












THURSDAY

 Arrival 15-30 mins	Welcome each learner.
 Health check	
 Morning Circle 10-15 mins	Learners sit on the carpet in a circle. They toss a tennis ball to one another. The learner who throws the ball must say who has caught it, followed by the sentence structure being reinforced this week, e.g. 'Peter has the ball. He has the ball.' If a girl catches the ball the learner who threw the ball might say, 'Gloria has the ball. She has the ball.' Continue until all learners have had a chance.
 Work Time Activities 30-35 mins	<div> Life Orientation focus Let learners look at themselves in mirrors and describe what they see. </div> <div> Mathematics focus 1 Learners practise writing the numeral '1' in the sand tray. </div> <div> Mathematics focus 2 Learners complete puzzles. </div> <div> Literacy focus Revise action words from previous day's activity: 'I run', 'walk', 'hop', etc. Provide a sheet of paper folded in half. Learners can make an 'About Me Book', including drawings of themselves hopping, walking, jumping, etc. On the cover they draw themselves. On each page, write the action word for them. Read through each book a few times with the group. </div>
 Small Group Time Activity 10-15 mins	Mathematics focus Give each learner five counters. Learners count them out aloud. Show learners the numeral '1' and the word 'one' (Use the flash cards on Pages 53 and 54 of Workbook 1). Place a single counter onto the flash card. Ask: 'How many?'
 Tidy-up time	
 Hand washing	
 Snack time	
 Music and Movement Ring	Sing 'I Am Special'. Sing other songs about being special in different languages. Play the movement game 'Do this, do that'. Mime an action and learners have to follow, e.g. Say, 'Do this' and clap your hands. Learners must copy you. But if your action is preceded by the instruction 'Do that', then learners must not copy it. Those that do must sit out for a short time, after which they can join the game again.
 Outdoor Play	Include the activity below as one of your daily outdoor activities. Provide different sized balls. Learners can throw and catch the balls to each other. Play 'Pig-in-the-Middle' which encourages throwing and catching skills as well as hand-eye coordination.
 Story Time	Read a story about a child taking part in a sport. Discuss the story and the characters and talk about that specific sport in particular. Talk about what parts of the body are used to perform that sport, e.g. cycling mostly exercises the legs.