Sport

FRIDAY

•	Arrival 15-30 mins	Greet learners individually.
+	Health check	
•••	Morning Circle 10-15 mins	Talk about games that are played with rackets, bats, and sticks. Golf, hockey, tennis, cricket, ping pong, table tennis are some of the more popular sports. If possible have some of these items available for learners to examine. Ask them why they think gold clubs and hockey sticks have long thin handles while tennis rackets have short handles.
	Work Time Activities 30-35 mins	Creative focus Give learners ice-cream sticks (tongue depressors) and modelling clay. Each learner will design a small hockey stick. They can then get into small groups and play mini-hockey with a modelling clay ball. Mathematics focus Learners complete page 36 of Workbook 4. They count the number of objects in each block and then trace the correct number.
	Small Group Time Activity 10-15 mins	Literacy focus Revise the letter `e' and let learners choose one item from the sound table. Ask them to name it and if possible use the word in a sentence.
	Tidy-up time	
	Hand washing	
ď	Snack time	
IJ	Music and Movement Ring	Begin by singing a favourite song. Create a movement piece which consists of one stretch, one bend, one twist, one curl and a crawl. Ask learners to perform the sequence to music.
	Outdoor Play	Include the activity below as one of your daily outdoor activities. Give learners pool noodles and a big ball to play with. They can bat, hit, dribble the ball around the playground.
	Story Time	Read a story of your choice for the enjoyment and relaxation of the learners. (For help on selecting stories, refer to LSF, Choosing Books For Storytime).



