

Ihlaziywe yaze
yalungelelaniswa
neCAPS

Ibanga lesi-

3



Izakhono zoBomi
ngesiXHOSA

Incwadi yesi-2
Ikota 3 & 4



Igama:

Iklasi:



ISBN 978-1-4315-0287-5



LIFE SKILLS IN ISIXHOSA
GRADE 3 – BOOK 2
TERMS 3 & 4
ISBN 978-1-4315-0287-5
THIS BOOK MAY NOT BE SOLD.
15th Edition

Workbooks available in this series:

- Grade R (in all official Languages);
- Literacy/Home Language Grades 1 to 6 (in all 11 official Languages);
- Mathematics Grades 1 to 3 (in all 11 official Languages);
- Mathematics Grades 4 to 9 (in Afrikaans and English);
- Life Skills Grades 1 to 3 (in all 11 official Languages); and
- Grades 1 to 6 English First Additional Language.



basic education
Department:
Basic Education
REPUBLIC OF SOUTH AFRICA



Iziqulatho

Ikota yesi-3

Iphepha

33	lindawo zokudlala eziyingozi (1).....	2
34	lindawo zokudlala eziyingozi (2)	4
35	Ukhuseleko ezitekisini nakoololiwe	6
	Imiqondiso esilumkisa engozini.....	7
36	Ungcoliseko: Yintoni?	8
37	lindidi ezahlukeneyo zongcoliseko.....	10
38	Iziphumo zongcoliseko.....	12
	Okunye ngongcoliseko.....	13
39	Indlela ababephila ngayo abantu kudala	14
40	Abantu bakudala.....	16
41	Kwakumnandi ukuba ngumntwana ngezo mini?	18
42	Izixhobo zokusebenza.....	20
43	Okunye ngobomi bakudala	22
44	Ukuhlawulela izinto	24
45	Umhlabha xa ujongwe emajukujukwini	26
	liplanethi nezinye ezikwisixokolelwano	27
46	Iinkwenkwezi	28
	Iithelesikophu	29
47	Utyelelo emajukujukwini.....	30
	Iisathelayithi	31
48	Iintsuku ezibalulekileyo	32

Ikota yesi-4

Iphepha

49	Izityalo – izinto esizifumana kuzo	34
50	Izityalo – Ukusuka kwizele ukuya eswekileni	36
51	Umhlabha – usinika ntoni.....	38
52	Umhlabha – ukusuka kudongwe ukuya kwisitena.....	40
53	Iintlekele nesifanele ukukwenza: izikhukula.....	42
54	Umlilo	44
55	Umbane	46
56	Iziphango nezaqhwithi	48
57	Iinyikima.....	50
58	Izilwanyana ezisincedayo	52
59	Izilwanyana ezisinika ukutya okanye iimpahla: iinyosi.....	54
60	Izilwanyana ezisinika ukutya okanye iimpahla: iinkukhu	56
61	Izilwanyana ezisinika ukutya okanye iimpahla: iinkomo	58
62	Izilwanyana ezisinika ukutya okanye iimpahla: iigusha	60
63	Izilwanyana ezisisebenzelayo: izinja.....	62
64	Izilwanyana ezisisebenzelayo: iidonki	64



Nkszn. Siviwe Gwarube
uMphathiswa weMfundo
esisiSeko



UGqir Reginah Mhaule
uSekela Mphathiswa
weMfundo esisiSeko

Ezi ncwadi zilungiselelwe abantwana boMzantsi Afrika phantsi kwephiko loMphathiswa weMfundo esisiSeko Nkszn. Siviwe Gwarube kunye noSekela Mphathiswa weMfundo uGqir Reginah Mhaule.

Ezi ncwadi zokusebenzela, iRainbow Workbooks, lelinye lamalinge ongenelelo eSebe leMfundo esisiSeko ajolise ekuphuculeni umgangatho wabafundi beloMzantsi Afrika abakumabanga amathandathu okuqala. Njengomnye wemiba ephambili yoMkhomba-ndlela kaRhulumente, eli phulo libe nempumelelo ngenxa yenkxaso-mali evela kuVimba weSizwe. Oku kuye kwenza ukuba iSebe likwazi ukuvelisa ezi ncwadi, zifumaneke ngazo zonke iilwimi ezisemthethweni ngexabiso eliphantsi.

Sinethemba lokuba ootitshala baya kuzifumana ezi ncwadi zokusebenzela ziluncedo kakhulu kwimfundo yemihla ngemihla, nasekuqinisekiseni ukuba abafundi bayifikelela yonke ikharityhulam. Ukuqinisekisa ukuba utitshala uyakhokelwa kuyo yonke imisetyenzana, sisebenzise izalathisi ezibonisa oko kufanele ukwenziwa ngumfundi.

Sinethemba lokwenene lokuba abantwana baya kukonwabela ukusebenza kwezi ncwadi ekukhuleni nasekufundeni kwabo, kwanokuba nawe titshala uya kwabelana nabo kolu yolo.

Sinqwenela ukuba nibe nempumelelo ekusebenziseni ezi ncwadi.

Published by the Department of Basic Education
222 Struben Street
Pretoria
South Africa

© Department of Basic Education
Fifteenth edition 2025

ISBN 978-1-4315-0287-5

This book may not be sold.

The Department of Basic Education has made every effort to trace copyright holders but if any have been inadvertently overlooked the Department will be pleased to make the necessary arrangements at the first opportunity.





Ibanga lesi-

3



Izakhono zoBomi
NGESIXHOSA
Incwadi yesi-2



Le ncwadi yeka-:



Iindawo zokudlala eziyingozi (1)



Masifunde

Uziva wamkelekile kwiindawo ezikhuselekileyo ezifana negumbi lakho lokufundela. Iindawo ezifana nezi ziindawo ekufuneka uzive ufuna ukubuyela kuzo lonke ixesha. Akukho mntu ufanele ukukonzakalisa okanye akuvisise kabuhlungu kuzo.

Indawo kawonke-wonke enokhuseleko yileyo wonke umntu aziva amkelekile kuyo.

Akukho mntu uza kuviswa ubuhlungu okanye onzakaliswe apho. "Ukhuseleko lukawonke-wonke" luthetha ukuba wonke umntu unelungelo lokukhuseleka kwiindawo ezivuleleke kumntu wonke ezifana noololiwe, iitekisi namanxweme olwandle.



Masithethe

Jonga imifanekiso uze uthethe nomhlobo wakho ngayo.

Thetha nomhlobo wakho malunga nokuba kutheni kuyingozi ukudlala kwiindawo ezingakhuselekanga.



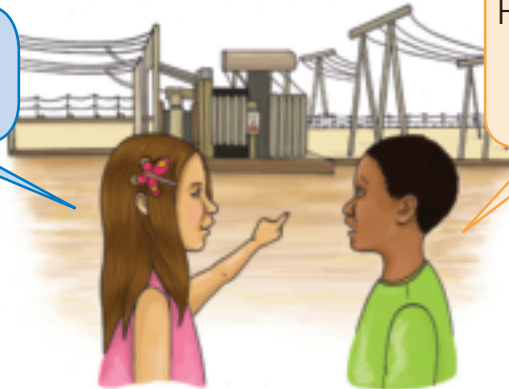


Masibhale

Umntwana ongasekunene emfanekisweni ngamnye kufuneka akhethe.
Mncede ngokuzalisa amaqamza entetho.

Umhla:

Yiza, landa ibhola!
Woyika ntoni?



Hayi, andicingi, kungenzeka

Yiza, rhabula kube kanye!
Ingathi imnandi. Woyika
ntoni?



Hayi, andicingi, kungenzeka



Masithethe

Thetha eklasini ngale mibuzo.

- Zeziphi izinto ezinokuthi saa etiphini yenkunkuma?
- Kutheni abantwana bethanda ukudlala emabhodlweni ezindlu ezindala?
- Bubomi boobani obubekwa esichengeni xa abantwana bedlala endleleni ephithizelayo?
- Uyingozi njani umbane?
- Yeyiphi imiqondiso esilumkisa ukuba singadlali kumzila kaloliwe?
- Zeziphi iingozi zolwelo olufana nepalafini?



Masibhale

Khetha umfanekiso ube mnye kwiphepha lesi-2 kwakhona uze ubhale iimpendulo
zale mibuzo.

- Ukuxelela ntoni lo mfanekiso?

- Ungazi njani ukuba akukhuselekanga ukudlala apha?



Titshala:

Sayina:

Umhla:





Masibhale

lindawo zokudlala eziyingozi (2)

Jonga imifanekiso.

Ngoku khetha enye yezi nkcazelo ukuze uyibhale ngezantsi komfanekiso ngamnye.

Ipalafini ingadubula ibe ngamadangatye esandleni sendoda.

Umntwana angasweleka ngenxa yokusela ityhefu.

Abantwana bangasweleka ngenxa yokungakwazi ukuphefumla.

Umntwana unokuxhuzulwa ngumbane.

Ungaze usebenzise umbane ecaleni kwamanzi.

Amanzi abilayo kunye nomphunga zinokumbulala umntwana.



Inkcazelo: _____



Inkcazelo: _____

ITYHEFU



Inkcazelo: _____



Inkcazelo: _____



Inkcazelo: _____



Inkcazelo: _____



Masenze

Umhla:

Zizobe wena nabahlobo bakho nidlala ngokukhuselekileyo epakini. Niza kudlala ngantoni? Cinga ngokuba ningadlala njani ujingi. Qala ngokusebenzisa ipeni yekoki okanye ipenisile wenze imigca yemida yomzobo. Ngoku, faka umbala usebenzise iipasiteli okanye iikhrayoni.



Phuma phandle

Ukuzifudumeza: Shukumisa amalungu ahluka-hlukeneyo omzimba wakho ngaxeshanye. Umzekelo, ungajikelezisa izihlahla zakho nesinqe ngaxeshanye okanye ushukumise amagxa namaqatha.

Intshukumo ephambili: Ukuxhathisa

- Hamba ngeenzwane uze uphinde uhambe ngezithende.
- Khasa ngamadolo ubambelele ngezandla.
- Ncekelela uhambe phezulu kwentambo ebekwe phantsi uye phambili uphinde ubuye umva. Linga ukwenza oku ucimele.
- Yima ngezandla, uphinde ume ngentloko.

Zipholise: Yolula iingalo nemilenze ngokucotha.

Ukuba unakho, yenza le nto ngomculo ocothayo nozolileyo.



Titshala:
Sayina:
Umhla:



Ukhuseleko ezitekisini nakoololiwe



Masenze

Faka iinombolo emifanekisweni ebonisa okwenzeka kuVusi ubonise ulandelelwano oluchanekileyo.



Masithethe

Jonga le mifanekiso kaVusi kwakhona uze uthethe nomhlobo wakho ngayo.

- Ibiyimpazamo kabani eyenze ingozi?
- Ebefanele ukwenza ntoni uVusi nomama wakhe?



Masithethe

Jonga le mifanekiso ilandelayo uze uncokole nomhlobo wakho ngayo. Yintoni engalunganga eyenziwa ngaba bantu?



Masibhale

Bhala isihloko kumfanekiso ngamnye esixela ukuba yintoni engafanelanga ukwenziwa ngaba bakhweli.





Umhla:

Imiqondiso esilumkisa engozini



Masifunde

Imiqondiso yendlela neyesiporo yenzelwe ukhuseleko lwethu.

Eminye imiqondiso isinceda ukuba sikhuseleke. Isilumkisa ngengozi.

Imiqondiso yezilumkiso endleleni isoloko inomgca obomvu oyijikelezileyo.

Ezinye iimpawu zisixelela iindlela emasiziphathe ngayo xa sisendleleni okanye zisinika ulwazi.



Masenze

Ukuphosa izinto ungaphakathi kuloliwe ohambayo kungonzakalisa abantu okanye izilwanyana xa egqitha uloliwe. Yila umqondiso oyalela abantu ukuba bayeke ukuphosa izinto ngefesitile kaloliwe.

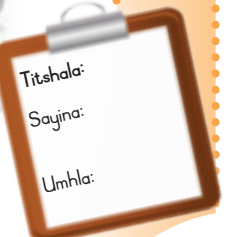


Masenze

Uze usike uncamathelise umqondiso ochanekileyo kule ingezantsi.



Bonisa utitshala wakho xa ugqibile.



Ungcoliseko: Yintoni?



Masithethe

Jonga umfanekiso uze uthethe ngawo nomhlobo wakho. Ingaba ikhona into esemfanekisweni okhe wayibona kwithuba langaphambili? Zeziphi izinto ezisemfanekisweni ezibonakala zingalunganga okanye zimbi kuwe? Kutheni zikhangeleka zingalunganga?



Masifunde

Yintoni ungcoliseko?

Ungcoliseko lwenzeka xa singcolisa umhlaba wethu. Sibanegalelo lokungcolisa xa sigcina umoya, amanzi nomhlaba zingacocokanga. Ungcoliseko esilwenzayo alusilungelanga kwaye aluzilungelanga nezinye izilwanyana nezityalo. Siyagula, izinto ziyayeka ukukhula kwaye zingade zife. Ngaphezu koko, ungcoliseko lwenza indawo esingqongileyo ibe mbi.

Ungcoliseko lwenzeka xa singcolisa umhlaba wethu. Kuxa singcolisa umoya, amanzi kunye nomhlaba. Umoya, amanzi nelanga zonke ezi zinto zineda ekucoeni ungcoliseko. Kodwa xa kukho ungcoliseko oluninzi, umhlaba awukwazi ukuzicoca kwakhona.





Masenze

Sebenzani ngokwamaqela ezihlanu.

Utitskala wakho uza kunika iqela ngalinye isihloko emalisebenze ngaso. Amalungu amane kwiqela ngalinye aza kukhangela imizekelo yongcoliseko kumabala esikolo. Ilungu lesihlanu maligcine ingxelo ngento nganye efunyanwa liqela. Ilungu eliseleyo liza kubhala ze ligcine ingxelo kwithejibhile ngokwenza uphawu (✓) kwinto nganye efunyenweyo. Nakugqiba ukwenza umsebenzi wenu, utitskala angenza isishwankathelo sezinto enizifumeneyo. Isikolo sakho sisempilweni entle kangakanani?

Umhla:



Ungalibali ukuhlamba izandla zakho emva koku.



Masibhale

Bhala izinto zibe-5 eziyinkunkuma ozifumene emabaleni esikolo.

1.	
2.	
3.	
4.	
5.	



Yenza uphawu lokukorekisha (✓) ecaleni kwezinto eziyinkunkuma nezinokuhlaziywa ezikuludwe lwakho. Yenza ungxabalaza (✗) ecaleni kwezinto eziyinkunkuma ezikuludwe nezinokwenzakalisa izilwanyana.



Masithethe

Yenzani amaqela ezi-7.

Kuza kudlalwa iindima ezahluka-hlukeneyo: ihlabathi, amanzi, umhlaba, umoya, isityalo, isilwanyana nomntu. Abalinganiswa bokuqala abathandathu mabaxebele umntu into eyenziwa lungcoliseko kubo. Umntu makaphendule umdlali ngamnye. Nonke yenzani isigqibo ngento enokwenziwa ngezi ngxaki. Ukuba niziva nizithembile ngendima yenu, ninako ukubonisa iklasi.





Masifunde

Iindidi ezahlukeneyo zongcoliseko

Ungcoliseko lomoya

Xa singcolisa umoya, singawutyhefa. Singcolisa umoya ngokubasa amalahle amaninzi, idizili, ipetroli, irhasi kunye neenkuni. Umsi esiwufumana kwezi zinto uneegesi ezingenampilo, ezithi zibe semoyeni.

Umoya nawo ungcoliswa luthuli, yisanti, luthuthu, ngumsi nangumungu. Imithi inceda ngokuthatha igesi enetyhefu emoyeni ize ifake ioksijini endaweni yayo. Ukuba sigawula imithi emininzi kakhulu, igesi enetyhefu ihlala emoyeni ze loo nto yenze ukuba ibe ncinci ioksijini esemoyeni.

Kufuneka siphefumle umoya omtsha ukuze sihlale siphilile. Ukuphefumla umoya onongcoliseko kusinika izifo zomqala nezemiphunga. Kukho iindawo ezithile ehlabathini apho abantu kunyanzeleka ukuba banxibe iimaskhi ebusweni babo xa bephumela phandle, kuba umoya abawuphefumlayo ungcoliseke kakhulu. Ungcoliseko lomoya lukwatshabalalisa

umaleko weozoni okhusela ubomi obusemhlabeni kwimitha yelanga enobungozi. Iasidi eninzi emoyeni evela kwimizi-mveliso ingadala imvula eneasidi, nto leyo ebulala izityalo kwaye yonakalisa nezakhiwo.



Iimoto, imizi-mveliso kunye nezibaso ezitshiswa ezindlwini zingunobangela wongcoliseko lomoya eKapa.

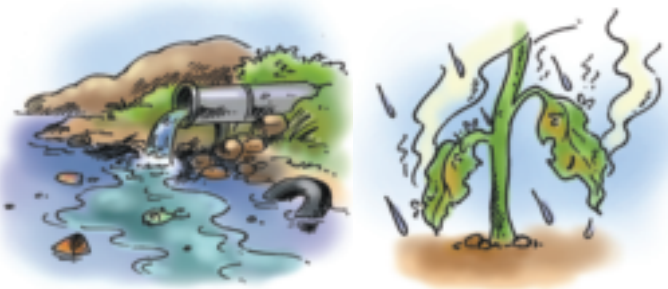




Umhla:

Ungcoliseko lomhlaba

Ungcoliseko lomhlaba lwenzeka xa kukho iikhemikhali ezininzi emhlabeni. Ungcoliseko lomhlaba lungadalwa yinkunkuma evela kwimizi-mveliso nasemigodini. Inkunkuma evela emakhayeni ethu, ezikolweni, ezibhedlele nasezi-ofisini iyathathwa ize igrunjelwe igalelwe etiphini. Le nkunkuma ingcolisa umhlaba. Ungcoliseko lomhlaba lungatyhefa amanzi esiwaselayo athi wona atyhefe ukutya okutyiwa ngabantu nazizilwanyana.



Ungcoliseko lwamanzi

Ungcoliseko lwamanzi lutyhefa amanzi aphantsi komhlaba namanzi asemilanjani, emachwebeni nasemadamini. Oku kwenzeka xa umzi-mveliso umpompela amanzi angcolileyo emlanjeni ococekileyo. Oku kuyenzeka naxa imibhobho yelindle ivuzela echibini. Amanzi anongcoliseko anokubagulisa kakhulu abantu aze abulale iintlanzi nezinye izilwanyana. Izityalo ezikufutshane kuloo manzi nazo zingafa.

Ingxolo

Ungcoliseko olwenziwa yingxolo lwenziwa zizithuthi ezikhulu ezifana nezigadla, ukupopoza kweemoto neetekisi, oomatshini bemizi-mveliso, umculo ophezulu, kunye nezixhobo zokwakha ezisetyenziswa kwiziza zokwakha nezokwakha iindlela. Ingxolo eninzi kakhulu inako ukwenza ukuba ube sisithulu.





Iziphumo zongcoliseko



Masithethe

Jonga lo mfanekiso uze uthethe nomhlobo wakho ngawo:

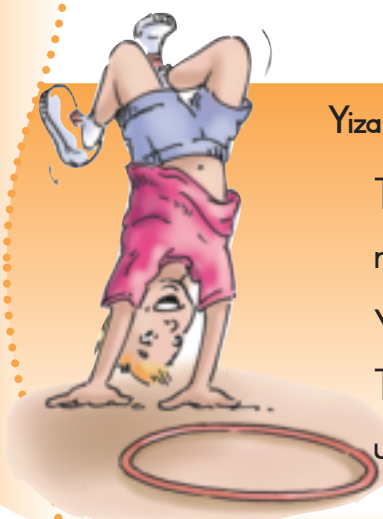


Masibhale

Ingaba aba bantu nezi zilwanyana bebeya kuthini ngongcoliseko?

Gqibezela esi sivakalisi kwiqamza ngalinye lentetho elingezantsi.

"Ungcoliseko alundilungelanga kwaphela kuba ..."



Yiza neringi enkulu yokudlala niza kudlala ngayo.

Tshintshiselanani nomhlobo wakho ngokuhamba ninqumle le ringi, ngeenyawo kuqala nize nilandele ngezandla.

Yibambeni iringi ime ngeli xesha umhlobo wakho akhasa aphumele kuyo. Tshintshiselanani. Kekelisa iringi ukuze wenze kube nzima ukukhasa uphumele kuso.

Phuma phandle





Okunye ngongcoliseko

Umhla:



Masenze

Uqale ngokukhangela ungcoliseko olusesikolweni sakho. Ukuba khange uyichole inkunkuma ngoko, yichole ngoku. Utitshala wenu uya kuninika iingxowa neeglavu zeplastikhi ukuze nikhusele izandla zenu.

Yila ipowusta ukhuthaze abantu ukuba bazihlaziye izinto ukuze kuthintelwe ungcoliseko lokusingqongileyo. Sebenzisa iimilo uze uyile umhombiso ojikeleza iphowusta yakho. Xoxa ngezi ntlobo zokuyila iphowusta yakho nomhlobo wakho:

- uthelekiso
- inxalenye
- ugxininiso
- ungqinelwano



Indlela ababephila ngayo abantu kudala



Masithethe

Izinto esizenzayo nendlela esizenza ngayo ziyaguquka ngokuhamba kwexesha. Jonga le mifanekiso.



Thetha nomhlobo wakho ngezinto eziguqukileyo. Cinga ngeentlobo zemisebenzi ebisenziwa ngabantu abasemfanekisweni wokuqala, apho babesebenza khona neempahla ababezinxiba. Ucinga ukuba babesebenza kude kangakanani namakhaya abo? Ucinga ukuba babesitya ukutya okunjani? Babesiya njani emisebenzini yabo? Jonga umfanekiso ongasekhohlo uze uthethe kwangezo zinto. Ingaba oomatshini ababebasebenzisa batshintsha? Ukuba kunjalo, batshintsha njani?



Masifunde

Abantu bakudala babehlala kufutshane nezinto ezaziyimfuneko, umzekelo ukutya namanzi. Namhlanje nathi sisaswele kwa ezo zinto, kodwa ngenxa yezifundo zobugcisa sinako ukufumana ukutya, amanzi nombane lula kwezo ndawo zifuneka kuzo.





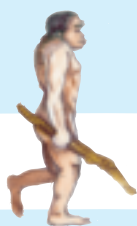
Masifunde

Nalu uluhlu lweziganeko oza kusebenzela phezu kwalo xa ufunda ngendlela ababephila ngayo abantu kudala.

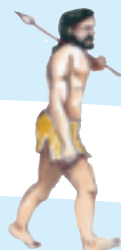
Umhla:



Kwiminyaka ezizigidi ezingama-15 000 eyadlulayo: Kwenziwa umhlaba



Kwiminyaka engange-2,5 yezigidi eyadlulayo: Izidalwa zokuqala ezaqala zafana nabantu



Kwiminyaka engama-100 000 eyadlulayo: Abantu bokuqala



Kwiminyaka engama-40 000 eyadlulayo: amaSan

Kwiminyaka engama-2015 eyadlulayo:

Ukuqala kweminyaka eqhelekileyo



Ngowe-1814

Uloliwe wokuqala ohamba ngomphunga



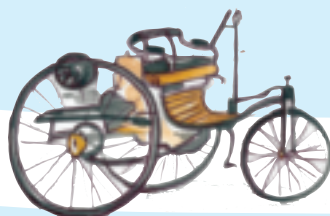
Ngowe-1876

Kwenziwa ifowuni yexesha lempucuko



Ngowe-1879

Kwenziwa izibane zombane



Ngowe-1885

Iimoto zokuqala zale mihla



Ngowe-1895

Kwabakho irediyo yokuqala

Ngowe-1903

Inqwelo-moya yokuqala



Ngowe-1994

UNelson Mandela waba ngumongameli wethu



Ngowe-1975

Ikhompiyutha yokuqala



Ngowe-1973

Iselula yokuqala



Ngowe-1969

Abantu bokuqala ukuya enyangeni

20 ____ Umhla wokuzalwa kwakho

Titshala:
Sayina:
Umhla:



Ikota 3 – Iiveki 5

40

Masibhale

Bhala amagama kunye nemihla yokuzalwa kwabazali bakho kunye neyootatomkhulu bakho kulo mthi womnombo.

Utitshala wakho uza kukucela ukuba uthethe nabantu abadala bosapho ekhaya, okanye uya kucela abantu abadala eluntwini ukuba bandwendwele ikhosi yakho. Yeyiphi imibuzo onqwenela ukubabuzisa yona malunga nobomi babo?

Igama likatatomkhulu:

Umhla wokuzalwa:

Igama likatata:

Umhla wokuzalwa:

Igama likatatomkhulu:

Umhla wokuzalwa:

Igama likamakhulu:

Umhla wokuzalwa:

Igama likamama:

Umhla wokuzalwa:

Igama likamakhulu:

Umhla wokuzalwa:

Igama lam:

Umhla wokuzalwa:

Buza abazali bakho imibuzo emi-5 malunga nezinyanya zakho. Sebenzisa la magama alandelayo: **nini, phi, ntoni, kutheni, njani.**



Umhla:



Masifunde

Abafundi besikolo sedolophu yaseKaroo eGraaff-Reinet bameme uMnu Johannes Maart ukuba athethe nabo. Nali ibali lakhe:

Ndazalwa ngomhla wesi-7 kuJulayi 1922 kwifama yaseKaroo ebizwa ngokuba yiGannaslaagte. Ubawo wayengumsebenzi wasezifama ngeli xa umama yena wayesebenza emzini womfama lowo. Sasifumana inyama rhoqo ngoLwesihlanu esasiyipheka ngempelaveki. Sasingenazindlela ziphucukileyo zokuyigcina ibanda.

Ngoko ke sasingabi nanyama phakathi evekini. Kumaxesha ambalwa besiba nayo inyama yokuba sikwazi ukwenza umqwayito, ngakumbi ukuba umfama uye wadubula iqhude okanye inyamakazi.

Amaxesha amaninzi sasisitya umbona ukwimo yomgubo wombona okanye uidityaniswe neembotyi ezomisiweyo – oku besikubiza ngokuba ngumngqusho. Utata wayedla ngokufumana umgubo wesonka ongacolekanga owawufumaneka ematweni eJansenville. Ngomondekazi, umama wayebhaka isonka ngembiza yokubhaka yesiXhosa awayeyibeka phezu kwamalahle kuba sasingenasitovu. Maxa wambi wayedla ngokwenza iirositile endandizithanda kakhulu. Ezi zonkana sasizitya ngencindi yetolofiya. Iilekese zethu yayiba ziziqwenga zentlaka eyayifumaneka kuphela kwimithi yomnga.



Titshala:
Sayina:
Umhla:

Ingaba kwakumnandi ukuba ngumntwana ngezo mini?



Masibhale

Qwalasela into nganye esemfanekisweni uze uxele ukuba yeyexesha langoku okanye elidlulileyo na. Bhala "Ngoku" (xa iyeyangoku) okanye "Kudala" (xa iyeyakudala) ngezantsi komfanekiso ngamnye. Emva koko faka umbala kwibhokisi "yeXesha elidlulileyo" yomfanekiso ocinga ukuba ubonisa eyona nto inomdla kakhulu yexesha elidlulileyo. Sebenzisa owona mbala uwuthandayo.



Masenze

Yenza isakhelo somfanekiso.

Inqaku likatitshala:

Zininzi iindlela esinokugcina ngazo izinto ezixabisekileyo zakudala. Enye yazo kukufaka iifoto zakudala kwisakhelo.

Uya kudinga:

- Amaphepha amabini aqinileyo anombala
- Ipeyinti ejiyileyo yamanzi yemibala eyahluka-hlukeneyo
- Izinto ezahluka-hlukeneyo ezihlaziyiweyo zokwenza iipatheni, umzekelo ibhobbile yerhali ephelileyo, isivingco ikhokhi, usiba lwentaka kunye nezivingco ezahluka-hlukeneyo zeebhotile okanye iziciko.

1



1. Sika isikwere okanye uxande kwikhadibhodi ukuze uyijike ibe yifreyimu yomfanekiso.

2



2. Peyinta icala elingaphantsi lento ofuna ukuyisebenzisela ipatheni yakho.

3



3. Hombisa ifreyimu yakho ngokucinezela icala elipeyintiweyo lento yakho kwikhadibhodi.

4



4. Xa yomile ifreyimu, fakela umfanekiso wosapho lwakho uze unike umakhulu wakho okanye utatomkhulu wakho njengesipho.



Masifunde

UMnu Maart uphinde watyelela isikolo okwesibini. Uqhubile ngebali lakhe.

Asibonanga bantu baninzi. Utata wam nomama babesebenza nzima kakhulu iiyure ezinde. Sasityelela abahlobo bethu abakwezinye iifama kuphela emva kwemini ngeeCawe. Maxa wambi sasisebenzisa inqwelo yeenkabi ukuya apho.

Sasikuthanda kakhulu oku kuba sasifumana ithuba lokudlala nabahlobo bethu. Sasithanda ukudlala ngamathambo, udongwe, imidumba yeembewu zemithi yeminga namatye ngasedamini elikhulu kufuphi nekhaya lethu okanye emlanjeni. Udadewethu nabahlobo bakhe babethanda ukwenza oonodoli bodongwe.

Izihlangu ndizinxibe ndakuba neminyaka eli-12. Utata wandenzela ngofele olusukiweyo lwenkomo. Ndandikuvuyela ukusinda ekubanguleni ameva ezinyaweni zam okanye ukuqaqanjelwa ziinzwane ngenxa yengqele yeqabaka eyayisifumana ngeentsasa zasebusika.



Masithethe

Thetha nomhlobo wakho malunga nokuba ingaba ucinga ukuba abantwana bebephila kamnandi na kudala.

Ingaba kwakubhetele ngoko ukuba ngumntwana kunale mihla? Xela ukuba kutheni. Cinga ngezixhobo zokusebenza esinazo namhla, ezenza sibe nako ukwenza izinto ngokukhawuleza naphucukileyo.

Phuma phandle

Ziqheliseni oku kulandelayo umntu ngamnye okanye nizizibini.

- Ukuma ngezandla
- Ukuma ngentloko
- Ukuziqengqa uye phambili uphinde uziqengqe ubuye umva.
- Uqikilibhode



Titshala:
Sayina:
Umhla:





42

Izixhobo zokusebenza

Ikota 3 – Iiveki 6



Masenze

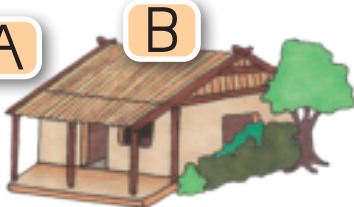
Jonga imifanekiso esekhohlo yezixhobo zokusebenza ezazisetjenziswa kudala. Kwicala elisekunene, zoba uze usike imifanekiso yezixhobo zokusebenza esizisebenzisa kule mihla.



Masithethe



A



B



C



D

Indlu ukususela
kwiminyaka engama-300
eyadlulayo

Indlu ukususela
kwiminyaka engama-200
eyadlulayo

Indlu kwiminyaka eli-150
eyadlulayo

Indlu yexesha langoku

Zitshintshe njani izindlu ngokuhamba kweminyaka?

Kutheni zitshintshile nje?

Kwakusetyenziswa eziphi izinto zokwakha ezi zindlu?

Zeziphi izinto oza kuzifumana kwindlu engu-D ezazingekho kwindlu engu-A?





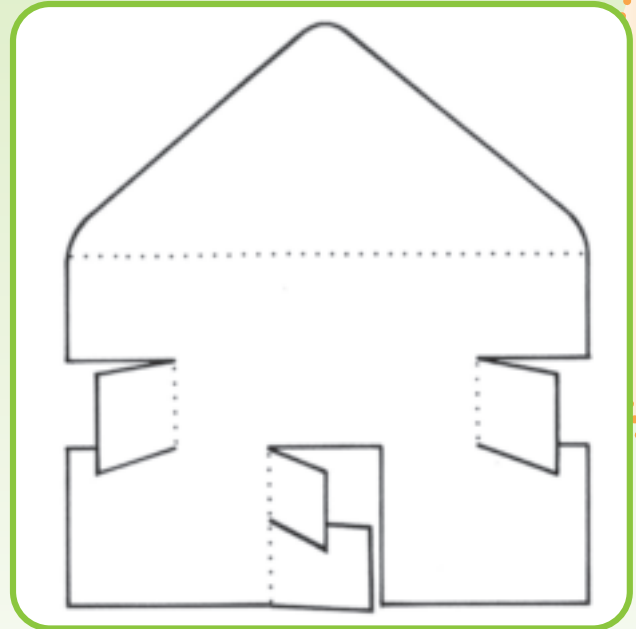
Masenze

Ufunde ngendlela eziguquke ngayo izindlu nokuphuhla kwazo kwiminyaka ngeminyaka. EMzantsi Afrika ezinye izindlu zihonjiswe kakuhle kakhulu, njengezindlu zabantu abangamaNdebele. Zidume ngemihombiso yazo emibala-bala neyenziwe ngobuchule ezindongeni. Yenza ngathi ungumNdebele kwaye luxanduva lwakho ukuhombisa iindonga zekhaya lakho.

Uya kufuna oku:

- iphepha elinombala
- imvulophu emhlophe
- isikere
- iikhrayoni
- iglu

1. Sika umnyango neefesitile emvulophini yakho njengoko uboniswe kumzekelo.
2. Goba isivalo ukuze wenze uphahla.
3. Ngoku sebenzisa iipatheni ezahlukeneyo, iimilo nemigca nemibala eqaqambileyo ukuhombisa indlu yakho yemvulophu.
4. Cela utitshala wakho akuchazele isizathu sokubaluleka kokusebenzisa iimilo neepatheni zejometri.
5. Ncamathelisa indlu yakho ephepheni elinemibala.
6. Sebenzisa imifanekiso oyifumana kwiimagazini uhombise okungqonge umfanekiso.



Phuma phandle



- Yenza ngathi usarha iinkuni zokwakha indlu. Tyhala uphinde utsale ngesandla sakho sasekunene, emva koko tshintshela kwesasekhohlo.
- Yima ecaleni komhlobo wakho. Gwegwa ingalo yakho yasekunene kweyakhe yasekhohlo. Wena nomhlobo wakho yenzani ngathi niphakamisa ingxowa yombona enzima ngokukekelela ngasekhohlo. Emva koko kekelelani ngasekunene.
- Yenza ngathi ungumthi. Phakamisa ingalo enye phezu kwentloko yakho. Yenza inqindi wenze ngathi liyintwana yentlaka esexolweni lomthi. Umhlobo wakho makazame ukutsala intlaka emthini logama wena uyibambe endaweni yayo.
- Khwela ibhayisekile: ngqengqa ngomqolo ecaleni elijongene nelomhlobo wakho. Goba amadolo akho uze ubeke iinyawo zakho kwezomhlobo wakho. Nyova ibhayisekile ngemilenze yakho.



Okunye ngobomi bakudala

Masifunde

Olu lusuku lwesithathu uMnu Maart etyelela isikolo. Ebesaqhuba ngokubalisa:

Sasineziko lesinyithi apho efama. Sasilisebenzisela ukwenza izixhobo zokusebenza okanye ukulungisa ezo zaphukileyo.

Sasisenza nezihlangu zentsimbi zamahashe kunye namavili eenqwelo.

Ndathi xa ndineminyaka eli-10 ubudala, safunyanwa yimbalela saze asabinakutya kwaneleyo. Savuya kakhulu yakuna kwakhona imvula.



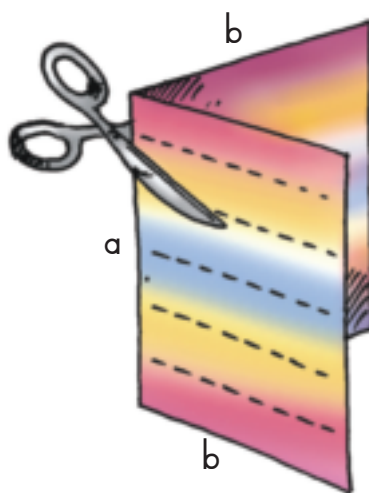
Masenze

Yenza ilanteni yakudala.

Uya kufuna oku:

- Iphepha elisikwere elikhulu elimhlophe
- Ipeyinti yamanzi ibe nemibala ngemibala eyahluka-hlukeneyo
- Ibrashi yepeyinti
- Irula, ipenisile, isikere
- Iglu

1. Hombisa iphepha lakho ngeemilo nemibala eyahlukeneyo.
2. Ligobe iphepha phakathi.
3. Krwela imigca equelelene nge-3 cm ephepheni.
4. Sika ngokulandela imigca, kodwa ungade ufike ekupheleni.
5. Ligobe ngoku lisisekile iphepha livuleke uze uwancamathelise omabini amacala ngeglu.
6. Sebenzisa umcu wephepha uze wenze umqheba ngaphezulu.





Umhla:

Masithethe



Jonga lo mfanekiso ungobomi basefama kwiminyaka engama-200 edlulileyo. Thetha nomhlobo wakho ngezinto ezitsala umdla wakho. Umzekelo, jonga impahla yokunxiba, izixhobo zokusebenza neendlela zothutho. Emva koko xelela utitshala wakho neklasi ngengxoxo yakho nomhlobo wakho.



Masibhale

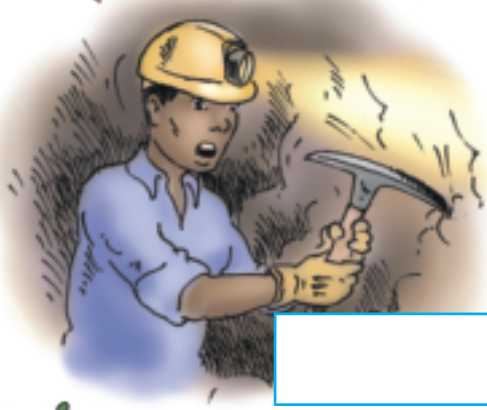
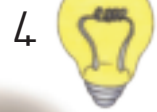
Tshatisa isixhobo ngasinye sokukhanyisa nomfanekiso ochanekileyo. Kwakhona bhala igama lesixhobo ngasinye sokukhanyisa ngezantsi komfanekiso. Khetha kula magama:

ithotshi

iglowubhu

ikhandlela

isibane



Titshala:
Sayina:
Umhla:



Ukuhlawulela izinto



Masibhale

Kudala abantu bebezihlawulela ngantoni izinto abazifunayo?

Sebenzisa elinye lala magama ugqibezele ibali lemali elingezantsi.

Sikunike oonobumba ababini kwigama ngalinye ukukuncedisa.

iinkozo zemali

igolide

izikhumba
zezilwanyana

imali
engamaphepha

ukunanisa

ukuhlawula

icuba

ukutya

isilivere

amaso

Kudala-dala, abantu babengasebenzisi iink _____ nemali
engamaphepha ukuhl _____ izinto. Kwezo ntsuku, bebesebenzisa
ukun _____ njengendlela yokutshintshiselana ngempahla. Xa abantu
benec _____ elininzi, kodwa kunganelanga, ukut _____,
bekufuneka bekhangele umntu abanokutshintshiselana naye ngecuba. Izinto ezifana
nama _____, ityuwa, izi _____ iinkomo necuba
kwakutshintshiselwana ngazo. Emva kwexesha abantu baqala ukusebenzisa amaqhekeza
eg _____ nes _____ ukuhlawula impahla. Ethubeni,
amaqhekeza ezimbiwa asetgenziselwa ukwenza iink _____. Namhlanje,
sisebenzisa im _____ neenk _____ okanye amakhadi
okuthenga ngetyala ukuhlawula impahla.



Phuma phandle

- Beka iiringi zokudlala phantsi okanye ukrwele izangqa emhlabeni.
- Xa utitshala wakho esithi tsiba, tsibela ngaphakathi kwesangqa ngeenyawo zombini.
- Xa utitshala esithi tsiba, tsibela ngaphandle kwesangqa ngonyawo olunye.
- Dlalani unochesi. Sebenzisa itshokhwe ukukrwela izangqa nezikwere emhlabeni.





Umhla:



Masifunde

Le yindlela uMnu Maart aqukumbele ngayo ibali lakhe kutyelelo lwakhe lokugqibela:

Njengokuba ndithathe umhlala-phantsi kwaye ndiphila ubomi obuzolileyo kule dolophu yaseRhafu (Graaff-Reinet), ndihlala ndikhumbula ubomi obabunzima kodwa bumnandi. Ndiyazilibala iintsuku zobunzima.

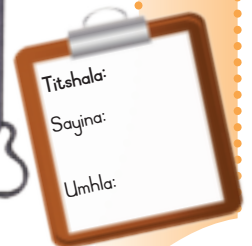
Izinto ezininzi azisafani nakugala – kukho umbane ka-Eskom, wonke umntu uneselula. Laa ndlu indala yasefama iphinde yakhiwa ngokutsha ngoku ikhangeleka njengendlu yasedolophini.

Kodwa ziseninzi izinto ezingatshintshanga. Iigusha zisakhangeleka njengoko zazinjalo kwaye zisavakala kwangaloo ndlela kanti ukutshona kwelanga umsebenzi useza nobisi olutsha ekhitshini ukusuka eshedini yokusenga. Udyakalashe nengqawa zisabamba igusha.



Masithethe

Njengeklasi, thethani ngazo zonke izinto ocinga ukuba zitshintshile oko nazalwa. Ngoku thethani ngezinto enicinga ukuba zihlala zinjalo kwiminyaka emininzi.



Titshala:
Sayina:
Umhla:





Umhlaba xa ujongwe emajukujukwini

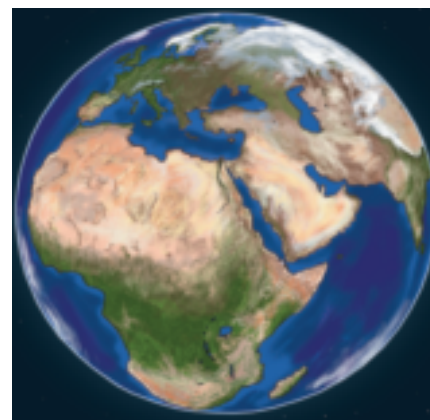


Masifunde

Ihlabathi yibhola enkulu okanye yingqokumba esiphila kuyo. Konke okulijikelezileyo sikubiza ngokuba ngamajukujuku, okanye yintungelwano yendalo yonke.

Kukwiminyaka engama-50 edlulileyo kuphela apho sithe sakwazi ukujonga ihlabathi sisemajukujukwini. Jonga ifoto yehlabathi ngasekunene.

Unako ukubona umhlaba, ulwandle namafu. Thetha nomhlobo wakho ngokuthi zeziphi iindawo zefoto ezibonisa umhlaba, izeziphi ezilulwandle izeziphi ezingamafu.



Imbonakalo entle yomhlaba, ikhaya lethu, elijonge ephezulu.



Masenze

Landela umphandle wale mephu ucinezele kwiindawo zomhlaba okwaziyo ukuzibona emfanekisweni. Sebenzisa imibala eyahlukileyo kwiindawo ezahlukeneyo.

Bhala amagama ezi ndawo.





Masifunde

Ihlabathi linomaleko womoya olingqongileyo. Siwubiza ngokuba yi-atmosfera. Uyawubona lo moya efotweni?





Iiplanethi nezinye ezikwisixokelelwano selanga

Umhla:



Masifunde

Umoya ongqonge ihlabathi ngumaleko olingqongileyo nothatha ibanga elingange-120 km. Ukuba uhamba umgama ongaphezulu kune-120 km ukusuka kumphezulu womhlaba, ukwisithuba sasemajukujukwini esingaphandle. Kulapho sifumana khona abamelwane beplanethi elihlabathi: abamelwane abazezinye iiplanethi neenkwenkwezi.



Masithethe

Emajukujukwini akukho mini – bubusuku kuphela. Thetha nomhlobo wakho malunga nokuba kutheni kunjalo.

Abamelwane abakufuphi kuthi bonke baphakathi kwesixokelelwano esaziwa ngokuba seselanga nezijikelezi zalo.

Ilanga: Liyibhola yeegesi eshushu ngokugqithisileyo. Enzulwini phakathi elangeni kushushu ngokugqithisileyo kangangokuba iigesi “zinyibilika” zidibane. Yile nkqubo “yokunyibilika” esinika ukukhanya, ubushushu namandla emhlabeni. Ilanga likwayinkwenkwezi nalo. Ilanga yinkwenkwezi kwaye isebindini wesi sixokelelwano.

IiPlanethi: Xa kuqukwa nomhlaba, zisi-8 iiplanethi ezikhoyo.

Inyanga: Yibhola ebandayo, efileyo yeliwa nothuli ejikeleza umhlaba. Incinane ngokuphinda-phindwe kane kunomhlaba.

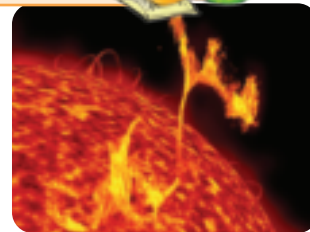
Iinkwenkwezi ezibinzayo (iimithiyo): Ezi zizigaqa zamatye. Xa zifika kwatmosfera yethu ziba shushu ngokugqithisileyo. Oku kwenza umgca oqaqambileyo onqumleza isibhakabhaka ebusuku. Sizibiza ngokuba “ziinkwenkwezi ezibinzayo”. Xa zifika zibethe umphezulu womhlaba sizibiza ngokuba “ziimithiyorayithi” amatye awa esibhakabhakeni.

Iikhomethi: ngamaqhekeza omkhenkce negesi athi ahambe kwii-obhithi ezinkulu kwesi sixokelelwano selanga. Zidla ngokusondela kakhulu elangeni.

Masifunde



Ilanga



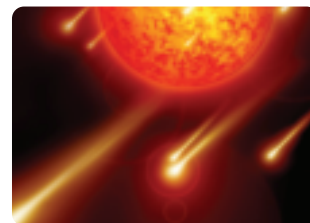
IiPlanethi



Inyanga



Iinkwenkwezi ezibinzayo (iimithiyo)



Iikhomethi



Titshala:
Sayina:
Umhla:



Masibhale

linkwenkwezi

Ihlabathi lethu linabamelwane abaninzi abatsala umdla kwisixokelelwano selanga nezijikelezi zalo. Ufunde okuncinane ngabanye baba bamelwane. Ngabaphi onqwenela ukwazi banzi ngabo? Bhala okukhethayo ngezantsi. Nika izizathu ezibini ngempendulo yakho.

Ndikhetha: _____

Izizathu zam ezibini: _____



Masifunde

Xa sigqitha kwiiphanethi ezincinanana sishiya iLanga nezijikelezi zalo. Ngoku sisenzulwini yasemajukujukwini. Apha sifumana oku: **Iinkwenkwezi** ziigesi zeebhola ezishushu kakhulu, ezifana nelanga, kodwa zikude kakhulu kuthi. Kukho amawaka-waka ezigidi zeenkwenkwezi – asinakuze sikwazi ukuzibala zonke. Iinkwenkwezi ziyashiyana ngobukhulu – ilanga lethu likhulu liyinkwenkwezi ephakathi ngobukhulu.

Isixokelelwano selanga nezijikelezi zaso sidibene nendawo esemajukujukwini sisibiza ngokuba lihlabathi nendalo iphelele. Ihlabathi nendalo iphelele yiyo yonke into ekhoyo kanti kuncinane kakhulu esikwazi ngayo. Ucinga ukuba zikhona ezinye iindawo ezifana nehlabathi lethu kwindalo iphelele, apho kukho ubomi khona?



Masenze

- Mamela ingoma yaseMzantsi Afrika oza kuyidlalelwa ngutitshala wakho.
- Sebenzisanani neqela lakho nize nicinge umdlalo eningawenza ngale ngoma. Cingani nize nibhale "ingoma edumileyo yomculo werephu" nakugqiba niyicule eklasini.

Masidlale

- Utitshala wakho uza kuyohlula iklasi ibe ngamaqela amabini.
- Dlalani ibhola ekhatywayo.



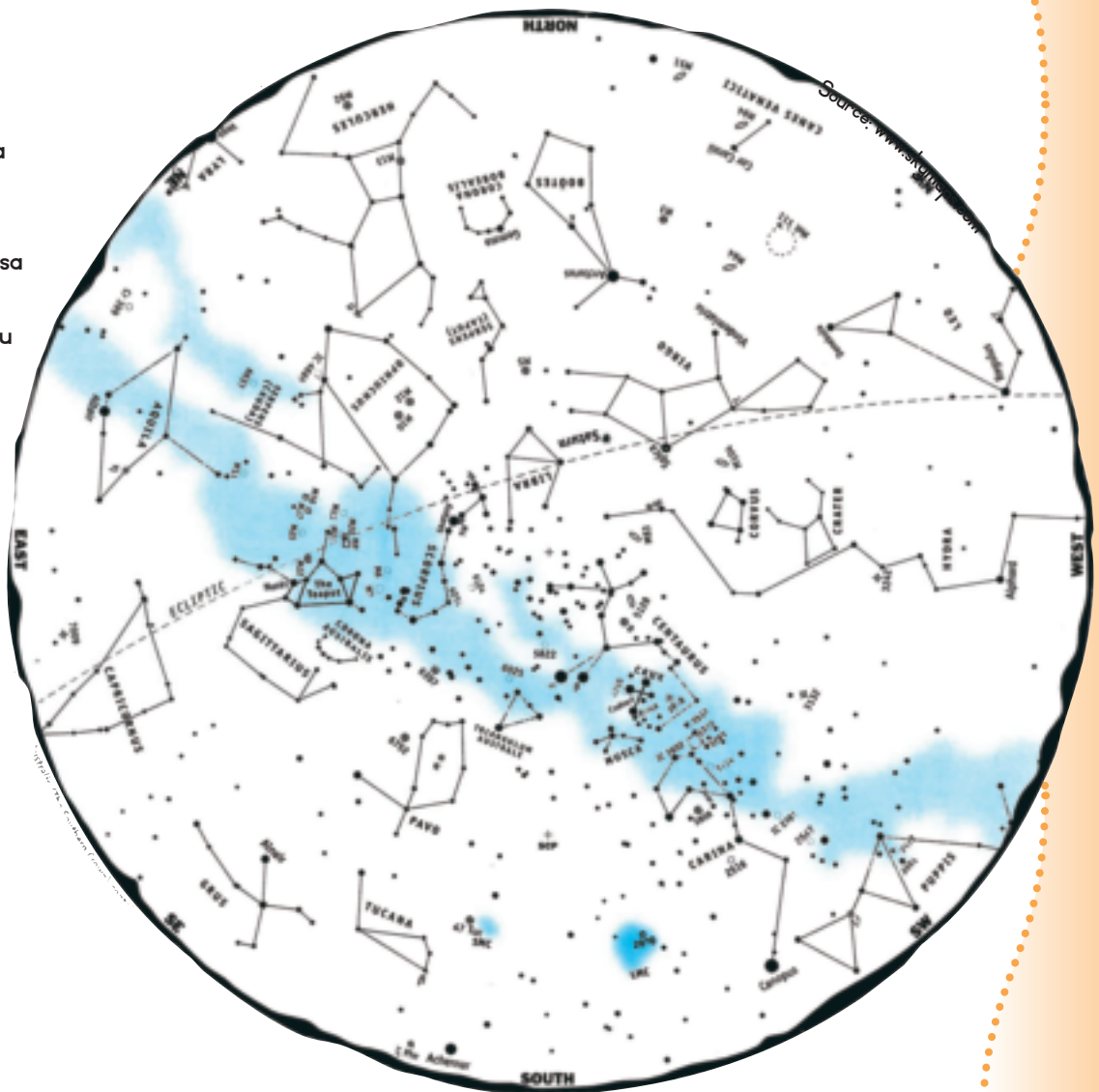


Masenze

Yenza lo msebenzi ekhaya ukutshona kwelanga xa kungekho mafu esibhakabhakeni. Sebenzisa imephu yeenkwenkwezi uzame ukukhangela izicuku zeenkwenkwezi. Yenza uphawu lokukorekisha (✓) kwimephu yeenkwenkwezi engezantsi ecaleni kwazo zonke iinkwenkwezi okwaziyo ukuzibona

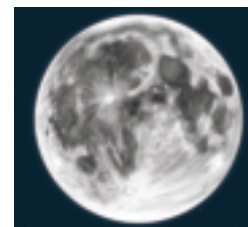
lithesikophu

Umhla:



Masifunde

Abantu abafunda ngothungelwano lweenkwenkwezi kuthiwa zizazi-nkwenkwezi. Izazi-nkwenkwezi zisebenzisa iithesikophu ukuze zibe nako ukufunda ngeenkwenkwezi. Kwiminyaka ezayo kuza kwakhiwa eyona thesikophu yerediyo yakhe yankulu kufuphi neCarnarvon kwiphondo loMntla-Koloni. Namhlanje sineethesikophu ezikude emajukujukwini ezinokusibonisa imifanekiso yezinto ezikwiindawo ezikude kakhulu zehlabathi nendalo iphelele esingakwaziyo ukuzibona sisemhlabeni. Umzekelo yithesikophu ye-Hubble, ethumela imifanekiso emihle evela emajukujukwini. UMzantsi Afrika wakhe ithesikophu enkulu eyiyeyawo kufuphi neSutherland eMntla-Koloni.



Inyanga njengoko siyibona kwithesikophu

Titshala:
Sayina:
Umhla:



Utyelelo emajukujukwini



Masifunde

Aba bantu babengoovulindlela kuhambo lwasemajukujukwini.



UmRashiya, uYuri Gagarin, waba ngumntu wokuqala owajikeleza ihlabathi kwindawo yalo yomjikelo ekhwele isiphekepheke (ngomhla we-12 Epreli 1961).



UNeil Armstrong waseMelika waba ngumntu wokuqala ukuma phezu kwenyanga (ngomhla wama-20 kuJulayi 1969).



UMark Shuttleworth waba ngumntu wokuqala eMzantsi Afrika ukujikeleza umhlaba (Epreli 2002).



UChrista McAuliffe wayengutitshala wokuqala ukuba ngusomajukujuku, kodwa wasweleka kwintlekele yokudubula kwesiphekepheke, iChallenge (28 Janyuwari 1986).

Ubusazi? UMandla Maseko waseSoshanguve eGauteng waba ngumntu omnyama wokuqala ukuntingela emajukujukwini ngeLynx Mark II isiphekepheke ngonyaka wama-2015.



Masithethe

Thetha nomhlobo wakho malunga neplanethi ongathanda ukuyityelela.

Ubungaya njani kuloo planethi?

Ubuya kuhamba nabani uphathe ntoni?

Ungathanda ukuba phaya ithuba elingakanani?





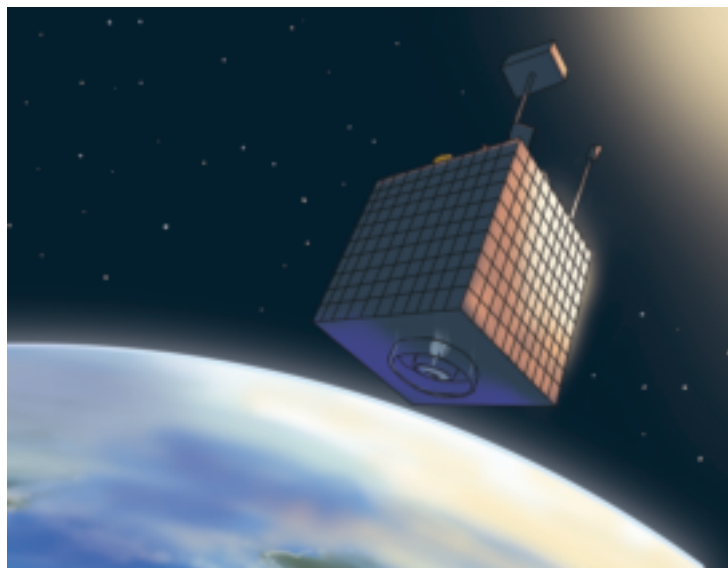
Umhla:

Isathelayithi



Masifunde

Ubusazi na ukuba inyanga ijikeleza ihlabathi? Into ejikeleza enye into ibizwa ngokuba yisathelayithi, ngoko ke inyanga yisathelayithi yehlabathi. Indledlana yesathelayithi ibizwa ngokuba yiobhithi. Zininzi iisathelayithi ezenziwe ngabantu esezithunyelwe ngabantu nezijikeleza ihlabathi kwiobhithi.



Isathelayithi yokuqala eyenziwe ngumntu iye emajukujukwini ngonyaka we-1957. Ithelesikophu ye-Hubble yenye yezi sathelayithi. IYunivesithi yaseStellenbosch yenza isathelayithi yokuqala yaseMzantsi Afrika, i-SunSat.

Yandululwa ngoFebhuwari ngowe-1999. Zininzi iintlobo ezahluka-hlukeneyo zeesathelayithi. Ezinye zezokuqokelela iinkcukacha ngokuphathelene nasemajukujukwini, kanti ezinye zezemozulu ukuze zibekho ezonxibelelwano ezithumela imifanekiso nolwazi ukusuka kwindawo ethile kumahlabathi akhoyo ukuya kwenye. Isathelayithi enkulu ekhoyo yaziwa ngokuba sisiKhululo sasemaJukujukwini seHlabathi, apho kwenziwa khona iimvavanyo neengqwalasela ezininzi zenzululwazi.



Masithethe

Wena nomhlobo wakho xoxani ngale mibuzo. Emva koko xelelani iklassi ngenikucingileyo.

- Izithuthi ezininzi zineenkqubo zokulanda umkhondo weesathelayithi ukuthintela ukubiwa kwazo ngabantu. Zisebenza njani ezi nkqubo?
- Ucinga ukuba abalimi bafumana eziphi iinkcukacha kwiisathelayithi?
- Ungakwazi ukucinga ngemisebenzi emitsha yeesathelayithi?



Phuma phandle

Utitshala wakho uza kukufundisa indlela yokudlala umdlalo weVolibholi nomdlalo weMpuku neKati



Titshala:
Sayina:
Umhla:



lintsuku ezibalulekileyo

Masifunde

Phawula ezi ntsuku kwikhalenda yakho. Fumanisa ukuba le mibhiyozo iza kuba nini kulo nyaka uze ubhale imihla yayo kwizithuba ozinikiweyo.

Ingaku likatitshala

Ezi ntsuku zeenkolo nezinye ezibalulekileyo zifumaneka kwikota yesithathu. Kufuneka usebenzise iigure ezintathu kule kota ukuze uthethe ngezi ntsuku. Enikwenzayo niyiklasi kwakuxhomekeka kwiinkolo zabantwana beklasi yakho nakumgaqo-nkqubo wesikolo sakho. Iiholide zikawonke-wonke ezimbini kufuneka zihlonitshwe ngabo bonke abemi beloMzantsi Afrika.

21 Julayi: (ukuba ibonakele inyanga efileyo): Ukuqala kwenyanga yeRamadaan – usuku lwenkolo yama-Islam. IRamadaan lixesha lokuzila, lemithandazo eyodwa nokufundwa kweQur'an. Umhla:

19 Agasti: (ukuba ibonakele inyanga efileyo): I-Eid-ul-Fitr ngumbhiyozo wenkolo yama-Islam. Ngumbhiyozo wolonwabo kodwa onondiliseko ekupheleni kokuzila ithuba elingangeneyanga iRamadaan. Lusuku lokudumisa, kunikwe inkxaso kwabasweleyo, kutyelelwe abahlobo neentsapho. Umhla:

NgoJulayi okanye ngoAgasti: I- Raksha Bandhan – umbhiyozo wamaHindu. AmaHindu abhiyozela ubudlelwane phakathi koobhuti nodade. Udade ubopha i-rakhi (umtya ongcwalisiweyo) esihlahleni sikabhuti wakhe ukubonisa uthando lwakhe nemithandazo ngobhuti wakhe, nesithembiso sokumkhusela ngalo lonke ixesha lobomi bakhe. Umhla:



NgoAgasti okanye ngoSeptemba: I-Krishna Janmashtami – umbhiyozo wenkolo yamaHindu. Ukuzalwa kukaKrishna Janmashtami kubhiyozelwa ngokuzila. UKrishna usesizikithini senkolo yamaHindu. Ngale mini abantwana bakholisa ukubonisa izicaphulo ezithile ebomini bukaKrishna.

Umhla:



NgoSeptemba: I-Pitr Paksha – ngomnye umbhiyozo wenkolo yamaHindu. AmaHindu azukisa izinyanya zawo ("ii-pitrs"), ngakumbi ngokunikela ngokutya.

Umhla:





Umhla:

NgoJulayi okanye ngoAgasti: I-Tisha B'av – Lusuku lwenkolo yamaJuda. AmaJuda azilela ukukhalela ukutshatyalaliswa kwetempile yokuqala neyesibini eJerusalem, nokukhumbula ezinye iintlekele zamaJuda ezenzeka ngolu suku. Olu suku lwaziwa ngokuba "lolona suku lulusizi kwimbali yamaJuda".

Umhla:

NgoSeptemba: I-Rosh Hashanah yiNyibidyala okanye unyaka omtsha wamaJuda. Abantu bakhalisa uphondo lwenkunzi yegusha (lubizwa ngokuba yi-shofar) ukubhiyozela le mini. Batya ukutya okufana nama-apile athiwe nkxu ebusini ukubonisa ukuba banethemba lobomi obumnandi kunyaka omtsha. Umhla:

NgoSeptemba okanye ngo-Okthobha: I-Yom Kippur iza kwiintsuku ezilishumi emva kwe-Rosh Hashanah. Olu suku lolona suku lungcwele lwamaJuda.

Umhla:

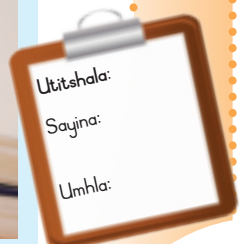


9 Agasti: Usuku lwamakhosikazi lwesizwe – iHolide kawonke-wonke. Ngomhla we-9 Agasti 1956 amakhosikazi angama-20 000 aqhankqalaza kwizakhiwo iUnion Building ePitoli echasa ukuphathwa "kwamapasi" ngabantu abantsundu. Indima yamakhosikazi kuluntu lwaseMzantsi Afrika ibhiyozelwa ngolu suku rhoqo ngonyaka.

1-7 Septemba: Iveki yokutyalwa kwemithi yesizwe. Kukhuthazwa abantu ukuba batyale imithi.

8 Septemba: Usuku lokufunda nokubhala lwehlabathi. Olu suku lugxininisa ukubaluleka kokufunda ukufunda.

24 Septemba: Usuku lwenkcubeko namafa – iHolide kaWonke-wonke. Bonke abemi baseMzantsi Afrika banokubhiyozela iinkcubeko zabo kunye nezabanye.



Izityalo – izinto esizifumana kuzo



Masifunde

Umhlaba uzaliswe zizinto eziphilayo. Kukho izilwanyana, abantu, iigusha neenkomo kunye nezityalo ezifana nombona kunye nemithi yemingcunube nezidalwana zomngundo, ezifana neenkowane.



Izityalo ziba namasebe, amagqabi, iziqu kunye neengcambu. Ziba neentyantyambo, iziqhamo kunye neembewu. Uninzi lwazo lunamagqabi aluhlaza.



Masithethe

Kuvela phi ukutya kwethu?

Sowufundile malunga nokuba kuvela phi na ukutya. Masikhangele ukuba usakhumbula na.

Jonga imifanekisao uthethe nomhlobo wakho ngayo. Kwiphepha elilandelayo kukho uludwe lweentlobo zokutya. Ezimbini kuzo aziveli kwizinto ezisemifanekisweni. Zeziphi ezo zimbini?





Masifunde

Umhla:

Izityalo zisinika iindidi ezininzi zokutya. Yonke imifuno, iziqhamo kunye namandongomani ivela kwizityalo. Ezi zinto zisigcina sisempilweni kuba zineevithamini, iiminerali, iiprotheni, iikhabhohayidreyithi, iioyile kunye nefayibha. Netshokoletshi ivela kwizityalo.



Masibhale

Bhala ileta eya kulo mntu udla ngokukwenzela ukutya.
Sebenzisa esi sakhelo. Sebenzisa amagama akolu luhlu:

umgubo wombona isipeke ithanga itapile umnqathe ibhotolo yamandongomani
isonka ikeyiki ilethasi inyama yenkomo iipesika ama-apile iivatala

_____ endimthandayo.

Enkosi kakhulu ngoku _____.

Ndiyakuthanda ukutya _____.

Andiyithandi _____ kuba _____.

_____.

Ndicela undenzele _____.

Ukutya okuvela kwizityalo kulungile kuba _____.



Masithethe

Jonga le mifanekiso uze uthethe nomhlobo wakho ngeemilo ezinokufumaneka kwizityalo..

1



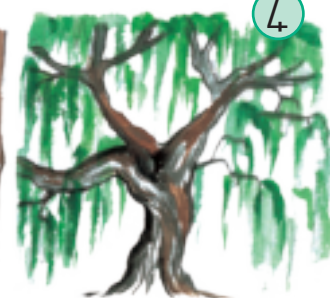
2



3



4



Utitsihla: _____
Sayina: _____
Umhla: _____



Izityalo – Ukusuka kwizele ukuya eswekileni



Masifunde

Iswekile yenye yeendidi zokutya okuyimfuneko ukuze sibe sempilweni. Kukho iindidi ngeendidi zeswekile. Iswekile siyifumana kwiziqhamo. Ubisi nalo lunayo iswekile. Umfanekiso obonakala ngasemva ongasezantsi ubonisa amasimi amakhulu eswekile aKwaZulu-Natal.



Masifunde

Ummoba uluncedo.

Izele leswekile sisityalo eside esikhangeleka ngathi yingcongolo. Likhula kwimozulu yetropiki. Izele leswekile lifuna ilanga elininzi nemvula eninzi. Apha eMzantsi Afrika iphondo laKwaZulu-Natal lilo elilungele ukutyala esi sityalo.

Jonga umfanekiso wezele leswekile.



Masenze

1. Jonga imifanekiso yezixhobo zomculo oza kuyiboniswa ngutitshala wakho.
2. Mamela iintlobo ezahlukeneyo zomculo weli loMzantsi Afrika oza kuzidlalelwa ngutitshala wakho. Xoxani ngezi zihloko zilandelayo:
 - Isingqi sezi ngoma
 - Ingaba siyacotha okanye siyakhawuleza?
 - Ingaba lo mculo ukwenza uzive njani?
 - Sesiphi isixhobo somculo osivayo kwezi ngoma?

Phuma phandle

Gqibezela ibala lemiqobo akwakhele lona utitshala wakho.





Umhla:

Qaphela ezi ndawo zilandelayo zesityalo: Isiqu eside esibugolide, amagqabi abhityileyo amade, iindibano-malungu esiqwini, ihlathi leengcambu emhlabeni.

Izele leswekile kufuneka likhule kangangeenyanga ezili-14 ukuya kwezingama-24 phambi kokuba lilungele ukuvunwa. Iziq zineswekile – isiraphu enebala elimdaka encangathi – engafani kwaphela neswekile esiyisebenzisa emakhayeni ethu!



Masibhale

Fakela iinombolo kule mifanekiso ilandelelane kakuhle ubonise indlela eyenziwa ngayo iswekile.



Iiteletele zilima umhlaba.

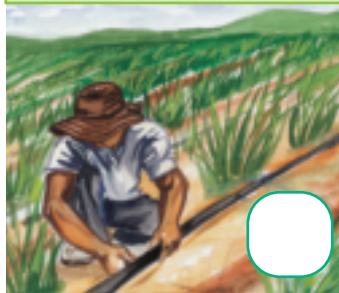


Efektri amazele ayacolwa ze kukhutshwe isiraphu.
Kucocwa iswekile icokiswe ukuze ilungele ukuthengiswa.

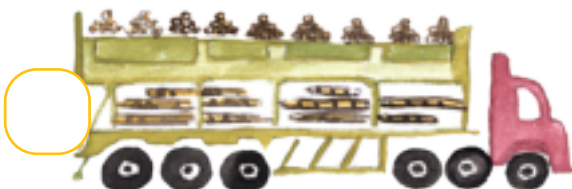


Kuvunwa amazele eswekile aze abotshwe abe ziinyanda.

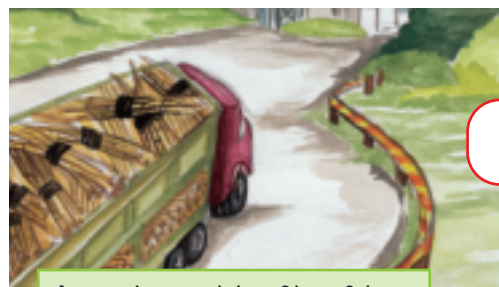
Ukunkcenkceshela ukuze izele leswekile likhule.



Kulinywa izithole zezele leswekile.



Izele lisiwa efektri liyokusilwa.



Amazele eswekile afika efektri.



Titshala:
Sayina:
Umhla:



Umhlaba – usinika ntoni



Masifunde

Kwikota edlulileyo ufunde ngomhlaba.

Yile planethi sihlala kuyo. Umhlaba usinika yonke into eyimfuneko ukuze siphile. Umhlaba usinika phantse konke esikufunayo ukuze siphile.

Umhlaba ujikelezwe ngumaleko womoya. Lo moya uneoksijini esiyifunayo ukuze siphile.

Umaleko obhityileyo womhlaba esihlala kuwo nesiwubiza ngokuba “luqweqwe,” unomhlaba ongaphezulu esiwusebenzisela ukutyala ukutya.

Lo maleko wokuqala womhlaba nawo unelitye eliqine ngathi ziintaba. Kulo maleko sifumana izimbiwa ezifana negolide, iidayimani kunye nepetroliyam kwakunye namalahle.

Sikwafumana neelwandle kulo maleko ubhityileyo welitye. Elwandle sifumana ukutya okufana neentlanzi. Ulwandle lubalulekile kuba iinganawa ezininzi ezithwala iimpahla nabantu zihamba khona.



Masenze

Sebenzisa olu lwazi lungentla uzobe umfanekiso womhlaba. Sebenzisa nantoni na enokunceda uphuhlise izimvo zakho – ipenisile, iikhrayoni, iipasteli, i-inki kunye nepeyinti. Ungacinga nangokongeza izinto ezifana nephepha, amaqhosha, oonokrwece, amagqabi neentyatyambo ezomileyo. Sebenzisa izinto ongazange wazisebenzisa ngaphambili, okanye sebenzisa izinto onazo ngendlela ongazange wazisebenzisa ngayo ngaphambili.





Masithethe

Umhla:

Nifundile ngokuba kuvela phi na ukutya. Wena nomhlobo wakho fakani uphawu lokukorekisha (✓) kwiintlobo zokutya ezivela ngqo emhlabeni:

ama-apile	
isiipeke	
itshizi	
iziqa zenyama	
amaqanda	
isikwashi	
amasi	
umphokoqo	
iioerenji	
iipesika	
iierityisi	



Phuma phandle

- Vuthela amaqamza kwi emele enamanzi.
- Faka ubuso bakho emanzini imizuzwana emithathu uwubambe umphefumlo, ungawavali amehlo neempulo zakho.

Yenza ngathi uyaqubha

- Lala ngesisu ukhabalazise imilenze yakho.
- Yima ngenyawo uze ushukumise iingalo zakho ngokungathi uqubha ngomqolo.
- Ngoku shukumisa iingalo zakho wenze ngathi uqubha ngesifuba.

Krwela umgca osuka kwigama ngalinye uye kumfanekiso walo. Lukuxelela ntoni uluhlu lwakho?



Masibhale

Bhalela umhlaba umhlathi uwubulele ngezinto osinika zona. Bhala esinye isivakalisi uthembise ukuba uya kuncedisa ekuwunonopheleni.

Mhlaba othandekayo

Ndiyabulela ngo _____

Ndithembisa ukukunakekela ngoku _____



Titshala:
Sayina:
Umhla:



Umhlaba – ukusuka kudongwe ukuya kwisitena



Masifunde

Umhlaba uneendidi ezininzi ezahlukeneyo zomhlaba. Udongwe lolunye lwezo ndidi. Iminyaka emininzi abantu babesebenzisa udongwe xa besenza izitena zokwakha.



Masenze

Zoba izinto ezimbini esinokuzakha ngezitena uze ufake inkcazelo emfutshane kumzobo ngamnye.



Masibhale

Phendula le mibuzo.

Kutheni izitena zingenambala ufanayo zonke?

Ingaba izitena zenziwa ngodongwe kuphela?





Masibhale

Umhla:
Jonga le mifanekiso uze uxelele umhlobo wakho ukuba kwenzeka ntoni kumfanekiso ngamnye.



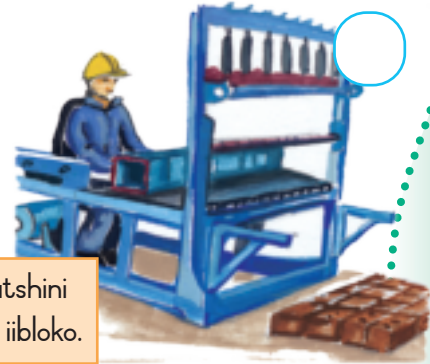
Kwembiwa udongwe.



Umatshini usika umxube wodongwe ukuze ube yimicu.



Udongwe luyacolwa luxutywe namanzi.



Kusetyenziswa umatshini owahlukileyo ukusika iibloko.



Iibloko zodongwe ziyomiswa. Iziqwenga ezomileyo zibhakwa eontini enkulu yezitena.



Xa izitena zisusiwe eontini yezitena ziyahlelwa.



Izitena zibekelelwa ezinye phezu kwezinye ukuze zibe ziimfumba kwaye zilungele ukuthengiswa.

Faka iinombolo kwezi zivakalisi ngokulandelelana kwazo ubonise indlela esenza ngayo izitena.

	Xa izitena zisusiwe eontini yezitena ziyahlelwa.
	Udongwe luyacolwa luze luxutywe namanzi.
	Kusetyenziswa umatshini ukusika iibloko.
	Xa kugrunjwa udongwe kusetyenziswa oomatshini abakhulu.
	Izitena zifunjwe zaziimfumba kwaye zilungele ukuthengiswa.
	Iziqwenga zodongwe ezomileyo zibhakwa eontini yezitena.
	Umxube wodongwe usikwa ube ziziqwenga ngoomatshini.
	Iibloko zodongwe ziyomiswa.

Titshala:
Sayina:
Umhla:



Iintlekele nesifanele ukukwenza: izikhukula(1)



Masifunde

Iintlekele

Iintlekele yinto eyenzeka ngesiquphe kanti ineziphumo ezixhalabisayo ebantwini nakwindalo. Iintlekele inokubangela ukufa kwabantu abaninzi nomonakalo omkhulu.

Iziganeko zeentlekele ezininzi zenziwa zizinto eziyindalo ezifana nomoya nemvula. Umzekelo woku zizikhukula emva kweemvula ezinkulu.

Abantu nabo bangangunobangela weentlekele. Umzekelo, ukuyeka ikhandlela livutha ubusuku bonke kunokubangela umlilo.



Masithethe

Jonga le mifanekiso uze uthethe ngayo kunye nomhlobo wakho.

Thetha ngento oyibona kumfanekiso ngamnye. Xela ukuba loluphi uhlobo lwentlekele oluboniswa ngumfanekiso ngamnye.

Bhala phantsi iingcinga zakho.

Utitshala wakho uza kubhala uluhlu lweempendulo zomntu wonke ebhodini.

Kuludwe lwakho fakela iimpendulo ezahlukileyo kwezakho.





Umhla:



Masifunde

Funda eli ngaku lephephandaba elingentlekele yezikhukula. Qala uzifundele ngokwakho. Emva koko hlala nomhlobo wakho uze ufunde ukhwaze. Tshintshiselanani. Funda umhlathi ube mnye aze umhlobo wakho afunde olandelayo.

Isikhukula sephanyazo sidale intlekele

ESchmidtsburg ngoMgqibelo

14 kuJanyuwari 2011

– Balishumi elinambini abantu ababhubhileyo baza bangamashumi amane anesihlanu abasindiswe besemithini naphezu kwezindlu kwidolophu yoMntla Koloni.

Le ntlekele yenzeke emva kokuba kune izandyondyo zemvula ngoLwesihlanu. Yana ixesha elide kunelo belilindelekile.

Yayisesona sichotho sibi sakhe sakho kule dolophu ukusukela ngowe-1985.

Kubhubhe abantu ababini xa bebezama ukuwela ibhulorho zaze iimoto zabo zemka namanzi. Abezonxunguphalo basemapoliseni, abacimimlilo kunye namajoni banceda abantu abaninzi. Amapolisa asakhangela ukuba ingaba afumaneka onke na amakhoba. Abantu abaninzi abasedolophini balahlekelwe yinto yonke emakhayeni abo. Izindlu ezikwimimandla esezantsi nezikufuphi emlanjeni bezonakele ngaphezu kwazo zonke ezinye.

Amanye amakhoba akakhange aziphulaphule



izilumkiso ezivela emapoliseni. Abantu abaninzi bashiyeke bengenakutya nazimpahla. Ngoku bahlala kumaholo eecawe okanye bahlala nabahlobo neentsapho zabo.

Kuya kuthatha iinyanga ezintandathu ukulungisa okanye ukwakha yonke into kwakhona. USodolophu ucele bonke abantu ukuba babambisane.



Masibhale

Funda eli ngaku lephephandaba kwakhona. Emva koko phendula le mibuzo.

Yenzeka kweliphi iphondo le ntlekele?

Yaqala nini ukuna imvula?

Ingaba iqhele ukuna kakhulu imvula kule dolophu?

Kutheni abantu abaninzi bengenakutya nje?



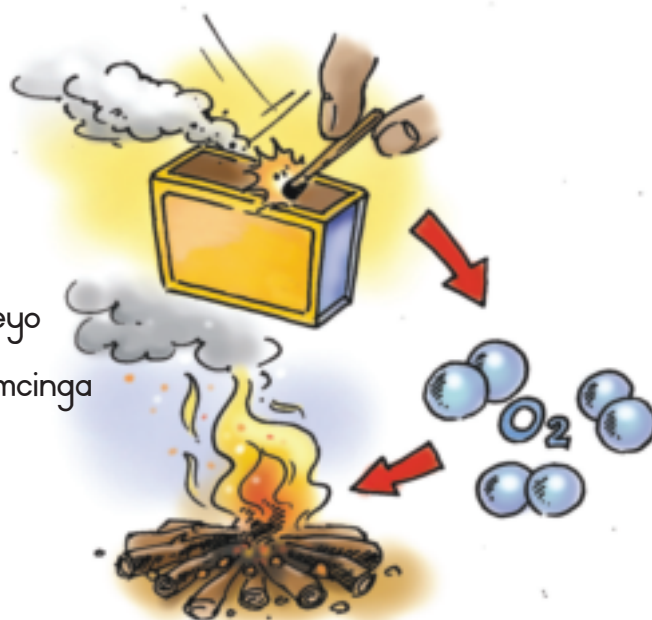
Umlilo

Masifunde

Umlilo ubakho xa kudibene izinto ezintathu.

Ezi zinto zezi:

- isibaso esinokutsha, esifana nomthi owomileyo
- ubushushu obufana nelangatye elisuka kumcinga wematshisi okanye into yokuntumeka
- igesi esemoyeni ekuthiwa yioksijini



Ezi zinto zintathu kufuneka zibekho zonke ngaxeshanye.

Ubusazi ukuba umlilo awunakuqhubeleka uvutha xa ingekho ioksijini?

Masibhale

Utitshala wakho uza kulayita ikhandlela aze aqubude iglasi engenanto phezu kwalo. Jonga into eyenzekayo.



Kutheni kwenzeke le nto nje?

Bhala isivakalisi sibe sinye encwadini yakho yemisebenzi.

Masithethe

Xoxa nomhlobo wakho nifune iimpendulo zale mibuzo:

Kutheni lifile ilangatye leli khandlela?

Kuza kufuneka ukuba uyazi impendulo yalo mbuzo ukuze ukwazi ukucima umlilo ngenye imini after ukucima umlilo. Kutheni?

Utitshala wakho uza kumamela zonke iimpendulo aze agqibe ukuba zeziphi ezizezona zichanekileyo.

Masithethe

Niyiklasi, xoxani ngokuba zeziphi izinto ezikwaziyo ukuvutha. Emva koko xoxani ngokuba zeziphi kwezi zinto eninokuzifumana kumakhaya enu. Kwingxoxo yenu, nifumana myalezo mni malunga nokhuseleko emlilweni?



Masibhale

Bhala iimpendulo zakho kwizikhewu ezikule theyibhile.

Umhla:



Kutheni umlilo ubalulekile kuthi	
Usinika ntoni umlilo	Indlela yokuwusebenzisa
Ubushushu	Impendulo yakho
Ukukhanya	Impendulo yakho



Masifunde

Nika utitshala wakho incwadi yakho ukuze gjonge iimpendulo zakho.

Iintlekele zemililo zingenza umonakalo omkhulu zidale nokufa okuninzi.

Imililo yamadlelo ilungile maxa wambi kuba yenza ukuba kukhule izityalo ezitsha. Kodwa imililo engalunganga ingatshabalalisa izityalo nezilwanyana. Kwakhona ikhokelela kukhukuliseko lomhlaba nakungcoliseko lomoya.

Kuyinto embi kakhulu ukuba abantu abangenankathalo bangunobangela wemililo eli-9 kweli-10 (ngaphaya kwama-90%).

Kufuneka sonke sifunde indlela yokuthintela iintlekele zemililo nesinokukwenza xa kukho umlilo ombi. Isesichengeni sayiphi ingozi inkwenkwe engasekunene? Yenze ntoni engalunganga?



Masenze

- Sika imifanekiso yabantu kwimagazini.
- Yakha ingqokelela yemifanekiso apho amalungu omzimba abantu eqabelene.

Titshala:
Sayina:
Umhla:





55

Ikota 4 – Iveki 4

Masifunde

Umbane

Maxa wambi xa ubamba into eyenziwe ngentsimbi efana nomgubasi wocango, uva isandi esifutshane esibukhali kwaye uziva wothukile kancinci. Oku kwenziwa kukuba umbane uqokelelene emzimbeni wakho ukuze ugqithele kwizinto zentsimbi okanye zemethali xa uzichukumisa.



Ukulenyeza esikubonayo xa kubaneka kukwanjalo. Kubakho umbane kwilifu elithile uze “ugqithiselwe” kwelinye ilifu (umfanekiso ongentla) okanye emhlabeni (umfanekiso ongasekhohlo).

Isithonga osivayo emva kokulenyeka siyafana nesandi esibukhali osiva xa uphatha into yentsimbi kodwa sona siyangxola kunaso. Minyaka le, bangaphaya kwama-30 abantu ababulawa ngumbane eMzantsi Afrika.



Le yimithetho emithathu yokhuseleko xa kukho isiphango.

Ukuba ufundenwe sisiphango khumbula:

- Musa ukuzimela phantsi komthi okanye ecaleni kcingo olwenziwe ngemethali okanye ngentsimbi.
- Musa ukuzimela emngxunyeni osemhlabeni okanye ulale emhlabeni.
- Ukuba usemlanjeni, edamini okanye echibini lokuqubha, phuma msinyane kangangoko unako!





Masithethe

Thetha nomhlobo wakho malunga nomfanekiso.
Xela ukuba kutheni le ndawo inobungozi xa
kukho isiphango.



Masenze

Phinda ujonge le mithetho mithathu
yokhuseleko kwisiphango. Khetha ube mnye.

Yenza ipowusta exelela abantu ngokhuseleko xa kukho isiphango.

Ipowusta yakho kufuneka:

- ibe namagama
- ivakale ngeendlela ezahlukileyo wakuyibamba
- kube lula ukuyiqonda



Umhla:

Phuma phandle



- Linganisa ngomzimba wakho ukulenyeka kombane. Maxa wambi ulenyeza okomgca ojikojiko ze maxa wambi kube mhlophe kwindawo yonke. Yima ngolo hlobo kangangemizuzwana eli-10.
- Tshintsha ume ngenye indlela "yombane" ume ngolo hlobo imizuzwana engama-20. Yima nomhlobo wakho nijongane, aze yena atshintshe ngendlela ecuthayo ame ngenye indlela "yombane". Zilinganise zonke ezi ntshukumo ngokungathi usesipilini.
- Zimele uwedwa kwakhona.
- Shukumisa umzimba wakho ngokukhawuleza ngokungathi ungumbane. Ziphinde ezi ntshukmo.

Ngoku yonwabela umdlalo wentenetya uyibethe ngomphambili uphinde uyibethe ngomva ibhola.



Masithethe

Ingaba ungakhuseleka emotweni xa kukho isiphango?

Thetha nomhlobo wakho ngoku.

Ingaba umbane uyakwazi ukubetha kabini endaweni enye?

Xoxani ngale mibuzo eklasini.



Titshala:
Sayina:
Umhla:



Iziphango nezaqhwithi

**Masifunde**

Funda ibali lika Maisy elingesiphango esibi.

Awona mava mabi

Amafufu amnyama amakhulu aqokelelana imini yonke. Utata wamamela iindaba kunomathotholo owayehleli esilumkisa ngesaqhwithi nemvula enkulu. Kwafika amapolisa ezokujonga ukuba sihleli kakuhle na aze asixelele ukuba maze sithini na xa kukho isiphango.

Utata wafaka ithotshi, unomathotholo ophathwayo kunye namaxwebhu akhe kwisingxobo seplastiki. Umama wapakisha iimpahla zeentsuku ezimbini zomntu ngamnye ebhegini. Umakhulu wafaka iipilisi zakhe kwibhegana encinci asoloko eyigcine esinqeni sakhe. Sazalisa iibhotile zamanzi esinokukwazi ukuziphatha.

Utata ugawule isebe elikhulu lomthi ebelijinga phezu kwendlu yethu. Savala iifesitile saza sancamathisela iteyiphu eglasini yefesitile waza utata wabethelela namaplanga phezu kwazo.

Kwathi ngokuya kusiba mnyama, yaqala yana ngamandla imvula. Kwavuthuza umoyakazi ngamandla.





Umhla:

Kwathi xa kuqala ukuhla amanzi phambi komnyango wangaphambili, abasebenzi bakwamasipala basiphathela iiplasitiki zesanti nezimnyama ukuze sizisebenzise njengeebhatyi zemvula.

Sasisoyika. Uphahla lwaqhaqhazela amanzi avuza indawo yonke. Kumzuzu ngamnye kwakukho isithonga esitsho phezu kwendlu.

Kwabakho isandi sokukrazuka nesithonga esivala iindlebe. Indlu yasekhaya yayimke uphahla!

Safaka ezo plasitiki zimnyama entloko saza sabaleka sayishiya indlu. Kwafuneka siphephe izinto ezaziphaphatheka ecaleni kwethu. Isibhakabhaka sasikhanyiswa ngumbane olenyezayo.

Sabaleka ukuya kwiziko loluntu. Kwakusekuzele ngabanye abantu apho.

Ngentsasa elandelayo sabona umonakalo omkhulu owenziwa seso siphango. Iinkukhu zasekhaya zazingabonakali ndawo nosizana lwenkomo lwalubalekile.

Esi siphango sasiyintlekele kwaye sabangela umonakalo nakwiidolophu ezikufuphi. Sasinethamsanqa ukuba sibe sisaphila.



Masithethe

Makudlalwe iindima zeli bali.

La magama achaza iindidi ezahlukeneyo zezaqhwithi:

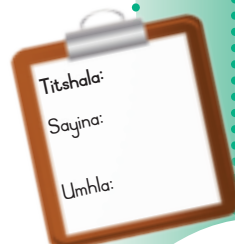
Isivuthuvuthu: umoya onamandla owenza umonakalo omkhulu

Inkanyamba: imimoya ejikeleza indawo ezolileyo

Isaqhwithi: umoya ondlongondlongo okwindawo encinci

Ngowuphi kule mimoya ocinga ukuba wafumana olu sapho?

Lwenza ntoni olu sapho ukuzikhusela phambi kwesiphango?



Iinyikima

Masifunde

Iinyikima yenzeka xa kuthe kwashukuma ngesiquphe inxalenye yoqweqwe lomhlaba.

Intshukumo yesiquphe ikhokelela kumaza ahamba kolu qweqwe lomhlaba. La maza ashukumisa umhlaba nezinto ezininzi ezikuwo – oku kushukuma yinyikima esiyivayo nesiyanayo.

Iinyikima zingabangela ukufa kunye nomonzakalo kwakunye nomonakalo omkhulu kwizakhiwo.



Masifunde

Nazi ezinye iinyani ezinika umdla malunga neenyikima. Hlalani nibe ngamaqela ezine. Tshintshisanani ngokufunda nikhwaze.

- Bamalunga ne-10 000 abantu abasweleka kwiinyikima qho ngonyaka.
- Ziinyikima ezisibhozo kwezilishumi ezenzeka ngakuLwandlekazi lwePasifiki.
- Iinyikima ezenzeka ngaphantsi kolwandlekazi zibangela amaza olwandle amakhulu ekuthiwa ziitsunami.
- Iitsunami zihamba zinqumle iilwandlekazi ngesantya esiphezulu. Ezinye zide ziphakame kangangeekhilomitha ezingama-960 ngeyure.
- Ezinye iitsunami ziphakama kangangeemitha ezili-15.
- Eyona tsunami inkulu eyakhe yakho yabakho ngowama-26 Disemba 2004. Le tsunami yachaphazela amazwe ali-11 akufuphi nolwandlekazi lweIndiya.
- Kwabakho enye itsunami embi ngowe-11 Matshi 2011 eJapan.



- Kungathintelwa iziganeko ezininzi zokufa xa abantu bebenokuzilungiselela iintlekele zenyikima. Banokwakha izakhiwo ezijikela ngasemacaleni ngexesha lenyikima, endaweni yokuqhekeka.
- Ngowama-29 Septemba 1969 kwabakho inyikima eyashukumisa eCeres, eTulbagh naseWolseley kwiphondo laseNtshona Koloni.
- Iinyikima ezinamandla kangako azifane zibekho eMzantsi Afrika.
- IThekwini noMgungundlovu kunye neKapa zizixeko zaseMzantsi Afrika ezikhe zibe neenyikima ngamanye amaxesha.
- Ukusukela ngoFebhuwari 2010 ummandla weAugrabies kwiphondo laseMntla Koloni wafumana iqela leenyikima ezincinci.
- Kukho izikhululo ezingama-26 eMzantsi Afrika ezisilumkisa ngeengozi zenyikima.



Masenze

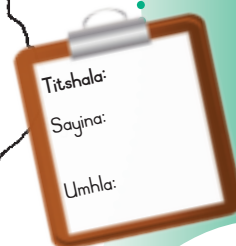
Jonga le mephu uze ufakele iinombolo kwiindawo ezichanekileyo ubonise oku kulandelayo.

Umhla:

- 1 Ulwandlekazi apho zenzeka khona iinyikima ezininzi.
- 2 Ummandla apho kwakukho eyona tsunami inkulu ngoDisemba 2004.
- 3 Ilizwe elahlaselwa yitsunami ngowe-11 Matshi 2011.
- 4 Isixeko saseNtshona Koloni esikhe sihlaselwe yinyikima maxa wambi.
- 5 Esinye sezixeko zaKwaZulu-Natal esikhe sihlaselwe yinyikima maxa wambi.
- 6 Indawo ekwiphondo laseMntla Koloni eneenyikima ezincinci eziliqela.



Ungafakela imibala ngeekhrayoni kwimephu yonke.



Izilwanyana ezisincedayo



Masithethe

Jonga ezi foto. Xoxani niyiklasi malunga nokuba zisinceda njani na ezi zilwanyana.



Masifunde

Kudala abantu baqala ukusebenzisa izikhumba zezilwanyana njengempahla ukuzikhusela emoyeni nasengqeleni.



Ekuhambeni kwexesha abantu bafumanisa ukuba bangakwazi ukusebenzisa uboya obuvela egusheni nakwezinye izilwanyana ezifana nellamas ukwenza impahla. Ezi mpahla zazikhaphu-khaphu kwaye zifudumele kunezikhumba.





Umhla:

Sisebenzisa izikhumba zezilwanyana ukuze senze iimveliso ezahlukeneyo zothwathwa ezifana neebhegi zamanenekazi, izipaji kunye nezihlangu. Nathi sifumana inyama ezilwanyaneni. Kodwa baninzi abantu abangayityiyo inyama ngenxa yenkolo yabo okanye kuba becinga ukuba oko akulunganga.



Kwiminyaka engamawaka eyadlulayo, zonke izilwanyana zazizezasendle zinoburhalarhume. Kwathi kwiminyaka emininzi kamva izilwanyana ezifana nezinja, iikati, iigusha, amahashe kunye neenkomo zalulama. Namhlanje sinezilwanyana ezihlala emakhaya nasezifama ezisinika izinto ezahlukeneyo.



Zonke izinto ezinolu phawu zenziwe ngewulu.

Emibungwini yesilika sifumana isilika esiyisebenzisela ukwenza amalaphu agude nathambe kakhulu.





Masifunde



Iinyosi zenza ubusi namakhambi anyityilikisiweyo kwaye zanceda amafama ngokuvelisa iziqhamo. Iinyosi zihlala njengamaqela abahlali ezindlwini zazo (okanye kwiindlwane). Ezinye iinyosi ziyaphuma ziye kulanda umungu nencindi yeentyatyambo. Zithatha ezi zinto zizise endlwini yazo. Umungu kondliwa ngawo iinyosi ezisakhulayo, ukuze incindi ijikwe ibe bubusi bokondla iinyosi ezindala. Iinyosi zigcina ubusi nomungu kuvimba obizwa ngokuba likhaphela. Ikhaphela lenziwe ngamafutha akhutshwa ziinyosi emizimbeni yazo.



Amafama eenyosi aphakula ubusi obungazi kusetyenziswa ziinyosi njengokutya. Ubusi kukutya okunempilo kakhulu, kanti sikholisa ukubutya ngokubuqaba esonkeni sibutye nangesidudu.



Siphinda sisebenzise amakhambi anyityilikisiweyo ukwenza zonke iintlobo zemveliso, ezifana nezi:

- amakhandlela
- isepha
- amafutha emilebe neziqholo zomzimba
- isithinteli-manzi sothwathwa
- ipolishi yeemveliso zothwathwa ezifana nezihlangu
- iikhrayoni
- ipolishi yefanitshala.



Umhla:

Iinyosi nazo zibaluleke kakhulu kuthi, kuba zincipha izityalo ezininzi ezityalwa ngabalimi ekwenzeni iimbewu nasekukhuleni kweziquhamo ekuthi kuzo kukhule izityalo ezitsha. Iinyosi zikwenza oku ngokusasaza umungu ukusuka kwisityalo esithile ukuya kwesinye logama zithatha umungu nencindi.



Kumalunga nesinye esithathwini ukutya esikutayayo okufumana inzuzo ngokumvumvuzelelwa ziinyosi nezinye izinambuzane. Kodwa kukho iinyosi ezimbalwa ngoku kunakwixesha langaphambili ngenxa yezifo nokusetyenziswa kwemichiza yokutshabalalisa izinambuzane ezonakalisa izityalo. Zilumkele iinyosi. Xa zikuhlaba kuba buhlungu kakhulu.



Masibhale

Ingaba ezi ngxelo ziyinyani okanye aziyonyani?
Phawula ibhokisi echanekileyo (✓). Utitshala wakho uza kukunika iimpendulo.

	Yinyani	Asiyonyani
Ukuhlatywa yinyosi akubuhlungwanga.		
Iinyosi ziyawulahla umungu xa zibhabhela ezindlwini zazo.		
Amafama aphantela iinyosi ubusi bazo obukuphela kwabo obukhoyo.		
Iinyosi zobusi zikuqhelile ukuhlala nabantu.		
Ubusi bunetyhefu xa busetyenziswa ekutyeni okushushu.		
Amakhambi obusi angasincipha ukwenza izihlangu zothwathwa zikhazimle.		
Amakhambi anyityilikisiweyo akakwazi ukwenza amanzi angangeni kwizihlangu zothwathwa.		
Ubusi bukrakra.		
Inani leenyosi liyenyuka.		
Iinyosi zisebenzisa ubusi njengokutya kwazo.		



Izilwanyana ezisinika ukutya okanye iimpahla: iinkukhu



Masifunde

Iinkukhu zikwiqela lezilwanyana ekuthiwa yipoltri.

Iinkukhu ziintaka ezibaqhelileyo abantu.

Sifumana amaqanda, inyama kunye neentsiba ezinkukwini.

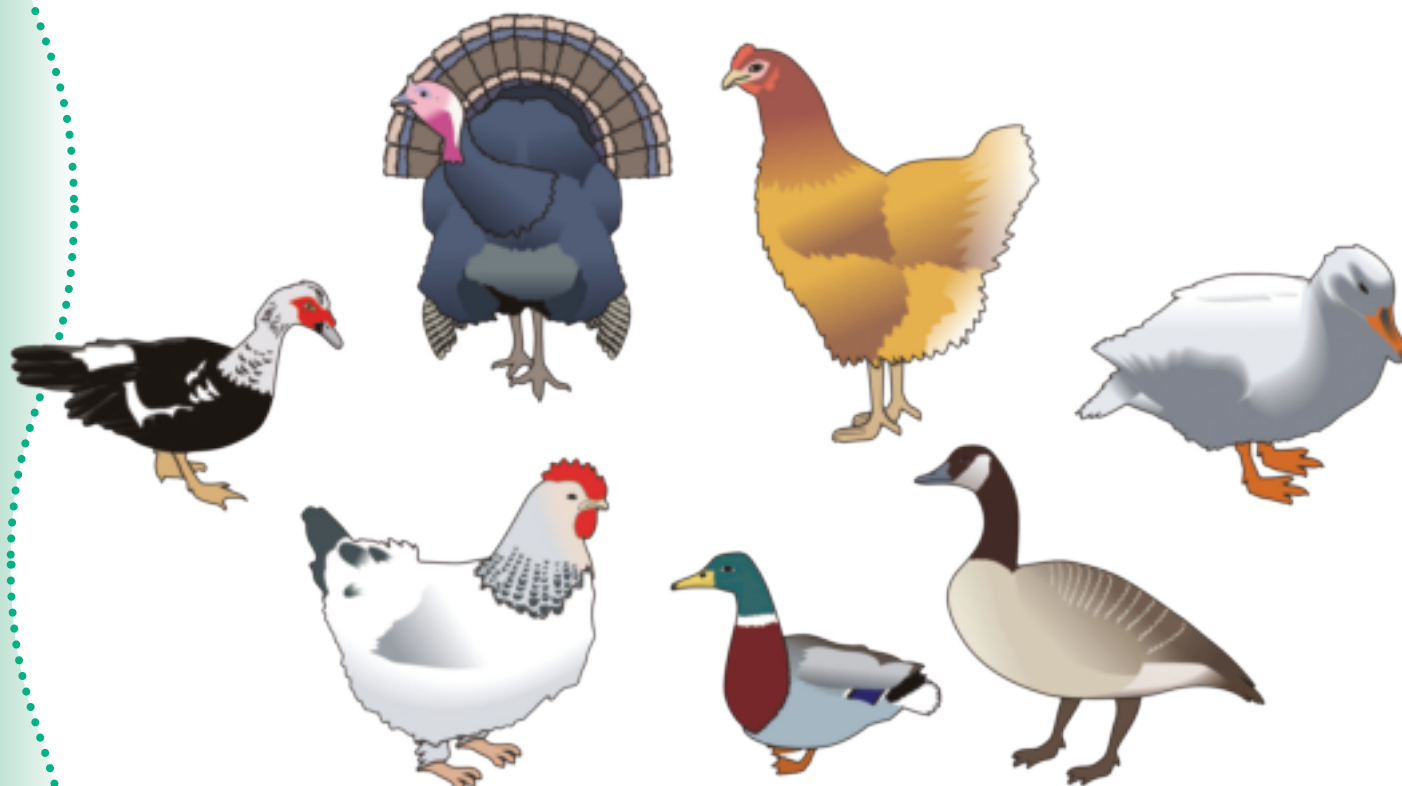
Ipoltri ibandakanya iinkukhu, iikalakuni namahobe, iinkwali kunye neentaka zamanzi amadada namarhanisi.

EMzantsi Afrika zimalunga nama-950 izigidi zeenkukhu ezifuyelwa amaqanda nenyama minyaka le. Eli nani liphantse libe liphindwe kali-100 kunenani labafundi beBanga lesi-3 eMzantsi Afrika.



Masithethe

Jonga le mifanekiso uze uthethe nomhlobo wakho ngayo. Zeziphi ezisinika amaqanda atyiwa ngabaninzi bethu?





Masibhale

Umhla:

Jonga imifanekiso uze wenze isangqa ekutyeni esikufumana ezinkukwini. Emva koko jonga ukutya okushiyekeleyo uze uxele ukuba kuvela kweziphi izilwanyana.



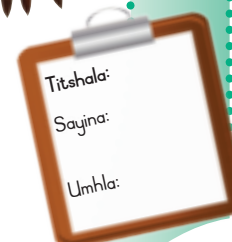
Masenze

Khetha intaka yepoltri onokuyibumba ngentlama yephepha.
Jonga imibala eyahluka-hlukeneyo neemilo zeentsiba zayo.
Kwakhona jonga umzimba wayo namalungu
ahluka-hlukeneyo omzimba.
Yenza isigqibo ngento ofuna
ukuyigxininisa.



Phuma phandle

- Zolule ngendlela owenza ngayo umqhagi phambi kokuba ukhonye.
- Qhwaba izandla uze ubhakuzise iingalo zakho njengeentlobo ezahluka-hlukileyo zeentaka zepoltri.
- Hamba njengeentlobo ezahluka-hlukeneyo zeentaka zepoltri.
- Xhathisa njengentaka ehamba phezu kocingo.
- Yahlula abafundi ngokwamaqela amabini. Elinye iqela lelookhetshe ukuze elinye libe lelamantshontsho enkuku. Ookhetshe babaleka ngezangqa ezivuleke kakhulu ngokukhawuleza bolule iingalo, bezama ukubamba amantshontsho. Amantshontsho abalekela kunina ukuze akhuseleke. Tshintshiselanani ngeendima.



Izilwanyana ezisinika ukutya okanye iimpahla: iinkomo

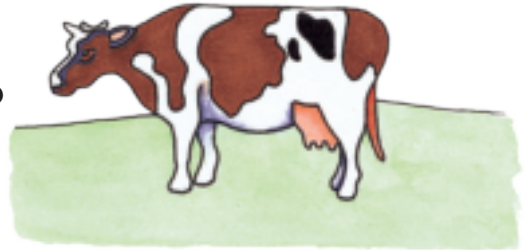


Masifunde

Luvela phi ubisi lwethu?

Uyazi na ukuba ubisi lufikelela njani emakhayeni ethu?

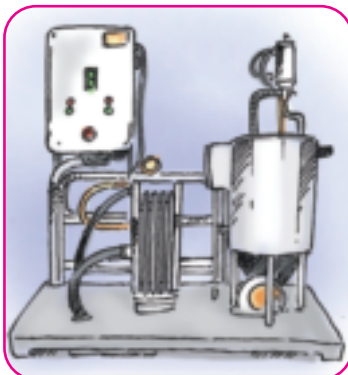
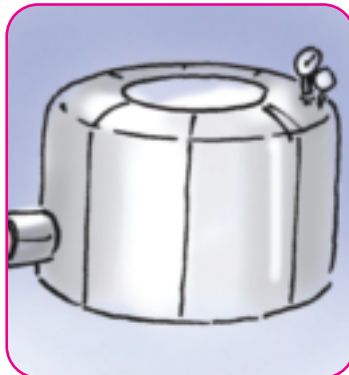
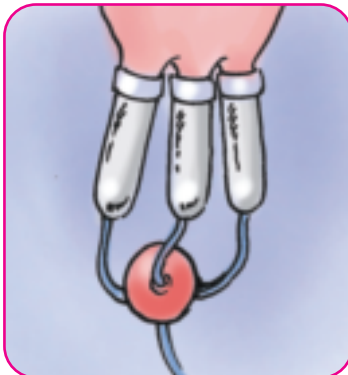
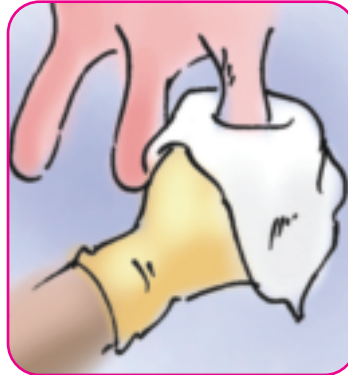
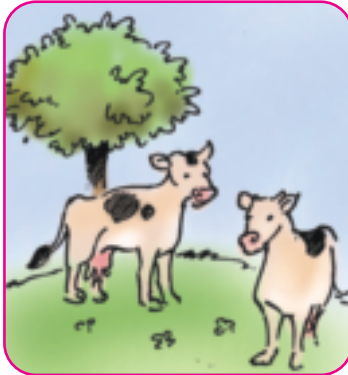
Masifunde kabanzi ngoku.



Masithethe

Jonga le mifanekiso uze uthethe ngayo nomhlobo wakho.

Indlela esilufumana ngayo ubisi





Masithethe

Umhla:

Asilobisi kuphela esilufumana ezinkomeni. Yintoni enye esiyifumana kuzo?

Yabelana neklasi ngoluhlu lwakho olubhalileyo.



Masenze

Kwisakhelo ngasinye, zoba imveliso eyenziwa ngobisi. Bhala igama lemveliso leyo ngezantsi komfanekiso ngamnye owuzobileyo.



Izilwanyana ezisinika ukutya okanye iimpahla: iigusha



Masifunde

Uboya

Ekupheleni kobusika, iigusha azizifuni nganto iidyasi zazo zoboya obuninzi obebuzifudumeza. Ngoko ke eli lixesha elilelona lilungele ukuphungulwa koboya bazo! Oku kubizwa ngokuba kukucheba. Uboya beegusha sibusebenzisa kwiintlobo ezininzi zeempahla ukuze sizifudumeze. Sinako ukunitha iijezi ngewulu, kanti siyakwazi nokuluka iwulu ukuze senze ezinye izinto ezithambileyo ezifudumeleyo.

Uboya begusha bufumaneka ngeentlobo ezahlukeneyo. EMzantsi Afrika, ezona zixhaphakileyo ziiMerino, iiBlinkhaar-ronderib Afrikaner, iiDorper neeDormer. Iifoto ezikweli phepha zikubonisa ukuba zikhangeleka njani.



I-Blinkhaar-ronderib Afrikaner luhlobo lwaseMzantsi Afrika. Ihlala yomelele kwaye isempilweni entle nakwiimeko ezinzima.



Iigusha zeDorper zifunyanwa eMzantsi Afrika kuphela.

Kanti neDormer iluhlobo lwaseMzantsi Afrika. Uboya bayo burhabaxa.



IMerino lolona hlobo luninzi eMzantsi Afrika.





Umhla:

Siyifumana njani iwulu

1. Umlimi nabancedisi bakhe bacheba iigusha ngesandla okanye ngomatshini.



2. Uboya bubekwa etafileni yokuhlela apho buza kuhlelwa khona ngokwekhwalityi nobude babo.



3. Uboya buhlolwa kumabhali ze buthengiswe.



4. Ngoku uboya buyahlanjwa ukuze bucoceke.



5. Uboya buyahlanjwa kulungiselelwa ukusontwa.



6. Ngexesha lenkqubo yokusontwa, kolulwa uboya ze bulukwe ibe ngumsonto wewulu.



7. Iwulu ngoku ilungele ukulukwa.



8. Okulandelayo, iwulu ifakwa idayi.



9. Iwulu isetyenziselwa ukunitha ijezi.



10. Ijezi iyathengiswa evenkileni.



Masithethe

Thetha nomhlobo wakho. Zeziphi ezinye iindlela ezingaluncedo ngazo iigusha ebantwini?

Phuma phandle
• Utitshala wakho uza kukufundisa indlela yokudlala umdlalo wegakamba wabaselula.

Titshala:
Sayina:
Umhla:



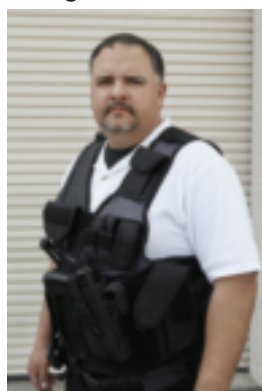
Izilwanyana ezisisebenzelayo: izinja



Izinja ezininzi zizilo-qabane kwaye zihlala nathi emakhaya. Kananjalo zenza imisebenzi ebalulekileyo eliqela. Krwela umgca otshatisainja nomniniyo.



Izinja ezingoonogada zisinceda ngokusikhusela kwizaphuli-mthetho.



Izinja ezikhokelayo zincipha abantu abaziimfama bafumane indlela.



Izinja ezinciphisa ukwalusa iigusha ziqinisekisa ukuba umhlambi uhlala ndawonye.



Izinja zamapolisa zincipha amapolisa ekufumaneni izaphuli-mthetho.

Izinja ezizingelayo zinciphisa abazingeli bafumane iintaka okanye izilwanyana abazidubuleyo.





Masenze

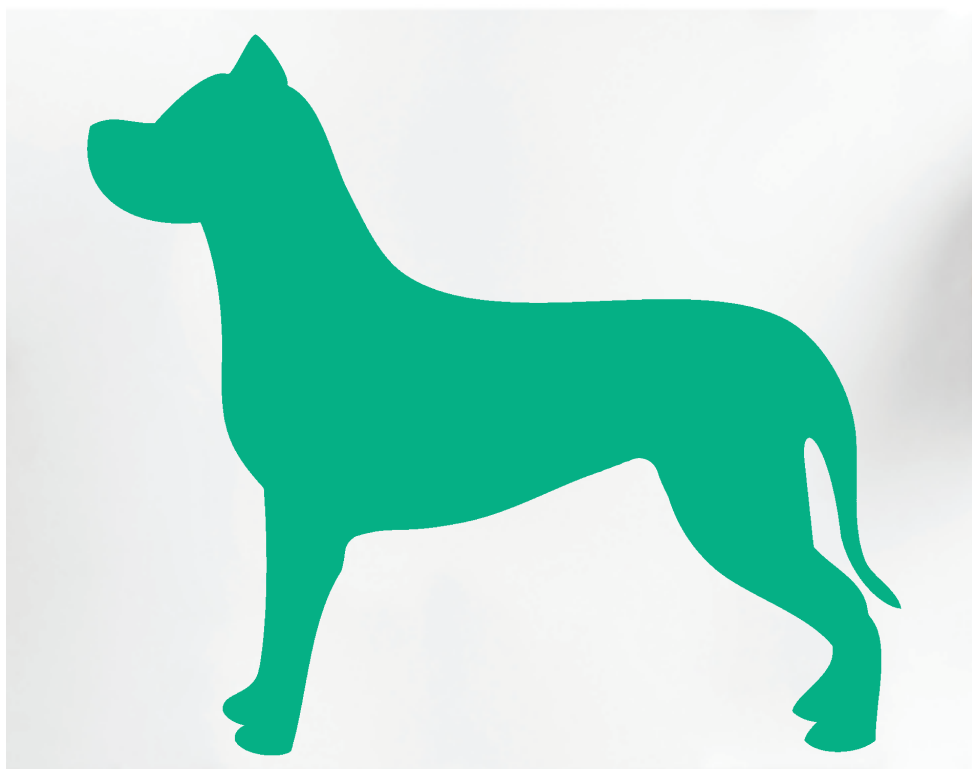
Yenza umfanekiso wesithunzi sowona mhlobo womntu:inja.

Umhla:



Uza kufuna oku:

- amaphepha amabini anemibala eyahlukileyo
- isikere
- ipenisile
- iglu



- Zobainja enkulu kwelinye iphepha. Qiniseka ukuba ulisebenzisa lonke iphepha.
- Sika ke ngokuinja yakho ngobunono.
- Ncamathelisainja yakho oyisikileyo kwelinye iphepha.
- Zoba impumlo kunye nomlomo onamazinyo kwinja yakho.
- Hombisa umfanekiso wakho ngendlela othanda ngayo. Khumbula ukuba imibala efana nombala omnyama ohleli phezu ko-orenji, engathi iyaphikisana ngobuhle, yeyona ilungileyo ekwenzeni imifanekiso yesithunzi.



Izilwanyana ezisisebenzelayo: iidonki



Masifunde

Iidonki zince abantu kangangeminyaka engama-6000. Zisithwele zaze zasithwalela nemithwalo yethu enzima kuloo miqolo yazo, zasilimela iintsimi zethu zaze zasimpompela amanzi. Zonke ezi zinto zisenzeka nanamhlanje. Kukho iidonki ezimalunga nezigidi ezingama-41 kwihlabathi liphela. Oku kuthetha ukuba umntwana ngamnye wesikolo eMzantsi Afrika anganeedonki ezintathu.



Masibhale

Jonga imifanekiso uze ubhale isivakalisi ngomfanekiso ngamnye ngendlela esetyenziswa ngayo idonki.

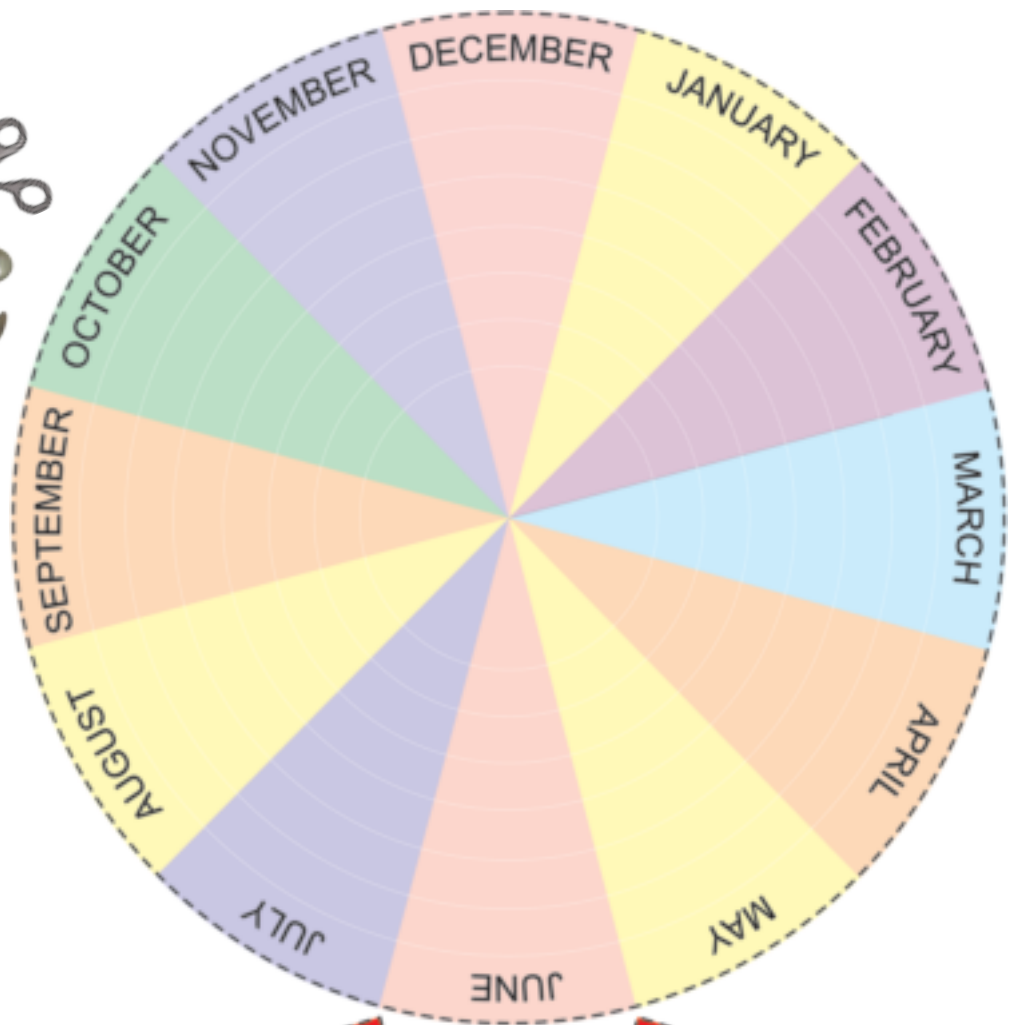




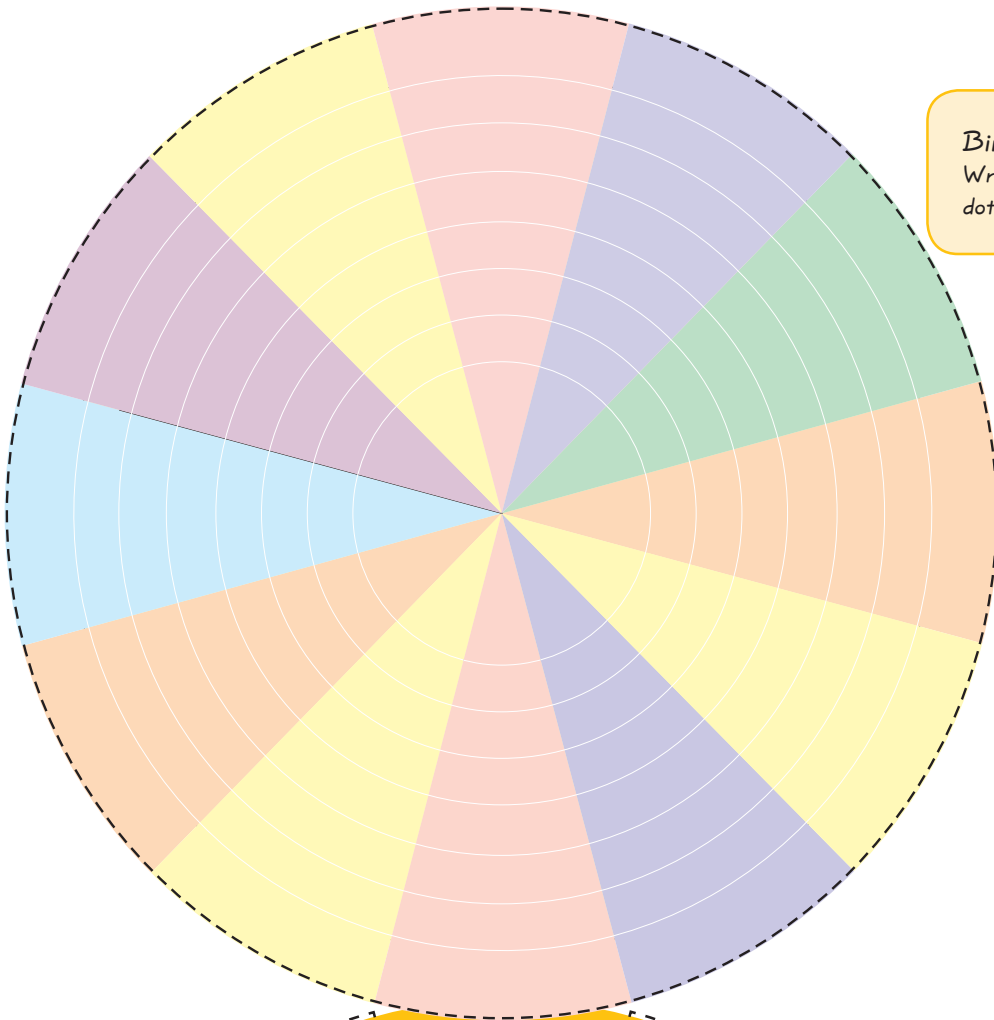
Birthday Wheel:

Cut out the two circles and the wedge shape. Put the top and bottom together using a split pin. Write the birthdays of your family and friends in the correct months on the birthday wheel.

On the back you can write the months in your first language.



Birthday Wheel:
Write the 12 months on the
dotted white line.



Step 1: Cut all around on the black line

DEF

Four sets of writing practice lines on a purple background. Each set consists of four horizontal lines and a small illustration of a blue telephone and a white envelope icon in the top right corner.

Step 2: Fold on the dashed line

OPQR

Four sets of writing practice lines on a red background. Each set consists of four horizontal lines and a small illustration of a blue telephone and a white envelope icon in the top right corner.

Step 3: Fold on the dotted line

ABC

Four sets of writing practice lines on a teal background. Each set consists of four horizontal lines and a small illustration of a blue telephone and a white envelope icon in the top right corner.

Step 5: Cut off on the yellow line

Step 4: Fold on the dashed line

STUV

Four sets of writing practice lines on a blue background. Each set consists of four horizontal lines and a small illustration of a blue telephone and a white envelope icon in the top right corner.

KLMN

GHIJ

WXYZ

My Telephone and Address Book



This book belongs to:
