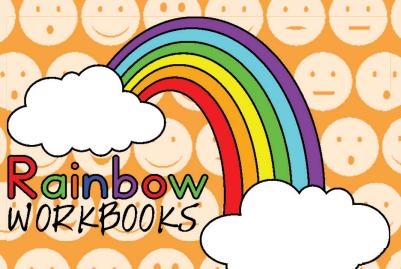




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LIFE SKILLS IN SISWATI

GRADE 3 – BOOK 1

TERMS 1 & 2

ISBN 978-1-4315-0282-0

15th Edition

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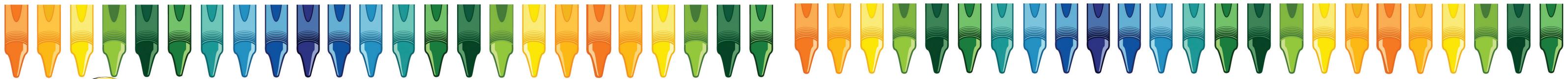
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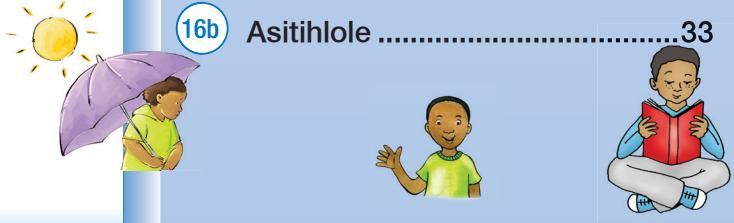


Lokucuketfwe

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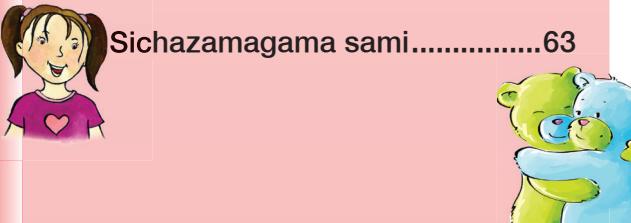
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Nkhskt. Angie
Motshekga, iNdvuna
yeMfundvo Sisekelo



Dkt Reginah Mhaule,
iphini leNdvuna yeMfundvo
Sisekelo

Letincwadzi tekusebentela tikhicitelwe bantfwana baseNingizimu Afrika ngekuholwa yiNdvuna yeTemfundvo Sisekelo. Nkhskt Angie Motshekga akanye neLiphini lakhe Dkt Reginah Mhaule.

LeTincwadzi Tekusebentela takaRainbow tiyincenyemitamo yaleLitiko leTemfundvo Sisekelo yekutfutfukisa bafundzi baseNingizimu Afrika emabangeni ekucala lasitfupha ekufundza. Njengalomunye wemigomo lehamba embili eLuhlelweni IweKusebenta IwaHulumende, lomsebenti ukhokhelwe ngesihle Silulu seTimali saVelonkhe. Ngenca yalokusekelwa ngetimali, leLitiko leTemfundvo liphumelele kwakha letincwadzi ngato tonkhe letilwimi letisemtsetfweni kulelive.

Siyetsema kutsi bothishela batatitfola tilusito kakhulu letincwadzi tekusebentela basafundzisa malanga onkhe kute bafundzi bakhone kucedza luhlelo lwabo lwe kufundza. Setame, ngekucohelela lokukhulu, kusita thishela kuleyo naleyo ncenyemsebenti, ngekusebentisa timphawu letitifombe kukhombisa umfundzi loko lokumele akwente.

Siyetsema bantfwana nabo batakujabulela kusebentisa letincwadzi basachubeka nekukhula nekufundza; nekutsi bothishela batawutfokota kanye nabo.

Sifisela bothishela nebafundzi imphumelelo basachubeka nekusebentisa letincwadzi tekusebentela.



Libanga

3

Emakhono Ekuphila
SISWATI
Incwadzi I



Lencwadzi ya:



Bungimi

1
Ithemu I – Liviki I – Lishadi Lekusebentela



Asibhale

Sonkhe sehlukile futsi sonkhe simcoka.
Gcwalisa lencwadzi yamatisi wakho. Dizajina sitembu saMatisi (ID).
Nase ukwentile loko khombisa umngani wakho likhadi.

Yini lokufanako nalokwehlukile emkhatsini
wakho nemngani wakho?



Incwadzi yamatisi

Libito:

Budzala:

Lusuku lwekutalwa:

umnyaka inyanga lilanga

Indzawo lowatalelwa kuyo:

Intfombatana noma umfana:

Lulwimi lwasekhaya:

Umbala wetinwele:

Budze: _____ cm

Umbala wemehlo:

Sayina



Dvweba sitfombe sakho.

2
Lusuku:



Asikhulumé

Nyalo cabanga ngemphilo yakho kufika kulesikhatsi.

Ulikhumbula kufika kuphi lingemuva lakho?

Usalukhumbula nje lusuku lwakho lwekutalwa
lwesibili?

Uyakhumbula kutsi wacala nini esikolweni?



Asibhale

Gcwalisa lomugca-sikhatsi ngemphilo yakho.



Ngatalwa nga...	Ngacula kukhuluma nga...	Ngacula sikolo nga...	Ngefika ebangeni lesi-3 nga...
inyanga			
umnyaka	20 _____	20 _____	20 _____

Sikolo sami

Thishela wakho utakusita kudvweba umugca-sikhatsi wesikolo sakho.
Sesikucalele. Thishela wakho utakutjela lokunye lokwenteka
lokumcoka longakwengeta.

Asente loku

Sacala ngamuphi
umnyaka sikolo
sakho.

Thishelanhloko
wefika ngamuphi
umnyaka
kulesikolo?

Savulwa ngamuphi
umnyaka sikolo sakho?

Dvweba sitfombe sesikolo sakho.

Bekungubani
umphatsisikolo wekucala?

Lusuku:



Besitsini sicubulo sesikolo?
Ngabe solo sisenjalo nalamuhla?

Dvweba imbeji yesikolo.

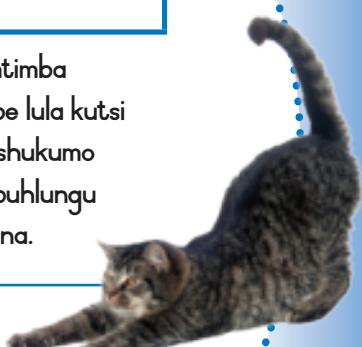
Phawula ngentfo lekhetskile
ngesikolo. (Mhlawumbe
bekunemfundzi lokhetsekile
kumbe intfo letsite leyazuzwa.)

Dvweba sitfombe kukhombisa intfo
lekhetskile ngesikolo.



Kwente ngaphandle

Ngembí kwekutsi wente noma ngumuphi umshukumo wemtimba
ngaphandle, cala utelule njengelikati. Loku kutawenta kube lula kutsi
umtimba wakho unyakate. Phindza utenwebe emva kwemshukumo
kuphotisa umtimba. Loku kutakusita kutsi ungahlaselwa buhlungu
bemisipha. Nyalo-ke yenta loku lokwentiwa ngulabantwana.



Thishela utawubita libito lakho akuphosele
ibhola. Bamba ibhola ingakawi.



Manje zama kubamba ibhola ngesikhwama
ngalesikhatsi umngani wakho akuphosela.



Phosela umngani wakho ibhola ubone kutsi
angayibamba yini ngesikhwama.

Telule njengelikati kute uphumule.



Konkhe lokuphat selene nami



Asikhulume

Cabanga ngalokwakujabulisa etikhatsini letengcile, bese utjela umngani wakho ngako kute akwati kancono.

Nangineminyaka le-5
ngaya elwandle.

Nangineminyaka le-4
ngawa elubondzeni.



Asente loku

Tjela umngani wakho kutsi lomuntfu wagucuka njani kusukela
ebuswaneni ate abe ngumfati.



luswane



umntfwana lomncane



umntfwana wesikolo



litjitji



mdzala



logugile

Lusuku:



Asikhulume



Sebenta ecenjini. Cambani ingoma kanye nemnyakato wayo.

Ecenjini lenu, bhalani emagama alengoma kulesikhala lesingentasi.

Nyalo-ke khombisani liklasi kutsi niyihlabela njani ingoma nibe
niyidansela futsi.



Kukhudlwana futsi kudzadlana

Asikhulume

Khuluma ngekutsi bantfwana labadzala kunawe nebantfu labadzala behluge ngani kuwe.



Ngekuhamba kwesikhatsi
bantfu bayaguga.
Umbala wetinwele tabo
uyagucuka, emaphimbo
abo ayagucuka, batfola
imisipha kantsi futsi baba
nekuhlakanipha.

Bagucuka njani bantfu basakhula?



Asibhale

Ngukuphi kuloku lokulandzelako lokwenta ngendlela leyehlukile
kubatali bakho? Khetsa buso lobufanele ufake ✓

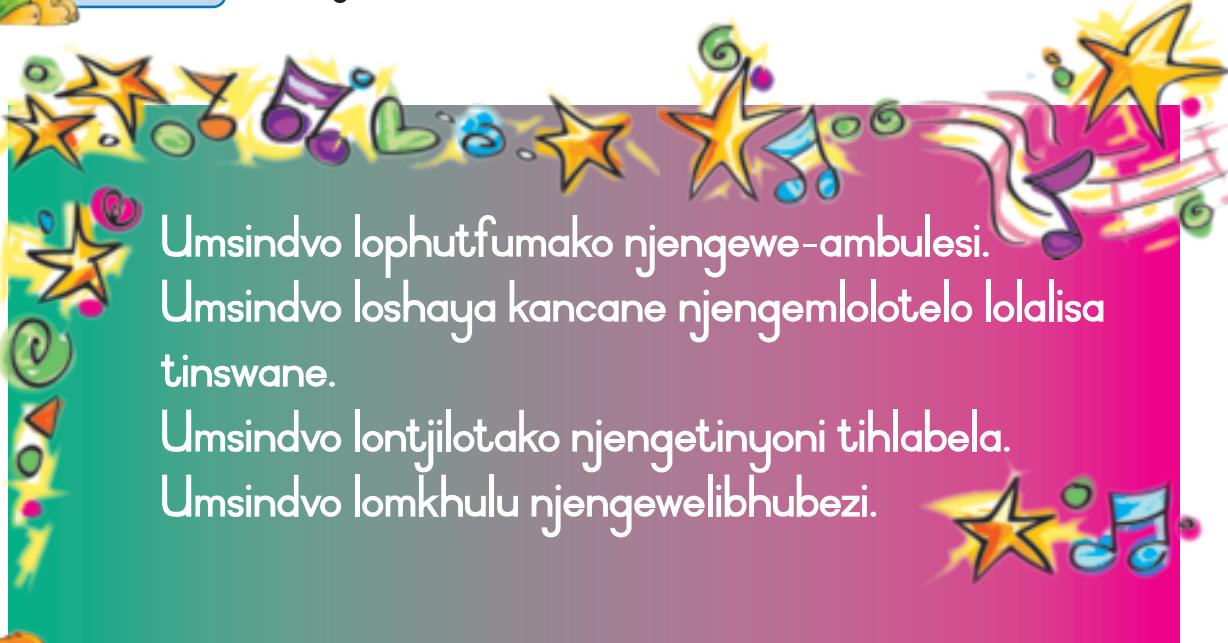
	Mine	Batali bami
Kugijima ungakhatsali.		
Kuzuba		
Kufundza liphephandzaba.		
Kushayela imoto.		
Kudlala esihlahleni.		

Lusuku:



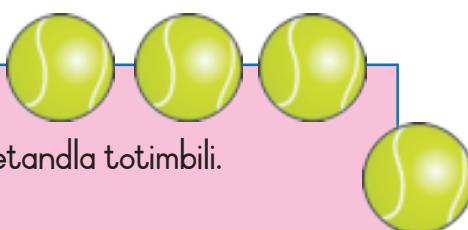
Asihlabela

Asilungele kuhlabela. Yenta lemisdindvo.



Kwente ngaphandle

Ungayigendza ibhola?



Phosa ibhola yemphebeto emoyeni bese uyigendza ngetandla totimbili.

Yiphose etulu bese ushaya tandla ungakayigendzi.

Yishaye phasi emhlabatsini.



Nyalo-ke yenta indvuku yekudlala usebentisa liphepha leligociwe
noma indvukwana. Kusebentise kushaya ibhola phasi.

Nyalo-ke tenwebe njengelikati.



q



5

Itthemu I – Liviki 3 – Lishadi Lekusebentela



Asikhulume

Imiva

Buka letitfombe bese uyasho kutsi labantfwana bativa njani.

Wake weva kanje? Ggewalisa kutsi utiva njani umntfwana ngamunye.

Sebentisa lamagama kkusita.

akajabuli

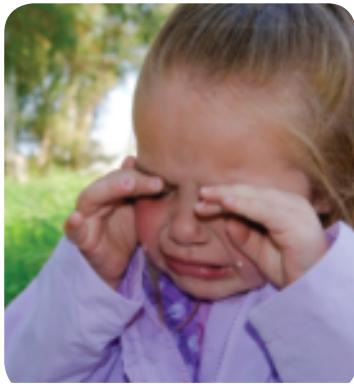
ujabulile

ukhatsatekile

uyesaba

uyatigcabha

utfukutsele



Kwente ngaphandle

10

Lusuku:

Dlala umdlalo lomncane webhola
yemphebeto utetayete kushaya
ibhola ngelimuva nangeliphambili
lesandla.





Asikhulume

Yini lekwenta ujabule?

Yini lekwenta ungajabuli?

Yini lekwenta wesabe?



Asibhale

Yini lekwenta utfukutsele?



Bhala umbhalo wedayari wangelilanga lotivela ujabulile. Chaza lokwenteka kuwe.

Dayari Lotsandzekako

Bhala umbhalo wedayari wangelilanga lotivela ujabhile. Shano kutsi kwentekani leyabanga kutsi ujabhe.

Dayari Lotsandzekako





6 Tintfo lengitsandza kakhulu

Ithemu I – Liviki 3 – Lishadi Lekusebentela



Asibhale

Coca ngemisebenti loyijabulela kakhulu. Nyalo yibhale kuletikhala teluhlaka-mcondvo.



LENGIJABULELA KUKWENTA





Asidwewe

Nyalo sebentisa luhlaka-mcondvo lwakho kubhala indzima ngaloko lojabulela kukwenta nekutsi kungani uyyjabulela lemisebenti.

Lengikujabulela kakhulukati



Asente loku

Sebentisa inhlama yakho yekudlala ubumbe buso lobukhatsatekile nalobo lobutsakasile.



Asikhulume

Buta bangani labasi-5 kutsi bona batsandza kwentani. Faka umbala ebhulokini li-l njalo-nje nabatsandza umsebenti lotsite.

5					
4					
3					
2					
1					
	Kuhlabela	Kufundza	Kupenda	Umdlalo	Tibalo



Ngumuphi umsebenti lodvume kakhulukati?





Asikhulume

Buka sitfombe ngasinye bese ukhuluma ngekutsi ungabasita njani labantfwanwa kwenta lokungiko. Faka lumphawu emphendvulweni lekungiyiyo.

	Awukhoni kubuka lapho uya khona!	
	Ha, ncesi! Angikusite sibutse loku!	
	Ekhu! Nayi ibhola yakho.	
	Ekhu! Hamba uyowudlala encenye!	
	Kwami, ngeke utfole lutfo.	
	Wota, asihlephulelane leshokolethi.	

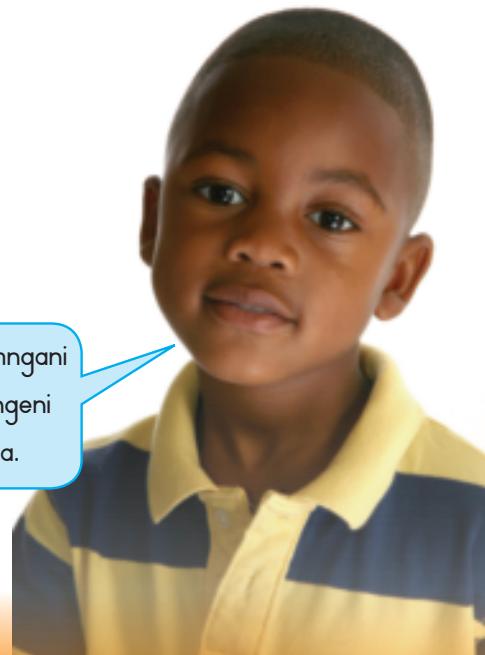


Asibhale

Bangani labakahle bentani?



Nangenta lokungasiko
ngiyacolisa.



Nangibona umngani
wami asenkingeni
ngiyamsita.

Lusuku:



Bhala letinye tintfo leti-4 letentiwa bangani labakahle.



Asikhulumo

Buka letifombe. Khuluma ngalokubona kuleso naleso sitfombe bese utsatsa sinye wente umdlalo ngaso. Niketa indzaba yakho siphetfo.



Bhala umdlalo wekulingisa. Gcwaliswa emagama ebalingisi kukholamu yekucala.



Kwente ngaphandle

Zama kwenta letintfo.

- Gijima utungelete inkundla. Nakatsi thishela wakho "gucuka", gucuka ugijime ubheke lapho ubuya khona.
- Shaya ibhola uchubekele embili usenta njalo.



Thishela:

Sayina:

Lusuku:

Asitihlole



Asibhale

Ase utihlole

Ngingumngani lokahle.

Ngiyabanakekela bangani bami.

Ngikhombisa bungani kubantfwana labaseklasini lami.

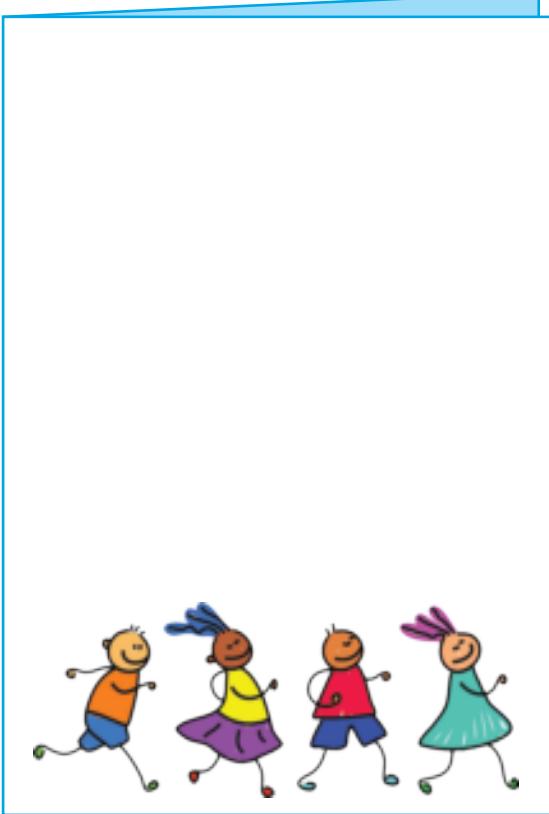
Bantfwana labanyenti bayangitsandza.

Nginemoya lomuhle kubantfu.



Asente loku

Yentela umuntfu lomtsandzako likhadi. Dvweba sitfombe ngaphandle bese ubhala umbiko lomcoka ngekhatsi kwelikhadi.



Lusuku:



Asibhale

Dvweba sitfombe sebangani, noma thishela wakho, noma emalunga emndeni wakho lamcoka kuwe. Bhala emagama abo.



Bantfu labamcoka emphilweni yami



Nyalo-ke bhala uchaze labantfu nekutsi kungani babaluleke kangaka.





Asikhulume

Coca ngalokwente ka kulesitfombe.

Wake waba nemmongotiya?

Kufanele wente njani
nawuphatfwa ngummongotiya?



Uyati kutsi libhkisi leLusito
Lwekucala lesikolo sakho
likuphi? Shano kutsi kuphi. Lise

Thulisa.
Kuvamise kubate sizatfu
sekwetfuka. Khumbula kungatsintsi
ingati yalomunye umuntfu.

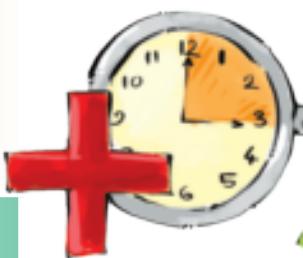
Wenta njani nawunemmongotiya



1 Hlala kungatsi uya embili ubhekise
inhloko phasi.



2 Bamba imphumulo uyivale imizuzu
le-2 uphefumula ngemlomo.



3 Beka intfo lebandzako ngemuva
kwentsamo yakho njengelithawula
lelimanti noma ematje emakhata
lagocotelwe ngelithawula.



4 Ungafinyi emuva kwemmongotiya.



5 Nakungapheli kopho emuva kwemizuzu
le-15, bona dokotela noma nesi.



Kwelapha silondza sekusikeka



Ase sifundze



Singeke siwabone emagciwane ngeliso, kepha akhona yonkhe indzawo. Nakwenteka sitisika kumele sigcine silondza sihlobile kute sivimbe kungena kwemagciwane.



Asikhulume

Chazela bangani bakho kutsi sigezwa njani silondza sekusikeka. Khombisa kutsi yini lokufanele yentiwe.

Indlela yekuvimba kOPHA esilondzeni sekusikwa

Ungayitsintsi ingati yalomunye umuntfu.



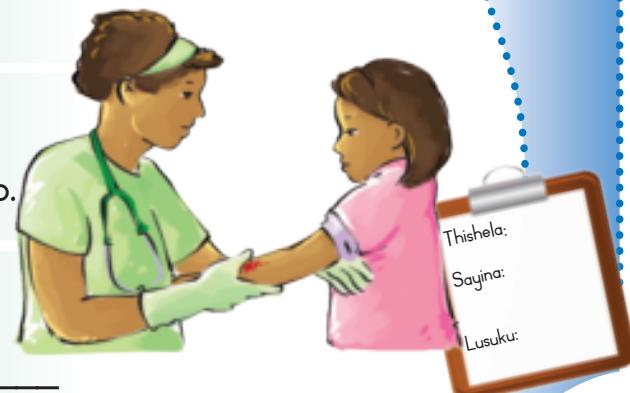
Nawusita lomunye umuntfu, gcoka emagilavu ngaso sonkhe sikhatsi.

Misa kOPHA ngekuphakamisa indzawo lelimele ngetulu kwenhlitiyo.



Yetama kumisa kOPHA ngekucindzetela indvwangu lehlobile yekubhandisha esilondzeni.

Nangabe silondza sigubhekile sichubeka futsi ngekOPHA, bona dokotela noma uye emtfolamphilo.



Tfola kutsi nguyiphi inombolo lephutfumako longayishayela. Lucingo: _____



Ase sifundze

Nawutsintsa intfo lehisako utawusha.
Kumele wente njani umuntfu nakashile?

- 1** Yakata lapho ushe khona emantini labandzako imizuzu lelishumi. Loku kusita kutsi sikhumba sibandze.
- 2** Yembula silondza sekusha. Uma ngabe kokwembatsa kunamatsele esilondzeni ungakukhumuli.
- 3** Yekela silondza sekusha sivulekile ugadze kutsi asiyi embili ngebubi.
- 4** Nangabe silondza sekusha sigubhekile noma singetulu kwentsendze yesandla sakho bona dokotela masinyane.



Kwente ngaphandle

Kuzuba indzawo lebanti.

Tsatsa tindvuku letintsatfu noma tentsambo letintsatfu. Emva kwekuzuba emkhatsini wato, tichelise tehlukane umkhatsi lobantana ubone kutsi ungakhona kuzuba umkhatsi lobanti kanganani.



Bekisa kutsi uzube kanganani.

Bona kutsi umngani wakho
uzuba ngetulu kwakho yini.



Kwente ngaphandle

Yakha libhala.

Niketanani ematfuba nemngani
wakho kutsi nguloyo abe libhala
lomunye achube lelibhala.



Niketanani ematfuba nijikitise
intsambo khona bangani benu
batodlala incatfu.



Asikhulume

Kwentekani kuletifombe?

Nguyiphi lenye indlela labangasha ngayo bantfu?



Bhala phasi imitsetfo lemcoka lekumele ikhunjulwe nawudzinga lusito mayelana naloku:

Kopha umongotiya

Kusikeka

Tilondza tekusha



Kugcina umtimba wami uphephile

Asikhulume

Kumele sinakekele imitimba yetfu.

Siva kungatsi singatsi "yebo" nakunentfo lesiyitsandzako kantsi sifuna ichubeke.

Siva kungatsi singatsi "cha" nakunentfo lesenta singajabuli kantsi futsi ingachubeki.



Asibhale

Faka lophawu ✓ uma sitfombe sikhombisa umsebenti lophephile noma ufake lophawu ✗ uma kukhonjisa umsebenti longakapheli. Nyalo-ke bhala umusho ngaphasi kwesitfombe ngasinye kusho kutsi kungani ucabanga kutsi kuphephile noma akukapheli.



Make
uyakutsandza.



Gibela sambe.
Ngitakupha emaswidi.

Angikwati wena.
Hamba! Suka lapha!





Angikutsandzi.



Manje ubukeka umuhle.



Tsani cha

Akusilula kutsi "cha", kepha kumele utsi "cha" nakukhona lokukwenta ungaahlaliseki.

Uma umuntfu akwenta intfo lengakujabulisi kantsi futsi lentfo ikwente ungaahlaliseki, bikela umuntfu lomdzala lometsembako.



Asibhale

Khetsa bantfu la-3 longabetsema ubachazele kutsi kungani ubetsema.



Bhala phasi kutsi ungasibika njani sigameko lesibi kumuntfu lometsembako.



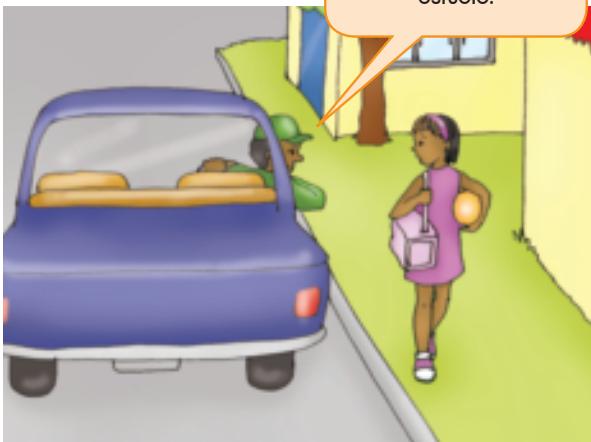
Kutinakekela

Ithemu 1 – Liviki 6 – Lishadi Lekusebentela



Bukisia letifombe. Ungayicoca lendzaba?
Gcwalisa inkhulumo mabhabuli.

Wota, ngitakuyisa
esitolo.



Cha, ngiyekele!

Kwantenjani?



Cocisanani kutsi intfombatana yeva njani, yentani nekutsi wena ungentani
nawungaba sesimeni lesifana nalesi.

Lusuku:



Asibhale

Bhala phasi imitsetfo yekuphepha lesihlanu. Ucale umtsetfo ngamunye ngekutsi:

Bantfwana akumele ba...



Asente loku

Yakha simbonya-buso kukhombisa umuvo.

Khetsa kutsi ufuno simbonya-buso sakho sisho umuvo lotsini.

Dvweba umuvo ephepheni.

Juba kahle sitfombe.

Bhobota imbobo yemehlo.

Hlobisa sitfombe ngemibala loyitsandzako.



Kwente ngaphandle

Lungela umcudzelwano.

Guca ulungele kugijima.

Lalela thishela wakho nakatsi:

"Hlala emgenci! Lunga! Hamba!"

Chubeka wente sihibe endleleni.





13

Kugcina umtimba wami uphilile

Ithemu 1 – Liviki 7 – Lishadi Lekusebentela



Asikhulume

Sonkhe sibophelekile kutsi sigcine imitimba yetfu iphilile.
Bentani labantfwana lokulungele imitimba yabo?



Nguyiphi imikhuba lemibi leyentiwa bantfu?

Bewati nje kutsi kubhema akuwulungeli umtimba wakho?

Bewati nje kutsi nangabe umuntfu abhema eceleni kwakho akuwulungeli umtimba wakho?

Kubhema kuwulimata njani umtimba wakho?



Asibhale

Faka lumphawu (✓) emshweni ngamunye noma ufake siphambano (✗)
kukhombisa kutsi umusho **uliciniso** noma **ungemanga**.

	Ligwayi linambitseka kabi.
	Uma ngiwlala edvute nemuntfu lobhemako ngingalimata umtimba wami.
	Kubhema kungenta ematinyo akho abe mtfubi.
	Kubhema kubanga tifo temlomo.
	Ungaba nekukhwehlela lokubi nawubhema.
	Kubhema kungabanga umdlavuza.

Lusuku:

26



Imitsetfo yemphilo

Kufanele ngicubhe ematinyo ami emva kwekulala noma ngembii kwekutsi ngiyolala.

Kumele ngikame tinwele tami ngingakayi esikolweni. Kumele ngigeze tingalo tami emuva kwekulala esihlabatsini. Kufanele ngigcine tingalo tami titimfisha futsi tihlobile.



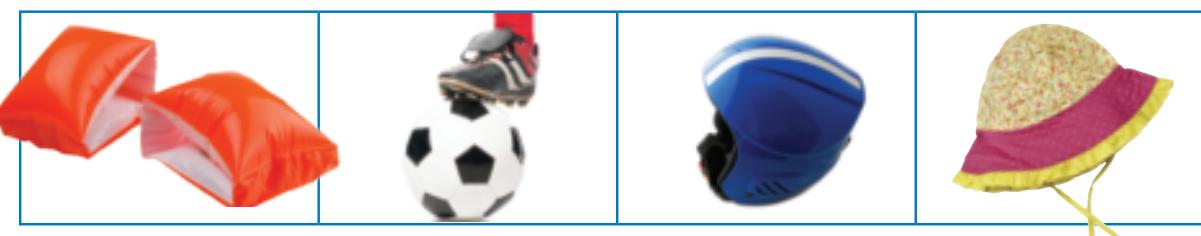
Kumele ngigeze tandla nangibuya emthoyi.

Kumele ngilahle ithishu emgconyeni wetibi. Kufanele ngigeze tandla tami emthoyi ngembii kwekutsi ngibambe kudla.



Asitijabulise

Kumele bagcoke ini kute baphephe? Condzanisa titfombe ngekudvweba umugca esitfombeni lesisemgceni longenhla kuye esitfombeni lesisemgceni longentasi lesihambisana naso.



Asitijabulise



Shukuma udlale umdlalo lomncane wekhiliktsi.



Thishela wakho utawudlala ingoma. Lalela lengoma emva kwaloko bese wenta sigci sengoma ngetingalo edesikini lakho.



Emalungelo nalokumele ukwente



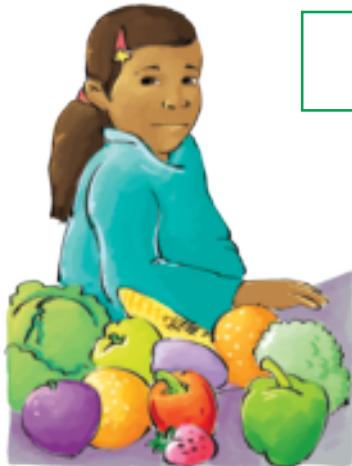
Kulesinye sikhatsi bantfwana kufanele basite iminden'i yabo ngemsebenti lotsite.

Bantfwana akumele basebente ngelizinga lelilingana nelalabadzala.

Bantfwana bafanele batfole litfuba lekudlala nelekuya esikolweni.



Bukisisa letifombe. Faka lumphawu (✓) emisebentini lefanele bantfwana. Nyalo-ke bhala umusho ngaphasi kwesitfombe ngasinye kusho kutsi kungani ucabanga kutsi ubafanele noma awukabafaneli bantfwana.



Ana utsengisa tibhidvo lilanga lonkhe ngako akakhoni kuya esikolweni.



Emuva kwesikolo, Lisa unisela tibhidvo engadzeni.



Peter utfutsa titini ngoba
usebentela umakhi.



BoJabu naBongi basita
kugeza titja.



Asikhulume

Nguyiphi imisebenti loyenta ekhaya?

Nguyiphi imisebenti loyenta esikolweni kusita thishela?

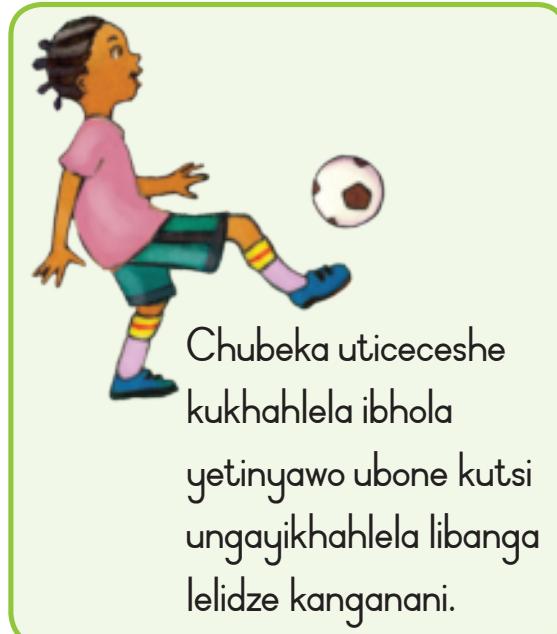


Kwente ngaphandle

Bophelani
imilente yenu
ndzawonye
nigijime.



Yentani umdlalo wekulingisa bubindze ngemisebenti
leyehlukene. Licembu lenu kufute licombele kutsi
misenbenti mini lena leniyentako.



Chubeka uticeceshe
kukhahlela ibhola
yetinyawo ubone kutsi
ungayikhahlela libanga
lelidze kanganani.



Emalungelo nalokumele ukwente

Asikhulume

Tjela umngani wakho kutsi labantfwana
bephula miph iimitsetfo.



Nguleso sikolo

sinemitsetfo kute

sisebente kahle. Neliklasi

ngalinye linemitsetfo

lokumele liyilandzele.



Asibhale

Bhala imitsetfo le-4 yeliklasi
lakho.



Asikhulume

Fundza lamalungelo nalokufanele kwentiwe bese ucoca
nemngani wakho ngekutsi lilungelo ngalinye lishoni.

★ ★ ★ ★ ★ UMTFWALO LOBUKENE NALABASHA ★ ★ ★ ★ ★
BENINGIZIMU AFRIKA ★ ★ ★ ★ ★

Kulingana  Phatsa wonkhe muntfu ngekulungana nebulungiswa. Musa kubandululua.	Sifunti sebuntu  Hlonipha wonkhe umunfu. Yiba nemusa unakekele.	Imphilo  Yonkhe imphilo iligugu. Phatsa konkhe lokunemphilo ngenhlonipho.	Umndeni  Yatisa uhloniphe batali bakho. Yiba nemusa wetsebeke emndenini.
Imfundvo  Ngena sikolo, fundza usebente ngekutikhandla. Yilandzele ngco, imitsetfo yesikolo.	Kusebenta  Sita umndeni wakho kwenta umsebente wekhaya. Bantwana abasucindzelwa kutfola litho.	Inkhululeko nekuvikeleka  Musa kuvisa buhlungu, uchwachwate kumbe wesabise labanye, futsi ungapavumeli labanye bente loko. Sombulula tincabano ngekuthula.	Impahla  Hlonipha imphahla yalabanye. Musa kulimata takhiwo, futsi ungebi.
Inkholelo, Inkholo, neMbono  Hlonipha tinkholelo nemibono yalabanye.	Kuphepha  Nakekela umhlaba. Musa kusaphata emanti nagezi. Nakekela imphilo yetilwane neyalokuhlumako. Gcina likhaya nemmango wakho kuhlobile futsi kuphephile.	Kuba sakhamuti  Yiba sakhamuti saseNingizimu Afrika lesilungile nalesetsembekile. Tfbela imitsetfo, ucinisekise kutsi nala-banye benta njalo.	Inkhululeko yekutetfula imiva  Musa kuceketsa emanga nenzondo. Cinisekisa kutsi labanye abefukwa kumbe imiva yabo kayihlukubeteki.



Emalanga etenkholo nalamanye lakhetsekile



Asikhulume

Khetsa inkholelo yinye kuleti. Phenya kabanti ngayo. Lungisa setfulo lotasentela liklasi. Zama kuta netincwadzi noma titfombe tekusekela setfulo sakho.



BuHindu



BuMozilemu



BuJuda



BuKhrestu

Kumele sihloniphe bantfu bato tonkhe tinkholo.

Nguyiphi inkholo yakho?

Inkholo yemngani wakho lomkhulu nguyiphi?

Lusuku:



Asitihlole

16b



Asibhale

Gcwalisa lelikhadi ngawe.

Ithemu I – Liviki 8 – Lishadi Lekusebentela

Libito lami _____

Sibongo sami _____

Lusuku lwami lwekutalwa _____

Libanga lengilifundzako _____

Sikolo sami _____

Inombolo yami yelucingo _____

Likheli lami _____

Inombolo yembiko lophutfumako _____

Umdlalo lengiwutsandza kakhulu _____

Umbala lengiwutsandza kakhulu _____

Umngani wami lomkhulu _____

Yini lokungenta ngijabule _____

Yini lokungenta ngingajabuli _____

Yini lokungenta ngitfukutsele _____

Lengikwati kukwenta kahle _____

Thishela:
Sayina:
Lusuku:



Asikhulume

Imikhuba lemihle yekudla

Buka licembu ngalinye lekudla bese ucoca nemngani wakho nekutsi:
 Licembu ngalinye linakuphi kudla?
 Licembu lekudla ngalinye limcoka ngani?



Emaphrotheni

Emaphrotheni ahlumisa
 emasotja lamasha kute
 imitimba yetfu ikhule.



Emavithamini

Emavithamini netakhamtimba
 asita imitimba yetfu kulwa
 netifo nekutsi ihlale iphilile.



Kwente ngaphandle

Cela thishela wakho akukhombise
 kutsi umdlalo lotsi "lucingo lolwephukile"
 udlalwa njani. Emva kwaloko ticeceshe
 kujika ibhola.



Tinikamandla

Lokudla loku kusinika emandla.



Kudla lokwentiwe ngelubisi

Kudla lokwentiwe ngelubisi kucinisa ematsambo, ikakhulukati uma sisebancane nematsambo etfu asakhula.



Asibhale

Yenta luhla lwentinhlobo tekudla lokudle utolo. Kukholamu yekugcina, shano kutsi ngabe lokudla kuyiphrotheni, yikhabhohadrethi, titselo noma tibhidvo.

Kudla lengikudle itolo	Luhlobo lwekudla





18

Imikhuba yetfu yekudla

Ithemu 2 – Liviiki I – Lishadi Lekusebentela



Asikhulume

Buta bangani bakho labane kutsi batsandza kudla ini. Buka letinhlobo tekudla letehlukene bese nawukutsandza lokudla faka (✓) ufake siphambano (✗) nangabe ungakutsandzi.

Gewalisa emabito
ebangani bakho.



Asibhale

Buka lelithebula loligewalisile bese uphendvula imibuto.

Ngukuphi kudla bangani bakho labakutsandza kancane.

Ucabanga kutsi bangani bakho banemikhuba lekahle yekudla?

Yini ucabange kanjalo?



Asitijabulise

Cela thishela wenu anikhombise kutsi udlalwa
njani umdlalo welucingo lolwephukile.



36

Lusuku:



Asibhale

Yakha luhla lwato tonkhe tinhlobo tekudla
lokumele sikudle ngawo onkhe emalanga.



Asibhale

Bhala indlela yekupheka yekudla
lokutsandza kakhulu.

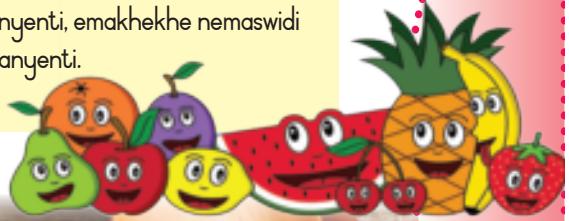
Kufute sigweme ini?

Luswayi lolunyenti ngoba
lungasidalela umfutfo-ngati
lophakeme nase sikhulile.

Shukela lomnyenti ngoba
angasidalela sifo sashukela nase
sikhulile.

Shukela lomnyenti ubuye abange
bududla.

Kunatsa tinatfo letinashukela
lomnyenti, emakhekhe nemaswidi
lamanyenti.



Indlela yekhupheka _____

Ngidzinga tiphi titsako tekudla?

Nguyiphi indlela yekupheka
lokufanele ngiyilandzele?





19

Ithemu 2 – Liviiki 2 – Lishadi Lekusebenetela



Asibhale

Imikhuba lemihle yekudla

BoThabo naNomsa bay eSunshine Café. Bafuna kutsenga kudla lebatakupheka kusihlwa. Basite kwakha luhla lwekudla loluhle lwalokutawudiwa.



Phuma

Niketanani ematfuba nishaye intsambo kute umngani wakho atowudlala incatfu.

38

Lusuku:





Asibhale

Bhala tintfo labatatisenga nentsengo yato kuloluhla lwekutsenga ngentasi.
Babhadale malini boThabo naNomsa ekudleni labakutsengile?

LUHLA LWEKUTSENGA

INTSENGO



Asibhale

Imikhuba yakho yekudla inemphilo kanganani?

Faka umbala esitfombeni lesimamatsekako eceleni kwemikhuba yekudla lenemphilo.

Imikhuba yami yekudla

Yebo	Cha
------	-----



Ngivame kudla ngibuka mabonakudze.

Ngiyatitsandza titselo netibhidvo.

Ngitsandza kudla lokunemafutsa njengemashibusi.

Angiwatsandzi emanti, ngitsandza kunatsa tinatfo letibandzako.

Angitudli tibhidvo.

Ngikuhlafuna kahle kudla kwami.

Ngidla kudla kwasekuseni ngingakayi esikolweni.



Bala buso lobumamatsekako lokufake umbala.

20

Ithemu 2 – Liviki 2 – Lishadi Lekusebentela



Asente loku

Kudla kahle

Dvweba noma unamatsisele tütfombe
letikhombisa kudla lokunemphilo.

40

Lusuku:



Asifundze

Imitsetfo yekudla kahle

Geza tandla ngaso sonkhe sikhatsi
ungakatsintsi kudla.

Ungashiyi kudla kungakambonywa.

Ungakudli kudla lokudzala noma
lokubolile.

Sebentisa emacembe etibhidvo kwakha
umcuba wasengadzeni.

Lima tibhidvo takho.



Asente loku

Dvweba sitfombe kukhombisa munye walemitsetfo.



Thishela:

Sayina:

Lusuku:



21

Ithemu 2 – Liviki 3 – Lishadi Lekusebentela

Tilokatana



Asikhulume

Khuluma ngeticu temtimba letehlukene tetilokatana.

Tilokatana tineticu temtimba letintsatfu:
siku sangetulu, sasemkhatsini nesangentasi.
Futsi tinemilente lesitfupha netimphondvo
letimbili tekuhogela.



Asente loku

Faka ilebuli kulesilokatana.
Dvweba umugca kusuka
kuyinye ilebuli uye esicwini
semtimba lesingiso.

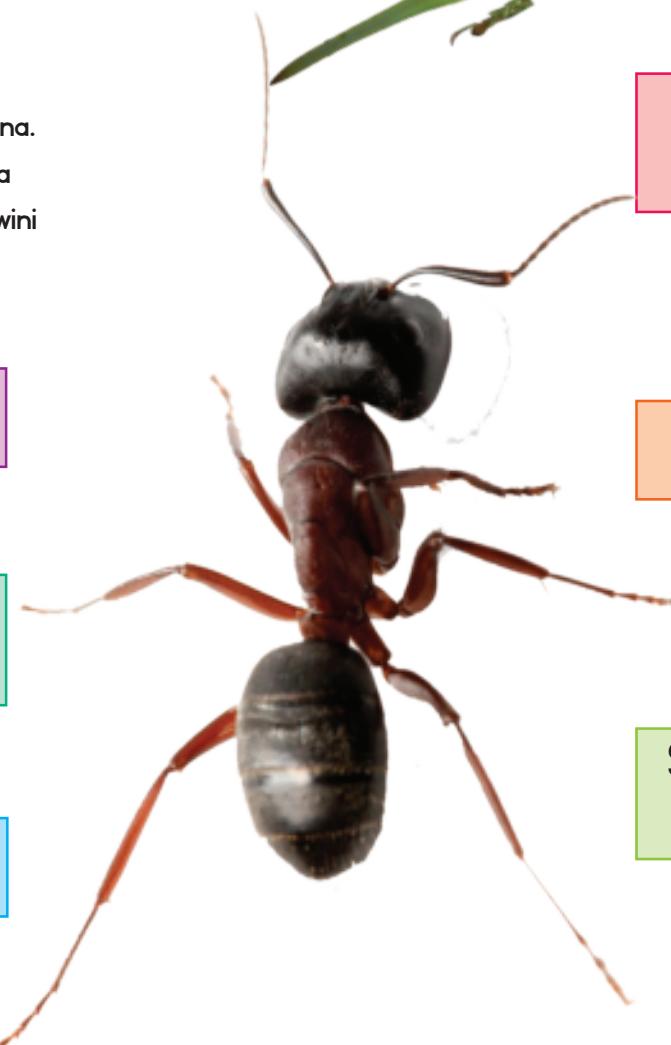
Luphondvo
Iwekuhogela

Inhloko

Liso

Siku semtimba
lesingetuluSiku semtimba
lesinge phasi

Umlente



Kwente ngaphandle

Yenta umsindvo lobhuza njengetinyosi, ndiza njengeluvivane
bese uzuba njengentsetse. Nyalo-ke sewulungele umdlalo
webhola letinyawo!

42

Lusuku:



Asibhale

Dweba umugca ucatsanise libito nesilokatana lesifanele.
Shano kutsi ngutiphi tilokatana letiluhlupho kantsi futsi
ngutiphi letilusito kitsi.



Inyosi



Imbuzulwane



Imphungane



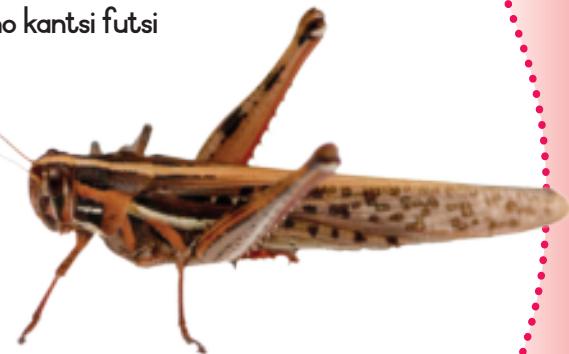
Intfutfwane



Intsetse



Luvivane



Libhungane

Luvivane sihlava



Asibhale

Manje gwala emagama lashiyyiwe.

yakha luju.

itselisa timbali.

yandzisa sifo samalaleveva.

yandzisa tifo.

Iudla tilimo tebalimi.



Thishela:
Sayina:
Lusuku:



22

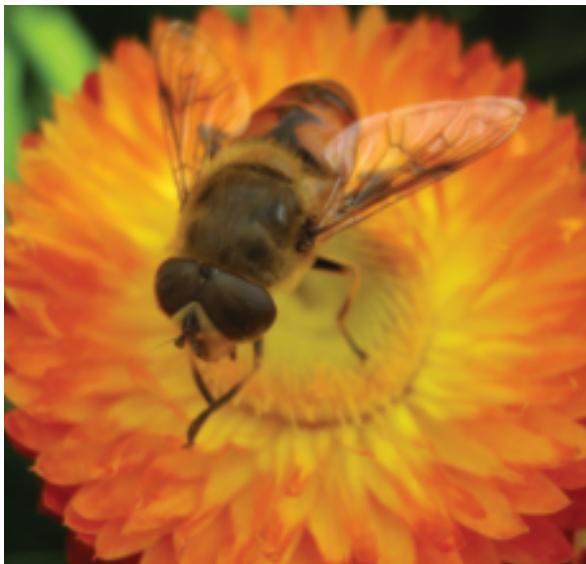
Kabanti ngetilokatana

Ithemu 2 – Liviki 3 – Lishadi Lekusebentela



Asikhulume

Buka letitfombe bese utjela umngani wakho kutsi kungani tnyosi tibe lusito kitsi.



Tnyosi titfutsa ipholeni. Loku kusita
kutsi titselo tikhule.



Asibhale

Bhala libito lesilokatana ngasinye esikhaleni lesiniketiwe.



imunya luju embalini.

inemilente

lecinile yekuzuba.

Lusuku:

44



tisebentisa

timphondvo tato tekuhogela kukhuluma naletinye.



lutfutsa ipholeni liyijise kuleso
naleso sihlahla.

yandzisa emagciwane.



Asente loku

Yenta silokatana sihambe.

- Juba silokatana ekhasini lekujuba.
- Tilengise ngehenga.



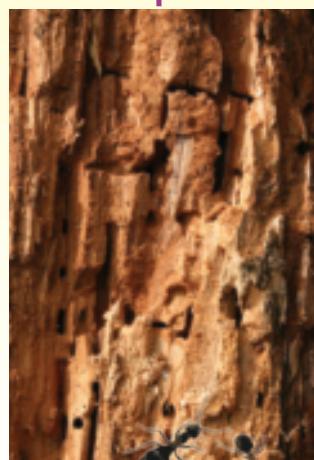
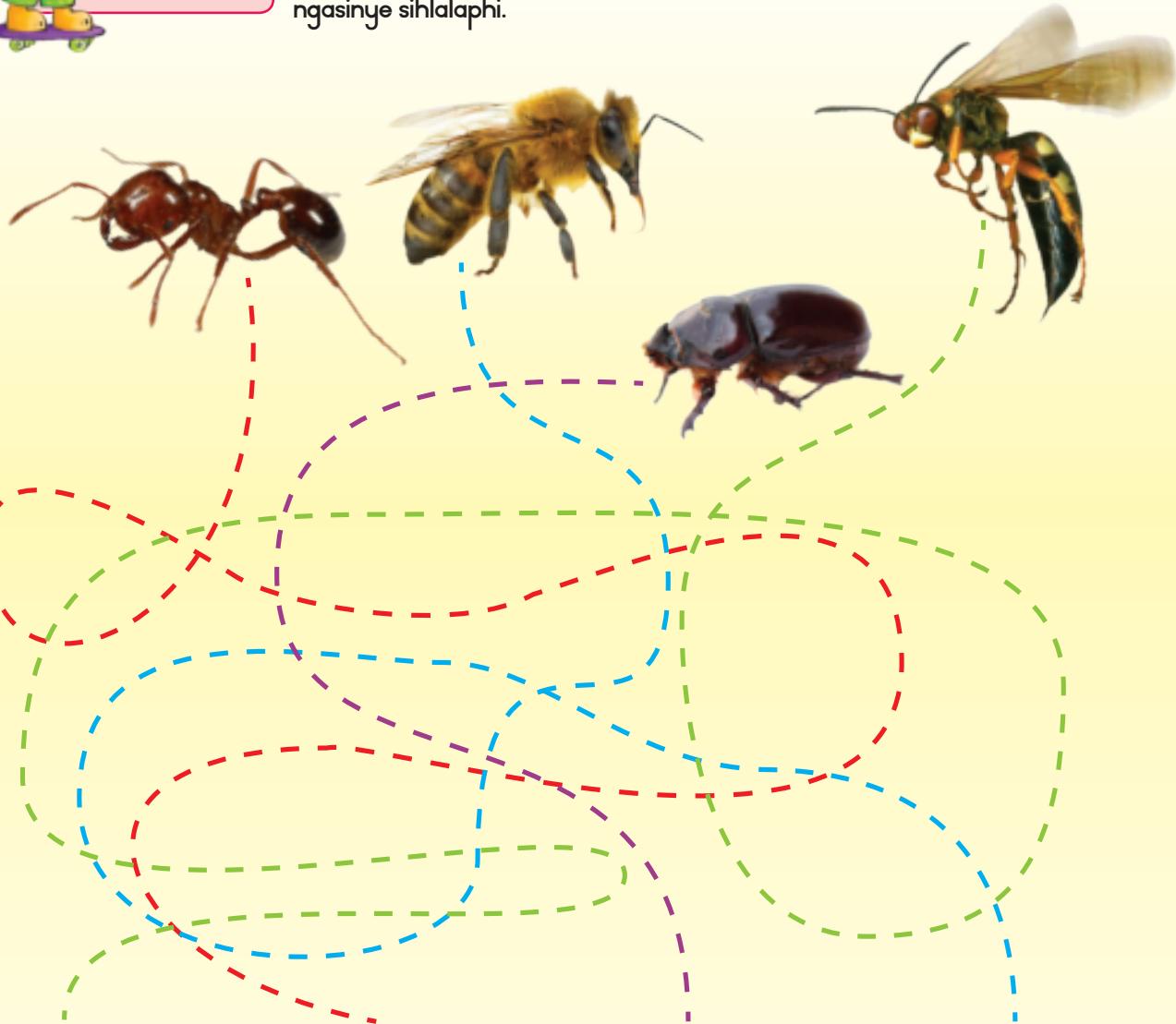
Emakhaya etilokatana

Ithemu 2 – Liviki 4 – Lishadi Lekusebentela



Asente loku

Landzela umkhondvo wentsambo utfole kutsi silokatana
ngasinye sihlalaphi.





Asente loku



Asibhale

Buka emagcekeni esikolo ubone kutsi tingaki
tilokatana letehlukene longatitfola.



Sidla kudla kuni lesilokatana?

Silokatana sakho sihamba kancane noma ngekushesha?

Silokatana sakho silusito yini? Ukusho ngani loko?

Siyingoti ngani silokatana sakho? Yini longayenta nasikulimata?



Asitijabulise



Dvweba sakho
silokatane usetse
ligama.



Thishela:
Sayina:
Lusuku:

Khangisa likhono lakho

Ithemu 2 – Liviki 4 – Lishadi Lekusebentela



Asente loku

Yakha Iwakho luvivane

Udzinga: Liphepha i-A4

Emakhilayoni emtfofu

Sikelo

Iglu

Lokuhlobisa liphayiphi

Sigwabugwabu seliphepha
lasemthoyi



Dvweba luvivane, ukhombise imilente yalo lemidze,
umtimba loncama netimphiko letimbili. Hlobisa
timphiko teluvivane ngemaphethini
emibala leyehlukene. Wente sciniseko
kutsi timphiko tiyafanana. Juba
luvivane kahle. Namatsisela
umtimba walo esigwabugwabini
seliphepha lasemthoyi. Manje goba
kwekugeza liphayiphi emkhatsini
ukusebentisele kwakha
kwekuhogela kweluvivane.
Kunamatsisesele enhloko
yeluvivane.





Phuma

Ase uzame kudlala lemidlalo.



Siteshi 1:

Ibhola: Zubisa ibhola
usagijima ngendlela
lemazengezenge.



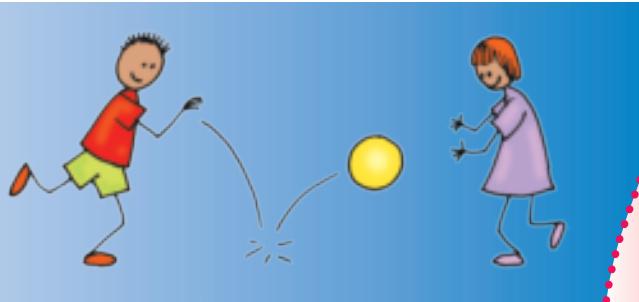
Siteshi 2:

Ihokhi: Sebentisa intfonga
yehokhi kushaya ibhola
iye enethini.



Siteshi 3:

Ibhola yetandla: Shaya ibhola iye
kumngani wakho usagijima.



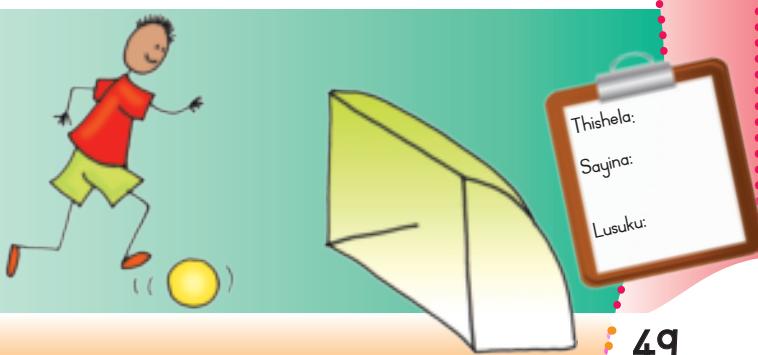
Siteshi 4:

Ibhola yembhoco: Gijima nebholo
uyiphosele lomunye.



Siteshi 5:

Ibhola yetinyawo: Dribula
ibhola iye
ngasenethini.





25

Ithemu 2 – Liviki 5 – Lishadi Lekusebentela

Tigaba temphilo

Tigaba temphilo tikhombisa tigaba letehlukene tekutfutfuka. Letigaba tilandzela luhlelo lolutsite. Bukisia lomdvwebo wetigaba temphilo yesicoco neleluvivane bese ucoca ngetigaba letehlukene.

Tigaba temphilo yeluvevane



Asikhulume

Buka letifombe bese ucoca nemngani wakho ngekutsi sicoco sigucuka njani sisahamba ngelisondvo laso lempilo.

- 1 Ticoco letimbili tiyahlangana kute takhe emacandza.
- 2 Sicoco sesifazane sitalela emacandza.
- 3 Imidlona ichamuselwa emacandzeni. Umdlonja unemphimbo wekuphefumula nemsila lofana newenhlanti.
- 4 Umdlonja uhluma imilente.
- 5 Umsila uyanyamalala.
- 6 Sicoco lesikhulile lesesinemaphaphu sesilahle umphimbo wekuphefumula.

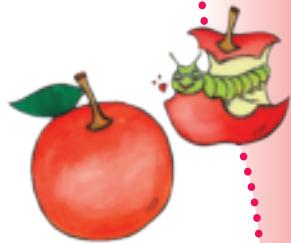
Lusuku:

50



Asente loku

Nyalo bukisisa lelisondvo-mphilo leluvivane.
Gcawilisa loko lokwentekako emkhakheni ngamunye
welisondvo-mphilo. Sikusitile ngemikhakha lemibili.



Tigaba temphilo yeluvevane



1

2

1



2

Luvivane lutalela emacandza.



3



6



3

4

5

Sibungu sidala umbungu.

6



5



51

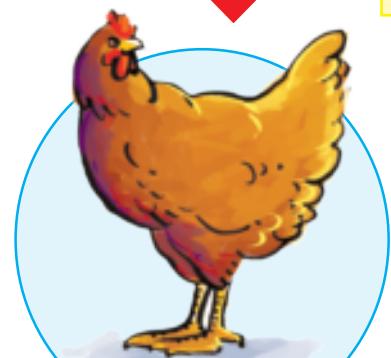
Tigaba temphilo

Ithemu 2 – Liviki 5 – Lishadi Lekusebentela

Asikhulume

Buka letitfombe bese ucoca nemngani wakho ngetigaba temphilo yenkhukhu. Sale ubhala lokwenteka emkhakheni ngamunye.

Tigaba temphilo yenkhukhu





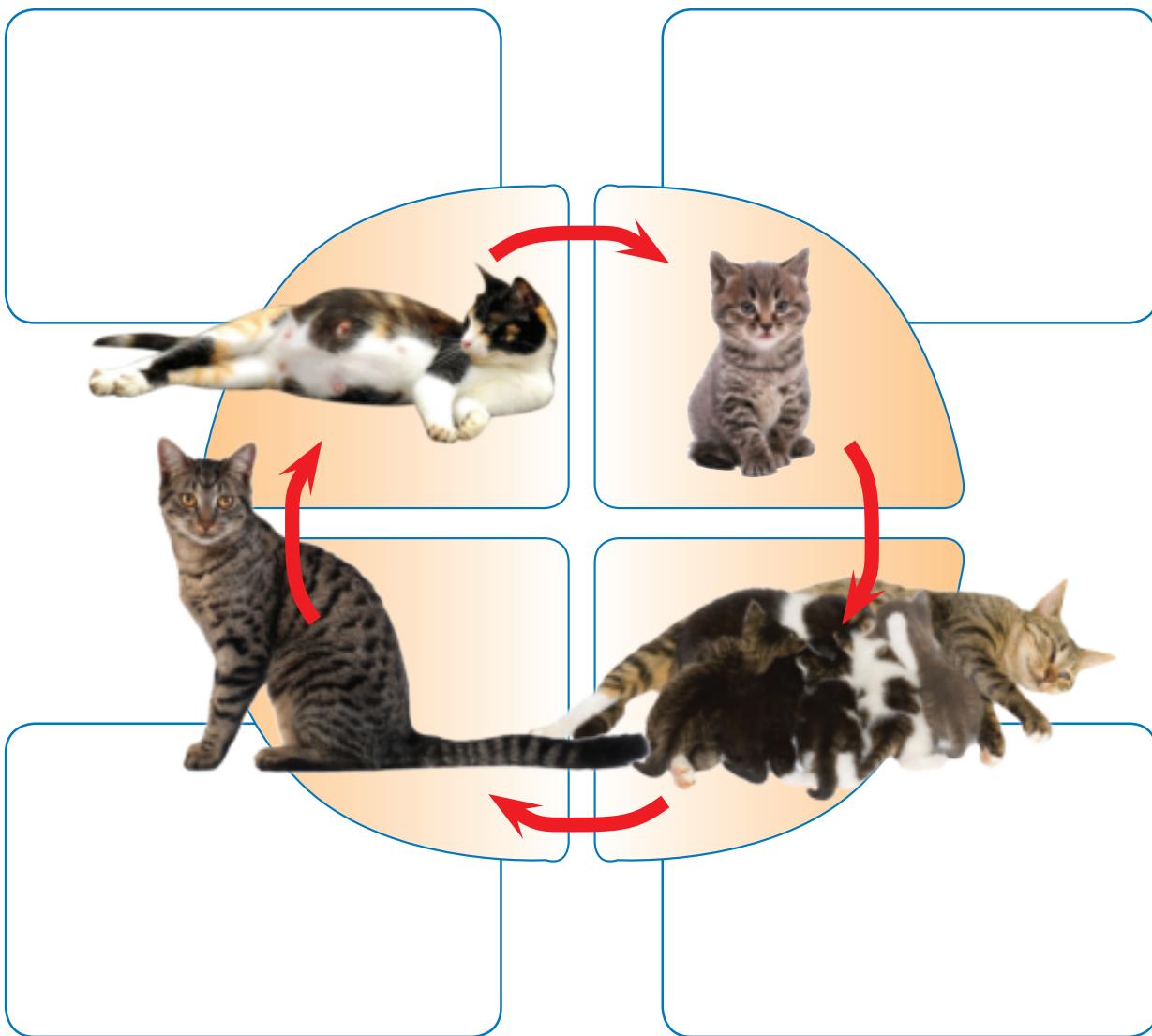
Asente loku

Nyalo-ke akha tigaba temphilo yakho. Faka ilebuli esitfombeni ngasinye kukhombisa tigaba temphilo yelikati. Sebentisa letihloko letingephasi kukusita.

Nika letigaba tinombolo I kuya ku 4 bese utisebentisa kulelisondvo-ndzaba lakho.

	Likatana liyatralwa.		Likati liba lidzala.
	Make welikati utetfwala emaviki layi-9.		Make welikati umunyisa likatana.

Tigaba temphilo yelikati



Silwane lengisifuyile



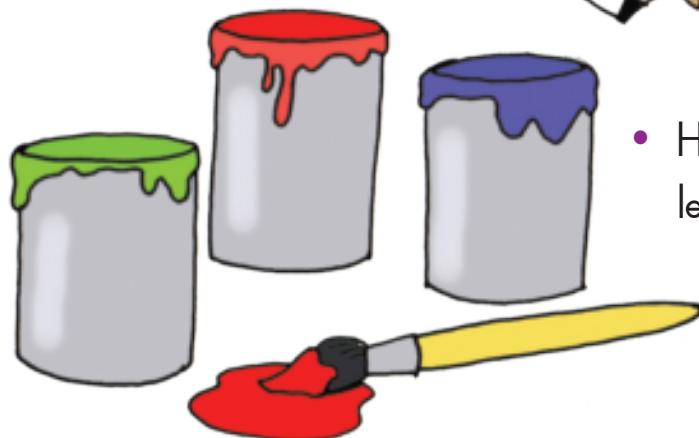
Asente loku

Yakha simbonyabuso sesilwane losifuyile.

Udzinga: Liphepha i-A4

Ipeniseli

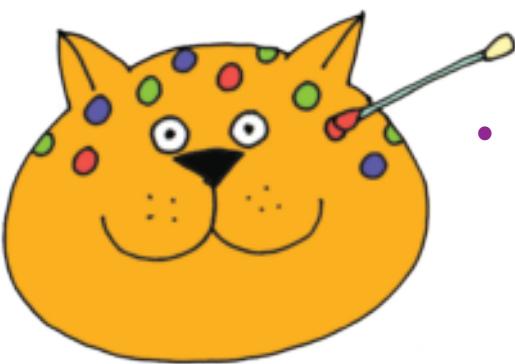
Pendi loyimphuphu nemanti

Kotini wekukhipa tigonagona
endlebeni

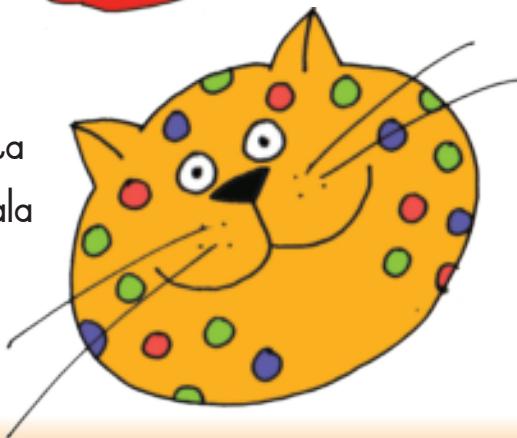
- Dvweba simo sebuso belikati ephepheni.
- Hlanganisa pendi wakhe imibala leyehlukene ibe mitsatfu.



- Sebentisa kotini wetigonagona kulowo nalowo mbala.



- Yakha emacashata lehlukene ngembala kuhlobisa buso bakati.





Asikhulume

Cocela umngani wakho ngesilwane sakho
losifuyile noma salomunye umuntfu lomatiko.
Shano kutsi udzingani kunakekela likati lakho.



Asente loku

Dvweba tintfo le-4 lotidzingako kunakekela likati
lakho. Bhala umlayeto ngephasi kwesitfombe.



Thishela:

Sayina:

Lusuku:

Kunakekela indzawo lesihlala kuyo



Asikhulume

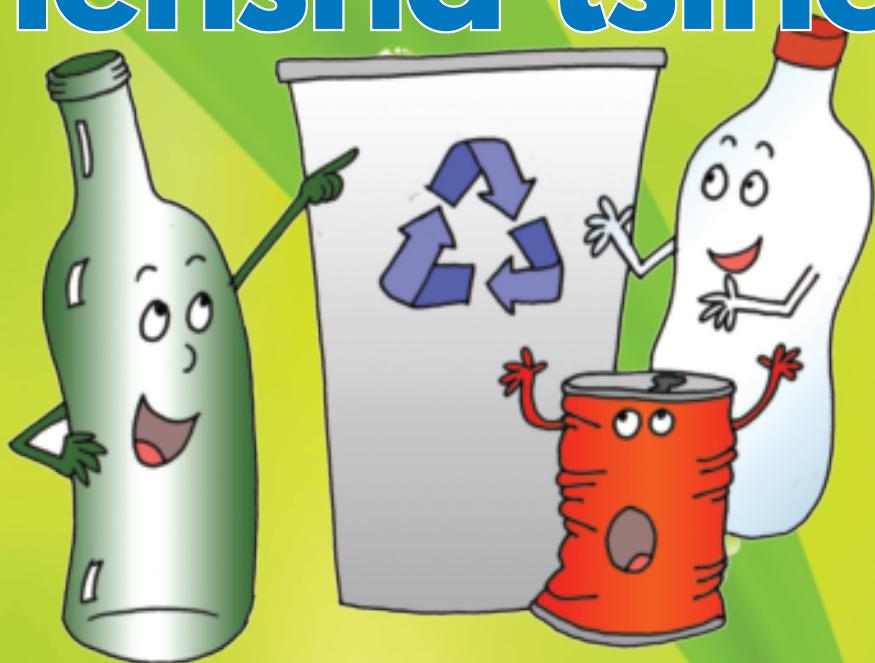
Buka lamaphosta bese ucoca nemngani
wakho ngaloko lasitjela kona.

Buka umdvwebo-mgomo (logo)
wekusebentisa kuvuselela lokudzala.
Uke wawubona kuphi lomdvwebo-mgomo?



Ithemu 2 – Liviki 6 – Lishadi Lekusebentela

Sisebentise ngendlela lensha tsine!



Kwente ngaphandle

Ungawenta umdanso usebentisa
emahhulahhubhu nemaribhoni?





Asifundze

Singayigcina njani imvelo ihlobile?



Asikhumbule letinhlavu **NPN**.

Nciphisia: Asinciphise kulahla tibi ngebudlabha.

Phindza usebentise: Phindza usebentise tintfo kanyenti ungakatilahli.

Ngalenyе indlela: Asitfole letinye tindlela tekusebentisa liphepha,

emabhodlela netikotela.



Asibhale

Kulelithebula ngentasi, bhala emabito etintfo letingaphindze tisebente ngalenyе indlela. Sikucalele luhla ngalunye.



Sebentisa ingilazi ngendlela lenye	Sebentisa lipulasitiki ngendlela lenye	Sebentisa liphepha ngendlela lenye	Yakha umcuba wengadze
Emabhodlela lamadzala	Tikhwama temapulasitiki	Emaphephanda	Emacembe etibhidvo





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Ithemu 2 – Liviki 7 – Lishadi Lekusebentela



Asibhale

Phindza usebentise ngendlela lensha

Dweba umugca usuke kujinye intfo ngesancele uye kulenye ngesekudla kukhomba kutsi tingasetjentiswa njani kutsi tibe lusito.



Nyalo dizayina ulebule lokutsite longakwenta ngekuphindze usebentise tintfo lese tisebentile.

Ligama lentfo

Dweba sitfombe sentfo yakho.

Yakhiwe isuselwa ku



Asibhale

Cabanga ngetintfo letingakha umcuba wengadze lokahle. Bhala ligama ngalinye kulawa lalandzelako eluhlwini lolufanele. Cabanga ngetintfo temcuba wakho utihlele kuletinhlu.

tikhwama temapulastiki

emacembe etibhidvo

tipikili

tikotela tetinatfo

tingebhuta temacandza

Tintfo letingaboli

Tintfo letibolako



Asente loku

Yakha umdvwebo
sitfombe lokhombisa
kutsi kumele
ungalahli kabi tibi.
Dvweba sitfombe
ubese ubhala umbiko.



Thishela:

Sayina:

Lusuku:



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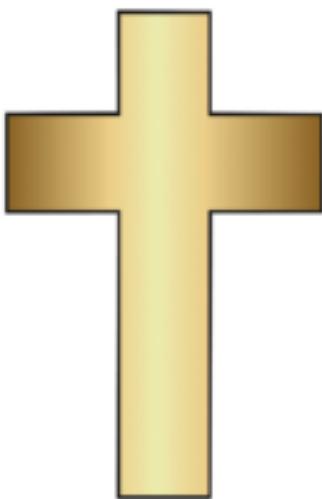
Ithemu 2 – Liviki 7 – Lishadi Lekusebentela



Asikhulume

Emalanga etenkholo nalamanye lakhetsekile

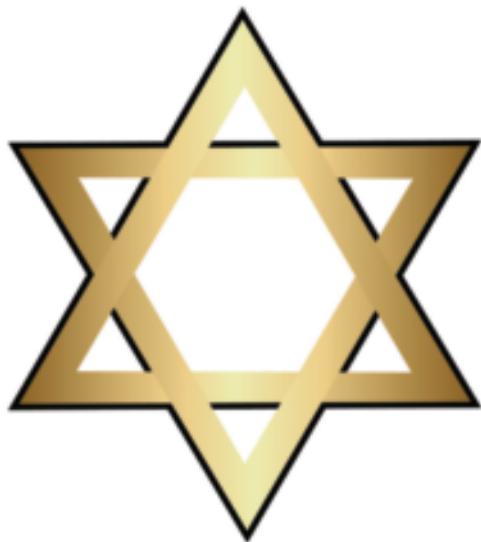
Coca nemngani wakho kutsi ngutiphi tinkholo letisebentisa letimphawu.
Shano kutsi yakho inkholo nguyiphi. Uma ungaluboni lumphawu lwenkholo
yakho ludvwebe.



Siphambano lumphawu lwenkholo
yebukhrestu.



Lucetu lwenyeti nenhanyeti lumphawu
lwenkholo yemamozilemu.



Lumphawu lwenkholo yebujuda
Yinkhanyeti ya Davide. Inkhosidavide
bekuyinkhosidavide yaka-Izrayeli.



Lumphawu lwersihindu lubhalwa
ngesi Sankrithi lesidzala lokululwimi
lwase Ndiya.

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Lusuku:



Tindzawo tekukhontela letehlukene

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Asente loku

Dweba umugca uhlanganise inkholo nendzawo yayo yekukhontela.
Bhala libito lendzawo ngephasi kwesitfombe ngasinye.

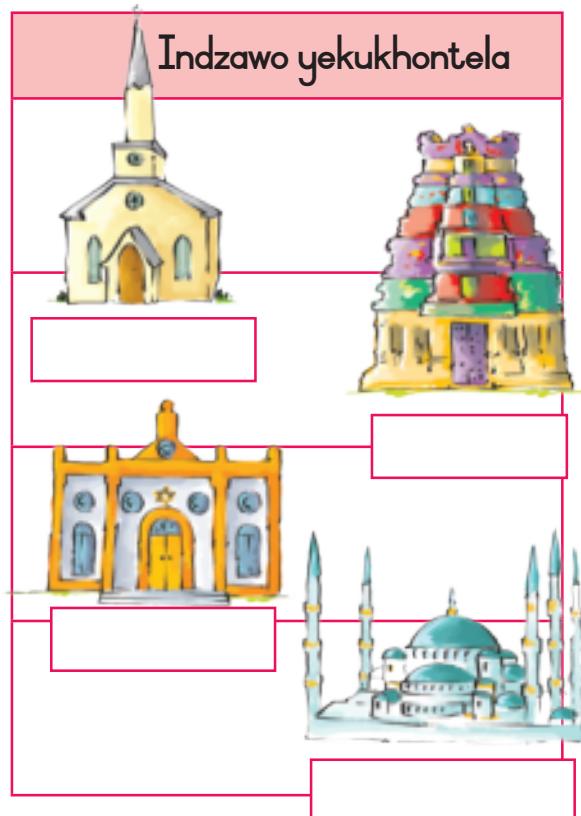
iThempeli

iSinagogi

iMoski

iSontfo

Inkholo
BuMozilemu
BuHindu
BuKhrestu
BuJuda



Asente loku

Buta bangani bakho laba-4 kutsi nguluphi lumphau iwenkholo yabo.
Lubhale eceleni kwemagama abo.

Libito lemngani wakho	Lumphau iwenkholo yakhe



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Ithemu 2 – Liviki 8 – Lishadi Lekusebentela



SITIFIKETI

Sekucedza Libanga 3

Incwadzi yeMakhono eMphilo 1

siklonyeliswe

Gewalisa ligama lakho.

Lusuku _____

Thishela _____



Sichazamagama sami

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Sichazamagama sami

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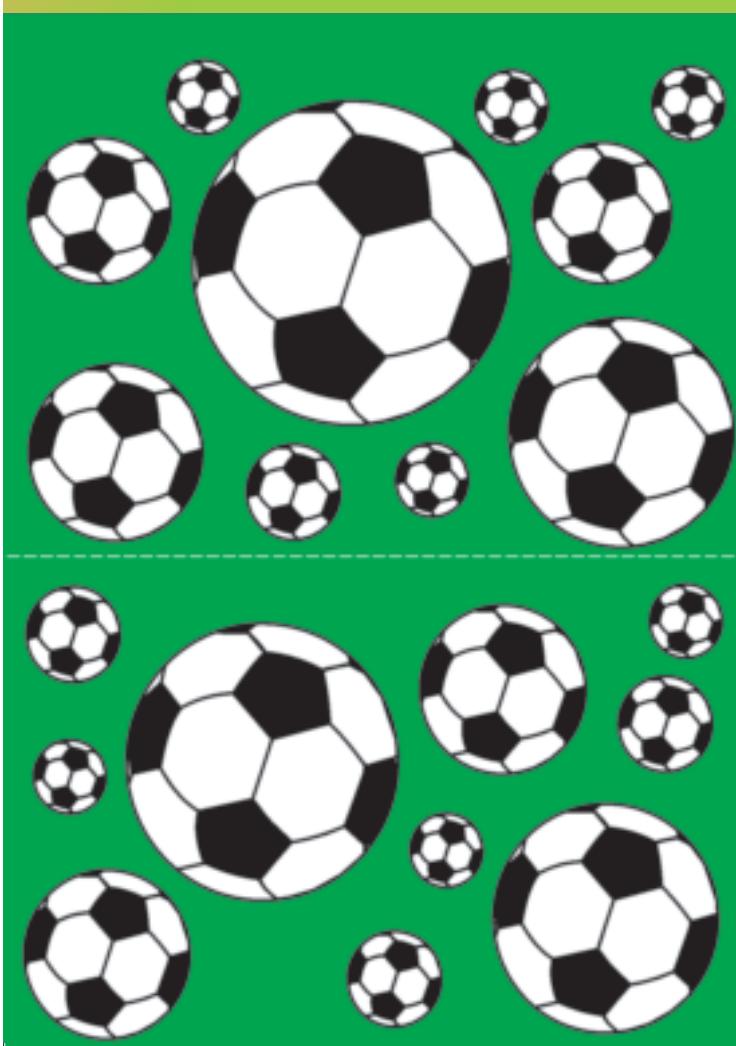
V
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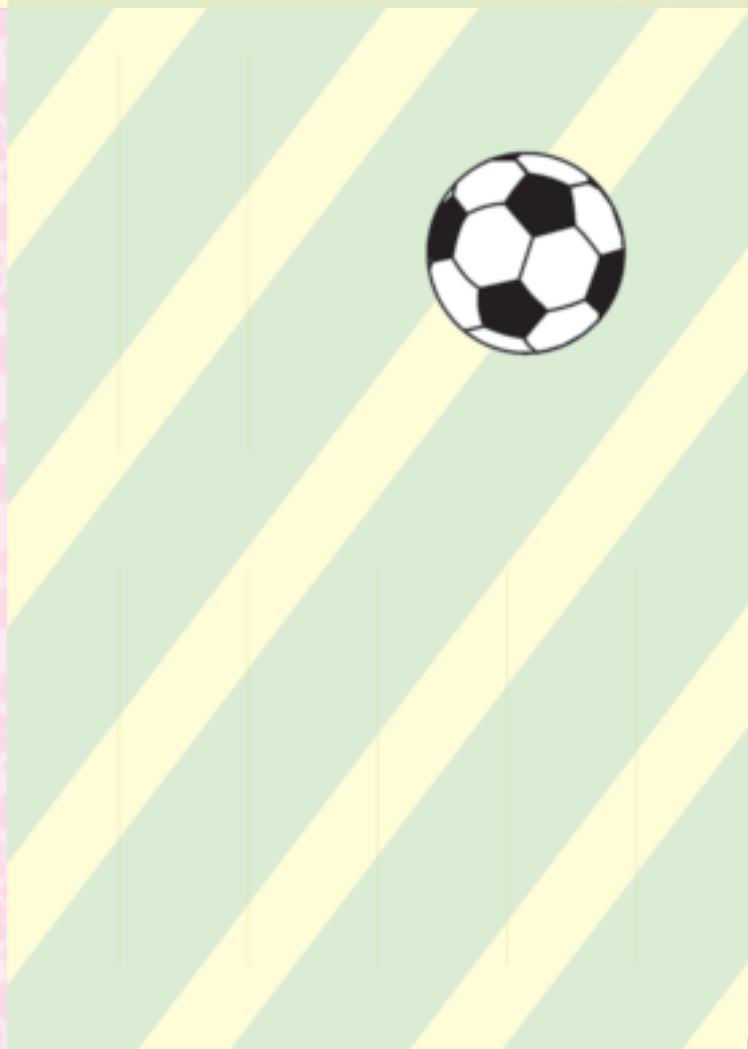
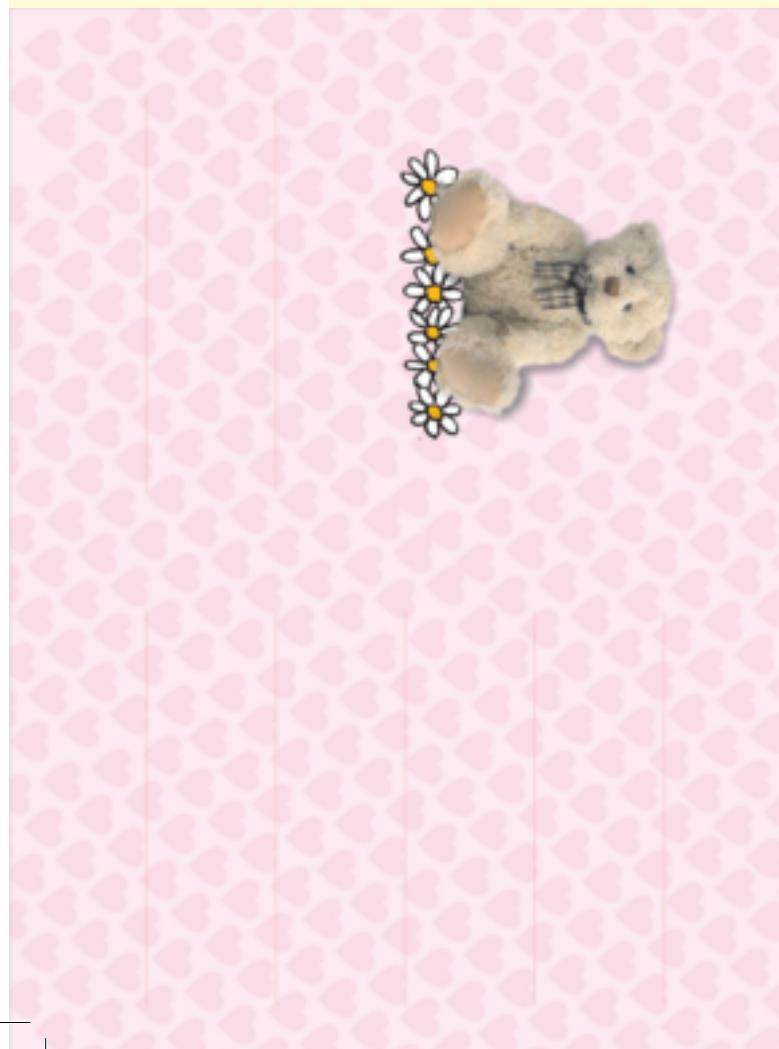
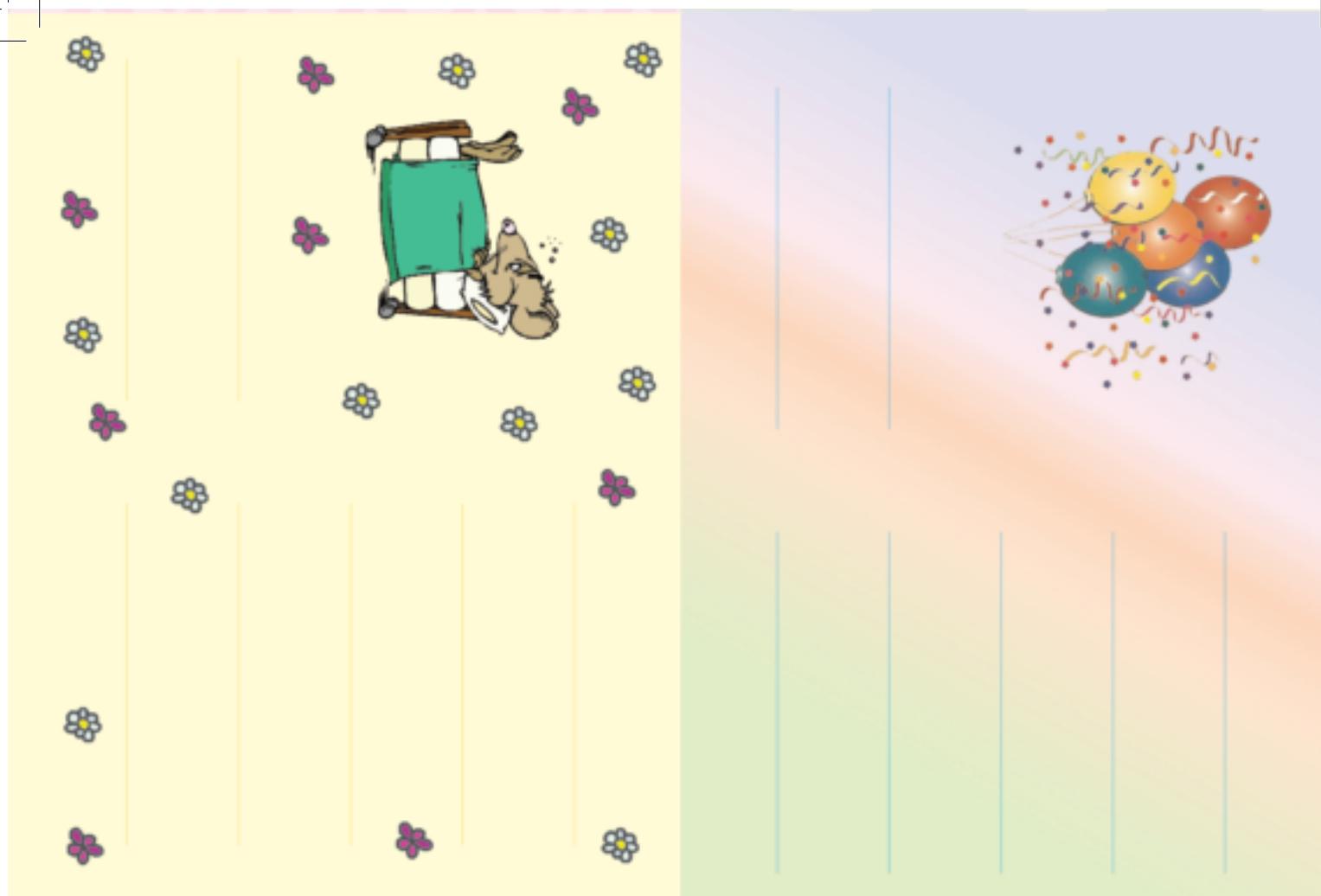
Q
q

W
w

R
r

X - Z
x - z





P.45

