












THURSDAY

 Arrival 15-30 mins	Welcome each learner. Ask the learners to find their height marking made on the chart yesterday.
 Health check	
 Morning Circle 10-15 mins	Make a body dice from a cubed box or from cardboard. On each of the six sides, place a picture of a body part. Pass the dice around so that each learner has a turn to throw it, and then to draw that body part on a piece of paper. The dice goes around the circle until all learners have drawn a full body. Together with the learners 'read' the body labels on the 'My Body' poster.
 Work Time Activities 30-35 mins	<p>Life Orientation focus Learners cut out and paste the arms and legs onto the body to complete the picture on page 25 of Workbook 1.</p> <p>Numeracy focus Learners practice drawing the numeral '1' and word 'one' in jelly or sand.</p> <div data-bbox="896 731 1158 1053" data-label="Image"> </div> <div data-bbox="1234 731 1448 1053" data-label="Image"> </div>
 Small Group Time Activity 10-15 mins	<p>Literacy focus Place learners' names on the floor. Ask individuals to find their name and read it you. Ask the other learners what sound they hear at the beginning of the name. Play 'I Spy' using the theme-related poster 'My Body'. Say, 'I spy with my little eye something beginning with b'. Make sure not to say the letter's name 'bee' but the letter's name 'bah'.</p>
 Tidy up time	
 Hand washing	
 Snack time	
 Music and Movement Ring	You will need the body dice and some music. Play music while learners move around the room. Stop music. Learners take turns to throw the dice and then do something interesting using the body part the dice lands on.
 Outdoor Play	<p>Include the activity below as one of your daily outdoor activities.</p> <p>Provide different sized balls. Learners can throw and kick the balls to each other.</p> <p>Learners sit on the grass. Ask them to do various exercises with their bodies, e.g. 'wiggle your fingers, stamp your feet, pat your tummy', etc.</p>
 Story Time	Together with the learners, make up a story about their bodies. Use the picture on page 2 of Big Book 1 as guidance. They can draw a picture of themselves. Let them write their name under the picture. Staple all of them together and use it as a Big Book story to reinforce learners' names.

