




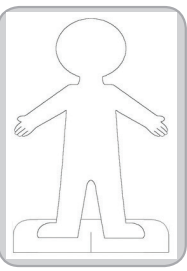









# My body

## MONDAY

 <b>Arrival</b> 15-30 mins	<p>Welcome each learner.</p> <p>Ask the learners if they think they are tall or short or if they are in-between. Give them a card that indicates their choice. They will use these cards in the small group activity.</p> <div data-bbox="1101 458 1431 517"> <div>short</div> <div>tall</div> <div>in-between</div> </div>
 <b>Health check</b>	
 <b>Morning Circle</b> 10-15 mins	<p>Introduce the theme, 'My Body' which will be investigated over the next two weeks. Look at the Grade R kit, Poster 3 called My Body and discuss the pictures with the learners. (For help on using posters, refer to LSF Using Posters.)</p> <div data-bbox="794 646 1084 834">  </div> <p>Prepare flash cards for each body part. Play Simon Says (making sure learners touch each body part). As a body part is named label the boy's body on the poster with the relevant word.</p>
 <b>Work Time Activities</b> 30-35 mins	<div> <div data-bbox="452 917 751 1140"> <p><b>Creative focus</b></p> <p>Learners make body rubbings using cardboard cut-out bodies. (They place these under paper and rub over the paper with crayon.) They will cut it out and add features and clothes.</p> </div> <div data-bbox="760 929 947 1199">  </div> <div data-bbox="965 917 1451 1211"> <p><b>Life Orientation focus</b></p> <p>A group of learners are given four pictures of different children: A girl holding a doll, a fat boy holding a soccer ball, a girl in a wheelchair and a boy who is crying. The learners must choose one child to be their friend. They will draw a picture of themselves and stick it on the picture of the friend that they chose. (Their pictures will be used in the morning circle tomorrow.)</p> </div> </div>
 <b>Small Group Time Activity</b> 10-15 mins	<p><b>Mathematics focus</b></p> <p>Learners count to five touching their left knees with right hands as they count. Repeat with left hands and right knees. (For help on counting with learners, refer LSF Counting.)</p> <p>Learners stand in a circle. Ask them to look at each other and point out the tallest learners. These learners move out of the circle. Learners then identify the shortest learners among themselves. Ask these learners to stand in a line. Arrange the learners from shortest to tallest. Ask them to show the card they took this morning. Talk about if they are in the right group. They can rearrange themselves. Talk about different body sizes using mathematical language e.g. short, tall, shorter, taller, shortest and tallest.</p>
 <b>Tidy-up time</b>	
 <b>Hand washing</b>	
 <b>Snack time</b>	
 <b>Music and Movement Ring</b>	<p>Introduce the theme related song 'Head, Shoulders, Knees and Toes' to the learners on page 67 of this Teacher's Guide. You can also use the LEAP audio lesson, Term I-O5. The song can be sung every day of the teaching week.</p>
 <b>Outdoor Play</b>	<p>Include the activity below as one of your daily outdoor activities.</p> <p>Play 'Action Patterns'. The teacher gives them a series of actions to perform, e.g. 'run, jump, run, jump'. When the whistle blows the first time, they run, when they hear the whistle again, they jump. They repeat this pattern until a new pattern is given.</p>
 <b>Story Time</b>	<p>Read the Big Book I story 'All About Me' on page 3. Begin by letting learners look at the picture and saying what they see. Ask learners the following questions: Who can you see? Call out the following words and have them place a counter on the picture: head, shoulders, arm, hand, knee, leg, foot, toes, fingers, eyes, ears, mouth, nose. (For help on using a Big Book, refer to LSF Using The Big Book.)</p>