

Ihlaziywe yaze
yalungelelaniswa
neCAPS

Ibanga lesi-

2



Izakhono zoBomi
ngesiXHOSA

Incwadi yoku-1
Ikota 1 & 2



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LIFESKILLS IN ISIXHOSA
GRADE 2 – BOOK 1
TERMS 1 & 2

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UNksz Angie Motshekga
uMphathiswa weMfundo
esisiSeko



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uSekela Mphathiswa
weMfundo esisiSeko

Ezi ncwadi zilungiselelwe abantwana boMzantsi Afrika phantsi kwephiko loMphathiswa weMfundo esisiSeko uNksz Angie Motshekga kunye noSekela Mphathiswa weMfundo uGqir Reginah Mhaule.

Ezi ncwadi zokusebenzela, iRainbow Workbooks, lelinye lamalinge ongenelelo eSebe leMfundo esisiSeko ajolise ekuphuculeni umgangatho wabafundi beloMzantsi Afrika abakumabanga amathandathu okuqala. Njengomnye wemiba ephambili yoMkhomba-ndlela kaRhulumente, eli phulo libe nempumelelo ngenxa yenkxaso-mali evela kuVimba weSizwe. Oku kuye kwenza ukuba iSebe likwazi ukuvelisa ezi ncwadi, zifumaneke ngazo zonke iilwimi ezisemthethweni ngexabiso eliphantsi.

Sinethemba lokuba ootitshala baya kuzifumana ezi ncwadi zokusebenzela ziluncedo kakhulu kwimfundo yemihla ngemihla, nasekuqinisekiseni ukuba abafundi bayifikelela yonke ikharithulam. Ukuqinisekisa ukuba utitshala uyakhokelwa kuyo yonke imisetyenzana, sisebenzise izalathisi ezibonisa oko kufanele ukwenziwa ngumfundi.

Sinethemba lokwenene lokuba abantwana baya kukonwabela ukusebenza kwezi ncwadi ekukhuleni nasekufundeni kwabo, kwanokuba nawe titshala uya kwabelana nabo kolu yolo.

Singwenela ukuba nibe nempumelelo ekusebenziseni ezi ncwadi.

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Ibanga lesi-

2



Izakhono zoBomi
ngesiXHOSA
Incwadi yoku-I



Le ncwadi yeka:



Ukutya okunempilo kuyaphilisa



Masifunde

Imizimba yethu idinga ukutya okunempilo ukuze sikhule. Kufuneka sitye ukutya okuvela kwiqela ngalinye lokutya yonke imihla. Kufuneka sitye ukutya okunempilo ukuze sibe namandla awoneleyo okwenza yonke into esifuna ukuyenza. Ukuba asinakutya ukutya okunempilo, singagula.

Amaqela amahlanu okutya

Ukutya okuziinkozo
kanye nemveliso
eziinkozo

Imifuno
neziqhamo

Abanye abantu batya imifuno kuphela. Loo nto ithetha ukuba abayityi kwaphela inyama. Batya ukutya okuvela kumaqela ama-4 okutya.

Inyama,
intlanzi, imveliso
yeenkukhu,
amandongomani
neembotyi

Amafutha neeoyile

Imveliso yobisi

Umhla:



Masenze

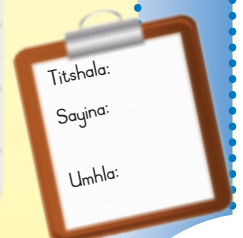
Ncokola nomhlobo wakho malunga nokuba kokuphi ukutya okunempilo koku. Kubiyele ngesangqa.



Masibhale

Yenza ngathi uya esuphamakethi kunye nomama wakho niyokuthenga ukutya kwesidlo sangokuhlwa. Yenza uluhlu lokutya okuya kuba nempilo okunokutyiwa lusapho lwakho.

ULUHLU LWEZINTO EZIZA KUTHENGWA



Amanzi asinika ubomi

Masithethe

Kutheni sifuna amanzi nje?
Abantu, izityalo nezilwanyana
badinga amanzi ukuze bahlale
bephila. Amanzi athwala ukutya
esikutyayo akuse kwiindawo
ezahlukeneyo zomzimba.
Akwanceda imizimba yethu
ekususeni ukungcola.



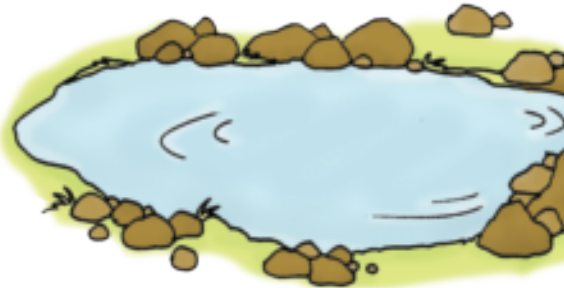
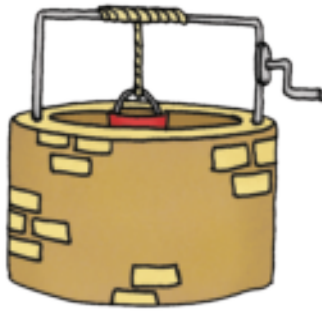
Masenze

Sisebenzisa amanzi yonke imihla emakhayeni ethu. Chazela umhlobo wakho
ngazo zonke izinto esiwasebenzisa kuzo amanzi. Zoba ke ngoku imifanekiso
emi-4 ubonise indlela esiwasebenzisa ngayo amanzi. Bhala isihloko ngentla
komfanekiso ngamnye uchaze ukuba ungantoni na.



Masibhale

Siwafumana phi amanzi? Krwela umgca udibanise igama ngalinye kunye nomfanekiso ochanekileyo.



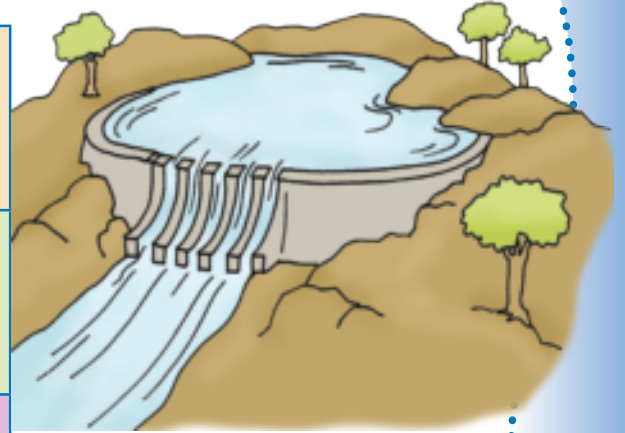
umthombo

Iphiko
lamanzi

umlambo

idama

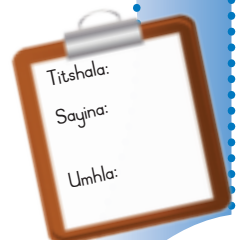
iqula



Phuma phandle

Phambi kokuba nenze umsebenzi phandle, zoluleni okwekati. Oku kuza kwenza ukuba imizimba yenu ishukume lula. Kufuneka nizolule kwakhona emva komsebenzi ukuze nizipholise nomzimba ukhululeke. Oku kuya kunceda umzimba wakho ungabi nemikhinkqi.

- Tsiba okwesele. Yenza ingxolo yamasele.
- Phoselanani ngebhola okanye ngengxowa yeemboty niyigange.
- Phosa ibhola phezulu uze uyigange.
- Ngcekelela ingxowa yeemboty ube nokhuphiswano lokuhamba kunye nomhlobo wakho. Khangela ukuba unokuhamba umgama ongakanani na ingakhange iwe ingxowa yeemboty..





3

Silondoloza amanzi

Ikota yoku-1 – Iveki yesi-2 – Iphepha lomsebenzi lesi-



Masithethe

Amanzi axabisekile kakhulu, ngoko ke kufuneka singawamoshi. Thetha nabahlobo bakho malunga neendlela ezahlukeneyo esinokuwalondoloza ngayo amanzi.



Masibhale

Bhala izimvo ezimbini ezingokulondoloza amanzi kwizithuba ezingezantsi.

1.

2.



Masenze

Sebenzisa iikhrayoni ukwenza ipowusta emibalabala emalunga nokulondoloza amanzi. Ipowusta yakho kufuneka ikhuthaze abanye balondoloze amanzi. Xa sowuyigqibile ipowusta yakho yibonise abahlobo bakho.





Phuma phandle

Masidlale umdlalo othi "Ngubani ixesha, Mnu Ngcuka?"

Omnye wenu makabe yingcuka.
Tshintshisanani nibuzane, "Ngubani ixesha, Mnu Ngcuka?" Ngalo lonke ixesha ubuza, ingcuka mayithi ixesha ...
Kodwa ukuba ingcuka ithi "lixesha lesidlo sasemini" iza kukuleqa. Kuza kufuneka ubaleke ingakubambi.



Thatha ke ngoku uhulahuphu uzokudlala ngaye. Tshintshiselana nomhlobo wakho nihambe ninqumle kuye ngeenyawo nangezandla. Wumiseni ze nithubeleze kuye. Tshintshiselanani ngokwenza oku.
Landelani imiyalelo katitshala ukuze nenze oku ngokuphephileyo.

Okokugqibela, yibani ngamaqela anabantu abane. Kufuneka nenze nokuba ngowuphi na umxhentso waseMzantsi Afrika eniza kuwubonisa eklasini.



Titshala:
Sayina:
Umhla:





4

Umoya ococekileyo usinika amandla



Masifunde

Umoya esiwuphefumlayo une-oksijini. Le oksijini inceda imizimba yethu ekusebenziseni ukutya esikutyayo. Loo nto yenza sifumane amandla ukuze siphile. Xa siphefumla umoya ongcolileyo, imizimba yethu ayisebenzi kakuhle.



Masibhale

Hlala nomhlobo wakho. Sebenzani kunye nizalise ezi zikhewu zingezantsi:

Ndifuna umoya ococekileyo kuba _____

Xa umoya umdaka _____

Umoya uyangcola _____

Izinto esinokuzenza ukuze sigcine umoya ucocekile:

1. _____

2. _____





Masifunde

Abantu bayalifuna ilanga ukuze bonwabe kwaye babesempilweni. Ilanga linceda imizimba yethu yenze uVithamin D. Le vithamin siyifuna kuba yenza amathambo ethu omelele. Ilanga elishushu kakhulu alilunganga. Singatsha kakubi xa sihleli kulo. Kufuneka uthambise isikhuseli langa okanye uthwale umnqwazi welanga ukuze ukhusele isikhumba sakho elangeni.



Masibhale

Vala izikhewu ezingezantsi:

Ndingakhuseleka elangeni ukuba:

1. _____
2. _____
3. _____



Masicule

Cula le ngoma uze uqhwebwe ngokwesingqisho



Kufuneka uthambise isikhuseli langa okanye uthwale umnqwazi welanga ukuze ukhusele isikhumba sakho elangeni.



**Langandini elishushu
Ukukukhanya kwam wena
Ukukhanya okungacimiyo
Ungunozala wovuyo**

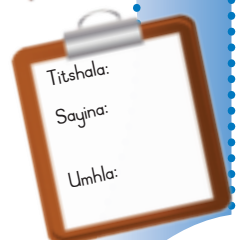
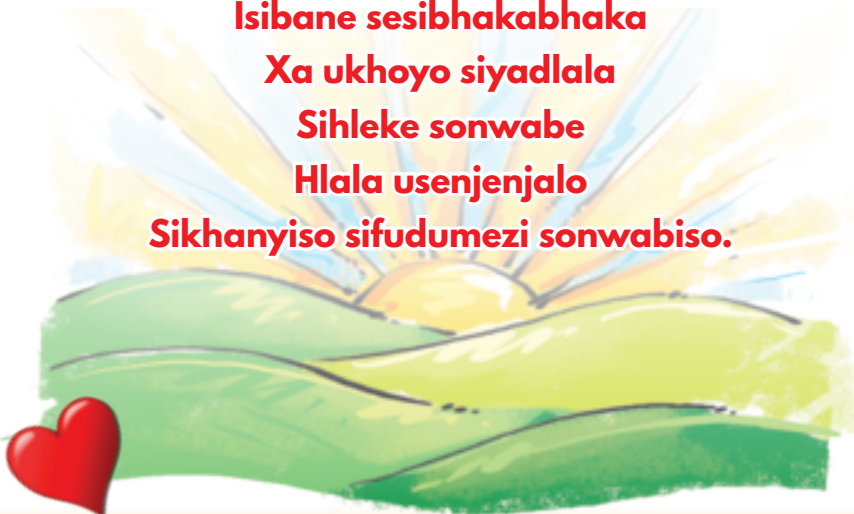
Isibane sesibhakabhaka

Xa ukhoyo siyadlala

Sihleke sonwabe

Hlala usenjenjalo

Sikhanyiso sifudumezi sonwabiso.





5

Mna nabahlobo

Ikota yoku-1 – Iveki yesi-3 – Iphepha lomsebenzi lesi-



Masithethe

Sonke siyakuthanda ukuba nabahlobo abalungileyo. Wazi njani ukuba umntu ngumhlobo olungileyo?



Masibhale

Kwizikhewu esingezantsi bhala uluhlu lwezinto ezenza umntu abe ngumhlobo olungileyo.



1.

2.

3.

4.



Masibhale

Khawucinge ngale mibuzo wandule ukuphendula imibuzo.

Bangaphi abahlobo onabo?

Ngubani igama lomhlobo wakho osenyongweni?

Lixesha elingakanani ningabahlobo?

Yintoni eyodwa oyithandayo ngalo mhlobo wakho?



Masithethe

Hlala nomhlobo wakho nize nithethe ngezi ngxelo. Faka uphawu (✓) ebhokisini ukuba yinyani kunye no (✗) ukuba asiyonyani.

Uluhlu lokuqinisekisa ubuhlobo

Phawula ✓ okanye ✗

Umhlobo wam uyandikhathalela.

Umhlobo wam uyandinceba.

Siyabelana nomhlobo wam.

Umhlobo wam akalwi nam.



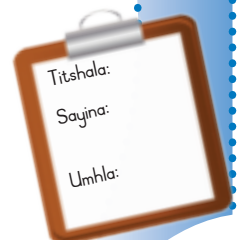
Masenze

Cinga ngento onokuyenza ukwenza umhlobo wakho azive ebalulekile. Zoba umfanekiso uwufake kwisakhelo. Ukhumbule ukuhombisa isakhelo somfanekiso. Wakugqiba thetha ngemibala epholileyo nefudumeleyo oyisebenzisileyo emfanekisweni wakho.



Masibhale

Bhala izivakalisi ezibini ngomfanekiso wakho.



Titshala:

Sayina:

Umhla:

Abantu abasingqongileyo



Masithethe

Jonga emifanekisweni. Cinga ngezinto ezenziwa ngabahlobo abalungileyo, uze uncokole ngazo eqeleni lakho. Cinga ke ngoku ngezinto ezenziwa ngabahlobo abangalunganga. Faka (✓) kumfanekiso ngamnye obonisa ubuhlobo obulungileyo kunye no (✗) kuleyo ibonisa ubuhlobo obungalunganga.





Masifunde

Funda isivakalisi ngasinye uze ufakele umbala kubuso buka Ewe okanye ubuso buka Hayi 😊 ☹️.

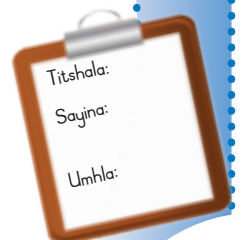
Ndingumhlobo olungileyo.		
 Ndiyabakhathalela abahlobo bam.		
Ndinobubele kubafundi endifunda nabo.		
Abafundi endifunda nabo banobubele kum.		
 Ndinembeko ebantwini abandingqongileyo.		



Phuma phandle

Masidlale "Yima esithunzini sam".

Wena nabahlobo bakho zamani ukuma omnye esithunzini somnye. Tshintshisanani nibone ukuba zingaphi izithunzi enizinyathelayo. Ningahlala nishukuma njalo ukuthintela umhlobo wakho angemi esithunzini sakho.



Titshala:
Sayina:
Umhla:





7

Makungavuyelelwana



Masibhale

Jonga kumfanekiso ngamnye.

Ubunokuthini ukuba ubungumntwana ovuyelelwayo? Ecaleni komfanekiso ngamnye, bhala isivakalisi malunga nendlela ekufuneka sibaphathe ngayo abanye abantu.







Ikota yoku-1 – Iveki yesi-4 – Iphepha lomsebenzi lesi-





Masenze

Yilani umdlalo-Linganisa nomhlobo wakho nenze umdlalo omalunga nomntwana ovuyelela omnye. Emva koko yitsho ukuba singenza ntoni ukuthintela ukuvuyelelana.

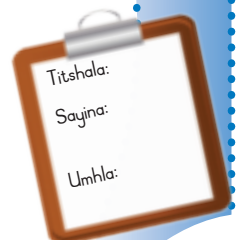
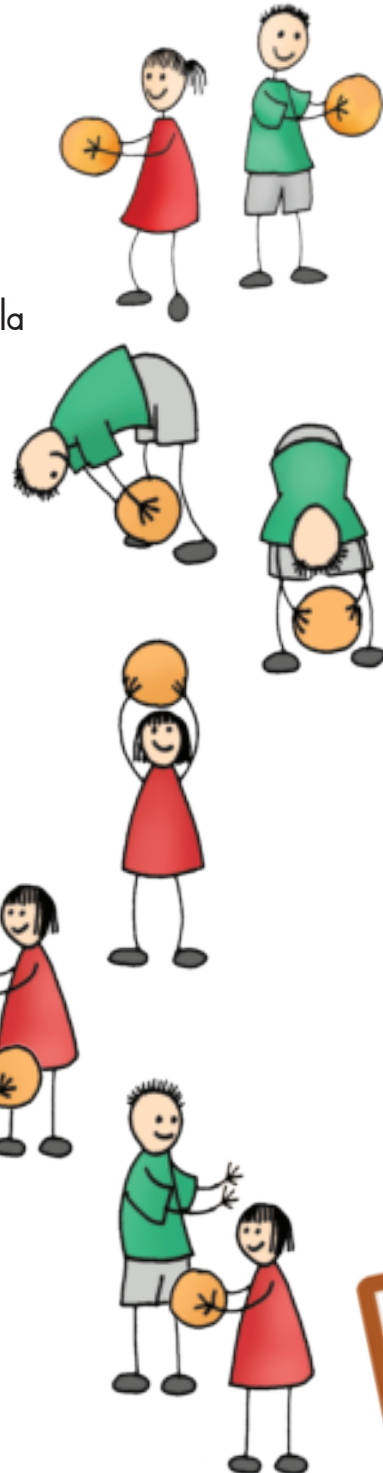


Phuma phandle

Zilungiseni nibe ngamaqela ezihlanu.

Yenzani umgca niphoselane ibhola. Jongani ukuba leliphi iqela eliphosa ibhola iyokufika ekugqibeleni ngexesha elifutshane. Emva koko zamani ukuphosa ibhola ngeendlela ezahlukileyo:

- Phosela ugxa wakho osemva kwakho ibhola phakathi kwemilenze.
- Phosela ugxa wakho osemva kwakho ibhola phezu kwentloko.
- Phosela ugxa wakho osemva kwakho ibhola ngasekhohlo.
- Phosela ugxa wakho osemva kwakho ibhola ngasekunene.
- Phoselanani ngebhola nize nijonge ukuba niyiganga kangaphi.



Titshala:
Sayina:
Umhla:





8

Wonke umntu ubalulekile

Ikota yoku-1 – Iveki yesi-4 – Iphepha lomsebenzi lesi-



Masithethe

Jonga emifanekisweni utsho ukuba bafana njani na aba bantwana. Yitsho ukuba bahluke njani.





Masifunde

Yenzani lo msebenzi niliqela. Jonga abanye abantwana eklasini. Funda ingxelo nganye. Ukuba le ngxelo iyinyani faka (✓) kwibhokisi esekunene, ukuba asiyonyani faka (✗).

	Faka ✓ okanye ✗
Ingaba amakhwenkwe ayafana namantombazana?	
Ingaba baneenwele ezinombala ofanayo bonke?	
Ingaba banamehlo anombala ofanayo bonke?	
Ingaba bonke banezandla ezilinganayo?	
Ingaba bonke bade ngokulinganayo?	



Masithethe

Uyaqaphela ukuba sonke sahlukile? Uyabona ukuba siyafana sonke? Thethani ngeendlela esifana ngazo.

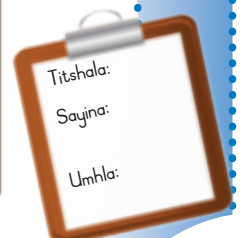


Masizobe

Zizobe. Sebenzisa into yokuqaba umlomo ebomvu ukubonisa umnwe wakho owahlukileyo ecaleni kwesakhelo.



Ubusazi na ukuba akukho mntu unomnwe ofana nowakho? Wahlukile kwaye ubalulekile!



Titshala:
Sayina:
Umhla:

Siziva njani

Ncokolani ngendlela eniziva ngayo xa nehlelwa yinto elungileyo.
Phindani nincokole ngendlela eniziva ngayo xa nehlelwe yinto embi.
Oku sikubiza ngokuba ziimvakalelo. Bhala uchaze ukuba baziva njani.

Masithethe











Masibhale

Bhala iimpendulo zale mibuzo ingezantsi.

Yintoni endonwabisayo?

Yintoni endenza lusizi?

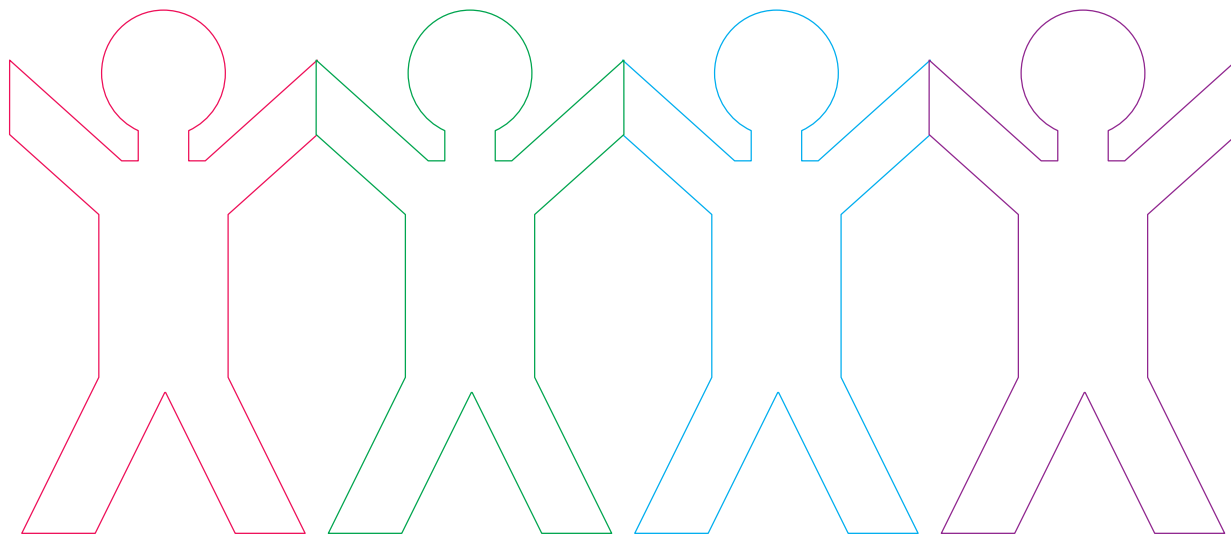
Yintoni endoyikisayo?

Yintoni endivuyisayo?



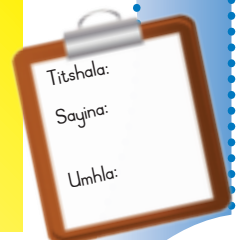
Masenze

Zoba uze ufake imibala kweli khonkco lobuhlobo. Yenza unodoli ngamnye ahluke ukubonakalisa ukuba sonke sahlukile. Wakugqiba ukwenza oku, sika ikhonkco lobuhlobo kwiphepha lemisiko elisembindini wale ncwadi. Yenza unodoli ngamnye ohluke uze ubamise edesikeni yakho ukuze bakukhumbuze ukuba sahlukile.



Phuma phandle

Yenza umzimba wakho ube mkhulu kangangoko unakho. Zama ke ngoku ukuwenza ube mncinci kangangoko unakho. Khawuzame ukuwenza ube mde kangangoko. Okokugqibela zama ukuwenza ube mfutshane kangangoko.



Abantu abakhubazekileyo



Masithethe

Jonga emifanekisweni.

- Zeziphi iindidi zokukhubazeka ozibonayo?
- Usebenzisa ntoni umntwana ngamnye ukuze azincede?
- Zeziphi iingxaki ocinga ukuba banazo aba bantwana ebomini babo?
- Thetha ngeendlela esinokubanceda ngazo.



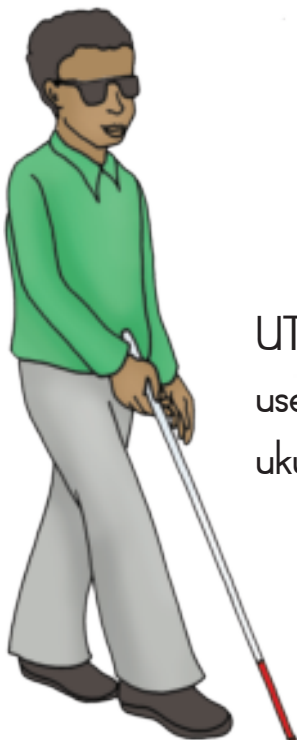
Masibhale

Jonga imifanekiso engezantsi.
Gqibezela izivakalisi.

URosemary akakwazi ukuhamba
usebenzisa _____
ukuze ahamba-hambe.



isitulo samavili



UThabo yimfama kwaye
usebenzisa _____
ukufumana indlela.

inja ekhokelayo





into encedisa ukuva



UPeter sisithulu. Usebenzisa
_____ ukuze eve.



ukuthetha ngezandla

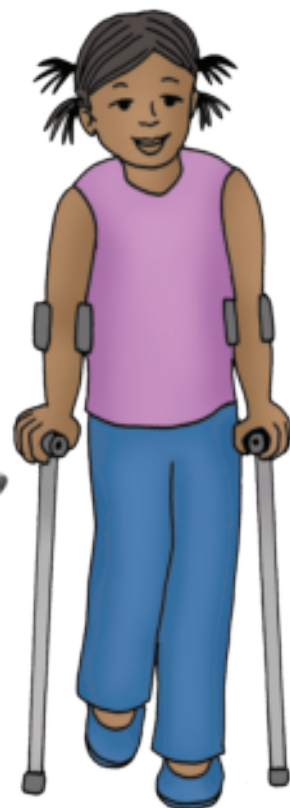


UJabu akakwazi ukuthetha.
Usebenzisa _____
ukuze anxibelelane.



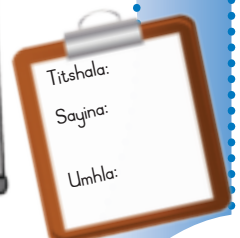
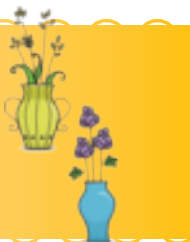
iintonga

UNomsa usebenzisa
_____ ukumncedisa
ukuba ahambe.



Masenze

Yenza ivazi okanye ikomityi ngodongwe
okanye ngentlama yokudlala .



Bonke abantwana babalulekile



Masithethe

Bohluke njani aba bantwana kuwe? Bafana njani.



Masifunde

Abantu kwihlabathi liphela babhiyozela iiholide ezibalulekileyo.



Sonke siyakuthanda ukudlala nokucula.

Sonke kufuneka sitye.

Sonke kufuneka sifundile.

Sonke siya kwagqirha xa sigula.

Sonke kufuneka sicoceke.

Akunyanzelekanga ukuba sifune umsebenzi.

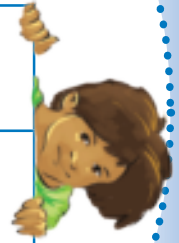
Sonke singabantwana.



Masibhale

Buza abahlobo abathathu le mibuzo. Bhala iimpendulo kwizikhewu ezingezantsi.

Bhala igama lomhlobo wakho.			
Yeyiphi inkolo yakho?			
Yeyiphi imibhiyozo ebalulekileyo eniba nayo?			
Nitya ntoni?			
Zeziphi iimpahla ezizodwa othanda ukuzinxiba?			
Nibhiyoza kunye nabani?			



Masenze

Jonga umfanekiso.
Yimephu yehlabathi.
Ungaqaphela ukuba
ilizwe lethu linomhlaba
nolwandle.
Faka umbala obhulowu
elwandle. Umhlaba
wufake umbala
omdaka. Zoba iintlanzi
ezimbalwa elwandle.



Titshala:
Sayina:
Umhla:

Iqhawe lam



Masithethe

Ncokolani malunga nokuba ingaba bakhona na abantwana abakhubazekileyo esikolweni senu.

Singenza ntoni isikolo ukubanceda ngeli xesha besesikolweni?
Bangakwazi na abantu abakhubazekileyo ukuba ziintshatsheli?



Masifunde

Amanye amaqhawe akhubazekile. Angabantu esifunda kubo nesifuna ukubalandela. EMzantsi Afrika kukho iintshatsheli ezininzi kwezemidlalo ezikhubazekileyo.

Bakhona abantu abakhubazekileyo obaziyo abaziintshatsheli kwezemidlalo?

UNatalie du Toit waphulukana nomzantsi womlenze wakhe wasekhohlo kwingozi yesithuthuthu. Uhamba ngomlenze ofakelweyo kodwa usebenzisa umlenze omnye xa equbha.



Masithethe

Ncokolani ngabantu abakhubazekileyo abenza izinto ezintle. Cinga:

- Ngabantu abaziimfama abadlala izikhalisi zomculo. Ukhona umntu omaziyo?
- Ngabantu abazizithulu ababhala iingoma. Ikhona imizekelo oyaziyo?





Masibhale

Kwizikhewu ezingezantsi, nika iinkcukacha ngeqhawe lakho olithandayo.

Iqhawe lam ngu:

Zoba umfanekiso womntu oliqhawe lakho. Bhala amagama ecaleni komfanekiso wakho achaza ncakasana iqhawe lakho. Umzekelo: unobubele, uluncedo, ukhaliphile, unothando.

Ungaliqhawe njani? Xoxa nomhlobo wakho nabelane ngezimvo. Bhala ke ngoku ibali apho ubeliqhawe khona. Gqibezela:

Ngenye imini

--

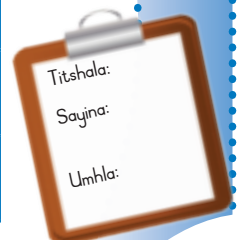
Ndagqiba kwelokuba ndi

--

Nda

--

Ndaba liqhawe ngolo hlobo.





Masifunde

Jonga iglasi yamanzi.

Ikhona into oyibonayo kuyo? Hayi, ayikho. Ubusazi ukuba maxa wambi kukho iintsholongwane emanzini?

Ezi ntsholongwane zincinci kangangokuba azibonakali ngeliso lenyama. Ukuba akunakuqala ngokuzisusa phambi kokuba usele, ungagula kakhulu. Kufuneka siqinisekise ngalo lonke ixesha ukuba amanzi esiwaselayo acocekile.



Masithethe

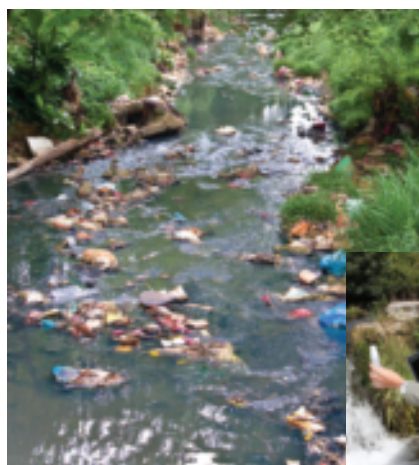
Ncokola malunga nokuba kungenzeka ntoni xa sinokusela amanzi amdaka. Jonga ke ngoku imifanekiso engasezantsi. Ncokola nomhlobo wakho ngeendlela ezahlukeneyo esinokucoca ngazo amanzi.



Galela iipilisi zeklorini emanzini.



Bilisa amanzi kangangemizuzu emi-5.



Galela iikhemikhali.



Hluza amanzi.





Masithethe

Ngawaphi amanzi ocinga ukuba kukhuselekile ukuwasela? Faka umbala ozuba kwichaphaza lamanzi ukuba ucinga ukuba kukhuselekile ukuwasela.

Amanzi omlambo



Amanzi atsalwa phantsi komhlaba



Amanzi asetephini



Amanzi athengiweyo asebhutleni



Amanzi olwandle



Amanzi abilisiweyo aseketileni



Masenze

Sebenzani ngokwamaqela nenze isihluzo sokucoca amanzi. Mamelani ngononophelo xa utitshala wenu echaza into ekufuneka niyenze.



Niza kufuna oku kulandelayo:

Ibhotile yeplastiki

Isanti

Uhlalutye

Isikere

Uboya

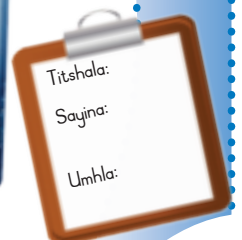
Iglasi



Masibhale

Nombola amanyathelo okuhluzza amanzi ngokulandelelana kwawo.

	Galela isanti phezu koboya.
	Jika ibhotile ijonge ezantsi.
	Galela uhlalutye.
	Sika ngononophelo umzantsi webhotile yeplastiki.
	Galela amanzi anodaka.
	Faka amatye amancinci okanye igrabile ebhotileni.



Titshala:

Sayina:

Umhla:



Ubomi obusempilweni



Masifunde

Funda ngale mikhwa ilungileyo nengalunganga. Ukuba ucinga ukuba ngumkhwa olungileyo faka (✓), ukuba ucinga ukuba ngumkhwa ongalunganga faka (✗).

Imikhwa Utitshala uncedisa umfundi ukuba afunde.	Ilungile ✓	Ayilunganga ✗
Nditya ukutya okunempilo.		
Ndilahla inkunkuma ngefesitile yemoto okanye yetekisi.		
Ndizihlamba rhoqo iinwele zam.		
Nditya iilekese ezininzi.		
Ndizigcina zicocekile iinzapho neendlebe zam.		
Ndixukuxa kanye ngenyanga.		
Ndichola inkunkuma ndiyilahle emgqomeni wayo.		
Ndihlamba izandla emva kokuya kwindlu yangasese.		
Xa ndikhohlela okanye ndithimla, ndibeka isandla emlonyeni.		
Ndenza imithambo rhoqo.		
Ndihlamba izandla phambi kokutya.		
Ndilala ndibukele iTV iiyure ngeeyure.		
Ndilala nabantu abadala abatshayayo.		



Masenze

Yenza ipowusta engomkhwa olungileyo okanye ongalunganga.



Masibhale

Vavanya ipowusta yakho. Funda ingxelo nganye uze ufakele ubuswana obuncumileyo ukuba ingxelo yinyani kunye nobuswana obulusizi xa ingeyonyani.

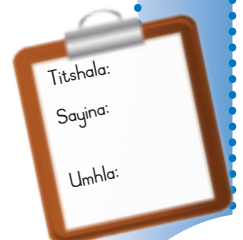


	Ewe 	Hayi 
Ipowusta yam inemibala kwaye icocekile.		
Bendikonwabele ukwenza ipowusta yam.		
Bekunzima ukwenza ipowusta yam.		



Phuma phandle

- Ungatsibela kude kangakanani? Sebenzisa izijungqe zentambo ezithathu. Tsiba ngaphaya kwazo. Mana uzibhekelisela phaya esinye kwesinye ukuze ubone ukuba ungatsibela kude kangakanani na.
- Cela abahlobo bakho ababini babethe ugqaphu ukuze wena utsibe.
- Tshintshiselanani ngokutsiba.



Titshala:
Sayina:
Umhla:



15

Ikota yoku-1 – Iveki yesi-8 – Iphepha lomsebenzi le-

Imveliso ezibolayo nezingaboliyo

Masithethe



Thetha ngokutya ekufuneka kugcinwe kubanda ukuthintela ukuba kubole. Yenza isigqibo sokuba kokuphi ukutya okungafuni kugcinwa kubanda, kodwa kusenokugcinwa ekhabhathini. Sika imifanekiso kwiphepha lemisiko uze uyincamathelise efrijini okanye ekhabhathini.



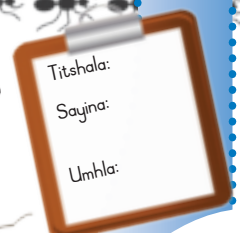
30

Umhla:



Masithethe

Thetha ngeendlela esinokukhusela ngayo ukutya kwizinambuzane ezifana neempukane neembovane.



Titshala:
Sayina:
Umhla:

Iintsuku zenkolo nezinye ezibalulekileyo



Masifunde

Abantu kwihlabathi liphela babhiyozela iiholide ezibalulekileyo. Zeziphi iiholide oza kuzibhiyozela?

Ngexesha leKrisimesi sinikezela ngeziphho. Sinika abahlobo bethu neentsapho zethu iziphho. Sinomthi weKrisimesi ekhaya. Iziphho sizibeka phantsi komthi. Siyawuhombisa sibeke inkwenkwezi phezulu. Sitya ukutya okuninzi okumnandi ngexesha leKrisimesi.



Ingathi ayisafiki iDiwali. Ngeli xesha sifumama iilekese nezipho ezininzi. Ezi zimuncumuncu sizipakisha ezibhokisini ze siphe abantu abasindwendwelayo. Sikhanyisa izibane ezincinci ze sizibeka zijikeleze indlu. Sihombisa indlu ze sidlale ngeekhrikethi.



Ingathi ayisafiki iHanukkah. Siza kuba nokutya okuninzi okumnandi. Sithanda ukutya ikeyiki eziluhlobo olusicaba kunye namafetshu anesiraphu. Siyakuthanda nokufumana izipho. Abazala bethu bayasindwendwela. Sonke siyancedisa ekwenzeni ukutya ze sikhanyise amakhandlela ekhaya.

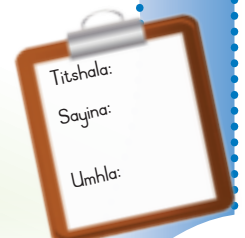


Kungekudala iza kuba yiEyidi. Ndiyathemba siza kufumana izipho. Nathi siza kubapha izipho abahlobo bethu. Siza kutya iilekese nekeyiki ezininzi. Xa iyiEyidi sibona ngemilo yenyanga. Iba ngosuku olwahlukileyo ngonyaka ngamnye.



Masicule

Cula ingoma oyaziyo nokuba yeyoluphina usuku kwezi ntsuku zibalulekileyo.





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Amaxesha onyaka



Masithethe

Jonga imifanekiso yamaxesha onyaka omane. Xelela umhlobo wakho ukuba ubona ntoni kumfanekiso ngamnye. Xela ukuba ohluke njani la maxesha mane.



Leliphi ixesha lonyaka olithanda kakhulu? _____

Kutheni ulithanda nje eli xesha? _____

Usuku lwakho lokuzalwa lungeliphi ixesha lonyaka? _____



Masicule

Molo Mnumzana Langa!
Usuku lwakho luqalile.
Kumnandi ukubona ubuso
bakho obukhanyayo.
Molo Mnumzana Langa.



Invula, invula
Chapha chapha chapha
imanz' ilokhwe yam
Chapha chapha chapha
imanz' ilokhwe yam
Gqum gqum kuyaduduma
Gqum gqum kuyaduduma.



Titshala:

Sayina:

Umhla:



18

Amaxesha amane onyaka

Ikota yesi-2 – Iveki yoku-1 – Iphepha lomsebenzi le-



Masenze

Sika imifanekiso yamaxesha onyaka kwiphepha lemisiko elingasemva encwadini. Ncamathelisa umfanekiso ngamnye ecaleni kwegama lexesha elichanekileyo lonyaka.



EyeSilimela

EyeKhala

EyeThupha

ubusika

EyoMsintsi

EyeDwarha

EyeNkanga

intwasahlobo





EyoMnga

EyoMqungu

EyoMdumba

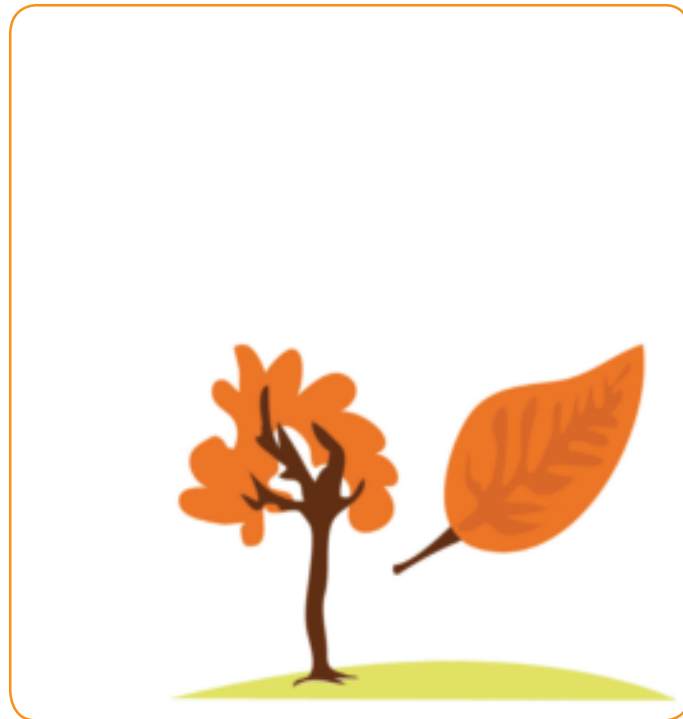
ihlobo

EyoKwindla

EkaTshazimpuzi

EkaCanzibe

ukwindla



Phuma phandle

Ziqhelise izakhono zakho zebhola.

Phosa ibhola eludongeni.

Matsha ndaweninye ubhampise ibhola kwangaxeshanye

Baleka uze ubhampise ibhola ngakwiibhakana.



Titshala:
Sayina:
Umhla:



19

Amaxesha onyaka

Masifunde



Ihlobo

Kukho ilanga kwaye kufudumele.

Iimini zinde kwaye ubusuku bufutshane.

Singahlala sipholile ngokuthi siqubhe okanye sihlale emthunzini.

Ukwindla

Kuyaphola.

Amagqabi aqalisa ukuba tyheli kwaye ayawa emithini.

Iintaka zibhabhela kwiindawo ezifudumeleyo.



Ubusika

Kuyabanda.

Kwezinye iindawo kukho ikhephu okanye iqabaka.

Iimini zimfutshane kwaye ubusuku bude.

Ezinye izilwanyana ziyalala ebusika (ziyafukama).

Intwasahlobo

Kufudumele.

Izityalo ziyaqalisa ukukhula kwaye nemithi iphuma iintyatyambo.

Iintaka ziqalisa ukwakha iindlwane nokubeka amaqanda.





Masithethe

Iindidi zokutya ezahlukeyo zilinywa ngamaxesha ahlukileyo onyaka. Jonga oku kutya sikufumana ehlotyeni nasebusika. Xelela umhlobo wakho ukuba uthanda ukutya ntoni xa kushushu naxa kubanda.



Ukutya kwexesha ngalinye lonyaka



Titshala:
Sayina:
Umhla:





20

Ukunxibela imozulu

Ikota yesi-2 – Iveki yesi-2 – Iphepha lomsebenzi lama-



Masizobe

Zoba inkwenkwe nentombazana. Inkwenkwe mayinxibe iimpahla zasebusika ezifudumeleyo ze intombazana inxibe iimpahla zasehlotyeni ezipholileyo.



Inkwenkwe	Intombazana



Phuma phandle

- Beka iihulahuphu emhlabeni phantsi okanye yenza izangqa esantini.
- Xa utitshala wakho esithi tsiba, tsibela esangqeni ngeenyawo zakho zombini.
- Xa utitshala wakho esithi tsiba, tsibela ngaphandle kwesangqa ngonyawo olunye.
- Dlala unochesi.
- Sebenzisa itshokhwe ukubhala izangqa kunye nezikwere phantsi.





Masithethe

Xelela umhlobo wakho ngeendidi zeempahla esizinibayo ngexesha ngalinye lonyaka. Zeziphi iimpahla othanda ukuzinxiba?

Krwela umgca usuke kwinkcazelo yeempahla esizinibayo ngexesha elithile lonyaka ungqamanise nomfanekiso ochanekileyo.

Masibhale



Ukunxibela ixesha lonyaka

Ukuba kukho ilanga kufuneka sinxibe iminqwazi ukuze sizikhusele elangeni.



Xa kushushu kufuneka sinxibe iimpahla ezipholileyo.



Ukuba kuyabanda phandle kufuneka sinxibe iimpahla ezifudumeleyo zewulu.



Xa isina imvula kufuneka sibe needyasi zemvula kunye neambrela.



Titshala:
Sayina:
Umhla:



Masifunde

Iziphumo zamaxesha onyaka

Intwasahlobo



Entwasahlobo imithi iqalisa
ukuvelisa amagqabi.

Sibona iintaka ezininzi neenyosi
neentyatyambo kunye
namagqabi amatsha.

Iintaka zakha iindlwane ze
zibeke amaqanda.

Amafama acheba iigusha.

Ihlobo

Ehlotyeni amafama avuna
iziqhamo. Amathole ayadloba.

Kwiindawo ezininzi imvula ina
ngamandla kwaye kukho
iindudumo nemibane.

Ingca, amatyholo kunye
neentyatyambo zikhula zibe
fukufuku kakhulu, kwaye
imithi iba mide.





Ukwindla

Ezinye izilwanyana zigcina ukutya kwazo zilungiselela ukulala ebusika.

Amagqabi emithi aqalisa ukuba tyheli, abe nebala elimdaka, abe bomvu naorenji.

Ingca iqalisa ukutshaza ibe nebala elimdaka.



Ubusika

Ezinye izilwanyana zilala ubusika bonke. Sithi ziyafukama. Zizigcina zifudumele kuba izikhumba zazo ziyatyeba.



Masibhale

Zenza ntoni ezinye izilwanyana ebusika? _____

Zizikhusela njani engqeleni ezinye izilwanyana? _____

Zibuyela nini iintaka kumazwe afudumeleyo kwaye ziqalisa nini ukwakha izindlu zazo? _____





Masenze

Kufuneka oku

- Iimbotyi ezi-5
- Isosara
- Uboya
- Amanzi



Kufuneka wenze ntoni?

Songela imbotyi ngoboya ze uyibeke esosareni.

Yigcine imanzi. Beka isosara efesitileni enelanga.

Yijonge imbotyi iiveki ezimbini. Qaphela indlela ekhula ngayo.

Jonga umfanekiso wesi sityalo sembotyi.

Xa isityalo sakho sikhangeleka ngolu hlobo bhala umhla.



Umhla	Umhla	Umhla	Umhla
			



Masenze

Yenza umdlalo omalunga nesilwanyana.

Ungabonisa ibhere okanye unomatse eqokelela ukutya ukuze akugcinele ixesha lasebusika.



Phuma phandle



Bhabha uxele inkonjane isiya kwiindawo ezifudumeleyo.

Rhubuluza emhlabeni uxele inyoka ikhangela indawo elungele ukuba ilale kuyo.



Titshala:
Sayina:
Umhla:



Masithethe

Jonga umfanekiso uze uthethe ngezilwanyana zasekhaya ozibonayo.
Sesiphi esona silwanyana usithandayo? Sifumana ntoni kwisilwanyana ngasinye kwezi?





Masibhale

Bhala impendulo echanekileyo kwezi theyibhile. Sikwenzele eyokuqala.

	Inkunzi	Inkunzi yegusha
	Imazi	Imazi yegusha
	Ithole	Itakane
	Ingxolo	mhe-e-e
	Ishedi/indlu	Ubuhlanti

	Inkunzi	
	Imazi	
	Ithole	
	Ingxolo	
	Ishedi/indlu	

	Inkunzi	
	Imazi	
	Ithole	
	Ingxolo	
	Ishedi/indlu	

	Inkunzi	
	Imazi	
	Ithole	
	Ingxolo	
	Ishedi/indlu	





Masicule



Iphi n'inja yam encinane?

Iphi n'inja yam iphi?

Endleb'emfutshane nomsila omde

Iphi n'inja yam iphi?



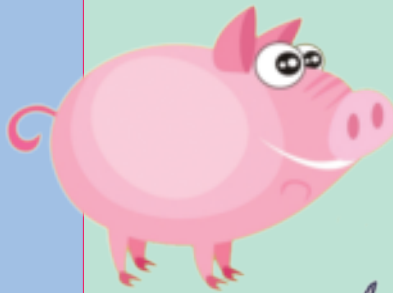


Masicule

Qhubeka nokucula le ngoma. Endaweni yenja cula ngezi zilwanyana.



Iphi n'igush' am
encinane.



Iphi n' ihagu yam
encinane.



Iphi n' inkom' am
encinane.



Phuma phandle

- Hamba phezu komqadi ungawi.
- Phosa ibhola emoyeni uyigange ungakhange uwe.
- Qabadula okwehashe.
- Hamba okwedada.
- Hamba okwerobhothi.

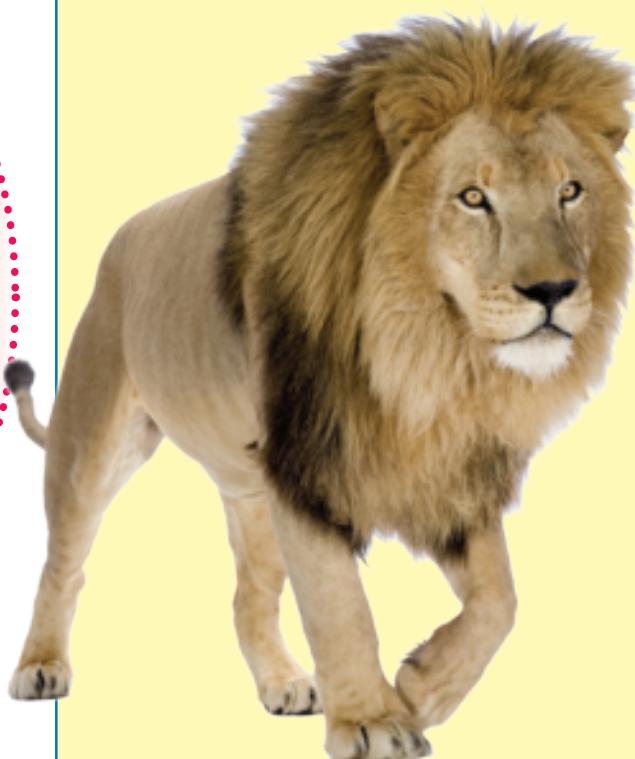


Titshala:
Sayina:
Umhla:



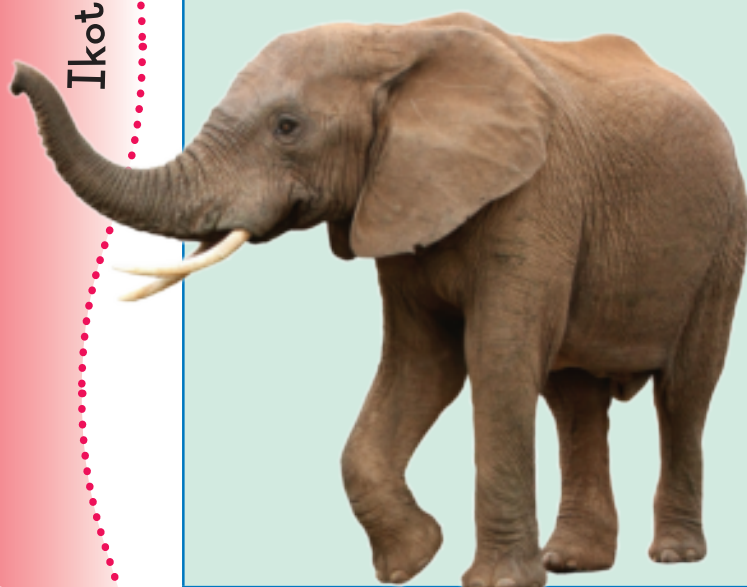


Masifunde



Iingonyama zezosapho lweekati. Ingonyama ibonwa njengekumkani yezilwanyana. Ziyazingela ze zibulale izilwanyana ezifana neenyamakazi namaqwarha. Ziimazi ezizingela kakhulu.

Zizingela ebusuku kwaye ziba ngamaqela. Iingonyama zithanda ukuhlala emathafeni anengca avulekileyo. Iingonyama zigquma kakhulu.



Iindlovu zezona zilwanyana zanyisayo zikhulu kakhulu. Zisengozini yonke imihla kuba abazingeli abangenamvume bayazingela befuna amabamba azo. Iindlovu zisebenzisa imiboko yazo ukufaka iingcambu, iziqhamo kunye namanzi emilonyeni. Zitya ukutya okungama-200 kg ngosuku ze zisele iilitha ezili-190 zamanzi.



Kukho iindidi ezimbini zemikhombe (zibizwa ngokuba ziirayino) – imikhombe emnyama nemhlophe. Imikhombe ayiboni kakuhle kodwa ineempumlo ezibukhali kakhulu. Mikhulu kakhulu kwaye inganobunzima obungama 2 500 kg. Nayo izingelwa kakhulu ngabazingeli abasemthethweni nabangekho mthethweni abafuna iimpondo zayo. Kufuneka siyikhusele imikhombe kubazingeli abayibulalela iimpondo zayo.



Ihlosi elipheleleyo lingakhula de libe nobude obungange-2 m. Isikhumba salo sinombala omdaka okhanyayo namabala amnyama azizangqa. Ihlosi liyakwazi ukukhwela emthini kwaye alinangxaki nakuzingela emthini.



Iinyathi zihlala ziyimihlambi. Xa kukho ingozi, iimazi namathole ziyaqokelelana zibe sembindini womhlambi ze zingqongwe ziinkunzi zizikhusele. Ezinye iinyathi zikhula zibe nomphakamo ongange-1,7 m.





Masifunde



Imigca yamaqwarha yenza kube nzima kakhulu ukulibona etyholweni iqwarha.

Ezinye izilwanyana zizikhusela ngokutshintsha indlela ezikhangeleka ngayo zifane nendawo ezikuyo.

Ulovane luyakwazi ukutshintsha umbala walo lufane nomthi eluwunyukayo.

Izikhumba okanye iintsiba zezinye izilwanyana zenziwa ngendlela apha eyenza ukuba kube nzima ukuzibona.

Le nto siyibiza ngokuba kukujika imbonakalo.

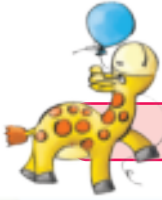
Khawucinge ngezinye izilwanyana ezijika imbonakalo.



Phuma phandle

Utitshala wakho uza kukubonisa indlela yokudlala izitulo zomculo.





Masenze

Zoba isilwanyana sasendle. Xelela umhlobo wakho ukuba eso silwanyana sizijika njani imbonakalo yaso.



Titshala:
Sayina:
Umhla:





27

Ikota yesi-2 – Iveki yesi-6 – Iphepha lomsebenzi lama-



Masenze

Izilwanyana zasemanzini

Gqibezela umfanekiso ngokuthi wongeze imizobo okanye imifanekiso yezilwanyana ezihlala emlanjeni.





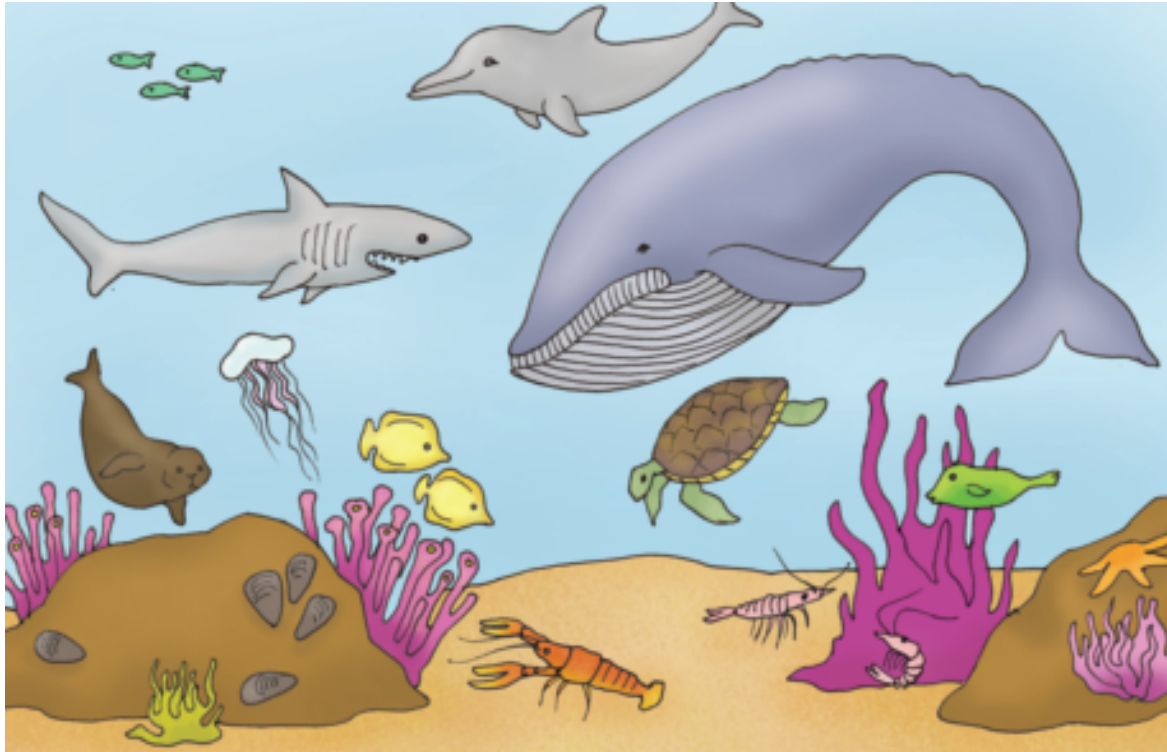
Izidalwa zasenzulwini

28

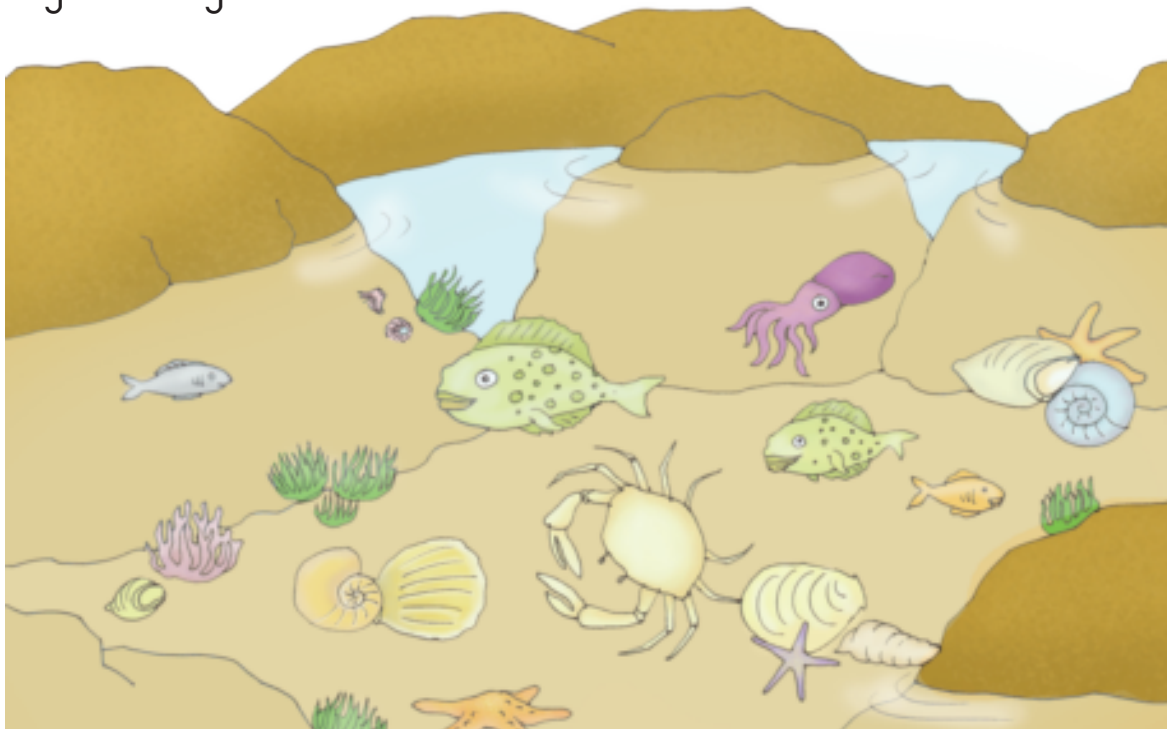


Masithethe

Jonga zonke izilwanyana ezahlukileyo ezihlala emanzini amtyuba.



Kukho nezilwanyana ezincinane ezihlala kumadama amatye emanzini anganzulwanga.



Ikota yesi-2 – Iveki yesi-b – Iphepha lomsebenzi lama

Titshala:
Sayina:
Umhla:

55



Ubugcisa bezilwanyana



Masithethe

Thetha ngazo zonke izilwanyana zaselwandle ezikule mifanekiso ikwiphepha 55.

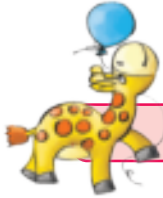
- Zeziphi kwezi zilwanyana zaselwandle ezityiwa ngabantu?
- Zeziphi izilwanyana zaselwandle ezinobungozi?
- Umzimba wentlanzi ugqunywe yintoni kwaye ukhuselwa yintoni?
- Ucinga ukuba kuya kwenzeka ntoni ukuba ulwandle lunokungcoliswa yinkunkuma okanye zizinto ezinetyhefu?
- Zeziphi iindlela ezahlukeneyo olunokungcoliseka ngazo ulwandle?



Masibhale

Bhala amagama ezilwanyana ozikhumbulayo ezihlala emlanjeni, emadameni okanye elwandle kwezi kholamu zintathu zetheyibhile.

Umlambo	Ulwandle	Idama



Masenze

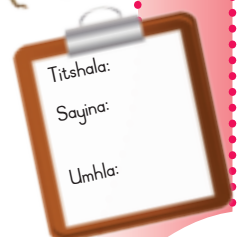
Zenzele eyakho itanki yeentlanzi.

- Peyinta umphakathi webhokisi yesihlangu ube zuba uze uyilalise ngecala.
- Sika intlanzi engasemva encwadini.
- Bophelela intlanzi phezulu ebhokisini ngeteyiphu yokuncamathelisa nangomtya.



Phuma phandle

- Bhabha okwentaka ngesantya esikhawulezayo nesicothayo.
- Bhadaza okonombombiya.
- Bhabha okwenyosi.
- Hamba oku kukanonkala.
- Dada okwentlanzi.
- Tsiba okwesele.
- Dlala umdlalo wengcuka othi "Bantwana bam ..."
- Dlala impuku nehati.



Izilwanyana ezihamba namakhaya azo



Masifunde

Ufudo



Ubusazi na? Lindilingana twatse iqokobhe lam, kwaye alisoze libe lincinci kum.

Ufudo sisirhubuluzi esinemilenze emine enamaxolo kunye nentamo nentloko ezishwabeneyo. Luhamba ngokucotha luneqokobhe lalo emqolo.

Zihlala phi ezi zilwanyana?



Ufudo lolwandle



Ufudo lwamanzi



Ufudo



Masibhale

Phendula le mibuzo imalunga nofudo oluhlala emhlabeni.

Ingaba iqokobhe lofudo lilukhuni okanye lithambile? _____

Eli qokobhe lilukhusela entweni ufudo? _____

Lwenza ntoni ufudo xa lusoyika? _____

Lutya ntoni ufudo? _____



Inkumba

Jonga iqokobhe lenkumba.

Iliso

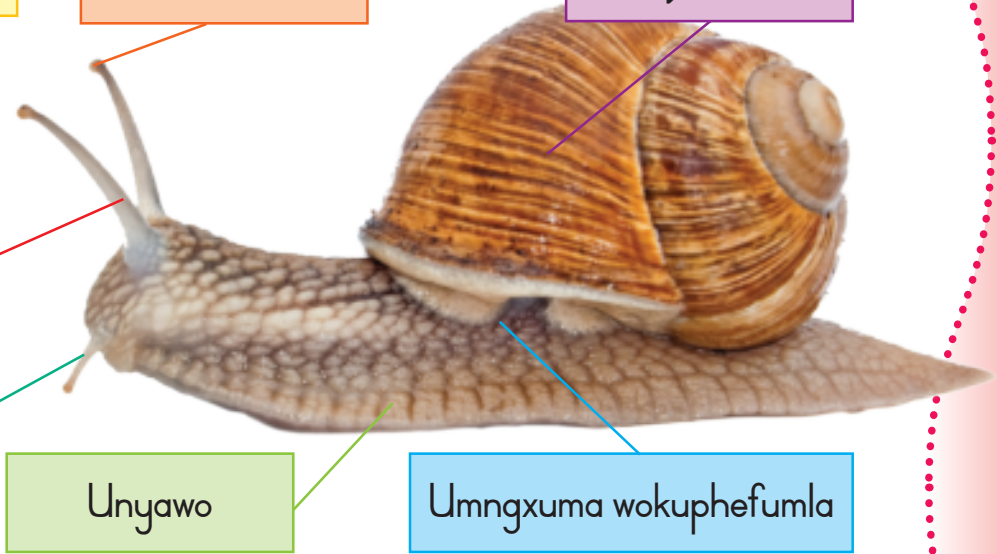
Iqokobhe

Uphondo olude

Uphondo olufutshane

Unyawo

Umngxuma wokuphefumla



Ihamba njani inkumba? _____

Wakhe walifumana iqokobhe lenkumba elingenanto? Ucinga ukuba kwenzeka ntoni kwinkumba leyo? _____

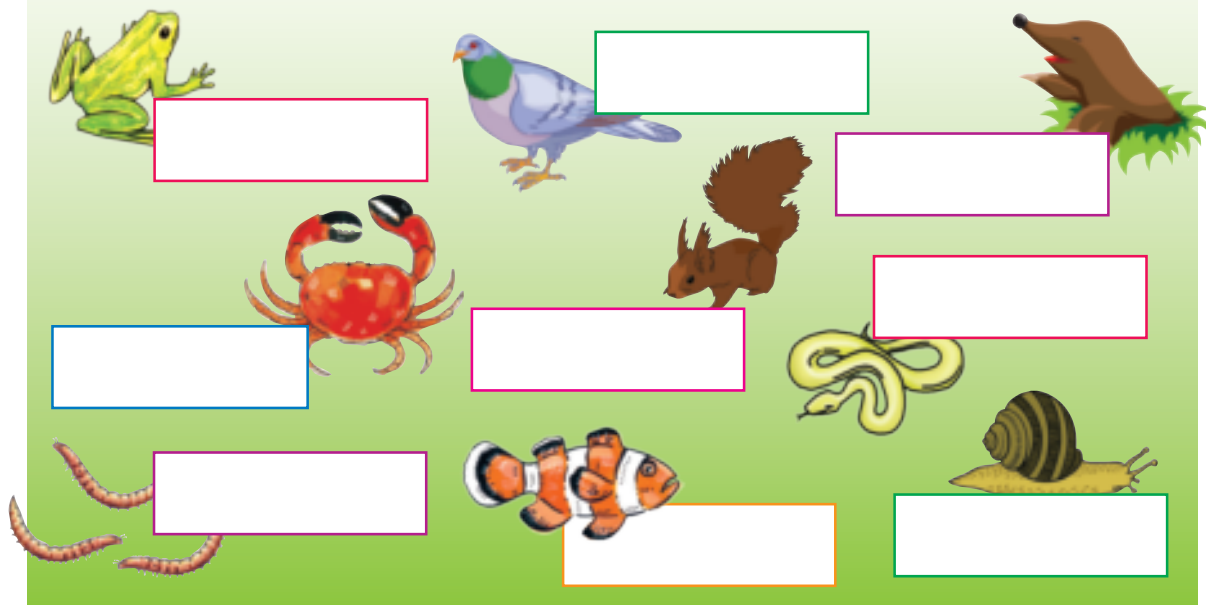
Unjani umbala wamaqokobhe eenkumba? _____

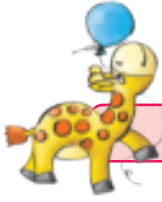
Ucinga ukuba kutheni iinkumba zinamaqokobhe nje? _____



Masibhale

Ucinga ukuba ndihlala phi? Ecaleni komfanekiso wam, bhala ukuba ndingalakha phi na ikhaya lam; **emthini**, **emhlabeni** okanye **emanzini**.





Masenze

Dibanisa imifanekiso yezilwanyana kunye nemifanekiso yamakhaya azo.



Masifunde

linyosi

Iinyosi zihlala ezindlwini zazo.
Zakha izindlu zazo ngamakhaphela.
Zigcina ukutya kwazo ezindlwini zazo.





limbovane

Imbovane zizakhela iindidi ezahlukeneyo zezindlu kwindawo yazo. Imbovane encinci iyakwazi ukuthwala into enobunzima obuphindaphindwe kane kunobunzima bayo. Imbovane ziyanxibelelana. Ziyalumkisana ukuba kukho ingozi, kwaye ziyaxelelana ukuba kufumaneka phi na ukutya.



Masibhale

Ucinga ukuba kutheni iimbovane zizakhela izindlu nje?

Ngubani olutshaba lweembovane?

Zisebenzisa ntoni iimbovane ukwakha izindlu zazo?



Masifunde

lintaka

Iintaka zakha iindlwane njengeendawo zokuhlala kunye nendawo yokuzalela amaqanda azo. Ubukhulu bendlwane buxhomekeka kubukhulu bentaka leyo. Zizakha ngantoni iintaka iindlwane zazo?

Sesiphi isilwanyana esilutshaba lwentaka?



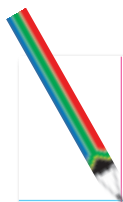
Titshala:
Sayina:
Umhla:

A a			M m
B b			N n
C c			O o
D d			P p
E e			Q q
F f			R r
G g			S s
H h			T t
I i			U u
J j			V v
K k			W w
L l			X-Z x-z



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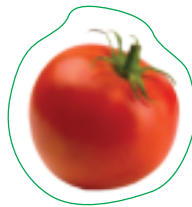
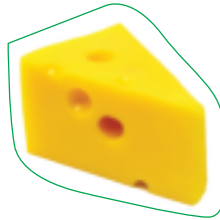
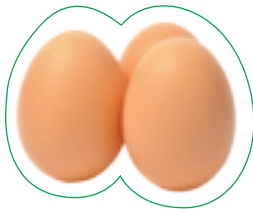
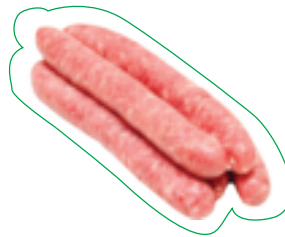
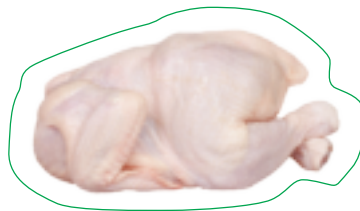




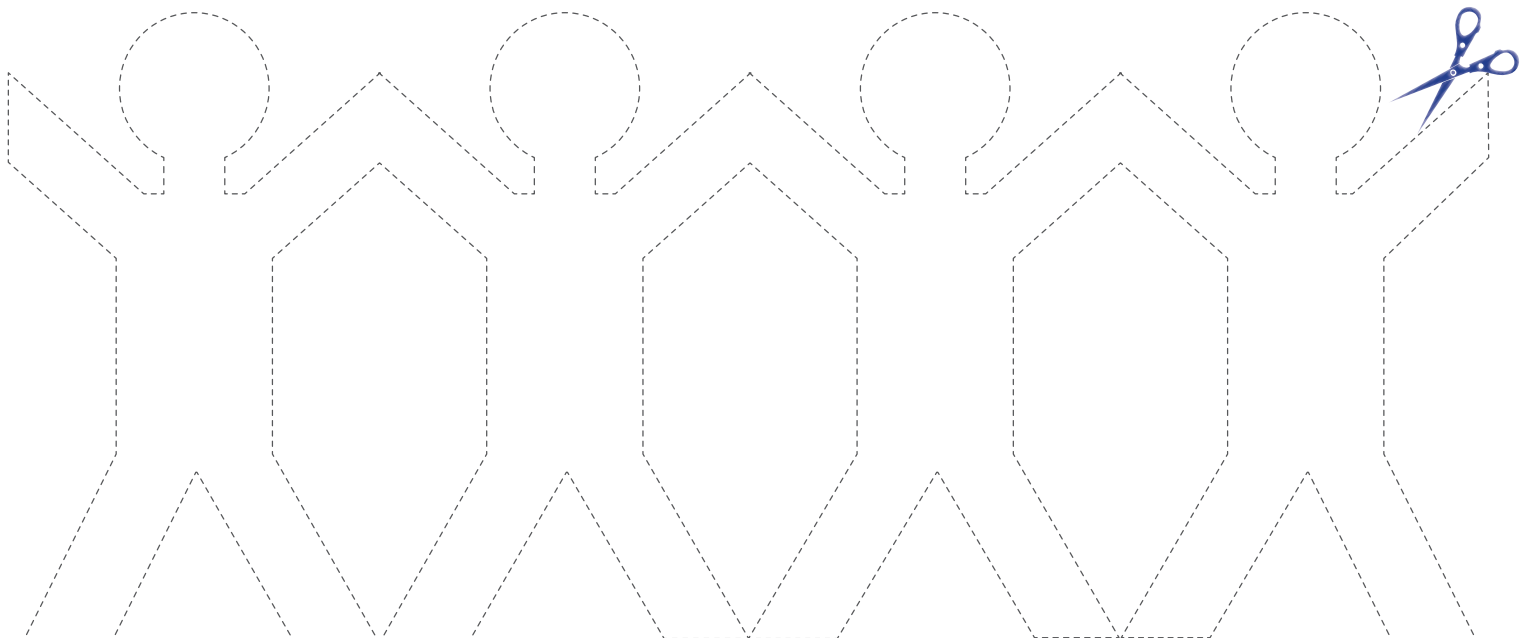
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