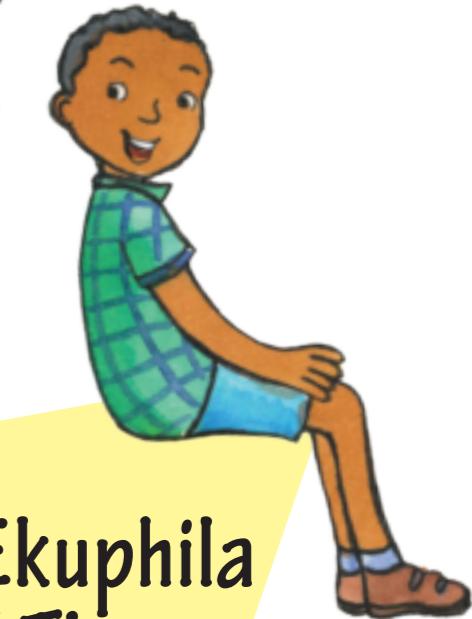


Kubuyeketiwe  
futsi kwahlelenjiswa  
ngekwe-CAPS

Libanga

3



# Emakhono Ekuphila SISWATI

Incwadzi 2  
Emathemu 3 & 4

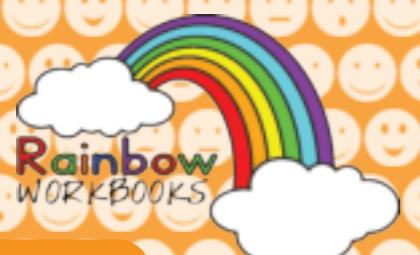


Ligama:



Liklasi:

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**basic education**

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Nkst. Siviwe Gwarube,  
iNdvuna yeMfundvo  
Sisekelo



Dkt Reginah Mhaule,  
Liphini leNdvuna  
yeMfundvo Sisekelo

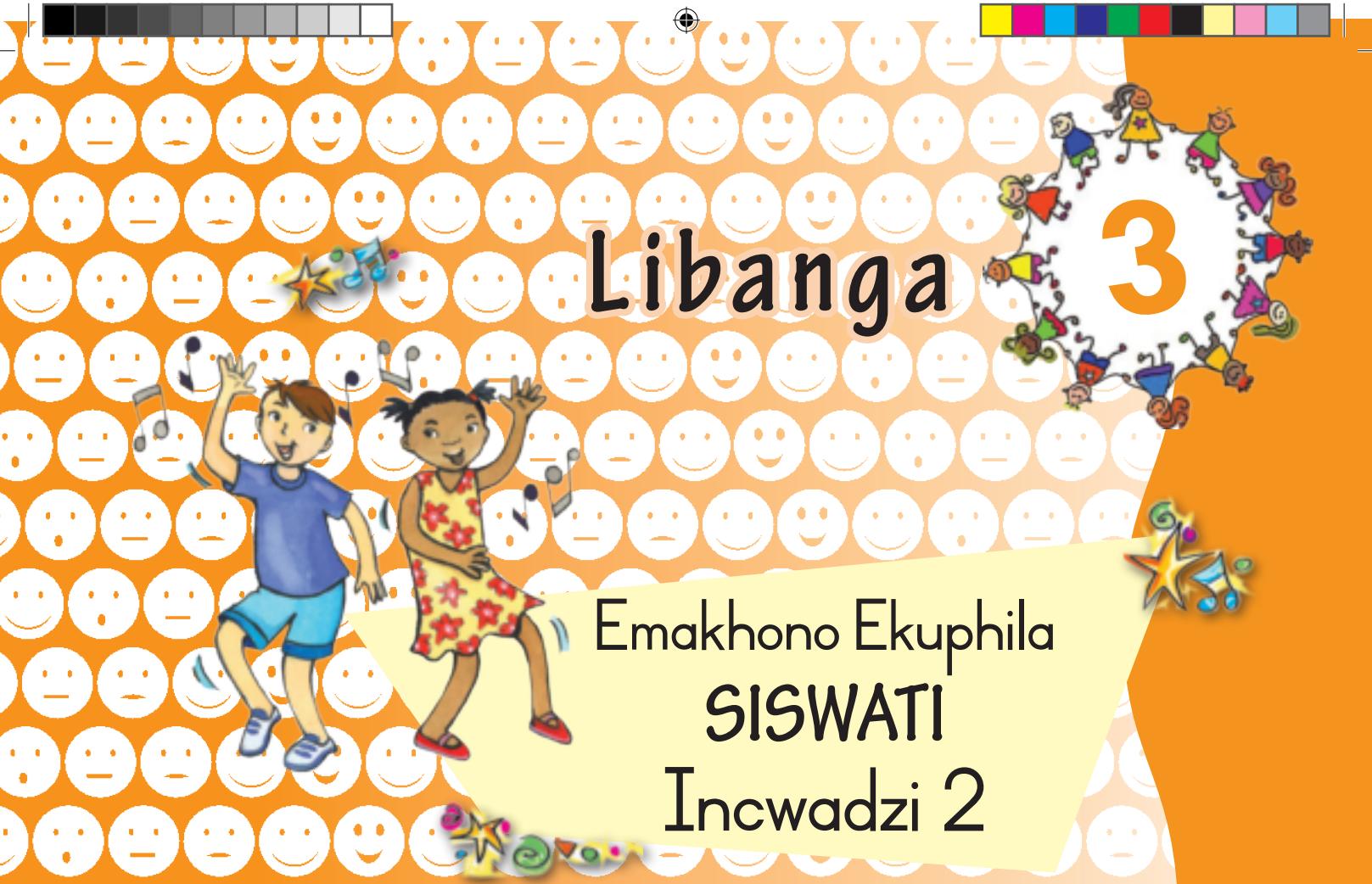
Letincwadzi tekusebentela tikhicitelwe bantfwana baseNingizimu Afrika ngekuholwa yiNdvuna yeTemfundvo Sisekelo. Nkst. Siviwe Gwarube akanye neLiphini lakhe, Dkt Reginah Mhaule.

LeTincwadzi Tekusebentela takaRainbow tiyincenyemitamo yaleLitiko leTemfundvo yeSisekelo yekutfutfukisa bafundzi baseNingizimu Afrika emabangeni ekucala lasitfupha ekufundza. Njengalomunye wemigomo lehamba embili eLuhlelweni IweKusebenta IwaHulumende, lomsebenti ukhokhelwe ngesihle Silulu seTimali saVelonkhe. Ngenca yalokusekelwa ngetimali, leLitiko leTemfundvo liphumelele kwakha letincwadzi ngato tonkhe letilwimi letisemtsetfweni kulelive.

Siyetsema kutsi bothishela batatitfolu tilusito kakhulu letincwadzi tekusebentela basafundzisa malanga onkhe kute bafundzi bakhone kucedza luhlelo lwabo lwekfundza. Setame, ngekucopelela lokukhulu, kusita thishela kuleyo naleyo ncenyemsebenti, ngekusebentisa timphawu letitifombe kukhombisa umfundzi loko lokumele akwente.

Siyetsema bantfwana nabo batakujabulela kusebentisa letincwadzi basachubeka nekukhulu nekufundza; nekutsi bothishela batawutfokota kanye nabo.

Sifisela bothishela nebafundzi imphumelelo basachubeka nekusebentisa letincwadzi tekusebentela.



# Libanga 3



Emakhono Ekuphila  
**SISWATI**  
**Incwadzi 2**



Lencwadzi ya:



33

Ithemu 3 - Liviki I

# Tindzawo letiyingoti tekudlalela



Asifundze

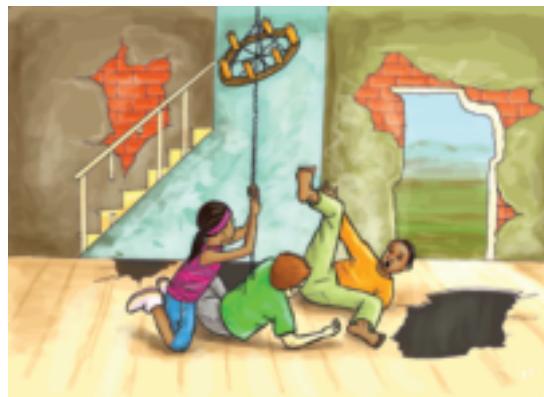
Utivela wemukelekile etindzaweni letiphephile njengelikilasi lakho. Leti tindzawo lapho kufanele utivele kutsi ungakhona kubuyela kuto. Kute umuntfu lofanele akuhlukubete noma akulimate nawulapho. Kute longakuvisa buhlungu noma akulimate lapho. Indzawo lephephile kubantfu ngulapho wonkhe umuntfu emukelekile. Kute loba sengotini yekulimala lapho. "Kuphepha emmangweni" kusho kutsi wonkhe umuntfu unelilungelo lekuphepha etindzaweni letivulekele ummango, njengetitimela, ematekisi nelugu lwelwandle.



Asikhulume

Buka letifombe ucocisane nemngani wakho ngato.

Cocisana nemngani wakho nisho kutsi kuyingoti ngani kudlala kuletindzawo.





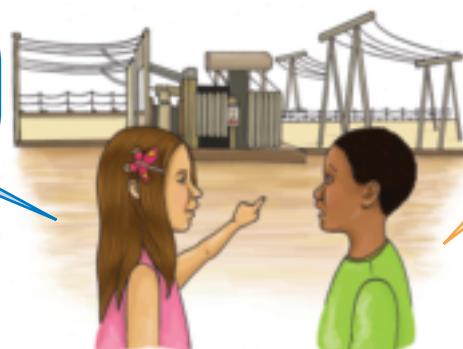
Lusuku: .....



Asibhale

Umntfwana longesekudla esitfombeni ngasinye kumele ente sincumo.  
Msite kutsi agcwalise inkhulomo-mabhabuli yakhe akhe.

Hhay'bo, landza ibhola  
wena! Wesabani?



Eyi, angeke mine,  
ngingahle ngi \_\_\_\_\_

Hhay' suka fana! Tsani  
gaja nje kancane!  
Kubukeka kukahle.  
Wesabani?



Cha angeke, ngingahle  
ngi \_\_\_\_\_



Asikhulume

Cocani eklasini ngalemibuto.

- Yini tintfo letiyingoti letingahle tibe sendzaweni yekulahla tibi?
- Yini bantfwana batsandze kndlala endlini lendzala?
- Yabobani imphilo leba sengotini nangabe bantfwana badlala emgwacweni lophitsitelako?
- Ngutiphi timphawu letecwayisa ngekndlala esipolweni sesitimela?
- Kuyingoti ngani kndlala ngaphalafini?



Asibhale

Khetsa sitfombe sinye ekhasini 2 bese ubhala timphendvulo talemibuto.

- Sikutjelani lesitfombe?
- Ungati kanjani kutsi akukaphephi kndlala lapho?





34

3 - Liviki I

Ithemu

# Tindzawo letiyingoti tekudlalela kuto



Asibhale

Buka letifombe.

Chubeka ukhetse munye umlayeto ngaphasi kwesitfombe ngasinye.

Phalafini angalumeka ente emalangabi nasesandleni semuntfu.

Labantfwana bangafa babulawe kunatsa shevu.

Labantfwana bangafa babulawe kutsi abakhoni kuphefumula.

Umntfwana angadlutfulwa ngugezi.

Ungacali usebentise gezi nemanti.

Emanti labilako kanye nesitim ukgamshisa umntfwana.



Umlayeto: \_\_\_\_\_



Umlayeto: \_\_\_\_\_



Umlayeto: \_\_\_\_\_



Umlayeto: \_\_\_\_\_



Umlayeto: \_\_\_\_\_



Umlayeto: \_\_\_\_\_

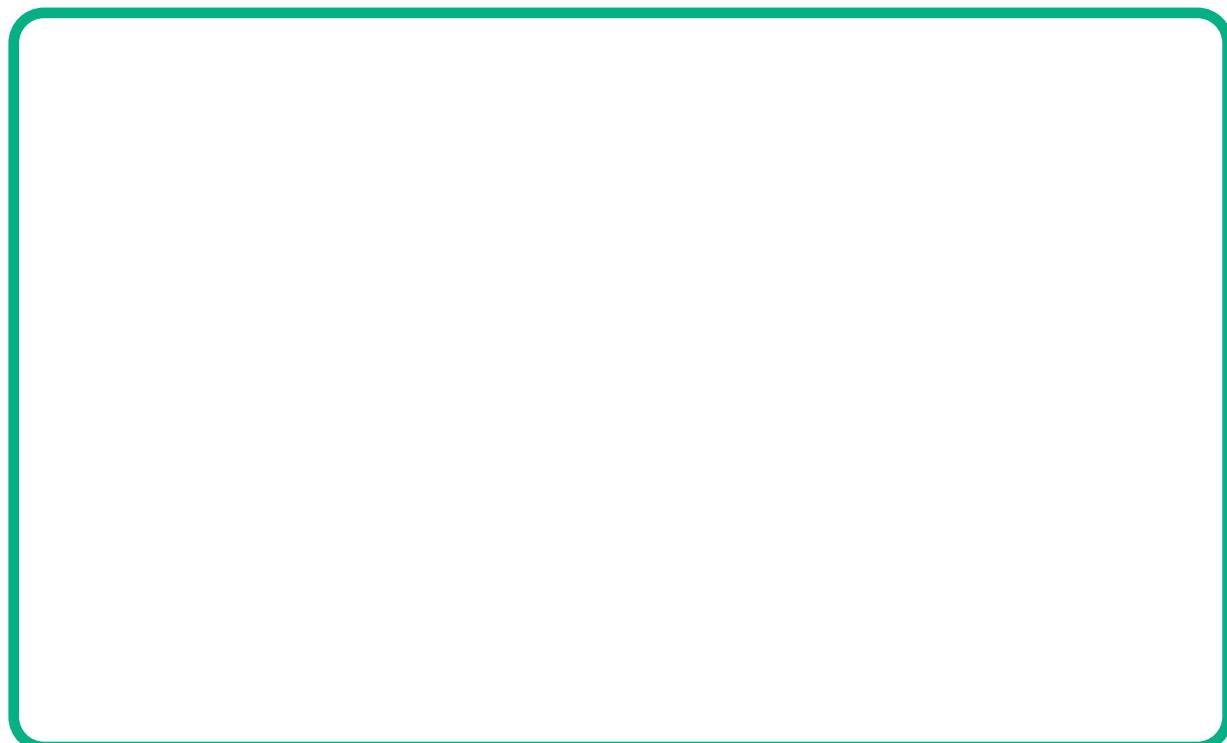


Lusuku: .....



Asente loku

Dvweba sitfombe sakho nemngani wakho nidlala ngekuphepha epaki. Nitawudlala ngani? Cabanga tibonelo tekutsi ningamdlala njani mjikeni. Cala usebentise ikokipeni noma ipeniseli kwenta luhlaka lapho sitfombe sakho sitawuhamba khona. Nyalo sifake umbala ngemakhilayoni noma iphasteli.



Asente loku

**Tifutfumete:** Nyakatisa titfo takho temtimba letehlukene ngasikhatsi sinye. Sibonelo, yenta umnyakato wekujikitisa tihlakala kanye nelukhalo lwakho noma ujikitise emahlombe akho kanye nemacakala ngasikhatsi sinye.

### Umshukumo Ngco: Kusima

- Hamba mantontolwane ubuye uhambe ngetitsendze.
- Khasa ngetandla nangemadvolo.
- Sima uhambe uye phambili uphindze uye emuva entsanjeni lephasi. Zama kukwenta loku ucimetile.
- Mani ngetandla, ngenhloko, uguce emadvolo angatsintsi phasi.

**Tiphotise:** Telule kancane uphumute titfo temtimba letehlukene. Nakwenteka ungakwenta loku ulalele umculo loshayela phasi.





35

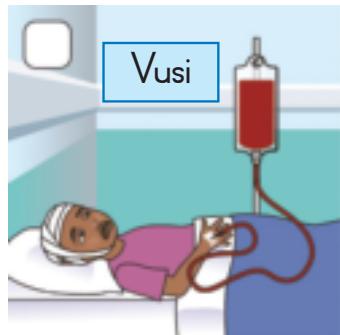
Ithemu 3 - Liviki 2

# Kusebentisa ematekisi netitimela ngekuphepha



Asente loku

Beka tinombolo kuletifombe ngekulandzelana tikhombise kutsi kwentekani kuVusi.



Yewena Make,  
yinyenti  
indzawo lapha.  
Yenyukal!



Asikhulume

Buka letifombe taboVusi futsi ucoce nemngani wakho ngato.

- Liphutsa labani kutsi kwehle ingoti?
- Ngabe bentani njé boVusi nenina?



Buka letifombe letilandzelako bese ucoca nemngani wakho ngato.  
Yini labangayenti kahle labantfu?



Bhala umbhalosihumusho wesitfombe ngasinye usho kutsi labagibeli yini lokumele bangayenti.





Lusuku: .....

# Timphawu letecwayisa ngengoti



Asifundze

Timphawu temgwaco netesitimela tentelwe kuphepha kwetfu.

Letinye timphawu tekusivikela. Tisecwayisa ngengoti.

Timphawu tekwecwayisa emgwacweni njalo nje tiba nemugca lobovu lotitungeletile.

Letinye timphawu tisitjela kutsi kufanele sitiphatse njani uma sisemgwacweni lonetimoto noma tisinikete lwati.



Asente loku

Kuphosa tintfo  
usesitimeleni kungalimata  
labanye bantfu noma  
tilwane sisahamba sitimela. Camba udvwebe  
luphawu lolutsi bantfu bangalahli tintfo  
ngemafasitelo esitimela.



Asente loku

Buka letifombe. Sika kahle timphawu ekkhasini lekwekusikwa  
ngemuva kwencwadzi bese utinamatsisel a etitfombeni letifanele.



Thishela:  
Sayina:  
Lusuku:



36

Ithemu 3 – Liviki 3



Asikhulume

## Singcoliso: Siyini?

Buka lesitfombe bese ucocisana nemngani wakho ngaso. Kukhona yini kulesitfombe lowake wakubona ngaphambilini? Ngutiphi tintfo kulesitfombe letibukeka tingakafaneli noma letimbi? Yini tibukeke karjalo?



Asifundze

### Siyini singcoliso

Singcoliso sidaleka nasingcolisa umhlaba wetfu. Singcoliso ngulesikhatsi singcolisa umoya, emanti nemhlabatsi wetfu..

Singcoliso lesibangwa ngitsi sibi mbamba etimphilweni tetfu, futsi asikatilungeli tilwane letinye nemvelo. Siphatfwa kugula, kantsi tintfo tiyema tingakhuli futsi tingafa nekufa. Kwengeta kuloko, singcoliso senta indzawo yetfu ibe yimbi kakhulu.

Umoya, emanti nelilanga konkhe kusista kutsi sihlobise singcoliso. Kodvwa uma sisinyenti kakhulu singcoliso, umhlaba uyejhuleka kusihlanta.





Lusuku: .....



Asente loku

Sebentani ngemacembu alabasihlanu.

Thishela wenu utawunika licembu ngalinye sihloko salo lelitawusebentela kuso. Emalunga lamane ecenjini ngalinye atawutfolo tibonelo tekungcola emagcekeni esikolo. Lilunga lesihlan lona litawubhala konkhe lokutfolwe balingani balo. Linye lilunga aligcine imininingwane etafuleni ngekufaka lumphawu (✓) kuko konkhe lokutfolwako. Nase niwucedzile umsebenti wenu, thishela utawenta sifinyeto saloko lenikutfolile. Ngabe emagceke esikolo senu anemphilo lenganani?



Asibhale

Bhala tintfo letisi-5 letilahliwe lenititfolile emagcekeni esikolo.

Khumbula  
kugeza tandla  
nasewucedzile.

1.

2.

3.

4.

5.



Beka lumphawu (✓) eceleni kwetibi kuloluhla lwaloko lokungaphindze kusebente ngalenyen idlela. Beka lumphawu lwsiphambano (✗) eceleni kwetibi eluhleni lwetintfo lettingalimata tilwane.



Asikhulume

Yakhani emacembu la-7

Nitawudlala timo letehlukene: umhlaba, emanti, sihlabatsi, umoya, sihlahla, silwane kanye nemuntfu. Balingisi bekucala labasitfupha kumele batjele bantfu kutsi kungcolisa kungabalimata kanjani. Umuntfu kumele aphendvule umlingisi ngamunye. Hlanganisani imicondvo niphume nesincumo sekutsi kumele nente njani ngaletinkinga. Nangabe utivela unesibindzi ngesimo losilingiselako, ungawenta lomdlalo embi kweliklasi lonkhe.



Thishela:
Sayina:
Lusuku:



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Ithemu 3 – Liviki 3

# Tinhlobo letehlukene tesingcoliso



## Kungcola kwemoya

Uma tsine singcolisa umoya,  
kufana nekutsi siwufaka shevu.  
Singcolisa umoya ngekushisa  
kakhulu emalahle, idizili, phethiloli,  
gezi netinkhuni. Intfutfu  
lephuma kuletintfo inemimoya  
lengenamphilo, lekhuphuka iye etulu  
emoyeni.

Tilwane nato tiyasifaka sandla ekwenteni umoya ungcole!

Tihlahla tisisita kususa umoya lonashev u kulomoya lesiwuphefumulako tingete  
umoya lohlobile.

Nangabe sigawula tihlahla letinyenti, umoya lonashev u usala emoyeni bese kuba  
nalomncane umoya lohlobile lokhuphukako.

Sidzinga kuhogela umoya lohlobile kute sibe nemphilo.

Kuphefumula umoya longcolile kungasibangela tifo temphimbo kanye nemaphaphu.



Timoto, emafemu nekubasa etindlini ngiko lokubangela  
singcoliso semoya eDolobheni iKapa.



Kunetindzawo emhlabeni lapho bantfu  
bafaka tifonyo ebusweni nabaphumela  
ngephandle, ngoba umoya longaphandle  
ungcole kakhulu.

Ngako-ke i-esidi lenyenti emoyeni,  
lefucuka emafemini, ingabanga imvula  
lelumelako  
ye-esidi, lebulala tilwane  
ilimate netakhiwo.



Lusuku: .....

## Kungcola kwemhlabatsi

Singcoliso sidaleka uma kunemakhemikhali lamanyenti layingoti emhlabatsini. Singcoliso-mhlabas singadalwa natimfucuta letibuya emafektri nasemigodzini yetimayini. Imfucuta yetibi lebuya emakhaya etfu, etikolweni, etibhedlela nasemahhovisi igcitjwa emhlabatsini emigodzini lemikhulu. Lemfucuta ingcolisa umhlabatsi. Singcoliso singafaka shevu emantini labese afaka shevu ekudleni lokudliwa bantfu netilwane.



## Kungcola kwemanti

Singcolisa-manti sifaka shevu emantini langephasi kwemhlabab, emifuleni, eticojeni nasemadamini. Loku kwenteka nangabe imboni (ifektri) ikhiphela emanti ayo langcolile emifuleni lehlobile. Kuphindze kwenteke nangabe emanti eswilishi avutela edamini noma emgodzini logicitjiwe. Emanti langcolile angenta bantfu kutsi bagule aphindze abulale tinhlanti naletinye tilwane. Tihlahla letisedvute nalamanti langcolile nato tiyafa.



Thishela:	
Sayina:	
Lusuku:	

## Kungcola kwemsindvo

Kungcola kwemsindvo kubangwa timoto letinkhulu njengemaloli; kuhutha kwetimoto, ematekisi, imishini yasefektri, umculo lonemsindvo kanye netintfo lokwakhiwa ngato tindlu nemigwaco. Umsindvo lomkhulu ungakwenta kutsi uvaleke tindlebe ungabe useva.

# Umtselela wekungcola



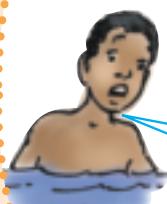
Asikhulume

Buka lesitfombe bese ucoca ngaso nemngani wakho.



Asibhale

Bangatsini labantfu naletilwane ngesingcoliso? Cedzela lomusho kuleyo naleyo nkhulumo-mabhabuli lengentasi.  
"Singcoliso asikangilungeli mine ngoba..."



( )



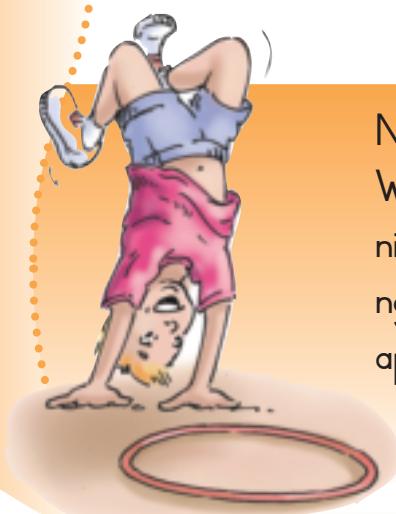
( )



( )



( )



Asente loku



Nyalo tfola ihhulahhubhu udlale.

Wena nemngani wakho kufanele niniketane ematfuba ekuhamba nigaluje niphumele ngale kwelihhulahhubhu, kwekucala ngetinyawo bese nihamba ngetandla. Sale ubamba lehhulahhubhu ime mpo umngani wakho akhase aphume kulo. Niketanani ematfuba kwenta loku. Chubeka utjekise lelisondvo lekudlala wente kutsi kube lukhunyana kukhasa uphumele ngale kwalo.



Lusuku: .....

# Siyachubeka ngekungcola kwemoya



Asente loku

Sewuke wafundza ngekungcola emagecekeni esikolo sakini.  
Naningakate nibutse lokutibi, tibuseni nyalo. Thishela utaninika  
tikhwama nemagilavu elipulasitiki kute nivikele tandla tenu.

Yenta iphosta letawukhutsata bantfu bavuselele kabusha tintfo kute bavikele kungcolisa indzawo.

Sebentisa labobunjwa bejometri wente iflemu yephosta yakho.

Coca nemngani wakho ngalemigomo lelandzelako yekwakha iphosta:

- umehluko
- bungako
- kugcizelela
- kulinganisa



Thishela:  
Sayina:  
Lusuku:



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Ithemu 3 – Liviki 5

# Bantfu bebaphila njani endvulo



Tintfo lesitentako nendlela lesitenta ngayo tiyagucugucuka ngekuhamba kwasikhatsi. Buka letifombe.



Endvulo, bantfu bebahllala edvute netintfo labatidzingako, njengekudla nemanti. Nalamuhla sisatidzinga leto tintfo, kepha tebuchwephesh bethekhinoloi tisisondzetela kudla, emanti kanye nagesi, sesikutfola kalula.



Cocisana nemngani wakho ngekutsi yini legucukile. Cabanga ngetinhlobo temsebenti lebetentiwa bantfu kulesitfombe sekucala; kutsi bebasebentaphi nekutsi bebagcoka timphahla letinjani. Bebahllala khashane kanganani nemakhaya abo. Ucabanga kutsi bebadla kudla lokunjani? Bebaftika njani emisebentini yabo?

Nyalo-ke bukisia lesitfombe ngesancele bese nicocisane ngetintfo letifanako?

Imishini bantfu labayisebentisako seyigucukile yini?

Uma kunjalo, igucuke njani?





Lusuku: .....



Asibhale

Nangu umugca-sikhatsi lotawusebentisa usafundza kutsi bebaphila njani endvulo.

Bhala lusuku lowatalwa ngalo neligama lakho kulomugca-sikhatsi.



15 000  
tigidzi-minyaka  
letengca:  
UMhlaba  
wabunjwa

2,5

tigidzi-minyaka letengca:  
Tidalwa tekucala leticala  
kufana nebantfu

100 000  
tigidzi-minyaka  
letengca:  
Bantfu bekucala



40 000  
tigidzi-minyaka  
letengca:  
BaTfwa



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Ekusukeni kweMkhakha  
waWonkhe-wonkhe



120  
Kwakhiwa iMaphungubwe  
eLimpopo



1814  
Sitimela semalahle sekucala

1814



1876  
Kusungulwa  
lucingo lvesimanje



1876  
Kusungulwa  
emalambu agezi



1885  
Imoto yekucala  
yesimanje



1895  
Umsakato wekucala



1903  
Indizamshini  
yekucala



20\_\_\_\_  
Lusuku lwakho  
Iwekutalwa

1994  
Nelson Mandela uba  
ngulMengameli wetfu



1975  
Kucala kwabongcondvo-  
mshini bebantfu



1973  
Makhalekhikhini  
wekucala



1969  
Umuntfu unyatsela  
enyangeni





40

Ithemu 3 – Liviki 5

# Bantfu bebaphila njani endvulo



Asibhale

Nyalo gwalisa lamagama netinsuku tekutalwa tebatali bakho nabokhokho kulesihlahla semndeni.

Thishela wakho utakucela kutsi ucocisane nebantfu labadzala emndenini wakho ekhaya noma umeme emalunga lamadzala emmangweni kutsi bavakashele liklasi lakho. Nguyiphi imibuto longababuta yona ngemphilo yabo?

Ligama lamkhulu:

Lusuku lwekutalwa:

Ligama lababe:

Lusuku lwekutalwa:

Ligama lamkhulu:

Lusuku lwekutalwa:

Ligama lagogo:

Lusuku lwekutalwa:

Ligama lamake

Lusuku lwekutalwa:

Ligama lamkhulu:

Lusuku lwekutalwa:

Ligama lami:

Lusuku lwekutalwa:

Buta batali bakho imibuto lesi-5 ngemndeni wakini lase balala. Sebentisa lamagama lalandzelako emibutweni yakho: **Nini, kuphi, ini, kungani, njani.**




### Asifundze

Ngatalwa mhla ti-7 kuKholwane ngemnyaka we-1922 epulazini laseKaroo lokutsiwa yiGannaslaagte. Babe wami bekasebenta epulazini kantsi make yena bekasebenta endlini yalapho epulazini. Njalo ngaboLwesihlanu besitfola inyama ibuya kusopulazi. Besiyipheka ngemphelasontfo. Noko besite kahle tindlela tekuyigcina ibandza. Ngako-ke sasivamise kucedza emaviki lamanyenti site inyama. Emahlandlana lambalwa besiba nenyama leyanele kwenta umcwayiba, kakhulukati uma sopulazi atingele wabulala impunzi noma imphala. Imvamisa besidla ummbila lesiwugaye waba yimphuphu noma sidle emabhontjisi lomile – loku besitsi ngumncushu. Babe wami bekavamise kuta nafulawa wesinkhwa lomahhadlahhadla lobekaphuma emasondweni etigayo taseJansenville. Ngekucophelela lokukhulu, make bekabhaka sinkhwa ngelibhodo lensimbi lelisindzako alibeke ekhatsi kwemalahle ngoba phela besite sitofu. Ngalesinye sikhatsi bekabhaka intsandvokati yami: emabbisikiti.

Lawa-ke besiwadla ngeluju lwemadolofiya. Emaswidi etfu-ke bekuba ngumtfotfu lophuma etihlahleni temanyeva.



Lusuku:

Nangabe thishela angakhoni kumema lomunye umuntfu kutsi ete esikolweni senu, ningasebentisa indzaba yeMnumzane Johannes Maart.



# Bekumnandzi yini kuba ngumntfwana emandvulo?



Asibhale

Buka intfo ngayinje etitfombeni bese uyasho kutsi yalesikhatsi sanyalo noma lesengca. Bhala "Mandvulo" noma "Nyalo" ngaphasi kwesitfombe ngasinye. Beka umbala ebhokisini lesitfombe sesikhatsi "sandvulo" locabanga kutsi sikhomba lobekunelisasasa kakhulu esikhatsini lesengcile. Sebentisa umbala lowutsandza kakhulu.



Asente loku

Yakha ifulemu yetitfombe.

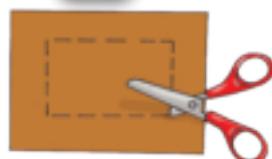
**Umyalo wathishela:**  
Tinengi tindlela lesingagcina ngato tintfo letiliguu tasendvulo. Lenye kutsi sibeke titfombe kufulemu.



Utawudzinga:

- Emashidi lamabili emaphepha ekhadibhodi lanembala.
- Pendi longemanti lonembala; imibala yehlukahlukane.
- Tintfo letehlukene taloko lobekungalahliwa, utowakha emaphethini sibonelo: ematolishi akotini, likhokho lekuvala libhodlela; tivimbo temabhodlela; lusiba nalokunye.

1



1. Sika sikwele noma calandez ekhadibhodini wente ifulemu yetitfombe.

2



2. Penda ngaphasi loko lofuna kube yiphethini yakho.

3



3. Hlobisa ifulemu ngekucindzetela luulangotsi lolupendiwe ekhadibhodini.

4



4. Naseyomile ifulemu, faka sitfombe sagogo wakho noma mkhulu wakho bese usinika make wakho noma babe wakho njengesipho.



Lusuku: .....



Asifundze

Umnumzane Maart uvakashele sikolo kwesibili.  
Uchubeka nendzaba yakhe.

Besingakavami kubona bantfu labanengi. Bobabe namake bebasebenta matima kani basebenta emawa lamanengi. Ngema Sontfo besivakashela bangani betfu kulamanye emapulazi. Besihamba ngenkalishi. Besikutsandza loku ngoba besidlala nebangani betfu.

Besitsandza kudlala ngematsambo, lubumba, emabhontjisi esihlahla semanyeva noma ematje edamini lelikhulu leliseceleni kwendlu yakitsi noma emfuleni. Dzadzewetfu nemngani wakhe bebatsandza kwakha bomdoli ngelubumba. Ticatfulo ngatitfola sengineminyaka

le-12. Babe watakha ngesikhumba senkhomo. Kwaba kuhle kutsi ngingabe ngiloku ngikhiphana nemanyeva labekangihlabab etinyaweni noma kubulawa kugula kwesitfwatfwa lobekwentiwa sitfwatfwa sasebusika ekuseni.



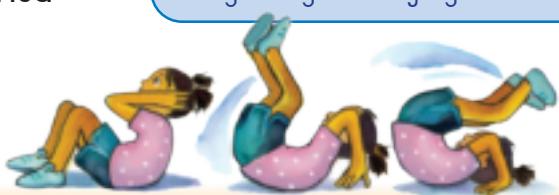
Asikhulumo

Coca nemngani wakho ngekutsi ucabanga kutsi bekumnandzi noma cha kuba ngumntfwana endvulo.

Bekuncono yini kunekuba  
ngumntfwana kulesikhatsi sanyalo?  
Ungacabanga ngemathulusi netinsita  
letinye lesinato lamuhla nekutsi tenta  
umsebenti siwente ngekushesha  
nekuwenta kahle.

Asishukume  
Tetayeten iku lokulandzelako ngamunye noma ngababili.

- Kuma ngetandla
- Kuma ngenhloko
- Kugicika uye emuva noma phambili
- Kugicika ngetandla njengelisondvo



Thishela:  
Sayina:  
Lusuku:

# Emathulusi nemishini

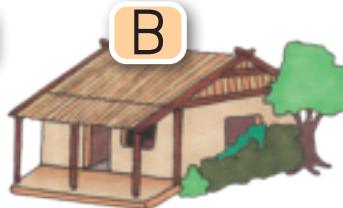


Asente loku

Buka letitfombe, ngesancele, semathulusi asendvulo. Eluhlwini  
lwangesekekudla, dvweba noma ujube titfombe temathulusi  
lesiwasabentisa kulesikhatsi sanyalo.



Asikhulume

Indlu kusukela eminyakeni Indlu kusukela eminyakeni Indlu lene-150 weminyaka  
lenge-300 leyengile lenge-200 leyengile

Indlu yesimanje

leyengca

Tindlu tigucuke njani ngekuchubeka kweminyaka?

Tentiwa yini kutsi tigucuke?

Basebentisa tiphi tintfo kwakha letindlu?

Ngutiphi tintfo lotatitfola endlini D lebetingekho endlini A?



Lusuku: .....



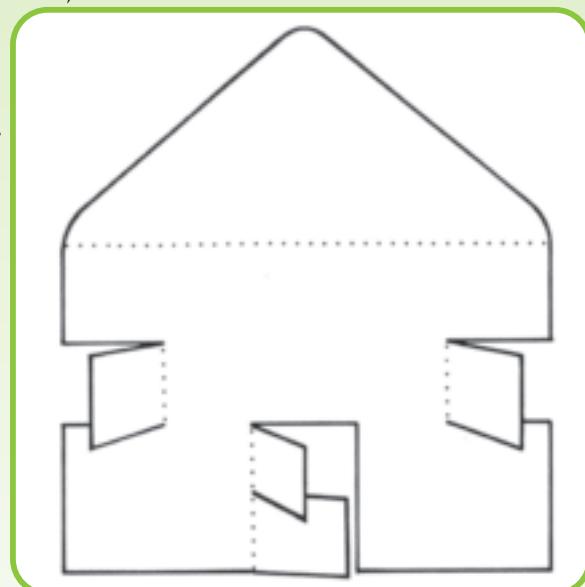
Asente loku

Sewufundzile kutsi tindlu tigucuke taphindze tatfutfuka njani ngekuhamba kweminyaka. Kuleli lase Ningizimu Afrika letinye tindlu tihlotjiswa kahle kakhulu, njengetindlu tebantu bakanndebele nje. Letindlu tidvume kakhulu ngemibala leminengi leyakhiwe ngemaphethini ebuciko lobusetulu. Ase wente sengatsi ungu Mndebele, kanjalo ubukene nekuhlobisa tindvonga temuti wakini.

Utawudzinga:

- Liphepha lelinemibala • Invilopho lemhophe • Sikelo • Emakhilayoni • Iglu

1. Sika umnyango nemafasitelo kulemvilopho yakho, njengoba ukhonjisiwe kulesibonelo.
2. Vula lumphiko lwemvilopho utowenta lumphahla.
3. Manje sebentisa emaphethini lahlukene, bobunjwa, imigca kanye nemibala legcamile kuhlobisa indlu-mvilopho yakho.
4. Cela thishela wakho kutsi achaze ngebumcoka bekusebentisa bobunjwa nemaphethini.
5. Namatsisela indlu yakho kulelishadi leliphepha lelinemibala.
6. Sebentisa titfombe lotitfole kumagazini kuhlobisa emaceleni kwalendlu.



Asente loku

Yenta ngatsi usaha sigodvo utowakha indlu. Fuca uphindze udvонse umkhono wakho wangesekudla, ntjintjela esandleni sesancele.

- Mani eceleni kwemlingani wakho. Hhuka umkhono wakho wangesekudla kuloyo wangesancele. Wena nemlingani wakho yentani ngatsi niphakamisa lisaka lemmbila lelisindzako ngekutsi nitjekele eluhlangotsini lwangesancele. Phindzani nitjekele eluhlangotsini lwangesekudla.
- Yenta ngatsi usihlahla. Phakamisa umkhono wengce inhloko yakho. Goca sibhakela bese wenta ngatsi singumanafu kulesihlahla. Umngani wakho yena utawukha manafu esihlahleni wena ube ume unganyakati.
- Gibela libhayisikili: lala ngemhlane eceleni kwemlingani wakho. Goba emadvolo bese ubeka tinyawo takho kuleto temngani wakho. Cala ushove libhayisikili ngemilente.





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Ithemu 3 – Liviki 7

# Emuva besentani: siyachubeka



Asifundze

Lolu lusuku lwesitsatfu uMnumzane Maart avakashela sikolo. Usenetindzaba letinengi longaticoca.

Besinembayela epulazini.

Besiyyisebentisa kwakha noma kulungisa emathulusi lephukile.

Nangineminyaka le-10 sahlaselwa somiso lesibi kakhulu. Kwaba matima kutfola kudla. Noko sajabula satjakadvula nasiphela somiso kufika timvula.



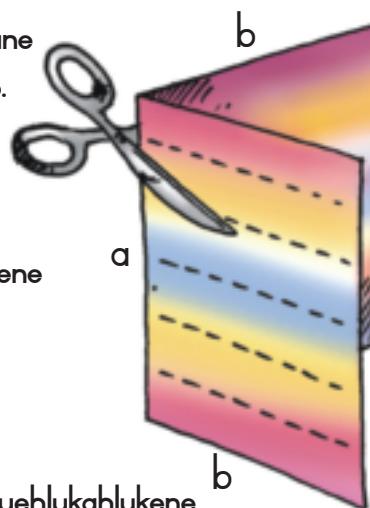
Asente loku

Yakha sibane  
sasendvulo.

**Utawudzinga loku:**

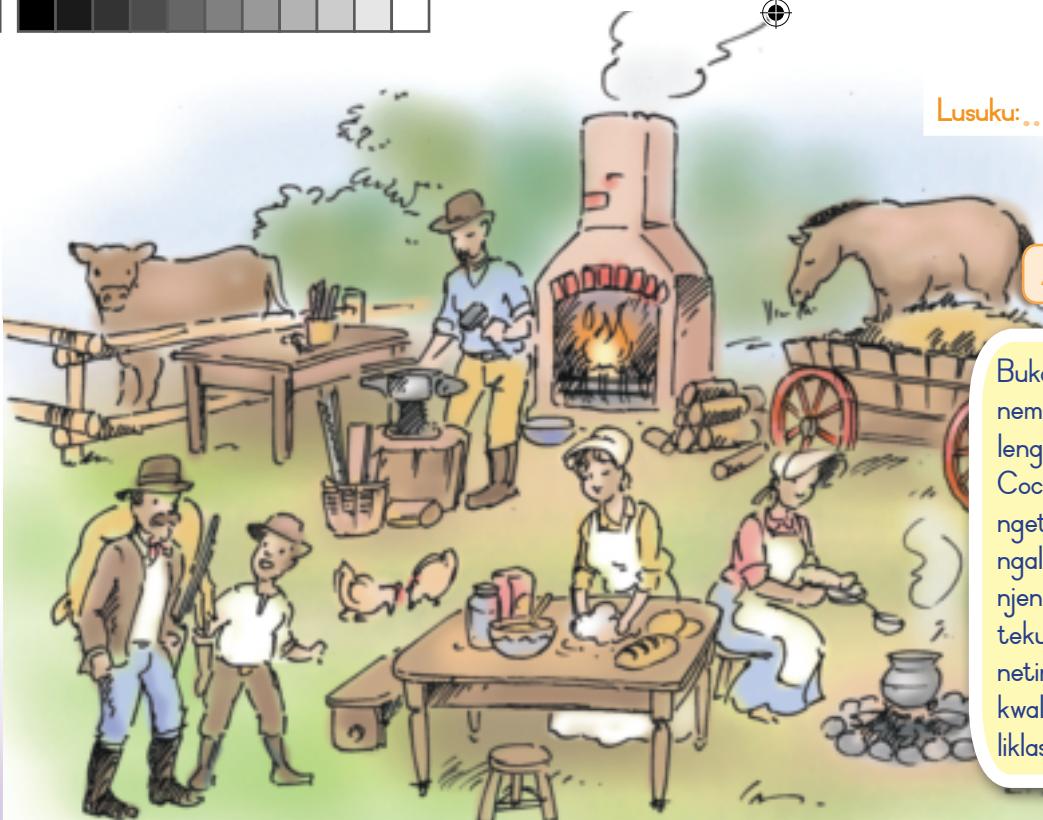
- sikwele seliphepha shadi lelimhlophe
- pendi longemanti lonemibala leyehlukene
- libulashi lekupenda
- irula, ipeniseli nesikelo
- iglu

1. Hlobisa liphepha lakho ngemibala leyehlukahlukene.
2. Goba liphepha emkhatsini libe nguhhafu.
3. Dvweba imigca ephepheni ishiyane ngemasentimitha lama-3.
4. Sika ulandzele emalayini, kepha ungefiki emphetfweni.
5. Goba liphepha ulivule bese unamatsisela ngesinamatselisi emacala omabili eliphepha.
6. Sebentisa siceshana seliphepha kwakha sibambo ngetulu.





Lusuku: .....



Asikhulume

Buka lesitfombe lesiphatselene nemphilo epulazini eminyakeni lengaba ngema-200 lengcile. Cocisana nemngani wakho ngetinfo lebetinelisasasa ngaleso sikhatsi. Buka, njengesibonelo, timphahla tekugcoka, emathulusi netindlela tekutfutsa. Emuva kwaloko tjela thishela wakho liklasi kutsi



Asibhale

Condzanisa sisusa sekukhanya nesitfombe lesingiso. Bhala phasi libito lesisusa sekukhanya nesitfombe. Khetsa kulamagama: lithoshi, iglobhu, likhandlela, lilambu.

lithoshi

1



iglobhu

2



likhandlela

3



lilambu

4



\_\_\_\_\_

\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_

Thishela:  
Sayina:  
Lusuku:

# Kukhokha intsengo yetintfo



Asibhale

Bantfu bebatkhokhela njani tintfo labatidzingako kadzeni? Sebentisa linye lalamagama kucedzela lendzaba yemali lengentasi. Sinikete tinhlavu tekucala temgama kukusita.

bhadala

ligwayi

dla

isiliva

buhlalu

imali-buhhehlu

igolide

kwenanisa

tikhumba  
tesilwaneimali  
lemaphepha

Endvulo bantfu bebangasebentisi imali- \_\_\_\_\_ nemali  
 lemaph \_\_\_\_\_ kutfola tintfo. Kuleto tinsuku, bebasebentisa  
 kwena \_\_\_\_\_ njengendlela yekuntjintjisa tintfo. Nakwenteka  
 bantfu babe nelug \_\_\_\_\_, kodvwa bebangenako kudla lokwenele  
 kwekubha \_\_\_\_\_, bekumele batfole umuntfu longabantjintjisela  
 kudla ngelugwayi. Tintfo letifana nebuli \_\_\_\_\_ luswayi,  
 tinkhomo kanye nelugwayi bekwenaniswa. Ngekuhamba kwesikhatsi bacala  
 bantfu basebentisa igo \_\_\_\_\_ nesi \_\_\_\_\_  
 kubhadalela tintfo. Ngekwengca kwesikhatsi futsi bantfu bacala  
 basebentisa insimbi kwakha \_\_\_\_\_. Lamuhla sisebentisa  
 imali lengema \_\_\_\_\_ kanye naleyo \_\_\_\_\_ noma  
 emakhredithi khadi kubhadalela tintfo.



Asente loku

- Beka emahhulahhubhu phasi noma udvwebe tindilinga esihlabatsini.
- Thishela nakatsi zuba, zuba ungene endilingeni ngato totimbili tinyawo.
- Uma thishela atsi zuba, zuba uphume endilingeni ngelunyawo lunye.
- Dlala mkoko.
- Sebentisa ishoki kudvweba tindilinga netikwele phasi.





Lusuku: .....



Asifundze

Wayiphetsa kanje uMnumzane Maart indzaba yakhe  
nakavakashela bafundzi kwekugcina:

Nyalo sengikumhlala-phasi, ngiphila imphilo lepholile lapha edolobheni iGraff-Reinet. Sengingacabanga emuva ngemphilo lebeyimatima kepha iyinhle. Ngiyatikhohlwa tikhatsi tebumatima. Lokunengi sekwagucuka-sekunagesi waka-'Eskom, wonkhe muntfu unelucingo lwamakhalekhukhwini, indlu lendzala yasepulazini seyakhiwe kabusha seyifana nendlu yasedolobheni. Kepha lokunengi soloku kusenjalo. Timvu tisabukeka tiphindze tikhale ngendlela lefana neyakudzala. Njalo kusihlwa sinye sisibenti solo sitsatsa lubisi lolusha esibayeni lwelubisi siluyise ekhishini. Bojakalazi netimphungushe solo babamba timvu.



Asikhulume

Niliklasi khulumani ngetintfo  
lenicabanga kutsi tigucukile  
kusukela natalwa.

Manje khulumani ngetintfo  
lenicabanga kutsi atikagucuki  
kuyo yonkhe lemnyaka.





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3 - Liviki 8

Ithemu

# Umhlabab ukukeka njani emkhatsini



Asifundze

Umhlabab uyibhola lenkhulu noma indilinga lesiphila kuyo. Konkhe lokusondzele kulomhlabab sikubita ngekutsi ngumkhatsi. Kwengce nje iminyaka lengema-50 kuphela solo sacala kubuka umhlabab sisemkhatsini. Buka letifombe temhlabab ngesekudla. Uyabona live, lwandle nemafu. Coca nemngani wakho ngekutsi ngutiphi tincenye tesitfombe letikhombisa live, ngutiphi letikhombisa lwandle nekutsi ngutiphi letikhombisa emafu.



Bona umhlabab wetfu lomuhle,  
likhaya letfu.



Asente loku

Kulelibalave, landzelela sitfunti setincenye longabuye utibone nakugilobhu. Sebentisa emakhilayoni lehlukene kuhlobisa tincenye letehlukene.



Bhala phasi emagama aletincenye.



Asifundze

Umhlabab unengubo yemoya loyitungeletile. Silubita ngekutsi ngumkhatsi. Ungawubona umkhatsi kulesitfombe?



Lusuku: .....

# Emaplanethi



Asifundze

Umkhatsi wemhlaba yingubo legocotele umhlaba. Lengubo ine-120 km bucatsa.

Nawuhamba wengca 120 km kusuka emkhatsini wemhlaba, sewuwushiyile umhlaba. Lapho-ke utfola bomakhelwane bemhlaba: letinye tichingi mhlabo netinkhanyeti.



Asikhulume

Ngale kwemkhatsi moyo wemhlaba kute imini – busuku kuphela.

Tjela umngani wakho kutsi ngabe kwentiwa yini loku.

Bomakhelwane betfu labasedvute bonkhe bakuMkhatsi-lilanga munye.

**Lilanga:** Ibhola levutsa bhe yagesi. Ekhatsi emajukujukwini elilanga kunesivutsevutse sekushisa kangangoba imimoya yabogesi iyancibilika. Lokuncibilika noma kuhlangana kwemimoya kunika emandla umhlaba. Lilanga nalo yinkhanyeti lefana naletinye lesingatibona ngenhlavu yeliso ebusuku.

**Emaplanethi:** Sinemaplanethi lasiphohlongo lokufaka ekhatsi umhlaba.

**Inyanga:** Litje lelibandzako lelisigadla lesifile selidvwala lesilutfuli litungeletela umhlaba. Lincane ngalokuphindwwe ka-4 emhlabeni.

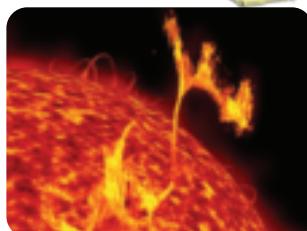
**Umtsala:** Leti ticheke tematje. Titsi natishayisa kumoya-mkhatsi wetfu, tishise bhe. Loku-ke bese kwakha umushi lomanyatelako esibhakabhakeni sasebusuku. Loku sitsi "ludweshu lwenkhanyeti". Uma tifika ebusweni bemhlaba, sitsi "ngumtsala".

**Emakhomethi:** wona atigadla telichwa-litje nemoya nagesi lohamba libanga lelidze emkhatsini. Avamise kusondzela dvutane kakhulu nelilanga.

Asifundze



Lilanga



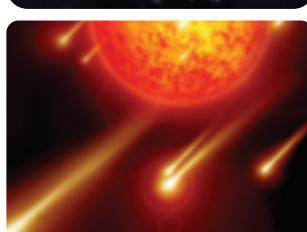
Emaplanethi



Inyanga



Umtsala



Emakhomethi





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3 - Liviki 8

Ithemu

# Tinkhanyeti



Asibhale

Umhlaba wetfu unabomakhelwane labanyenti labajabulisako emkhatsini. Ufundzile kancane ngalabanye balabomakhelwane. Ngubaphi longatsandza kwati kabanti ngabo? Bhala labo lobakhetsile ngentasi. Nika tizatfu tibe timbili kutsi ukhetseleni laba.

Sincumo sami:

Tizatfu tami letimbili:



Asifundze

Nasengca emaplanethi latichwe siyawushiya umkhatsi. Nyalo sisekhatsi emajukujukwini emkhatsini longaphandle kwalona wetfu. Lapha sitfola loku lokulandzelako.

**Tinkhanyeti:** emabhola agesi lohisana kakhulu, njengelilanga, kepha akhashane natsi. Kunetigidzigidzi taletinkhanyeti - angeke sikwati kutibhala tonkhe ngalokuphelele. Tinkhanyeti tehlukana kanyenti ngebukhulu bato. Lomkhatsi nelingaphandle lwano sitsi yi Yunivesi. Phela umkhatsi mkhulu ngiko konkhe lokudaliwe, kepha kuncane kabi lesikwatiko ngawo. Ucabanga kutsi tikhona letinye tindzawo letifana nemhlaba wetfu le kule Yunivesi? Kukhona lokuphilako lapho?



Asente loku

- Lalela umculo waseNingizimu Afrika thishela latawudlala.
  - Ecenjini lakho yakhani umdlalo leningawefula ngalengoma.
  - Ecenjini lakho cambani nibhale ingoma lesematseni bese niyetfulela liklasi.
- Asidiale
- Thishela utawuhlukanisa liklasi libe ngemacembu lamibili. Dlalani umdlalo webhola yetinyawo lomfisha.





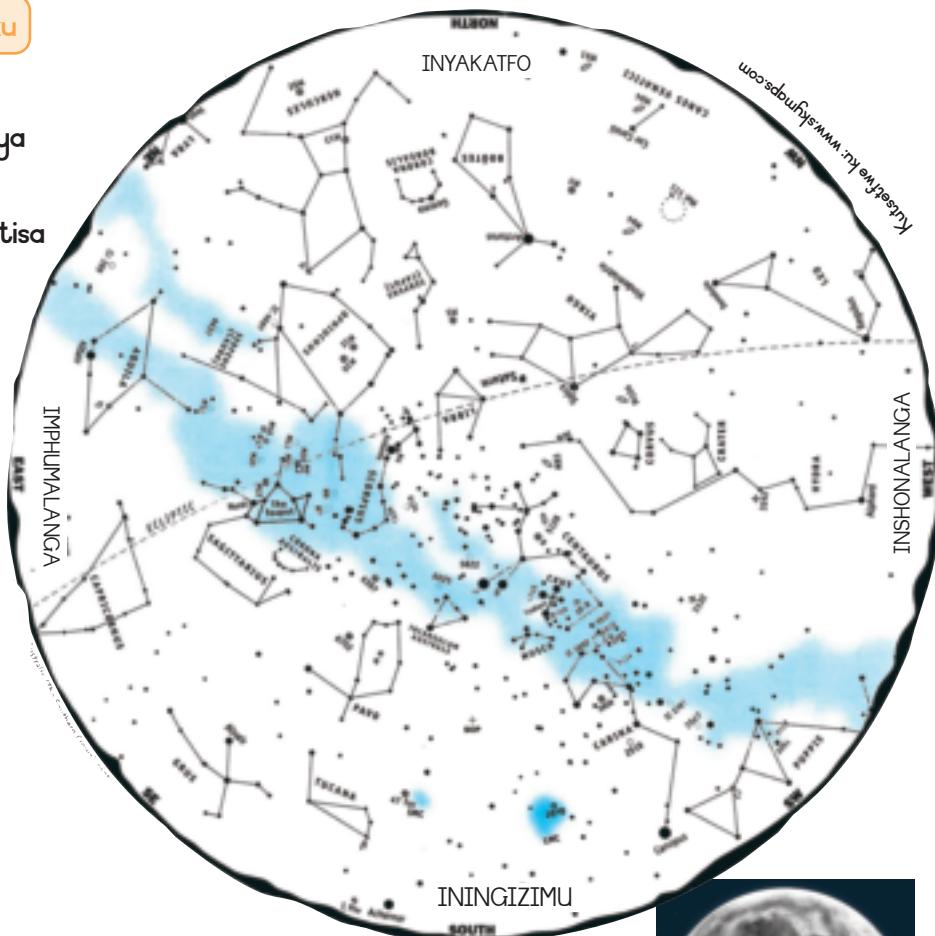
Lusuku: .....

# Ematheleskophu



Asente loku

Yenta lomsebenti ekhaya  
kusihlwa nakute emafu  
esibhakabhakeni, sebentisa  
tinkhanyeti wetame  
kutfola ticheme  
tetinkhanyeti  
esibhakabhakeni.  
Beka luhawu  
(✓) kulive mabala  
letinkhanyeti. Lubeke  
eceleni  
kwato tonkhe  
tinkhanyeti  
longatibona.



Inyanga uma uyibuka  
ngetheleskophu



Asifundze

Bantfu labafundza tebucwephese bemkhatsi babitwa ngekutsi tati-mkhatsi emastronomia. Basebentisa tibukakudze ematheleskophu kuciphiya tinkhanyeti. Eminyakeni letako, sibukakudze semsakato lesikhulukati sitakwakhija edvute nase Carnarvon, eNyakatfo Kapa.

Lamuhla sinemathesleskophu lasisita kutsi sibone khashane le emkhatsini; ngeke sikhente loku ngemehlo etfu kuphela. Sibonelo yi Hubble theleskophu, lesiletsela titfombe letinhle kakhulu tisuka emkhatsini. Live lase Ningizimu Afrika latakhela layo itheleskophu eceleni kwe Sutherland lena eNyakatfo Kapa.





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# Kuhamba emkhatsini

Ithemu 3 – Liviki 9



Asifundze

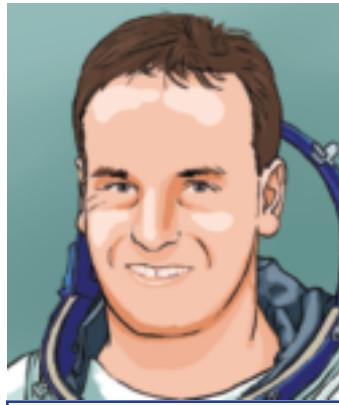
Bonkhe labantfu babe bekucala kutekuhamba emkhatsini.



Yuri Gagarin waseRashiya, waba ngumuntfu wekucala kutungeleta umhlaba ahamba ngencola mkhumbi yemkhatsi (mhlaka 12, Mabasa 1961).



Neil Armstrong waseMelika waba ngumuntfu wekucala kubeka lunyawo eme enyangeni (mhlaka 20 Kholwane 1969).



Mark Shuttleworth ngumuntfu wekucala eNingizimu Afrika tungeleta umhlaba (Mabasa 2002).



Christa McAuliff waba nguthishela wekucala kuba ngumntjuzi-mkhatsi, i-astronothi. Kodwva noko washona ngesikhatsi indiza-mkhatsi, iChallenger ichuma isha ingcongca (mhlaka 28 Bhimbidvwane 1986).



Khuluma nemngani wakho kutsi nitawuvakashela yiphi inkhanyeti mhlabo.

Asikhulume

Nitawufika njani kulenkhanyeti mhlabo?

Ngubani noma yini leningahamba nayo?

Ningatsandza kuhlala sikhatsi

lesingakanani khona?





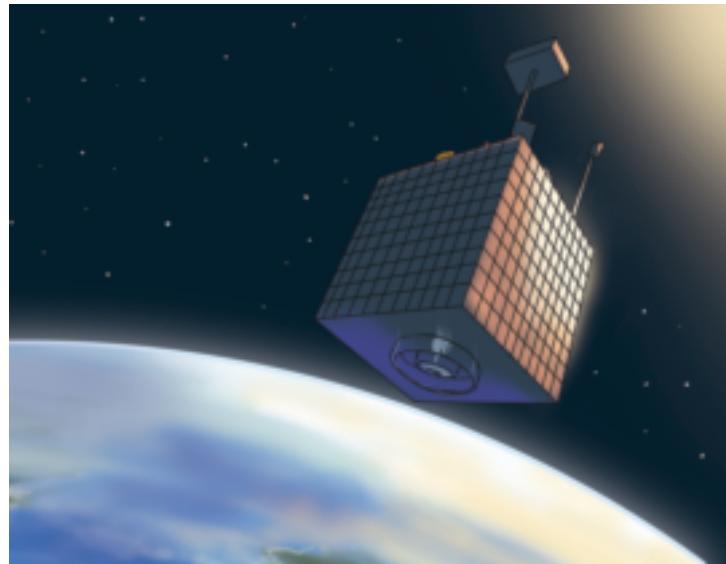
Lusuku: .....

# Emasathelayithi



Asifundze

Bewati nje kutsi inyanga  
ihamba itungelete umhlaba?  
Intfo lehamba itungelete lenye  
siyibita ngekutsi yisathelayithi.  
Ngaloko-ke inyanga  
yisathelayithi yemhlaba.  
Umvila lapho kuhamba khona  
isathelayithi sitsi yi-obhithi.  
Manyenti emasathelayithi  
mbumbulu latfunyelwe bantfu  
kutsi ahambe ku-obhithi. Yekucala yaya emkhatsini ngemnyaka we-1957.  
Mabukakudze we Hubble ngulenye yemasathelayithi mbumbulu. INyuvesi  
yase Stellenbosch yakha isathelayithi yekucala eNingizimu Afrika,  
iSunSat. Yaphakanyiswa nge Ndlovana ngemnyaka we-1999. Tinyenti  
tinhlobo temasathelayithi. Lamanye abutsanisa lwati ngemkhatsi, lamanye  
abukene nesimo selitulu kantsi lamanye abukane nekuchumana. Lawa  
atfumela titfombe nelwati kusuka kulolunye luhlangotsi lwemhlaba kuya  
kulolunye. Isathelayithi lenkhulu yi-*International Space Station*, lapho  
bososayensi benta lucwaningo baphindze bahlolisise labakutfolako.



Asikhulume

Coca nemngani wakho ngalemibuto. Emva kwaloko sewungacocela  
liklasi imicabango yakho.

- Timoto letinyenti tinabohogela bemasathelayithi lasita kutsi titfolakale  
nangabe titjontjiwe Basebenta njani labohogela?
- Ucabanga kutsi nguluphi lwati lolungatfolwa balimi kusathelayithi?
- Cabanga tindlela letinsha tekusebenta kwemasathelayithi?



Asishukume

Thisela wakho utakufundzisa kudlala iVoli Bholi nemdlalo welikati-  
neligundvane.





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Ithemu 3 – Liviki 10

# Emalanga laketsekile



Asifundze

Lamanye alamatanga etenkholo aba tinsuku letehlukile umnyaka ngemnyaka. Tfola kutsi itobe lamalanga atawuba nini bese ugcwala tinsuku esikhali lesiniketiwe.

Emanotsi athishela. Lamalanga enkholelo nalakhetsekile aba ngethemu yesitsatfu. Kufute nisebentise lama-awa lamatsatfu ngalethemu kukhuluma ngalamalanga. Loko lenikwentako njengelikilasi kutawuya ngekutsi emacembu emasiko netenkholelo ebfundzi ekilasini lakho eme kanjani kanye nekulawulwa yinchubomgomgo yesikolo. Lamaholide esive lamabili kufute ahlonishwe ngibo bonkhe baseNingizimu Afrika.

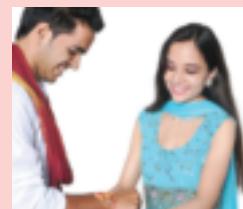
**21 Kholwane:** (uma inyeti lensha seyibhalashile) kuba kucala kwenyanga yeRamadani – lokulilanga lenkholelo yesi-Islamu. IRamadani sikhatsi sekuzila kudla, kuhambe nemikhuleko leketsekile nekufundvwa kweKhur'an.

Lusuku:

**19 iNgci:** (uma inyeti lensha seyibhalashile): Umgubho we-Eid-ul-Fitr wenkholelo yesi-Islamu. Lona ngumgubho weniabulo kodvwa lonesizotsa ekupheleni kwekuzila inyanga yonkhe yeRamadani. Kulilanga lendvumiso, kunakekela timphofana nekuvakashela tihlobo nebangani. Lusuku:

**Kholwane noma iNgci:** Raksha Bandhan ngumgubho wesiHindu. EmaHindu agubha budlelwane emkhatsini wabomnaka nabodzadze. Dzadze ubopha irakhi (lucotfo lolungcwele) esihlakalen semnakabo kukhombisa lutsandvo nemikhuleko lanayo ngemnakabo, kanye nesetsembiso sangunaphakadze semnakabo kumvikela dzadzewabo.

Lusuku:



**INgci noma INyoni:** IKrishna Janmashtami ingumgubho wesiHindu. Kutalwa kwaKrishna Janmashtami kugujwa ngekuzila. Krishna ngumhlonishwa lomcoka wemaHindu. Ngalelilanga bantfwana bavamise kwetfula imidlalo lesuselwe emphilweni yaKrishna.

Lusuku:



**INyoni:** IPitr Paksha ngulomunye umgubho wenkholelo yesiHindu. EmaHindu ahlonipha emadloti awo (ema"pitrs"), kakhlukati ngeminikelo yekudla. Lusuku:





Lusuku: .....

**Kholwane noma iNgci:** ITisha B'av lilanga lenkholelo yesiJuda. EmaJuda azilela kulilela kubhujiswa kweLithempeli leKucala neLesibili eJerusalem, abuye akhumbule naletinye tinsizi netigemegeme letehla ngalelilanga. Lolusuku lubitwa ngekutsi "lusuku lolumunyu kakhulu emlandvweni wesiJuda".

Lusuku:



**INyoni:** IRosh Hashanah nguMnyaka loMusha wesiJuda. Bantfu bashaya lumphondvo lwemu (lolubitwa ngekutsi yishofar) kugubha lolusuku. Badla kudla lokunjengemahhabhula lenyiwe elujwini kukhombisa kutsi banenshisekelo yemphilo lemmandzi emnyakeni lotako.

Lusuku:

**INyoni noma iMphala:** IYom Kippur ifika emva kwemalanga lalishumi yengcile iRosh Hashanah. Lolu lusuku lolungcwele kakhulu etinsukwini tenkholelo yemaJuda. Lusuku:

**9 iNgci:** Lusuku Lwesive lwaBomake – Liholide Lesive. Mhlaka 9 iNgci 1956, bafati laba-20 000 bashuca bacondza eTindlini Tembuso ePitoli balwa nekutsi laBansundvu kufanele batfwalane nencwajana ya "dompasi". Lendzima yebafati emmangweni waseNingizimu Afrika igujwa ngalelilanga.

**1–7 iNyoni:** Liviki Lesive leSihlahla i-Abha. Bantfu bayakhutsatwa kuhlanyela tihlahla.

**8 iNyoni:** Lilanga laMhlabawonkhe leKufundza. Lelilanga ligcamisa bumcoka bekukwati kufundza.

**24 iNyoni:** Lilanga leMasiko – Liholide Lesive. Bonkhe bantfu baseNingizimu Afrika bangawagubha emasiko abo kanye newalabanye.





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# Titjalo-lesikutfola kuto

Ithemu 4 – Liviki I



Asifundze

Umhlaba ugcwele tintfo letiphilako. Kunetilwane, bantfu, timvu, tinyoni, nalokumilako njengemmbila, tihlahla temnyezane kanye, ifangi nemacandza eticoco.



Titjalo tivame kuba nemagala,  
emacembe, ticu kanye  
netimphandze. Titjalo tivela  
timbali, titselo kanye nembewu.  
Linengi lato linemacembe  
lanembala loluhlata.



Asikhulume

Kubuyaphi kudla kwetfu?

Buka letitfombe ucoce nemngani wakho ngato. Kulelikhasi  
lelilandzelako kuneiuhla lwekudla. Kubili kwako akuphum  
kuletitfombe lotibonako. Ngutiphi letintfo letimbili?

Sewufundzile ngekutsi kudla  
kwetfu kubuyaphi. Ase sibone kutsi  
ukhumbulani.





Lusuku: .....



### Asifundze

Titjalo tisinika tinhlobo letehlukene tekudla. Tonkhe tibhidvo, titselo nemantongomane kubuya etihlahleni. Tisisita kutsi sihlale siphilile ngoba tinemavithamini, luswayi, takhamtimba, bo-oyili kanye nalokwenta kudla esiswini kugayeke kahle. Neshokolethi nayo ibuya etitjalweni.



### Asibhale

Bhala incwadzi ubhalele umuntfu lovame kukulungisela kudla. Sebentisa loluhlaka. Gicwala ngemagama laseluhlwini.

imphuphu liphalishi litsanga lizambane sicadze bhotela wemantongomane sinkhwa likhekhe isaladi yelethisi emampentjisi emahhabhula luhwabha

Sawubona \_\_\_\_\_

Ngiyabonga ku \_\_\_\_\_

Ngitsandza kudla \_\_\_\_\_

Angitsandzi ku \_\_\_\_\_

ngoba \_\_\_\_\_.

Ngicela ungentele \_\_\_\_\_.

Kudla lokubuya etitjalweni kungaba kahle ngoba \_\_\_\_\_.



### Asikhulume

Bukisia letitfombe bese ucoca nemngani wakho ngekwakheka kwaletitjalo.



Thishela:  
Sayina:  
Lusuku:



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It'hemu 4 – Liviki /

# Titjalo: kusuka emobeni kuya kushukela



Shukela ngulenyenye yetinhlobo tekudla lesiyidzingako kuhlala siphilile. Kunetinhlobo letehlukene tashukela. Shukela simtfola etitselweni. Sitfombe lesingemuva lapha ngentasi sikukhombisa emasimu emoba aKaZulu-Natali.



Umoba ulusito lolukhulu.

Umoba sitjalo lesidze lesibukeka njengesihlahla sebhambu. Simila endzaweni lefutfumele lenemvula lenyenti. Umoba udzinga lilanga kakhulu kanye nemvula. ENingizimu Afrika sifundza sakaZulu-Natali sikulungele kakhulu kuhlanyela umoba.



Asente loku

1. Buka letifombe tetintfo tekudlala ingoma thishela wakho latukhombisa tona.
2. Lalela tindlela tetingoma letehlukene taseNingizimu Afrika thishela latatidlala. Cocisanani ngaloku lokulandzelako:
  - Sigi setingoma
  - Ngabe siyaphangisa noma sishaya kancane
  - Livi lengoma likahle yini
  - Ikwenta kutsi utive njani ingoma. Ngutiphi tintfo tekudlala ingoma longatikhomba etingomeni

Asishukume

Cedzela sihube lesakhiwe nguthishela wakho. Thishela wakho utakukhombisa kutsi ungawudlala njani umcudzelwano wamilente ntsatfu.



Lusuku: .....

Buka lesitfombe semoba. Naka loku: siku lesidze lesiligolide; emacembe lancama lamadze, lokuuhlabanako esicwini; Sikhehle setimphandze emhlabatsini.

Umoba udzinga kukhula tinyanga letili-14 kuya kuma-24 kute kutsiwe sewulungele kuvunwa. Ticu tinashukela-luju lolunafunako-lolungafani sanhlobo nje nashukela lesimsebentisa emakhaya etfu!

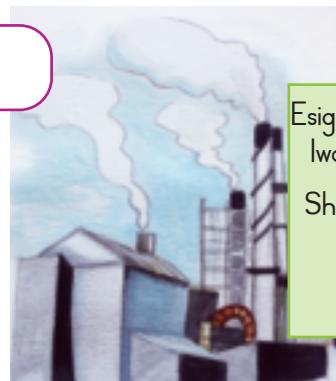


Asibhale

Faka inombolo kuletifombe njekulandzelana kahle kukhombisa kutsi shukela ukhicitwa njani.



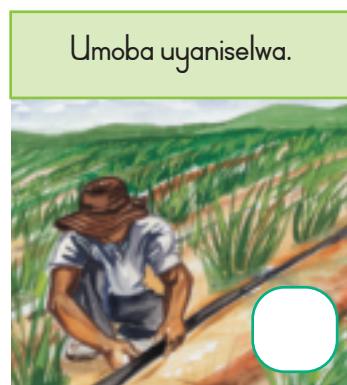
Emahlumela emoba ayahlanyelwa.



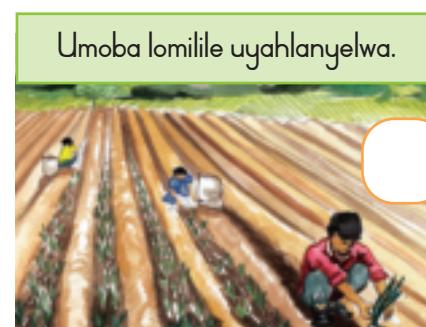
Esigayweni umoba uyavovva bese luju iwashukela luyaputjutwa lumphume. Shukela ubese uyagezwa ahlungwe kahle sesingawutsenga-ke.



Umoba uyavunwa uboshwe ngetinyandza.



Umoba uyaniselwa.



Umoba lomilile uyahlanyelwa.



Umoba umikiswa emshinini wekuwugaya.



Umoba uyaufika emshinini.



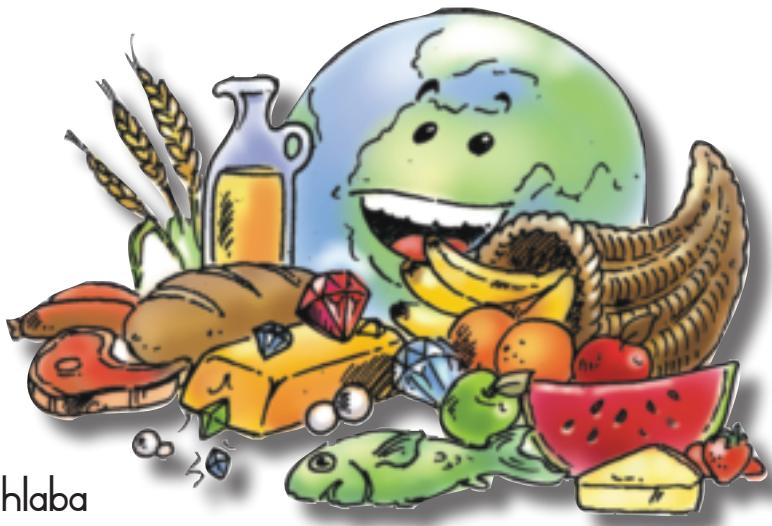


# Umhlabo: losipha kona



Asifundze

Ethemini lephelile ufundze ngemhlabo. Lena yiplanethi lesihlala kuyo. Umhlabo usinika konkhe lesikudzingako kute siphile. Umhlabo utungeletwe yingubo yemoya. Lengubo yemhlabo kute siphile. Loludvwadvwasi loluncama lwemhlabo lesihlala kuwo nalesilubita ngekutsi "sikhokho" semhlabo sinemhlabatsi longetulu lesingawusebentisa kulima kudla.



Lengubo yekucala yemhlabo iphindze ibe nelidvwala lelicinile njengetintsaba. Kulengubo lenelitje sitfola luswayi, ligolide, emadayimane nemafutsa, kanye nemalahle.

Siphindze sitfole lwandle kulengubo lencama yelitje. Elwandle sitfola kudla lokunjengenhlanti. Lwandle nalo lumcoka ngoba imikhumbi leminyenti itfwala imitfwalo nebantfu labagibela kuyo.



Asente lokhu



Sebentisa lolwati lolungenhla kudvweba sitfombe semhlabo.

Sebentisa tinsita letinengi njengepeniseli, emakhilayoni, tinamatselisi, inki, pendi. Buye ucabange ngekwenga letinye tintfo longatisebentisa njengemaphepha, emakinobho, tigubhu temnenkhe, emacembe netimbali letomisiwe. Sebentisa tinsita longakaze watisebentisa noma-ke usebentise tinsita letinsha kuwe.





Lusuku: .....



### Asikhulume

Ufundzile kutsi kudla kubuyaphi. Usebenta nemngani wakho beka luhphawu (✓) kuloko kudla lokuphuma emhlabatsini.

emahhabhula	
inyama yengulube	
shizi	
inyama yemvu	
emacandza	
litsanga lelincane leliluhlata	
emasí	
umbhidvo	
liwolintji	
limpentjisi	
emaphizi	

Dyweba umugca kusuka egameni ngalinye kuye esitfombeni salo. Lukutjelani loluhla lwakho?



### Asibhale

Bhala indzima ubhalele umhlaba kuwubonga ngalosipha kona. Ngeta munye umusho lapho wetsembisa khona kusita kuwunakekela.

Mhlaba Lotsandzekako

Ngiyabonga ku \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Ngiyetsembisa kutsi ngitawu \_\_\_\_\_



### Asishukume

- Phuphutsela ligwebu ebbakedeni lemanti
- Beka buso bakho emantini imizuzwana lemi 3 ungaphefumuli, vula emakhala nemehlo.

Yenta ngatsi uyabhukusha

- Lala ngemhlane ukhahlele ngemilente
- Lala ngesisu ukhahlele imilente
- Mani uhambise imikhono kungatsi uyabhukusha ugenukile
- Nyalo hambisa imikhono ngatsi ubhukusha ngesifuba ubhabhalele.



Thisela:  
Sayina:  
Lusuku:



# Umhlaba: kusuka elubumbeni kuya esitinini



Asifundze

Umhlaba unetinhlobo letinyenti letehlukene temihlabo. Lubumba ngulenyе yaletinhlobo. Etinkhulungwaneni teminyaka bantfu balusebentisile lubumba kubumba titini tekwakha.



Asente loku

Dvweba tintfo letimbili lesingatakha ngetitini bese utinika sihloko.



Asibhale



Phendvula lemibuto.

Kwentiwa yini kutsi titini tingabi ngumbala munye?

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Titini takhiwa ngelubumba kuphela yini?

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Lusuku: .....



Asibhale

Buka letitfombe bese utjela umngani wakho kutsi kwentekani  
kusitfombe ngasinye.

Kugujwa lubumba



Lubumba lugaywa kahle bese  
luhlanganiswa nemanti.



Umshini usika inhlama yelubumba  
ibe ticeshana.

Umshini uyasetjentiswa kujuba  
ticeshana letikhokha titini.



Tincetu letomile telubumba  
tiyabhakwa emshinini  
wekubhaka titini.



Uma ngabe letitini setikhishiwe  
kulefolomu yekutibhaka, tiyahlungwa.



Titini tipakwa etulu kwaletinye tentiwa  
indvundvuma. Tilungela kutsengiswa.

Niketa lemisho tinombolo ngekulandzelana kukhombisa kutsi sitenta njani titini.

	Nase tisusiwe titini efolomini tiyahlungwa.
	Luyagaywa lubumba kahle bese luhlanganiswa nemanti.
	Umshini uyasetjentiswa kujuba ticeshana letikhokha titini.
	Lubumba luyatatjwa.
	Titini tipakwa tibe tindvundvuma setilungele kutsengiswa.
	Tincetu letomile telubumba tiyabhakwa emshinini wekubhaka titini.
	Inhlama yelubumba isikwa ngemishini ibe ticeshana.
	Titini telubumba tiyomiswa.





# Tinhlekelele nalokufanele sikwente – tinhlobo tetinhlekele: tikhukhula

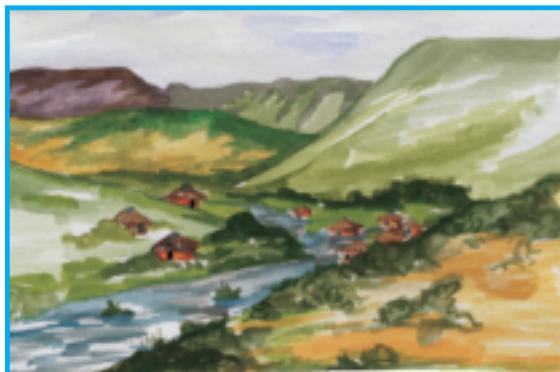


Asifundze

## Tinhlekelele

Sehlakalo simo lesenteka ngekuphutfuma singakasinaki. Kusimo lesimatima ngekutsi sitsintsa bantfu nemvelo. Sehlakalo singabanga kutsi kufe bantfu labanyenti siphindze sente umonakalo lomkhulu. Tehlakalo letinyenti tibangwa yimvelo njengemoya noma imvula.

Sibonelo kungaba sikhukhula ngemuva kwemvula lenkhulu. Nebantfu bangasibanga sehlakalo. Sibonelo, kushiya likhandlela livutsa ebusuku kungabanga umlilo.



Asikhulume

Buka letitfombe ucoce nemngani wakho ngaso.

Coca ngaloko lokubonako esitfombeni ngasinye. Shano kutsi sitfombe ngasinye sikhomba luphi luhlobo lwesehlkalo.

Thishela wenu utakwenta luhla lwato tonkhe timphendvulo tenu ebhodini.

Ngeta timphendvulo lettingafani netakho kuloluhla lwakho.





Lusuku: .....



Asifundze

Fundza lendzaba yeliphephandzaba lelandzelako ngenhlekelele yetikhukhula. Cale utifundzele wena. Sale uhlala nemngani wakho niyifundze kuvakale. Niketanani ematfuba. Fundza indzima yinye, bese uniketa umngani wakho ufundza lenye.

## Tikhukhula letinemandla tibanga umonakalo lomkhulu

KuseSchmidtsburg

ngeMgcibelo

14 ngaBhimbidvwane 2011

Bantfu labalishumi nakubili bafile kantsi labangemashumi lamane nesihlanu betfulwa etihlahleni nasetu kwetindlu kuleNyakatfo neLidolobha iKapa.

Lenhlekelele yenteka nje emva kwetimvulakati ngaLesihlanu. Line kwengca lobekubhekekile.

Kube yimvula lenkhulu nalembikati lidolobha lesolo layigcina nga 1985.

Bantfu lababili bafile nabetama kwewela libhuloho edolobheni ngemoto, timoto tabo takhukhuleka.

Tekuphalala lokuphutfumako emaphoyiseni, neticimamlilo netekuphepha kutemphi tisindzise bantfu. Asafuna nalamuhla emaphoyisa kutsi labahlangana nalenhlekelele batfolakala bonkhe yini.

Bantfu labanengi edolobheni balahlekelwe nguko konkhe labanako emakhaya. Tindlu letakhiwe etigodzini noma etindzaweni letiseceleni kwemifula taba nemonakalo



lomkhulu kakhulu.

Labanye labahlangabetana nalenhlekelele abazange bayilalele imiyalo yemaphoyisa.

Linyenti lebantfu lite kudla netimpahla. Sebahala emahholweni, emasontfweni kumbe nebangani babo noma nebeminden yabo.

Kutawutsatsa tinyanga letisifupha kulungisa konkhe lokonakele. Sodolobha ucele bonkhe bantfu kutsi babambane.



Asibhale

Phindza ufundze lendzaba yeliphepha, bese uphendvula lembuto.

Inhlekelele yetikhukhula yenteka kusiphi sifundza?

Yacala nini imvula?

Livamise kuna kakhulu yini kulelidolobha?

Kungani bantfu labanengi bete kudla?



# Umlilo



Asifundze

Umlilo wenteka nakuhlangana tintfo letintsatfu.

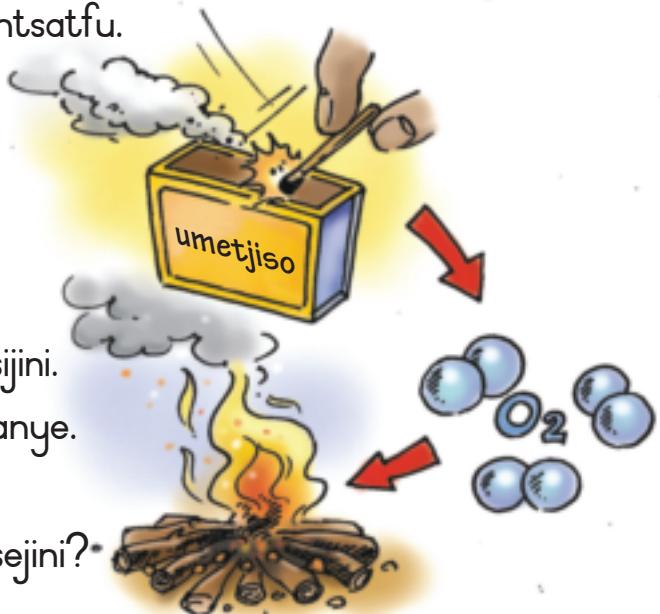
Letintfo letintsatfu nguleti:

- kwekushisa lokunjengelukhuni
- kushisa lokufana nelilangabi lelibuya kulesikukhanyisako noma umetjiso
- gesi losemoyeni lobitwa ngekutsi yi-oksijini.

Kokutsatfu kumele kube khona kanye kanye.

Bewati nje kutsi umlilo ngeke uchubeke

uvutse nakute umoya weluhlubo lwe-okisejini?



Asibhale

Thishela wakho utawulumeka likhandlela bese ubeka ingilazi lete lutfo ekhatsi etu kwelikhandlela. Buka kutsi kwentekani.



Kwentiwa yini loku?  
Bhala umusho ube munye  
encwadzini yakho yekubhalela.



Asikhulume

Unemngani wakho tfolani timphendvulo talemibuto:

Kucisheleni kukhanya ekhandleleni?

Kumele wati imphendvulo yalombuto nakumele  
ucime umlilo. Sisho ngani?

Utawulalela tonkhe timphendvulo  
thishela wenu bese uyakhetsa kutsi  
ngutiphi letincono kakhlulu.



Asikhulume

Sebentani njengeliklasi. Cocani ngekutsi ngutiphi tintfo letishako.  
Ngutiphi tintfo leningatitfola emakhaya kini? Kulokucocisana kwenu,  
ngumuphi umlayeto longawumikisa ekhaya ngekuphepha emlilweni?



Lusuku: .....



Asibhale

Bhala timphendvulo kuletikhala ethebulini lelilandzelako:



### Umcoka ngani umlilo kitsi

Lesikunikwa ngumlilo:	Singawusebentisa njani:
kushisa	Imphendvulo yakho
kukhanya	Imphendvulo yakho



Asifundze

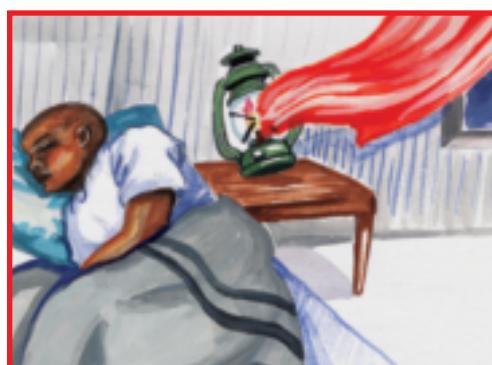
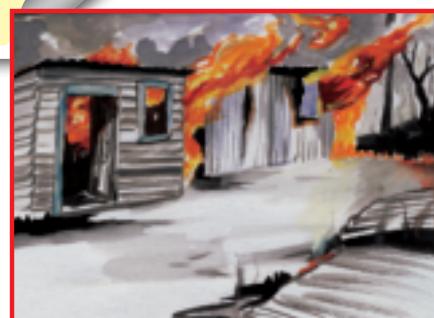
Niketa thishela libhuku lakho kutsi  
abuke timphendvulo takho.

Tinhlekelele temililo nato tingaphindze  
tiwubange umonakalo lomubi kanye  
nembubhane yekufa.

Imililo yematsafa mihle mibi; ngoba isita  
tihlahla netjani lobusha kukhula. Kodvwa  
imililo lemibi esigangeni ingabhubhisa  
lokuhlumako netilwane. Imililo yekubabela  
ibuye idale kugedvuka kwemhlaba kanye  
nesingcolisa-moya. Kuyadvumata kutsi  
bantfu labanganakeleli ngibo labadala  
cishe i-9 eshumini yemililo lubhubhane  
(lokungu-90%).

Tsine sonkhe kufanele sifundze kutsi sitivikela  
kanjani tinhlekelele temililo nekutsi kufanele  
senteni uma kunemlilo lomubi loyingoti.

Ngabe ngutiphi tingoti lengehlela lomfana  
longesekudla? Yini layente kabi?



Asente loku loku

- Sika sitfombe sebantfu kumagazini.
- Yakha inhlanganisela yesitfombe  
lapho emalunga emtimba yebantfu  
telakanyana khona.





55

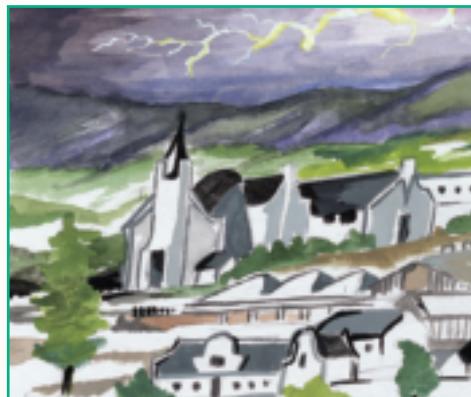
Ithemu 4 – Liviki 4



Asifundze

# Umbane

Kulesinye sikhatsi nangabe utsintsa intfo letsite leyakhiwe ngensimbi, njengensika yemnyango, uva kuhlabu lokuvevetelako uve ngatsi uyazintileka. Loku kwentiwa kutsi kunemlilo wagezi lowakheka emtimbeni wakho. Lomlilo ungendlulela etintfweni letakhiwe ngensimbi nawutitsinta.



Imibane lesiyibonako nalidvuma iyafana. Emandla agezi ayakhula efini, abese "engciselwa" kulelinye lifu (sitfombe ngetulu) noma emhlabeni (sitfombe ngesancele).

Kushaya kwemsindvo lomkhulu lotakuva emuva kwembane kuyafana nalokuhlabu lokuphangisako nawutsinta intfo leyinsimbi, kodvwa kona kunemsindvo. Minyaka yonkhe bantfu labangetulu kwe-30 babulawa ngumbane eNingizimu Afrika.



Nayi imitsetfo lemitsatfu yekuphepha nangabe kudvuma litulu.

Uma uvinjetelwe litulu lelidvumako, khumbula:

- Ungacali ume ngaphasi kwesihlahla noma eceleni kwafenisi lowakhiwe ngensimbi.
- Ungabraci emgodzini emhlabatsini.
- Nawusemfuleni, edamini noma uyabhukusha, phuma masinyane!





Lusuku: .....



Asikhulume

Coca nemngani wakho ngalesitfombe.  
Shano kutsi ngakunye kuyingoti ngani  
kubakuko nalidvuma.



Asente loku



Phindza ubuke lemitsetfo  
lemitsatfu yekuphepha  
nangabe lidvuma litulu.  
Khetsa munye wayo.

Yakha iphosta lengasetjentiswa kwatisa bantfu ngekuphepha nakudvuma litulu  
libaneka. Kuphosta yakho kufanele:

- kube nemagama
- yakhwe lokungenani ngetintfo letimbili letehlukene.
- kube malula kuyicondza ngekuphangisa.



Asente loku



- Usebentisa umtimba wakho lingisela tinhlobo tembane esitfombeni lesisekhansi 40. Bamba lokuphumula imizuzwana leli-10.
- Ntjintjela kulokunye kulingisela "umbane" phumula imizuzwana lengema-20. Kopa yonkhe lemishukumo kube ngatsi usesibukweni.
- Timele wena futsi.
- Nyalo hambisan iimitimba masinyane shengatsi niyimbane leshaya ngemandla niphindze lemynyakato.



Asikhulume

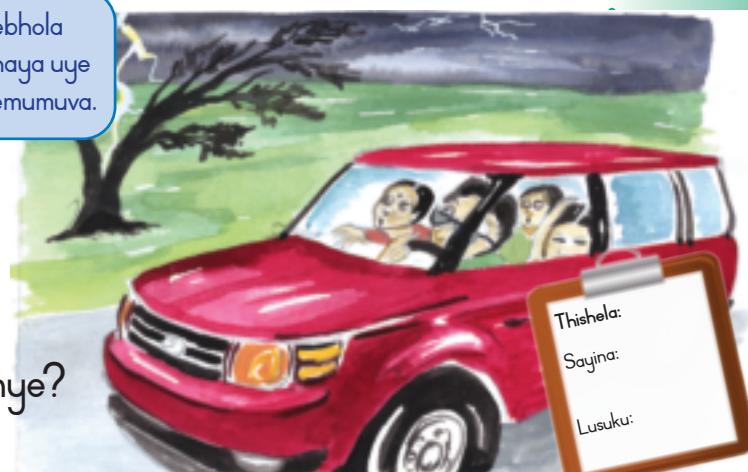
Nyalo tijisbulise ngemdlalo webhola yemphebeto usebentisa kushaya uye embili uphindze ushaye uye emumuva.

Ungaba ngulophephile yini emotweni  
nakunesangcotfo kudvuma litulu?

Coca ngemngani wakho ngaloku.

Umbane ungashaya kibili yini endzaweni yinye?

Cocani ngalemibuto eklasini lakho.





Fundza indzaba yaBusile ngesangcotfo lesikhulu.

### Inhlekelele lengingeke ngayikhohlwa

Emafu lesabekako lamnyama bekasongana abutseka lusuku lonkhe. Babe walalela tindzaba emsakatweni wemoya. Umsakato bewubelesele usecwayisa ngemoya lomkhulu kanye nemvula lenkhulu. Emaphoyisa eta kutobona kutsi siphephile yini aphindze asecwayisa ngekutsi senteni nakufika sangcotfo.

Babe wafaka lithoshi lakhe, umsakato lomncane, emadokhumethi etfu lamcoka esikhwameni seliplasitiki. Make wapakisha timphahla tetfu ngamunye temalanga lamabili esikhwameni. Gogo wafaka emaphilisi akhe esikhwameni lesincane. Setsa emanti emabhodleleni lebesingawatfwala.

Babe wajuba ligala lelikhulu lesihlahla lebesilengela endlini yakitsi. Savala emafasitelo. Babe wafaka ithephu lenamatselako etingilazini temafasitelo wase ushayela emapulango emafasitelweni.

Nakuchubeka kuba mnyama kakhulu, lacala kuna ngemandla. Umoya wavunguta kakhulu ubanga nemsindvo.

Kwatsi emanti nakengca ngemdumo phambili kwendlu yakitsi, bakamasipala baletsa emasaka netikhwama letimnyama kutsi sente emajazi emvula.





Lusuku: .....

Besetfuke kakhulu. Luphahla lwendlu  
lwavevetela kungatsi lutakuwa, nemanti  
avuta yonkhe indzawo. Njalo emva  
kwemizuzu lembalwa kukhona bekudzilika  
eluphahleni.

Kwaba nemsindvo lomkhulu uvala tindlebe.  
Hhawu, indlu yakitsi yabe seyite luphahla!  
Sadvonsa tikhwama sambonya tinhloko  
sabaleka endlini. Kwadzingeka sivike tintfo  
letipheshulwa ngumoya kutsi tingasilitati.  
Sibhakabhaka besikhanyiswa yimidvwa yembane.

Sagijima, sihlaphuta ludzaka sibange ehholweni lemmango. Labanengi bantfu bese  
bavele babutsene lapho.

Ngakusasa ekuseni, sabona umonakalo lomkhulu lobangwe litulu. Tinkhukhu takitsi  
tingasabonwa nangelukhalo kantsi nenkhomati yetfu yase ibalekile.

Sangcotfo saba yinhlekelele leyesabekako, sabanga umonakalo lomkhulu  
nasemadolobheni labomakhelwane. Sinenhlanhla kutsi sisaphila.



Asente lokhu

Yentani umdlalo malingisa ngalendzaba.

Lamagama lalandzelako achaza timo telitulu letehlukene:

Sishingishane: ngumoya lomkhulu lodvudvula wente umonakalo lomkhulu.

Sivunguvungu: umoya uvunguta ngekushaya situngeletane.

Sishwingiliti: ngumoya lonemandla ushwilana uye etulu endzaweni  
lencane.

Ngusiphi simo selitulu locabanga kutsi sahlasela lomndeni?

Wentani lomndeni kutsi utivikele kulesangcotfo?





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# Kutamatama kwemhlaba

Liviki 5

Ithemu



Asifundze

Kugidzitela kwemhlaba kwenteka ngesikhatsi lucwecwe lwemhlaba lusuka lukhwesha noma lunyakata kakhulu noma luveva.



Kunyakata lokuphutfumako kwakha umoya losamagagasi uqijime kulolucwecwe lwemhlaba. Lamagagasi atamatamisa umhlaba netintfo letinengi letikuwo ngiko loku lesikuvako noma sikubone.

Kutamatama kwemhlaba kungabanga kufa nekulimala kwalabanengi, kuphindze kwente umonakalo lomubi etakhiweni.



Asifundze

Naku lokunakekako ngekutamatama kwemhlaba.

Hlalani ngemacembu nibe bane ecenjini. Niketanani ematfuba ekufundza kakhulu.

- Bantfu cishe laba-10 000 bafa nakutamatama umhlaba yonkhe iminyaka.
- Kutamatama loku-8 kuloku-10 kwenteka elwandlekati iPhasifikasi.
- Kutamatama kwemhlaba ngephasi esiyilweni selwandle kulesinye sikhatsi kwenta emagagasi lanemandla ematsunami.
- Ematsunami ahamba ngetulu kwelwandle ngesivinini lesikhulu. Lamanye ahamba emakhilomitha lange-960 ngeli-awa.
- Lamanye ematsunami afika e-15 wemamitha budze.
- Lenkhulukati itsunami yenteka mhlati-26 ngeNgongoni 2004
- Yatsikameta emave la-II ladvute neLwandlekati lwaseNdiya.
- Kufa kungavikeleka nangabe bantfu bahlelela kuvikela sehlakalo sekutamatama kwemhlaba.



- Tingaki takhiwo tetindlu letijikitako tiye emaceleni nakunekutamatama kwemhlaba, kuneutsi tivele nje tidzilike.
- Mhlati-29 iNyoni nga 1969 kutamatama kwemhlaba lokukhulu kwenteka eCeres, eTulbagh naseWolseley eNshonalanga Kapa.
- Kutamatama kwemhlaba lokunemandla kangaka akukavami eNingizimu Afrika.
- LiTheku, uMgungundlovu neLidolobha iKapa ngemadolobha eNingizimu Afrika lasengotini yekuba nekutamatama kwemhlaba.
- Kusukela ngeNdlovana 2010 indzawo yase-Augraabies eNyakatfo Kapa ibe nemahlandla lamanyentana ekutamatama kwemhlaba lokuncane.



Lusuku: .....



Asente loku

Buka lelibalave lemhlaba. Yenta luphawu noma ubhale loku lokulandzelako kulo:

- 1 Lwandlekati lapho kutamatama kwemhlaba lokunengi kwenteka khona.
- 2 Indzawo lapho kwaba netsunami lenkhulukati ngeNgongoni 2004.
- 3 Live lapho kwashaya itsunami khona mhlaka II iNdlovulenkulu 2011.
- 4 Lidolobhakhulu eNshonalanga Kapa lelinekuba nekutamatama kwemhlaba.
- 5 Lelinye lemadolobha aKaZulu Natali lelinekuba nekutamatama kwemhlaba.
- 6 Indzawo eNyakatfo Kapa lehlaselwa kuvevetela kwemhlaba.



Ungafaka umbala ngekhilayoni kulo lonkhe libalave.



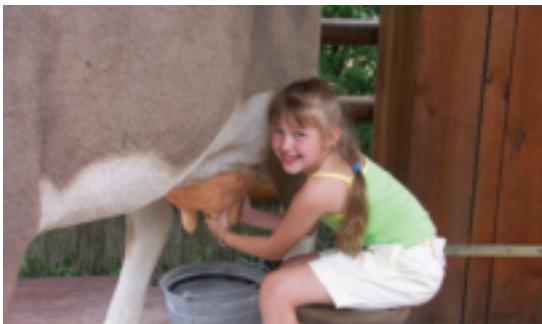
Thishela:
Sayina:
Lusuku:

# Tilwane letisisitako: singeniso

Ithemu 4 – Liviki 6



Buka letifombe taletilwane. Ngeliklasi cocani ngekutsi letilwane tisisita ngani.



Asifundze

Kudzala, emandvulo bantfu bacala basebentisa tikhumba tetilwane kutivikela emoyeni nasemakhateni.



Ngekuhamba kwesikhatsi bantfu base bayabona kutsi bangasebentisa volo wetimvu naletinye tikhumba tetilwane kwenta timphahla. Letimphahla betilula futsi tincono kunetikhumba nje.





Lusuku: .....

Sisebentisa tikhumba tetilwane kwenta tintfo letehlukene letinyenti njengetikhwama, tipashi, neticatfulo.



Eminyakeni letinkhulungwane leyengcile, tonkhe tilwane betihlala endle. Eminyakeni letinyenti tilwane letifana netinja, bokati, timvu, emahhashi kanye netinkhomu tabe setiyafuywa. Lamuhla, sesifuya tilwane kutfola tintfo letehlukene.



Etibungwini tesilika sitfola isilika lesenta ngayo timphahla letinhle letintofontofo.





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Ithemu 4 – Liviki 6

# Tilwane letisinika imikhicito: tinyosi



Asifundze



Tinyosi takha emakhekheba neluju tiphindze tisite balimi kukhicitia titselo. Tinyosi tihlala etidlekeni.

Letinye tinyosi tiyaphuma tiyobutsa vovovo nenkhovi yetimbali. Tibuyela nako loku emuva esidlekeni. Vovovo wondla tinyosi letisetincane, inkhovi yona iguculwa ibe luju kutsi yondle tinyosi lesetikhulile.

Tinyosi tigcina luju nepholeni ekhekhebeni letinyosi.

Lelikhekheba lakhiwa ngamanafu lophuma emtimbeni wetinyosi.



Balimi betinyosi bacongelela luju lolungakasetjentisa tinyosi. Luju kudla lokunemphilo, siyaludla nesinkhwa noma nendengane.

Siphindze sisebentise manafu wetinyosi kwenta tintfo

letinyenti letehlukene letifana naloku:



- emakhandlela • insipho
- emakhilayoni • ipholishi yefenisha
- emafutsa ekugcobia umlomo netimonyo tekutilolonga
- kuvikela emanti kulokwakhiwe ngesikhumba
- ipholishi yetintfo letakhiwe ngesikhumba njengeticatfulo



Lusuku: .....

Tinyosi timcoka kakhulu kitsi, ngoba tisita tilimo letinyenti letilinywa balimi kutsi takhe inhlanyelo lokuphuma kuyo tilimo. Tikwenta loku ngekutsi tendlale vovovo kuleso naleso sihlahla natisa butsa vovovo kanye nenkhovi.

Lokunye kulokutsatfu kwekulda lesikudlako kuyasitakala ngepholeni yetinyosi. Kepha-ke setincane tinyosi nyalo kunakucala ngendzaba yetifo nekusetjentiswa kwemitsi emasimini.

Caphela ngetinyosi. Natikusutela kuba buhlungu kakhulu.



Lemisho iliciniso noma ingemanga? Beka lumphawu (✓) ebhokisini.

	Liciniso	Akusilo
Akubuhlungu kusutelwa yinyosi.		
Tinyosi tilahla ipholeni tisandiza tiya esidlekeni sato.		
Balimi bemuka tinyosi luju lolukuphela kwalo.		
Tinyosi teluju setetayele kuhlala nebantfu.		
Luju lunashev u nalusetjentiswe ekudleni.		
Umtfwebeba ungasisita kutsi sipholishe ticatfulo tesikhumba tize timanye.		
Umtfwebeba wetinyosi awukwati kwenta emanti angangeni esicatfulweni sesikhumba.		
Luju luyababa		
Linani letinyosi liyakhula.		
Tinyosi tidla luju.		





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Ithemu 4 – Liviki 6

# Tilwane letisinika kudla nekwekwembatsa



Asifundze

Tinkhuku tisecenjini letilwane lesitibita ngekutsi tinyoni. Tilwane letitalelako tinyoni lesetetayele kuhlala nebantfu. Sitfola emacandza, inyama, tinsiba kuletinyoni. Loku kufaka ekhatsi tinkhukhu, emahansi, ematuba, imithintangwe, emaphengwini kanye nematuba nemakewu.

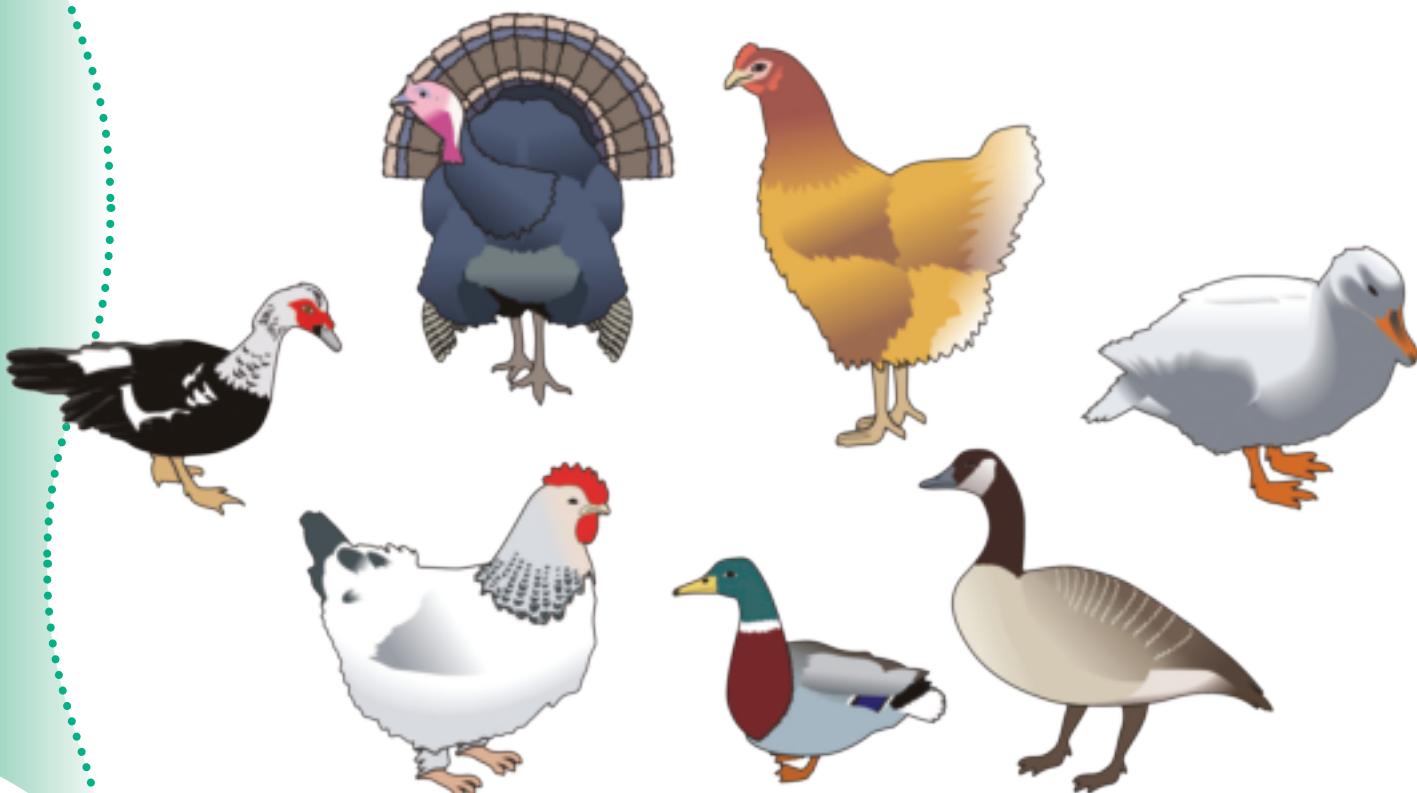


Eningizimu Afrika kufuywa tinkhukhu letingaba tigidzi letinge-950 ngemnyaka. Tifuyelwa emacandza nenyama. Bantswana labafundza Libanga 3 eNingizimu Afrika bangaphindvwa cishe 1000 kwenta inombolo yaletilwane letitalelako.



Asikhulume

Buka letitsombe bese ucoca nemngani wakho ngato. Ngutiphi kuletinyoni letisinika emacandza ladliwa bantfu labanyenti?



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Lusuku: .....



Asibhale



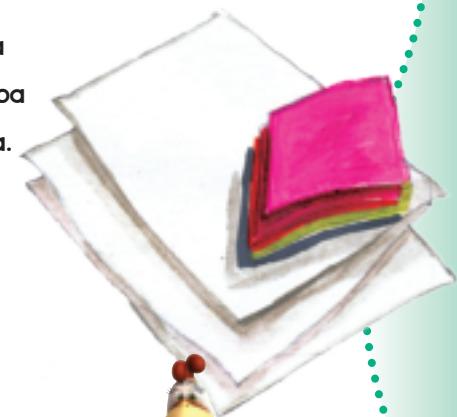
Asente loku



Khetsa luhlobo lwenyoni lefuywako longayakha ngeliphepha lelimako. Buka lemibala leyehlukahlukene nekubunjwa kwaletinsiba. Phindza ubuke umtimba netitfo temtimba letehlukene taletinyoni. Khetsa loko lofuna kukugcizelela.



Asente loku



Thisela:  
Sayina:  
Lusuku:

- Telule ngendlela licudze lelitelula ngayo nalitawukhala.
- Gwabbutisa imikhono yakho njengemaphiko ulingise ttinyoni letifuywako letehlukene.
- Hamba njenetinyoni letifuywako letehlukene.
- Sima njengenyoni kufenisi.
- Hlukanani nibe emacembu lamabili.

Licembu linye litawuba masoti. Labakulelinye licembu batawuba mantjwele. Emasoti agijima nemikhono levuleke njenetimphiko, bagijimisa emantjwele bazama kuwabamba. Emantjwele agijima ayobhaca kunina sikhukhukati. Tjintjani badlali labanye ababe mantjwele labanye babe emasoti.



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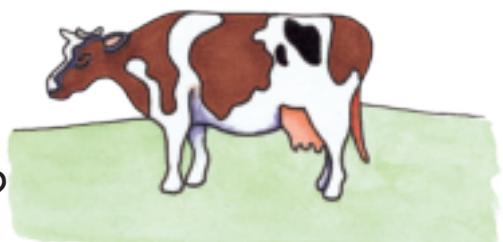
Ithemu 4 – Liviki 7

# Tilwane letisinika kudla nekwekwembatsa: tinkhomo



Asifundze

Luphumaphi lubisi lwetfu?



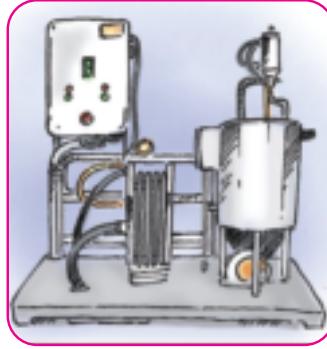
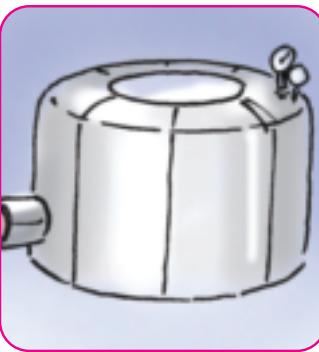
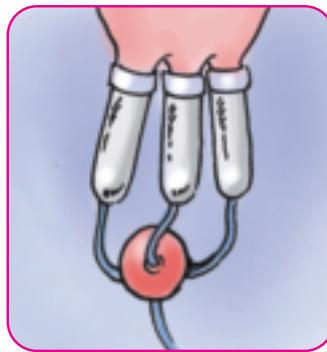
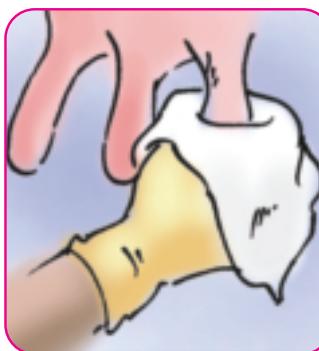
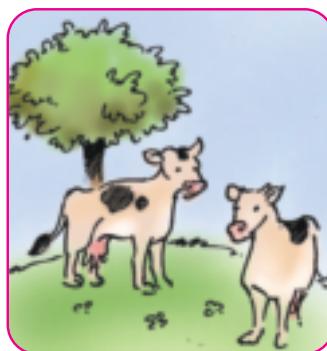
Uyati yini kutsi lubisi lufika kanjani kitsi emakhaya?  
Asifundze kabanti ngaloku.



Asikhulume

Buka letifombe ucoce ngato nemngani wakho.

## Silutfola njani lubisi





Lusuku: .....



Asikhulume

Akusilo lodvwa lubisi lesilutfola enkhomeni. Yini lokunye lesikutfola enkhomeni? Yabelana liklasi luhla lolwentile.



Asente loku

Kuleyo naleyo fulemu, dvweba intfo lesiyitfola elubisini.  
Bhala libito lentfo ngephasi kwesitfombe ngasinye losidvwebako.



Thishela:

Sajina:

Lusuku:



Asifundze

## Volo

Ekupheleni kwebusika, timvu atiwasweli emabhantji ato avolo locatsa kutsi tifutfumale. Ngako lesi sikhatsi lesifanele kutsi tihhule! Sisebentisa volo kwenta tintfo letinyenti letehlukene. Singakha emajezi ngewuli, noma seluke noma yini lecatsa.

Kunetimvu letehlukene tavolo eNingizimu Afrika. Letivamile nguleti: emaMerino, iBlinkhaar-ronderib Afrikaner, iDorper kanye neDormer. Letitfombe letikulelikhasi tikukhombisa kutsi tibukeka njani letimvu.



iMerino iluhlobo lwemu lenkhulukati eNingizimu Afrika.

# Tilwane letisinika kudla noma kwekwembatsa: timvu



iBlinkhaar-ronderib Afrikaner iluhlobo lwaseNingizimu Afrika. Icinile kantsi iphila kahle noma simo simatima.



iDorper yimvu letfolakala kakhulukati eNingizimu Afrika.

iDormer nayo iyafuywa eNingizimu Afrika. Inavolo lohhayekile.





Lusuku: .....

## Simtfola kanjani volo?

1. Sopulazi nebasebenti  
bakhe bagunda timvu  
ngesandla noma  
ngemshini.



2. Volo ubekwa  
etafuleni  
ahlungwe  
ngetigaba  
tekutsi tebudze  
nelizinga.



3. Volo ucindzelwelwa  
entiwe emabhele  
bese uyatsengiswa.



4. Manje volo  
uyawashwa  
ahlobe.



5. Volo uboshwa  
tinkhatsa  
alungiselwe  
kuyewugaywa.



6. Nakugaywa  
volo, uyeululwa  
ulukwe.



7. Volo sewulungele  
kutfungwa.



8. Lokulandzelako,  
insontfo  
ifakwa umbala  
wemphendvuli.



9. Insontfo inithwa  
yentiwe  
emajezi.



10. Emajezi  
atsengiswa  
esitolo.



Asikhulume

Khuluma nemngani wakho. Ngutiphi  
letinye tindlela timvu letingaba lusito  
ngalo kubantfu?

Asidiale  
• Thishela wakho utakufundzisa  
kutsi iddalwa njani ikhilikithi  
lencane.





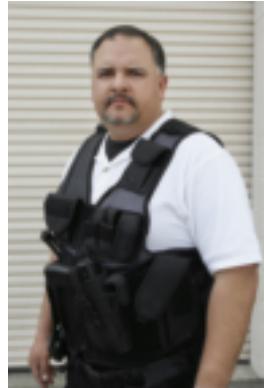
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# Tilwane letisisebentelako: tinja

Ithemu 4 – Liviki 8



Siyacatsanisa



Tinja temaphoyisa noma  
teluhala tisita emaphoyisa  
kutfola tidzakamiva noma  
kutfola umkhondvo wetigebengu.



Tinja letiholako tisita bantfu  
labangaboni kutsi batfole kutsi  
bayaphi.



Tinja letigadzako tisivikela kutsi  
singahlaselwa tigebengu



Tinja tetimvu tenta siciiniseko sekutsi  
umhlambi uhlala ndzawonye.



Tinja tekutingela  
tisita batingeli kutsi  
batfole tinyoni  
noma tinyamatane  
labatidubulile.



Lusuku: .....

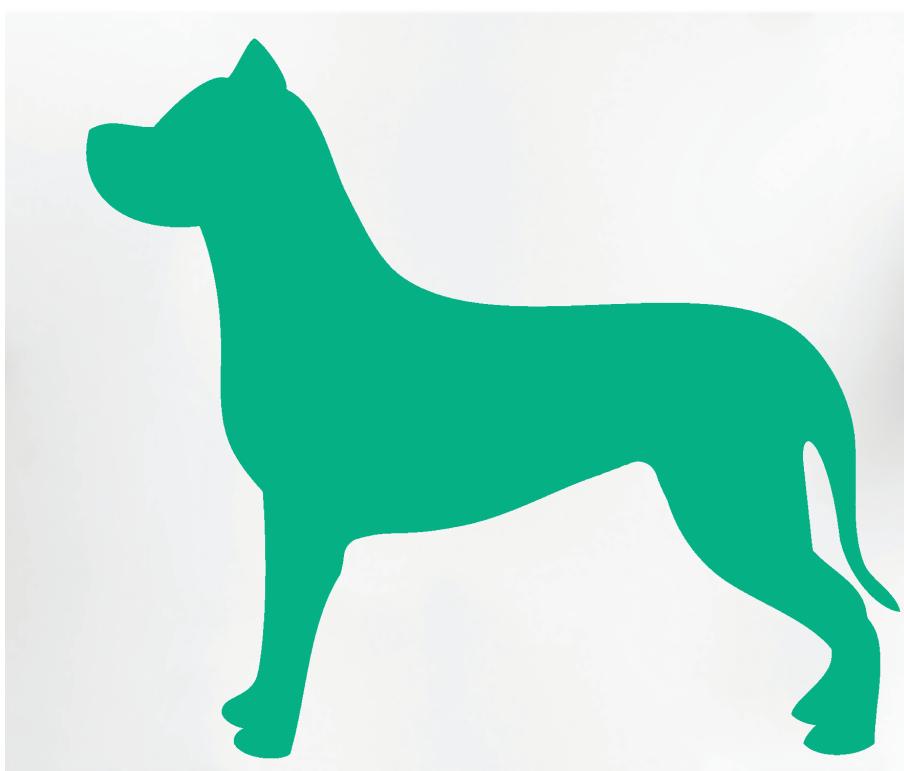


Asente loku

Yakha sitfombe sitfunti semngani lomkhulu wemuntfu: injá.

Udzinga loku:

- liphepha lelinemibala lemibili leyehlukene
- sikelo
- ipeniseli
- iglu



- Dvweba injá lenkhulu kulinye liphepha.  
Yenta sicingiseko sekutsi umdvwebo uvala lonkhe liphepha.
- Manje sika kahle injá yakho.
- Namatsisela injá lojisikile kuleli lelinye liphepha.
- Dvweba emehlo, likhala, umlomo lonematinyo enjeni yakho.
- Hlobisa sitfombe sakho ngendlela loyitsandzako. Khumbula kutsi imibala lefana nalomnyama kanye naloliphuti ise benta kahle kwakha sitfombe sesitfunti.





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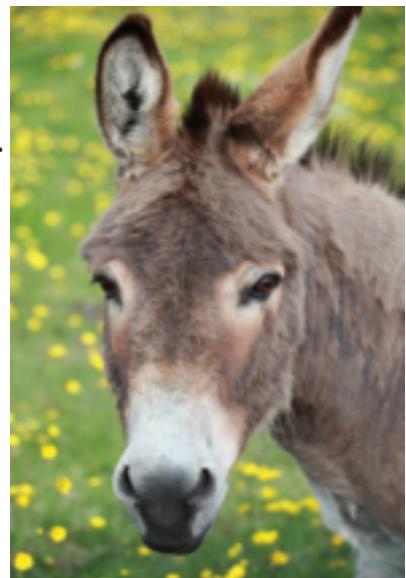
Ithemu 4 - Liviki 8

# Tilwane letisisebentelako: timbongolo



Asifundze

Timbongolo tisite bantfu iminyaka letinkhulungwane le-6. Betitfwala bantfu nemitfwalo yabo lesindzako emihlane yato, tilima emasimu etfu tiphindze tisitfwalele emanti. Tonkhe letintfo tisenteka nalamuhla. Kunetimbongolo letilinganiselwa etigidzini tetigidzi letinge-41 emhlabeni wonkhe. Loku kusho kutsi wonkhe umntfwana wesikolo eNingizimu Afrika angaba netimbongolo le-3.



Asibhale

Buka letitfombe bese ubhala umusho ube munye ngesitfombe ngasinye. Shano kutsi imbongolo isebernta njani.

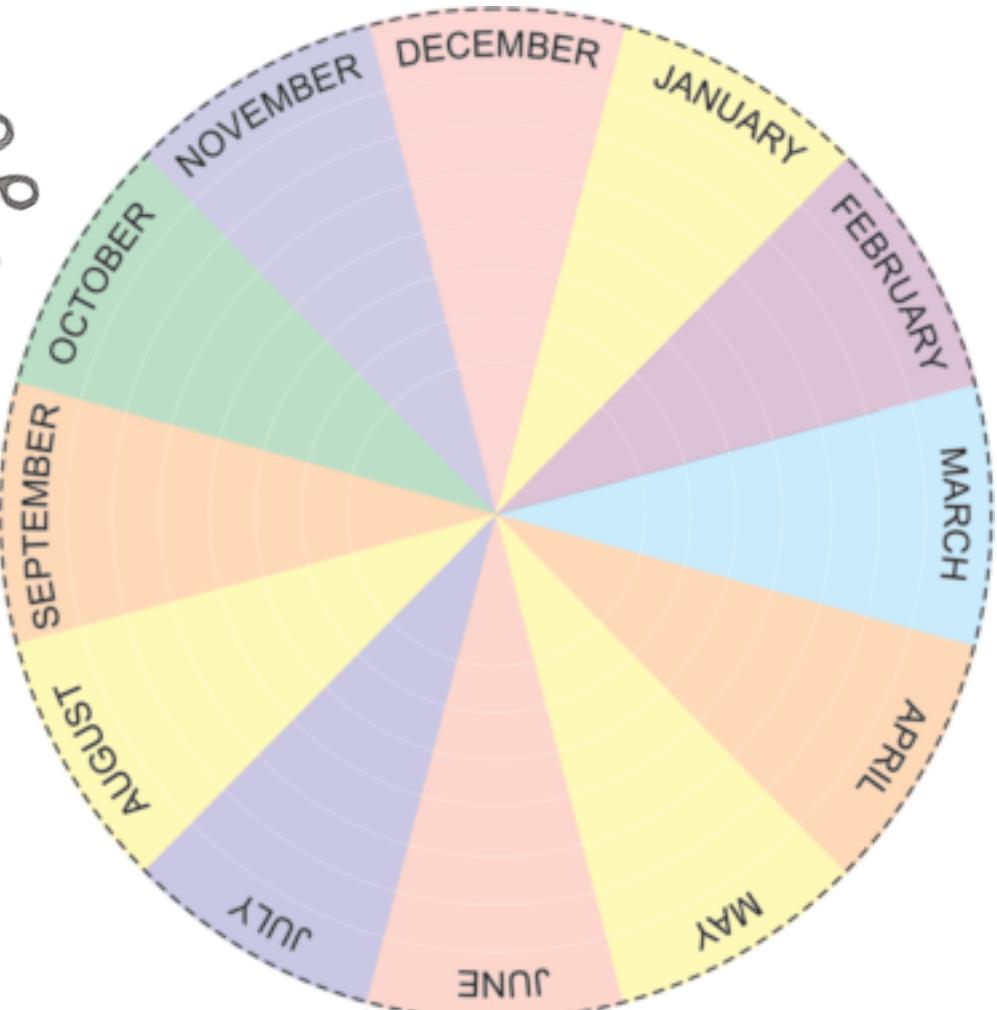


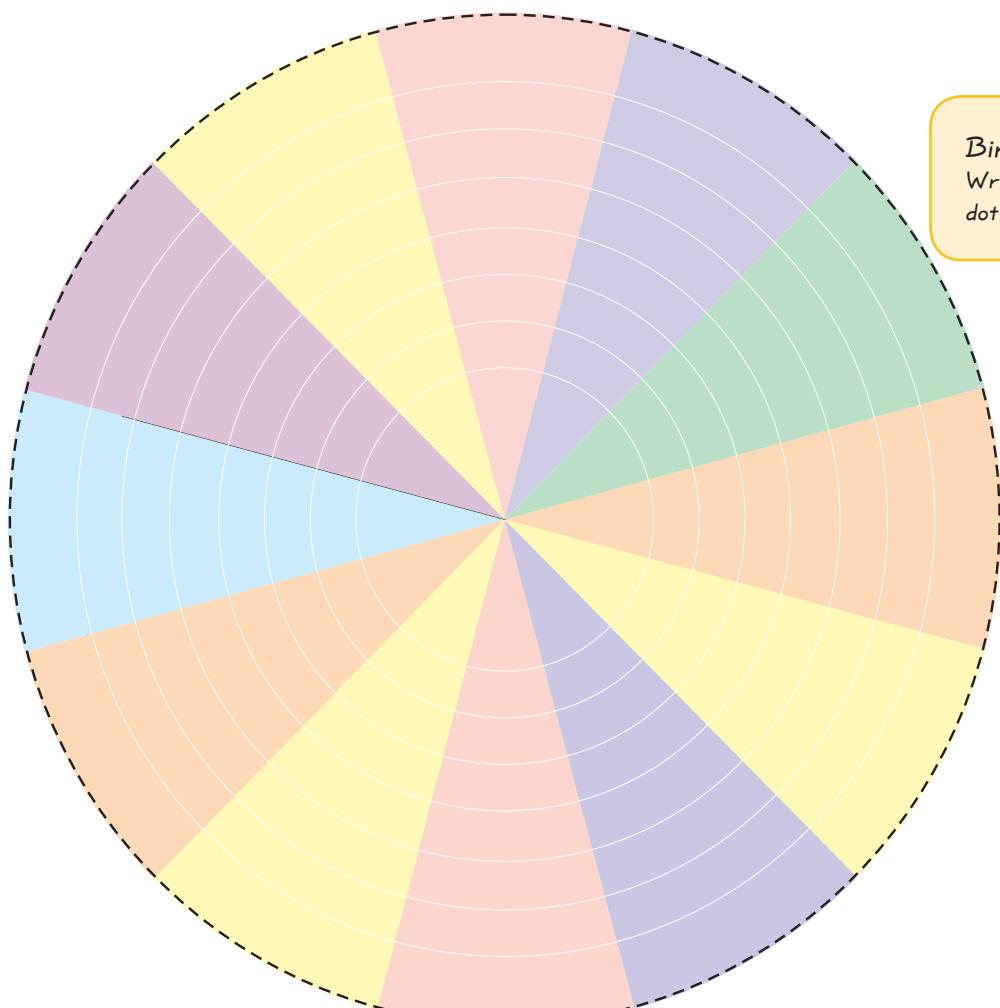


#### Birthday Wheel:

Cut out the two circles and the wedge shape. Put the top and bottom together using a split pin. Write the birthdays of your family and friends in the correct months on the birthday wheel.

On the back you can write the months in your first language.





Birthday Wheel:  
Write the 12 months on the  
dotted white line.

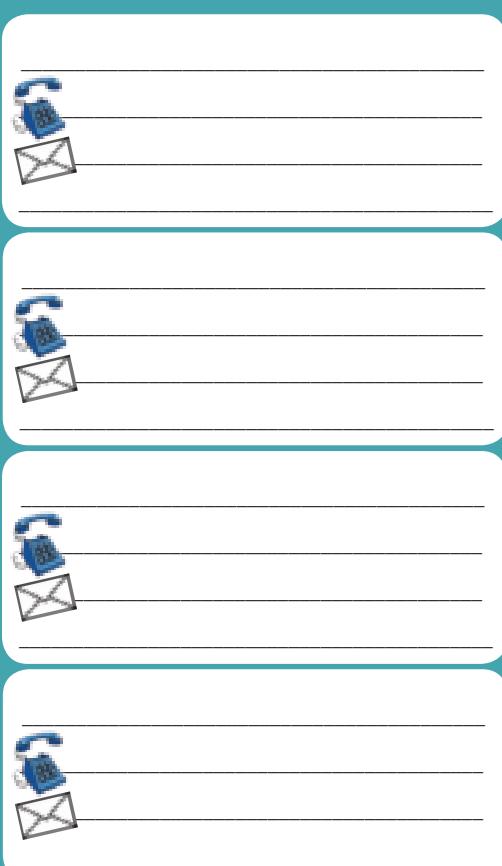


Step 1: Cut all around on the black line

DEF



ABC



Step 3: Fold on the dotted line

Step 5: Cut off on the yellow line

Step 2: Fold on the dotted line

Step 4: Open the fold and staple your notes here

Step 6: Cut off on the yellow line

OPQR



STUV



KLMN

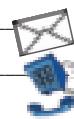












WXYZ













GHIJ

# My Telephone and Address Book



This book belongs to:

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