## Healthy Environment

## **FRIDAY**

| • | Arrival<br>15-30 mins                      | Greet learners individually.  |
|---|--|---|
| + | Health check                               |   |
|   | Morning Circle<br>10-15 mins               | Discuss how we look after things that we care about. The learners will paste their paper heart onto a piece of paper and write their name underneath. (Collect these to be used for an activity next week.)   |
|   | Work Time<br>Activities<br>30-35 mins      | Creative focus (Part 3) Learners make litterbugs from litter. Learners use paper clips to make a mouth and ribbon on paper for antennae.  |
|   | Small Group<br>Time Activity<br>IO-I5 mins | Mathematics focus  Begin by counting to ten. Hold up number cards with numerals and words on them. Learners read these cards and show the number with their fingers. Use the objects from the morning circle. Learners compare the lengths of these objects. They estimate whether one object is longer or shorter than another object. Then they measure them against one another and see if their estimation was correct. Encourage learners to use the terms 'shorter than' and 'longer than'. |
|   | Tidy-up time                               |   |
|   | Hand washing                               |   |
| ď | Snack time                                 |   |
| J | Music and<br>Movement Ring                 | In groups, learners make different shapes with their bodies. Let the learners practise their shapes in their groups and then show the class, group by group.  |
|   | Outdoor Play                               | Include the activity below as one of your daily outdoor activities. Place large coloured shapes on the ground. Ask learners to throw their beanbags onto a given shape, e.g. 'Throw your bean bag onto the red square.'   |
|   | Story Time                                 | Choose a story to read for learners' relaxation and enjoyment. (For help on selecting stories, refer to LSF, Choosing Books For Storytime).   |



