wekuhlala siphatsa labanye bantfu kahle. Kungako sonkhe ngamunye kufute sibe nembeko lenhle.



Lusuku:



Asikhulume

Bukisisa letitfombe. Chubeka ufundze emagama emabhokisini. Coca nemngani wakho ngaletitfombe. Cocani ngekutiphatsa kahle noma kabi labantfwana labakukhombisako.



Kusile
Make!



Yabelana
nalabanye.

Ngabe ukhohlwe
kudla kwakho?
Ungatsatsa lokunye
kwami.



Khombisa umusa.



Ngibonga kakhulu
kungilalela
ngesizotsa.



Ngicolele Make,
bengifuna kubuka
ivasi yakho lendzala.
Ngibese ngiyayiwisa
nyalo seyiphukile

Kunjani, Busi. Ngitfole
sikhwama sakho sishiyewe
ngaphandle. Asetsembe
kutsi kute lotsetse
emakhilayoni akho.



Lalela labanye.



Tsembeka



Hlonipha labanye bantfu

Hlonipha tintfo talabanye bantfu.

Bingelela bantfu lobatiko kanjalo netihambi.



Siyachubeka nekutibophelela

Asibhale

Bukisia letitfombe bese ufundza lemisho emabbokisini.

Dweba umugca usuke emshweni losibopho ucondzane nesitfombe lesifanele.



Ngiyasita kugcina
indlu yakitsi ihlobile.

Ngingumngani
lolungile ngisita
labanye.

Ngikhombisa
umndeni wami kutsi
ngiyawutsandza.

Ngidlala kahle
ngemathoyizi
emngani wami.

Ngiyatinekekela
mine netintfo tami.

Ngisita babe wami
kudeka litafula.



Lusuku:



Ase siddale

Lingisa ukhombise imbeko
nekuhlonipha ngekutsi:

- ubingelela bantfu lobatiko nalongabati
- lindzela litfuba lakho
- lalelisa kahle lomunye
- wabelana nalomunye
- ube nemusa kulabanye
- wetsembekile ngalokutsite
- ukhombisa kuhlonipha tintfo talabanye
- ukhombisa kuhlonipha labanye.



Asente loku

Dwweba sitfombe
sakho ukhombisa
bungani kulabanye.



Asinyakate

Lalela uma thishela wakho akutjela kutsi zuba, qijima nobe khasa.

Thishela utawushaya indweba ngembi kwemlayeto lomusha ngamunye.

Nyakata ngesivinini nobe ungasheshisi uma thishela wakho akutjela loko.



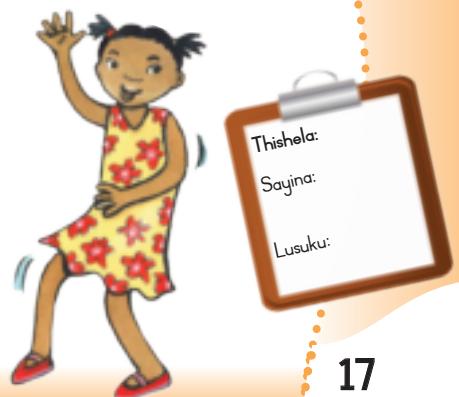
Ase siddale

Dlala mkoko ngemlente wakho lobutsakatsaka.

Nguyiphi imbeko lenhle nalebalukile uma udlala mkoko?

Lingisani kukhombisa imbeko nekuhlonipha
ngakunye kwaloku:

- umndeni wakho
- umsebenti wenu wesikolo
- imisebenti yenu yasekhaya
- kudla lenikutfola mihla yonkhe
- timphahla lenitigcokako
- emathoyizi enu
- bangani bakho



Kungani sidzinga tilimo

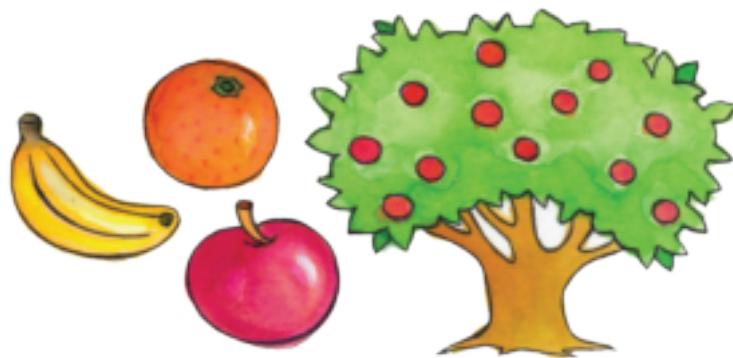
Ithemu 3 – Liviki 5



Buka lapho uhleti khona. Ngutiphi tintfo lotibona tipuma etintfweni letitilimo? Coca nemngani wakho nibone kutsi nine nobabili ningacabanga tingaki. Tjela thishela wakho kutsi nicabange tingaki tilimo.



Letinye tilimo netihlahla
tisipha umtfunti.



Letinye tilimo tisinika
ijusi nekudla.



Letinye tilimo tisipha timbali
lesitibeka emakhaya etfu.



Letinye tilimo netihlahla
tiniketa umtfunti etilwaneni.





Lusuku:

Sidzinga tjani benkhundla
yetfu yemdlalo.



Sisebentisa kotini
kwenta timphahla.



Sisebentisa umhlanga kwakha
emabhasikidi nekufulela
luphahla.



Sisebentisa tilimo netihlahla
kwakha ifenisha.



Asikhulume

Wena nemngani wakho, khetsani tindlela letintsatfu
letimcoka kakhulu lokusetjentiswa ngato tilimo.

Singatenta yini tihlahla kutsi tife uma sitisebentisa
kakhulu? Cocisanani ngalombuto liklasi.



Indlela tilimo letibukeka ngayo

Tilimo takhiwa tincenyе letehlukene. Sebentisa emagama lasemabhokisini kukhomba tincenyе taletilimo. Catsanisa emagama akho newemngani wakho.

Ithemu 3 – Liviki 5



Asibhale

timphandze

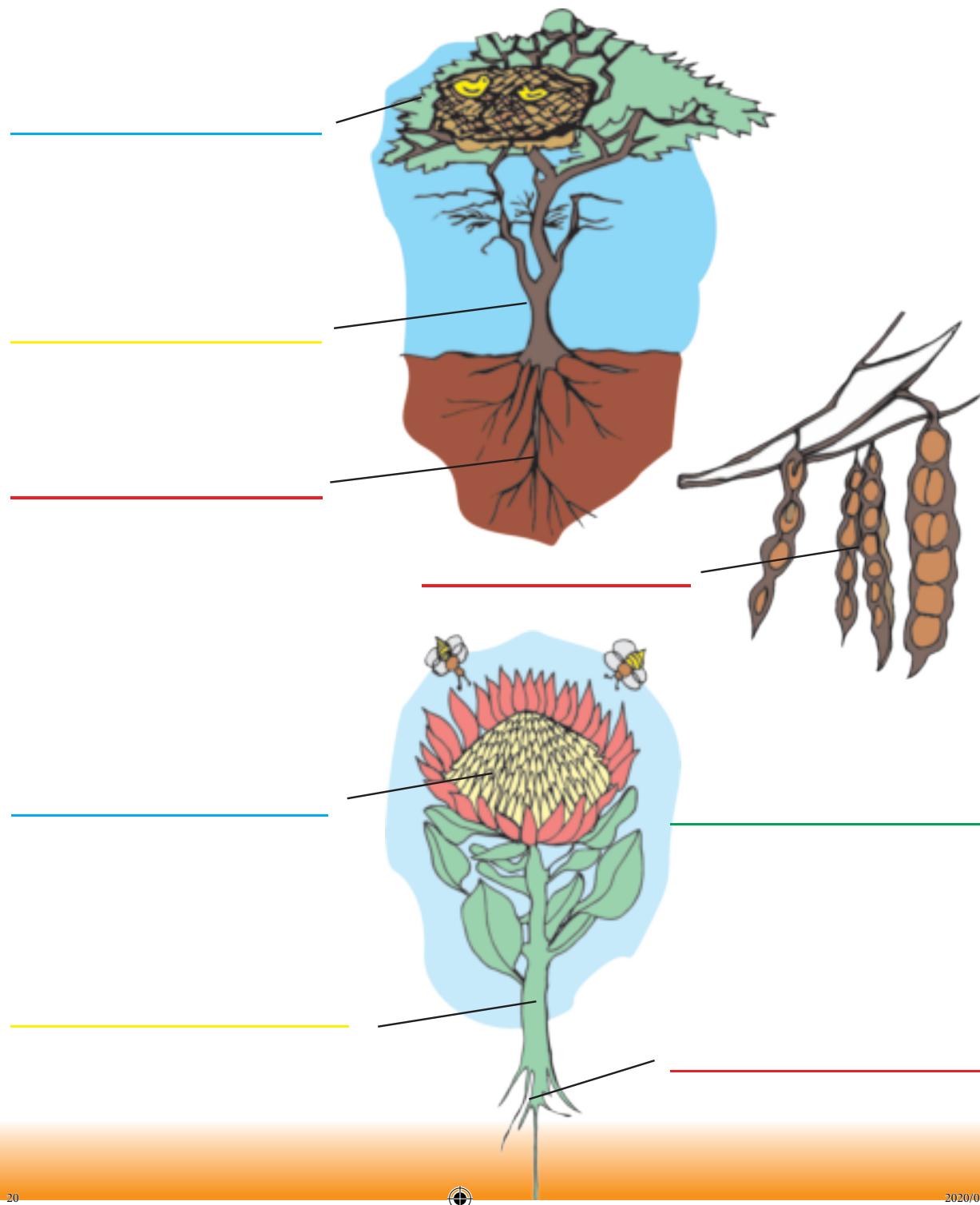
imbali

sicu sesihlahla

umbhede wekutjala imbewu

licembe

sicu





Lusuku:



Asinyakate

Hlukanisa liklasi ngemacembu emabhungane engadzini nebalimi.

- Balimi kufanele bazame kuvimba nobe kubamba emabhungane.
- Ntjintjanisa ematfuba tekudlala emva kwemizuzu lemi-2.
- Phindzani tikhatsi letimbalwa.



Ase sidlale

Dlala mabhacelana.

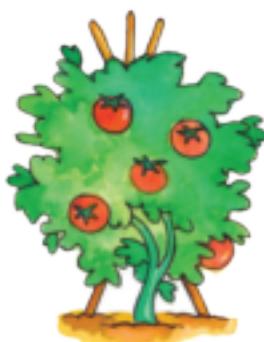


Emabhungane abhaca ngaphasi nobe ngemuva kwetitjalo ngako-ke
balimi kufute batitfole ngembi kwekutsi tidle tonkhe tilimo.



Asikhulume

Tinhlobo letehlukene titjalo tibukeka tingafani. Kodywa tibuye tifane
futsi ngetindlela letinyenti. Ase ubuke letifombe. Coca nemngani
wakho ngaletilimo
Yini lefanako futsi yini leyehlukile?



Asente loku

Dvweba nobe penda
libhungane noma silwanyana
lesifuna kudla sihlahlah sakho
selibhontjisi. Akudzingeki
kube libhungane mbamba.
Sebentisa umcondvo
wakho-nje. Dvweba nobe
upende titfombe ngemigca
lekhanyako, nalegcamile.



Thishela:
Sajina:
Lusuku:



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Ithemu 3 – Liviki 6

Inhlanyelo nalapho ivela khona



Letinye tilimo tinetimbewu letibhace etimbalini nobe etitselweni.

Singayihlanyela lembewu kutjala tilimo letinsha. Imbewu iyahhohloka etitjalweni kute imile ibe titjalo letinsha. Lenye imbewu isakatwa ngumoya nobe bantfu, tilokatana naletinye tilwane. Letinye tenhlanyelo tidliwa tinyoni bese kutsi incenye yayo lelukhuni iphume nemangcoliso. Lenhlanyelo lesakateka ngalendlela iwela kuletinye tindzawo imile khona.



Isabalala njani inhlanyelo kulesitfombe ngasinye? Kumele imbewu ibe njani kute ihambe ngalendlela? Coca nemngani wakho.



Uma ufunu kuhlanyela takho tilimo usebentisa imbewu, ungasebentisa imbewu yetilimo letisengadzeni yakho. Nobe ungatsenga imbewu esitolo.





Lusuku:



Asikhulume

Fundza lenkondlo nemnyakato.

Imphilo yetitjalo

Lena yimbewana:

Ase siyitjale ngekushesha emhlabatsini!

Ichuma sicutembala

Ineliphunga lelimnandzi yonkhana.



Bonyosi manyakata bandiza embalini

Masinyane, yafa nje imbali lenhle.

Kodvwa, ungetfuki, ungakhali futsi.



Bona, kute lokukhalako endalweni.

Bukisisa, bona, kwenteka timanga:

Imbali ifile, kodvwa seyendlale

Sicu sayo lesifile kanye nemacembe

lahhwabile

Imbewu lephilako ilindzile emhlabatsini!



Asinyakate

Khombisa injabulo yakho ngalemnyakato

Bamba indwangu lenembala nobe iribhoni
lendze ngesandla sakho lesisebenta ncono.

Hambisa umkhono wakho, yenta emaphethini
lehlukene emoyeni nobe phasi ngendwangu
nobe ngeribhoni yakho. Cala usebentise
sandla sakho lesisebenta ncono bese uya
kulesibutsakatsaka. Ungabuye ukwente
ngesigci sengoma loku.

Uma kukhona sihlahla, buka kutsi sisibentisa
njani kudlala. Jinka ngentsambo leboshwe nko.
Cale ukwente ngetandla totimbili, bese kuba
ngesandla sakho lesisebenta ncono futsi kube
ngesandla sakho lesibutsakatsaka.



Emanotsi athishela:
Sebentisa intsambo,
indwangu neribhoni.

Thishela:
Sayina:
Lusuku:

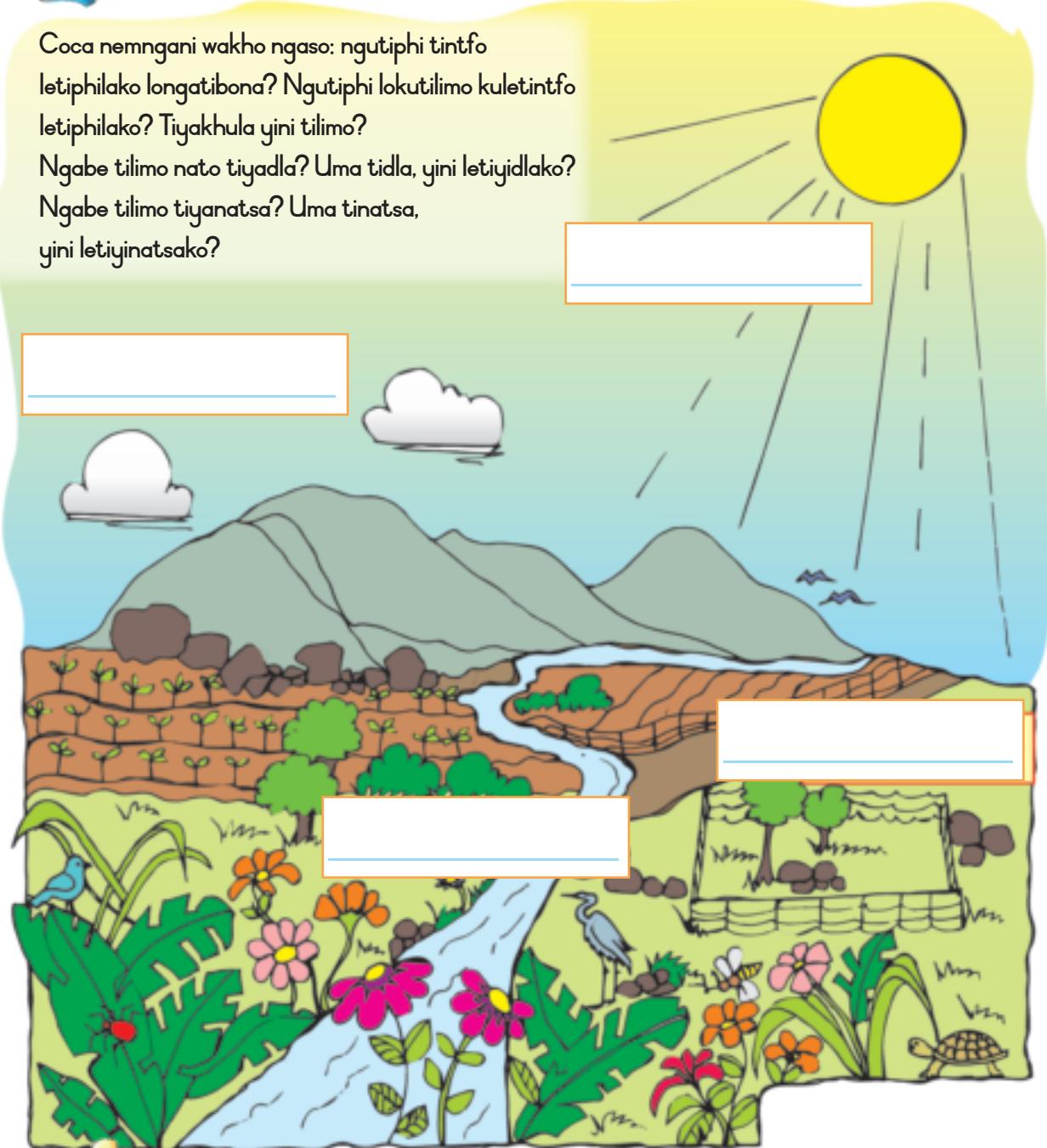
Lokudzingwa tilimo kute tikhule



Asikhulume

Buka lesitfombe. Ngabe konkhe lokulapha kuyaphila?

Coca nemngani wakho ngaso: ngutiphi tintfo
letiphilako longatibona? Ngutiphi lokutilimo kuletintfo
letiphilako? Tiyakhula yini tilimo?
Ngabe tilimo nato tiyadla? Uma tidla, yini letiyidlako?
Ngabe tilimo tiyanatsa? Uma tinatsa,
yini letiyinatsako?



Asibhale

Sebentisa emagama langentasi kugcwala emabhokisini lasesitfombeni
lesingenhla.

kukhanya kwelilanga

emanti

umsoco

umoya



Lusuku:



Asente loku

Kulula kutjala titjalo takho. Utawutjala silimo selibhontjisi.

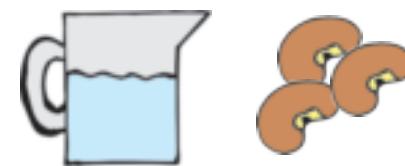
Sinyatselo 1:

Mbonya emabhontjisi lama-
3 emkhatsini wetincenye
leti-2 takotini wavolo.

Kubeke esosweni nobe endishini lengenalutfo
ekhatsi.



Utawudzinga:

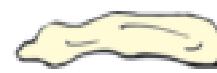


emanti

emabhontjisi



indishi
yekuphatsa



kotini wavolo

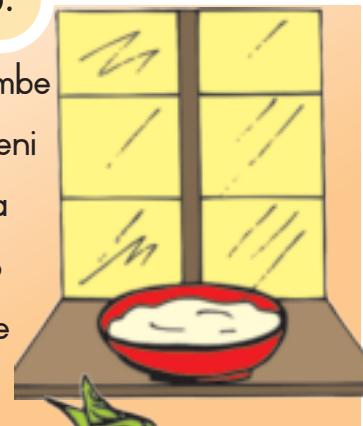
Sinyatselo 2:

Tsel a emanti etu
kwakotini wavolo
ucinisekise kutsi uba
manti nte!



Sinyatselo 3:

Beka lelisoso kumbe
indishi entsendzeni
yelifasitelo noma
endzaweni lapho
kufinyelela kahle
khona lilanga.



Sinyatselo 4:

Emva kwemalangana,
bona kutsi sikhula
njani silimo sakho.
Nisela kanye ngeliviki.

Lilanga 1



Lilanga 2



Lilanga 3



Lilanga 4

Sinyatselo 5:

Nangabe sitjalo sakho
sichuma timphandze,
nemacembe lamabili
ungasitjala-ke emhlabatsini
lotsambile.



Sinyatselo 6:

Nisela silimo sakho kanyentana nje. Emva
kwemaviki lambalwa, utawukhona kukhulula
emabhontjisi akakho nawe.



Kudla lesikudlako



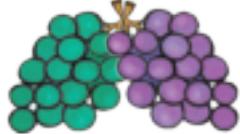
Asifundze

Kudla lokuhle kusipha emandla njengaphethiloli lowenta imoto ihambe. Sidzinga kudla lokunemphilo kute sikwati kwenta kahle tintfo malanga onkhe. Kudla lokunemphilo kusinika emandla futsi kusisite sikhule.



Asibhale

Ase ubuke letitfombe. Bhala ligama lenhlobo ngayinye yekudla ngentasi kwesitfombe lesingiso.



Asibhale

Ngukuphi kudla lokutsandza kakhulu? Ngukuphi-ke longakutsandzi kangako? Kubhale ngaphasi kwetihloko letifanele. Khetsa kuletitfombe letingenhla.

Kudla lengikutsandzako

Kudla lengingakutsandzi



Lusuku:

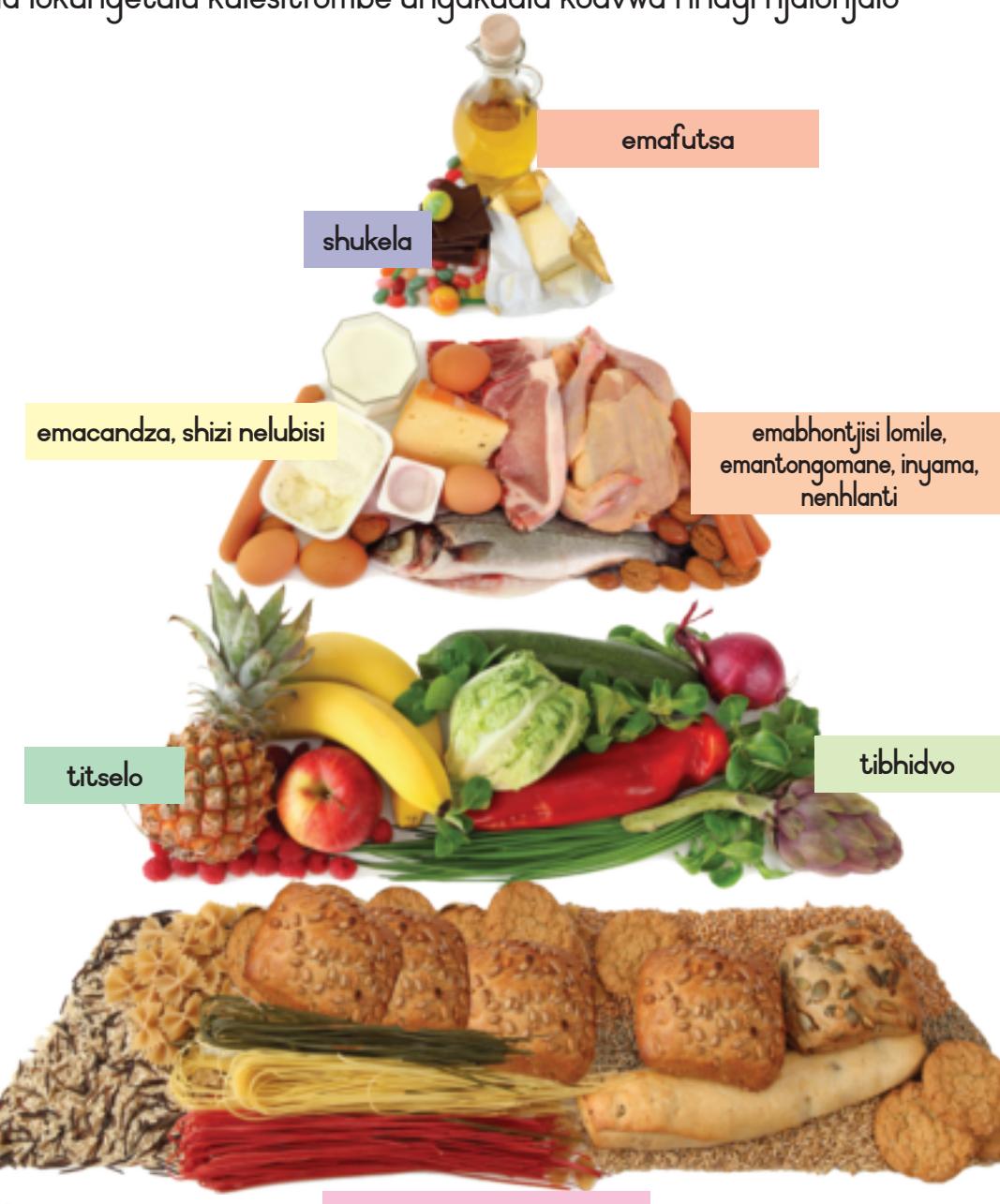


Asifundze

Kudla singakwehlukanisa ngemacembu la-7.

Kulesitfombe lesingentasi kune kudla longakudla emahlandla lamanyenti.

Lokudla lokungetulu kulesitfombe ungakudla kodvwa hhayi njalonjalo



Asikhulume

Cocani niliklasi

Kungani sifanele kukudla kancane kudla lokusetulu eluhleni lwestfombe bese sikudla kakhulu lokungephasi?

Thishela:
Sayina:
Lusuku:

Lapho kuvela khona kudla lokwehlukene



Asifundze

Balimi bahlanyela titjalo babuye bafuye tilwane kute sitfole kudla.

Singakupheka lokudla futsi singabuye sihlanganise tinhlobo letehlukene tekudla.



Sinkhwa nemasireli
abuya kukolo.



Emacandza siwatfola
etinkhukhwini.



Sitfola lubisi nenyama etinkhomeni.
Sakha iyogathi nashizi ngelubisi.



Titselo timila etihlahleni nasetitjalweni.



Sisebentisa ummbila
kwenta imphuphu.

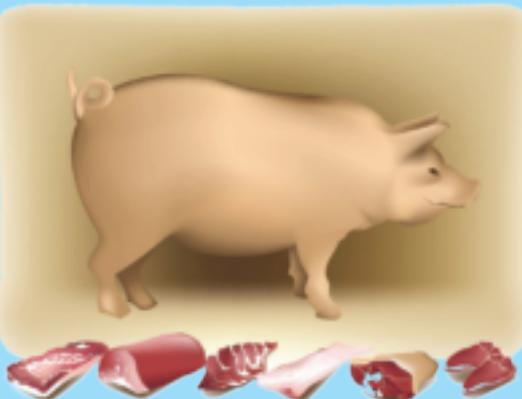


Luju lona lubuya etinyosini.

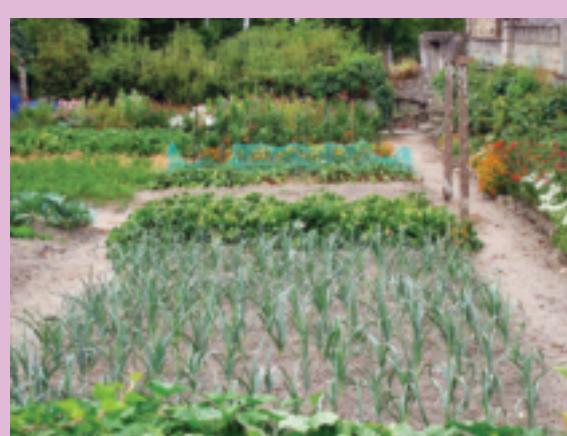
Lusuku:



Shukela wentiwa
ngemoba.



Inyama nebhekhoni siyitfola
etingulubeni.



Tibhidvo singatitjala
etingadzeni tetfu.



Asente loku

Hlabela lengoma
nathishela wakho.

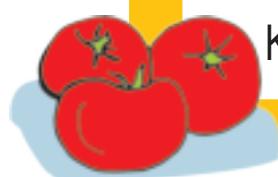


Emahhabhula, emagwava nabhanana



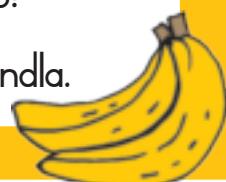
Emabhontjisi emaphizi nemazambane

Kukhulisa imitimba yetfu icine.



Kungenta ngilungele kusebenta

Ngidla kudla lokunemphilo!



Kungigcina ngicinile nginemandla.



Thishela:
Sayina:
Lusuku:

Kudla lokunemphilo nalokute



Asifundze

Kudla lesikutsandzako akuhlali kungulokusilungele. Kulesinye sikhatsi singatsandza lokutsite kantsi akukasilungeli. Kantsi kulesinye sikhatsi asikutsandzi lokutsite kube kusilungele kakhulu.

Kodvwa-ke, kudla kakhulu nobe ngabe ngukuphi kudla lokunyenti akukavami kuba ngulokusilungele.

Ngako-ke akunamphilo kudla kakhulu nobe ngabe yini.

Ubodla ute utive sewesutsi bese uyema. Ungabolibala kudla kakhulu kudla nje ngoba wena uyakutsandza.



Asente loku

Sika titfombe tekudla lokunemphilo nalokute imphilo kubomagazini utinamatsisele etikoteleni letifanele. Uma wehluleka kutfola titfombe, kudvwebe lokudla.



Kudla lokunemphilo



Kudla lokute imphilo



Lusuku:



Asibhale

Sebentisa lokufundze ngekudla kubhala luhlelo lwakho lwekudla.

Kudla kwekuseni

Kudla kwemini

Kudla kwakusihlwa

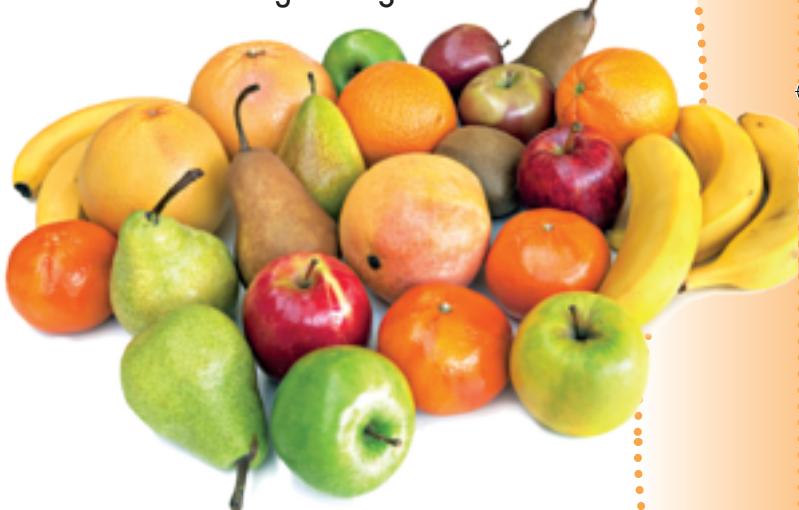


Asente loku

Sitakwenta isaladi yetitselo. Landzela lemilayeto lengentasi.

Utawudzinga loku:

- Titselo letehlukene
- Indishi lenkhulu
- Umukhwa nesipunu



Landzela letinyatselo:



- Geza titselo.
- Ticate nakunesidzingo (njengemawolintji).
- Ticobe ticucu letincane. (Cela lomdzala akusite.)
- Didiyela titselo endishini.



Kulondvolota kudla

Ithemu 3 – Liviki q



Buka lesitfombe.

IKHALENDÀ 2015

INYONI

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
			24	25	26	27



Yini loyinakako ngaletinsuku? Sisengakudla lokudla? Ucabanga kutsi kutakwente kani kulokudla?



Kudla lokusha akuhlali kukusha sikhatsi lesidze. Letinye titselo netibhidvo tisheshe tibune bese tiyabola. Inyama, inhlanti naleminye imikhicito yelubisi kusheshe kubole. Ngeke sikhone-ke kukudla. Yini lesingayenta kugcina kudla kukusha sikhatsi lesidze?

Indzawo lephephile yekonga kudla kusefriji. Kodvwa lokunye kudla kungonakala nanobe komiswe ngelichwa nobe kusefriji sikhatsi lesidze kakhulu. Kunetindlela tekugcina kudla lokunye kukusha.



Lusuku:



Asikhulume

Buka letitfombe. Coca
nemngani wakho ngato.
Ngutiphi tindlela
lekungalonvolotwa ngato
kudla?

Ungaticabanga nje letinye
tindlela lettingavikela kudla
kungaboli? Coca nemngani
wakho ngato. Shano tibonelo
utjеле liklasi.



Asibhale

Bukisisa letitfombe lettingentasi bese ufundza emagama emabhokisini. Chubeka
ubhale linye lalamagama lettingentasi kwesitfombe ngasinye lesihambisana
neligama.

Lokusha	Esikoteleni	Kukomisa	Kukomisa ngelichwa

Thishala:
Sayina:
Lusuku:



49

Tinhlobo temakhaya (1)

Ithemu 4 – Liviki |



Likhaya lakho yindzawo
lohlala kuyo.

ENingizimu Afrika bantfu
bahllala etinhlotjeni
letehlukene temakhaya.
Ungalitfolaphi lelo nalelo
khaya kulawa?





Lusuku:



Asikhulume

Buka letifombe ngentasi. Coca nemngani wakho ngetintfo letifanako kuwo onkhe emakhaya. Ubese-ke ukhuluma ngaletintfo letehlukile. Ngukuphi lokunyenti: tintfo letifanako noma tintfo letehlukene?



Asente loku



Sebentani emacenjini. Tfolani libhokisi lesicatfulo, nobe lenye inhlubo yelibhokisi. Lipendeni libukeke njengendlu. Yakha umfanekiso wakho ngelubumba (nobe lubumba lwekulalala) wente lokutsite ngaphandle dvute kwendlu.

Thishela:
Sayina:
Lusuku:

Tinhlobo temakhaya (2)

Ithemu 4 – Liviki I



Asente loku

Ase ucabange ngetinhlobo letehlukene temakhaya loke watibona lapho uhlala khona noma etindzaweni loke wativakashela. Dvweba titfombe tetinhlobo letimbili letehlukene temakhaya loke watibona.



Asikhulume

Emanotsi athishela:
Thishela wakho utawulalela
imibono yenu.

Endlini lekahle lecinile asivami kuva kubandza kakhulu kumbe kushisa kakhulu. Asiyiva imvula nobe umoya. Bantfu labanyenti abakavikeleki kanje. Khuluma nemngani wakho ngekutsi bantfu bativikela njani uma bangahlali etindlini.



Asinyakate

- Lula sandla kufika ekugcineni kute upende lumphahla lwendlu yakho.
- Guca phasi utjale tilimo engadzeni yakho.
- Lula imikhono yakho kabanti kuvula emafasitelo endlu yakini. Bese uvala onkhe emafasitelo.
- Gobondzela ususe lukhula engadzeni yakho.
- Shanyela phasi ngemshanyelo lomudze.
- Geza emafasitelo ngendvwangu.

Lusuku:



Emanotsi athishela:

Lalela lesigci thishela wakho lasidlala esigujini.
Hambisana nesigci. Uma thishela wakho agucula
sigci, gacula sivinini semnyakato wakho.
Lalelisisa!



Thishela:
Sayina:
Lusuku:

Tintfo letakha emakhaya lehlukene



Sisebentisa tintfo letehlukene kwakha tindlu. Buka letitfombe letingentasi.

Ithemu 4 – Liviki 2



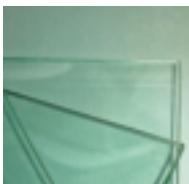
titini

emathayili

ngcwengcwe

semende

lucunga/umhlanga



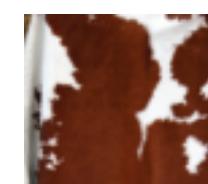
emagilasi

tingodvo

emapulango

ematje

liseyila lelithende



ipulasitiki

lubumba/ludzaka

insimbi

tikhumba

sihlabatsi



Coca nemngani wakho ngaletintfo letehlukene.

Ngukuphi lokubuya efektri?

Kubuyaphi loku lokunye?

Cocela liklasi kutsi letindlu lotibona endleleni nawuya esikolweni takhiwe ngani.

Emanotsi athishela:
Thishela wakho angenta
luhla ebhodini.



Asente loku

Kulolo nalolo luhlobo lwendlu dvweba
umugca uye entfweni lolwakhiwe ngayo.

Lusuku:

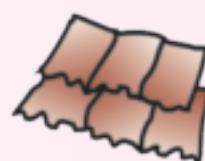
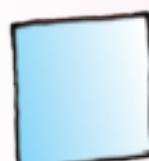
Emanotsi athishela:
Thishela wakho utawutsatsa
tincwadzi tenu
tekusebentela atibukete.



Luhlobo lwendlu



Tintfo tekwakha



Thishela:

Sajina:

Lusuku:



52

Emakhaya nesimo selitulu



Ithemu 4 – Liviki 2

Emakhaya agcina bantfu baphephile etinhlotjeni letehlukene tesimo selitulu.

Tingasivikela emisebeni lehisako yelilanga. Tibuye tisivikele emakhateni, emoyeni nasetimvuleni.



Bewati nje kutsi bantfu emaveni labandzako badzinga kwakha tinhlobo letikhettsekile temakhaya njengaleli lelingentasi?

Leli libalave leGreenland, lokulive lelibandza kakhulu.



Lena
yi-ayiglu

Labanye besive sema-Inuwithi labahlala etindzaweni letinesitfwatfwa lesinyenti nelichwa bakha emakhaya asebusika ngetitini telichwa.

Lelichwa liliguma lekuvika emakhata.

Lamakhaya abitwa ngekutsi ngema-ayiglu.



Lusuku:



Asente loku

Ecenjini, lingisani kutsi ningayakha njani indlu.

Khetsani kutsi kutawuba yindlu lenjani.

Nitawusebentisa tiphi tintfo tekwakha?

sivalo

Bani utakwenta ini? Yini

tindlu letingakahlelwa

lotayenta kucala?

indlu yesitezi sinye

emakhaya esintfu

Yini lotayenta ekugcineni?

nobe letimbili

tindlu letakhiwe ngetingodvo

Sebentisa lamanye alamagama.

titini

lubondza

pendi

emafulethi

luphahla

shimela

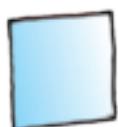
lifasitelo

semende



Asifundze

Hayani lenkondlo njengencenye
yemdlalo-mbukiso wenu:



Yakha, yakha indlu yakho lensha-sha!

Letsa titini, kala lolwa bondza

Betsela leso sipikili, shwila leso sikulufelo –

Letsa umpheme sibhacele lilanga.

Yakha, yakha indlu yakho lensha-sha!

Letsa sihlabatsi netivalo nemathayili

Letsa emanti, bhuca semende –

Letsa umpheme sibhacele imvula.



Thisela:
Sayina:
Lusuku:

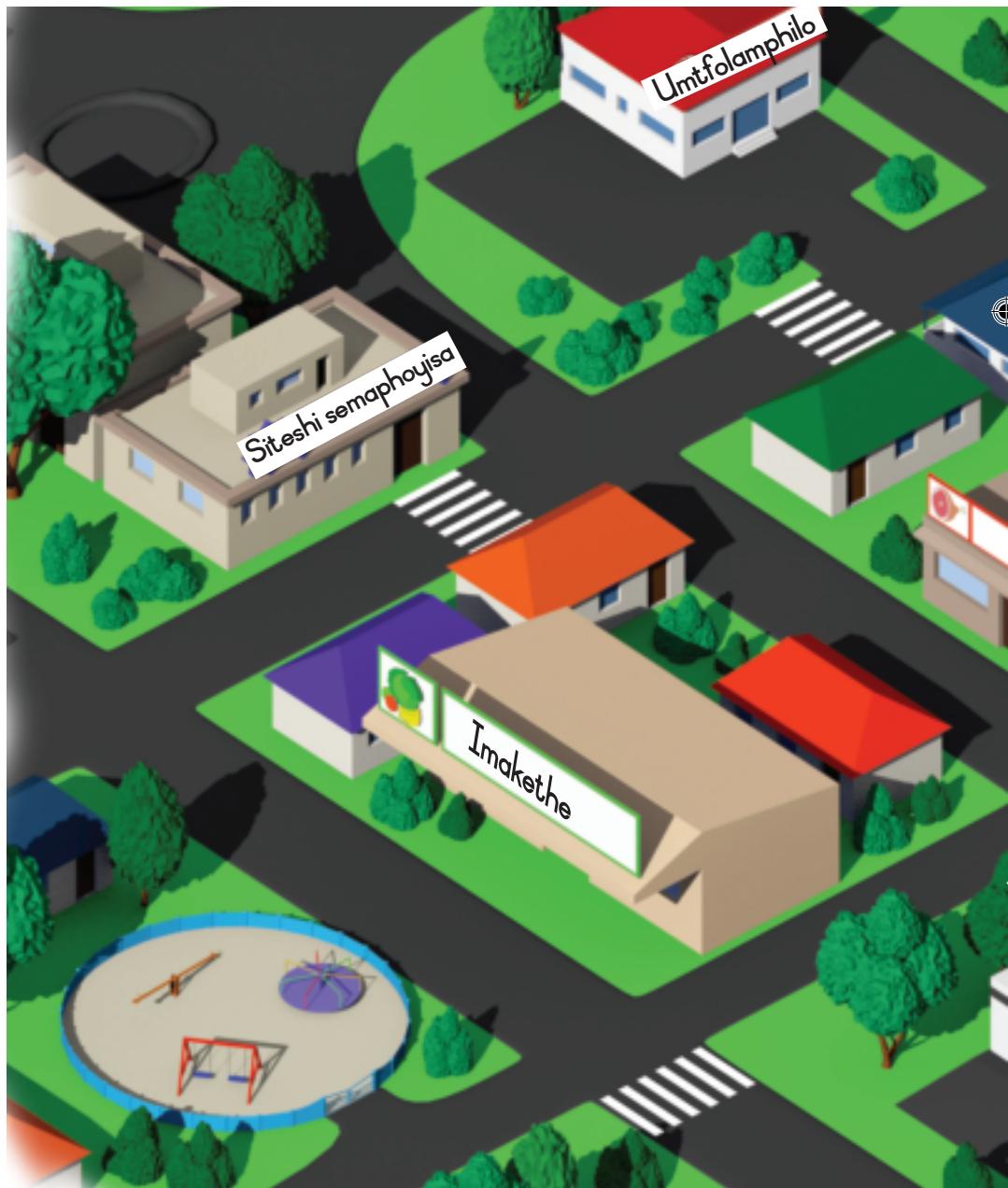
Kutfola tindzawo netintfo (1)



Ithemu 4 – Liviki 3

Kunetinhlobo-nhlobo temabalave. Kukhetsa libalave lelingilo kufute sati kutsi sifuna kulisebentisela ini lelibalave. Emabalave emgwaco asisita kutfola titaladi netindzawo edolobheni nobe edolobhenilamakhulu.

Balimi batsandza emabalave lakhombisa tintfo letinjengemadamu, imifula nemagcuma.





Lusuku:



Asente loku

Cocani nemngani wakho ngalemibuto. Dvwebani indilinga ibiyele letindzawo kulesitfombe kulamakhasi lamabili.

- Ungatitfola kuphi tincwadzi tekufundza?
Ungabika kuphi nakuntjontjiwe?
Ungaya kuphi nawugula?
Ungakutsenga kuphi kudla?
Ungayimela kuphi ibhasi?
Ungaweca kuphi umgwaco lapho kuphephe khona?

Emanotsi athishela:
Thishela wakho utawufundza
umbuto ngamunye, bese
nitfola imphendvulo.



Thishela:
Sajina:
Lusuku:



Kutfola tindzawo netintfo (2)



Buka lomvila esitfombeni selibalave lemgwaco Jama lawulandzelako kusuka ekhaya kubo kuya esikolweni sakhe.

Chazela umngani wakho kutsi Jama ulandzela umvila muphi.
Sebentisa lamanye alamagama:

ngetulu

kwengca

nge

ngetulu kwe

ngaphasi

Angawela ngakuphi umgwaco ngekuphepha
umngani waJama longaboni?





Lusuku:



Asinyakate

- Beka intsambo lendze phasi.
- Utawuhamba kulo "mgwaco."
- Yani phambili, emuva nasemaceleni uhamba etulu kwentsambo.
- Yani phambili uhamba etulu kwentsambo ubeke tandla takho etulu kwenhloko.
- Hamba nyova etulu kwentsambo, ubeke tandla takho ngemuva emhlane.
- Hamba uye emaceleni uhamba etulu kwentsambo, ubeke tandla takho elukhalo.



Asifundze

Usebente njani? Uma ukhonile kwenta yonkhe iminyakato kahle, faka umbala ebusweni lobumamatsekile. Uma ungakakhoni kwenta iminyakato, faka umbala ebusweni lobukhatsatekile.

Kantsi nawukhone kwenta leminte iminyakato, faka umbala ebusweni lobusemkhatsini.

Ngikhonile kuya phambili nasemuva ngihamba etulu kwentsambo.			
Ngikhonile kuhamba ngiye emaceleni ngihamba etulu kwentsambo.			
Ngikhonile kuya phambili ngihamba etulu kwentsambo ngibeke tandla tami enhloko yami.			
Ngikhonile kuhamba nyova ngihamba etulu kwentsambo ngibeke tandla tami ngemuva emhlane.			
Ngikhonile kuhamba ngiye emaceleni ngihamba etulu kwentsambo ngibeke tandla tami elukhalo.			

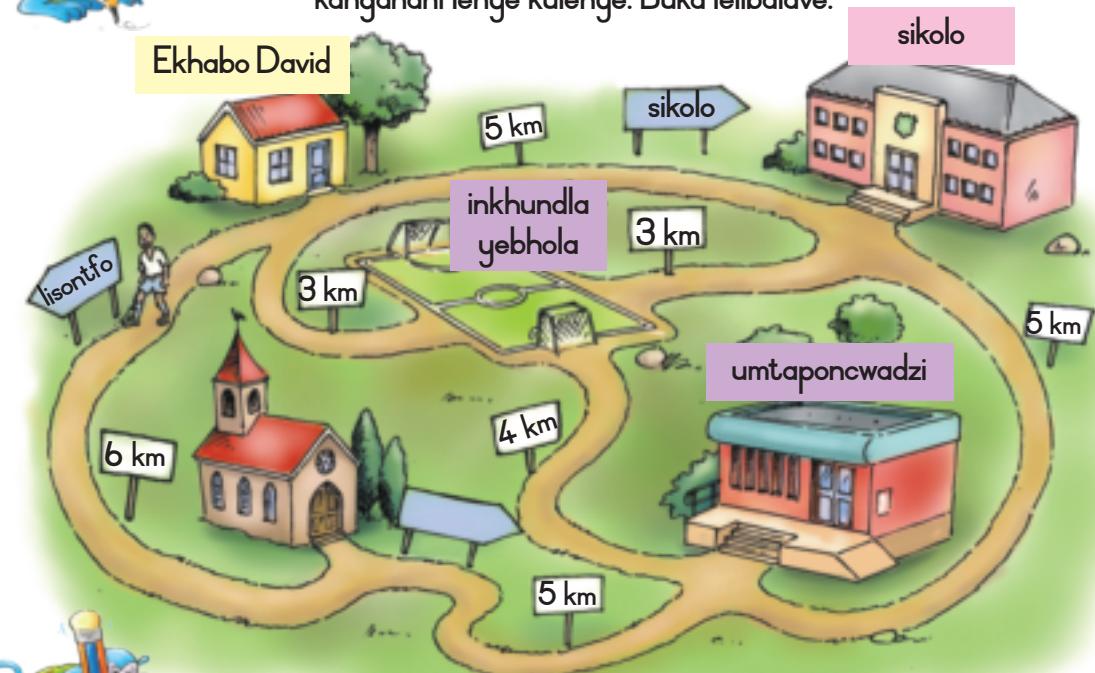


Kutfola indlela

Asibhale

Emabalave etifombe asisita kubona kutsi tindzawo tikhashane kanganani lenye kulenye. Buka lelibalave.

Ekhabo David



Asibhale

Phendvula lemibuto. Ungacela umngani wakho akusite.

Dvweba indilinga lapho ubona khona **km**.

Tingaki tindilinga lonato?

David uhamba kusuka esikolweni aye kumtaponcwadzi.

Ubonani dvutane nemtaponcwadzi?

Ubone lumphawo luni endleleni?

David uhambe libanga lelidze nganani?

Ngusiphi sakhiwo langasibona David nakeme phambili kwesivalo semtaponcwadzi?

David ulambilile. Ufuna kufika ekhaya. Tfola indlela lemfisha kakhulu kusuka emtaponcwadzi kufika ekhaya lakubo.

Ngabe inkhundla yebhola yindzawo lesedvute kakhulu nelikhaya lakubo?

Emanotsi athishela:
Njalo, tivele unesibindzi
kutjela thishela wakho uma
kukhona longakuboni
kahle.

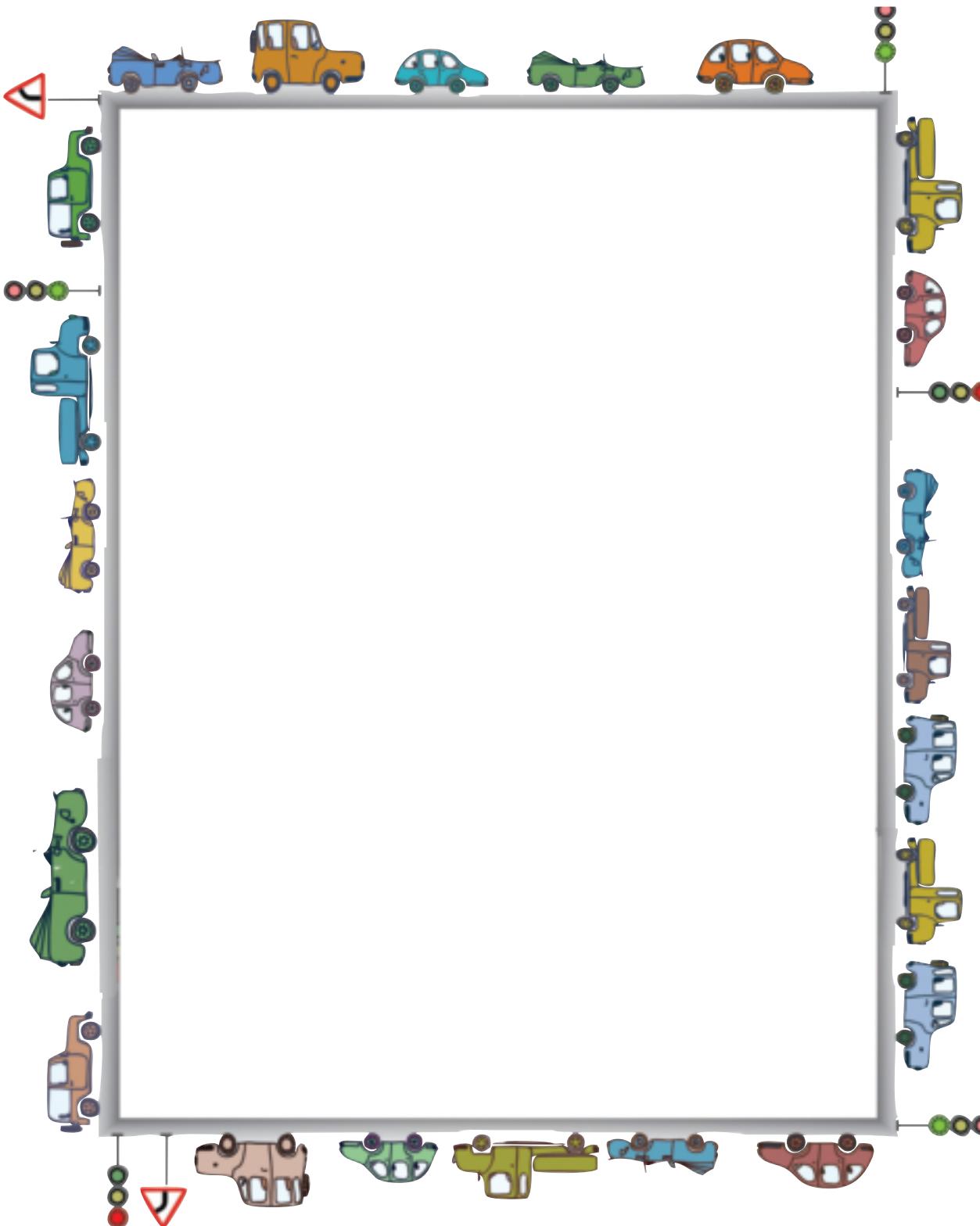


Lusuku:



Asente loku

Dvweba lakakho libalave-sitfombe lemvila lowuhambako emkhatsini wetindzawo leti-2. Ungakhetsa noma tiphi njie tindzawo leti-2. Nawucedza, ungakhombisa bangani bakho libalave lakho. Khombisa umngani wakho libalave lakho umcele akuchazele lomvila lowuhambako. Bona kutsi ukwenta kahle yini loku. Tjela thishela wakho uma umngani wakho akwente kahle loku.



Kutfola tigameko endzabeni

Ithemu 4 – Liviki 4



Asente loku

Thishela wakho utanifundzela
indzaba ngaGundi. Lalelisisa.
Landzela umvila wakhe kubalave
encwadzini yakho.

Emanotsi athishela:

Thishela wakho utayifundza futsi
bese ubhala tiphambano (X)
etindzaweni.



NgeMigcibelo Gundi udlala nebangani bakhe epaki (X).

Langa limbe ekuseni unina utsi: "Gogo uyagula. Ungasita umhambisele naku
kudla?"

Gundi utsetse sikhwama sakhe lesikhulukati sekudla. Kodvwa utsite nakaphuma



Lusuku:

nje esangweni (X) watitsela endvodzeni. Yabhavumula ngelivi lemaholoholo yatsi, "Yaa, ngiyabona uphetse kudla. Kwagogo wakho, angitsi?" Gundu wetfuka wachucha. Wahamba washakutela ehla ngemgwaco acondze etindlini tesicimamlilo. Wefika lapha wajikela ngesancele (X). Kodvwa utsite ubuka emuva nemgwaco, yabe itile indvodza imlandzela.

Gundi ancume kuvele ayowufuna lusito kubangani bakhe epaki. Utsite nakefika nje emtaponcwadzi, wajikela ngesekudla futsi wachubeka wahamba (X).

Ngesancele ubona sikolo, kodvwa achubeke asengce (X). Etitaladini kuthulile kakhulu. Gundu nyalo sewuyagijima masinyane wehla ngemgwaco (X). Emva kwesikhatsi, ayibone ipaki. Ahambe etulu kwelibhuloho (X) ayohlangana nebangani bakhe esangweni! (X)



Asinyakate

Nyalo sitawudlala umdlalo wekucudzelana.

- Bekani tihlalo tenu tibe yindilinga. Dlalani "titulo-ngoma" – kutawufuneka nitfole indlola lemfisha kakhulu leya esihhalweni.



Thishela:
Sayina:
Lusuku:

Siwasebentisa njani emanti: ekhaya nasesikolweni



Asibhale

Sisebentisa emanti malanga onkhe. Buka tindlela letehlukene lesisebentisa ngato emanti. Ngaphasi kwesitfombe ngasinye, bhala kutsi emanti assetjentiselwani sebentisa tinchazelo-sitfombe.

Kucima umlilo

Kugeza titja nobe kuwasha
timphahla



Kutigeza tsine

Kusita titjalo kukhula

Kupheka kudla



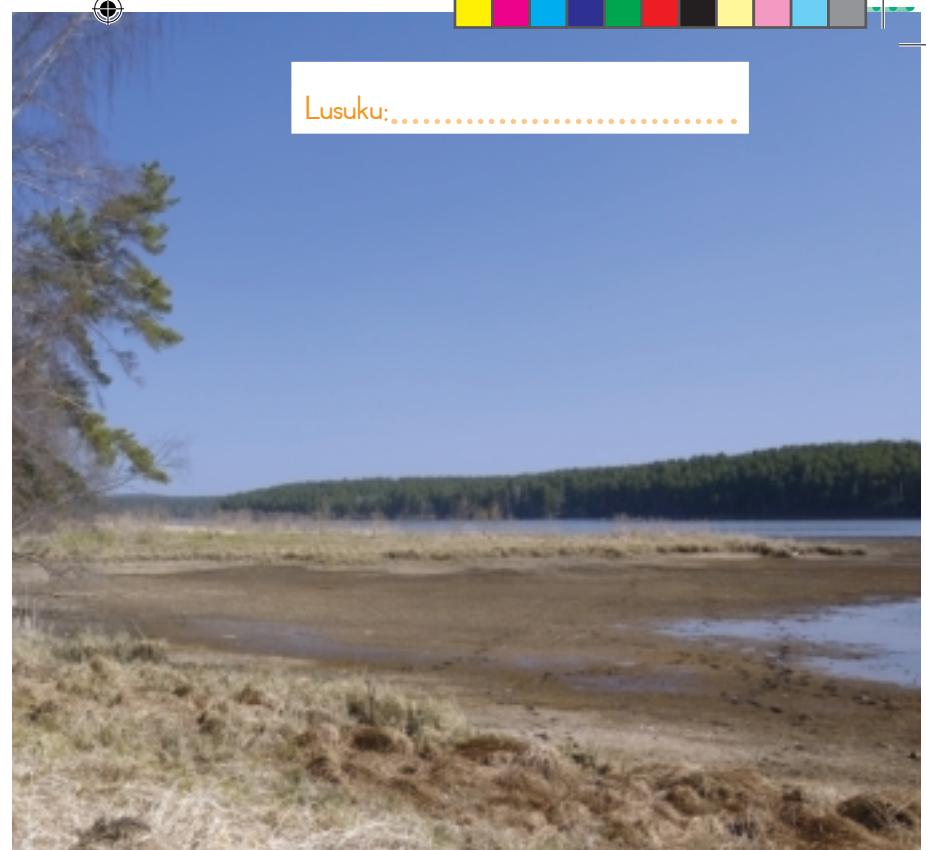


Lusuku:



Asikhulume

Emanti ayamangalisa!
Singacoca lokunyenti ngemanti.
Cocani ngetindlela letinye
lesisebentisa ngato emanti.
Emanti aligugu. Cocani ngekutsi
emanti siwasaphata njani.
Bekungentekani nangabe
singaphelelwa manti? Yabelana
ngemibono yakho neliklasi.



Asinyakate

Lingisa loku lokulandzelako:



Impompi levova
emanti ahushukela
ebhavini.



Lifu lemvla
letfwala, liba likhulu
limumatsa imvula
legcina ihhohloka
ina, nelifu liya
ngekunyamalala.



Ase sidlale

- Dlala umdlalo lotsi "Emabhakede nematfonsi emanti".

Umfula logeleta ngesineke etulu
kwemadvwala bese futsi ugeleta
sakushelela etulu kwesihlabatsi.



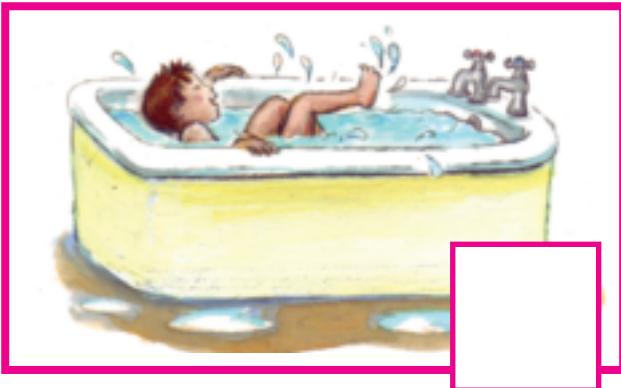
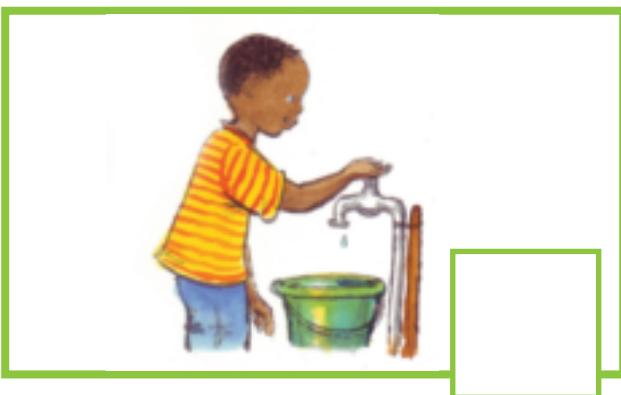
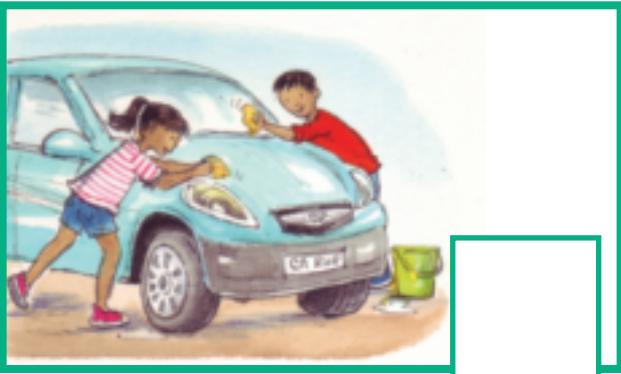
Thishela:
Sayina:
Lusuku:

Tindlela letisaphata emanti

Ithemu 4 – Liviki 6



Buka letifombe faka lumphawu (✓) madvute nesitfombe ngasinye lesinekongeka kwemanti, nesiphambano (✗) madvute nesitfombe ngasinye lesinemanti lamosakalako.





Lusuku:



Asikhulume



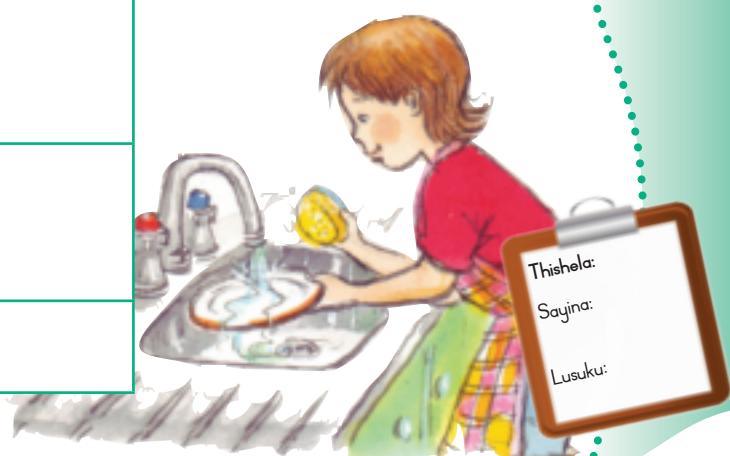
Asibhale

Buka letitfombe lofake siphambano kuto. Cocisanani eklasini ngaloko lokwentiwa bantfu esitfombeni. Cocani ngendlela labebangonga ngayo emanti. Cocani ngekutsi bangawasebentisa kanjani emanti ngenhlakanipho.

Bukisisa letitfombe. Fundza lemisho lengentasi. Faka lumphawu (✓) kusenteko ngasinye lesisitako konga emanti, nesiphambano (✗) kuleso lesisaphate emanti.



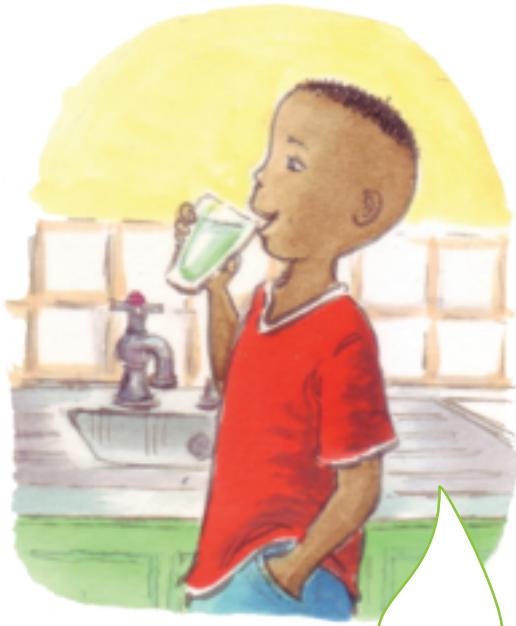
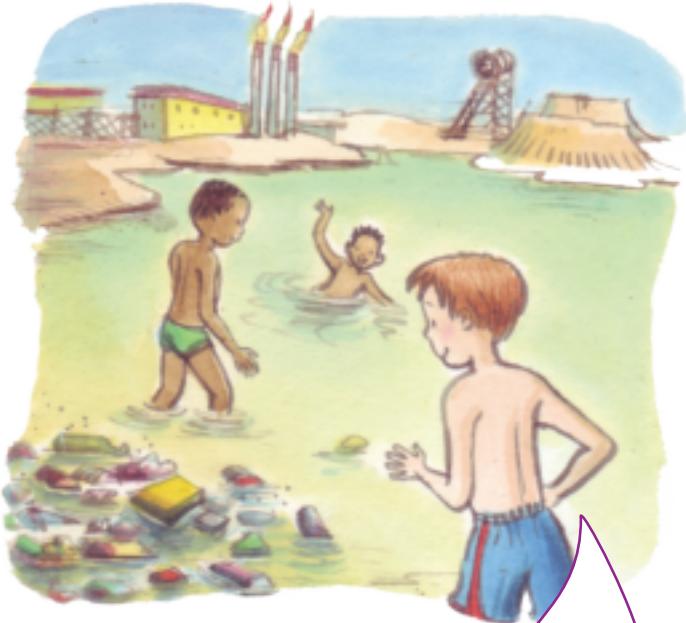
	✓ noma ✗
Ngiyekela impompi itfulule emanti nangicubha.	
Angiwacitsi emanti lasebhavini , kodvwa ngiwasebentisa kunisela ingadze.	
Njalo ebusuku, ngigeza ngemanti lagcwele nswi ebhavini.	
Nangibona impompi ivova, ngiyivala icine nko.	
Sigeza titja ngemanti lageletako.	



Emanti ekunatsa laphephile nalangakaphephi

Asibhale

Ase ubuke letitfombe. Faka lumphawu (✓) dvute nesitfombe ngasinye kukhombisa imisebenti lephephile. Faka siphambano (✗) dvute nesitfombe ngasinye kukhombisa imisebenti lengakaphephi.





Lusuku:



Asibhale

Bhala ligama "kuphephile" nobe "akukaphephi" kucedzela umusho ngamunye.
Sesikwentele wekucala.

Kunatsa emanti langcolile akukaphephi.

Kubhukusha emantini langcolile _____.

Kunatsa emanti lasebhodleleni _____.

Kunatsa emanti labuya emfuleni longcolile ku _____.

Kunatsa emanti asempompini lahlobile _____.



Ase sidlale



Dlala nalabanye lababili.

- Shaya tandla ngesikhatsi ematfonsi emanti lakehla ngaso:
 - ngekunyonyoba empompini
 - ngelitubane empompini
 - ngesivinini lesikhulu empompini
 - nonkhe nihlala sikhatsi sinye.
- Dlalani noma ngumuphi nje lomunye umdlalo wekushaya tandla leniwatiko.



Asinyakate

- Zuba njengesicoco uphume emantini langcolisekile.
- Zuba njengesicoco ungene emantini lahlobile.
- Gadula njengelihhashi leломile ligijimela kuyonatsa emanti.
- Gijima ngelitubane lakho lonkhe ubalekela imvula.
- Cocoma lidvwala ngelidvwala uwele umfula. Sita labo labangakhoni kuhamba.
- Shwilana ndzawonye njengemanti atfuluka aphuma ebhavini (uwedvwa bese uba nemngani).
- Thishela wakho utanikhombisa nase kufanele nigucukele emnyakatweni lowehlukile.



Kulondvolota emanti lahlobile

Ithemu 4 – Liviki 7



Asifundze

Emanti langcolile ayasigulisa.

Kufanele sinatse emanti lahlobile.

Futsi kufanele sidlale sibuye sibhukushe emantini lahlobile.

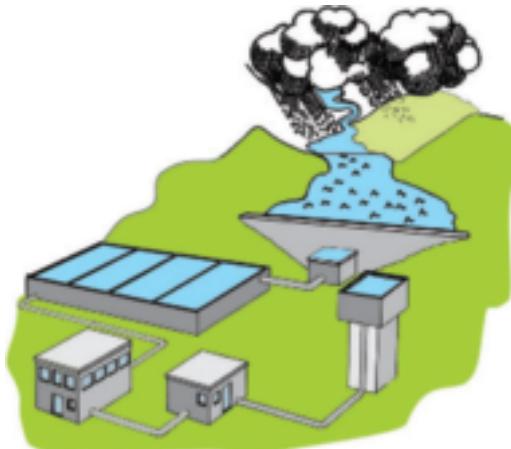


Asikhulume

Ase ubuke titfombe. Khuluma nemngani wakho ngekutsi abuyaphi emanti etfu lahlobile. Tjela liklasi ngaloko wena lokucabangako. Nasihlobisa emanti, siwenta acwengeke ahlobe khona kutowuphepha kuwanatsa.



Singawanatsa emanti emvula uma lumphahla lwetfu nelithange kuhlobile.



Masipala uyawahlobia emanti etfu awagcine kahle khona sitowukhona kuwanatsa.



Emanti etfu singawabilisa kuwahlobia.



Singawasefa kuwahlobia.



Lusuku:



Asente loku

Cela thishela wakho anikhombise kutsi sentiwa njani sisefo semanti.

Utawudzinga loku:

Libhodlela lepulasitiki lemalitha lama-2

Sihlabatsi lesicolisakele, lesihlobile

Sihlabatsi lesihhayekile, lesihlobile

Ematje lamancane/lukhetse, loluhlobile

Umukhwa lokhaliphile

Volo lohlobile

Ingilazi yemanti



Asinyakate

- Sebentisa sikhwama bhontjisi nehhulahhubhu. Beka ihhulahhubhu phasi, bafundzi babe beme emgceni lomamitha la-5 kusuka kulehhulahhubhu. Ungasebentisa sikhala sekukola senethibholi.
- Umfundzi ngamunye utfola lihlandla lekuphosa sikhwama sekudlala esikhaleni sekukola, kulehhulahhubhu.



Kusuka emini kuya ebusuku



Asifundze

Imini nebusuku kwehlukene.

Kubukeka ngekwehlukana, siva nemisindvo leyehlukene, futsi senta tintfo letehlukene.

Emini sibona lilanga likhanya. Lilanga lisiniketa kukhanya nekushisa. Bantfu labanyenti basebenta emini, tsine siya esikolweni.



Asibhale

Buka letitfombe bese ucoca nemngani wakho ngato. Ngabe tütfombe tasemini noma tasebusuku? Tehluke ngani? Bhala "Imini" nobe "Busuku" ngetulu kwesitfombe ngasinye.

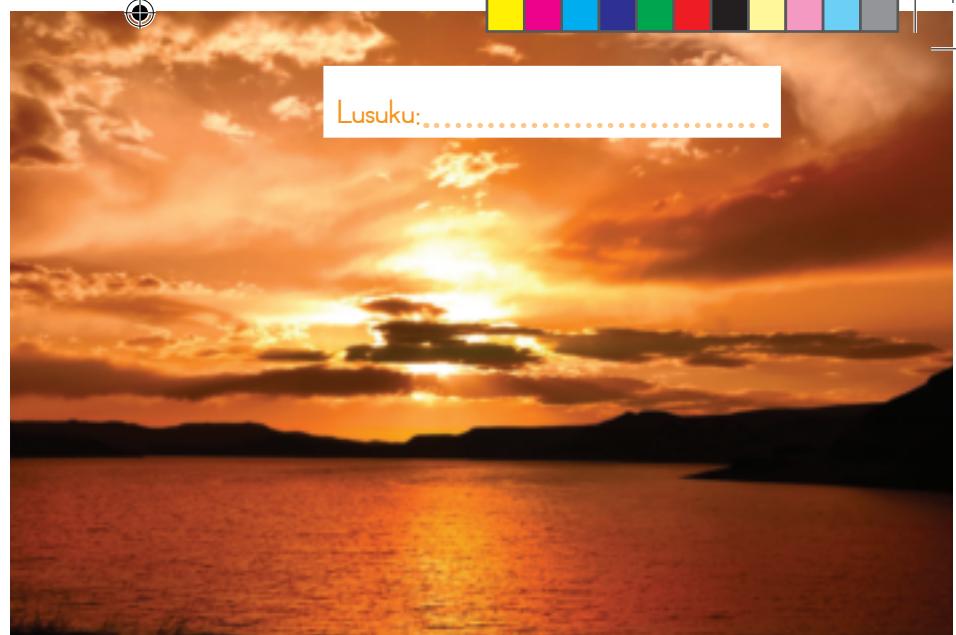




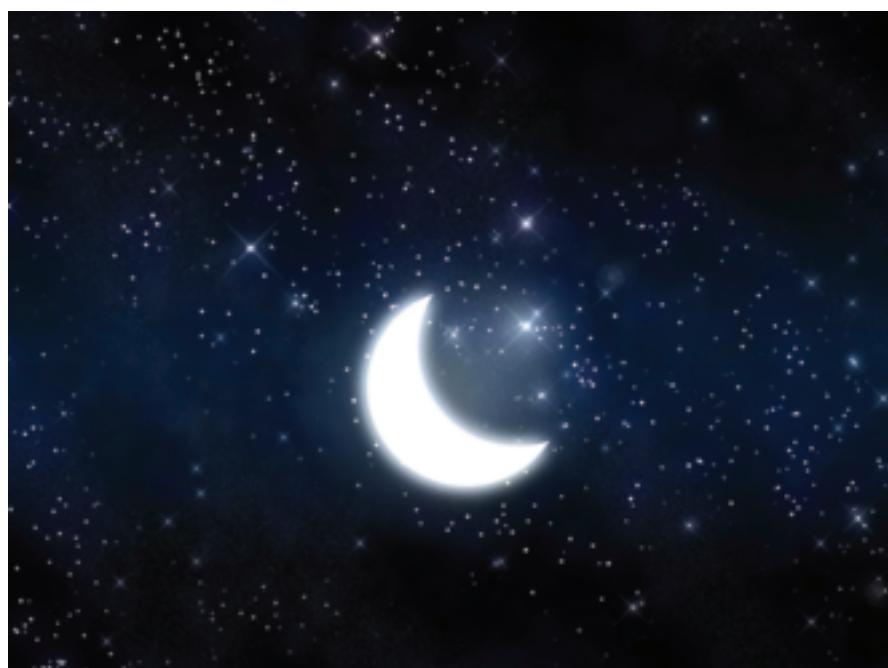
Asifundze

Kusihlwa lilanga liyashona. Kuba
mnyama bese sibona inyanga
netinkhanyeti.

Kufute sisebentise emalambu
kubona kutsi sentani.



Lusuku:.....



Asinyakate

- Sebentisa emapali ekubekisa (nobe timphawu-siboniso njengemakhoni) nebhola.
- Beka lipali lekubekisa (nobe timphawu-siboniso) emamitha lambalwa kusuka kubafundzi.
- Sebentisa ibhola lenkhulu njengeyetinyawo.
- Khahlela lebhola ingene emapalini nobe emkhatsini netimphawu-siboniso.
- Cale ukhahlele ngelunyawo lwakho lwesekudla bese ukhahlela ngelesancele.
- Mangaki emagoli leniwafakile?

Ebusuku, kuyabandza
kunasemini.
Labanyenti betfu bayalala
ebusuku, kodvwa labanye
bantfu basebenta ebusuku.
Kunetilwane letiphuma
kuphela nakumnyama.



Thishela:	Sayina:
Lusuku:	

Idlela sibhakabhaka sibukeka ngayo ebusuku



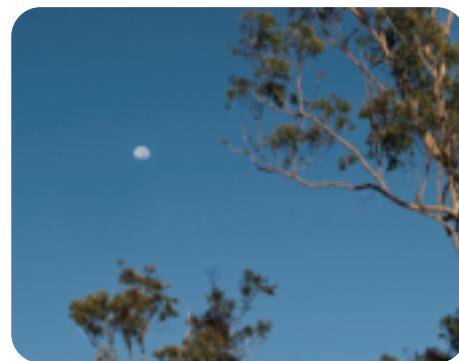
Emini, sivamile kubona sibhakabhaka
lesiluhlata cwe nemafu. Kakhulukati, sibona
lilanga.



Ebusuku, sibona inyeti netinkhanyeti
letinyenti. Tinyenti netichingi-mhlaba
letifana netinkhanyeti.

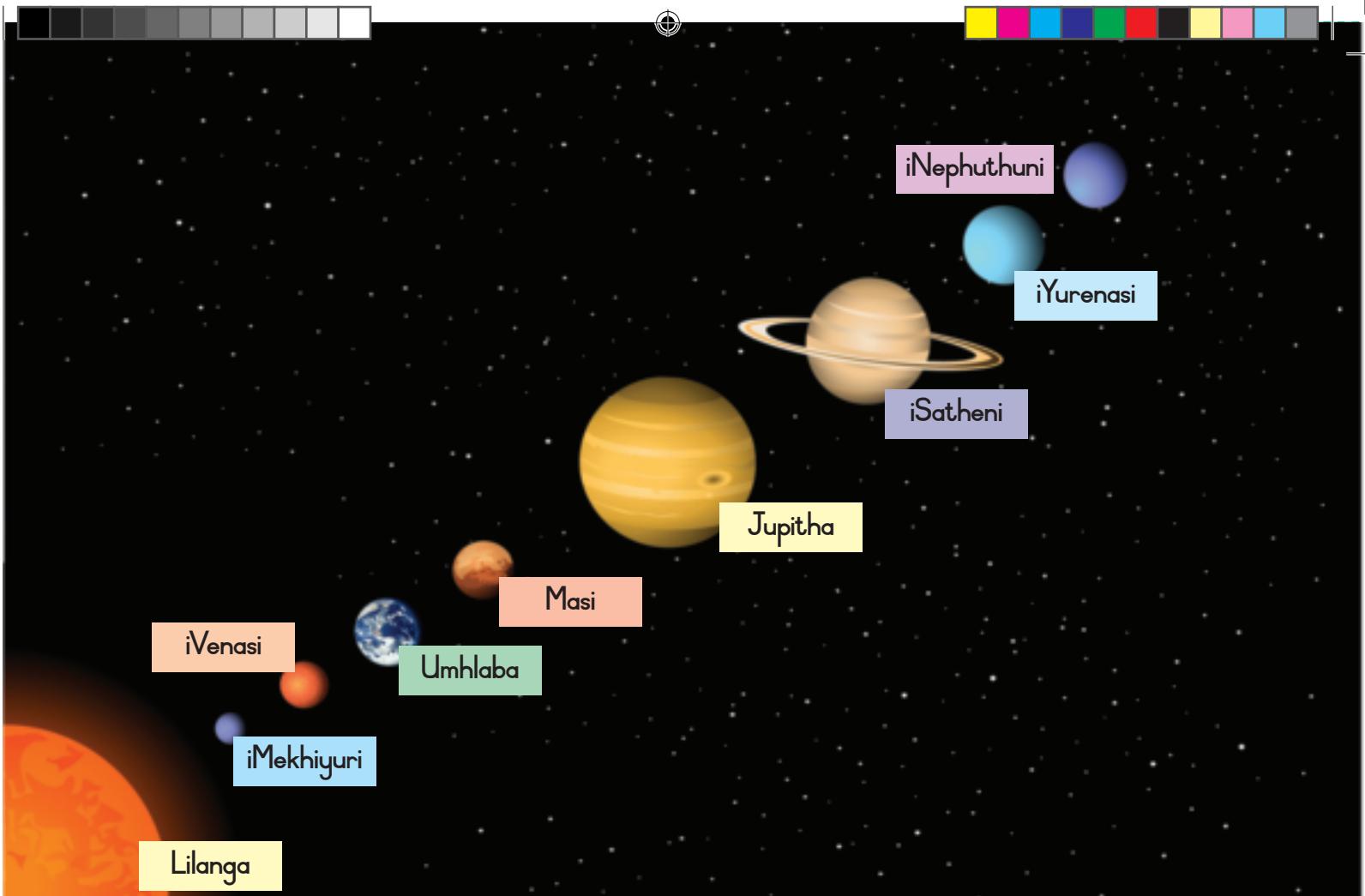


Kulesinye sikhatsi inyeti iba
sesibhakabhakeni nasemini nje. Asikhoni
kuyibona kahle ngoba lilanga libhokile
ngekukhanya. Yetama kutfola inyeti
ngesikhatsi sasemini.



Inyeti ayibukeki ngekufana busuku ngebusuku. Caphela inyeti
kulobusuku lobu-5 lobutako. Kulamabhokisi langentasi, dvweba
tinhlobo letehlukene tabobunjwa benyeti lotibonile.

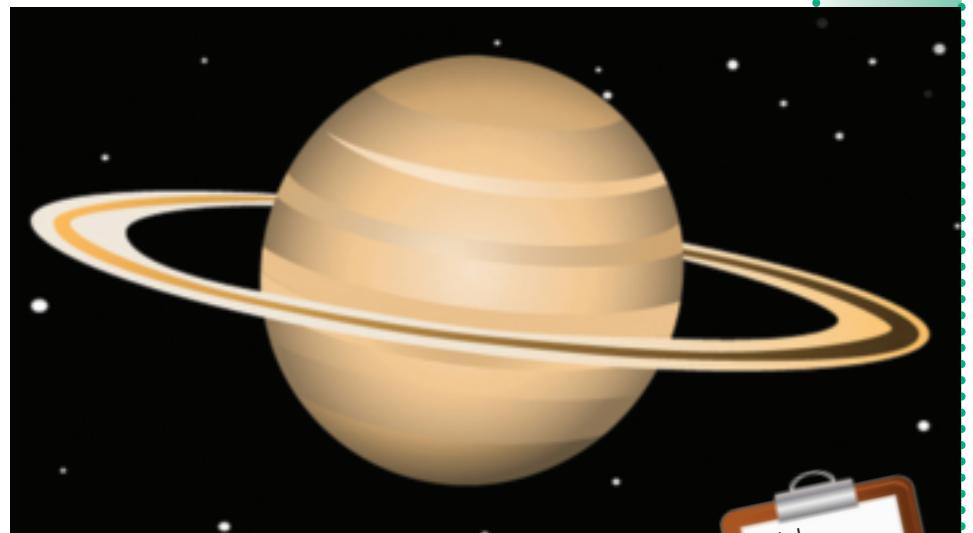
Busuku bekucala	Busuku besitsatfu	Busuku besihlanu



Loku-ke lilanga netichingimhlaba letiseluhlelwani lwelilanga endalweni yetfu – laba bomakhelwane betfu emkhatsini. (Lilanga netichingi-mhlaba akukadvetjwa ngebukhulu bako-ngco.)



Lesi sitfombe seSatheni.
Yehlukile kuto tonkhe
letinye tichingimhlaba ngoba
inetindilinga letiyitungeletile.
Uyawabona lamacashata
lamhlophe esitfombeni?
Ucabanga kutsi ayini vele?
Ase ubuke lesitfombe
lesikhulu ngetulu. Ngabe
iSatheni yinkhudlwana noma yincanyana kunemhlaba? Ngusiphi
sichingimhlaba lesikhudlwana kuneSatheni?



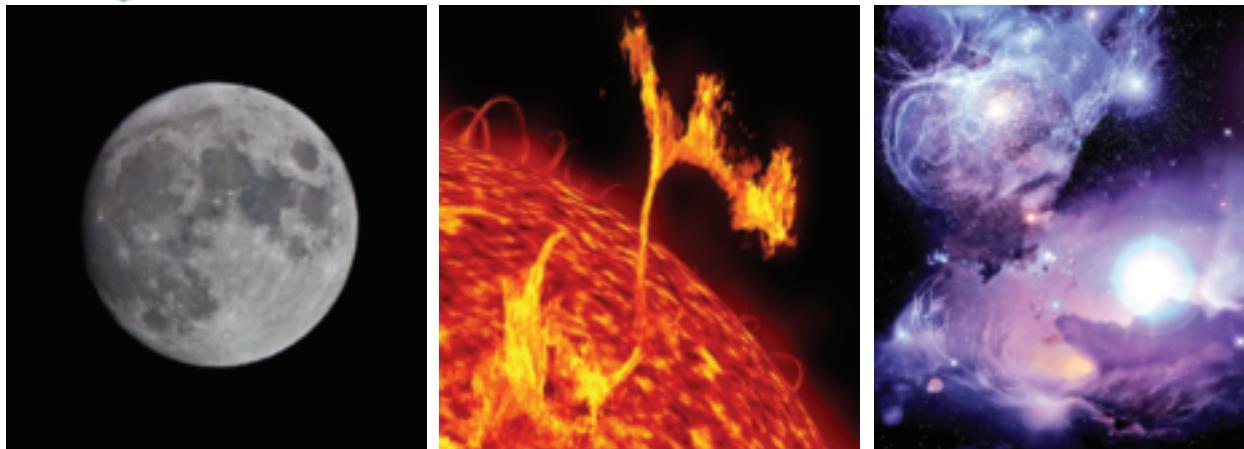
Thishela:
Sajina:
Lusuku:

Lilanga nenyanga

Asikhulume

Buka letifombe.

Ithemu 4 - Liviki 8



Coca nemngani wakho. Tisikhombisani?

Unganiketa nobe nguyiphi imphendvulo lefika
emcondvweni wakho.



Asifundze

Emanotsi athishela:
Thishela wakho utawulalela yonke
imibono yenu bese uyanatisa kutsi
tiyini letifombe.

Lilanga yinkhanyeti. Lifana nebhola-mlilo lenkhulukati lephosa kushisa kwayo
nekukhanya macala onkhe. Lilanga lingaphindzeka emahlandla latigidzigidzi
ngebukhulu kwengca umhlaba.

Inyanga ilidvwala lelitje netintfuli letikhulukati noko alukuphos i kushisa. Inyanga
ite kwakayo kukhanya. Ifana nesibuko lesiphosa imisebe yelilanga ite ngakitsi.
Inyanga yincane kakhulu kabi kunemhlaba.



Coca nemngani wakho ngekutsi igucuke njani inyanga ebusukwini
lobusihlanu. Chubeka ubuke letifombe. Ngabe inyanga yakho ibe nako
kufana nalenye yaleti?



Inyanga legcwele



Inyanga lelucetu



Inyanga ledvulungile



Lusuku:



Tinkhanyeti



Asifundze

Lilanga liyinkhanyeti lesondzele kakhudlwana kitsi. Leti letinye tinkhanyeti tikhashane natsi. Kube bewungahamba ngesivinini lesikhulu uye kunobe nguyiphi yaletinkhanyeti, bekungakutsatsa iminyaka-nyaka kufika lapho.



Asikhulume

Lenkhanyeti leya Mantentekazana,
Ngitamtjela Babe Mantentekazana
Ayishayashaye Mantentekazana,
Ngendvukwana yakhe Mantentekazana.
Lemagiligombo Mantentekazana,
Bukan' phasi Bukan' etulu!



Asifundze

Lengoma yacanjwa kadzeni endvulo. Bantfu bebangati lokunyenti kangako ngetinkhanyeti kuleto tikhatsi. Lamuhla noko sesati lokunyenti. Ema-Astronothi antjwiza aye emkhatsini ngetintjwiza-mkhatsi telikhetselo kutfola kabanti ngetinkhanyeti. Uma bantjwizi-mkhatsi – ema-ostronothi bavakashela umkhatsi, bagcoka tembatfo telikhetselo, emasudu-mkhatsi. Ngesizatfu sebantjwizi-mkhatsi labanesibindzi-nebantfu labahlakaniphile lababayisa emkhatsini, sesifundze lokunyenti kabi ngetinkhanyeti.



Asikhulume



Kuyintfo lenhle yini kutsi sesifundze kabanti ngetinkhanyeti?

Cocani ngaloku wena nemngani wakho.



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Ithemu 4 – Liviki 8



Thihela:

Sayina:

Lusuku:

63



**Ukhetsekile.
Umtimba wakho wonkhe
ungulokhetsekile.**

Umtimba wakho, wakho wedvwa!



**KUTE
lokumele
akutsintse titfo
temtimba
letifihlekile.**

**Kumele utjele lomunye nangabe kukhona
lokutsintsia titfo temtimba wakho
letifihlekile.**

**Kumele utjele lomunye
nangabe kukhona lokwentisa
titfo longatitsandzi.**

Longamshayela akusite:

Inombolo yemphilo: 0861 322 322

Inombolo yeBantfwana: 0800 05 55 55

SAPS Inombolo lephutfumako: 10111

YeMaphoyisa eKucedza Bugebengu: 086 00 10111

**Luhlangotsi IweKuvikela Bantfwana:
012 393 2359/2362/2363**



Make a placemat
Cut out the pictures you like and
paste them on to the opposite page to
make yourself a two-sided placemat.
Cover or laminate the placemat with
plastic and use it when you eat.





