











# Healthy Environment

## TUESDAY

 <b>Arrival</b> 15-30 mins	Greet learners individually.
<b>+ Health check</b>	
 <b>Morning Circle</b> 10-15 mins	Use Poster 15 and ask learners to finish the following sentence up for you 'If we don't take care of Earth...' Give each learner a chance to say something.
 <b>Work Time Activities</b> 30-35 mins	<p><b>Literacy focus</b> Learners pick up toothpicks using clothes pegs.</p> <p><b>Life Orientation/Creative focus</b> Learners paint a paper plate blue. When dry, they make a green hand print in the middle of the plate. They can decorate the edge with some more green. They will bring this to Morning Circle tomorrow.</p>
 <b>Small Group Time Activity</b> 10-15 mins	<p><b>Literacy focus</b> Learners count to 10 clapping their hands. (For tips on counting with learners, refer LSF, Counting). Revise the numbers 1-7. Ask learners to use their number card cut outs and arrange them in order. Hold up a number word flash card, e.g. five and have learners place a button on the numeral.</p>
 <b>Tidy-up time</b>	
 <b>Hand washing</b>	
 <b>Snack time</b>	
 <b>Music and Movement Ring</b>	Play Musical Bumps. Learners dance around while music plays. When the music stops, they sit down as fast as possible. The last learner to sit, is out of the game. Continue until there is a winner.
 <b>Outdoor Play</b>	Include the activity below as one of your daily outdoor activities. In this game, 'Stand Up, Sit Down', the learners begin seated on the floor. Describe a season and then name it. You may name it incorrectly – in which case the learners have to sit down. If you name the season correctly the learners stand up. For instance, say: 'The sun is shining brightly and it is hot. It is Winter!' This is a good listening and concentration exercise.
 <b>Story Time</b>	Ask learners to retell the story that they made up yesterday.

