

Healthy living

WEEK 7+ 8

CAPS/MILESTONES:



LIFE SKILLS

Beginning Knowledge and Personal and Social Well-being

The child is able to: Say his/her personal details (name, age, address, contact number)/Know school surroundings such as classrooms, toilets and play areas/Follow rules and routines at home and school/Express his or her emotions appropriately/Know who may or may not touch his or her body/Display good toilet habits.

Creative Arts

The child is able to: Draw and give own interpretation to drawings.

Physical Education

The child is able to: Sing songs while pointing at body parts/Jump, hop, skip, throw and catch.



MATHEMATICS

Numbers, Operations and Relationships

The child is able to: Count objects up to five/Know number symbol 1/ Tell his or her age/Count using number rhymes and songs/Estimate many and few.

Patterns, Functions and Algebra

The child is able to: Identify patterns in clothes, objects in the environment.

Space and Shape (Geometry)

The child is able to: Understand the concept up, down in and out/ Understand size (big/small)/ Name colours/Correctly name different shapes/Complete six-piece puzzles.

Measurement

Tell the time of the day in terms of day or night.

Data Handling

The child is able to: Collect and sort objects according to their physical attributes.



HOME LANGUAGE

Listening and Speaking

The child is able to: Listen to simple questions, instructions and answer appropriately/Listen to and repeat rhythmic patterns, e.g. clap clap-clap, clap, and copies correctly/Recognise and point out common objects in pictures/Sing and recite simple songs and rhymes/Talk about pictures in books, magazines and newspapers etc./Point and name parts of the body.

Phonics

The child is able to: Identify familiar symbols and signs in the environment e.g. KFC, Coca-Cola, STOP.

Reading and Viewing

The child is able to: 'Read' picture books, newspapers and magazines/Tell stories about the pictures/Recognise family members and friends by name/Solve and complete at least five or more piece jig-saw puzzle.

Writing

The child is able to: Draw or paint pictures/Tear paper and cut with scissors etc./Throw and catch balls and other objects/Take the right hand across the midline to touch the left shoulder etc.

CONCEPTS

WEEK 7

Mathematics:

Number 1/one.

One-to-one correspondence. Night and daytime activities (related to hygiene).

Sentence Structure:

I stay clean by...

Wordplay:

bath, brush, clean, clothes, dry, facecloth, shower, soap, sponge, taps, tooth-brush, toothpaste, towel, wash, water.

WEEK 8

Mathematics:

Number 1/one.

One-to-one correspondence. Circle.

Sentence Structure:

I like to wash. /I use _____ to wash my _____. /In the morning I...

Wordplay:

bath, brush, clean, clothes, dry, facecloth, shower, soap, sponge, taps, toothbrush, toothpaste, towel, wash, water.

ADDITIONAL RESOURCES:

Poster:

Poster 4 Healthy Living.

Big Book Story:

Big Book 1 Cleanliness