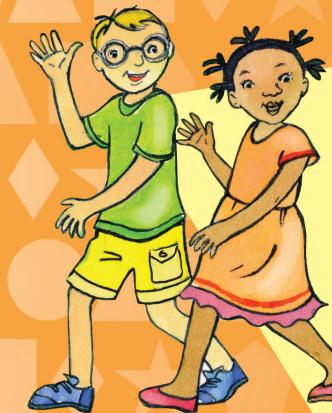




Emakhono Ekuphila SISWATI

Incwadzi 1
Emathemu 1 & 2



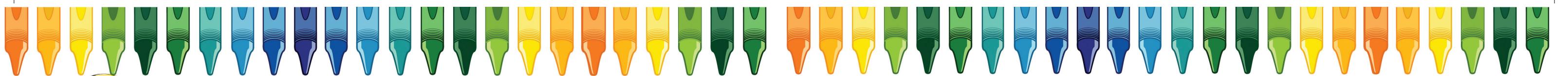
Ligama:

Liklasi:



basic education

Department:
Basic Education
REPUBLIC OF SOUTH AFRICA



Lokucuketfwe

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Nkhskt. Angie
Motshekga, iNdvuna
yeMfundvo Sisekelo



Dkt Reginah Mhaule,
iPhini leNdvuna yeMfundvo
Sisekelo

Letincwadzi tekusebentela tikhicitelwe bantfwana baseNingizimu Afrika ngekuholwa yiNdvuna yeTemfundvo Sisekelo. Nkhskt Angie Motshekga akanye neLiphini lakhe Dkt Reginah Mhaule.

LeTincwadzi Tekusebentela takaRainbow tiyincenyemitamo yaleLitiko leTemfundvo Sisekelo yekutfutfukisa bafundzi baseNingizimu Afrika emabangeni ekucala lasifupha ekufundza. Njengalomunye wemigomo lehamba embili eLuhlelweni IweKusebenta IwaHulumende, lomsebenti ukhokhelwe ngesihle Silulu seTimali saVelonkhe. Ngenca yalokusekelwa ngetimali, leLitiko leTemfundvo liphumelele kwakha letincwadzi ngato tonkhe letilwimi letisemtsetfweni kulelive.

Siyetsema kutsi bothishela batatitfola tilusito kakhulu letincwadzi tekusebentela basafundzisa malanga onkhe kute bafundzi bakhone kucedza luhlelo Iwabo Iwekulufundza. Setame, ngekucophelela lokukhulu, kusita thishela kuleyo naleyo ncenye yemsebenti, ngekusebentisa timphawu letitifombe kukhombisa umfundzi loko lokumele akwente.

Siyetsema bantfwana nabo batakujabulela kusebentisa letincwadzi basachubeka nekukhula nekufundza; nekutsi bothishela batawutfokota kanye nabo.

Sifisela bothishela nebafundzi imphumelelo basachubeka nekusebentisa letincwadzi tekusebentela.



Libanga

2

Emakhono Ekuphila
SISWATI
Incwadzi I



Lencwadzi ya:



1

Sidzinga kudla lokunemphilo kute siphile



Asifundze

Ithemu I – Liviki I – Lishadi leku se bentela

Imitimba yetfu idzinga kudla lokunemphilo khona sitowukhula. Sifute kudla kudla lokuphuma kuwo onkhe emaseko malanga onkhe. Sidzinga kudla kudla lokunemphilo kute sitoba nemandla lanele kwenta konkhe lesifanele sikwente. Uma singadli kudla lokunemphilo, singahle sigule kakhulu.

Emaseko lasihlanu ekudla

Tinhlavu
nemikhicito
yato

Labanye bantfu
batidli-tibhidvo.
Loku kusho kutsi abayidli
inyama noma ngabe
yaluphi luhlobo. Ikakhulu
kudla kwabo kubuya
emasekweni lama-4
ekudla.

Inyama,
inhlanti, inkukhu,
emantongomane
nemabhontjisi

Emanoni nemafutsa

Tibhidvo netitselo

Imikhicito
yelubisi

2

Lusuku:



Asente loku

Coca nemngani wakho ngekutsi ngukuphi
kuloku kudla lokunemphilo. Kubiyele.



Asibhale

Yenta sengatsi
uya etitolo namake
wakho kuyowutsenga
kudla kwesidlo
sakusihlwa. Yakha
luhla lwekutsenga
kudla lokunemphilo
lokutawudliwa
ngumndeni wakho.

LUHLA LWEKUTSENGA



| |
|-----------|
| Thishela: |
| Sayina: |
| Lusuku: |





2

Emanti asinika imphilo

Ithemu I – Liviki I – Lishadi lekusebentela



Kungani sidzinga emanti?
Bantfu, tilimo netilwane
kudzinga emanti kuhlala
kuphilile. Emanti atfwala kudla
lesikudlako kuye etindzaweni
letehlukene temitimba yetfu.
Abuye asite imitimba yetfu
kususa kungcola.



Malanga onkhe sisebentisa emanti emakhaya etfu. Cocela umngani wakho ngato tonkhe tintfo longaticabanga lesisebentisa emanti kuto. Ubese udvweba titfombe leti-4 kukhombisa kutsi siwasebentisa kanjani emanti. Bhala umbhalo-nchazelo ngenhla kwsitfombe ngasinye uchaze kutsi sikhuluma ngani sitfombe.

| | |
|--|--|
| | |
| | |

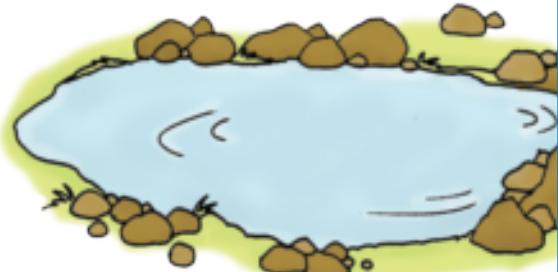
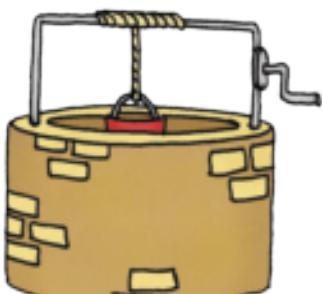
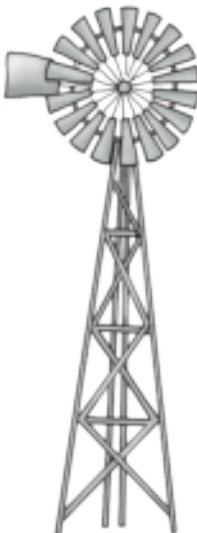
Lusuku:

4

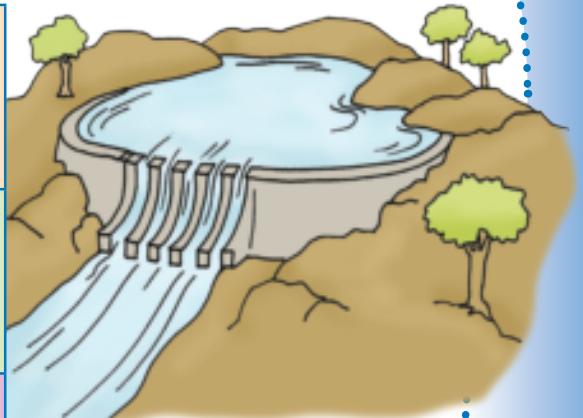


Asibhale

Siwatfolaphi emanti? Dvweba umugca kuchumanisa ligama ngalinye nesitfombe lesifanele.



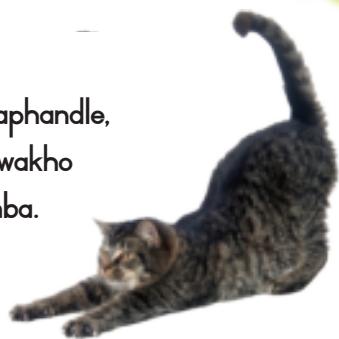
| |
|---------------|
| lidamu |
| siphehlamanti |
| umfula |
| lichibi |
| siyalu |



Kwente ngaphandle

Ngembi kwekutsi wente nobe ngumuphi umshukumo wemtimba ngaphandle, cala utelule njengelikati. Loku kutawenta kube lula kutsi umtimba wakho unyakate. Phindza utenwebe emva kwemshukumo kuphotisa umtimba. Loku kutakusita kutsi ungahlaselwa buhlungu bermisipa.

- Zuba njengesicoco. Lingisa umsindvo wesicoco.
- Phoselanani ibhola nobe sikhwama bhontjisi.
Yigendze/sigendze.
- Nyalo-ke phosa ibhola nobe sikhwama bhontjisi etulu bese uyakugendza.
- Tfwala uyekelele sikhwama bhontjisi enhloko yakho bese nicudzelana ngekushakutela nemngani wakho. Bona kutsi ungasigcina sikhatsi lesinganani lesikhwama singakawi.



Thisela:
Sayina:

Lusuku:



3

Songa emanti

Ithemu 1 – Liviki 2 – Lishadi lekusebentela



Asikhulume

Emanti aligugu kakhulu, ngako-ke kufute
singawasaphati nje. Coca nemngani wakho
ngetindlela letehlukene lesingonga ngato emanti.



Asibhale

Bhala phansi imibono lemibili yekonga
emanti kuletikhala letilandzelako.



2.



Asente loku

Sebentisa emakhilayoni
akho kwakha iphosta
lembalabala ngekonga
emanti. Iphosta yakho
kufute ikhutsate labanye
konga emanti.

Nase uyentile, yikhombise
bangani bakho.

6

Lusuku:





Phuma

Ase sidlale lomdlalo lotsi "Sikhatsini, Mnu. Mphisi?"

Munye wenu kufute abe yimphisi.

Niketanani ematfuba ekubutana kutsi
"Sikhatsini, Mnu. Mphisi?"

Njalo nawubuta, imphisi kufanele isho kutsi
ngubani sikhatsi.

Kodvwa, uma imphisi itsi "sikhatsi sekudla!",
itawusuka ikugujimise. Kufute ubaleke
isengakakubambi.



Nyalo-ke tfolani emahhulahhubhu ekudlala.

Ninemngani wakho kufanele niniketane
ematfuba ekuhamba niphumele ngale kuletikhala
talehhulahhubhu

Cala uhambe kulehhulahhubhu ngetinyawo takho.

Ubese-ke uhamba ngetandla takho.

Ubese ubamba ihhulahhubhu ime mpo umngani
wakho aphumele ngale kulo. Niketanani ematfuba
kwenta loku.



Kwekugcina,
ngemacembu
alaba-4 ticecesheni
bese netfula umdanso
waseNingizimu
Afrika.



4

Ithemu 1 – Liviki 2 – Lishadi lekusebentela

Umoya lohlobile usinika emandla



Asifundze

Umoya lesiwuhogelako une-oksijini. Loku kusita imitimba yetfu kutsi ise bentise kudla lesikudlako. Sibese sitfola emandla ekuphila. Uma sihogela umoya longcolile, imitimba yetfu ayikhoni kusebenta kahle.



Asibhale

Hlala nebangani bakho. Ninonkhe, gwalisani letikhala letingentasi:

Ngidzinga umoya lohlobile ngoba _____

Uma umoya ungcolile _____

Umoya ungcokane uma _____

Lesingakwenta kugcina umoya uhlobile:

1.

2.

Lusuku:

8



Asifundze

Bantfu badzinga lilanga kute bajabule futsi babe nemphilo. Bantfu badzinga lilanga kuhlala baphilile. Lisita imitimba yetfu kutsi yakhe Vithamini D. Siyawadzinga lamavithamini kwakha ematsambo lacinile. Kushisa kakhulu kungaba kubi nako. Siyasha sikhumba sibe buhlungu. Ubosibentisa sivikela-langa kuvikela sikhumba sakho elangeni.



Asibhale

Gcwalisa letikhala ngentasi.

Ngingaphepha elangeni lelishisa kakhulu uma ngi:

1. _____
2. _____
3. _____



Asihlabele ingoma

Hlabela lengoma bese ushaya tandla ulandzele sigci.

**Wen'ukukhanya
Kwami kwelilanga
Uyangijabulisa
Nangabe lisibekele.
Angeke sew'kholwe,
Ngikutsandza kangaka.
Ungangemuki
Kukhanya kwami.**



Ubosibentisa
sivikela-langa
kuvikela sikhumba
sakho elangeni.



q



5

Mine nalabanye

Ithemu 1 – Liviki 3 – Lishadi lekusebentela



Asikhulume

Sonkhe sitsandza kuba
nebangani labahle. Wati
kanjani kutsi umuntfu
angumngani lomuhle?



Asibhale

Kulesikhala lesi ngentasi, yakha luhla lwetintfo
letenta umuntfu abe ngumngani lomuhle.

1.

2.

3.

4.



Asibhale

Cabanga ngalemibuto bese ubhala phasi timphendvulo takho.

Bangaki bangani lonabo?

Litsini ligama lamunye webangani bakho labakhulu?

Sesidze kangakanani sikhatsi nibangani?

Yini lekhetsikile ngalomngani wakho?

Lusuku:

10



Asikhulumé

Hlala nemngani wakho bese nicoca ngalemisho. Faka (✓) ebhokisini uma kuliciniso, ufake siphambano (✗) uma kungasilo liciniso.

Luhla-lwekuhlola bungani

| | Faka ✓ nobe ✗ |
|------------------------------|---------------|
| Umngani wami uyanginakekela. | |
| Umngani wami uyangisita. | |
| Umngani wami wabelana nami. | |
| Umngani wami akalwi nami. | |



Asente loku

Cabanga ngentfo lengenta
umngani wakho ative
akhetsekile. Ubese udvweba
sitfombe sayo kuleliflemu.
Khumbula kuhlobisa kahle
iflemu yesitfombe. Nase
ukwentile loku, coca ngemibala
lepholile nalefutfumalako
loujisebtise esitfombeni sakho.



Asibhale

Bhala imisho lemi-2 ngesitfombe sakho.



Thisela:
Sayina:

Lusuku:

Bantfu lesiphila nabo

Ithemu I – Liviki 3 – Lishadi lekusebentela



Asikhulume

Bukani letifombe. Cabangani ngalokwentiwa bangani labahle, nibese nikhuluma ngako ecenjini lakho. Nyalo-ke cabanga ngalokwentiwa bangani lababi. Faka (✓) esitfombeni ngasinye lesikhombisa bungani lobuhle, ufake siphambano (✗) kuleto letikhombisa bungani lobubi.



Lusuku:

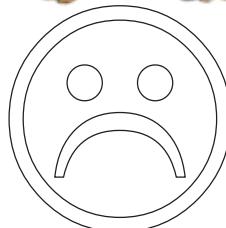
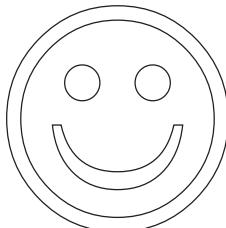


Asifundze

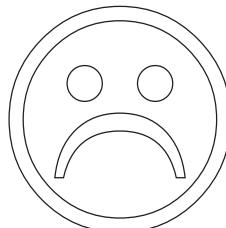
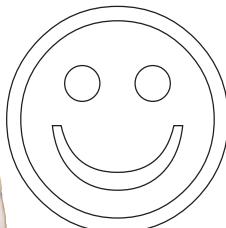
Fundza umusho ngamunye bese ufaka umbala
kuloBuso lobumele Yebo 😊 nobe Cha 😞.



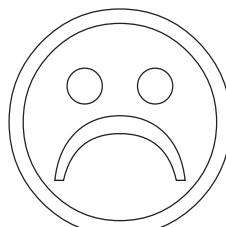
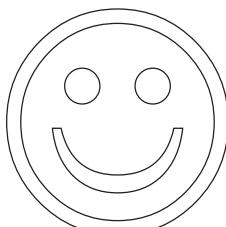
Ngingumngani lomuhle.



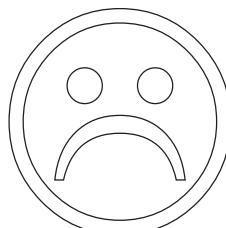
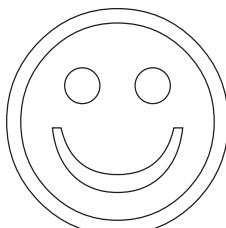
Ngiyabanakekela
bangani bami.



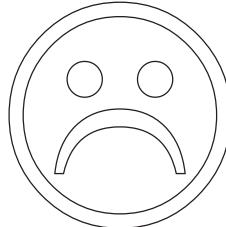
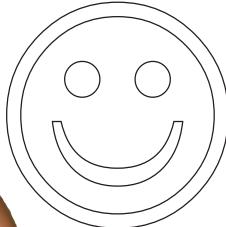
Nginebubele kulenginabo eklasini.



Lenginabo eklasini banebubele kimi.



Nginenhloniph
kubantfu
labasedvute nami.



Asinyakate

Asidlale "Mani esitfuntini sami".

Wena nebangani bakho kufute nizame kunyatsela titfunti
tenu lomunye nalomunye. Niketanani ematfuba kubona
kutsi tingaki titfunti wena longatinyatsela. Wena ungazama
kuloku uvimbela umngani wakho kuma esitfuntini sakho.



Abuphele bubheva



Asibhale

Buka sitfombe ngasinye.

Yini lobewungayenta kube bewungumntwana lohlushwa tibheva? Eceleni kwestfombe ngasinye, bhala umusho munye ngekutsi kufute sibaphatse njani labanye bantfu.







Lusuku:



Asente loku

Enta silinganiso semdlalo nemngani wakho
ngemntfwana lohlushwa sibheva. Ubese uyasho
kutsi singentani kuvikela bubheva.

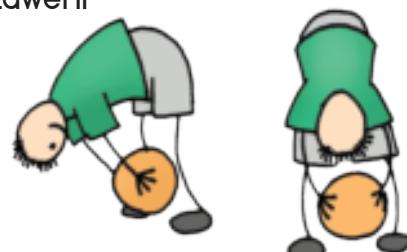


Kwente ngaphandle

Tihleleni nibe ngemacembu la-5.

Yakhani umugca nengcise ibhola iye kulomunye nalomunye.
Bonani kutsi nguliphi licembu lelikhonako kwendlulisela
ibhola kufika ekugcineni kwemugca kucala. Uma
senikwentile loko, zamani kwendlulisa ibhola iye etindzaweni
letehlukene:

- Yendlulisa ibhola emkhatsini wemilente yakho iye kumfundzi losemvakwakho.
- Yendlulisa ibhola ngetulu kwenhloko yakho iye kumfundzi losemvakwakho.
- Yendlulisa ibhola ngesancele sakho iye kumfundzi losemvakwakho.
- Yendlulisa ibhola ngesekudla sakho iye kumfundzi losemvakwakho.
- Nyalo-ke phoselanani ibhola nibone kutsi ningayigendza kangaki.



Thisela:
Sayina:
Lusuku:



8

Sonkhe sikhetsekile

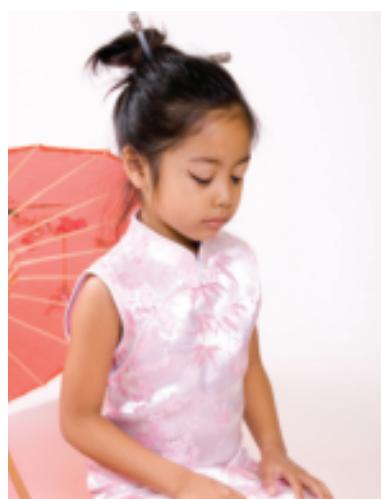


Asikhulume

Buka letitfombe bese uyasho kutsi labantfwana ngamunye
bafana ngani. Shano nekutsi behluke ngani.



Ithemu 1 – Liviki 4 – Lishadi lekusebentela



Lusuku:

16



Asifundze

Yentani lomsebenti lolandzelako ecenjini. Buka bonkhe labanye bantfwania eklasini lakho. Ubese ufundza umusho ngamunye kulelandzelako. Uma umusho uliciniso, faka (✓) ebhokisini ngesekudla, kantsi uma umusho ungesilo liciniso, faka siphambano (✗).

Faka ✓ nobe ✗

Ngabe bafana nemantfombatana babukeka ngekufana?

Ngabe bonkhe banembala wetinwele lofanako?

Ngabe bonkhe banembala wemehlo lofanako?

Ngabe bonkhe banetandla letilinganako yini?

Ngabe bonkhe bafundzi badze lokulinganako yini?



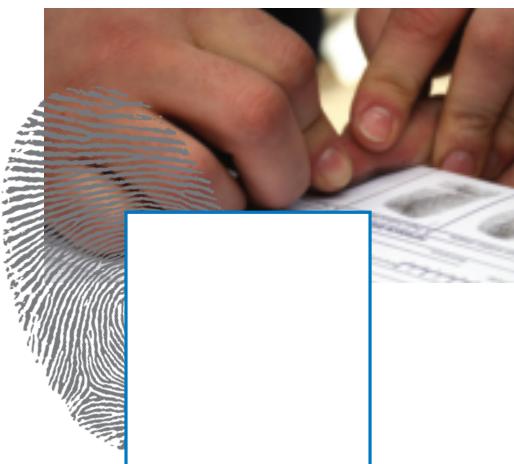
Asikhulume

Uyabona nje kutsi sonkhe sehlukile? Futsi uyabona yini kutsi siphindze sifane sonkhe? Cocani ngetindlela lesifanana ngato.



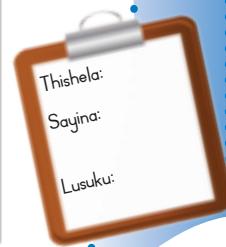
Asidvwebe

Dvweba sitfombe sakho. Ubese usebentisa sipenda-mlomo kwakha imigca-munwe yakho yelikhetselo edvute neflemu yesitfombe.



Bewati-nje kutsi kute namunye umuntfu emhlabenii lonemigca-munwe yakho?

Wena ukhetsekile futsi wehlukile!





9

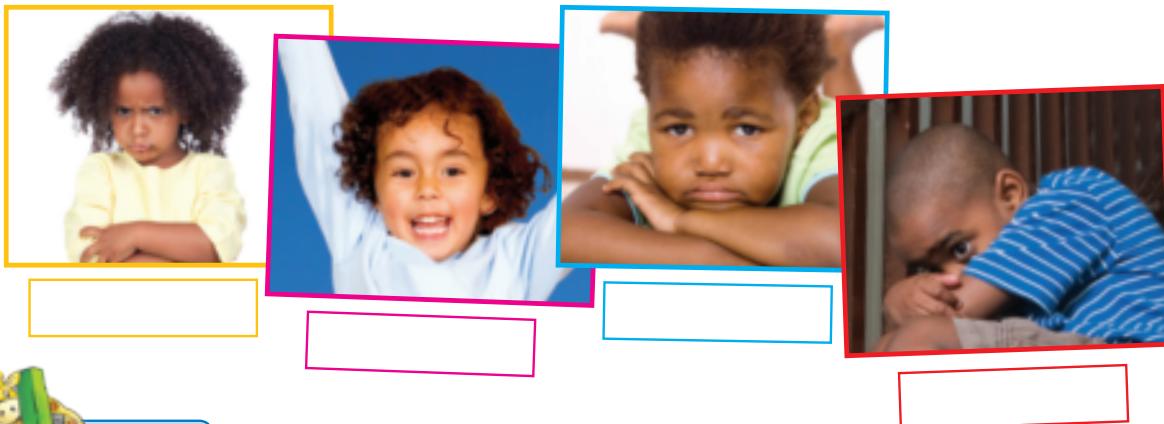
Ithemu 1 – Liviki 5 – Lishadi lekusebentela



Asikhulume

Sitiva njani

Cocisanani nodvwa nichazelane kutsi nitiva kanjani uma lokuhle kwenteka kini. Nyalo-ke cocisanani ngekutsi nitiva njani uma lokubi kunehlela. Loku lesikuvako sitsi yimiva. Giwalisa kutsi bativa njani labasemabhokisini.



Asibhale

Bhala timphendvulo talemisho lengentasi.

Yini lekwenta wetsabe?

Yini lekwenta udzangale?

Yini lekwenta wesabe?

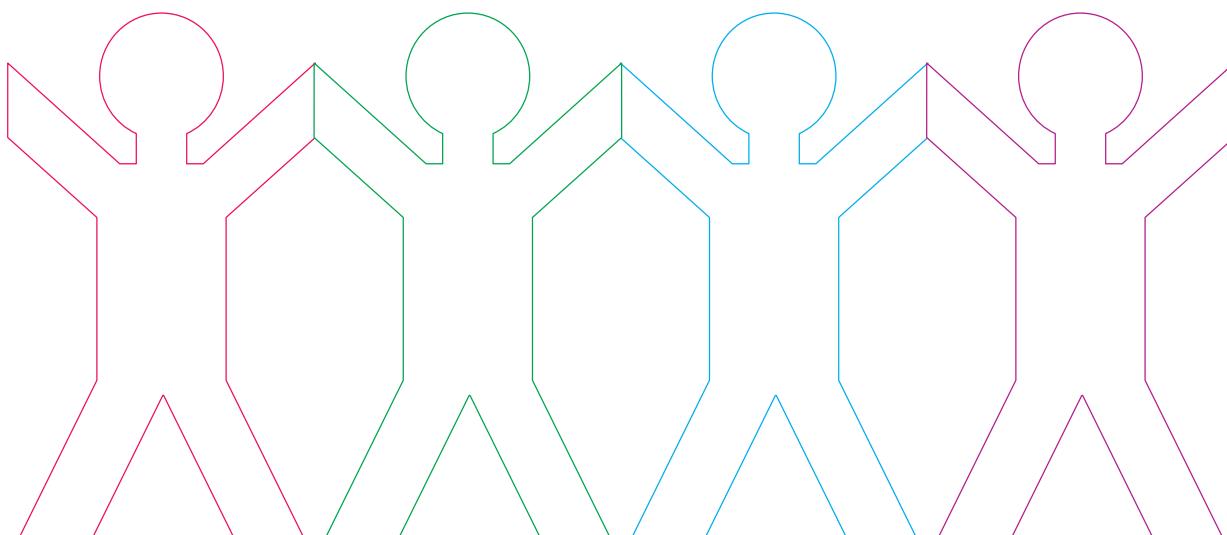
Yini lekwenta ujabule?

Lusuku:



Asente loku

Dvweba ufake umbala kulabangani lababambene. Zama kwakha umdoli ngamunye abukeke ehlukile, kakhombisa kutsi sonkhe sehlukile kantsi sikhetsikile. Nase ukwentile loko chubeka usika kahle titfombe tebangani lababambene ekhasini lelisemkhatsini nalencwadzi. Yakha mdoli ngamunye ehluke kulabanye bese ummisa edesikini lakho njengesikhumbuto kutsi sonkhe sehlukahlukene.



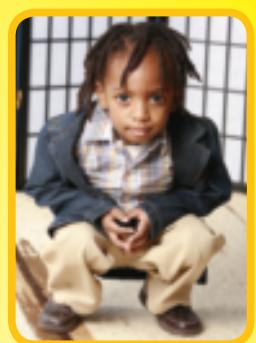
Kwente ngaphandle

Yenta umtimba wakho ube mkhulu kakhulu.

Ubese uzama kwenta umtimba wakho ube mncane kakhulu.

Nyalo-ke zama kuwenta ube mudze kakhulu.

Kwekugcina zama kuwenta ube mfisha kakhulu.





10

Bantfu labakhubatekile

Ithemu I – Liviki 5 – Lishadi leku se bentela

**Asikhulume**

Buka letifombe.

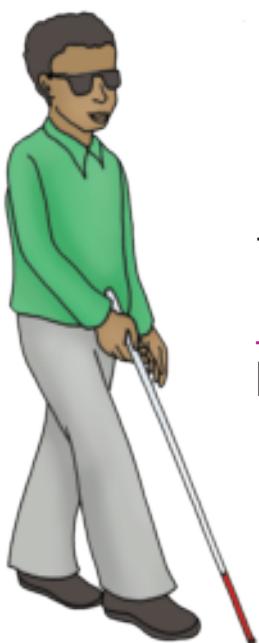
- Ngutiphi tinhlobo letehlukene tekukhubateka lotibonako?
- Ngabe umntfwana ngamunye kulaba usebentisa ini kutisita?
- Wena ucabanga kutsi tinkinga tini labantfwana lababa nato malanga onkhe etimphilweni tabo?
- Cocani ngekutsi singabasita kanjani.

**Asibhale**Buka letifombe ngentasi.
Cedzela lemisho.

Rosemary akakhoni kuhamba.

Usebentisa _____

kuhamba-hamba.



situlo-ncola

Thabo akaboni usebentisa

kutfola lapho aya khona.

inja lesitako



20

Lusuku:



lithuluzi lekuva



Peter akeva.

Usebentisa _____
kumsita kuva.

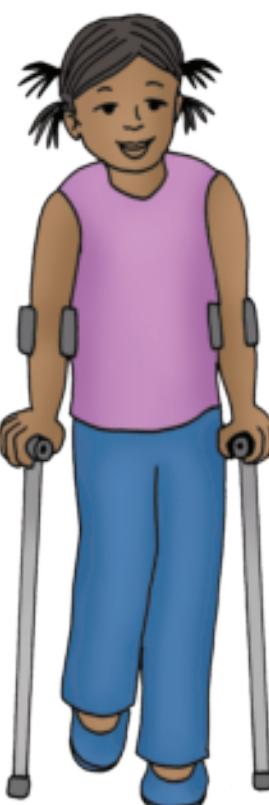
lulwimi-timphawu



Jabu akakhoni kukhuluma.

Usebentisa _____
kuchumana nebantfu.

emabhoko



Nomsa usebentisa
_____ kumsita kuhamba.



Asente loku

Sebentisa lubumba nobe inhlama
yekudlala kubumba ivasi nobe inkomishi.





11

Bonkhe bantfwana bakhetsekile

Ithemu I – Liviki 6 – Lishadi lekusebentela



Asikhulume

Behluke ngani kuwe laba bantfwana? Bafana ngani?



Asifundze

Bantfu mhlabu wonkhe bagubha tinsuku letikhetsekile temaholide.

Sonkhe sitsandza kudlala sihlabele.

Sonkhe sidzinga kudla.

Sonkhe kufute siye esikolweni.

Uma sigula, sonkhe sidzinga kuya kudokotela.

Sonkhe kufute sihlobe sibe nebunaka.

Akukafaneli sitfole imisebenti.

Sonkhe sisebantfwana.



22

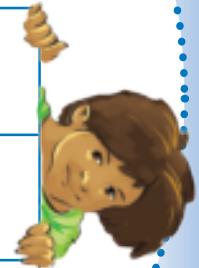
Lusuku:



Asibhale

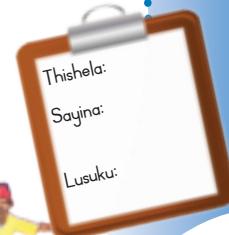
Buta bangani laba-3 lemibuto. Gcwalisa timphendvulo tabo kuletikhala ngentasi.

| | | | |
|--|--|--|--|
| Gcwalisa emagama ebangani bakho | | | |
| Iyini inkholelo yakho? | | | |
| Ngimiphi imigubho lebalulekile loba nayo? | | | |
| Nidla ini ngalolosuku? | | | |
| Luhlobo luni lwetembatfo letikhetskile lotigcokako | | | |
| Nilugubha nabobani lolusuku? | | | |



Asente loku

Ase ubuke sitfombe.
Libalave lemhlaba
wetfu. Uyabona nawe
kutsi umhlaba
wetfu unemhlabatsi
nelwandle. Faka
umbala loluhlata
sasibhakabhaka
elwandle. Faka umbala
lobubendze emhlabeni.
Dwweba tinhanti
letimbalwa elwandle.



Thisela:

Sayina:

Lusuku:





12

Lichawe lami

Ithemu I – Liviki 6 – Lishadi lekusebentela



Asikhulume

Cocani ngekutsi ngabe bakhona yini bantfvana labakhubatekile esikolweni sakho.

Yini lengentiwa sikolo kubasita basesesikolweni? Ngabe bantfu labakhubatekile bangaba bomphetsa?



Asifundze

Lamanye emachawe anekukhubateka. Babalandzelwa betfu lesibakhontile. ENingizimu Afrika, banyenti bomphetsa betemdlalo labakhubatekile. Kukhona yini lobatiko labakhubatekile lababomphetsa emidlalweni?

Natalie du Toit walahlekelwa yincenyemlente wakhe wangesancele engotini yesidududu. Uhamba ngemlente wekufakwa kodvwa ubhukusha asebentisa munye vo, umlente.



Asikhulume

Cocani ngebantfu labakhubatekile kodvwa labenta tintfo letisimanga. Cabangani ngaloku:

- Bantfu labangaboni badlala tinsimbi tekushaya ingoma. Ngabe kukhona lomatiko nje?
- Bantfu labangeva babbala tingoma. Unganiketa sibonelo nje?





Asibhale

Kulesikhala ngentasi, niketa imininingwane ngelichawe lakho nobe umlandzelwa.

Lichawe noma umlandzelwa wami ngu:

Dvweba sitfombe selichawe noma umlandzelwa wakho. Bhala emagama eceleni kwesitfombe sakho lachaza lomuntfu. Tibonelo unemusa, uyasitana, unesibindzi, uyatsandzana.

Ungaba lichawe njani? Cocisana nemngani wakho ngemibono lonayo.
Nyalo-ke bhala indzaba lapho khona uba lichawe. Gcwalisa lapha ngentasi:

Ngalelinye lilanga nga

Ngabese ngincuma ku

Ngabese

Kanjalo ngagcina sengilichawe.





13

Kuhlanta emanti

Ithemu I – Liviki 7 – Lishadi lekusebentela



Asifundze

Ase ubuke ingilazi yemanti.

Kukhona nje lokubonako ekhatsi kuyo?
Cha, awukhoni. Kodvwa bewati-nje kutsi ngaletinye tikhatsi
kuba nemagciwane emantini? Lamagciwane mancane
kakhulu akabonakali nje ngeliso lenyama. Uma unganatsa
emanti ungakawasusi kucala lamagciwane, ungfatfola kugula
lokubi. Sidzinga kwenta sicianisekiso kutsi emanti lesiwanatsako
ahlobile futsi acwengekile.



Asikhulume

Cocani ngekutsi kungentekani uma sinatsa emanti langcolile. Nyalo-ke
buka letitfombe lettingentasi. Coca nemngani wakho ngetindlela letehlukene
lesingahlobisa ngato emanti.



Faka emaphilisi eklorini emantini.

Bilisa emanti
imizuzu lesi-5.

Faka emakhemikhali.



Cenga emanti.



Lusuku:



Asikhulumé

Nguaphi emanti wena locabanga kutsi aphephile anganatfwa?
Faka umbala kulelitfonsi lemanti libe luhlata sasibhakabbaka
nawucabanga kutsi kuphephile kuwanatsa.

Emanti asemfuleni



Emanti laphehlwako

Emanti asempompini

Emanti latsengwe ngelibhodlela

Emanti aselwandle

Emanti labiliswe ngeligedlela



Asente loku

Sebentani ngemacembu nakhe kwekucenga emanti kuwenta ahlobiseke.
Lalelisisan lapho thishela wenu achaza loko lokufanele nikwente.



Utawudzinga loku lokulandzelako:

Libhodlela lepulasitiki lemalitha la-2

Sihlabatsi lesicolisakele

Sihlabatsi lesihhayekile

Ematje lamancane/lukhetse

Sikelo

Kotini



Asibhale

Faka tinombolo kuletinyatselo tekwenta sihlengo semanti ngekulandzelana kahle.

| | |
|--|--|
| | Tsela sihlabatsi lesicolisakele etu kwesigadla sakotini. |
| | Gucula libhodlela libheke phansi. |
| | Tsela sihlabatsi semahhedle. |
| | Ngekuophelala sika kahle lingentasi lelibhodlela lepulasitiki. |
| | Tsela emanti lamdzaka ebhodleleni. |
| | Tfululela ematje lamancane nobe lukhetse ebhodleleni. |





14

Indlela-mpilo lephilile



Asifundze

Ithemu 1 – Liviki 7 – Lishadi lekusebentela

Fundza ngalowo nalowo mkhuba lomuhle nalomubi. Uma ucabanga kutsi muhle lomkhuba, faka (✓), kantsi nawucabanga kutsi ngumkhuba lomubi, faka siphambano (✗).

| Imikhuba | Muhle | Mubi |
|--|-------|------|
| Thishela usita bafundzi kufundza. | ✓ | ✗ |
| Ngidla kudla lokunemphilo. | | |
| Ngilahla tibi letiphuma emotweni nobe etekisini ngelifasitelo. | | |
| Ngigeza tinwele tami njalo nje. | | |
| Ngidla emaswidi lamanyenti. | | |
| Ngigcina tingalo netindlebe tami tihlobile. | | |
| Ngicubha ematinyo ami kanye ngenyanga. | | |
| Ngicobonga tibi ngitilahle emgconyen'i wetibi. | | |
| Ngigeza tandla tami emva kwekuya emthoyi. | | |
| Uma ngikhwehlela noma ngitsimula ngibamba ngesandala emlonyeni wami. | | |
| Ngishukumisa umtimba njalo nje. | | |
| Ngigeza tandla embi kwekudla. | | |
| Ngiyatigicikela nje embi kweTV emahora lamadze. | | |
| Ngihlala nalabadzala lababhemako. | | |

Lusuku:



Asente loku

Yakha iphosta ngemkhuba lomuhle nobe lomubi.



Asibhale

Hlola iphosta yakho. Fundza umusho ngamunye, ubese ufaka buso lobumamatsekako uma lomusho uliciniso, ufake lobudzangele uma lomusho ungasilo liciniso.



| Yebo | Cha |
|------|-----|
| | |
| | |
| | |

Iphosta yami imbalabala futsi ihlobile.

Ngikujabulele kwakha iphosta yami.

Ngikhandze kumatima kwakha iphosta yami.



Kwente ngaphandle

- Ungazuba kufika kuphi? Sebentisa tintsambo letintsatfu utehlukanise imikhatsi bese uyatizuba. Chubeka utichelanise tehlukane umkhatsi ubone kutsi ungazuba kufinyelela kuphi.
- Nyalo-ke, cela babili bangani bakho bajikitise intsambo iye le nale wena uzube incatfu kuyo.
- Niketanani ematfuba ekuzuba incatfu.



Kudla lokusheshe konakale nalokuphuta konakala

Ithemu I – Liviki 8 – Lishadi lekusebentela



Lusuku:

Asikhulume



Cocani ngekulda lokufanele kugcinwe kubandza kute kungonakali. Ncumani kutsi ngukuphi kudla lokungadzingi kugcinwa kubandza, kodvwa lokungabekwa ekhabetheni. Sika sitfombe ngasinye ekhasini lalokujutjwako usinamatsisele efrijini nobe ekhabetheni.





Asikhulume



Thisela:
Sayina:

Lusuku:

Cocani ngekutsi ngutiphi tindlela lesingavikela ngato kudla
etilokataneni letinjengetimphungane netintfutfwane.



Emalanga eNkholelo nalamanye lakhetsekile



Asifundze

Bantfu mhlabi wonkhe bagubha tinsuku letikhetsikile temaholide.
Nguwaphi emaholide lotawagubha?

NgaKhisimusi sikhatsi lesitfola ngaso tipho. Sibuye siphe bangani betfu kanye nebemndeni wetfu tipho. Sinesihlahla saKhisimusi endlini yakitsi. Sibeka tipho ngaphansi kwesihlahla. Sihlobise sihlahla sabuye sabeka nenhanyeti etulu. NgaKhisimusi sidla kudla lokunyenti.



Asisakhoni kumela kufika kweDiwali. Ngulesikhatsi lapho sitfola khona emaswidi lamanyenti kanye netipho letinyenti. Sigocela emaswidi lamandzi kanye nemakhekhe emabhokisini bese siwapha bantfu labasivakashelako. Sikhanyisa emalambu lamancane siwabeke atungelete indlu.

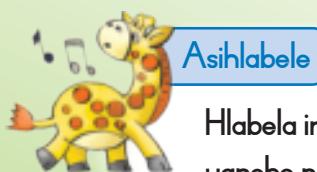
Lusuku:



Asisakhoni kumela iHanukkah.
Sitawuba nekudla lokunyenti
sishaye sentfwala. Sitsandza kudla
emapanikhekhe nemadonathi.
Natsi siyatsandza kutfola tipho.
Bomzala bayeta batosivakashela.
Sonkhe siyasita kupheka kudla
bese sikhanyisa emakhandlela
endlini yakitsi.



Masinyane nje kutawuba yi-Eid.
Ngiyetsema sitawutfola tipho letinhle.
Sitakupha bangani betfu tipho tabo.
Sitawudla emakhekhe nemaswidi
lamanyenti. Siyati kutsi yi-Eid
ngekususelwa kulokubumbeka kwenyeti.
Iba ngelusuku lolwehlukile umnyaka
ngemnyaka.



Hlabela ingoma loyatiko
yanobe nguliphi
kulamalanga lakhetsekile.



33



17

Tikhatsi temnyaka

Ithemu 2 – Liviki I – Lishadi lekusebentela



Asikhulume

Buka letifombe tetikhatsi letine. Cocela umngani wakho ngalokubonako esitfombeni ngasinye. Shano kutsi Tikhatsi letine temnyaka tehlukana njani.



Ngusiphi sikhatsi lositsandza kakhulukati? _____

Kungani utsandza lesikhatsi semnyaka? _____

Lungasiphi sikhatsi semnyaka lusuku lwakho lwekutalwa? _____

Lusuku:



Kusile, Mnu Langa!

Lusuku lwakho lusandza kucala.

**Ngitsandza buso bakho
lobukhatimulako. Kusile, Mnu Langa.**



**Mvula, mvula suka la!
Botwana bafuna kudlala.
Buya futsi lelinye lilanga.
Ungaveli nje ngisho langa
linye vo.**



Tikhatsi temnyaka letine

Ithemu 2 – Liviiki I – Lishadi lekusebentela



Asente loku

Sika titfombe tetikhatsi temnyaka ekhasini lelisikwako ngemuba kwalencwadzi.
Namatselisa sitfombe ngasinye eceleni kweligama lesikhatsi semnyaka lesifanele.

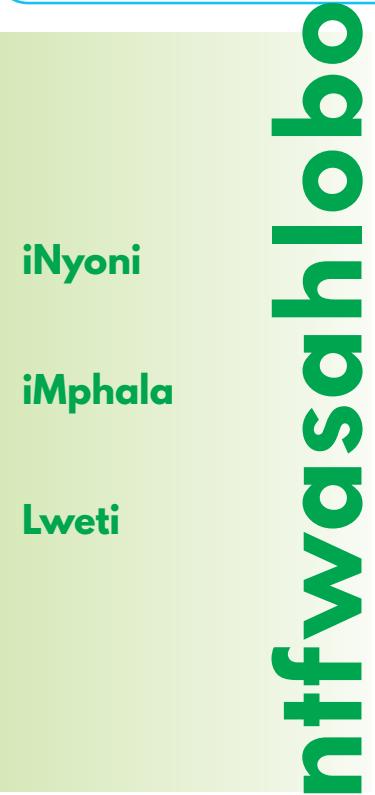


iNhlabo

Kholwane

iNgci

busika



iNyoni

iMphala

Lweti

intfwasahlobo

Lusuku:



iNgongoni

Bhimbidvwane

iNdlovana

ibhlobo

iNdlovulenkhulu

Mabasa

iNkhwekhweti

ikwindla



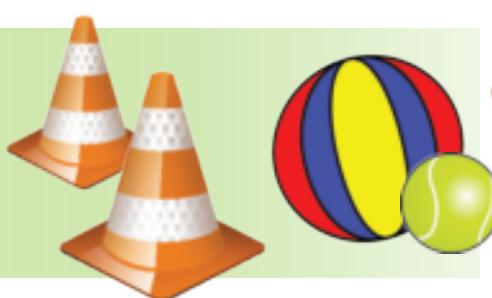
Kwente ngaphandle

Cecesha emakhono akho ebhola.

Shaya ibhola elubondzeni.

Hamba ume ndzawonye usashaya ibhola.

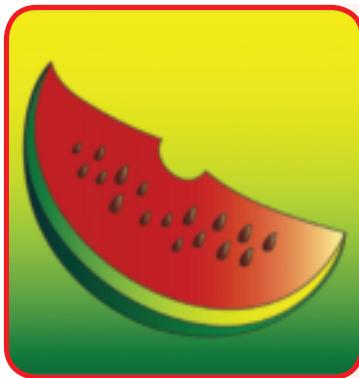
Nyalo-ke, gjijima ushaye lebhola utungelete emakhoni.



Sikhuluma ngetikhatsi temnyaka

Asifundze

Ithemu 2 – Liviki 2 – Lishadi lekusebentela



Lihlobo

Litulu libalele futsi liyashisa.

Imini yindze kantsi busuku bona bufisha.

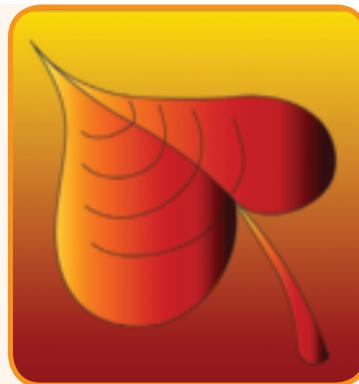
Singatiphotisa ngekubhukusha nobe sihlale phasi emtfuntini.

Likwindla

Lipholile.

Emacembe acala kugucuka abe sagolide abuye ahhohloke etihlahleni.

Tinyoni tindizela etindzaweni letifutfumele.



Busika

Buyabandza.

Kuletinye tindzawo kukhitsika lichwa nobe sitfwatfwa.

Imini yimfisha kantsi busuku budze.

Letinye tilwane tilala busika bonkhe gonco (tiyahoca).

Intfwasahlobo

Ifutfumele.

Tihlahla ticala kuhluma netimbali tiyabhalasha.

Tinyoni ticala kwakha tideleke titalele emacandza.

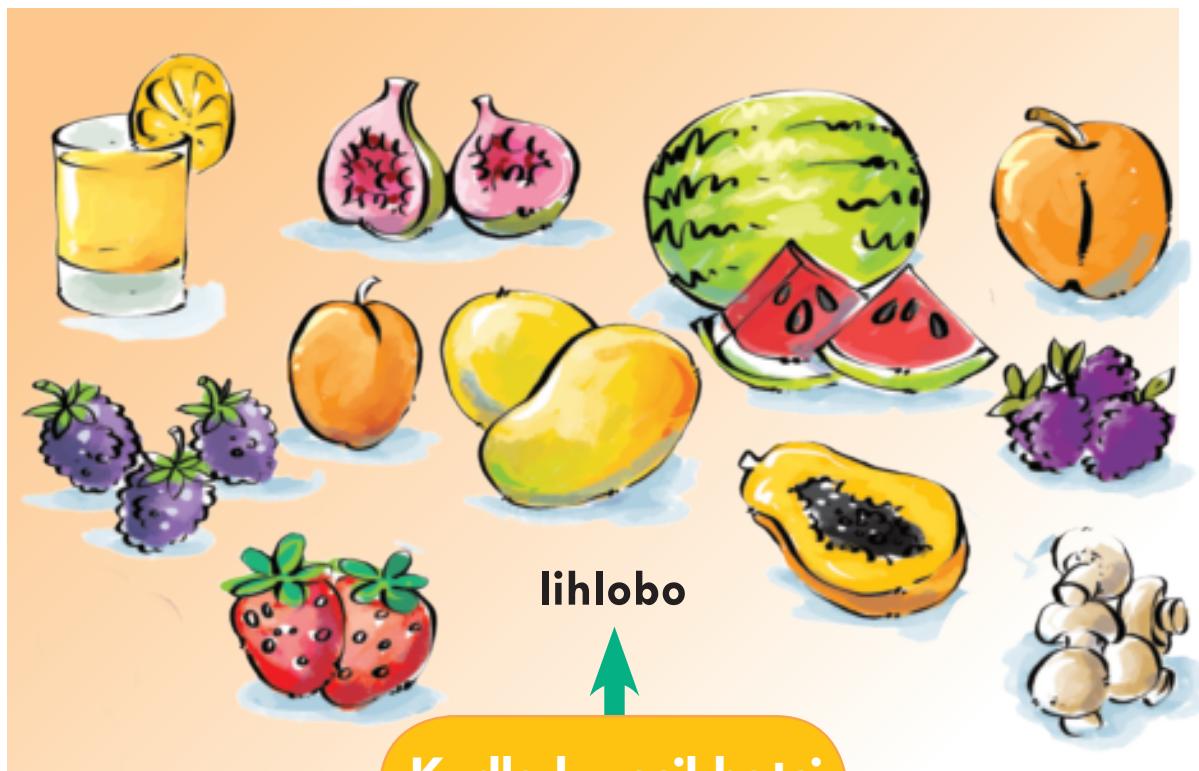


Lusuku:



Asikhulume

Tilimo tekudla lokwehlukene timila ngetikhatsi letehlukene temnyaka.
Bukisia letilimo tekudla lokumila ehlobo nasebusika.



Kudla kwesikhatsi
semnyaka ngasinye

busika





20

Ithemu 2 – Livi ki 2 – Lishadi lekusebentela



Asidvwebe

Kwembatsela simo selitulu

Dvweba umfana nentfombatana. Umfana kufanele agcoke tembatfo letifutfumele tasebusika kantsi intfombatana kufanele igcoke tembatfo letiphilile tasehlobo.



| | |
|--------|--------------|
| | |
| Umfana | Intfombatana |



Asinyakate

- Beka emahhulahhubhu phasi nobe udvwebe tindilinga esihlabatsini.
- Uma thishela wakho atsi zuba, zubela endilingeni ngetinyawo totimbili.
- Uma thishela wakho atsi zuba, zubela ngephandle kwendilinga ngelunyawo lunye.
- Dlala mkoko.
- Sebentisa lucetu lweshoki kudvweba letindilinga netikwele phasi.



Lusuku:

40



Asikhulume

Cocela umngani wakho kutsi ngutiphi timphahla lesitigcoka ngaleso naleso sikhatsi semnyaka. Ngutiphi timphahla wena lotsandza kutigcoka?



Dvweba umugca kusuka enhazelweni yekwekwembatsa lesikugcokako kuya eluhlotjeni lwasimo selitulu.

Asibhale

Kwembatsela simo selitulu

Uma libalele kufanele
sembatsele kutivikela elangeni.



Uma lifutfumele kumele
sembatse kwekwembatsa
lokupholile.



Uma kubandza ngaphandle
sidzinga kugcoka
kwekwembatsa kwensotfo
lokufutfumele.



Ngemalanga lanemvula
sidzinga lijazi lemvula
nesambulelo.



Umtselela wemikhakha yemnyaka

Ithemu 2 – Livi ki 3 – Lishadi lekusebentela



Asifundze



Lihlolo

Ehlobo balimi bakha titselo tabo. Bantfwana betilwane banemdlandla kakhulu.

Etindzaweni letinyenti lina kakhulu kube nekudvuma lokubi nemibane.

Tjani, emavungu netimbali kukhula kakhulu, tihlahla nato tikhula tibe tindze.



Intfwasahlobo

Entfwasahlobo tihlahla ticala kuhluma.

Sibona tinyoni netinyosi letinyentana kanye netimbali nemacembe lamasha.

Tinyoni takha tideleke titalele nemacandza.

Bafuyi bagunda timvu.



Likwindla

Letinye tilwane tilondvolota kudla
kwato tisalungisela kulala busika
bonkhe gonco.

Emacembe etihlahla acala
kugucuka abe mtfubi, bubendze,
bovu noma abe liphuti.

Tjani bucala kuba bubendze.



Busika

Letinye tilwane tilala busika bonkhe
gonco. Sitsi tiyabhaca.

Tiyafutfumala ngoba tikhumba tato
tiba neboya lobunyenti.



Asibhale

Ngabe tentani letinye tilwane busika bonkhe gonco? _____

Ngabe titivikela kanjani letinye tilwane emakhateni? _____

Tibuya nini tinyoni emaveni lafutfumele kucala titalele? _____



Kuhlanyela sihlahla selibhontjisi

Ithemu 2 – Liviki 3 – Lishadi lekusebentela



Asente loku

Udzinga

- emabhontjisi la-5
- lisoso
- limfomfo lakotini
- emanti



Lotakwenta

Beka emabhontjisi kulelimfomfo lakotini esosweni.



Kugcine kumanti. Beka lisoso entsendzeni yelifasitelo elangeni.

Gadza libhontjisi kusukela nyalo kuye emavikini lamabili.

Bona kutsi likhula njani.

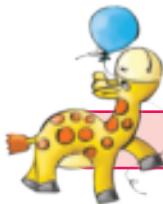


Buka lesitfombe salesilimo selibhontjisi.

Uma silimo sakho sibukeka njengalesi gcwalisa lusuku.

| Lusuku | Lusuku | Lusuku | Lusuku |
|---|---|--|---|
|  |  |  |  |

Lusuku:



Asente loku

Yentani umdlalo ngesilwane.

Ungabonisa libhele nobe livondvo licokelela kudla kwasebusika.



Kwente ngaphandle

Ndiza njengenkonjane iya
endzaweni lefutfumele.



Nyibili ka phasi esiyilweni
njengenyoka ifuna indzawo lenhle
yekubhaca kuyo.



| |
|-----------|
| Thishela: |
| Sayina: |
| Lusuku: |

Tilwane tasepulazini

Ithemu 2 – Liviki 4 – Lishadi lekusebentela

Asihlabele

Buka lesitfombe ucoce ngetilwane letehlukene tasepulazini lotibonako.

Ngusiphi silwane lesiyintsandvokati kuwe?

Yini lesiyitfola esilwaneni ngasinye kuleti?





Asibhale

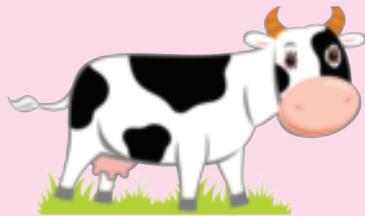
Gwalisa timphendvulo letifanele kulelithebula. Kwekucala sesikwentele.



| | |
|-------------------|------------|
| Lendvuna | Siwewe |
| Lensikati | Imbutikati |
| Lencane | Lizinyane |
| Kukhala | Mm-e-e- |
| Indzawo yekuhlala | Sibaya |



| | |
|-------------------|--|
| Lendvuna | |
| Lensikati | |
| Lencane | |
| Kukhala | |
| Indzawo yekuhlala | |



| | |
|-------------------|--|
| Lendvuna | |
| Lensikati | |
| Lencane | |
| Kukhala | |
| Indzawo yekuhlala | |



| | |
|-------------------|--|
| Lendvuna | |
| Lensikati | |
| Lencane | |
| Kukhala | |
| Indzawo yekuhlala | |



Thisela:

Sayina:

Lusuku:

Epulazini



Asihlabele

Mkhulu Madevu ungumfuyi

Hhiya hhiya hho

Mkhulu Madevu ufuye tinkhomo

Tibhonsa mo-o mo-o la; titsi mo-o mo-o nale

Tibhonsa mo-o, le titsi mo-o, siganga
sonkhe mo-o mo-o

Mkhulu Madevu
ungumfuyi

Hhiya hhiya hho





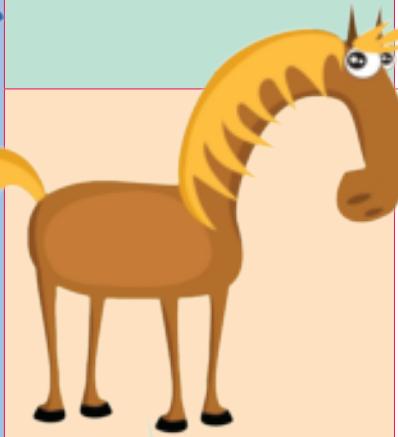
Chubeka uhlabele lengoma. Esikhundleni semigca lengenkhomo sebentisa letilwane.



Tinja



Emadada



Emahhashi.



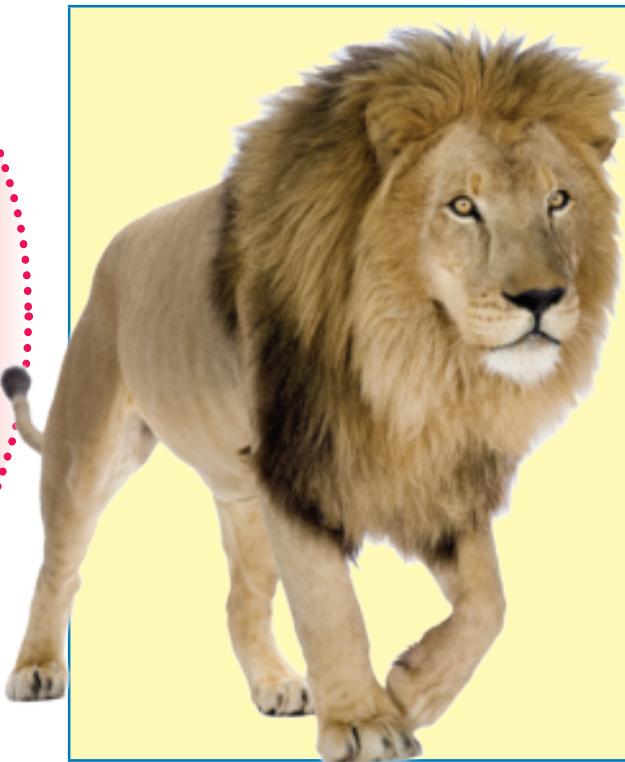
Kwente ngaphandle

- Hamba etulu kweliplanka lekusima ngaphandle kwekuwa.
- Phosa ibhola emoyeni uyibambe ngaphandle kwekuwa.
- Ubese ugadvula njengelihhashi.
- Bhadzatela njengelidada.
- Hamba njengelirobothi.

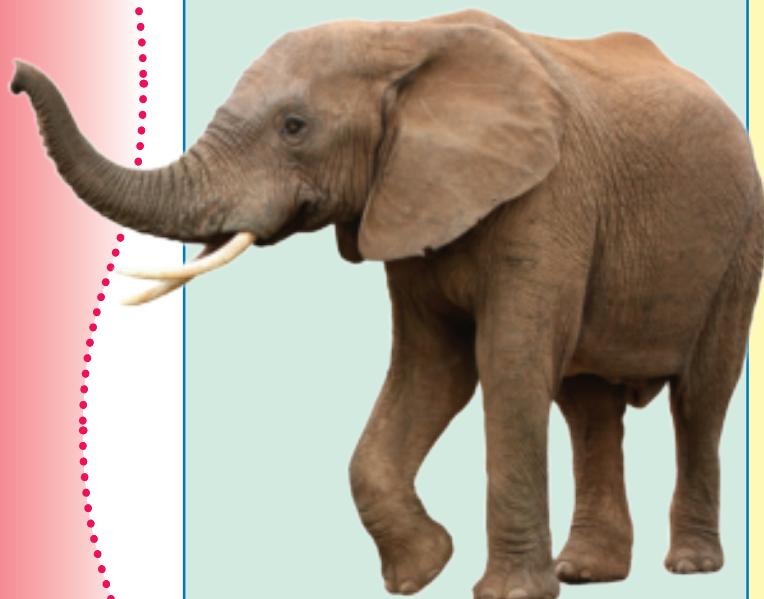




Asifundze



Emabhubezi ayincenye yemndeni wemakati. Libhubezi libonakala njengenkhosi yembuso wetilwane. Ayatingela abulale tilwane letifana netimpunzi nemadvuba. Lawo lamasikati ngiwo lattingela kakhulu. Atingela ebusuku nangemabutfo. Emabhubezi anconota kuhlala ematsafeni lavulekile. Emabhubezi angabhoodla kuhlocombe tiganga.



Tindlovu titilwane letimunyisako letinkhulukati kuletiphila emhlabatsini. Tisengotini malanga onkhe ngoba bacwiyi batitingela njalo ngekufuna tiphondvo-tsambo tato. Tindlovu tikhula imphilo yato yonkhe. Tindlovu tisebentisa imiboko yato kusiphula timphandze, titselo nemanti kungene emlonyeni wato. Tidla kufike ku 200 kg ekudla ngelilanga tibuye tinatse emalitha emanti la-190.



Kunetinhlobo letimbili tabobhejane – bhejane lomnyama nabhejane lomhlophe. Bobhejane ababoni kahle, kodvwa banelikhala lelikhona kuhosha nalokukhashane kabi. Bobhejane bakhulu kakhulu bangaba nesisindvo lesingema 2 500 kg. Bobhejane bavamise kutingelwa bacwiyi nebattingeli labafuna timphondvo tabo. Sidzinga kuvikela bobhejane kubatingeli labababulalako kutfola timphondvo tabo.



Ingwe lese icocodzele ingakhula ifike ku 2 m budze. Sikhumbaboya sayo sibubendze kancane nje nemabala lamnyama latindilinga. Ingwe iyakhona kucanca kahle nje futsi kayinankinga kutingela etihlahleni.



Inyatsi iphila emhlanjini. Uma kunengoti, tinkhomati takhona nematfole kuyabutsana kume emkhatsini kutungeletwe tinkunzi kute tivikeleke. Letinye tinyatsi tingakhula tite tifike ku 1,7 m budze.



Tibhaca njani tilwane

Ithemu 2 – Liviki 5 – Lishadi lekusebentela

Asifundze



Asitijabulise

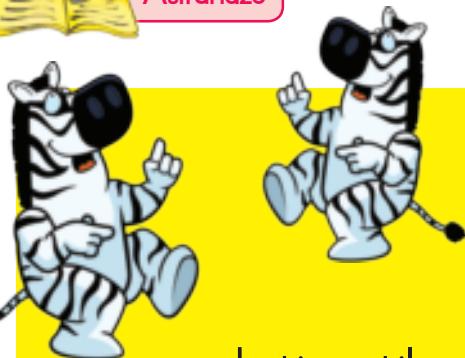
Lusuku:



Thishela wakho
utakukhombisa kutsi niyidlala
njani ingoma situlo.



Asifundze



Letinye tilwane titivikela ngekugucula
indlela letibukeka ngayo kute tifanane
nendzawo letikuyo. Lunwabu lungatigucula
umbala kute lufane netihlahla loluticancako.



Imidvwa yelidvube yenta kube luhuni
kutsi libonakale lidvuba evungwini. Loku sitsi
siphambamehlo. Ase ucabange ngaletinye
nje tilwane letisebentisa siphambamehlo.





Asente loku

Dvweba silwane sasendle.

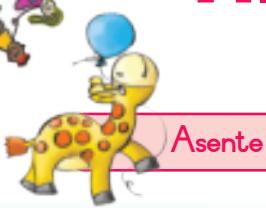
Chubeka ucocele umngani wakho kutsi lesilwane sitifihla njani kuphamba emehlo.



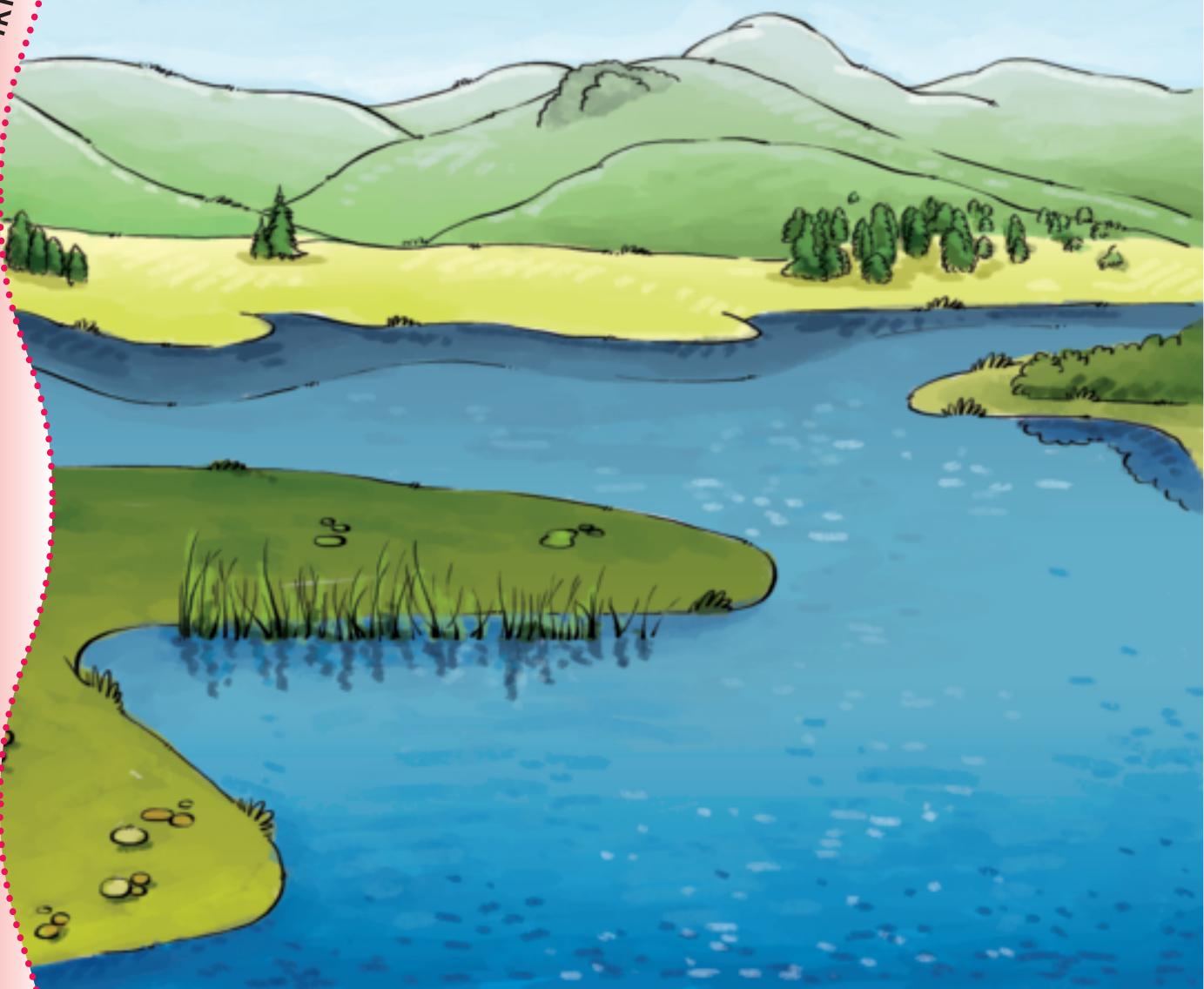
Thisela:
Sayina:
Lusuku:

Tilwane tasemantini

Ithemu 2 – Liviki b – Lishadi lekusebentela



Cedzela letitfombe ngekwengeta imidvwebo nobe titfombe tetilwane letihlala emfuleni.





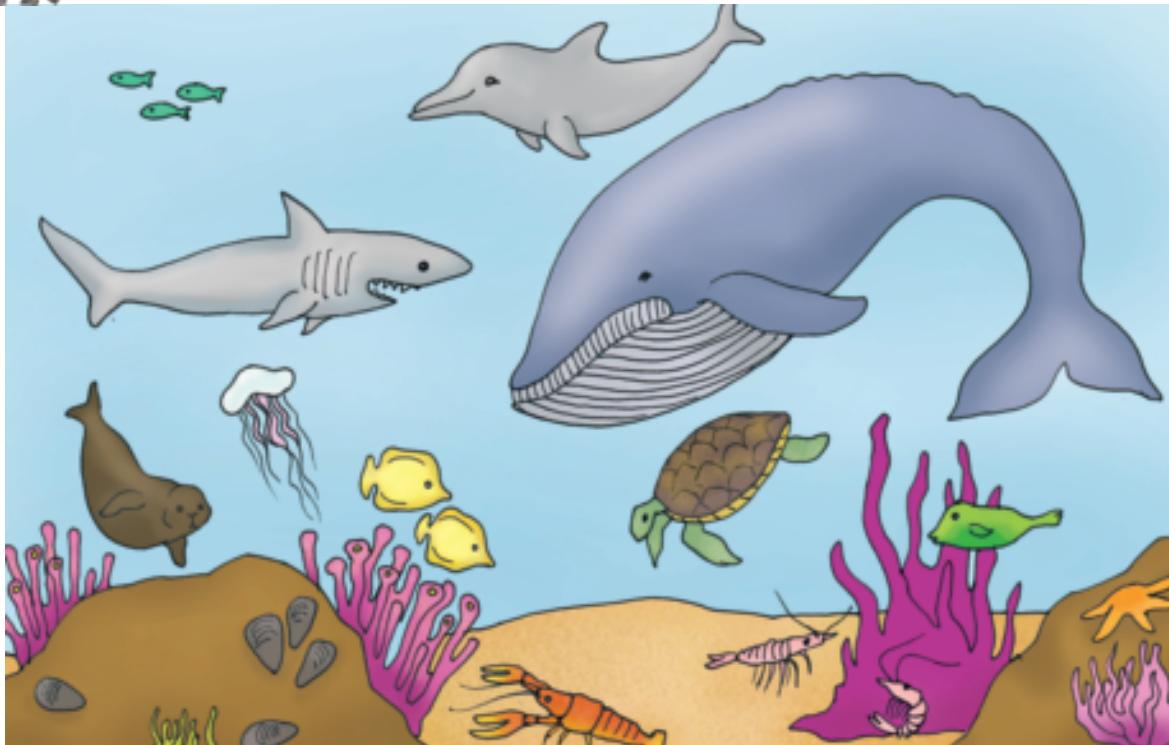
Tidalwa tasemajukujukwini elwandle

28

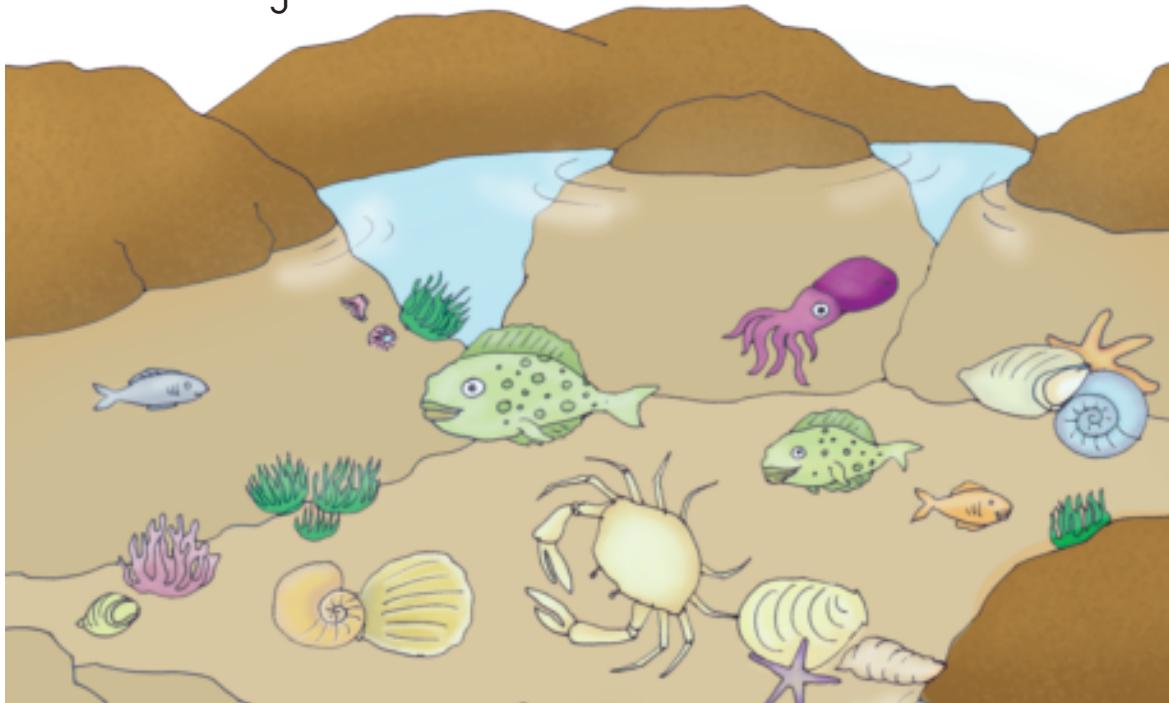


Asikhulume

Ase sibuke tonkhe tinhlobo letehlukene tetilwane letihlala emantini laneluswayi.



Kubuye kube khona tilwanyana letincane, letihlala eticojeni temadvwala lettingashoni.



Thisela:
Sayina:
Lusuku:

55

Buciko betilwane

Ithemu 2 – Liviki 7 – Lishadi lekusebentela



Asikhulume

Cocani ngato tonkhe tilwane
taselwandle letikuletitfombe.

- Ngutiphi kuletilwane taselwandle lettingadliwa bantfu?
- Ngutiphi tilwane taselwandle letiyijingoti?
- Ngabe umtimba wenhlanti umbonywe wabuye wavikelwa yini?
- Ngutiphi tindlela letehlukene lettingangcolisa lwandle.
- Wena ucabanga kutsi kungentekani uma lwandle
lungangcoliseka lube nemfucuta kumbe tibi letinashevu?

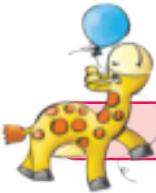


Asibhale

Bhala emagama etilwane longaticabanga letihlala emfuleni, emadamini
kumbe elwandle kuletibaya letintsatfu telithebula.

| Umfula | Lwandle | Lidamu |
|--------|---------|--------|
| | | |
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| | | |

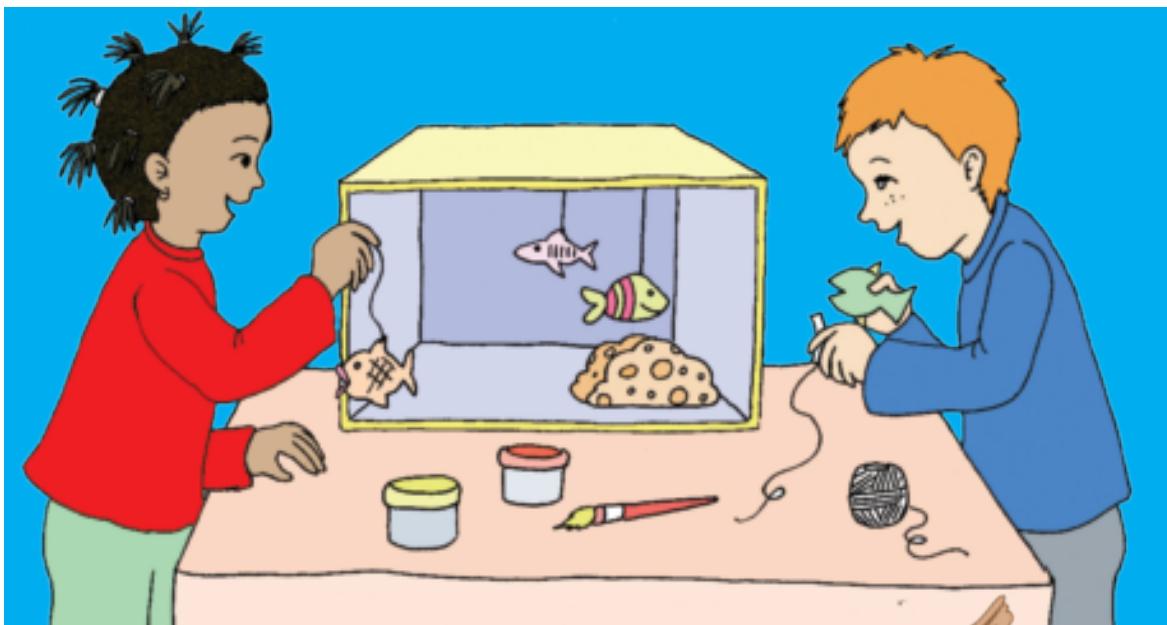
Lusuku:



Asente loku

Yenta lakakho lithange letinhlanti.

- Penda lingekhatsi lelibhokisi lesicatfulo libe luhlata sasibhakabhaka bese ulilalisa ngemhlubulo.
- Chubeka usike inhlanti ngemuva encwadzini.
- Namatselisa inhlanti etulu nelibhokisi usebentisa ithephu lenamatselako nentsambo.



Kwente ngaphandle

- Ndiza njengenyoni ngesivinini lesisetulu nalesiphasi.
- Bhadzatela njengephengwini.
- Ndiza njengenyosi.
- Hamba njengenkhala.
- Ntjwiza njengenhlanti.
- Zuba njengesicoco.
- Dlalani umdlalo lotsi Landzela umholi.
- Dlalani umdlalo welikati neligundvwane.



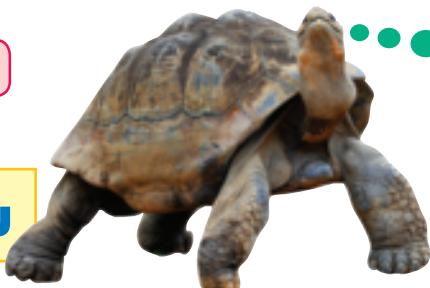
| |
|-----------|
| Thishela: |
| Sayinga: |
| Lusuku: |

Tilwane letetfwala emakhaya ato

Ithemu 2 – Liviki 7 – Lishadi lekusebentela



Asifundze



• • •

Bewati nje? Ngingena ngenele kahle egobongweni lami, alukaze lube luncane kimi.

Lufudvu

Lufudvu silwane sakabonyoka lesinemilente lemine lemahhedlehdedle nentsamo nenhloko leshwaphene. Luhamba kancane neligobongo lalo lendlu emhlane.

Tihlalaphi letilwane?

| | | |
|--------------------|---|-----------------------------|
| | | |
| Ngahlala elwandle. | Ngahlala emantini lacwengekile etiteteni. | Lufudvu: Ngahlala emhabeni. |



Asibhale

Phendvula lemibuto ngelufudvu loluphila emhabeni.

Ngabe ligobongo lelufudvu lilukhuni nobe litsambile? _____

Ngabe ligobongo lelufudvu liluvikela kuphi? _____

Lwentani lufudvu nalwefukile? _____

Lufudvu kodvwa ludla kudla kuni? _____

Lusuku:



Ummenkhe

Buka ligobongo
lemnenkhe.

Luphondvo-miva loludze

Liso

Luphondvo-miva lolufisha

Ligobongo

Lunyawo

Sikhala sekuphefumula

Uhamba njani ummenkhe?

Sewake walitfola ligobongo lemnenkhe lelite lutfo?

Ucabanga kutsi washonaphi lomnenkhe?

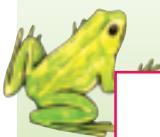
Unjani umbala wemagobongo emnenkhe?

Ucabanga kutsi kungani iminenkhe inemagobongo?



Asibhale

Ucabanga kutsi ngihlalaphi? Edvute nesitfombe sami, bhala kutsi likhaya lami ngingalakha **esihlahleni**, yini nobe **emhlabatsini** kumbe **emantini**.



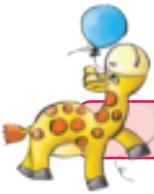
Thisela:

Sayina:

Lusuku:

Tilwane letitakhela tindlu tato

Ithemu 2 – Liviki 8 – Lishadi lekusebentela



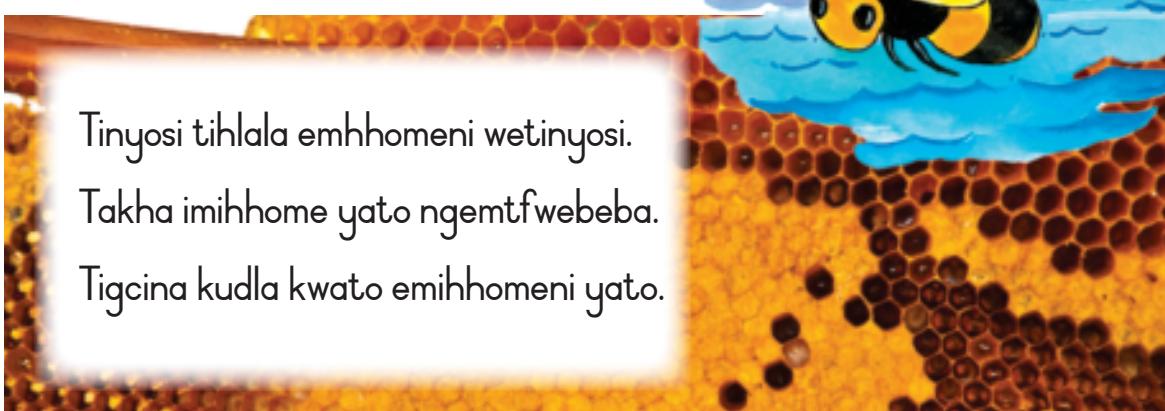
Asente loku

Condzanisa letitfombe taletilwane kanye nemakhaya ato.



Asifundze

Tinyosi



Tinyosi tihlala emhhomeni wetinyosi.

Takha imihhome yato ngemtfwebeba.

Tigcina kudla kwato emihhomeni yato.

Lusuku:



Tintfutfwane

Tintfutfwane takha emakhaya lahlukene endzaweni yato. Intfutfwane lencane ingetfwala umtfwalo lomkhulu losindza ngalokuphindvwe kane kunayo. Tintfutfwane tiyakhona kuchumana ngenkhulumo. Tiyeewayisana nakunengoti, futsi titjelane kutsi kudla kungakuphi.



Asibhale

Ucabanga kutsi kungani tintfutfwane titakhela emakhaya? _____

Ngubani sitsa lesikhulu sentfutfwane? _____

Tiwakha ngani emakhaya ato? _____



Asifundze

Tinyoni

Tinyoni takha tidleke tibe emakhaya ato kute tibe nendzawo lephephile yekubeka emacandza ato. Bukhulu besidleke buya ngebukhulu benyoni. Tisebentisani tinyoni kwakha tidleke tato?



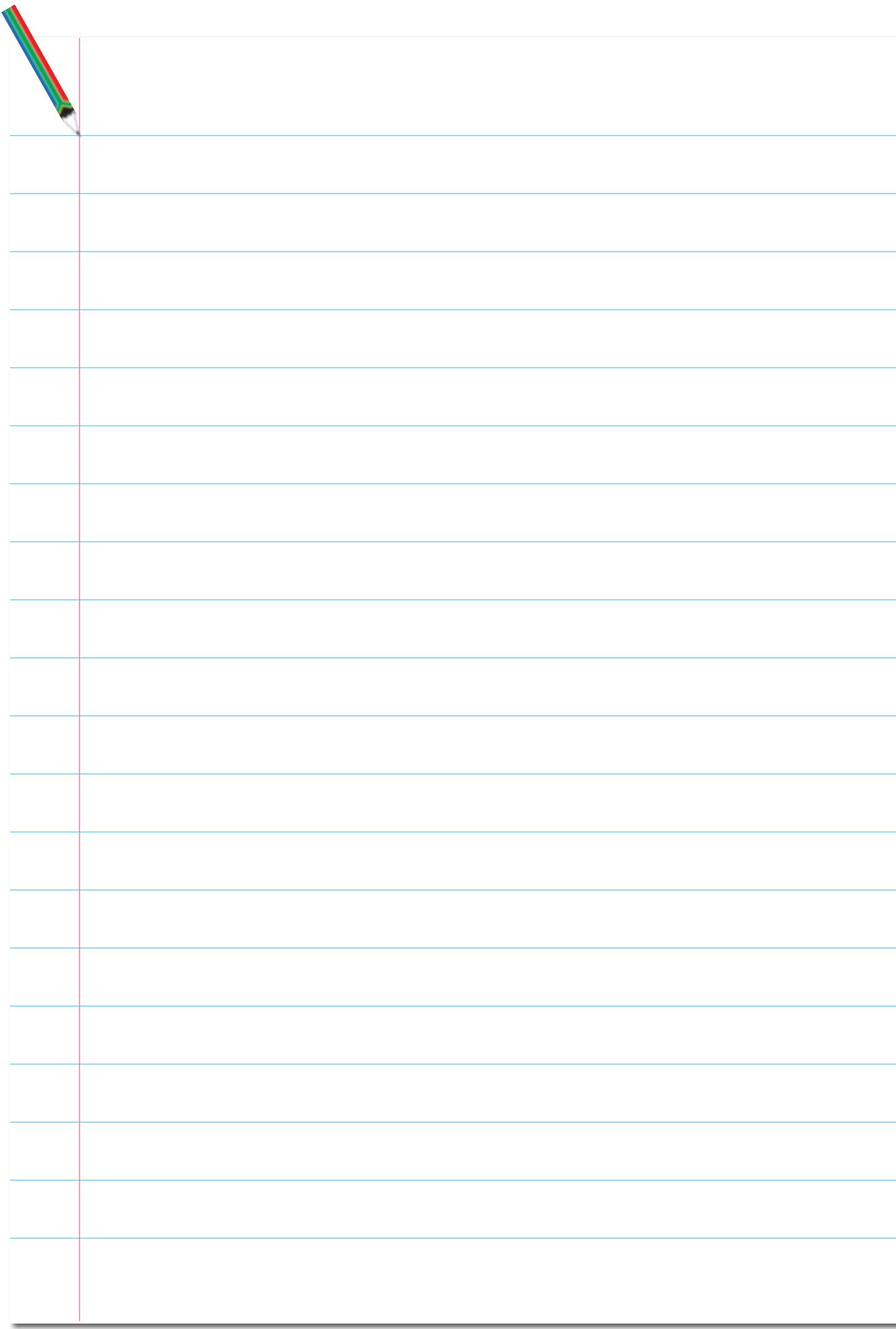
Ngusiphi silwane lesitsa senyoni? _____

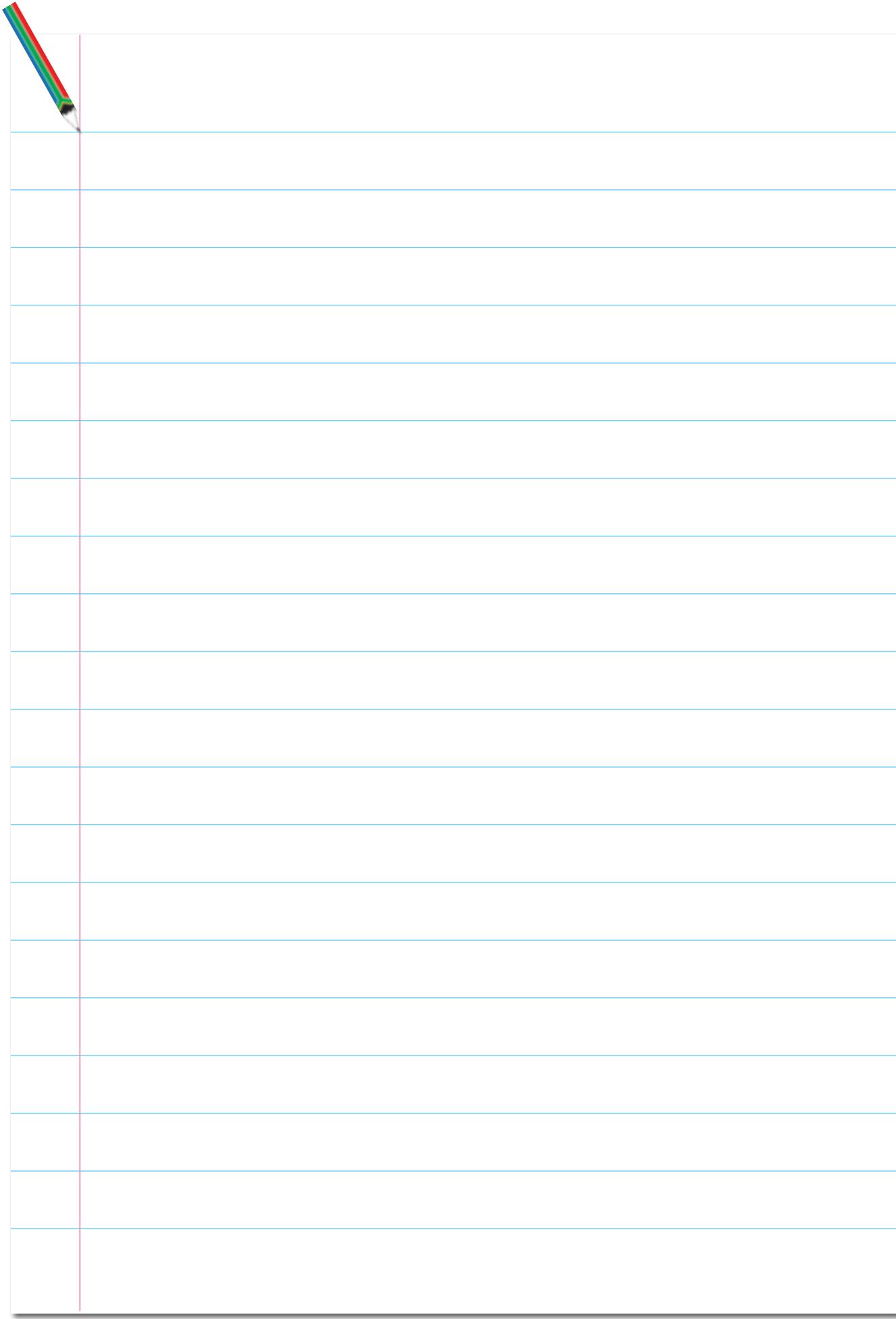




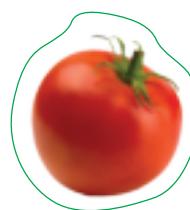
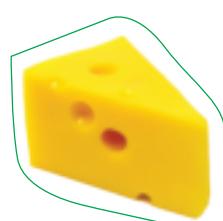
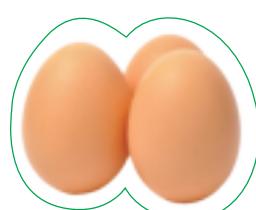
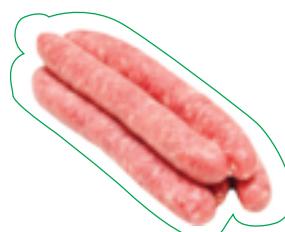
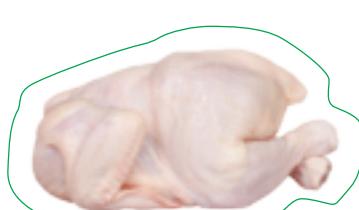
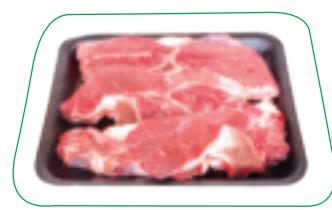
Sichazamagama sami

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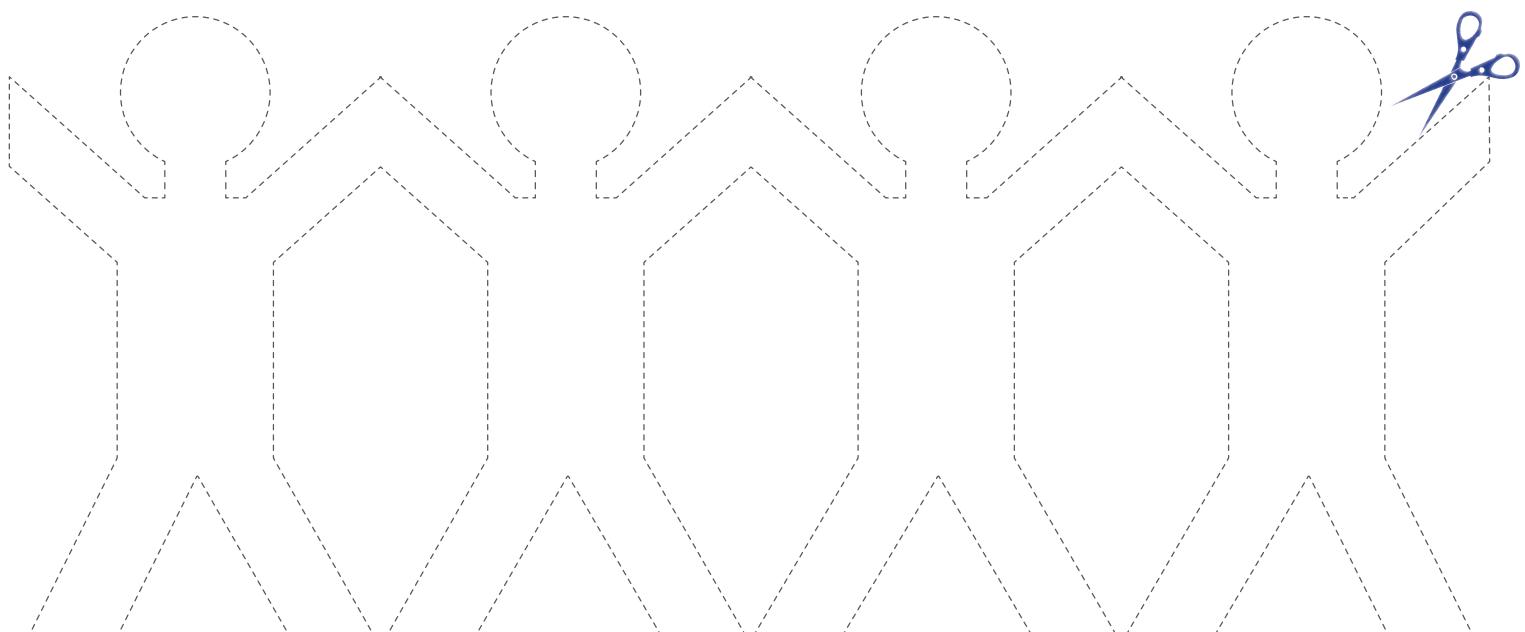




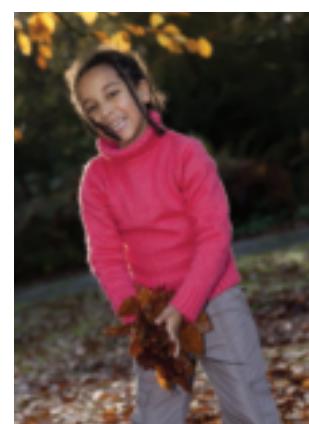
P.2q



P.1d



P.36-37



P.57

