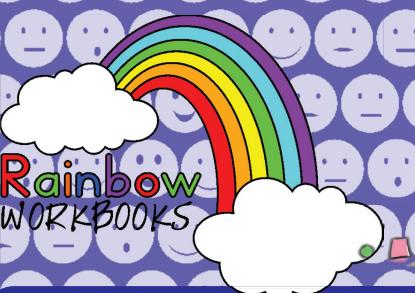


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GRADE 3 – BOOK 1

TERMS 1 & 2

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Ukubuyekezwa  
ihaliswe  
ngokweisiTatimende  
somThetho-kambiso  
weKharikhyulamu  
nokuHlola

IGreyidi

3



AmaKghono wePilo  
ngesiNdebele  
Incwadi  
Ithemu 1&2



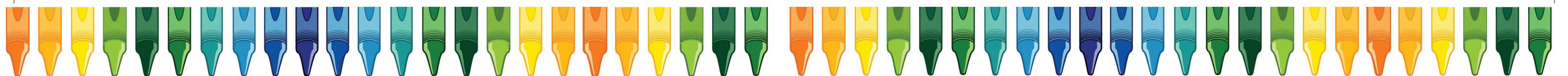
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## Okumumethweko

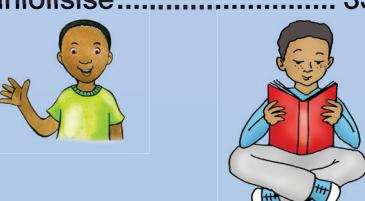


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UKz. Angie Motshetka  
nguNqgonqgotjhe  
weFundo-Sisekelo



Dorh. Reginah Mhaule  
nguSekela kaNqgonqgotjhe  
weFundo-Sisekelo

Iincwadi lezi zenzelwe abantwana beSewula Afrika ngaphasi koburholi bakaNqgonqgotjhe wezeFundo-Sisekelo uMma u-Angie Motshetka kanye neSekela lakhe Dorh. Reginah Mhaule.

Iincwadi zokuSebenzela zakwaRainbow ziyingceny yeendlela ezinengi zomNyango wezeFundo-Sisekelo wokungelela onqophe ukuthuthukisa ukusebenza ngcono kwabafundi beSewula Afrika emagreyidini wokuthoma asithandathu. Njengamanye wamaHlelo womBuso aphuma phambili, iphrojekthi le isekelwe ngeemali ezibuya esiKhwameni seeMali seLizweloke. Lokhu kusize umNyango ukukhupha iincwadi zokusebenzela lezi ngawo woke amalimi asemthethweni ngaphandle kweendleko. Siyathemba kobana nizokufumana iincwadi zokusebenzela lezi zilisizo khulu ekufundiseni kwenu kwangamalanga nokuqinisekisa kobana abafundi benu bayaiqedha ikhariKhyulamu.

Sitjheje khudlwana ukuhlahla abotitjhore komunye nomunye umsebenzi ngokusebenzisa iinthombe ezitjengisako bonyana ngikuphi umfundu amele akwenze.

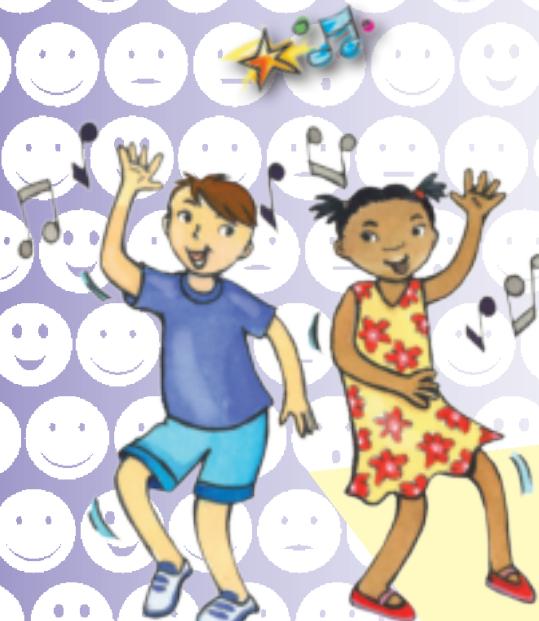
Siyathemba kobana abantwana bazokuthabela ukusebenzisa iincwadi lezi njengombana bakhula bebefunda nje begodu wena titjhore uzokwabelana nabo ithabo lokufunda.

Sinifisela ipumelelo ekusebenziseni iincwadi lezi.



# IGreyidi

3



AmaKghono wePilo  
ngesiNdebele  
Incwadi-I



Incwadi le ngeyaka:



1  
Ithemu - I - Ivéke - I - Iphepha lokusebenzela



Asitlole

# Mayelana nami

Soke nasinje sehlukile begodu siqakathekile.

Qedelela incwadi yokuzazisa le emayelana nawe. Yenza istempe sakamazisi.

Nasele ukwenzile lokho, tjengisa umngani wakho ikarada.

Yini okufanako begodu yini umehluko hlangana  
nawe nomngani wakho?



## Ukuzazisa

Ibizo:

Iminyaka: \_\_\_\_\_.

Ilanga lamabeletho:

umnyaka      inyanga      ilanga

Indawo lapho wabelethelwa khona:

Umntazana nanyana umsana:

Ilimi lekhaya:

Umbala weenhluthu:

Ubude: \_\_\_\_\_ cm

Umbala wamehlo:

Ukutlikitla

Ilanga:.....



Gwala isithombe sakho.

2



Asikhulume

Kwanjesi cabanga ngepilo yakho  
bekube nje.

Ungakhumbula bekufike kuphi?

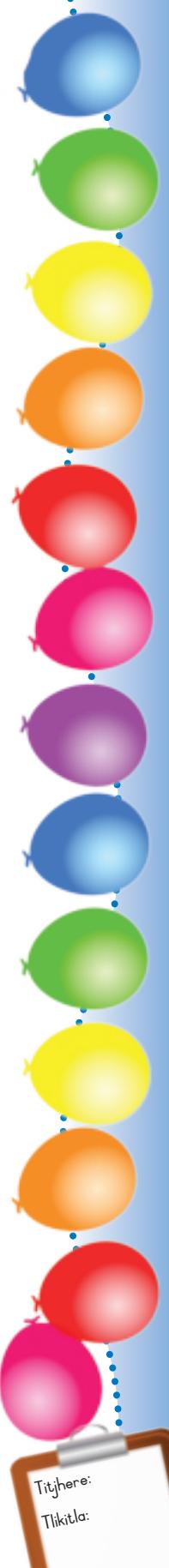
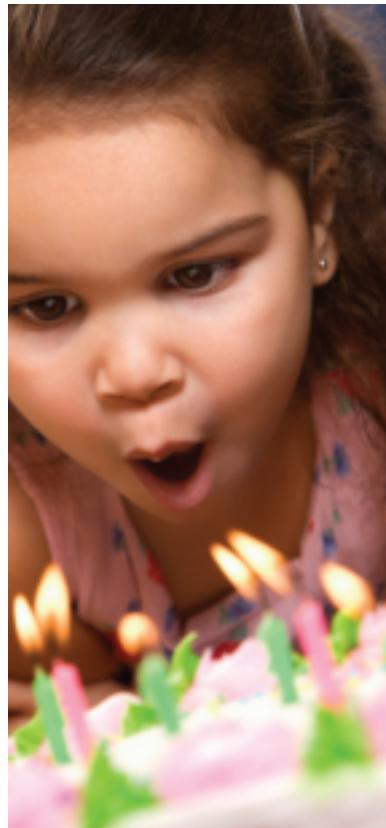
Ungakwazi ukukhumbula isikhathi lapho bewugidinga  
khona kwesibili ilanga lakho lamabeletho.

Uyakhumbula lokha nawusathoma ukungena isikolo?



Asitlole

Zalisa ngeenkhathi  
ezimayelana nawe.



Ngabelethwa ngomnyaka ka- inyanga	Ngathomha ukukhuluma ngomnyaka ka-	Ngithome isikolo ngomnyaka ka-	Ngithome ukufunda igreyidi 3 ngomnyaka ka-
umnyaka 20 _____	20 _____	20 _____	20 _____



# Ithemu - I - Ivéke - I - Iphepha lokusebenzela

2



Asenzeni lokhu

## Isikolo sethu

Utitjhore wenu uzonisiza kobana nitlole iinkhathi zesikolo senu.

Besele sikuthomele lokho enizokuthoma ngakho.

Utitjhore wenu uzonitjela ezinye izehlakalo ekumele ningezelele ngazo.

Isikolo senu sathoma ngamuphi umnyaka?	Uhlokokulu wenu wafika ngamuphi umnyaka esikolweni lesi?		




Asitlole

Uthini umlando wesikolo sakho? Thola iimpendulo zemibuzo bese uzitlolola esikhalieni ngaphakathi kwekholumu lokuthoma. Gwala isithombe utjengise umlando.

Isikolo sakho savulwa ngawuphi umnyaka?	Gwala isithombe sesikolo sakho.
Khabe kungubani uhlokokulu wokuthoma?	

Ilanga:.....

4



Yini isiqubulo sesikolo senu?  
Ingabe isese ngiso leso?

Gwala ibheji yesikolo senu.

Bala okhunye okuqakathekileko  
ngesikolo senu. (Mhlamunye  
njengomfundu okhethekilekonofana  
owafumana unongorwana  
okhethekileko )

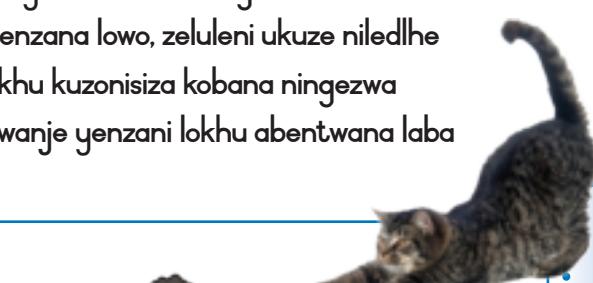
Gwala isithombe ukutjengisa okhunye  
okuthileko okuqakathekileko ngesikolo  
senu.



### Asiphumele ngaphandle

Ngaphambili kobana nenze umsetjenzana ngaphandle,  
kokuthoma ziluleni njengokatsu. Lokhu kuzokwenza imizimba  
yenu kobana iluleke beyinyakaze kuhle. Begodu nasele  
niqedile ukwenza umsebenzana lowo, zeluleni ukuze niledlhe  
benipholise imizimba. Lokhu kuzonisiza kobana ningezwa  
ubuhlungu bemisipha. Kwanje yenzani lokhu abentwana laba  
abakwenzako.

Utitjhere wakho uzokubiza ibizo lakho bese  
uphosela ibholo phezulu. Wena kufanele  
uyibambe ngaphambi kobana  
iwele phasi.



Kwanjesi linga ukubamba ibholo ngesikhwama  
lokha umngani wakho nakayiphosela kuwe.



Phosela umngani wakho ibholo ingesikhwameni  
ubone kobana  
uzoyibamba ngesikhwama na.



Zelule njengokatsu ubuye uledlhe.





3

# Koke ngami

Ithemu - I - I'veke - 2 - Iphepha lokusebenzela



Asikhulume

Cabanga ngokuthileko okukarisako okwakuvelela kade bese utjela umngani wakho ukuze akwazi ngcono.



Asikhulume

Cocela umgani wakho kobana umuntu lo utjhuguluke bunjani ukusuka ebusaneni bewaba silukazi esilupheleko.

isana	umntwana	umntwana wesikolo
udade	umuntu omkhulu	umuntu olupheleko

6

Ilanga: .....



Asivumeni



Sebenzani ngesiqhema. Zitlameleni ingoma bese niyagida.

Eenqhemeni zenu, tlolani phasi amagama wengoma esikhaleneni esilandelako.

Ngemva kwalapho, tjelani itlasi kobana ingoma ivunywa bunjani bese niyagida.



Tijhere:  
Tlikitla:

Ilanga:

# Okukhulu kanye nokudala

Asikhulumo

Khulumani ngomehluko wobudala okhona ebantwaneni begodu nakabanye abantu abakhulu.

Ekukhambeni kwasikhathi,  
abantu bayakhula. Umbala  
wenhluthu zabo uyatjhuguluka,  
iphimbo labo liyatjhuguluka,  
bathola amandla angezelweko  
begodu babanelwazi nelemuko.



Asitlole

Ngiziphi izinto ozenza ngokuhlukileko  
kunababelethi bakho kilezi ezingenzasi.



Gijima ngaphandle  
kokuphela amandla



Yeqa intambo



Funda iphephandaba

Tjhayela  
ikoloyi



Khwelani emthini

Mina	Ababelethi bami

Ilanga: .....



Asivumeni

Asilungeleni ukuvuma.  
Lingisa amatjhada alandelako.



Itjhada elihlabako elifana nele-ambulesi.

Itjhada eliphasi khulu elifana nelokudunduzela umntwana.

Itjhada eliphezulu elifana neleenyoni nazivumako.

Itjhada eliphasi elifana nelebhubezi.



Asiphumele ngaphandle

Ungayigama ibholo?



Phosela ibholo yetenisi phezulu bese uyibambe ngezandla zombili.



Phosela ibholo yetenisi phezulu bese uphaphatha izandla ngaphambi kobana uyibambe.



Betha ibholo yetenisi phasi.



Kwanjesi thatha ibhethi sokubetha usebenzisa amaphepha atjhwabanisiweko nanyana isiqetjhana sesigodo. Isebenzise ukubhambhisa ibholo phasi.

Kwanje zelule njengokatsu.



# Ithemu - I – Ivuke - 3 – Iphepha lokusebenzela

5



Asikhulume

## Imizwa

Qala iinthombe ezilandelako bese uyatjho kobana abantwana bazizwa njani. Ingabe nawe khewazizwa unjalo? Zalisa utjho kobana umntwana ngamunye uzizwa bunjani. Sebenzisa amagama alandelako azokusiza.

dana

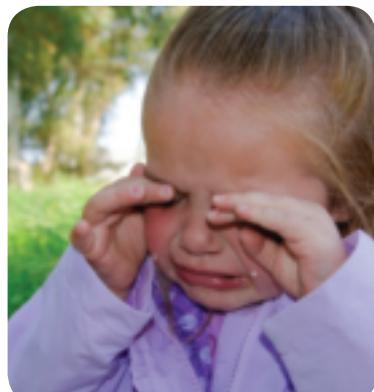
thaba

zisole

yesaba

zikhakhazise

silingeka



Asiphumele ngaphandle

Dlala umdlalo wokuzijayenza umdlalo wetenisi,  
nemijikijelo yangemuva.

10

Ilanga:.....





Asikhulume

Yini lokho okukuthabisako?

Yini lokho okukwenza udane?

Yini lokho okukwenza wesabe?



Asitlole

Yini lokho okukwenza uthukuthele?



Tlola idayari yelanga mhlana khabe uthabile. Hlathulula kobana kwenzeka ini.

## Dayari ethandekako

Tlola idayari yelanga mhlana khabe udanile. Hlathulula kobana kwenzeka ini.

## Dayari ethandekako





6

# Izinto engizithandako

Ithemu - I - Ivake - 3 - Iphepha lokusebenza



Asitlole

Kwanjesi sebenzisa umebhenqgondo ukutlola isigatjana ngemisebenzi  
owayithabelako nokobana kungani wayithabela.

The diagram consists of six empty speech bubbles arranged in a hexagonal pattern around a central point. Six colored lines (pink, yellow, orange, teal, blue, green) connect the central point to each bubble. Each line is associated with a specific activity:

- Pink line: A boy playing soccer.
- Yellow line: A boy painting a house on an easel.
- Orange line: A girl knitting.
- Teal line: A boy swimming in water.
- Blue line: A boy reading a book.
- Green line: A boy drawing on paper.

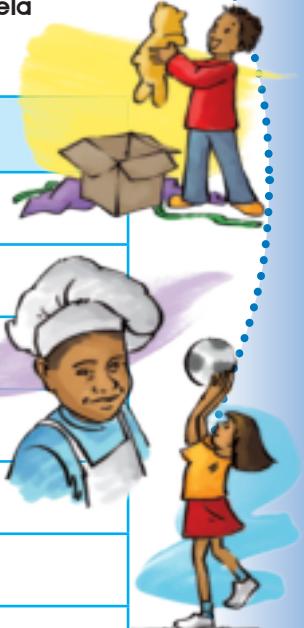




Asigwaleni

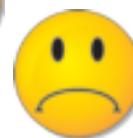
Kwanjesi sebenzisa umebhengcondo wakho utlole indinyana ngalokho okuthabelako begodu utjho kobana kubayini uyithabela imisebenzi le.

### Engikuthabelako



Asenzeni lokhu

Sebenzisa idaka lakho ubumbe ubuso obuthabileko nobuso obudanileko.



Asikhulume

Zalisa ngemisebenzi ehlukahlukeneko ngebhlogweni elingenza. Buza abangani aba-5 ngalokho abathanda ukukwenza. Penda ibhlogo ngalinye lomsebenzi abawuthandako.



5					
4					
3					
2					
1					
	Ukuvuma	Ukufunda	Ukupenda	Umdlalo	Timbalo

Ngimuphi umsebenzi othandwa khulu?





7

## Ithemu - I - Ivake - 4 - Iphepha lokusebenza



Asikhulume

## Imizwa

Qala esinye nesinye isithombe kezilandelako bese ukhuluma kobana ungabasiza bunjani abantwana ukwenza okufaneleko. Tshwaya ipendulo okungiyo.

	Angekhe wabona lapha unephoso khona!	
	Awa, ngiyancancabeza! Ithi ngikusize sidobhe lokhu.	
	Ngilibalela! Nasi ibholo yakho.	
	Ngilibalela! Khamba uyokudlalela engcenye!	
	Ngeyami begodu angekhe ngikunikele.	
	Yiza, asabelane itjhokoledi.	



Asitlole

Ingabe abangani abazwanako benza ini?



Nangabe kunelitho  
elimbi engilenzileko,  
ngiyancancabeza.

Ilanga: .....

Nangabe  
ngibona umngani  
wami atlhaga  
ngokuthileko,  
ngiyamsiza.





Tlola ezinye izinto ezi-4 abangani abazwanako abazenza ndawonye.




### Asikhulume

Qalani iinthombe ezilandelako. Khulumani ngalokho enikubonako esithombeni ngasinye. Thathani isithombe esisodwa bese niyalinganisa. Nikelani isithombe senu isiphetho esinembako.



Tlola umdlalo wokulingisa. Zalisa amabizo wabalingisi ngaphakathi kwekholumu yokuthoma.




### Asiphumele ngaphandle

Linga ukwenza izinto ezilandelako.

- Gijigijima ekundleni yezemidlalo. Utitjhere wenu nakathi "tjhugulukani" kumele niphenduke bese nigijima niqale ngakelinye ihlangothi.
- Kwanje betha phasi ibholo bese uya phambili.



# Ngimumuntu onjani

Ithemu - I - I'veke - 4 - Iphetha lokusebenza



Asitlole

Faka itshwayo (✓) nofana (✗) eduze nependulo okungiyo

Zihlole


Ngimngani omuhle.

Ngiyabatlhogomela abangani bami.

Nginobuntu begodu ngimngani wabantwana boke  
ngetlasini yami.

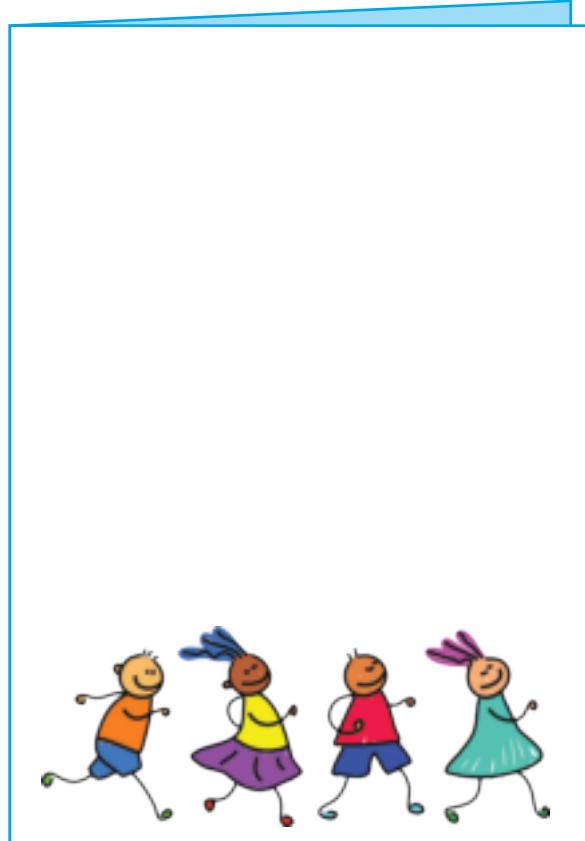
Inengi labantwana ngetlasini yami bayangithanda.

Ngiyazithoba kibo boke abantu.



Asiphumele ngaphandle

Yenzela omunye umuntu ikanada. Gwala  
isithombe ngaphambili ekanadeni bese utlola  
umlayezo okhethekileko ngaphakathi.




Ilanga: .....



Asitlole

Gwala isithombe sabangani bakho nanyana sakatijhere wakho nanyana samalunga womndenu wakwenu owathandako. Tlola amabizo wabo.



## ★ Abantu engibathandako nabakhethekileko epilweni yami

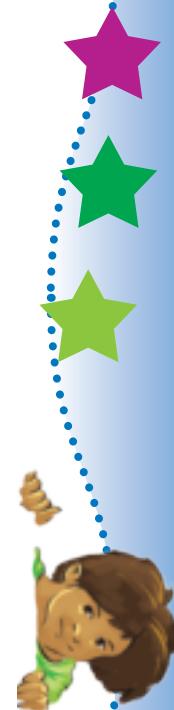
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\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



Kwanje tlola ihlathululo yabantu abalandelako nokobana kungani bakhethike kangako.

<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
---	---



# Zepilo nesizo lokuthoma

Asikhulume

Khulumani ngalokho  
ekwenzeka esithombeni.



Kungabe wakhe wopha ngeempumulonofana  
wakhe waphuma iingazi ngeempumulo?

Ngikuphi ekufanele ukwenze nawuthoma  
ukopha ngeempumulo?

## Ofanele ukukwenza nawophako/nawuphuma iingazi ngeempumulo



1 Hlala phasi bese welulela ihloko yakho  
phambili uqale phasi.



2 Vala ipumulo ephuma iingazi imizuzu  
emibili bese uphefumula ngomlomo.



3 Beka okuthileko okumakhaza ngemuva  
kwentamo okufana nethawula emanzi  
nanyana ama-ayisi aphuthelwe ngethawula.



4 Ungafinyi ngemuva kokuphuma iingazi.



5 Nangabe ukopha kuragela phambili ngemuva  
kwemizuzu eli-15, bonana nodorhodere  
nanyana inese.

Ilanga:.....

Uthi uyazi kobana ibhoksi lakho  
lesikolo lesizo lokuthoma likuphi?  
Yitjho kobana likuphi. Lise

Hlala uthuliseke. Akusilo ibanga  
lokobana ungaahlangahlangana.  
Khumbula ungathinti iingazi  
zomunye umuntu.



# Ukuphathwa kwamanceba



Asifunde



Asikwazi ukuyibona imilwana kodwana ikhona nanyana kukuphi.

Nangabe ulimele, kufanele ugcine isilonda sakho sihlwengekile ukuze singangeni imilwana.



Asikhulumo

Hlathululela abangani bakho kobana isilonda sihlanzwanofana siphathwa bunjani. Tjengisa lokho okufanele ukwenze.

## Ungaqeda bunjani ukuphuma kweengazi encebeni lokusikwa

Ungathom iuthinte iingazi zomunye umuntu.

Nangabe usiza omunye umuntu, kuhle kobana wembathe amadlhavu ngaso soke isikhathi.

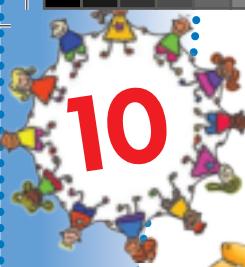
Yenza kobana inceba lingasophi iingazi ngokuliphakamisela ngehla kweleveli yehliziy.

Linga ukuqed ummongo ngokuthi ugandelele itjhila elihlanzekileko phezu kwenceba.

Nangabe inceba likhulu, vakatjhela udorhodere nanyana uvakatjhelo emtholampilo.

Thola kobana ngiziphi iinomboro zomtato ezirhabako ongazidosela. Umtato: \_\_\_\_\_





# Ukutjha

Nangabe uthinta into etjhisa, uzokutjha.

Kufanele wenze ini nangabe omunye uyatjha?

**1** Faka isitho esitjhileko somzimba ngemanzini imizuzu engaba li-IO.  
Lokho kwenzelwa ukupholisa isikhumba.

**2** Nangabe itjhila linamathele esikhunjeni sakho, ungalisusi ngamandla.

**3** Bethisa inceba lokutjha ngommoya uyelele kobana alirageli phambili.

**4** Nangabe inceba lokutjha liyatjhinga nanyana likhulu ukudlula intende yesandla sakho, bonana nodorhodera masinya.



Asiphumele ngaphandle

Yeqani ibanga elide. Thatha amaswazi amathathu nanyana iinqetjhana ezintathu zerobho. Ngemva kokweqa hlangana nazo, zisuse uzibeke kelinye ibanga elibanzi ngokuhlukana ukubona kobana ngubani ongeqa nazibekwe kude.



Meda kobana ungeqa ufike kude kangangani.

Ingabe umngani wakho yena angeqa afike kude kangangani?

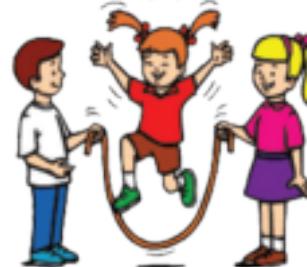


Asiphumele ngaphandle



Lingisani ukuba yingolovana.

Dlheganani nomngani wakho ngokuba yingolovana.



Dlheganani ukujuguja intambo ukuze umngani wakho akwazi ukweqa entanjeni.

Ilanga: .....



## Asikhulume

Kwenzeka ini eenthombeni ezilandelako?  
abantu bangatjha ngaziphi iindlela?

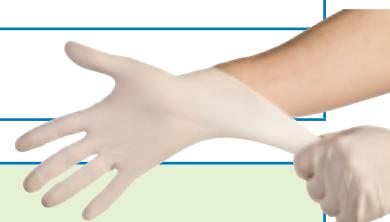


Tlola imithetho okufanele uyikhumbule lokha nakufanele usize ngalokhu okulandelako:

Ipumulo ephuma iingazi


Ukusikeka


Ukutjha

# Ukugcina umzimba wami uphephile



Asikhulume

Kumele siyitlhogomele imizimba yethu. Sifunyana umuzwa wokobana "kuhle" lokha nasithanda okuthileko begodu sizizwa kwangathi singaragela phambili. Sifunyana umuzwa wokobana "awa" lokha nasithola okuthileko okungasiphathi kuhle begodu sizizwa kwangathi singalisa ukuragela phambili.

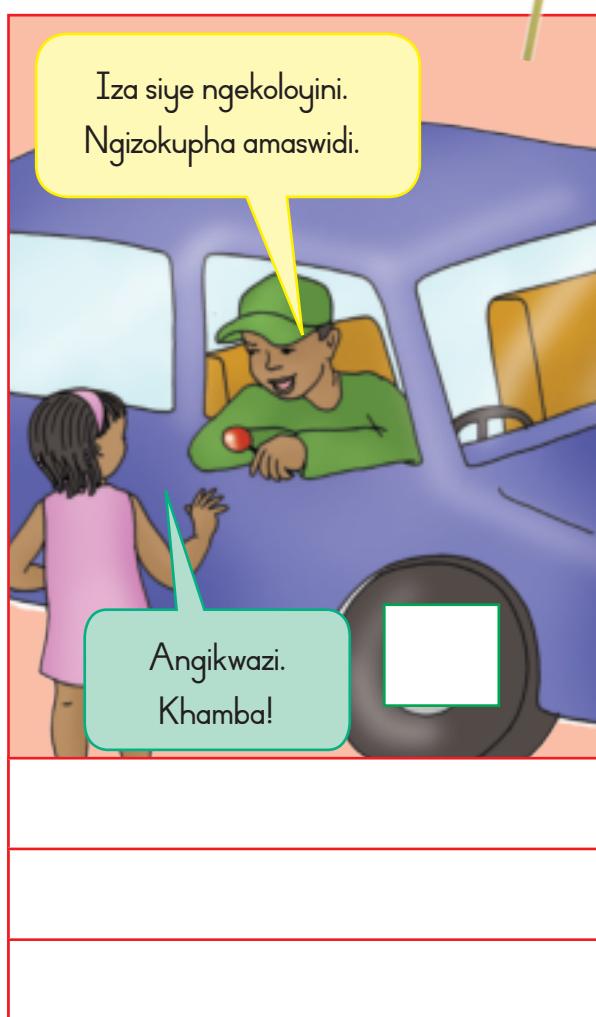


Asitlole

Zalisa ngetshwayo ✓ nangabe isithombe sitjengisa ukuphepha nanyana nge ✗ lokha isithombe nasitjengisa okungakapheli. Tlola umutjho ngaphasi kesinye nesinye isithombe utjho kobana kubayini uthi kuphephile nanyana akukapheli.

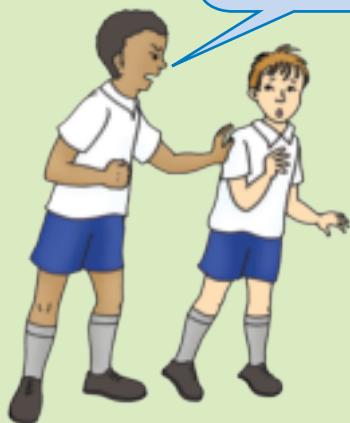


Umma  
uyakuthanda.





Angikuthandi



Kwanjesi ubonakala  
umuhle.



## Ukwala uthi angifuni

Kanengi akusilula ukuthi awa, kodwana kufanele utjho kobana awa nangabe into ayikuphathi kuhle.

Nangabe omunye umuntu ukunikela umuzwa othi "awa" bese wena uzizwa ungakaphatheki kuhle, coca nomuntu omkhulu ngalokho.



Asitlole

Khetha abantu babebeathathu obathembako bewutjho kobana kubayini ubathemba.



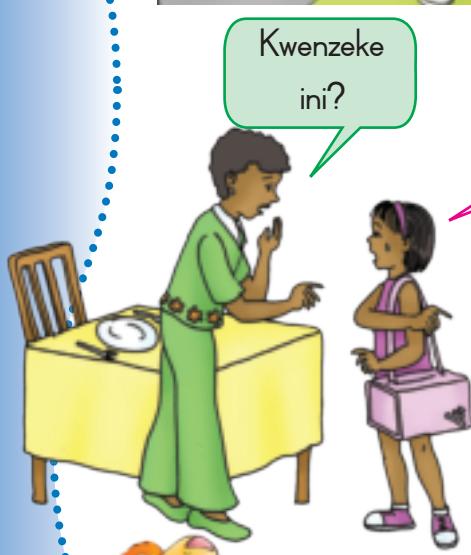
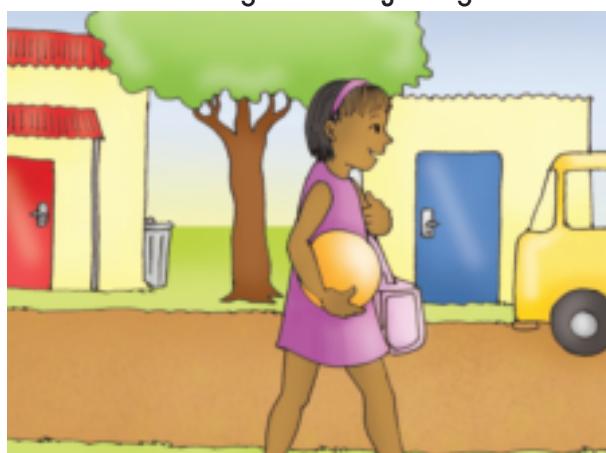
Tlola kobana ungambikela njani umuntu omthembako ngelemuko onalo ngokuthileko okungakalungi.



# Ukuzitjheja/ Ukuzinakelela

Asikhulume

Qalani iinthombe ezilandelako ngokuyelela okukhulu. Ingabe ungacoca indatjana ngazo? Qedelela amabhamuza wekulumo.



Asikhulume

Hlathulula kobana umtazanyana wazizwa burjani, wenza ini nokuthi wena nabekunguwe uqalene nobujamo obunje, bewungenza ini?

Ilanga: .....



Asitlole

Tlola phasi imithetho emihlanu emayelana nokuphepha.

Abantwana abakafaneli uku-



Asiphumele ngaphandle

Yenza imaski ukutjengisa ukuphakama kwemizwa.

Quanta kobana kuphakama kwemizwa okunjani ongathanda  
kobana imaski yakho ikutjengise.

Gwala ukuphakama komuzwa lowo utlhathlabeje ephepheni.

Sika.

Sika amehlo.

Kghabisa ngephepha elinombala.



Asiphumele ngaphandle

Zilungiselele umgijimo.

Guqa endaweni yokuthoma efaneleko.

Lalela utiyhere wakho nakathi:

"Emuden! Zilungisele! Gijima!"

Yenza isiqabo.



# Ukugcina umzimba wami uphephile



Asikhulume

Soke sinesibopho sokugcina imizimba yethu inepilo.

abantwana abalandelako benza ini ukugcina imizimba yabo kobana ihlale inepilo?



## Ngiziphi ezinye izinto ezinganapilo abanye abantu abazenzako?

Ingabe bewazi kobana ukubhema akuyifaneli imizimba yethu?

Ingabe bewazi kobana umuntu nakabhemela eduze kwakho, lokho kuyingozi?

Ingabe ukubhema kuyona bunjani imizimba yethu?



Asitlole

Tshwaya esinye nesinye isitatimende ngethiki nanyana ngesiphambano ukutjho kobana **siliqiniso** namkha **simamala**.

	Isegerede sizwakala simnandi.
	Nangabe ngihlezi eqadi komunye obhemako, lokho kungalimaza oseduze kwakho.
	Ukubhema kungatjhugulula amazinyo wakhe abe sarulani.
	Ukubhema kungakubangela amalwele womlomo.
	Ukubhema kungenza kobana ukhohlele kumbi.
	Ukubhema kungakubangela ubulwele bekankere.

Ilanga: .....



## Imithetho emayelana nezepilo.

Kufanele ngihlambe amazinyo wami ngemuva kokudla nangaphambili kokuyokulala. Kumele ngikame iinhluthu zami ngaphambi kobana ngiye esikolweni. Ngifanele ngibulunge iinzipho zami zihlale ziquntiwe begodu zihlwengekile. Ngifanele ngihlambe izandla zami ngemuva kokusebenzisa indlu yokuzithumela nangaphambili kokuthi ngingathinta ukudla. Ngifanele ngifake amathitjhu ebengifinya ngawo ngemgqomini weenzibi.



Ukuzithabisa

Ufanele wembathe ini ukuze uphephe? Madanisa iinthombe ngokuthala umuda osuka esithombeni esisereyini elingebla uye esithombeni esisereyini elingenzasi.



Ukuzithabisa



Zibandakanye udlale umdlalo wekhrikhethe.

Utitjhere wakho uzokudlala umvumo. Lalelisisa bese ngemuva kwalapho ubethe ngesandla sakho igido elikhambisana nomvumo phezulu edeskini lakho.



# Amalungelo kanye neembopho

Asifunde

Ngesinye isikhathi abantwana bafanele ukusiza ababelethi babo ngomsebenzi.

Kodwana abantwana akukafaneli kobana basebenze khulu njengabantu abakhulu.

abantwana kufanele babe nesikhathi sokudlala nesikhathi sokuya esikolweni.



Qala iinthombe ezilandelako. Tshwaya imisebenzi elungele ukwenziwa abantwana.

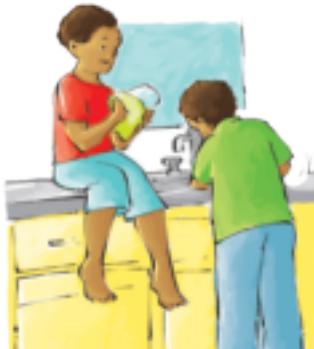
Bese utlola umutjho ngaphasi kwesithombe ngasinye utjho kobana kubayini uthi umsebenzi lo ulungele abantwana nanyana kubayini uthi awukalungeli abantwana.

Ithemu - I - I'veke - 8 - Iphepha lokusebenza



UNomakhuwa uthengisa imirorho ilanga loke begodu akakwazi ukuya esikolweni.

Ngemva kokuphuma kwesikolo, uSandile uthelalela esivandeni.



UDumi uthwala iintina ngombana  
usebenza nomakhi.

UJabu noBongi basiza  
ukuhlanza izembatho ezivaswako.



### Asikhulume

Ngiyiphi imisebenzi oyenza ekhaya?

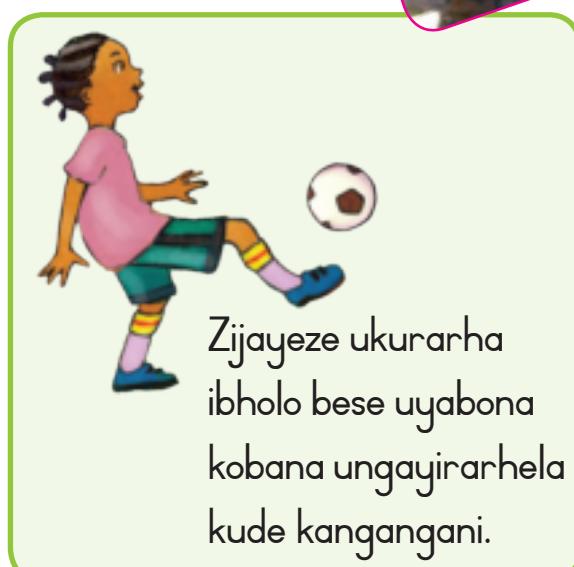
Ngiyiphi imisebenzi oyenza esikolweni ukusiza utitjhere  
wakho?



### Asiphumele ngaphandle

Lingisa imisebenzi ehlukahlukeneko.  
Isiqhema sakho asiqagele kobana wenza  
muphi umsebenzi.

Bophelela inyawo  
lakho komunye  
bese niyagijima.



Zjayeze ukurarha  
ibholo bese uyabona  
kobana ungayirarhela  
kude kangangani.



# Amalungelo neembopho

Ithemu - I - I'veke - 8 - Iphepha lokusebenzela



Asikhulume

Tjela umngani wakho kobana abafundi laba  
bangabe bephula muphi umthetho?



Esinye nesinye isikolo  
sinemithetho ukuze  
kube khona ukuphatha  
okufaneleko. Enye neny  
itlasi nayo inemithetho  
ekumele abafundi  
bayilandele.



Asitlole

Tlola imithetho emine yangetlasini lenu.



Asikhulume

Funda amalungelo neembopho ezilandelako bese ucoca nomngani wakho kobana isibopho nelungelo ngalinye litjho ukuthini.



**IMBOPHO ZELUTJHA  
LESEWULA AFRIKA**

<b>Ukulalingana</b>	<b>Isithunzi somuntu</b>	<b>Ipolo</b>	<b>Umndeni</b>
Phatha omunye nomunye umuntu ngokulalingana begodu ngendlela efaneleko. Ungambandlululi.	Hlonipha nanyana ngubani. Yiba nomusa bewuthogomele.	Enye nenye ipilo iligugu. Phatha ipilo ngehlonipho.	Yazisa bewuhloniphe ababelethi bakho. Yiba nomusa bewuthembeke emndenini wakwenu.
<b>Ifundo</b>	<b>Sebenza</b>	<b>Ikululeko nokuphepha</b>	<b>Ipahla</b>
Iya esikolweni, funda bewusebenze ngamandla. Namathela emithethweni yesikolo.	Siza ekhaya lokha nakwenziva eminye imisebenzi ekhaya. Abantwana akukameli kobana bakatelelwé ukufunyana umsebenzi.	Ungalimazi, uthelise namkha wethusele abanye begodu ungavumeli abanye kobana bakwenze lokho. Rarululani ukungavumelani ngendlela enokuthula.	Hlonipha ipahla yomunye umuntu. Ungayoni ipahla begodu ungebi.
<b>Ikolo, ikolelo nombono</b>	<b>Ukuphepha</b>	<b>Ubulunga belizwe</b>	<b>Ikululeko yokuveza umbono</b>
Hlonipha ikolelo nombono wabanye abantu.	Tlhogomela iphasi/inarha. Ungawoni amanzi kanye negezi. Tlhogomela i inlwananeentjalo. Gcina ikhaya lakwenu kanye nomphakathi ohlala kiwo uhlanzekile begodu uphephile.	Yiba sisakhamuzi esihle nesihlobileko seSewula Afrika. Lalela imithetho bese uqinisekisa nokobana abanye bayayilandela.	Ungakhambi urhatjha amala nezondo. Qinisekisa kobana abanye abathukwa nanyana abalimali imizwa.





Asikhulume

# linkolo namanye amalanga akhethekileko

Khetha enye yekolo kilezi ezilandelako. Funyana elinye ilwazi elingezelelweko ngekolo leyo. Lungiselela kobana ilwazi olifunyeneko uzo lethulela bunjani abafundi betlasi yakho. Linga ukufunyana iinthombe nanyana iincwadi ukutjengisa ilwazi olifunyeneko.



yesiHindu



yesi-Islam



yesiJuda



yesiKrestu

Sifanele sihloniphe abantu beenkolo ezhlukahlukenecho.

Ukholelwa kiyiphi ikolo?

Ngiyiphi ikolo yomngani wakho omkhulu?

Ilanga: .....



# Akhe sihlolisise

16b



Asitlole

Qedeleta ikarada elilandelako mayelana nawe.

Ithemu - I - I'veke - 8 - Iphephä lokusebenzela

Ibizo lami

Isibongo sami

Ilanga lami lamabeletho

Igreyidi engilifundako

Isikolo sami

Inomboro yakwethu yomtato

Isiphande

Inomboro yobujamo oburhabekileko

Umdlalo engiwuthandako

Umbala engiwuthandako

Umngani wami omkhulu.

Ngikuphi okungithabisako

Ngikuphi okungenza ngidane

Ngikuphi okungithukuthelisako

Ngenza ini kwanjesi

Tijhere:  
Tikitla:  
Ilanga:



Asikhulume

Qalani imikhakha yokudla okulandelako bese wena nomngani wakho

nikhulume ngayo:

Kukudla okunjani okusemkakhneni ngamunye?

Kungani umkhakha ngamunye ulungele  
umzimba wakho?

## Amaphrotheyini

Amaphrotheyini akha amaseli  
amatjha ukuze imizimba  
yethu ikhule.



## Amavithamini

Amavithamini namaminirali  
asiza imizimba yethu kobana  
ikwazi ukulwa nokutshwayeleka  
ngamalwelwe bese sihlala siphilile.



Asiphumele ngaphandle

Bawa utitjhere wakho kobana ungdallala  
bunjani umdlalo "womtato ophukileko".  
Ngemuva kwalapho zjayenze ukuphosa ibholo.



# Amakhabhohayidredi

Ukudla lokhu kusinikela  
amandla nomfutho.



Asitbole

Yenza irhelo lokudla okudle ngayizolo. Ngekholumeni yokugcina,  
yitjho kobana ukudla kumaphrotheyini, amakhabhohayidredi, iinthelo  
nanyana imirorho.



## Ideri

Ukudla kwemikhiqizo yebisi  
kuqinisa amathambo wethu,  
ikakhulu lokha nasisebancani  
namathambo wethu asakhulako.

Ukudla engikudle izolo	Umhlubo wokudla



Titjhore:  
Tlikitla:  
Ilanga:

# Imikghwa yethu yokudla

Ithemu - 2 – I've kee- / – I phephä lokusebenzela

Asikhulume

Buza abangani abane kobana bathanda ukudla ini. Qala ukudla okuhlukeneko bese ubeka itshwayo (✓) nangabe uyakuthanda ukudla lokho begodu ubeka isiphambano (✗) nangabe awukuthandi ukudla lokho.

Qedeleta  
ngokuzalisa  
amabizo  
wabangani bakho




Asitlole

Qala amatheyibula owazalisileko bese uphendula imibuzo elandelako.

Ngikuphi ukudla abangani bakho abakuthande kancani?

Ucabanga kobana abangani bakho balandela imikghwa emihle yokudla?

Kungani ucabanga bunjalo?



Ukuzithabisa

Bawa utijhere wakho akutjengise kobana ungdallala bunjani umdlalo womtato ophukileko.



Ilanga: .....



Asitlole

Tlola irhelo lomhlobo wokudla ekufanele  
siwudle ngamalnga.



Asitlole

Tlola iresephhi yokudla okuthandako.



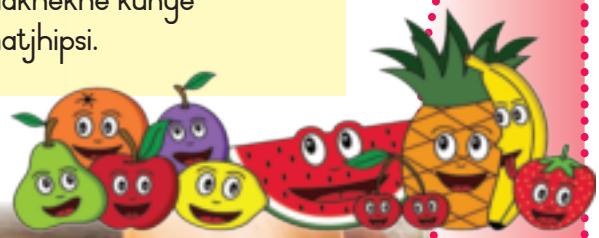
Iresephhi \_\_\_\_\_

Ngithhoga iintlabagelo ziphi?

Ngiziphi iindlela ekufanele ngizilande?

Ngikuphi ekufanele  
sikukhandele?

Itswayi elinengi ngombana  
lingasibangela ukugula  
kweengazi nasele sikhulileko.  
Itjhukela enengi ngombana  
ingasibangela ukugula  
kwetjhukela nasele sikhulileko.  
Itjhukela enengi ibanga  
ukukhuluphala. Tinselo  
ezimakhaza ezinetjhukela  
namakhekhe kunye  
namatjhipsi.



Ngithhoga iintlabagelo ziphi?	
Ngiziphi iindlela ekufanele ngizilande?	



Tijhere:  
Tlikitla:  
Ilanga:



Asitlole

# Imikghwa emihle yokudla

UThabo noNomusa bay eKhefini yakwa Sunshine. Kufanele bathenge ukudla abazokupheka ngesidlo santambama. Basize kobana bapheke ukudla okunepilo nokufaneleko.



Asiphumele ngaphandle

Dlheganani ukujuguja intambo ukuze umngani akwazi ukweqa entanjeni.





Asitlole

Tlola izinto abafanele bazithenge nenani lazo erhelweni lezinto eziyokuthengwa elingenzasi. UThabo noNomusa basebenzise imali engangani ezintweni abazithengileko?

## IRHELO LEZINTO EZIYOKUTHENGWA INANI



Asitlole

Kungabe ulandela imikhuba yokudla efaneleko kangangani? Penda/Faka umbala ubuso obuthabileko emukghweni ngamunye ofaneleko.

### Imikghwa yami yokudla

Iye	Awa

Ngivame ukudla ngibukele umabonwakude.

Ngithanda iinthelo nemirorho.

Ngithanda ukudla okunamafutha okufana namatjhipsí.

Angiwathandi amanzi, ngithanda iinselo ezimakhaza.

Angiyidli imirorho.

Ngiyakuhlaufunyisisa ukudla kwami.

Ngidla ukudla kwekuseni ngaphambili kokuya esikolweni.

Bala kobana upende ubuso obuthabileko obungaki.



20

# Ukudla ngefanelo

Ithemu-2 – I'veke-2 – Iphepha lokusebenzela

Asenzeni lokhu

Gwala nanyana unamathisele iinthombe zokudla  
evilini ukutjengisa ukudla okunepilo.

40

Ilanga: .....



Asifunde

## Imithetho yokudla okufaneleko

Vama ukuhlamba izandla zakho ngaphambi  
kokuthinta ukudla.

Ungatjhiyi ukudla kungakasibekelwa.

Ungadli ukudla okudala nanyana okubolileko.

Sebenzisa amakari wemirorho ukwenza ivundiso.

Tjala yakho imirorho.



Asenzeni lokhu

Gwala isithombe ukutjengisa umthetho owodwa wokudla.

Titjhore:  
Tlikitla:  
Ilanga:

# linunwana

**Asikhulume**

Khulumani ngeengceny ezihlukeneko zomzimba weenunwana.

Iinunwana zineengceny ezintathu; ihloko,  
umzimba wangaphezulu nowangaphasi.

Iinunwana zinemilenze esithandathu  
neempondo ezimbili.

okungiyo



**Asenzeni lokhu**

Leyibula inunwana.  
Gwala umuda osuka  
eleyibuleni ngayinye  
ukuya engcenyeni  
okungiyo yenunwana.

**Ihloko**

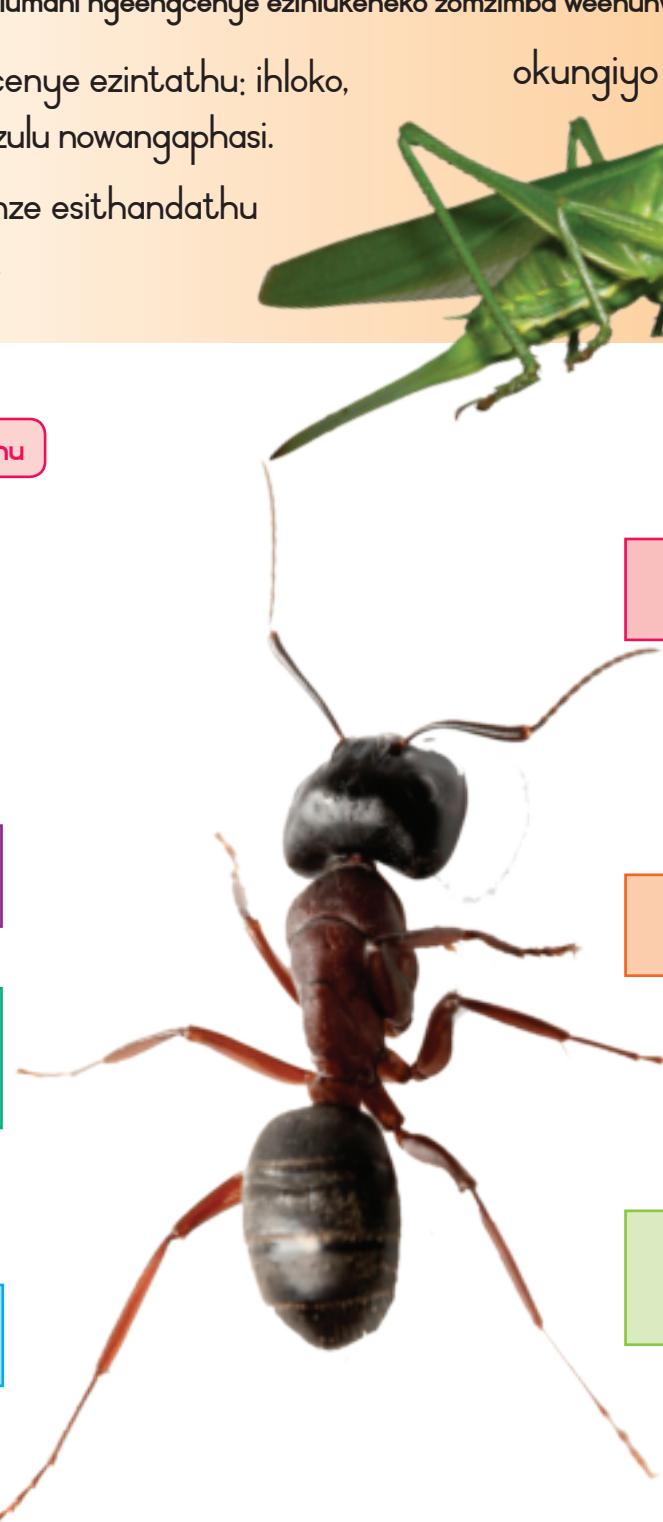
**Umzimba  
wangaphezulu**

**Inyawo**

**Iphondo**

**Ilihlo**

**Umzimba  
wangaphasi**



**Asiphumele ngaphandle**

Lila njengenyosi, phapha njengeviyaviyani bese weqa  
njengentethe. Kwanjesi sele ulungele umdlalo webholo  
erarhwako!

**Ilanga:**.....



Asitbole

Gwala umuda ukumadanisa elinye nelinye igama nenunwana.  
Yitjho kobana ngiziphi iinunwana eziyingozi begodu ngiziphi  
iinunwana ezilisizo kithi.



Inyosi



Unompopoloza



Ipukani



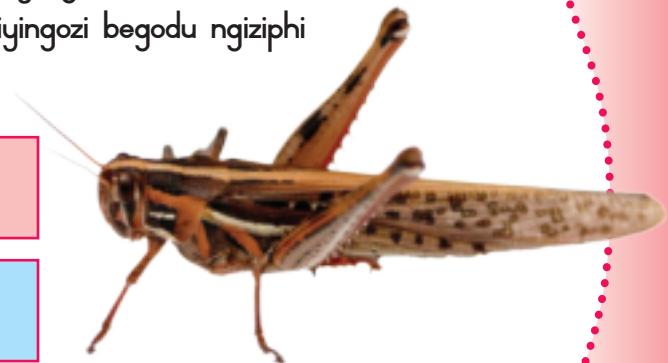
Ubutjhontjhwni

Intethe

Iviyaviyani

Unomabhonjwana

Iviyaviyani  
eliphapha  
ebusuku



Asitbole

Kwanjesi zalisa iinkhala ngamagama atlhayelako.

yenza ilju.

yenza ipholeni yamathuthumbo.

bandisa imalariya.

yandisa amalwele.

idla iintjalo zabalimi.



Tijhere:  
Tikitla:

Ilanga:

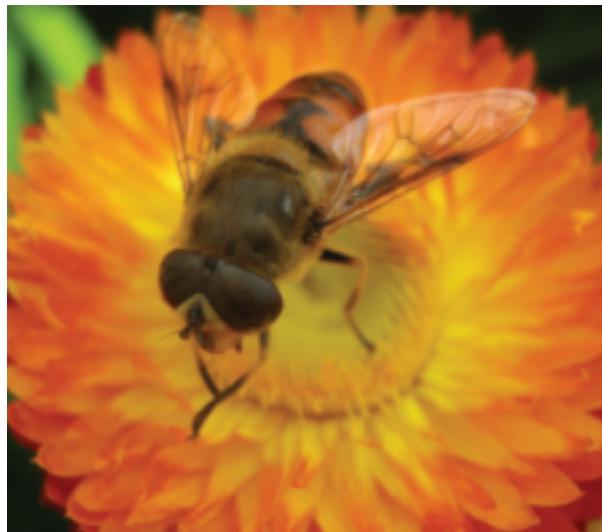
# Okhunye okunengi ngeenunwana

Ithemu-2 – I'veke-3 – Iphepha lokusebenzela



Asikhulume

Qalani iinthombe ezilandelako bese ukhuluma nomngani wakho utjho kobana iinyosi zilisizo bunjani ebantwini.



Iinyosi zirhatjha ipholeni. Lokhu kunomphumela omuhle eenthelweni ukuze zikhule.

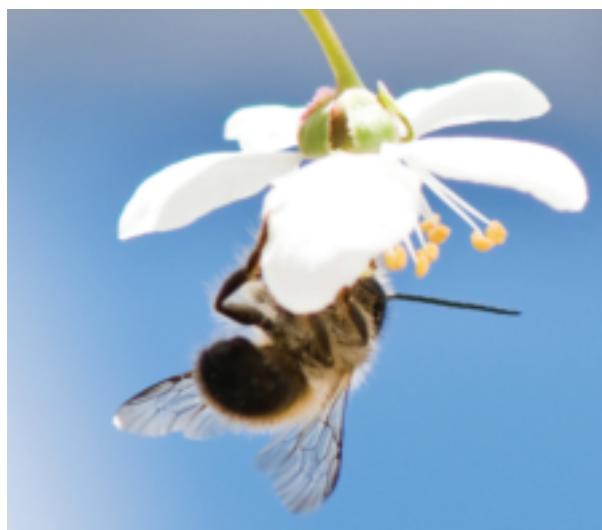


Iinyosi zikhiqiza ilju.



Asitlole

Tlola elinye nelinye ibizo lenunwana esikhaliyi esitjhiyiweko ukuze umutjho uwakale.



amanzi anetjhukela ethuthumbeni. imunya

Ilanga:.....



eqinileko yangemuva enza kobana yeqe ngepumelelo. inemilenze



zisebenzisa iimpondo  
zazo ukukhulumisana nezinye iinunwana.



irhatjha ipholeni ukusuka  
kesinye isitjalo ukuya kesinye.



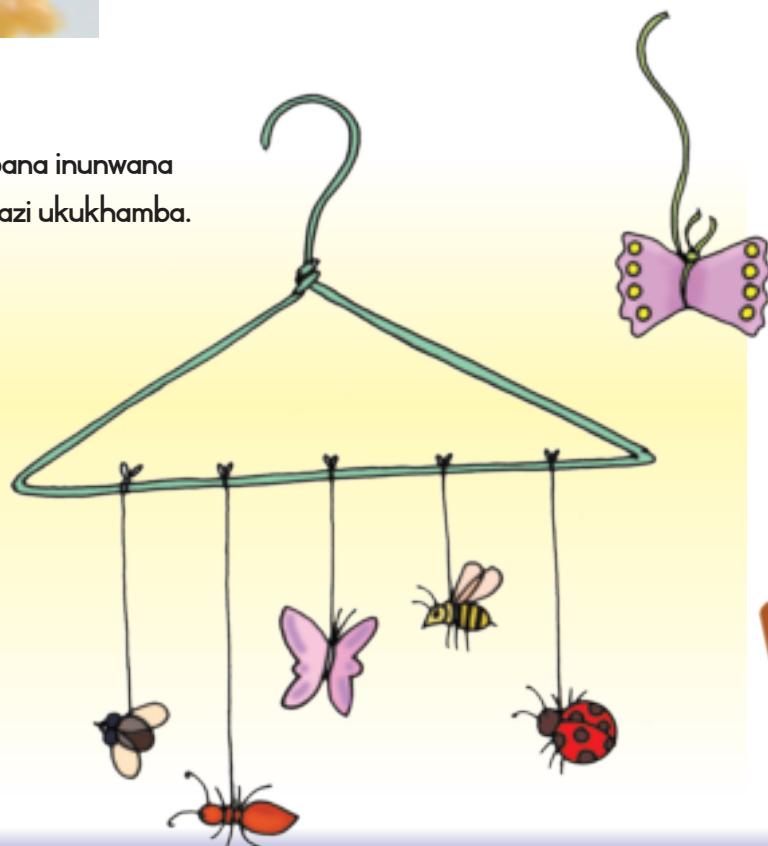
irhatjha imilwana.



Asenzeni lokhu

Yenza kobana inunwana  
yakho ikwazi ukukhamba.

- Sika iinunwana ekhasini labosika ekugcineni kwencwadi yakho.
- Zibeke ehangereni.



Tijhere:  
Tlikitla:  
Ilanga:

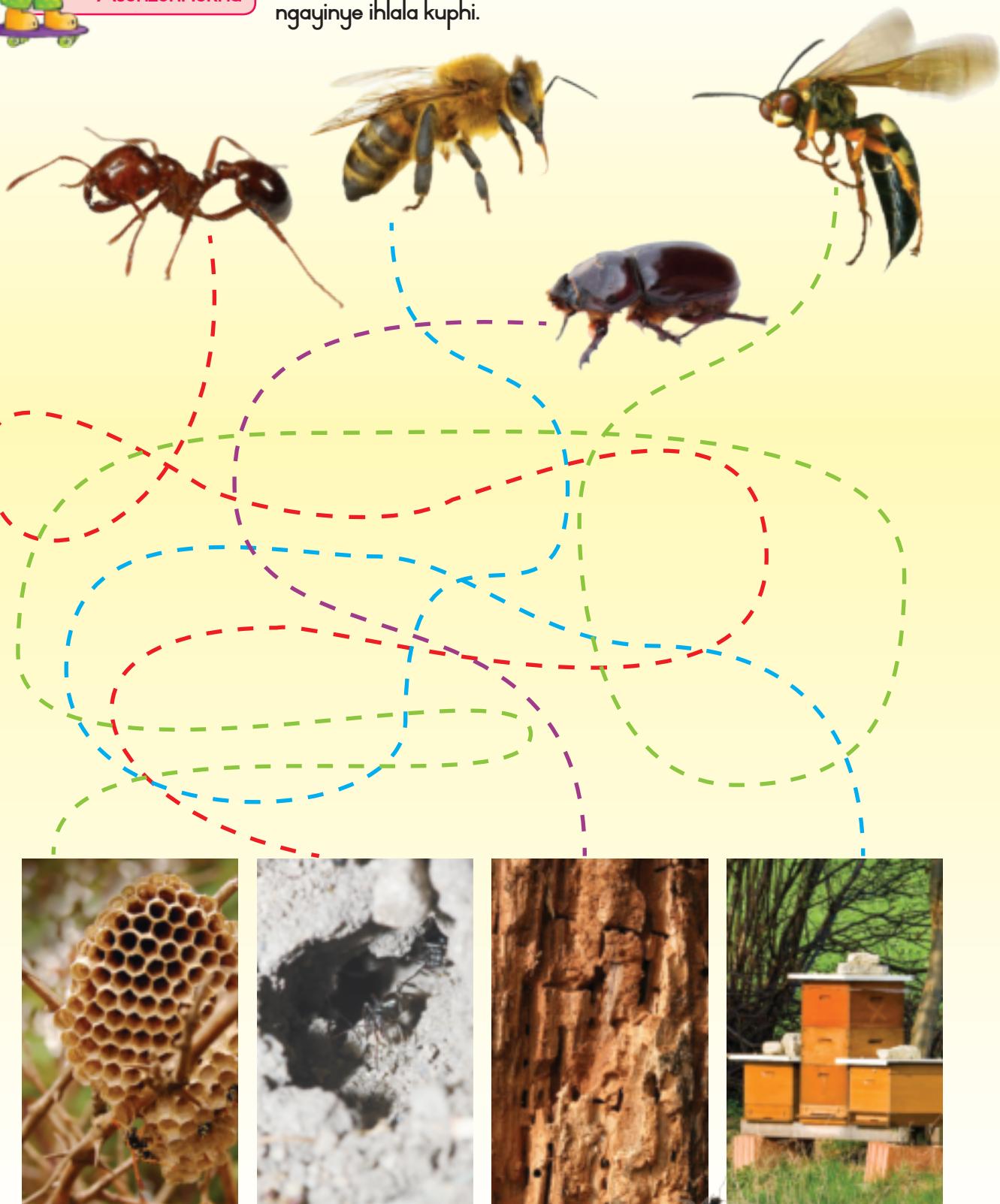
# 23 Amakhaya weenunwana

Ithemu-2 - I'veke-4 - Iphepha lokusebenza



Asenzeni lokhu

Gadangisa phezulu kwamathosi ubone kobana inunwana  
ngayinje ihlala kuphi.





Asenzeni lokhu



Asitlole

Khambakhambani ngejaradeni lesikolo ukubona  
kobana nizokufunyana iinunwana ezingaki.



Ubone iinunwana ziphi ngaphandle? Khetha inunwana eyodwa bese utlola  
ibizo layo ngenzasi.



Inunwana leyo idla ukudla okunjani?

Kungabe inunwana yakho iyakhambisa nanyana ikhamba kabuthaka?

Kungabe inunwana yakho ilisizo? Kubayini utjho njalo?

Ngiziphi iindlela ongathi inunwana yakho iyingozi ngazo? Ungenza ini  
nangabe iyakulimaza?



Ukuzithabisa

Kwanjesi tlama  
inunwana engeyakho  
bese ujinikela ibizo.



# Tjengisa ngobukghwari bakho

Asenzeni lokhu

## Gwala lakho iviyaviyani

Ithemu-2 - I'veke-4 - Iphepha lokusebenzela



Uzokutlhoga okulandelako:  
Iphepha eliyi-A4.  
Amakhrayoni wamafutha  
Isikere  
Idlhу  
Iphayiphi lokuhlwendisa  
Irolo enganalitho yephepha elisetjenziswa  
ngendlwaneni yokuzithumela



Gwala iviyaviyani elitjengisa umzimba walo omude, omatsikani  
neempiko zalo ezimbili. Kghabisa iimpiko zeviyaviyani  
ngamaphetheni anemibala eyehlukene.

Qinisekisa kobana iimpiko zombili  
ziyafana. Sika iviyaviyani. Namathisela  
umzimba weviyaviyani phezu kwerolo  
eliphepha elinganalitho elisetjenziswa  
ngendlwaneni yokuzithumela.

Kwanjesi yenza iimpondo usebenzisa  
iphayiphi lokuhlwendisa  
elibhincwe kabi.

Linamathisele ehloko  
yeviyaviyani.



Ilanga:.....



Asiphumele ngaphandle

Linga imidlalo elandelako.



### Isitetjhi 1:

**Umdlalo webholo lezandla:**

Betha phasi ibholo lokha nawugijima ngephetheni emazombezombe.



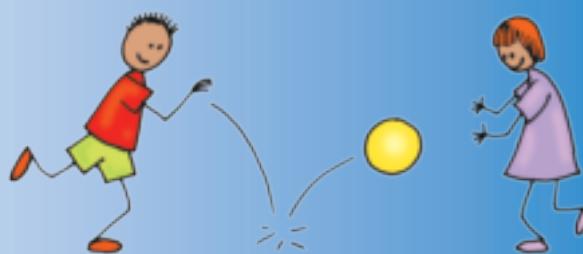
### Isitetjhi 2:

**Ihokhi:** Sebenzisa isigojwana sokudlala ihokhi ukusunduzela ibholo emapaleni.



### Isitetjhi 3:

**Inetbholo:** Betha phasi ibholo iye kumngani wakho lokha wena nawugijimako.



### Isitetjhi 4:

**Iragbhi:** Gijima nebholo bese uyidluliselwa phambili.



### Isitetjhi 5:

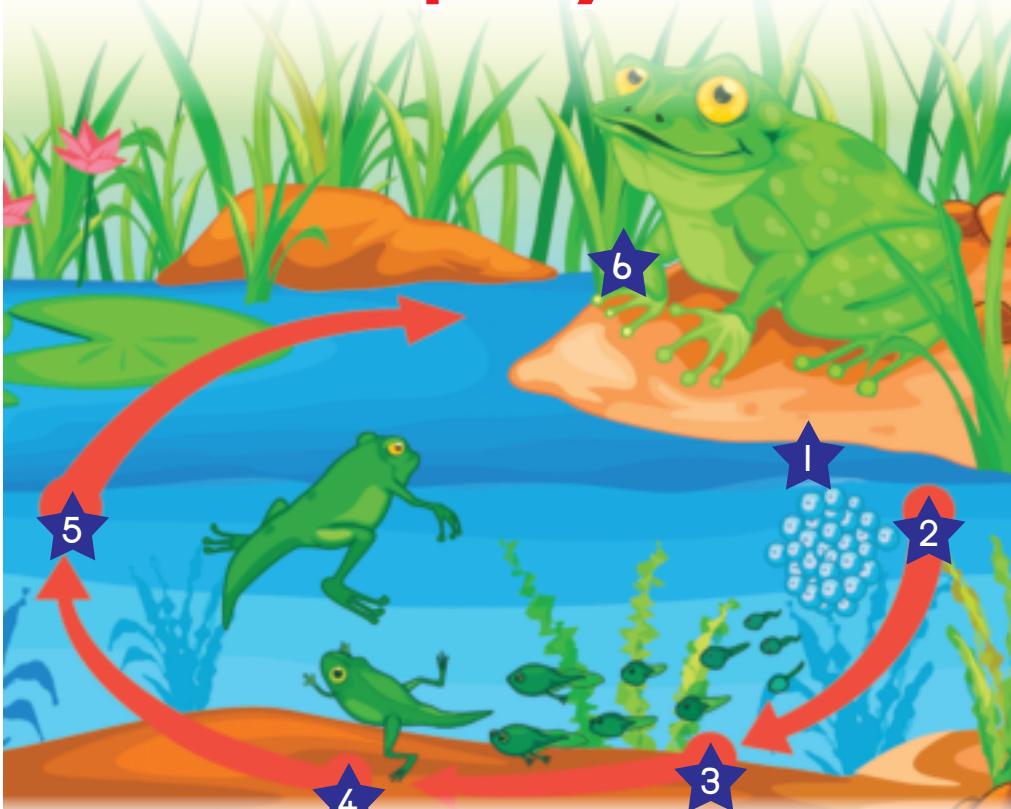
**Ibholo erarhwako:** Dribula ibholo iye emapaleni.



# Imizombe yepilo

Umzombe wepilo utjengisa iingaba ezihlukeneko zokukhula. Tingaba zilamana ngendlela ethileko. Qala umzombe wepilo yesirhwarhwa neweviyaviyani bese nicoca ngeengaba lezi ezihlukeneko.

## Umzombe wepilo yesirhwarhwa



Asikhulume

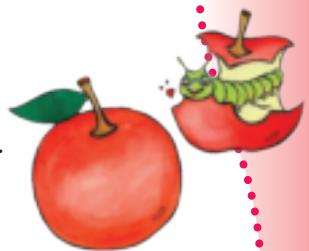
Qala iinthombe bese utjela umngani wakho kobana isirhwarhwa sitjhuguluke bunjani emzombeni waso wepilo.

- 1** Iinrhwarhwa ezimbili ziyahlangana ukunothisa amaqanda.
- 2** Isirhwarhwa esisikazi sibekela amaqanda.
- 3** Ikolobejani encani enezitho zokuphefumula ezingaphandle nomsila osasigwedlo.
- 4** Ikolobejani ikhula imilenzana.
- 5** Umsila uyanyamalala.
- 6** Isirhwarhwa esikhulileko siba namaphaphu namajili amanengi.



Asenzeni lokhu

Kwanjesi qalisisa umzombe weviyaviyani  
Qedelela kobana kwenzeka ini emgwalweni womzombe wepilo.  
Sesikusizile ngeengaba ezimbili.



## Umzombe wepilo weviyaviyani



1

2

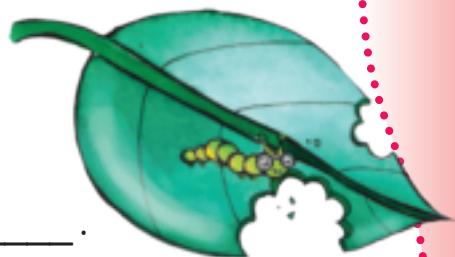


Iviyaviyani libekela amaqanda.

2



3



6

3

4

5

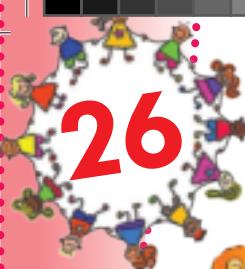
6

Isibungu nephupha



5





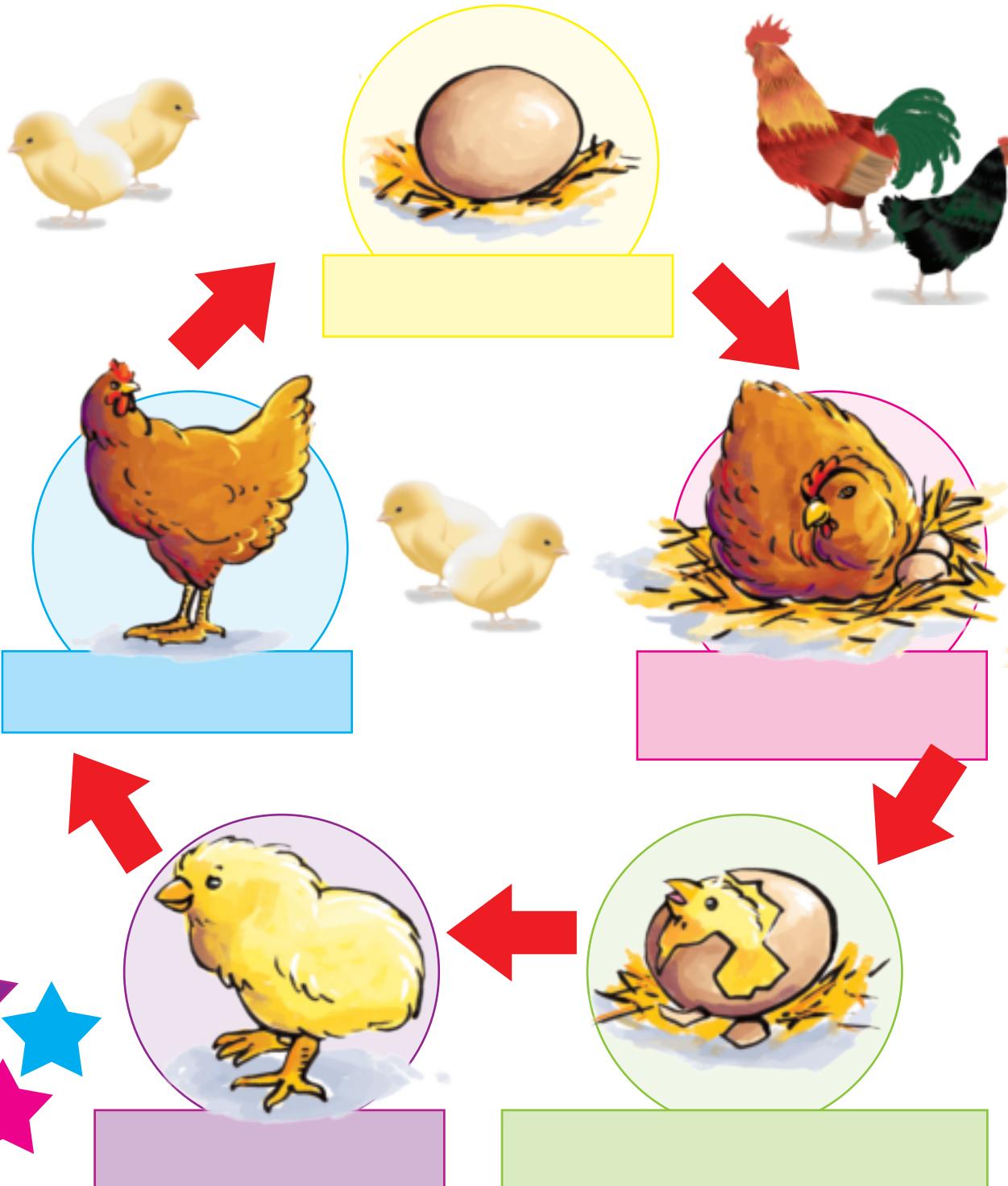
# Imizombe yepilo

Ithemu-2 – I'veke-5 – Iphepha lokusebenzela

Asikhulume

Qalani iinthombe bese ukhuluma nomngani wakho ngomzombe wekukhu.  
Ngemuva kwalapho tlola kobana kwenzeka ini esigabeni ngasinye.

## Umzombe wepilo yekukhu





Asenzeni lokhu

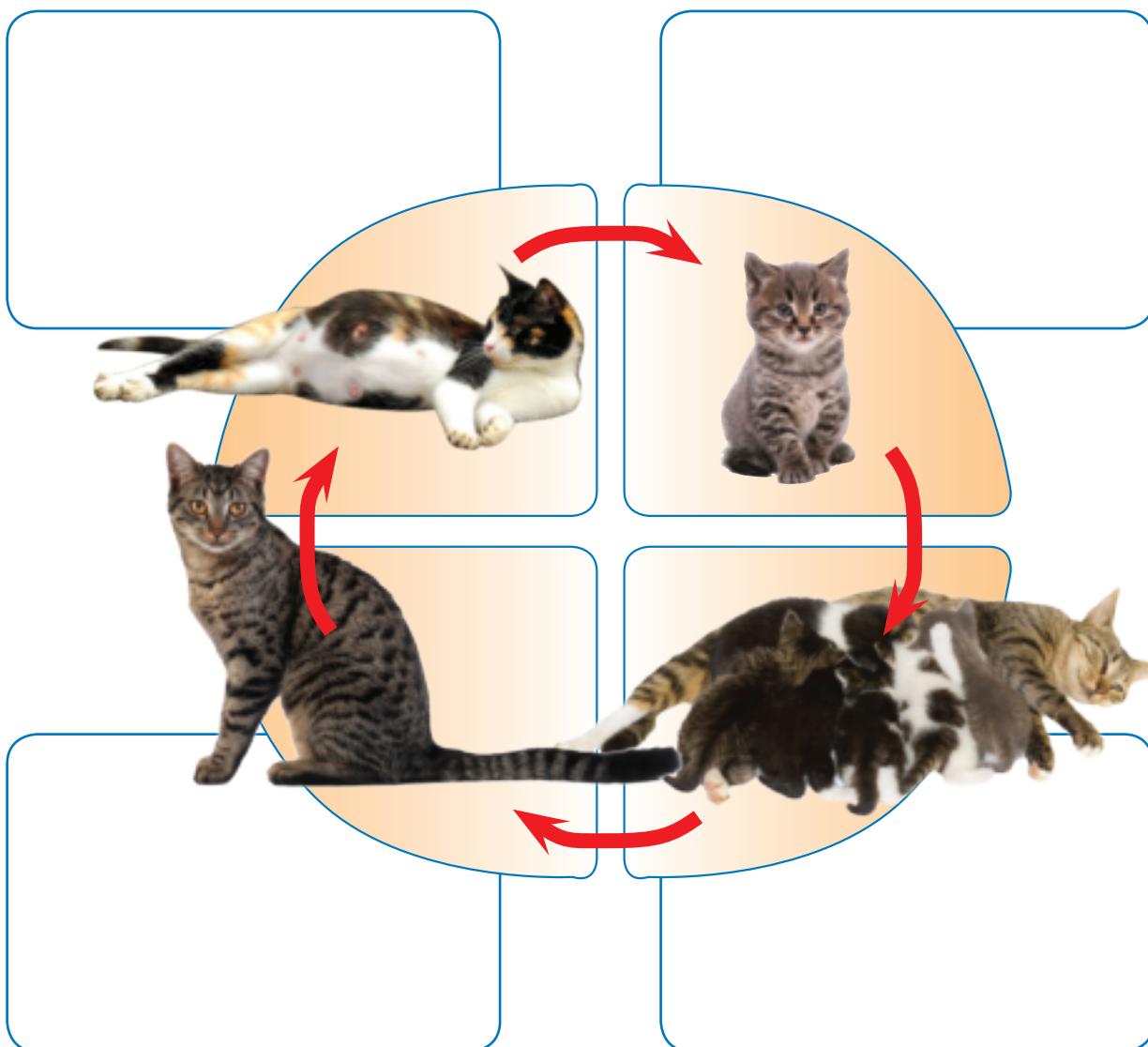
Kwanjesi zenzele wakho umzombe wepilo.

Leyibula esinye nesinye isithombe endatjaneni eseivilini elingenzasi ukutjengisa umzombe wepilo wakakatsu. Sebenzisa iinhlokwana ezingenzasi zizokusiza.

Nombora iingaba ukusuka ku-1 ukuya ku-4 bese uzisebenzisa endatjaneni yakho yevili.

	Ukatswana uyahlanzwa		Ukatswana okhulileko
	Umma, unina lakakatswana umitha iimveke ezibunane (9)		Unina labokatswana ukhotha abokatswana bakhe.

## Umzombe wepilo wakakatsu



Titjhore:  
Tlikitla:  
Ilanga:

# Ifuyosithandwa yami

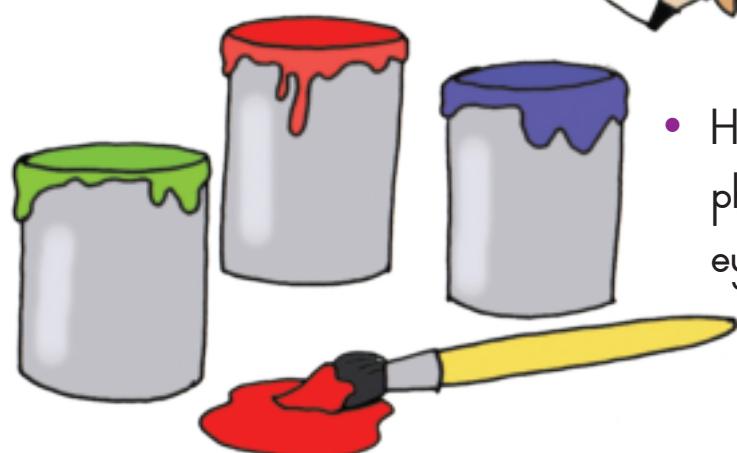
Ithemu-2 – I'veke-6 – Iphepha lokusebenza



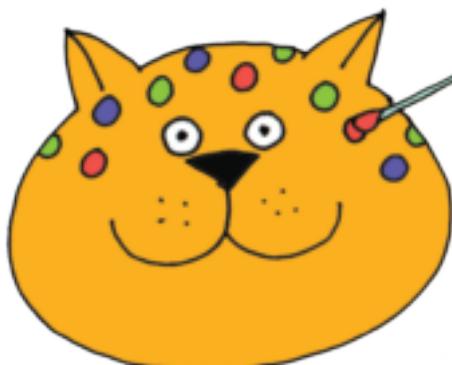
Asenzeni lokhu

Yenza imaski yefuyosithandwa.

Ozokutlhoga ngilokhu:  
Iphepha elinobukhulu obuyi-A4  
Ipensela  
Ipende eyipuyere namanzi  
Iingojwana zokukotakota iindlebe

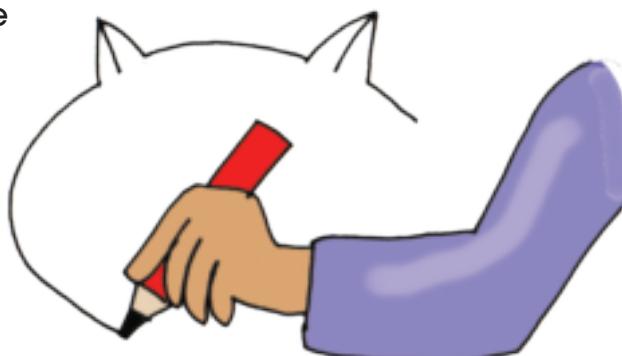


- Sebenzisa isigojwana sokuzikotakota ependeni ngayinye.



54

Ilanga: .....



- Hlanganisa ipende ukwenza pheze imibala emithathu eyehlukene.



- Khabisa ubuso bakakatsu ngamathosi ahlukene.





Asikhulume

Cocela umngani wakho ngefuyosithandwa  
yakho nanyana yomunye umuntu omaziko.  
Yitjho kobana uzoyitlhogomela bunjani.



Asenzeni lokhu

Gwala iinthombe ezi-4 ozozitlhoga ukutjheja  
ifuyosithandwa yakho. Bese utlola ihlathululo  
ngaphasi kesinye nesinye isihlokwana.





Asikhulumo

# Ukutlhogomela ibhoduluko

Qala amaphostara alandelako bese ucoca nomngani wakho kobana amaphostara la atjho ukuthini.

Qala isiqubulo sokwenza kabutjha.  
Ukhe wasibona kuphi isiqubulo esifana nalesi?



## Siyakubawa, sisebenzisa kabutjha!



Asiphumele ngaphandle

Ungakghona ukusungula  
umdanso usebenzise  
amawulawubhu namaribhoni?





Asifundeni

Ibhoduluko singaligcina burjani lihlwengekile?



Sifanele sikhumbule u- **PSS**.



**Phungula:** Sifanele siphungule ukusilaphazeka.

**Sebenzisa godu:** Sizisebenzise kanengi godu izinto ngaphambili kobana sizilahle.

**Sebenzisa kabutjha:** Sitlhoga ukufunyana iindlela zokusebenzisa

amaphepha, amabhlegana namabhodlelo.



Asitlole

Ethebuleni elilandelako, tlola amabizo wezinto ezingasetjenziswa kabutjha. Unikelwe erhelweni ngalinye lokho ozokuthoma ngakho.



Sebenzisa kabutjha amarhalasi	Sebenzisa kabutjha amoplastiki	Sebenzisa kabutjha amaphepha	Yenza ivundiso
Amabhodlelo wakade	Imigodlana yamoplastiki	Amaphephandaba	Amakelo wemirorho



# Ukwenza kabutjha

Ithemu-2 – Iweke-7 – Iphepha lokusebenzela



Asitlole

Gwala umuda osuka ezintweni ezingesandleni sesincele uye ngesandleni sokudla, ukutjengisa kobana zingasetjenziswa bunjani ukwenza izinto ezinye ezingasetjenziswa kuhle.



Kwanjesi tlama bewuleyibule into ongayenza usebenzise izinto ezibuyeletweko ebegade zilahliweko.

Ibizo lento

Yenziwe

Gwala isithombe sento yakho.

Ilanga: .....



Asitlole

Izinto ezingenza ivundiso ehle. Tlola elinye nelinye igama kalandela ngenzasi endaweni yalo efaneleko ukuqedelela ithebula. Kumele ucabange nangezinye izinto ozaziko bese uyazihlela uzibeka ngemakholomini afaneleko.

iinkhwanyana zamaplastiki

amakari wemirorho

amazipho

amabhlegana weenselo

amaqephe wamaqanda

Izinto ezingekhe zabola

Izinto ezingabola



Asenzeni lokhu

Gwala iphostara  
ubawe abantu kobana  
bangasilaphazi.  
Gwala isithombe  
bewutlole nomlayezo.



Tijhere:

Tlikitla:

Ilanga:

30

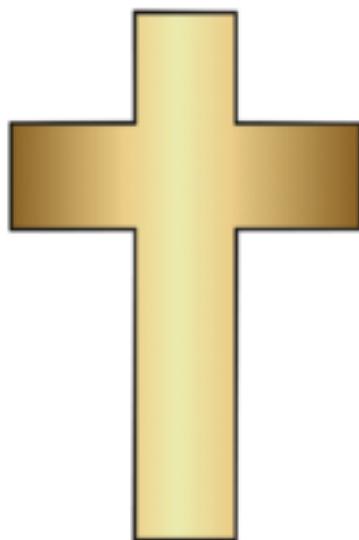
# linkolo namanye amalanga akhethekileko

Ithemu-2 – I'veke-7 – Iphepha lokusebenzela



Asikhulume

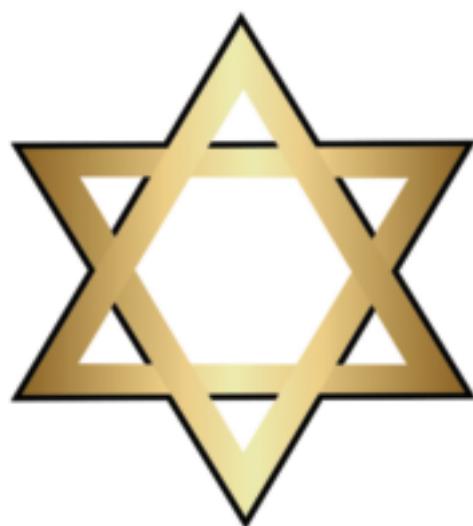
Khuluma nomngani wakho ngamatshwayo wekolo. Yitjho kobana ikolo yakho isebenzisa liphi itshwayo. Nawungaliboniko itshwayo lekolo yakho, ligwale ukuze umngani wakho alazi.



Isiphambano litshwayo lamaKrestu.



Inyanga eyihlendla nekwekwezi zakha itshwayo lama-Islamu.



Itshwayo lamaJuda yiKwekwezi yakaDavida. IKosi uDavida yabe iyikosi yama-Israyeli.

60

Ilanga:.....



Itshwayo lamaHindu litshwayo U-OM, elitlolwa ngelimi lamaDevanagari we-Indiya



# lindawo ezihlukene lapha kudunyiswa khona



Asenzeni lokhu

Gwala umuda ukuhlanganisa ikolo ngayinye nendawo lapha kuhlanganyelwa khona nakudunyiswako. Tlola ibizo lomakhiwo ngaphasi kwesithombe ngasinye.

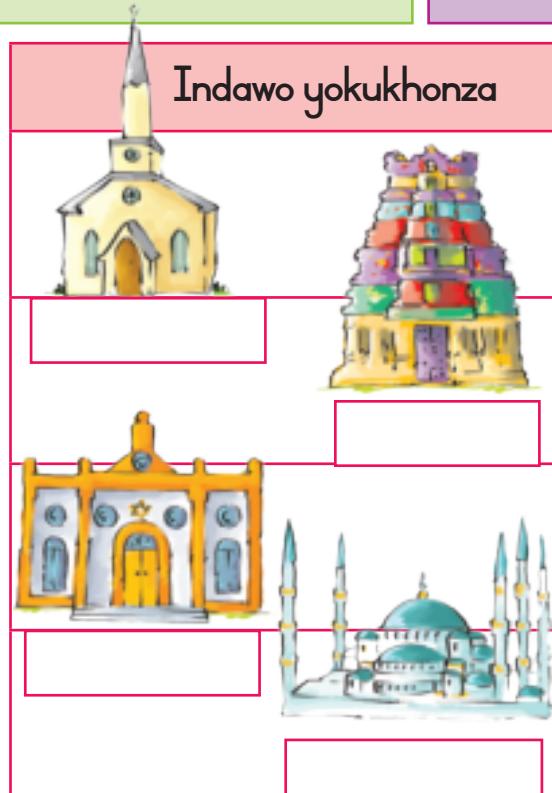
itempeli

isinagogo

indlu yesondo labakholelwa kuMahomedede

isondo

Ikolo
Ama-Islamu
AmaHindu
AmaKrestu
Abakholelwa kuJadayizimu



Asenzeni lokhu

Buza abangani abane (4) kobana ngimaphi amatshwayo atjengisa ikolo yabo. Buyelela utbole amatshwayo lawo eduze kwamabizo wabo.

Ibizo lomngami	Itshwayo labo





# ISITIFIKEYIDI

Sokuphumelela iGreyidi lesi-3

AmaKghono wezePilo incwadi yoku-1

sinikelwa u-

Tlola ibizo lakho.

Ilanga \_\_\_\_\_

Utitjhere \_\_\_\_\_



# Isihlathululi-magama sami

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# Isihlathululi-magama sami

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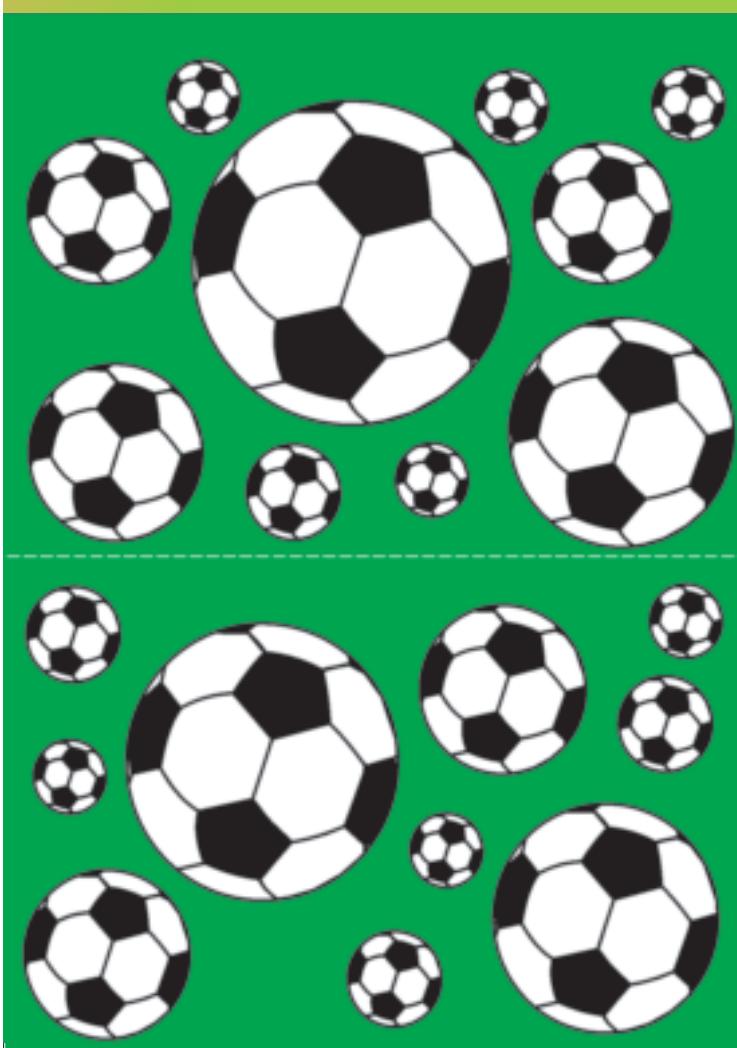
V  
v

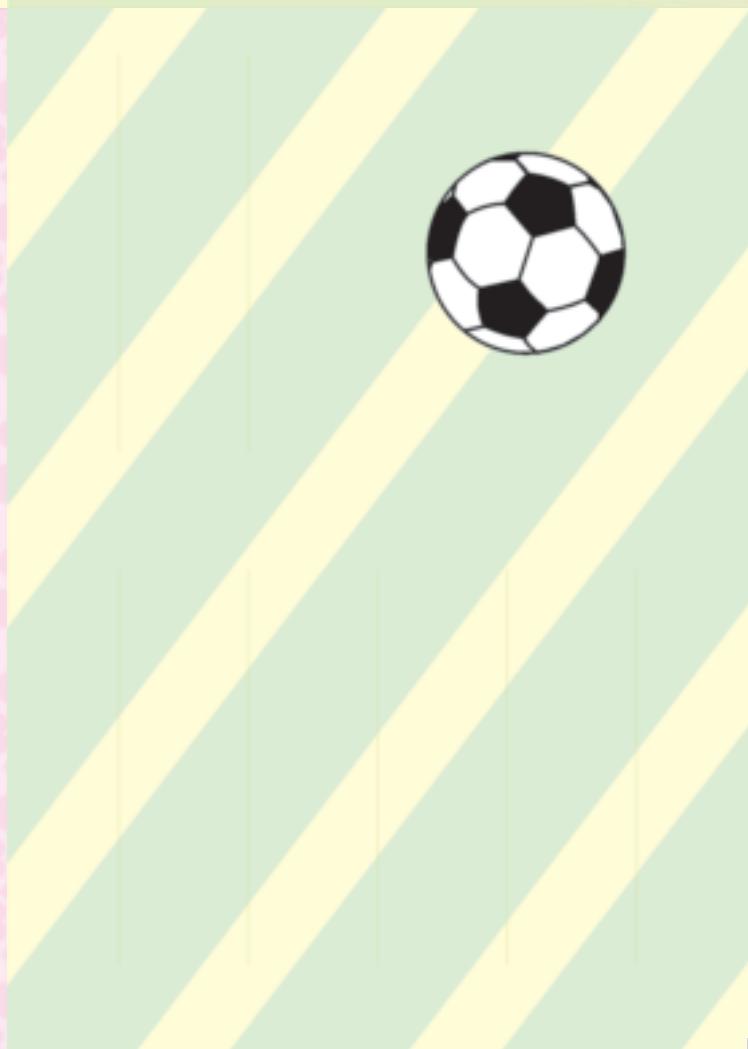
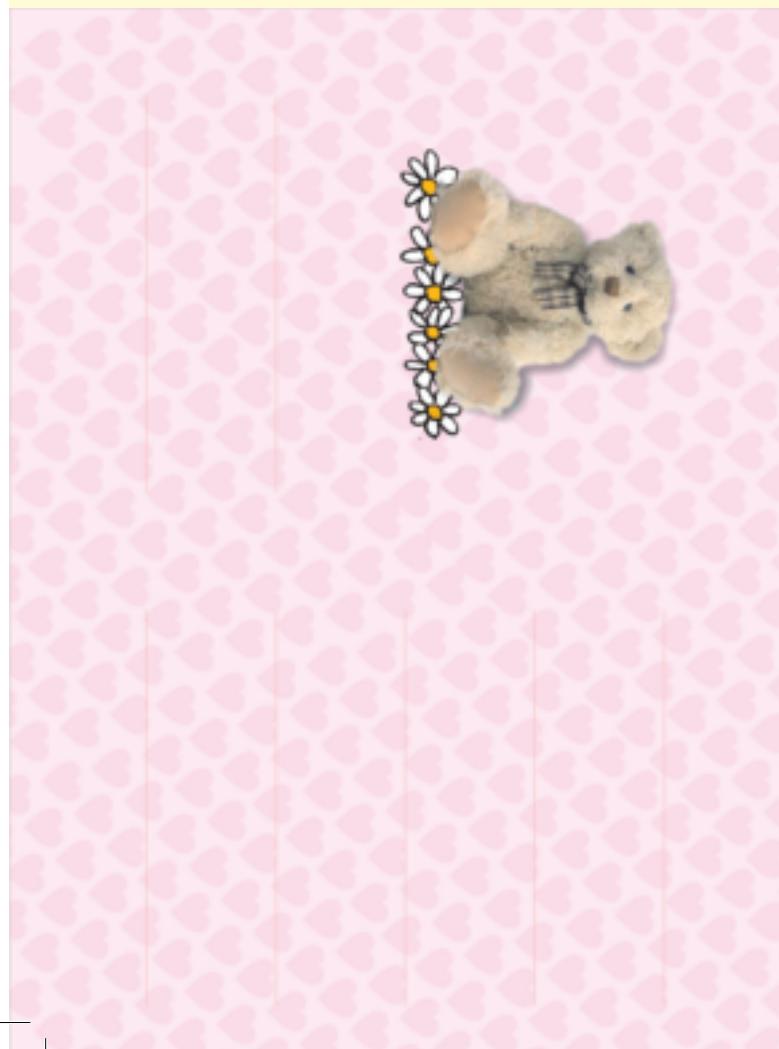
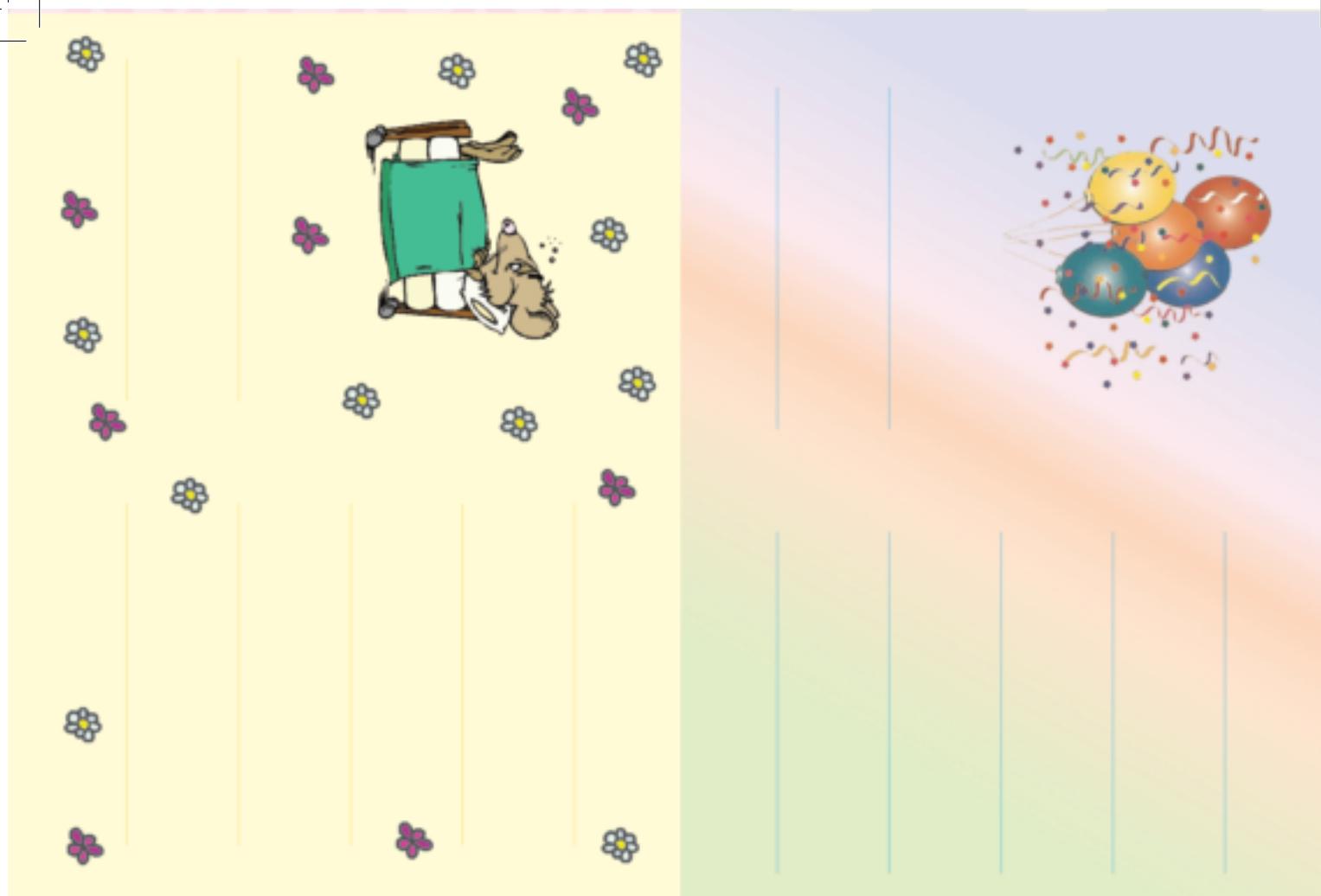
Q  
q

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w

R  
r

X - Z  
x - z





P.45

